

276		Mondays to Fridays																	
Stoke Newington Common	0430	0450	0510	0530	0550	0602	0614	0625	0633	0641	0649	0655	0704	0712	0721		0821		
Amhurst Road Shacklewell Lane	0433	0453	0513	0533	0553	0605	0617	0628	0636	0644	0653	0659	0708	0716	0726		0826		
Hackney Central Station Amhurst Rd.	0436	0456	0516	0536	0556	0608	0620	0631	0639	0647	0656	0703	0712	0721	0731		0831		
Homerton Hospital Homerton Grove	0441	0501	0521	0541	0601	0614	0626	0637	0645	0653	0702	0710	0719	0729	0739		0839		
Hackney Wick Trowbridge Estate	0445	0505	0525	0545	0606	0619	0631	0642	0650	0659	0708	0717	0727	0737	0747		0847		
Hackney Wick Station	0447	0507	0527	0547	0608	0621	0633	0644	0652	0701	0710	0719	0729	0739	0749	Then every 10 minutes until	0849		
Old Ford Parnell Road	0450	0510	0530	0550	0611	0624	0637	0648	0656	0705	0714	0724	0734	0744	0754		0854		
Bow Church	0453	0513	0533	0553	0615	0628	0641	0652	0700	0709	0718	0728	0738	0748	0758		0858		
Stratford Bus Station	0459	0519	0539	0559	0621	0634	0648	0659	0709	0718	0728	0738	0748	0758	0808		0908		
West Ham Station	0505	0525	0545	0605	0627	0641	0655	0706	0717	0727	0737	0747	0757	0807	0817		0917		
Canning Town Barking Rd./Hermit Rd.	0510	0530	0550	0611	0633	0647	0701	0713	0725	0735	0745	0755	0805	0815	0825		0925		
Plaistow Greengate	0515	0535	0555	0616	0638	0652	0706	0718	0731	0741	0751	0801	0811	0821	0831		0931		
Newham Hospital Main Entrance	0518	0538	0558	0619	0641	0655	0710	0723	0736	0746	0756	0806	0816	0826	0836		0936		
Newham Hospital Gateway Centre	0519	0539	0559	0620	0642	0656	0711	0724	0737	0747	0757	0807	0817	0827	0837		0937		
Stoke Newington Common	0831	0841	0850	0900	0911	0921				1131	1141	1151	1201	1210	1220		1229	1239	1247
Amhurst Road Shacklewell Lane	0836	0846	0855	0905	0916	0926				1136	1146	1156	1206	1215	1225	1234	1244	1252	1302
Hackney Central Station Amhurst Rd.	0841	0851	0900	0910	0921	0931				1141	1151	1201	1211	1220	1230	1239	1249	1258	1308
Homerton Hospital Homerton Grove	0849	0859	0908	0918	0929	0939				1149	1159	1209	1219	1228	1238	1247	1257	1306	1316
Hackney Wick Trowbridge Estate	0857	0907	0916	0926	0937	0946				1156	1206	1216	1226	1235	1245	1254	1304	1314	1324
Hackney Wick Station	0859	0909	0918	0928	0939	0948				1158	1208	1218	1228	1237	1247	1256	1306	1316	1326
Old Ford Parnell Road	0904	0914	0923	0933	0944	0953				1203	1213	1223	1233	1242	1252	1301	1311	1321	1331
Bow Church	0908	0918	0927	0937	0948	0957				1207	1217	1227	1237	1246	1256	1306	1316	1326	1336
Stratford Bus Station	0918	0927	0936	0945	0956	1005				1215	1225	1235	1245	1254	1304	1314	1324	1334	1344
West Ham Station	0927	0936	0945	0954	1005	1014				1224	1234	1244	1254	1303	1313	1323	1333	1343	1353
Canning Town Barking Rd./Hermit Rd.	0934	0942	0951	1000	1011	1020				1230	1240	1250	1301	1311	1321	1331	1341	1351	1401
Plaistow Greengate	0941	0949	0958	1007	1018	1027				1237	1247	1258	1309	1320	1330	1340	1350	1400	1410
Newham Hospital Main Entrance	0946	0954	1003	1012	1023	1032				1242	1253	1304	1316	1327	1337	1347	1357	1407	1417
Newham Hospital Gateway Centre	0947	0955	1004	1013	1024	1033				1243	1254	1305	1317	1328	1338	1348	1358	1408	1418
Stoke Newington Common	1306			1436	1445	1454	1504	1512	1520	1530	1539	1549	1559	1608				1648	1658
Amhurst Road Shacklewell Lane	1312			1442	1451	1500	1510	1518	1526	1536	1545	1555	1605	1614				1654	1704
Hackney Central Station Amhurst Rd.	1318			1448	1457	1506	1516	1524	1532	1542	1551	1601	1611	1620				1700	1710
Homerton Hospital Homerton Grove	1326			1456	1505	1514	1524	1533	1543	1553	1602	1612	1622	1631				1711	1721
Hackney Wick Trowbridge Estate	1334			1504	1513	1522	1532	1542	1552	1602	1611	1621	1631	1641				1721	1731
Hackney Wick Station	1336	Then every 10 minutes until		1506	1515	1524	1534	1544	1554	1604	1613	1623	1634	1644			Then every 10 minutes until	1724	1734
Old Ford Parnell Road	1341			1511	1520	1529	1539	1549	1559	1609	1618	1628	1639	1649				1729	1739
