

276	Mondays to Fridays																		
Stoke Newington Common	0430	0450	0510	0530	0550	0605	0617	0628	0638	0648	0658	0706	0714	0724	0735	0746	0758	0810	
Amhurst Road Shacklewell Lane	0432	0452	0512	0532	0552	0607	0619	0630	0640	0650	0700	0709	0717	0727	0739	0750	0802	0814	
Hackney Central Station Amhurst Rd.	0435	0455	0515	0536	0556	0611	0623	0634	0644	0654	0704	0713	0722	0732	0744	0756	0808	0820	
Homerton Hospital Homerton Grove	0439	0459	0519	0540	0600	0616	0628	0639	0649	0659	0710	0719	0728	0739	0751	0803	0815	0827	
Hackney Wick Trowbridge Estate	0444	0504	0524	0545	0605	0621	0633	0644	0655	0706	0717	0727	0737	0748	0800	0812	0824	0836	
Hackney Wick Station	0446	0506	0526	0547	0607	0623	0635	0646	0657	0708	0719	0729	0739	0751	0803	0815	0827	0839	
Old Ford Parnell Road	0449	0509	0529	0551	0611	0627	0640	0651	0702	0713	0725	0735	0746	0758	0810	0822	0834	0846	
Bow Church	0453	0513	0533	0555	0615	0631	0644	0656	0707	0718	0730	0741	0752	0804	0816	0828	0840	0852	
Stratford Bus Station	0459	0519	0539	0601	0621	0638	0651	0703	0714	0726	0738	0749	0801	0813	0825	0837	0849	0901	
West Ham Station	0506	0526	0546	0608	0628	0646	0659	0711	0723	0735	0747	0759	0811	0823	0835	0847	0859	0910	
Canning Town Barking Rd./Hermit Rd.	0511	0531	0551	0613	0633	0651	0705	0717	0730	0742	0754	0806	0818	0830	0842	0854	0906	0917	
Plaistow Greengate	0514	0534	0554	0617	0637	0655	0710	0722	0735	0747	0759	0811	0823	0835	0847	0859	0911	0922	
Newham Hospital Main Entrance	0517	0537	0557	0620	0641	0659	0714	0727	0741	0753	0805	0817	0829	0841	0853	0904	0916	0927	
Newham Hospital Gateway Centre	0518	0538	0558	0621	0642	0700	0715	0728	0742	0754	0806	0818	0830	0842	0854	0905	0917	0928	
Stoke Newington Common	0822	0834	0847	0859	0912	Then every 12 minutes until	1012	1024	1036	1048	1100	1112	1124	1136	1148	1200	1212		
Amhurst Road Shacklewell Lane	0826	0838	0851	0903	0916		1016	1028	1040	1052	1104	1116	1128	1140	1152	1204	1216		
Hackney Central Station Amhurst Rd.	0832	0844	0857	0909	0921		1021	1033	1045	1057	1109	1121	1133	1145	1157	1209	1221		
Homerton Hospital Homerton Grove	0840	0852	0905	0916	0928		1028	1040	1052	1104	1117	1129	1141	1153	1205	1217	1229		
Hackney Wick Trowbridge Estate	0849	0901	0913	0924	0936		1036	1048	1100	1112	1125	1137	1149	1201	1213	1225	1237		
Hackney Wick Station	0852	0904	0916	0927	0938		1038	1050	1102	1114	1127	1139	1151	1203	1215	1227	1239		
Old Ford Parnell Road	0859	0910	0922	0933	0944		1044	1056	1108	1120	1133	1145	1157	1209	1221	1233	1245		
Bow Church	0905	0916	0927	0938	0949		1049	1101	1113	1125	1138	1150	1202	1215	1227	1239	1251		
Stratford Bus Station	0914	0925	0936	0947	0958		1058	1110	1122	1134	1147	1159	1211	1224	1236	1248	1300		
West Ham Station	0923	0934	0945	0956	1007		1107	1120	1132	1144	1157	1209	1221	1234	1246	1258	1310		
Canning Town Barking Rd./Hermit Rd.	0929	0940	0951	1002	1013		1113	1126	1138	1150	1203	1215	1227	1240	1252	1304	1316		
Plaistow Greengate	0934	0945	0956	1007	1018		1118	1131	1143	1155	1208	1220	1232	1245	1257	1310	1322		
Newham Hospital Main Entrance	0939	0950	1001	1013	1024	1124	1137	1149	1201	1214	1226	1238	1251	1303	1316	1328			
Newham Hospital Gateway Centre	0940	0951	1002	1014	1025	1125	1138	1150	1202	1215	1227	1239	1252	1304	1317	1329			
Stoke Newington Common	1224	1236	1248	1300	1312	1324	1336	1347	1357	1409	1420	1430	1442	1453	1505	1516	1527	1539	
Amhurst Road Shacklewell Lane	1228	1240	1252	1304	1316	1328	1340	1351	1401	1413	1424	1434	1446	1457	1509	1520	1532	1544	
Hackney Central Station Amhurst Rd.	1233	1245	1257	1310	1322	1334	1346	1357	1407	1419	1430	1440	1452	1503	1515	1526	1538	1550	
Homerton Hospital Homerton Grove	1241	1253	1305	1318	1330	1342	1354	1405	1415	1427	1439	1449	1501	1513	1525	1537	1549	1601	
Hackney Wick Trowbridge Estate	1249	1301	1313	1326	1338	1350	1402	1413	1423	1435	1447	1457	1509	1521	1534	1546	1558	1610	
Hackney Wick Station	1251	1303	1315	1328	1340	1352	1404	1415	1425	1437	1449	1500	1512	1524	1537	1549	1601	1613	
Old Ford Parnell Road	1257	1309	1321	1334	1346	1358	1410	1421	1431	1443	1455	1506	1518	1530	1543	1555	1607	1619	
Bow Church	1303	1315	1327	1340	1352	1404	1416	1427	1438	1450	1502	1514	1526	1538	1550	1602	1614	1626	
Stratford Bus Station	1312	1324	1336	1349	1401	1413	1425	1436	1448	1500	1512	1524	1536	1548	1600	1612	1624	1636	
West Ham Station	1322	1334	1346	1359	1411	1423	1435	1447	1459	1511	1523	1535	1547	1559	1611	1623	1635	1647	
Canning Town Barking Rd./Hermit Rd.	1328	1340	1352	1405	1418	1430	1442	1454	1506	1518	1530	1542	1554	1605	1617	1629	1641	1653	
Plaistow Greengate	1334	1346	1358	1411	1424	1437	1449	1501	1513	1525	1537	1549	1601	1612	1624	1636	1648	1700	
Newham Hospital Main Entrance	1340	1352	1404	1417	1430	1443	1455	1507	1519	1531	1543	1555	1607	1618	1630	1642	1654	1706	
Newham Hospital Gateway Centre	1341	1353	1405	1418	1431	1444	1456	1508	1520	1532	1544	1556	1608	1619	1631	1643	1655	1707	
Stoke Newington Common	1551	1603	1615	1627	1639	1651	1703	1715	1727	1739	1752	1805	1818	1831	1843	1855	1907	1922	
