

276 Mondays to Fridays																	
Stoke Newington Common	0430	0450	0510	0530	0550	0602	0614	0625	0633		1901	1913	1925	1940	1955	2010	2025
Hackney Central Station Amhurst Rd.	0436	0456	0516	0536	0556	0608	0620	0631	0639		1911	1923	1934	1948	2003	2018	2033
Homerton Hospital Homerton Grove	0441	0501	0521	0541	0601	0614	0626	0637	0645	Then	1919	1931	1941	1955	2010	2025	2040
Hackney Wick Station	0447	0507	0527	0547	0608	0621	0633	0644	0652	about	1929	1940	1950	2004	2019	2034	2049
Bow Church	0453	0513	0533	0553	0615	0628	0641	0652	0700	every 10	1938	1948	1958	2012	2027	2042	2057
Stratford Bus Station	0459	0519	0539	0559	0621	0634	0648	0659	0709	minutes	1944	1954	2004	2018	2033	2048	2103
West Ham Station	0505	0525	0545	0605	0627	0641	0655	0706	0717	until	1952	2002	2012	2026	2041	2056	2110
Canning Town Barking Rd./Hermit Rd.	0510	0530	0550	0611	0633	0647	0701	0713	0725		1957	2007	2017	2031	2046	2101	2115
Plaistow Greengate	0515	0535	0555	0616	0638	0652	0706	0718	0731		2002	2012	2022	2036	2051	2106	2120
Newham Hospital Gateway Centre	0519	0539	0559	0620	0642	0656	0711	0724	0737		2007	2017	2027	2041	2056	2110	2124

Stoke Newington Common	2045	2105	2125	2145		2325	2345	0005	0025	0045	0105						
Hackney Central Station Amhurst Rd.	2053	2112	2132	2151		2331	2351	0011	0031	0051	0111						
Homerton Hospital Homerton Grove	2100	2119	2138	2157		2337	2357	0016	0036	0056	0116						
Hackney Wick Station	2108	2127	2145	2204	Then	2344	0004	0022	0042	0102	0122						
Bow Church	2116	2135	2153	2212	every 20	2352	0010	0028	0048	0108	0128						
Stratford Bus Station	2122	2141	2159	2218	minutes	2358	0016	0034	0054	0114	0134						
West Ham Station	2129	2148	2206	2225	until	0005	0022	0040	0100	0120	0140						
Canning Town Barking Rd./Hermit Rd.	2134	2153	2211	2230		0010	0027	0045	0105	0125	0145						
Plaistow Greengate	2139	2158	2216	2235		0015	0032	0050	0110	0130	0150						
Newham Hospital Gateway Centre	2143	2202	2220	2239		0019	0036	0054	0114	0134	0154						

276 Saturdays (also Good Friday)																		
Stoke Newington Common	0430		0550	0610	0630	0650	0710	0725	0740	0755	0809	0824	0839	0850		1838	1853	1909
Hackney Central Station Amhurst Rd.	0436		0556	0616	0636	0656	0716	0731	0746	0801	0816	0831	0846	0857		1847	1902	1917
Homerton Hospital Homerton Grove	0441	Then	0601	0621	0641	0701	0721	0736	0751	0806	0821	0836	0851	0902	Then	1854	1909	1924
Hackney Wick Station	0447	every	0607	0627	0647	0707	0727	0742	0757	0812	0827	0842	0857	0908	about	1905	1919	1934
Bow Church	0453	20	0613	0633	0654	0714	0734	0749	0804	0820	0835	0850	0905	0916	every	1914	1928	1943
Stratford Bus Station	0459	mins.	0619	0640	0701	0721	0741	0756	0812	0828	0843	0858	0913	0924	12	1921	1935	1949
West Ham Station	0505	until	0625	0647	0708	0728	0749	0804	0820	0836	0851	0906	0921	0932	mins.	1931	1944	1958
Canning Town Barking Rd./Hermit Rd.	0510		0630	0652	0713	0733	0754	0809	0825	0841	0856	0911	0926	0938	until	1937	1950	2004
Plaistow Greengate	0515		0635	0657	0718	0738	0759	0814	0830	0846	0901	0916	0931	0944		1943	1956	2010
Newham Hospital Gateway Centre	0519		0639	0701	0722	0742	0803	0819	0835	0851	0906	0921	0936	0949		1948	2001	2015