Bow Church	1346			1516	1525	1534	1544	1554	1604	1614	1623	1633	1644	1654				1734	1744
Stratford Bus Station	1354			1524	1533	1543	1553	1603	1613	1623	1632	1642	1653	1703				1743	1753
West Ham Station	1403			1533	1543	1553	1603	1613	1623	1633	1643	1653	1704	1714				1754	1804
Canning Town Barking Rd./Hermit Rd.	1411			1541	1551	1601	1611	1621	1631	1641	1651	1701	1712	1722				1802	1812
Plaistow Greengate	1420			1550	1600	1610	1620	1630	1640	1650	1700	1710	1721	1731				1811	1821
Newham Hospital Main Entrance	1427			1557	1607	1617	1627	1637	1647	1657	1707	1717	1728	1738				1818	1827
Newham Hospital Gateway Centre	1428			1558	1608	1618	1628	1638	1648	1658	1708	1718	1729	1739				1819	1828
Stoke Newington Common	1708		1718	1728	1738	1748	1758	1808	1819	1830	1841	1851	1901	1913	1925	1940		1955	2010
Amhurst Road Shacklewell Lane	1714	1724	1734	1744	1754	1804	1814	1825	1836	1846	1856	1906	1918	1930	1944	1959	2014	2029	
Hackney Central Station Amhurst Rd.	1720	1730	1740	1750	1800	1810	1820	1831	1841	1851	1901	1911	1923	1934	1948	2003	2018	2033	
Homerton Hospital Homerton Grove	1731	1741	1751	1801	1811	1821	1830	1839	1849	1859	1909	1919	1931	1941	1955	2010	2025	2040	
Hackney Wick Trowbridge Estate	1741	1751	1801	1811	1821	1830	1838	1847	1857	1907	1917	1927	1938	1948	2002	2017	2032	2047	
Hackney Wick Station	1744	1754	1804	1814	1824	1832	1840	1849	1859	1909	1919	1929	1940	1950	2004	2019	2034	2049	
Old Ford Parnell Road	1749	1759	1809	1819	1829	1837	1845	1854	1904	1914	1924	1934	1944	1954	2008	2023	2038	2053	
Bow Church	1754	1804	1814	1824	1833	1841	1849	1858	1908	1918	1928	1938	1948	1958	2012	2027	2042	2057	
Stratford Bus Station	1803	1813	1823	1833	1841	1849	1857	1906	1916	1926	1935	1944	1954	2004	2018	2033	2048	2103	
West Ham Station	1814	1824	1834	1843	1851	1859	1907	1916	1926	1935	1943	1952	2002	2012	2026	2041	2056	2110	
Canning Town Barking Rd./Hermit Rd.	1822	1832	1840	1849	1857	1905	1913	1922	1932	1940	1948	1957	2007	2017	2031	2046	2101	2115	
Plaistow Greengate	1830	1838	1846	1855	1903	1911	1919	1928	1937	1945	1953	2002	2012	2022	2036	2051	2106	2120	
Newham Hospital Main Entrance	1835	1843	1851	1900	1908	1916	1924	1932	1941	1949	1957	2006	2016	2026	2040	2055	2109	2123	
Newham Hospital Gateway Centre	1836	1844	1852	1901	1909	1917	1925	1933	1942	1950	1958	2007	2017	2027	2041	2056	2110	2124	

276 Mondays to Fridays (cont.)

Stoke Newington Common	2045	2105	2125	2145		2325	2345	0005	0025	0045	0105
Amhurst Road Shacklewell Lane	2049	2109	2129	2148		2328	2348	0008	0028	0048	0108
Hackney Central Station Amhurst Rd.	2053	2112	2132	2151		2331	2351	0011	0031	0051	0111
Homerton Hospital Homerton Grove	2100	2119	2138	2157		2337	2357	0016	0036	0056	0116
Hackney Wick Trowbridge Estate	2106	2125	2143	2202		2342	0002	0020	0040	0100	0120
Hackney Wick Station	2108	2127	2145	2204	Then	2344	0004	0022	0042	0102	0122
Old Ford Parnell Road	2112	2131	2149	2208	every 20	2348	0007	0025	0045	0105	0125
Bow Church	2116	2135	2153	2212	minutes	2352	0010	0028	0048	0108	0128
Stratford Bus Station	2122	2141	2159	2218	until	2358	0016	0034	0054	0114	0134
West Ham Station	2129	2148	2206	2225		0005	0022	0040	0100	0120	0140
Canning Town Barking Rd./Hermit Rd.	2134	2153	2211	2230		0010	0027	0045	0105	0125	0145
Plaistow Greengate	2139	2158	2216	2235		0015	0032	0050	0110	0130	0150
Newham Hospital Main Entrance	2142	2201	2219	2238		0018	0035	0053	0113	0133	0153
Newham Hospital Gateway Centre	2143	2202	2220	2239		0019	0036	0054	0114	0134	0154

276 Saturdays (also Good Friday)

Stoke Newington Common	0430		0550	0610	0630	0650	0710	0725	0740	0755	0809	0824	0839	0850	0900	0909	0919
Amhurst Road Shacklewell Lane	0433		0553	0613	0633	0653	0713	0728	0743	0758	0813	0828	0843	0854	0904	0913	0923
Hackney Central Station Amhurst Rd.	0436		0556	0616	0636	0656	0716	0731	0746	0801	0816	0831	0846	0857	0907	0916	0926
Homerton Hospital Homerton Grove	0441		0601	0621	0641	0701	0721	0736	0751	0806	0821	0836	0851	0902	0912	0921	0931