Amhurst Road Shacklewell Lane	1556	1607	1619	1631	1643	1655	1707	1719	1731	1743	1756	1809	1822	1835	1847	1859	1911	1926	
Hackney Central Station Amhurst Rd.	1602	1613	1625	1637	1649	1701	1713	1725	1737	1749	1802	1814	1827	1839	1851	1903	1915	1930	
Homerton Hospital Homerton Grove	1613	1624	1636	1648	1700	1711	1723	1735	1747	1759	1811	1823	1836	1847	1859	1911	1923	1937	
Hackney Wick Trowbridge Estate	1622	1633	1644	1656	1708	1719	1731	1743	1755	1807	1819	1831	1843	1854	1906	1918	1930	1944	
Hackney Wick Station	1625	1636	1647	1659	1711	1722	1734	1746	1758	1810	1822	1833	1845	1856	1908	1920	1932	1946	
Old Ford Parnell Road	1631	1642	1653	1705	1717	1728	1740	1752	1804	1816	1828	1839	1851	1902	1914	1926	1937	1951	
Bow Church	1638	1649	1700	1712	1724	1735	1747	1759	1810	1822	1834	1845	1857	1907	1919	1931	1942	1956	
Stratford Bus Station	1648	1659	1710	1722	1734	1745	1757	1809	1820	1832	1843	1854	1906	1915	1927	1938	1949	2003	
West Ham Station	1659	1710	1721	1733	1745	1756	1808	1820	1831	1842	1853	1904	1916	1925	1937	1947	1958	2012	
Canning Town Barking Rd./Hermit Rd.	1705	1716	1727	1739	1751	1802	1814	1826	1837	1848	1859	1910	1922	1931	1943	1953	2003	2017	
Plaistow Greengate	1712	1723	1734	1746	1758	1809	1821	1833	1844	1855	1905	1916	1928	1936	1948	1958	2008	2022	
Newham Hospital Main Entrance	1718	1729	1740	1752	1804	1815	1827	1838	1849	1900	1910	1921	1933	1941	1953	2002	2012	2026	
Newham Hospital Gateway Centre	1719	1730	1741	1753	1805	1816	1828	1839	1850	1901	1911	1922	1934	1942	1954	2003	2013	2027	

276	Mondays to Fridays (cont.)																	
Stoke Newington <i>Common</i>	1937	1952	2008	2023	2043	2104	2124	2144	2204	2224	2244	2305	2325	2345	0005	0025	0045	0105
Amhurst Road <i>Shacklewell Lane</i>	1941	1956	2011	2026	2046	2107	2127	2147	2207	2227	2247	2307	2327	2347	0007	0027	0047	0107
Hackney Central Station <i>Amhurst Rd.</i>	1945	2000	2015	2030	2050	2111	2131	2151	2210	2230	2250	2310	2330	2350	0010	0030	0050	0110
Homerton Hospital <i>Homerton Grove</i>	1952	2007	2022	2037	2057	2117	2137	2157	2216	2236	2256	2315	2335	2355	0014	0034	0054	0114
Hackney Wick <i>Trowbridge Estate</i>	1959	2013	2028	2043	2103	2123	2143	2203	2221	2241	2301	2320	2340	0000	0019	0039	0059	0119
Hackney Wick Station	2001	2015	2030	2045	2105	2125	2145	2205	2223	2243	2303	2322	2342	0002	0021	0041	0101	0121
Old Ford <i>Parnell Road</i>	2006	2020	2035	2050	2110	2130	2150	2210	2228	2248	2307	2326	2346	0005	0024	0044	0104	0124
Bow Church	2011	2025	2040	2055	2115	2135	2155	2214	2232	2252	2311	2330	2350	0009	0028	0048	0108	0128
Stratford <i>Bus Station</i>	2018	2032	2047	2102	2122	2142	2202	2220	2238	2258	2317	2336	2356	0015	0034	0054	0114	0134
West Ham Station	2027	2041	2056	2111	2131	2151	2210	2228	2246	2306	2325	2344	0004	0022	0041	0101	0121	0141
Canning Town <i>Barking Rd./Hermit Rd.</i>	2032	2046	2101	2116	2136	2156	2215	2233	2251	2310	2329	2348	0008	0026	0045	0105	0125	0145
Plaistow <i>Greengate</i>	2037	2051	2106	2121	2141	2201	2219	2237	2255	2313	2332	2351	0011	0029	0048	0108	0128	0148
Newham Hospital <i>Main Entrance</i>	2041	2055	2109	2124	2144	2204	2222	2240	2258	2316	2335	2354	0014	0032	0051	0111	0131	0151
Newham Hospital <i>Gateway Centre</i>	2042	2056	2110	2125	2145	2205	2223	2241	2259	2317	2336	2355	0015	0033	0052	0112	0132	0152

Stoke Newington Common	0430	0450	0510	0530	0550	0610	0630	0650	0710	0725	0740	0755	0810	0825	0840	0850	0900	0912
Amhurst Road Shacklewell Lane	0432	0452	0512	0532	0552	0612	0632	0652	0712	0727	0742	0757	0813	0828	0843	0853	0903	0915
Hackney Central Station Amhurst Rd.	0435	0455	0515	0535	0555	0616	0636	0656	0716	0731	0746	0801	0817	0832	0847	0857	0907	0919
Homerton Hospital Homerton Grove	0440	0500	0520	0540	0600	0621	0641	0701	0721	0736	0751	0806	0822	0837	0852	0902	0913	0925
Hackney Wick Trowbridge Estate	0444	0504	0524	0544	0605	0626	0646	0706	0726	0741	0756	0811	0827	0842	0857	0908	0919	0931
Hackney Wick Station	0446	0506	0526	0546	0607	0628	0648	0708	0728	0743	0758	0813	0829	0844	0859	0910	0921	0933
Old Ford Parnell Road	0449	0509	0529	0549	0611	0632	0652	0712	0732	0747	0802	0817	0833	0848	0903	0915	0926	0938
Bow Church	0453	0513	0533	0553	0615	0636	0656	0716	0736	0751	0806	0821	0837	0852	0908	0920	0931	0943
Stratford Bus Station	0458	0518	0538	0558	0621	0642	0702	0723	0743	0758	0813	0828	0844	0859	0915	0927	0939	0951
West Ham Station	0505	0525	0545	0605	0628	0649	0709	0730	0750	0805	0821	0836	0852	0907	0924	0936	0948	1000
Canning Town Barking Rd./Hermit Rd.	0509	0529	0549	0610	0633	0654	0714	0735	0755	0810	0826	0841	0857	0912	0929	0941	0953	1005
Plaistow Greengate	0512	0532	0552	0613	0636	0657	0717	0738	0758	0814	0830	0845	0901	0917	0934	0946	0958	1010
Newham Hospital Main Entrance	0515	0535	0555	0617	0640	0701	0721	0742	0802	0818	0834	0849	0905	0921	0938	0950	1002	1015
Newham Hospital Gateway Centre	0516	0536	0556	0618	0641	0702	0722	0743	0803	0819	0835	0850	0906	0922	0939	0951	1003	1016