276 Saturdays (also Good Friday) (cont.)													Sundays					
Stoke Newington Common	1925	1940	1955	2010	2025	2045	2105	2125		2325	2345	0005	0025	0045	0105	0550		0710
Hackney Central Station Amhurst Rd.	1933	1948	2003	2018	2033	2053	2111	2131		2331	2351	0011	0031	0051	0111	0556		0716
Homerton Hospital Homerton Grove	1940	1955	2010	2025	2040	2100	2117	2137	Then	2337	2357	0016	0036	0056	0116	0601	Then	0721
Hackney Wick Station	1949	2004	2019	2034	2049	2108	2125	2144	every	2344	0004	0022	0042	0102	0122	0607	every	0727
Bow Church	1958	2013	2028	2043	2057	2116	2133	2152	20	2352	0010	0028	0048	0108	0128	0613	20	0733
Stratford Bus Station	2004	2019	2034	2049	2103	2122	2139	2158	mins.	2358	0016	0034	0054	0114	0134	0619	mins.	0739
West Ham Station	2012	2027	2042	2057	2110	2129	2146	2205	until	0005	0022	0040	0100	0120	0140	0625	until	0745
Canning Town Barking Rd./Hermit Rd.	2018	2033	2048	2103	2115	2134	2151	2210		0010	0027	0045	0105	0125	0145	0630		0750
Plaistow Greengate	2024	2039	2054	2108	2120	2139	2156	2215		0015	0032	0050	0110	0130	0150	0635		0755
Newham Hospital Gateway Centre	2029	2044	2059	2112	2124	2143	2200	2219		0019	0036	0054	0114	0134	0154	0639		0759

276 Sundays and other Public Holidays (except Christmas Day) (cont.)																		
Stoke Newington Common	0730	0750	0810	0825	0840	0855	0910	0924	0937	0950	1003	1017	1031		1616	1631	1646	1701
Hackney Central Station Amhurst Rd.	0736	0756	0816	0831	0846	0901	0916	0930	0945	0958	1011	1025	1039		1624	1639	1654	1709
Homerton Hospital Homerton Grove	0741	0801	0822	0837	0852	0907	0922	0937	0952	1005	1018	1032	1047	Then	1632	1647	1702	1717
Hackney Wick Station	0747	0808	0829	0844	0859	0914	0930	0945	1000	1013	1026	1040	1055	every	1640	1655	1710	1725
Bow Church	0753	0814	0835	0850	0905	0921	0938	0953	1008	1021	1034	1049	1104	15	1649	1704	1719	1734
Stratford Bus Station	0759	0821	0842	0857	0912	0928	0945	1000	1015	1028	1041	1056	1111	mins.	1656	1711	1726	1741
West Ham Station	0806	0828	0849	0904	0919	0935	0952	1007	1022	1036	1051	1106	1121	until	1706	1721	1735	1750
Canning Town Barking Rd./Hermit Rd.	0812	0834	0855	0910	0925	0941	0958	1013	1028	1043	1058	1113	1128		1713	1727	1741	1756
Plaistow Greengate	0817	0839	0900	0915	0931	0947	1004	1019	1034	1049	1104	1119	1134		1719	1732	1746	1801
Newham Hospital Gateway Centre	0822	0844	0905	0920	0936	0952	1009	1024	1039	1054	1109	1124	1139		1724	1737	1751	1806

Stoke Newington Common	1716		1816	1831	1846	1901		1946	2005	2025	2045	2105		2325	2345	0005		0105
Hackney Central Station Amhurst Rd.	1723		1823	1838	1853	1907		1952	2011	2031	2051	2111		2331	2351	0011		0111
Homerton Hospital Homerton Grove	1730	Then	1830	1845	1900	1913	Then	1958	2017	2037	2057	2117	Then	2337	2357	0016	Then	0116
Hackney Wick Station	1738	every	1838	1853	1908	1921	every	2006	2025	2045	2105	2124	every	2344	0004	0022	every	0122
Bow Church	1747	15	1847	1902	1916	1929	15	2014	2033	2053	2113	2132	20	2352	0010	0028	20	0128
Stratford Bus Station	1754	mins.	1854	1908	1922	1935	mins.	2020	2039	2059	2119	2138	mins.	2358	0016	0034	mins.	0134
West Ham Station	1803	until	1903	1916	1930	1943	until	2028	2047	2107	2126	2145	until	0005	0022	0040	until	0140
Canning Town Barking Rd./Hermit Rd.	1809		1909	1922	1936	1949		2034	2053	2112	2131	2150		0010	0027	0045		0145
Plaistow Greengate	1814		1914	1927	1941	1954		2039	2058	2117	2136	2155		0015	0032	0050		0150
Newham Hospital Gateway Centre	1819		1919	1932	1946	1959		2044	2103	2121	2140	2159		0019	0036	0054		0154