Hackney Wick Trowbridge Estate	0445		0605	0625	0645	0705	0725	0740	0755	0810	0825	0840	0855	0906	0917	0927	0938
Hackney Wick Station	0447	Then	0607	0627	0647	0707	0727	0742	0757	0812	0827	0842	0857	0908	0919	0929	0940
Old Ford Parnell Road	0450	every 20	0610	0630	0651	0711	0731	0746	0801	0817	0832	0847	0902	0913	0924	0934	0945
Bow Church	0453	minutes	0613	0633	0654	0714	0734	0749	0804	0820	0835	0850	0905	0916	0927	0938	0950
Stratford Bus Station	0459	until	0619	0640	0701	0721	0741	0756	0812	0828	0843	0858	0913	0924	0935	0946	0958
West Ham Station	0505		0625	0647	0708	0728	0749	0804	0820	0836	0851	0906	0921	0932	0944	0956	1008
Canning Town Barking Rd./Hermit Rd.	0510		0630	0652	0713	0733	0754	0809	0825	0841	0856	0911	0926	0938	0950	1002	1014
Plaistow Greengate	0515		0635	0657	0718	0738	0759	0814	0830	0846	0901	0916	0931	0944	0956	1008	1020
Newham Hospital Main Entrance	0518		0638	0700	0721	0741	0802	0818	0834	0850	0905	0920	0935	0948	1000	1012	1024
Newham Hospital Gateway Centre	0519		0639	0701	0722	0742	0803	0819	0835	0851	0906	0921	0936	0949	1001	1013	1025

Stoke Newington Common	0928	0938		1250	1302	1314	1326	1338	1350		1750	1802	1814	1826	1838	1853
Amhurst Road Shacklewell Lane	0933	0943		1255	1307	1319	1331	1343	1355		1755	1807	1819	1831	1843	1858
Hackney Central Station Amhurst Rd.	0937	0947		1259	1311	1323	1335	1347	1359		1759	1811	1823	1835	1847	1902
Homerton Hospital Homerton Grove	0943	0954		1306	1318	1330	1342	1354	1406		1806	1818	1830	1842	1854	1909
Hackney Wick Trowbridge Estate	0950	1002		1314	1326	1338	1350	1402	1415		1815	1827	1839	1851	1903	1917
Hackney Wick Station	0952	1004	Then	1316	1328	1340	1352	1404	1417	Then	1817	1829	1841	1853	1905	1919
Old Ford Parnell Road	0957	1009	every 12	1321	1333	1345	1357	1409	1422	minutes	1822	1834	1846	1858	1910	1924
Bow Church	1002	1014	until	1326	1338	1350	1402	1414	1427	until	1827	1839	1851	1903	1914	1928
Stratford Bus Station	1010	1022		1334	1346	1358	1410	1422	1435		1835	1847	1859	1910	1921	1935
West Ham Station	1020	1032		1344	1356	1408	1420	1432	1445		1845	1857	1909	1920	1931	1944
Canning Town Barking Rd./Hermit Rd.	1026	1038		1350	1402	1414	1426	1438	1451		1851	1903	1915	1926	1937	1950
Plaistow Greengate	1032	1044		1356	1409	1421	1433	1445	1458		1858	1909	1921	1932	1943	1956
Newham Hospital Main Entrance	1036	1048		1401	1415	1427	1439	1451	1504		1904	1914	1926	1936	1947	2000
Newham Hospital Gateway Centre	1037	1049		1402	1416	1428	1440	1452	1505		1905	1915	1927	1937	1948	2001

Stoke Newington Common	1909	1925	1940	1955	2010	2025	2045	2105	2125		2325	2345	0005	0025	0045	0105
Amhurst Road Shacklewell Lane	1913	1929	1944	1959	2014	2029	2049	2108	2128		2328	2348	0008	0028	0048	0108
Hackney Central Station Amhurst Rd.	1917	1933	1948	2003	2018	2033	2053	2111	2131		2331	2351	0011	0031	0051	0111
Homerton Hospital Homerton Grove	1924	1940	1955	2010	2025	2040	2100	2117	2137		2337	2357	0016	0036	0056	0116
Hackney Wick Trowbridge Estate	1932	1947	2002	2017	2032	2047	2106	2123	2142		2342	0002	0020	0040	0100	0120
Hackney Wick Station	1934	1949	2004	2019	2034	2049	2108	2125	2144	Then	2344	0004	0022	0042	0102	0122
Old Ford Parnell Road	1939	1954	2009	2024	2039	2053	2112	2129	2148	every 20	2348	0007	0025	0045	0105	0125
Bow Church	1943	1958	2013	2028	2043	2057	2116	2133	2152	minutes	2352	0010	0028	0048	0108	0128
Stratford Bus Station	1949	2004	2019	2034	2049	2103	2122	2139	2158	until	2358	0016	0034	0054	0114	0134
West Ham Station	1958	2012	2027	2042	2057	2110	2129	2146	2205		0005	0022	0040	0100	0120	0140
Canning Town Barking Rd./Hermit Rd.	2004	2018	2033	2048	2103	2115	2134	2151	2210		0010	0027	0045	0105	0125	0145
Plaistow Greengate	2010	2024	2039	2054	2108	2120	2139	2156	2215		0015	0032	0050	0110	0130	0150
Newham Hospital Main Entrance	2014	2028	2043	2058	2111	2123	2142	2159	2218		0018	0035	0053	0113	0133	0153
Newham Hospital Gateway Centre	2015	2029	2044	2059	2112	2124	2143	2200	2219		0019	0036	0054	0114	0134	0154