Stoke Newington Common	0923	0934	0945	0956	1007	1018	1029	1041	1053	1105	1117	1128	1139	1151	1203	1215	1227	1239
Amhurst Road Shacklewell Lane	0926	0937	0948	0959	1010	1021	1033	1045	1057	1109	1121	1132	1143	1155	1207	1219	1231	1243
Hackney Central Station Amhurst Rd.	0930	0941	0952	1003	1015	1026	1038	1050	1102	1114	1126	1137	1148	1200	1212	1224	1236	1248
Homerton Hospital Homerton Grove	0936	0948	0959	1010	1022	1033	1045	1057	1109	1121	1133	1144	1155	1207	1219	1231	1243	1255
Hackney Wick Trowbridge Estate	0942	0954	1005	1017	1029	1040	1052	1104	1116	1128	1140	1151	1202	1214	1226	1238	1250	1302
Hackney Wick Station	0944	0956	1007	1019	1031	1042	1054	1106	1118	1130	1142	1153	1204	1216	1228	1240	1252	1304
Old Ford Parnell Road	0949	1001	1013	1025	1037	1048	1100	1112	1124	1136	1148	1159	1210	1222	1234	1246	1258	1310
Bow Church	0954	1006	1018	1030	1042	1053	1105	1117	1129	1141	1153	1204	1216	1228	1240	1252	1304	1317
Stratford Bus Station	1002	1014	1026	1038	1050	1101	1113	1125	1137	1149	1201	1213	1225	1237	1249	1301	1313	1326
West Ham Station	1011	1023	1035	1047	1059	1111	1123	1135	1147	1159	1211	1223	1235	1247	1259	1311	1323	1336
Canning Town Barking Rd./Hermit Rd.	1017	1029	1041	1053	1105	1117	1129	1141	1153	1205	1217	1229	1241	1253	1305	1317	1329	1342
Plaistow Greengate	1022	1034	1046	1058	1111	1123	1135	1147	1159	1211	1223	1235	1247	1259	1311	1323	1335	1348
Newham Hospital Main Entrance	1027	1039	1051	1103	1116	1128	1140	1152	1204	1216	1228	1240	1252	1304	1316	1328	1340	1353
Newham Hospital Gateway Centre	1028	1040	1052	1104	1117	1129	1141	1153	1205	1217	1229	1241	1253	1305	1317	1329	1341	1354
Stoke Newington Common	1251	1303	1315	1327	Then every 12 minutes until	1715	1727	1739	1751	1804	1816	1828	1840	1855	1910	1925	1940	
Amhurst Road Shacklewell Lane	1255	1307	1319	1331		1719	1731	1743	1755	1808	1820	1832	1844	1859	1914	1929	1944	
Hackney Central Station Amhurst Rd.	1300	1312	1324	1336		1724	1736	1748	1800	1812	1824	1836	1848	1903	1918	1933	1948	
Homerton Hospital Homerton Grove	1307	1319	1331	1343		1731	1743	1755	1807	1819	1831	1843	1855	1910	1925	1940	1955	
Hackney Wick Trowbridge Estate	1315	1327	1339	1351		1739	1751	1803	1815	1827	1839	1851	1903	1918	1933	1948	2003	
Hackney Wick Station	1317	1329	1341	1353		1741	1753	1805	1817	1829	1841	1853	1905	1920	1935	1950	2005	
Old Ford Parnell Road	1323	1335	1347	1359		1747	1759	1811	1823	1835	1847	1859	1910	1925	1940	1955	2010	
Bow Church	1330	1342	1354	1405		1753	1804	1816	1828	1840	1852	1904	1915	1930	1945	2000	2015	
Stratford Bus Station	1339	1351	1403	1414		1802	1813	1825	1837	1849	1901	1912	1923	1938	1953	2008	2023	
West Ham Station	1349	1401	1413	1424		1812	1823	1835	1847	1859	1911	1922	1933	1948	2003	2018	2033	
Canning Town Barking Rd./Hermit Rd.	1355	1407	1419	1430		1818	1829	1841	1853	1904	1916	1927	1938	1953	2008	2023	2038	
Plaistow Greengate	1401	1413	1425	1436		1824	1835	1847	1859	1910	1922	1933	1944	1959	2013	2028	2043	
Newham Hospital Main Entrance	1406	1418	1430	1441		1829	1840	1852	1904	1915	1927	1938	1949	2004	2017	2032	2047	
Newham Hospital Gateway Centre	1407	1419	1431	1442		1830	1841	1853	1905	1916	1928	1939	1950	2005	2018	2033	2048	
Stoke Newington Common	1955	2010	2025	2045	2105	2125	2145	2205	2225	2245	2305	2325	2345	0005	0025	0045	0105	
Amhurst Road Shacklewell Lane	1959	2014	2029	2049	2108	2128	2148	2208	2228	2248	2307	2327	2347	0007	0027	0047	0107	
Hackney Central Station Amhurst Rd.	2003	2018	2033	2053	2112	2132	2152	2212	2232	2252	2311	2331	2351	0011	0031	0051	0111	
Homerton Hospital Homerton Grove	2010	2025	2040	2100	2118	2138	2158	2218	2238	2258	2317	2337	2357	0016	0036	0056	0116	
Hackney Wick Trowbridge Estate	2017	2032	2047	2106	2124	2144	2204	2224	2244	2304	2323	2343	0003	0022	0042	0102	0122	
Hackney Wick Station	2019	2034	2049	2108	2126	2146	2206	2226	2246	2306	2325	2345	0005	0024	0044	0104	0124	
Old Ford Parnell Road	2024	2039	2054	2113	2131	2151	2211	2231	2251	2310	2329	2349	0009	0028	0048	0108	0128	
Bow Church	2029	2044	2059	2118	2136	2156	2216	2236	2256	2315	2334	2354	0013	0032	0052	0112	0132	
Stratford Bus Station	2037	2052	2107	2126	2144	2204	2223	2243	2303	2321	2340	0000	0019	0038	0058	0118	0138	
West Ham Station	2047	2102	2116	2135	2153	2213	2232	2252	2311	2329	2348	0008	0027	0046	0106	0126	0146	
Canning Town Barking Rd./Hermit Rd.	2052	2107	2121	2140	2158	2218	2237	2257	2316	2334	2353	0012	0031	0050	0110	0130	0150	
Plaistow Greengate	2057	2112	2126	2145	2203	2222	2241	2301	2320	2338	2356	0015	0034	0053	0113	0133	0153	
Newham Hospital Main Entrance	2101	2115	2129	2148	2206	2225	2244	2304	2323	2341	2359	0018	0037	0056	0116	0136	0156	
Newham Hospital Gateway Centre	2102	2116	2130	2149	2207	2226	2245	2305	2324	2342	0000	0019	0038	0057	0117	0137	0157	

276	Sundays and other Public Holidays (except Christmas Day)																	
Stoke Newington Common	0550	0610	0630	0650	0710	0730	0750	0810	0825	0840	0855	0910	0925	0940	0954	1007	1022	1036
Amhurst Road Shacklewell Lane	0552	0612	0632	0652	0712	0732	0752	0812	0827	0842	0857	0912	0927	0942	0956	1010	1025	1039