Stoke Newington Common	0550	0610	0630	0650	0710	0730	0750	0810	0825	0840	0855	0910	0924	0937	0950	1003	1017	1031
Amhurst Road Shacklewell Lane	0553	0613	0633	0653	0713	0733	0753	0813	0828	0843	0858	0913	0927	0941	0954	1007	1021	1035
Hackney Central Station Amhurst Rd.	0556	0616	0636	0656	0716	0736	0756	0816	0831	0846	0901	0916	0930	0945	0958	1011	1025	1039
Homerton Hospital Homerton Grove	0601	0621	0641	0701	0721	0741	0801	0822	0837	0852	0907	0922	0937	0952	1005	1018	1032	1047
Hackney Wick Trowbridge Estate	0605	0625	0645	0705	0725	0745	0806	0827	0842	0857	0912	0928	0943	0958	1011	1024	1038	1053
Hackney Wick Station	0607	0627	0647	0707	0727	0747	0808	0829	0844	0859	0914	0930	0945	1000	1013	1026	1040	1055
Old Ford Parnell Road	0610	0630	0650	0710	0730	0750	0811	0832	0847	0902	0917	0934	0949	1004	1017	1030	1045	1100
Bow Church	0613	0633	0653	0713	0733	0753	0814	0835	0850	0905	0921	0938	0953	1008	1021	1034	1049	1104
Stratford Bus Station	0619	0639	0659	0719	0739	0759	0821	0842	0857	0912	0928	0945	1000	1015	1028	1041	1056	1111
West Ham Station	0625	0645	0705	0725	0745	0806	0828	0849	0904	0919	0935	0952	1007	1022	1036	1051	1106	1121
Canning Town Barking Rd./Hermit Rd.	0630	0650	0710	0730	0750	0812	0834	0855	0910	0925	0941	0958	1013	1028	1043	1058	1113	1128
Plaistow Greengate	0635	0655	0715	0735	0755	0817	0839	0900	0915	0931	0947	1004	1019	1034	1049	1104	1119	1134
Newham Hospital Main Entrance	0638	0658	0718	0738	0758	0821	0843	0904	0919	0935	0951	1008	1023	1038	1053	1108	1123	1138
Newham Hospital Gateway Centre	0639	0659	0719	0739	0759	0822	0844	0905	0920	0936	0952	1009	1024	1039	1054	1109	1124	1139
Stoke Newington Common	1046			1616	1631	1646	1701	1716	1731	1746	1801	1816	1831	1846	1901	1916	1931	1946
Amhurst Road Shacklewell Lane	1050			1620	1635	1650	1705	1720	1735	1750	1805	1820	1835	1850	1904	1919	1934	1949
Hackney Central Station Amhurst Rd.	1054			1624	1639	1654	1709	1723	1738	1753	1808	1823	1838	1853	1907	1922	1937	1952
Homerton Hospital Homerton Grove	1102			1632	1647	1702	1717	1730	1745	1800	1815	1830	1845	1900	1913	1928	1943	1958
Hackney Wick Trowbridge Estate	1108			1638	1653	1708	1723	1736	1751	1806	1821	1836	1851	1906	1919	1934	1949	2004
Hackney Wick Station	1110	Then		1640	1655	1710	1725	1738	1753	1808	1823	1838	1853	1908	1921	1936	1951	2006
Old Ford Parnell Road	1115	every 15		1645	1700	1715	1730	1743	1758	1813	1828	1843	1858	1912	1925	1940	1955	2010
Bow Church	1119	minutes		1649	1704	1719	1734	1747	1802	1817	1832	1847	1902	1916	1929	1944	1959	2014
Stratford Bus Station	1126	until		1656	1711	1726	1741	1754	1809	1824	1839	1854	1908	1922	1935	1950	2005	2020
West Ham Station	1136			1706	1721	1735	1750	1803	1818	1833	1848	1903	1916	1930	1943	1958	2013	2028
Canning Town Barking Rd./Hermit Rd.	1143			1713	1727	1741	1756	1809	1824	1839	1854	1909	1922	1936	1949	2004	2019	2034
Plaistow Greengate	1149			1719	1732	1746	1801	1814	1829	1844	1859	1914	1927	1941	1954	2009	2024	2039
Newham Hospital Main Entrance	1153			1723	1736	1750	1805	1818	1833	1848	1903	1918	1931	1945	1958	2013	2028	2043
Newham Hospital Gateway Centre	1154			1724	1737	1751	1806	1819	1834	1849	1904	1919	1932	1946	1959	2014	2029	2044
Stoke Newington Common	2005	2025	2045	2105					2325	2345	0005	0025	0045	0105				
Amhurst Road Shacklewell Lane	2008	2028	2048	2108					2328	2348	0008	0028	0048	0108				
Hackney Central Station Amhurst Rd.	2011	2031	2051	2111					2331	2351	0011	0031	0051	0111				
Homerton Hospital Homerton Grove	2017	2037	2057	2117					2337	2357	0016	0036	0056	0116				
Hackney Wick Trowbridge Estate	2023	2043	2103	2122					2342	0002	0020	0040	0100	0120				
Hackney Wick Station	2025	2045	2105	2124				Then	2344	0004	0022	0042	0102	0122				
Old Ford Parnell Road	2029	2049	2109	2128				every 20	2348	0007	0025	0045	0105	0125				
Bow Church	2033	2053	2113	2132				minutes	2352	0010	0028	0048	0108	0128				
Stratford Bus Station	2039	2059	2119	2138				until	2358	0016	0034	0054	0114	0134				
West Ham Station	2047	2107	2126	2145					0005	0022	0040	0100	0120	0140				
Canning Town Barking Rd./Hermit Rd.	2053	2112	2131	2150					0010	0027	0045	0105	0125	0145				
Plaistow Greengate	2058	2117	2136	2155					0015	0032	0050	0110	0130	0150				
Newham Hospital Main Entrance	2102	2120	2139	2158					0018	0035	0053	0113	0133	0153				
Newham Hospital Gateway Centre	2103	2121	2140	2159					0019	0036	0054	0114	0134	0154				

276	Mondays to Fridays																	
Newham Hospital Gateway Centre	0445	0505	0525	0537	0549	0601	0611	0617	0624	0631	0638	0646	0654	0702	0709	0717		0757
Newham Hospital Main Entrance	0446	0506	0526	0538	0550	0602	0612	0618	0625	0632	0639	0647	0655	0703	0710	0718		0758
Plaistow Greengate	0449	0509	0529	0541	0553	0605	0615	0621	0628	0635	0642	0650	0658	0707	0716	0726		0806
Canning Town Barking Rd./Hermit Rd.	0452	0512	0532	0544	0556	0608	0618	0625	0632	0640	0647	0655	0703	0712	0722	0732		0812
West Ham Station	0458	0518	0538	0550	0602	0614	0624	0631	0638	0646	0654	0702	0711	0720	0730	0740	Then	0820
Stratford Broadway West Ham Lane	0503	0523	0543	0555	0607	0619	0629	0637	0644	0653	0701	0709	0718	0728	0738	0748	every	0828
Bow Church	0509	0529	0549	0601	0613	0625	0635	0644	0651	0700	0709	0717	0727	0737	0747	0757	10	0837
Old Ford Parnell Road	0512	0532	0552	0604	0616	0628	0638	0647	0655	0705	0714	0723	0733	0743	0753	0803	mins.	0843
Hackney Wick Station	0515	0535	0555	0607	0619	0631	0642	0652	0700	0710	0719	0729	0739	0749	0759	0809	until	0849
Hackney Wick Trowbridge Estate	0517	0537	0557	0609	0621	0633	0644	0654	0702	0712	0721	0731	0741	0751	0801	0811		0851
Homerton Hospital Homerton Grove	0521	0541	0601	0614	0626	0639	0651	0703	0713	0723	0733	0743	0753	0803	0813	0823		0903
Hackney Central Station Amhurst Rd.	0526	0546	0606	0619	0631	0645	0658	0711	0722	0733	0743	0753	0803	0813	0823	0833		0913
Amhurst Road Shacklewell Lane	0530	0550	0610	0623	0636	0650	0703	0716	0728	0739	0749	0759	0809	0819	0829	0839		0919
Stoke Newington Common	0535	0555	0615	0628	0642	0656	0709	0722	0734	0745	0755	0805	0815	0825	0835	0845		0925
Newham Hospital Gateway Centre	0807	0817	0827	0837	0847	0857	0907	0917	0927	0938		1138	1148		1258	1308		
Newham Hospital Main Entrance	0808	0818	0828	0838	0848	0858	0908	0918	0928	0939		1139	1149		1259	1309		
Plaistow Greengate	0816	0826	0836	0846	0856	0906	0916	0926	0936	0946		1146	1156		1306	1317		
Canning Town Barking Rd./Hermit Rd.	0822	0832	0842	0852	0902	0912	0922	0932	0942	0952		1152	1202		1312	1323		
West Ham Station	0830	0840	0850	0900	0910	0920	0930	0939	0949	0959		1159	1209		1319	1330		
Stratford Broadway West Ham Lane	0838	0848	0858	0908	0918	0928	0938	0947	0957	1007	Then	1207	1217	Then	1327	1338		
Bow Church	0847	0857	0907	0917	0927	0937	0947	0956	1006	1016	every 10	1216	1226	every 10	1336	1347		
Old Ford Parnell Road	0853	0903	0913	0923	0933	0942	0952	1001	1011	1021	minutes	1221	1231	minutes	1341	1352		
Hackney Wick Station	0859	0909	0919	0928	0937	0946	0956	1005	1015	1025	until	1225	1235	until	1345	1356		
Hackney Wick Trowbridge Estate	0901	0911	0921	0930	0939	0948	0958	1007	1017	1027		1227	1237		1347	1358		
Homerton Hospital Homerton Grove	0913	0922	0930	0938	0947	0956	1006	1015	1025	1035		1235	1245		1355	1406		
Hackney Central Station Amhurst Rd.	0923	0932	0939	0947	0956	1005	1015	1024	1034	1044		1244	1254		1404	1415		
Amhurst Road Shacklewell Lane	0929	0939	0946	0954	1003	1012	1022	1031	1041	1051		1251	1301		1411	1422		
Stoke Newington Common	0936	0946	0953	1001	1010	1019	1029	1038	1048	1058		1258	1309		1419	1430		
Newham Hospital Gateway Centre	1318	1328	1338	1347	1357	1407	1416		1706	1716	1726	1736	1746	1756	1806	1816	1826	
Newham Hospital Main Entrance	1319	1329	1339	1348	1358	1408	1417		1707	1717	1727	1737	1747	1757	1807	1817	1827	
Plaistow Greengate	1327	1337	1347	1356	1406	1416	1425		1715	1725	1735	1745	1755	1805	1815	1825	1835	
Canning Town Barking Rd./Hermit Rd.	1333	1343	1353	1402	1412	1422	1431		1721	1731	1741	1751	1801	1811	1821	1831	1840	