Hackney Central Station Amhurst Rd.	0555	0615	0635	0655	0716	0736	0756	0816	0831	0846	0901	0916	0931	0946	1000	1014	1029	1044
Homerton Hospital Homerton Grove	0600	0620	0640	0700	0721	0741	0801	0821	0836	0851	0906	0921	0936	0951	1005	1020	1035	1050
Hackney Wick Trowbridge Estate	0605	0625	0645	0705	0726	0746	0806	0826	0841	0856	0912	0927	0942	0957	1011	1026	1041	1056
Hackney Wick Station	0607	0627	0647	0707	0728	0748	0808	0828	0843	0858	0914	0929	0944	0959	1013	1028	1043	1058
Old Ford Parnell Road	0611	0631	0651	0711	0732	0752	0812	0832	0847	0902	0919	0934	0949	1004	1018	1033	1048	1103
Bow Church	0615	0635	0655	0715	0736	0756	0816	0836	0851	0907	0924	0939	0954	1009	1023	1038	1053	1108
Stratford Bus Station	0620	0640	0700	0721	0742	0802	0823	0843	0858	0914	0931	0946	1001	1016	1030	1045	1100	1115
West Ham Station	0627	0647	0707	0728	0749	0810	0831	0851	0906	0922	0939	0954	1009	1024	1039	1054	1109	1124
Canning Town Barking Rd./Hermit Rd.	0632	0652	0712	0733	0754	0815	0836	0856	0911	0927	0944	0959	1014	1029	1044	1059	1114	1129
Plaistow Greengate	0635	0655	0715	0736	0757	0819	0840	0900	0916	0932	0949	1004	1019	1034	1049	1104	1119	1134
Newham Hospital Main Entrance	0638	0658	0718	0739	0800	0822	0843	0903	0919	0935	0952	1007	1022	1038	1053	1109	1124	1139
Newham Hospital Gateway Centre	0639	0659	0719	0740	0801	0823	0844	0904	0920	0936	0953	1008	1023	1039	1054	1110	1125	1140
Stoke Newington Common	1049	1104	1118	1133	1148	1203	1218	Then every 15 minutes until	1403	1418	1433	1448	1503	1518	1533	1548	1603	1608
Amhurst Road Shacklewell Lane	1052	1107	1121	1136	1151	1206	1221		1406	1421	1436	1451	1506	1521	1536	1551	1606	1611
Hackney Central Station Amhurst Rd.	1057	1112	1126	1141	1156	1211	1226		1411	1426	1441	1456	1511	1526	1541	1556	1611	1616
Homerton Hospital Homerton Grove	1103	1118	1132	1147	1202	1218	1233		1418	1433	1448	1503	1518	1533	1548	1603	1618	1623
Hackney Wick Trowbridge Estate	1110	1125	1139	1154	1209	1225	1240		1425	1440	1455	1510	1525	1540	1555	1610	1625	1630
Hackney Wick Station	1112	1127	1141	1156	1211	1227	1242		1427	1442	1457	1512	1527	1542	1557	1612	1627	1632
Old Ford Parnell Road	1118	1133	1147	1202	1217	1233	1248		1433	1448	1503	1517	1532	1547	1602	1617	1632	1637
Bow Church	1123	1138	1152	1207	1222	1238	1253		1438	1453	1508	1522	1537	1552	1607	1622	1637	1642
Stratford Bus Station	1130	1145	1159	1215	1230	1246	1301		1446	1501	1516	1530	1545	1600	1615	1630	1645	1650
West Ham Station	1139	1154	1208	1224	1239	1255	1311		1456	1511	1526	1540	1555	1610	1625	1640	1655	1660
Canning Town Barking Rd./Hermit Rd.	1144	1159	1214	1230	1245	1301	1317		1502	1516	1531	1545	1600	1615	1630	1645	1700	1705
Plaistow Greengate	1149	1204	1219	1235	1250	1306	1322		1507	1521	1536	1550	1605	1620	1635	1650	1705	1710
Newham Hospital Main Entrance	1154	1209	1224	1240	1255	1311	1327		1512	1526	1541	1555	1610	1625	1640	1655	1709	1714
Newham Hospital Gateway Centre	1155	1210	1225	1241	1256	1312	1328	1513	1527	1542	1556	1611	1626	1641	1656	1710	1715	
Stoke Newington Common	1618	1633	1648	1703	1718	1733	Then every 15 minutes until	1848	1903	1918	1933	1948	2005	2025	2045	2105	2125	2130
Amhurst Road Shacklewell Lane	1621	1636	1651	1706	1721	1736		1851	1906	1921	1936	1951	2008	2028	2048	2108	2128	2133
Hackney Central Station Amhurst Rd.	1626	1641	1656	1711	1726	1741		1856	1910	1925	1940	1955	2012	2032	2052	2112	2132	2137
Homerton Hospital Homerton Grove	1633	1648	1703	1718	1733	1748		1903	1916	1931	1946	2001	2018	2038	2058	2118	2138	2143
Hackney Wick Trowbridge Estate	1640	1655	1710	1725	1740	1755		1910	1923	1938	1953	2007	2024	2044	2104	2124	2144	2149
Hackney Wick Station	1642	1657	1712	1727	1742	1757		1912	1925	1940	1955	2009	2026	2046	2106	2126	2146	2151
Old Ford Parnell Road	1647	1702	1717	1732	1747	1802		1917	1930	1945	2000	2014	2031	2051	2111	2131	2151	2156
Bow Church	1652	1707	1722	1737	1752	1807		1922	1935	1950	2004	2018	2035	2055	2115	2135	2155	2160
Stratford Bus Station	1700	1715	1730	1745	1800	1814		1929	1942	1957	2011	2025	2042	2102	2122	2142	2202	2207
West Ham Station	1710	1725	1740	1755	1809	1823		1938	1951	2006	2020	2034	2051	2110	2130	2150	2210	2215
Canning Town Barking Rd./Hermit Rd.	1715	1730	1745	1800	1814	1828		1943	1956	2011	2025	2039	2056	2115	2135	2155	2214	2219
Plaistow Greengate	1720	1735	1750	1805	1819	1833		1948	2001	2016	2030	2044	2101	2119	2139	2159	2218	2223
Newham Hospital Main Entrance	1724	1739	1754	1809	1823	1837		1952	2005	2020	2034	2048	2105	2123	2143	2203	2221	2226
Newham Hospital Gateway Centre	1725	1740	1755	1810	1824	1838	1953	2006	2021	2035	2049	2106	2124	2144	2204	2222	2227	
Stoke Newington Common	2145	2205	2225	2245	2305	2325	2345	0005	0025	0045	0105							
Amhurst Road Shacklewell Lane	2148	2208	2228	2248	2307	2327	2347	0007	0027	0047	0107							
Hackney Central Station Amhurst Rd.	2152	2211	2231	2251	2310	2330	2350	0010	0030	0050	0110							
Homerton Hospital Homerton Grove	2157	2216	2236	2256	2315	2335	2355	0014	0034	0054	0114							