West Ham Station	1340	1350	1400	1409	1419	1429	1439		1729	1739	1749	1759	1809	1819	1829	1839	1848	
Stratford Broadway West Ham Lane	1348	1358	1408	1417	1427	1437	1447	Then	1737	1747	1757	1807	1817	1827	1837	1846	1855	
Bow Church	1357	1407	1417	1426	1436	1446	1456	every 10	1746	1756	1806	1816	1826	1836	1845	1854	1903	
Old Ford Parnell Road	1402	1412	1422	1431	1441	1451	1501	minutes	1751	1801	1811	1821	1831	1841	1850	1859	1908	
Hackney Wick Station	1406	1416	1426	1436	1446	1456	1506	until	1756	1806	1816	1826	1835	1845	1854	1903	1912	
Hackney Wick Trowbridge Estate	1408	1418	1428	1438	1448	1458	1508		1758	1808	1818	1828	1837	1847	1856	1905	1914	
Homerton Hospital Homerton Grove	1416	1426	1437	1448	1458	1508	1518		1808	1818	1828	1837	1845	1855	1904	1913	1922	
Hackney Central Station Amhurst Rd.	1425	1435	1446	1457	1507	1517	1527		1817	1827	1837	1845	1853	1903	1912	1921	1930	
Amhurst Road Shacklewell Lane	1432	1442	1453	1504	1514	1524	1534		1824	1834	1844	1852	1900	1910	1919	1928	1937	
Stoke Newington Common	1440	1450	1501	1512	1522	1532	1542		1832	1841	1851	1859	1907	1917	1926	1935	1944	
Newham Hospital Gateway Centre	1838	1850	1902	1914	1926	1941	1956	2011	2031	2050	2110	2129	2148	2207	2225	2245		0105
Newham Hospital Main Entrance	1839	1851	1903	1915	1927	1942	1957	2012	2032	2051	2111	2130	2149	2208	2226	2246		0106
Plaistow Greengate	1847	1859	1911	1923	1934	1948	2003	2018	2038	2056	2115	2134	2153	2212	2230	2249		0109
Canning Town Barking Rd./Hermit Rd.	1852	1904	1916	1928	1938	1952	2007	2022	2042	2100	2119	2138	2157	2216	2233	2252		0112
West Ham Station	1900	1912	1924	1936	1946	2000	2015	2030	2050	2108	2126	2145	2204	2223	2239	2258	Then	0118
Stratford Broadway West Ham Lane	1907	1919	1931	1942	1952	2006	2021	2036	2056	2113	2131	2150	2209	2228	2244	2303	every	0123
Bow Church	1915	1927	1938	1949	1959	2013	2028	2043	2103	2119	2137	2156	2215	2234	2250	2309	20	0129
Old Ford Parnell Road	1920	1932	1943	1954	2004	2018	2033	2048	2108	2123	2141	2200	2219	2237	2253	2312	mins.	0132
Hackney Wick Station	1924	1935	1946	1957	2007	2021	2036	2051	2111	2126	2144	2203	2222	2240	2256	2315	until	0135
Hackney Wick Trowbridge Estate	1926	1937	1948	1959	2009	2023	2038	2053	2113	2128	2146	2205	2224	2242	2258	2317		0137
Homerton Hospital Homerton Grove	1933	1943	1954	2005	2015	2029	2044	2059	2118	2133	2151	2210	2229	2246	2302	2321		0141
Hackney Central Station Amhurst Rd.	1941	1951	2002	2013	2023	2037	2052	2106	2124	2139	2157	2216	2235	2251	2307	2326		0146
Amhurst Road Shacklewell Lane	1948	1958	2009	2020	2030	2044	2058	2111	2129	2144	2202	2221	2239	2255	2311	2330		0150
Stoke Newington Common	1955	2005	2016	2027	2037	2051	2104	2116	2134	2149	2207	2226	2244	2300	2316	2335		0155

Newham Hospital Gateway Centre	0445	0505	0525	0545	0605	0620	0635	0650	0705	0720	0733	0748	0802	0818	0830	0842	0852	0903		
Newham Hospital Main Entrance	0446	0506	0526	0546	0606	0621	0636	0651	0706	0721	0734	0749	0803	0819	0831	0843	0853	0904		
Plaistow Greengate	0449	0509	0529	0549	0609	0624	0639	0654	0709	0724	0737	0752	0807	0823	0835	0847	0857	0908		
Canning Town Barking Rd./Hermit Rd.	0452	0512	0532	0552	0612	0627	0642	0657	0712	0727	0741	0756	0812	0828	0840	0852	0902	0913		
West Ham Station	0458	0518	0538	0558	0618	0633	0649	0704	0719	0734	0749	0804	0820	0836	0848	0900	0910	0921		
Stratford Broadway West Ham Lane	0503	0523	0543	0603	0623	0638	0654	0709	0724	0739	0754	0810	0826	0842	0854	0906	0916	0927		
Bow Church	0509	0529	0549	0609	0629	0644	0700	0715	0730	0745	0800	0817	0833	0849	0901	0913	0923	0934		
Old Ford Parnell Road	0512	0532	0552	0612	0632	0647	0703	0718	0733	0749	0805	0822	0838	0854	0906	0918	0928	0940		
Hackney Wick Station	0515	0535	0555	0615	0635	0650	0706	0721	0736	0752	0809	0826	0842	0858	0910	0922	0932	0944		
Hackney Wick Trowbridge Estate	0517	0537	0557	0617	0637	0652	0708	0723	0738	0754	0811	0828	0844	0900	0912	0924	0934	0946		