Hackney Wick Trowbridge Estate	2203	2222	2242	2302	2320	2340	0000	0019	0039	0059	0119							
Hackney Wick Station	2205	2224	2244	2304	2322	2342	0002	0021	0041	0101	0121							
Old Ford Parnell Road	2210	2229	2249	2308	2326	2346	0005	0024	0044	0104	0124							
Bow Church	2214	2233	2253	2312	2330	2350	0009	0028	0048	0108	0128							
Stratford Bus Station	2220	2239	2259	2318	2336	2356	0015	0034	0054	0114	0134							
West Ham Station	2228	2247	2307	2326	2344	0004	0022	0041	0101	0121	0141							
Canning Town Barking Rd./Hermit Rd.	2232	2251	2311	2330	2348	0008	0026	0045	0105	0125	0145							
Plaistow Greengate	2236	2255	2314	2333	2351	0011	0029	0048	0108	0128	0148							
Newham Hospital Main Entrance	2239	2258	2317	2336	2354	0014	0032	0051	0111	0131	0151							
Newham Hospital Gateway Centre	2240	2259	2318	2337	2355	0015	0033	0052	0112	0132	0152							

276	Mondays to Fridays																	
Newham Hospital Gateway Centre	0445	0505	0525	0540	0555	0606	0615	0624	0632	0642	0652	0700	0709	0718	0729	0740	0752	0804
Newham Hospital Main Entrance	0446	0506	0526	0541	0556	0607	0616	0625	0633	0643	0653	0701	0710	0719	0730	0741	0753	0805
Plaistow Greengate	0449	0509	0529	0544	0559	0610	0619	0628	0636	0646	0657	0706	0715	0724	0735	0747	0759	0811
Canning Town Barking Rd./Hermit Rd.	0453	0513	0533	0548	0604	0615	0624	0633	0641	0651	0702	0711	0720	0730	0741	0753	0805	0817
West Ham Station	0458	0518	0538	0553	0609	0620	0629	0639	0647	0657	0708	0717	0727	0737	0748	0801	0813	0825
Stratford Broadway West Ham Lane	0503	0523	0543	0558	0614	0625	0634	0645	0654	0704	0715	0725	0735	0746	0757	0810	0822	0834
Bow Church	0508	0528	0548	0603	0619	0630	0640	0651	0701	0711	0723	0733	0743	0754	0805	0817	0829	0841
Old Ford Parnell Road	0511	0531	0552	0607	0623	0635	0645	0656	0706	0716	0728	0739	0749	0800	0812	0824	0836	0848
Hackney Wick Station	0514	0534	0555	0611	0627	0639	0649	0700	0711	0721	0733	0744	0755	0806	0818	0830	0842	0854
Hackney Wick Trowbridge Estate	0516	0536	0557	0613	0629	0641	0651	0702	0713	0723	0735	0747	0758	0809	0821	0833	0845	0857
Homerton High Street Digby Road	0521	0542	0603	0619	0636	0649	0700	0712	0724	0735	0747	0759	0810	0822	0834	0846	0858	0910
Hackney Central Station Amhurst Rd.	0527	0548	0610	0626	0644	0658	0710	0722	0734	0746	0758	0810	0822	0834	0846	0858	0910	0922
Amhurst Road Shacklewell Lane	0531	0552	0614	0630	0648	0702	0714	0726	0738	0751	0803	0815	0827	0839	0851	0903	0915	0927
Stoke Newington Common	0537	0558	0620	0636	0654	0709	0721	0733	0746	0759	0811	0823	0835	0847	0859	0911	0923	0935
Newham Hospital Gateway Centre	0816	0828	0840	0852	0904	0916	Then every 12 minutes until	1152	1203	1215	1226	1238	1250	1302	1314	1325	1337	
Newham Hospital Main Entrance	0817	0829	0841	0853	0905	0917		1153	1204	1216	1227	1239	1251	1303	1315	1326	1338	
Plaistow Greengate	0823	0835	0847	0859	0911	0923		1159	1211	1223	1234	1246	1258	1310	1322	1333	1345	
Canning Town Barking Rd./Hermit Rd.	0829	0841	0853	0905	0917	0929		1205	1217	1229	1240	1252	1304	1316	1328	1339	1351	
West Ham Station	0837	0849	0901	0912	0924	0936		1212	1224	1236	1247	1259	1311	1323	1335	1346	1358	
Stratford Broadway West Ham Lane	0846	0858	0910	0921	0933	0944		1220	1232	1244	1255	1307	1319	1331	1343	1354	1406	
Bow Church	0853	0905	0917	0928	0940	0951		1227	1239	1251	1303	1315	1327	1339	1351	1402	1414	
Old Ford Parnell Road	0900	0911	0923	0934	0946	0957		1233	1245	1257	1309	1321	1333	1345	1357	1408	1420	
Hackney Wick Station	0906	0916	0928	0939	0951	1002		1238	1250	1302	1314	1326	1338	1350	1402	1413	1425	
Hackney Wick Trowbridge Estate	0909	0919	0931	0941	0953	1004		1240	1252	1304	1316	1328	1340	1352	1404	1415	1427	
Homerton High Street Digby Road	0921	0930	0941	0951	1003	1013		1249	1301	1313	1325	1337	1349	1401	1413	1424	1436	
Hackney Central Station Amhurst Rd.	0933	0942	0952	1002	1014	1024		1300	1312	1324	1336	1348	1400	1412	1424	1435	1447	
Amhurst Road Shacklewell Lane	0938	0947	0957	1007	1019	1029		1305	1317	1329	1341	1353	1405	1417	1429	1441	1453	
Stoke Newington Common	0946	0955	1005	1015	1027	1038	1314	1326	1338	1350	1402	1414	1426	1438	1450	1502		
Newham Hospital Gateway Centre	1349	1401	1411	1422	1433	1444	1455	1506	1518	1530	1542	1554	1606	1618	1630	1642	1654	1706
Newham Hospital Main Entrance	1350	1402	1412	1423	1434	1445	1456	1507	1519	1531	1543	1555	1607	1619	1631	1643	1655	1707
Plaistow Greengate	1357	1409	1419	1430	1441	1452	1503	1515	1527	1539	1551	1603	1615	1627	1639	1651	1703	1714
Canning Town Barking Rd./Hermit Rd.	1403	1415	1425	1437	1448	1459	1511	1523	1535	1547	1559	1611	1623	1635	1647	1658	1710	1721
West Ham Station	1410	1422	1432	1444	1455	1506	1518	1530	1542	1554	1606	1618	1630	1642	1654	1705	1717	1728
Stratford Broadway West Ham Lane	1418	1430	1441	1453	1504	1515	1527	1539	1551	1603	1615	1627	1639	1651	1703	1715	1727	1738
Bow Church	1426	1438	1449	1501	1512	1523	1535	1547	1559	1611	1623	1635	1646	1658	1710	1722	1734	1745
Old Ford Parnell Road	1432	1444	1455	1507	1518	1529	1541	1553	1605	1617	1629	1641	1652	1704	1716	1728	1740	1751
Hackney Wick Station	1437	1449	1500	1512	1523	1534	1546	1558	1610	1622	1634	1646	1657	1709	1721	1733	1745	1756
Hackney Wick Trowbridge Estate	1439	1451	1502	1514	1525	1537	1549	1601	1612	1624	1636	1648	1659	1711	1723	1735	1747	1758
Homerton High Street Digby Road	1448	1500	1512	1524	1535	1547	1559	1611	1622	1634	1646	1658	1709	1721	1733	1745	1757	1808
Hackney Central Station Amhurst Rd.	1459	1511	1523	1535	1547	1559	1611	1622	1633	1645	1657	1709	1720	1732	1744	1756	1808	1819
Amhurst Road Shacklewell Lane	1505	1517	1529	1541	1553	1605	1617	1628	1639	1651	1703	1715	1726	1738	1750	1802	1813	1824
Stoke Newington Common	1514	1526	1538	1550	1602	1614	1626	1637	1648	1700	1712	1724	1735	1747	1759	1811	1822	1833
Newham Hospital Gateway Centre	1718	1730	1742	1754	1806	1818	1830	1845	1900	1915	1930	1945	2000	2015	2030	2045	2105	2125
Newham Hospital Main Entrance	1719	1731	1743	1755	1807	1819	1831	1846	1901	1916	1931	1946	2001	2016	2031	2046	2106	2126
Plaistow Greengate	1726	1738	1750	1802	1814	1826	1838	1853	1908	1923	1938	1952	2007	2021	2036	2051	2111	2130
Canning Town Barking Rd./Hermit Rd.	1733	1745	1757	1809	1821	1833	1845	1900	1915	1929	1944	1958	2013	2027	2042	2057	2116	2135
West Ham Station	1740	1752	1804	1815	1827	1839	1851	1906	1921	1935	1950	2004	2018	2032	2047	2102	2121	2140
Stratford Broadway West Ham Lane	1750	1802	1813	1824	1836	1847	1859	1914	1929	1943	1957	2011	2025	2039	2054	2109	2127	2146
Bow Church	1757	1809	1820	1831	1843	1854	1906	1921	1936	1950	2004	2017	2031	2045	2100	2115	2133	2152
Old Ford Parnell Road	1803	1815	1826	1837	1849	1900	1912	1926	1941	1955	2009	2022	2036	2050	2105	2120	2138	2157
Hackney Wick Station	1808	1820	1831	1842	1854	1905	1917	1931	1946	2000	2014	2026	2040	2054	2109	2124	2142	2201
Hackney Wick Trowbridge Estate	1810	1822	1833	1844	1856	1907	1919	1933	1948	2002	2016	2028	2042	2056	2111	2126	2144	2203
Homerton High Street Digby Road	1820	1832	1842	1853	1905	1916	1928	1942	1956	2010	2023	2035	2049	2103	2118	2133	2151	2210
Hackney Central Station Amhurst Rd.	1831	1842	1852	1903	1914	1925	1937	1951	2005	2019	2031	2043	2057	2111	2126	2141	2159	2218
Amhurst Road Shacklewell Lane	1836	1847	1857	1908	1919	1930	1942	1956	2010	2024	2036	2048	2102	2116	2131	2146	2204	2222
Stoke Newington Common	1845	1856	1906	1916	1927	1938	1950	2004	2018	2032	2044	2056	2110	2123	2138	2153	2211	2229

276	Mondays to Fridays (cont.)										
Newham Hospital Gateway Centre	2145	2205	2225	2245	2305	2325	2345	0005	0025	0045	0105
Newham Hospital Main Entrance	2146	2206	2226	2246	2306	2326	2346	0006	0026	0046	0106
Plaistow Greengate	2150	2210	2230	2250	2309	2329	2349	0009	0029	0049	0109
Canning Town Barking Rd./Hermit Rd.	2155	2214	2234	2254	2313	2333	2353	0012	0032	0052	0112
West Ham Station	2200	2219	2239	2259	2318	2338	2358	0017	0037	0057	0117
Stratford Broadway West Ham Lane	2206	2225	2245	2305	2323	2343	0003	0022	0042	0102	0122
Bow Church	2211	2230	2250	2310	2328	2348	0008	0027	0047	0107	0127
Old Ford Parnell Road	2216	2235	2255	2314	2332	2352	0011	0030	0050	0110	0130
Hackney Wick Station	2219	2238	2258	2317	2335	2355	0014	0033	0053	0113	0133
Hackney Wick Trowbridge Estate	2221	2240	2300	2319	2337	2357	0016	0035	0055	0115	0135
Homerton High Street Digby Road	2227	2246	2306	2324	2342	0002	0021	0040	0100	0120	0140
Hackney Central Station Amhurst Rd.	2235	2254	2313	2331	2349	0008	0027	0046	0106	0126	0146
Amhurst Road Shacklewell Lane	2239	2258	2317	2335	2353	0011	0030	0049	0109	0129	0149
Stoke Newington Common	2246	2305	2323	2341	2359	0017	0036	0055	0115	0135	0155

276	Saturdays (also Good Friday)																	
Newham Hospital Gateway Centre	0445	0505	0525	0545	0605	0620	0635	0650	0705	0720	0734	0748	0802	0817	0829	0841	0852	0902
Newham Hospital Main Entrance	0446	0506	0526	0546	0606	0621	0636	0651	0706	0721	0735	0749	0803	0818	0830	0842	0853	0903
Plaistow Greengate	0449	0509	0529	0549	0609	0624	0639	0654	0709	0724	0738	0752	0807	0822	0834	0846	0857	0907
Canning Town Barking Rd./Hermit Rd.	0453	0513	0533	0553	0613	0628	0643	0658	0713	0728	0742	0756	0812	0827	0839	0851	0902	0913
West Ham Station	0458	0518	0538	0558	0618	0633	0648	0703	0719	0734	0748	0802	0818	0833	0845	0857	0908	0919
Stratford Broadway West Ham Lane	0503	0523	0543	0603	0623	0638	0653	0708	0724	0739	0753	0808	0824	0839	0851	0903	0915	0926
Bow Church	0508	0528	0548	0608	0628	0643	0658	0713	0729	0744	0758	0814	0830	0845	0857	0909	0921	0932
Old Ford Parnell Road	0512	0532	0552	0612	0632	0647	0702	0717	0733	0748	0802	0819	0835	0850	0902	0914	0926	0938
Hackney Wick Station	0515	0535	0555	0615	0635	0650	0705	0720	0736	0751	0806	0823	0839	0854	0906	0918	0930	0942
Hackney Wick Trowbridge Estate	0517	0537	0557	0617	0637	0652	0707	0722	0738	0753	0808	0825	0841	0856	0908	0920	0932	0944
Homerton High Street Digby Road	0522	0542	0602	0623	0643	0658	0713	0728	0744	0759	0815	0832	0848	0903	0916	0928	0940	0952