Homerton Hospital Homerton Grove	0521	0541	0601	0622	0643	0658	0714	0729	0744	0800	0817	0834	0850	0906	0918	0930	0942	0954		
Hackney Central Station Amhurst Rd.	0526	0546	0606	0627	0648	0703	0719	0734	0750	0806	0824	0841	0857	0913	0925	0938	0950	1002		
Amhurst Road Shacklewell Lane	0530	0550	0610	0631	0652	0707	0723	0738	0754	0811	0829	0846	0902	0918	0931	0945	0958	1010		
Stoke Newington Common	0535	0555	0615	0636	0657	0712	0728	0743	0759	0817	0835	0852	0908	0924	0938	0952	1005	1017		
Newham Hospital Gateway Centre	0913	0924	0934	0944					1256	1308	1320	1332	1344	1356	1408			1744	1756	1810
Newham Hospital Main Entrance	0914	0925	0935	0945					1257	1309	1321	1333	1345	1357	1409			1745	1757	1811
Plaistow Greengate	0918	0930	0941	0952					1304	1316	1328	1340	1352	1404	1417			1753	1805	1819
Canning Town Barking Rd./Hermit Rd.	0923	0935	0946	0958					1310	1322	1334	1346	1358	1410	1423			1759	1811	1825
West Ham Station	0931	0943	0954	1006					1318	1330	1342	1354	1406	1418	1431			1807	1819	1833
Stratford Broadway West Ham Lane	0938	0950	1002	1014					1326	1338	1350	1402	1415	1427	1440			1816	1828	1842
Bow Church	0946	0958	1010	1022					1334	1346	1358	1410	1423	1435	1448			1824	1836	1850
Old Ford Parnell Road	0952	1004	1016	1028					1340	1352	1404	1416	1429	1441	1454			1830	1842	1856
Hackney Wick Station	0956	1008	1020	1032					1344	1356	1408	1420	1433	1445	1458			1834	1846	1900
Hackney Wick Trowbridge Estate	0958	1010	1022	1034					1346	1358	1410	1422	1435	1447	1500			1836	1848	1902
Homerton Hospital Homerton Grove	1006	1018	1030	1042					1354	1406	1418	1430	1443	1455	1508			1844	1856	1909
Hackney Central Station Amhurst Rd.	1014	1026	1038	1050					1402	1415	1427	1439	1452	1504	1517			1853	1905	1917
Amhurst Road Shacklewell Lane	1022	1034	1046	1058					1410	1423	1435	1447	1500	1512	1525			1901	1912	1924
Stoke Newington Common	1029	1041	1053	1105					1417	1430	1442	1454	1507	1519	1532			1908	1919	1931
Newham Hospital Gateway Centre	1825	1840	1855	1910	1925	1940	1955	2010	2030	2050	2110	2129	2148	2207	2225	2245				0105
Newham Hospital Main Entrance	1826	1841	1856	1911	1926	1941	1956	2011	2031	2051	2111	2130	2149	2208	2226	2246				0106
Plaistow Greengate	1834	1849	1903	1917	1932	1946	2001	2016	2036	2056	2115	2134	2153	2212	2230	2249				0109
Canning Town Barking Rd./Hermit Rd.	1840	1855	1908	1922	1937	1951	2005	2020	2040	2100	2119	2138	2157	2216	2233	2252				0112
West Ham Station	1848	1903	1916	1930	1945	1959	2013	2028	2048	2108	2126	2145	2204	2223	2239	2258			Then	0118
Stratford Broadway West Ham Lane	1857	1911	1924	1937	1952	2006	2019	2034	2054	2113	2131	2150	2209	2228	2244	2303			every	0123
Bow Church	1905	1918	1931	1944	1959	2013	2026	2041	2101	2119	2137	2156	2215	2234	2250	2309			20	0129
Old Ford Parnell Road	1910	1923	1936	1949	2004	2018	2031	2046	2106	2123	2141	2200	2219	2237	2253	2312			mins.	0132
Hackney Wick Station	1914	1927	1939	1952	2007	2021	2034	2049	2109	2126	2144	2203	2222	2240	2256	2315			until	0135
Hackney Wick Trowbridge Estate	1916	1929	1941	1954	2009	2023	2036	2051	2111	2128	2146	2205	2224	2242	2258	2317				0137
Homerton Hospital Homerton Grove	1923	1936	1947	2000	2015	2029	2042	2057	2116	2133	2151	2210	2229	2246	2302	2321				0141
Hackney Central Station Amhurst Rd.	1931	1943	1954	2007	2022	2036	2049	2104	2122	2139	2157	2216	2235	2251	2307	2326				0146
Amhurst Road Shacklewell Lane	1938	1950	2001	2013	2028	2042	2055	2109	2127	2144	2202	2221	2239	2255	2311	2330				0150
Stoke Newington Common	1944	1956	2007	2019	2034	2048	2101	2114	2132	2149	2207	2226	2244	2300	2316	2335				0155

Newham Hospital Gateway Centre	0555	0615	0635	0655	0715	0735	0755	0815	0835	0850	0902	0917	0931	0945	0959	1011	1023	1035
Newham Hospital Main Entrance	0556	0616	0636	0656	0716	0736	0756	0816	0836	0851	0903	0918	0932	0946	1000	1012	1024	1036
Plaistow Greengate	0559	0619	0639	0659	0719	0739	0759	0819	0839	0854	0906	0921	0935	0949	1003	1016	1029	1042