Hackney Central Station Amhurst Rd.	0528	0548	0608	0629	0649	0704	0720	0735	0751	0806	0823	0840	0856	0911	0924	0937	0949	1001
Amhurst Road Shacklewell Lane	0532	0552	0612	0633	0653	0708	0724	0739	0755	0810	0827	0844	0900	0915	0928	0941	0953	1006
Stoke Newington Common	0538	0558	0618	0639	0659	0714	0730	0745	0801	0817	0834	0851	0907	0922	0936	0949	1001	1014
Newham Hospital Gateway Centre	0913	0924	0935	0946	0958	1010	1021	1033	1045	1057	1108	1120	1132	1144	1156	1208	1220	1232
Newham Hospital Main Entrance	0914	0925	0936	0947	0959	1011	1022	1034	1046	1058	1109	1121	1133	1145	1157	1209	1221	1233
Plaistow Greengate	0918	0929	0941	0952	1004	1016	1027	1039	1051	1103	1115	1127	1139	1151	1203	1216	1228	1240
Canning Town Barking Rd./Hermit Rd.	0924	0935	0947	0958	1010	1022	1033	1045	1057	1109	1121	1133	1145	1157	1210	1223	1235	1247
West Ham Station	0930	0942	0954	1005	1017	1029	1040	1052	1104	1116	1128	1140	1152	1204	1217	1230	1242	1254
Stratford Broadway West Ham Lane	0937	0949	1001	1013	1025	1037	1048	1100	1112	1124	1136	1148	1200	1212	1225	1238	1250	1302
Bow Church	0944	0956	1008	1020	1032	1044	1055	1107	1119	1131	1143	1155	1207	1219	1232	1245	1257	1310
Old Ford Parnell Road	0950	1002	1014	1026	1038	1050	1101	1113	1125	1137	1149	1201	1213	1225	1238	1251	1303	1316
Hackney Wick Station	0954	1006	1018	1030	1042	1054	1106	1118	1130	1142	1154	1206	1218	1230	1243	1256	1308	1321
Hackney Wick Trowbridge Estate	0956	1008	1020	1032	1044	1056	1108	1120	1132	1144	1156	1208	1220	1232	1245	1258	1310	1323
Homerton High Street Digby Road	1004	1017	1029	1041	1053	1105	1117	1129	1141	1153	1205	1217	1229	1241	1254	1307	1319	1332
Hackney Central Station Amhurst Rd.	1013	1026	1039	1051	1103	1115	1127	1139	1151	1203	1215	1227	1239	1251	1304	1317	1329	1342
Amhurst Road Shacklewell Lane	1018	1031	1044	1056	1108	1120	1132	1144	1156	1209	1221	1233	1245	1257	1310	1323	1335	1348
Stoke Newington Common	1026	1040	1053	1105	1117	1129	1141	1153	1205	1218	1230	1242	1254	1306	1319	1332	1344	1357
Newham Hospital Gateway Centre	1244	Then every 12 minutes until	1444	1456	1508	1520	1532	1544	1556	Then every 12 minutes until	1720	1732	1744	1756	1810	1825		
Newham Hospital Main Entrance	1245		1445	1457	1509	1521	1533	1545	1557		1721	1733	1745	1757	1811	1826		
Plaistow Greengate	1252		1452	1504	1516	1528	1540	1552	1604		1728	1740	1752	1804	1818	1833		
Canning Town Barking Rd./Hermit Rd.	1259		1459	1511	1523	1535	1547	1559	1611		1735	1747	1759	1811	1825	1840		
West Ham Station	1306		1506	1517	1529	1541	1553	1605	1617		1741	1753	1805	1817	1831	1846		
Stratford Broadway West Ham Lane	1314		1514	1525	1537	1549	1601	1613	1625		1749	1801	1813	1825	1839	1854		
Bow Church	1322		1522	1533	1545	1557	1609	1621	1633		1757	1809	1821	1833	1847	1902		
Old Ford Parnell Road	1328		1528	1539	1551	1603	1615	1627	1639		1803	1814	1826	1838	1852	1907		
Hackney Wick Station	1333		1533	1544	1556	1608	1620	1632	1644		1808	1819	1831	1843	1857	1912		
Hackney Wick Trowbridge Estate	1335		1535	1546	1558	1610	1622	1634	1646		1810	1821	1833	1845	1859	1914		
Homerton High Street Digby Road	1344	1544	1555	1607	1619	1631	1643	1655	1819	1830	1842	1854	1908	1923				
Hackney Central Station Amhurst Rd.	1354	1554	1605	1617	1629	1641	1653	1705	1829	1840	1852	1904	1918	1933				
Amhurst Road Shacklewell Lane	1400	1600	1611	1623	1635	1647	1659	1710	1834	1845	1857	1909	1923	1938				
Stoke Newington Common	1409	1609	1620	1632	1644	1656	1708	1719	1843	1854	1906	1917	1931	1946				

276	Sundays and other Public Holidays (except Christmas Day)																	
Newham Hospital Gateway Centre	0553	0613	0633	0652	0711	0731	0751	0811	0831	0846	0900	0915	0929	0944	0958	1012	1024	1039
Newham Hospital Main Entrance	0554	0614	0634	0653	0712	0732	0752	0812	0832	0847	0901	0916	0930	0945	0959	1013	1025	1040
Plaistow Greengate	0557	0617	0637	0656	0715	0735	0755	0815	0835	0850	0905	0920	0934	0949	1003	1017	1029	1044
Canning Town Barking Rd./Hermit Rd.	0601	0621	0641	0700	0719	0739	0759	0819	0839	0854	0909	0924	0938	0953	1008	1022	1035	1050
West Ham Station	0606	0626	0646	0705	0724	0744	0804	0825	0845	0900	0915	0930	0944	0959	1014	1028	1042	1057
Stratford Broadway West Ham Lane	0611	0631	0651	0710	0729	0749	0810	0831	0851	0906	0921	0936	0950	1005	1020	1034	1049	1104
Bow Church	0616	0636	0656	0715	0734	0754	0815	0836	0856	0912	0927	0942	0956	1011	1026	1040	1055	1110
Old Ford Parnell Road	0619	0639	0659	0719	0738	0758	0819	0840	0900	0916	0931	0946	1000	1015	1030	1045	1100	1115
Hackney Wick Station	0622	0642	0702	0722	0741	0801	0823	0844	0905	0921	0936	0951	1005	1020	1035	1050	1105	1120
Hackney Wick Trowbridge Estate	0624	0644	0704	0724	0743	0803	0825	0846	0907	0923	0938	0953	1007	1022	1037	1052	1107	1122
Homerton High Street Digby Road	0629	0649	0709	0729	0748	0809	0831	0852	0913	0929	0944	0959	1014	1029	1044	1059	1115	1130
Hackney Central Station Amhurst Rd.	0635	0655	0715	0735	0754	0816	0838	0859	0920	0936	0951	1006	1021	1036	1052	1107	1124	1139
Amhurst Road Shacklewell Lane	0639	0659	0719	0739	0758	0820	0842	0903	0924	0940	0955	1010	1025	1041	1057	1112	1129	1144
Stoke Newington Common	0645	0705	0725	0745	0804	0827	0849	0910	0931	0947	1002	1017	1032	1049	1105	1120	1137	1152
Newham Hospital Gateway Centre	1053	1107	1122	1136	1151	1206	1221	1236	1251	1306	1321	1336	1351	1406	1421	1436	1451	1506
Newham Hospital Main Entrance	1054	1108	1123	1137	1152	1207	1222	1237	1252	1307	1322	1337	1352	1407	1422	1437	1452	1507
Plaistow Greengate	1058	1113	1128	1142	1157	1212	1227	1242	1257	1313	1328	1343	1358	1413	1428	1443	1458	1513
Canning Town Barking Rd./Hermit Rd.	1104	1119	1134	1148	1203	1218	1233	1248	1303	1319	1334	1349	1404	1419	1434	1449	1504	1519
West Ham Station	1111	1126	1141	1155	1210	1225	1240	1255	1310	1326	1341	1356	1411	1426	1441	1456	1511	1526
Stratford Broadway West Ham Lane	1119	1134	1149	1203	1218	1233	1248	1303	1318	1334	1349	1404	1419	1434	1449	1504	1519	1534
Bow Church	1125	1140	1155	1210	1225	1240	1255	1310	1325	1341	1356	1411	1426	1441	1456	1512	1527	1542
Old Ford Parnell Road	1130	1145	1200	1215	1230	1245	1300	1315	1330	1346	1401	1416	1431	1446	1501	1517	1532	1547
Hackney Wick Station	1135	1150	1205	1220	1235	1250	1305	1320	1335	1351	1406	1421	1436	1451	1506	1522	1537	1552
Hackney Wick Trowbridge Estate	1137	1152	1207	1222	1237	1252	1307	1322	1337	1353	1408	1423	1438	1453	1508	1524	1539	1554
Homerton High Street Digby Road	1145	1200	1215	1230	1245	1300	1316	1331	1346	1402	1417	1432	1447	1502	1517	1533	1548	1603
Hackney Central Station Amhurst Rd.	1154	1210	1225	1240	1255	1310	1326	1341	1356	1412	1427	1442	1457	1512	1527	1543	1558	1613
Amhurst Road Shacklewell Lane	1159	1216	1231	1246	1301	1316	1332	1347	1402	1418	1433	1448	1503	1517	1532	1548	1603	1618
Stoke Newington Common	1207	1224	1239	1254	1309	1324	1340	1355	1410	1426	1441	1456	1511	1525	1540	1556	1611	1626
Newham Hospital Gateway Centre	1521	1536	1551	1606	1621	1636	1651	1706	1721	1736	1751	1806	1821	1836	1850	1910	1930	1950
Newham Hospital Main Entrance	1522	1537	1552	1607	1622	1637	1652	1707	1722	1737	1752	1807	1822	1837	1851	1911	1931	1951
Plaistow Greengate	1528	1543	1558	1613	1628	1643	1658	1712	1727	1742	1757	1812	1827	1842	1856	1916	1936	1956
Canning Town Barking Rd./Hermit Rd.	1534	1549	1604	1619	1634	1649	1704	1718	1733	1748	1803	1818	1833	1848	1902	1921	1941	2001
West Ham Station	1541	1556	1610	1625	1640	1655	1710	1724	1739	1754	1809	1824	1839	1854	1908	1927	1947	2007
Stratford Broadway West Ham Lane	1549	1604	1618	1633	1648	1703	1718	1732	1747	1802	1816	1831	1846	1901	1915	1934	1954	2013
Bow Church	1557	1612	1626	1641	1656	1711	1726	1740	1755	1809	1823	1838	1853	1907	1921	1940	2000	2019
Old Ford Parnell Road	1602	1617	1631	1646	1701	1716	1731	1745	1800	1814	1828	1843	1858	1912	1926	1945	2005	2024
Hackney Wick Station	1607	1622	1636	1651	1706	1721	1736	1750	1805	1819	1833	1848	1903	1916	1930	1949	2009	2028
Hackney Wick Trowbridge Estate	1609	1624	1638	1653	1708	1723	1738	1752	1807	1821	1835	1850	1905	1918	1932	1951	2011	2030
Homerton High Street Digby Road	1618	1633	1647	1702	1717	1732	1747	1801	1815	1829	1843	1858	1912	1925	1939	1958	2018	2037
Hackney Central Station Amhurst Rd.	1628	1643	1657	1712	1727	1742	1757	1810	1824	1838	1852	1907	1921	1934	1948	2007	2027	2046
Amhurst Road Shacklewell Lane	1633	1648	1702	1717	1732	1747	1802	1815	1829	1843	1857	1912	1926	1939	1953	2011	2031	2050
Stoke Newington Common	1641	1656	1710	1725	1740	1755	1810	1823	1837	1851	1905	1920	1934	1947	2001	2018	2038	2057
Newham Hospital Gateway Centre	2010	2030	2050	2110	2130	2150	2210	2230	2245	2305	2325	2345	0005	0025	0045	0105		
Newham Hospital Main Entrance	2011	2031	2051	2111	2131	2151	2211	2231	2246	2306	2326	2346	0006	0026	0046	0106		
Plaistow Greengate	2015	2035	2055	2115	2135	2155	2214	2234	2249	2309	2329	2349	0009	0029	0049	0109		
Canning Town Barking Rd./Hermit Rd.	2020	2040	2100	2120	2140	2200	2218	2238	2253	2313	2333	2353	0012	0032	0052	0112		
West Ham Station	2026	2046	2106	2126	2146	2206	2224	2244	2259	2318	2338	2358	0017	0037	0057	0117		
Stratford Broadway West Ham Lane	2032	2052	2112	2132	2152	2211	2229	2249	2304	2323	2343	0003	0022	0042	0102	0122		
Bow Church	2038	2058	2118	2138	2158	2216	2234	2254	2309	2328	2348	0008	0027	0047	0107	0127		
Old Ford Parnell Road	2043	2103	2123	2143	2203	2220	2238	2258	2313	2332	2352	0011	0030	0050	0110	0130		
Hackney Wick Station	2047	2107	2127	2147	2207	2224	2242	2302	2316	2335	2355	0014	0033	0053	0113	0133		
Hackney Wick Trowbridge Estate	2049	2109	2129	2149	2209	2226	2244	2304	2318	2337	2357	0016	0035	0055	0115	0135		
Homerton High Street Digby Road	2056	2116	2136	2156	2215	2232	2250	2309	2323	2342	0002	0021	0040	0100	0120	0140		
Hackney Central Station Amhurst Rd.	2105	2124	2144	2204	2223	2240	2258	2316	2330	2349	0008	0027	0046	0106	0126	0146		
Amhurst Road Shacklewell Lane	2109	2128	2148	2208	2227	2244	2302	2320	2334	2353	0011	0030	0049	0109	0129	0149		
Stoke Newington Common	2116	2135	2155	2215	2234	2251	2308	2326	2340	2359	0017	0036	0055	0115	0135	0155		