Canning Town Barking Rd./Hermit Rd.	0602	0622	0642	0702	0722	0742	0804	0824	0844	0859	0911	0926	0940	0954	1008	1021	1034	1049
West Ham Station	0608	0628	0648	0708	0728	0748	0810	0830	0850	0905	0917	0932	0946	1000	1015	1028	1042	1057
Stratford Broadway West Ham Lane	0613	0633	0653	0713	0733	0754	0816	0836	0856	0911	0923	0938	0952	1006	1021	1034	1049	1104
Bow Church	0619	0639	0659	0719	0739	0800	0822	0842	0902	0917	0929	0944	0958	1012	1027	1041	1056	1111
Old Ford Parnell Road	0622	0642	0702	0722	0742	0803	0825	0845	0905	0920	0932	0947	1001	1016	1031	1046	1101	1116
Hackney Wick Station	0625	0645	0705	0725	0745	0806	0828	0848	0908	0923	0936	0951	1005	1020	1035	1050	1105	1120
Hackney Wick Trowbridge Estate	0627	0647	0707	0727	0747	0808	0830	0850	0910	0925	0938	0953	1007	1022	1037	1052	1107	1122
Homerton Hospital Homerton Grove	0631	0651	0711	0731	0752	0814	0836	0856	0916	0931	0944	0959	1014	1029	1044	1059	1114	1129
Hackney Central Station Amhurst Rd.	0636	0656	0716	0736	0757	0820	0842	0902	0922	0937	0951	1006	1021	1037	1053	1108	1123	1138
Amhurst Road Shacklewell Lane	0640	0700	0720	0740	0802	0825	0847	0907	0927	0942	0956	1012	1028	1045	1101	1116	1131	1146
Stoke Newington Common	0645	0705	0725	0745	0807	0830	0852	0912	0932	0947	1002	1018	1035	1052	1108	1123	1138	1153
Newham Hospital Gateway Centre	1050			1635	1650	1705	1720	1735	1750	1805	1820	1835	1850	1910	1930	1950	2010	2030
Newham Hospital Main Entrance	1051			1636	1651	1706	1721	1736	1751	1806	1821	1836	1851	1911	1931	1951	2011	2031
Plaistow Greengate	1057			1642	1657	1712	1727	1742	1757	1812	1827	1842	1857	1916	1936	1955	2015	2035
Canning Town Barking Rd./Hermit Rd.	1104			1649	1703	1717	1732	1747	1802	1817	1832	1847	1902	1920	1940	1959	2019	2039
West Ham Station	1112			1657	1710	1724	1739	1754	1809	1824	1839	1854	1909	1927	1947	2006	2026	2046
Stratford Broadway West Ham Lane	1119	Then		1704	1717	1731	1746	1801	1816	1831	1846	1901	1915	1933	1953	2012	2032	2052
Bow Church	1126	every 15		1711	1724	1738	1753	1808	1823	1838	1853	1907	1921	1939	1959	2018	2038	2058
Old Ford Parnell Road	1131	minutes		1716	1729	1743	1758	1813	1828	1843	1858	1911	1925	1943	2003	2022	2042	2102
Hackney Wick Station	1135	until		1720	1733	1747	1802	1817	1832	1847	1902	1914	1928	1946	2006	2025	2045	2105
Hackney Wick Trowbridge Estate	1137			1722	1735	1749	1804	1819	1834	1849	1904	1916	1930	1948	2008	2027	2047	2107
Homerton Hospital Homerton Grove	1144			1729	1742	1756	1811	1826	1841	1856	1910	1922	1936	1954	2014	2033	2053	2112
Hackney Central Station Amhurst Rd.	1153			1738	1751	1805	1820	1835	1850	1905	1918	1930	1943	2001	2021	2040	2100	2118
Amhurst Road Shacklewell Lane	1201			1746	1759	1813	1828	1843	1858	1912	1925	1936	1949	2007	2027	2046	2106	2123
Stoke Newington Common	1208			1753	1806	1820	1835	1850	1905	1918	1931	1942	1955	2013	2033	2052	2111	2128
Newham Hospital Gateway Centre	2050	2110	2129	2148	2207	2225	2245											0105
Newham Hospital Main Entrance	2051	2111	2130	2149	2208	2226	2246											0106
Plaistow Greengate	2055	2115	2134	2153	2212	2230	2249											0109
Canning Town Barking Rd./Hermit Rd.	2059	2119	2138	2157	2216	2233	2252											0112
West Ham Station	2106	2126	2145	2204	2223	2239	2258											0118
Stratford Broadway West Ham Lane	2111	2131	2150	2209	2228	2244	2303	Then										0123
Bow Church	2117	2137	2156	2215	2234	2250	2309	every 20										0129
Old Ford Parnell Road	2121	2141	2200	2219	2237	2253	2312	minutes										0132
Hackney Wick Station	2124	2144	2203	2222	2240	2256	2315	until										0135
Hackney Wick Trowbridge Estate	2126	2146	2205	2224	2242	2258	2317											0137
Homerton Hospital Homerton Grove	2131	2151	2210	2229	2246	2302	2321											0141
Hackney Central Station Amhurst Rd.	2137	2157	2216	2235	2251	2307	2326											0146
Amhurst Road Shacklewell Lane	2142	2202	2221	2239	2255	2311	2330											0150
Stoke Newington Common	2147	2207	2226	2244	2300	2316	2335											0155