276 Mondays to Fridays																				
Newham Hospital Gateway Centre	0445	0505	0525	0537	0549	0601	0611	0617			1826	1838	1850	1902	1914	1926	1941	1956		
Plaistow Greengate	0449	0509	0529	0541	0553	0605	0615	0621			1835	1847	1859	1911	1923	1934	1948	2003		
Canning Town Barking Rd./Hermit Rd.	0452	0512	0532	0544	0556	0608	0618	0625			1840	1852	1904	1916	1928	1938	1952	2007		
West Ham Station	0458	0518	0538	0550	0602	0614	0624	0631			1848	1900	1912	1924	1936	1946	2000	2015		
Stratford Broadway West Ham Lane	0503	0523	0543	0555	0607	0619	0629	0637			1855	1907	1919	1931	1942	1952	2006	2021		
Bow Church	0509	0529	0549	0601	0613	0625	0635	0644			1903	1915	1927	1938	1949	1959	2013	2028		
Hackney Wick Station	0515	0535	0555	0607	0619	0631	0642	0652			1912	1924	1935	1946	1957	2007	2021	2036		
Homerton Hospital Homerton Grove	0521	0541	0601	0614	0626	0639	0651	0703			1922	1933	1943	1954	2005	2015	2029	2044		
Hackney Central Station Amhurst Rd.	0526	0546	0606	0619	0631	0645	0658	0711			1930	1941	1951	2002	2013	2023	2037	2052		
Stoke Newington Common	0535	0555	0615	0628	0642	0656	0709	0722			1944	1955	2005	2016	2027	2037	2051	2104		
276 Mondays to Fridays (cont.)											Saturdays (also Good Friday)									
Newham Hospital Gateway Centre	2011	2031	2050	2110	2129	2148	2207	2225	2245			0105	0445	0505	0525	0545	0605	0620		
Plaistow Greengate	2018	2038	2056	2115	2134	2153	2212	2230	2249			0109	0449	0509	0529	0549	0609	0624		
Canning Town Barking Rd./Hermit Rd.	2022	2042	2100	2119	2138	2157	2216	2233	2252			0112	0452	0512	0532	0552	0612	0627		
West Ham Station	2030	2050	2108	2126	2145	2204	2223	2239	2258			0118	0458	0518	0538	0558	0618	0633		
Stratford Broadway West Ham Lane	2036	2056	2113	2131	2150	2209	2228	2244	2303			0123	0503	0523	0543	0603	0623	0638		
Bow Church	2043	2103	2119	2137	2156	2215	2234	2250	2309			0129	0509	0529	0549	0609	0629	0644		
Hackney Wick Station	2051	2111	2126	2144	2203	2222	2240	2256	2315			0135	0515	0535	0555	0615	0635	0650		
Homerton Hospital Homerton Grove	2059	2118	2133	2151	2210	2229	2246	2302	2321			0141	0521	0541	0601	0622	0643	0658		
Hackney Central Station Amhurst Rd.	2106	2124	2139	2157	2216	2235	2251	2307	2326			0146	0526	0546	0606	0627	0648	0703		
Stoke Newington Common	2116	2134	2149	2207	2226	2244	2300	2316	2335			0155	0535	0555	0615	0636	0657	0712		
276 Saturdays (also Good Friday) (cont.)											Sundays and other Public Hols									
Newham Hospital Gateway Centre	0635	0650	0705	0720	0733	0748	0802	0818			1756	1810	1825	1840	1855	1910	1925	1940		
Plaistow Greengate	0639	0654	0709	0724	0737	0752	0807	0823			1805	1819	1834	1849	1903	1917	1932	1946		
Canning Town Barking Rd./Hermit Rd.	0642	0657	0712	0727	0741	0756	0812	0828			1811	1825	1840	1855	1908	1922	1937	1951		
West Ham Station	0649	0704	0719	0734	0749	0804	0820	0836			1819	1833	1848	1903	1916	1930	1945	1959		
Stratford Broadway West Ham Lane	0654	0709	0724	0739	0754	0810	0826	0842			1828	1842	1857	1911	1924	1937	1952	2006		
Bow Church	0700	0715	0730	0745	0800	0817	0833	0849			1836	1850	1905	1918	1931	1944	1959	2013		
Hackney Wick Station	0706	0721	0736	0752	0809	0826	0842	0858			1846	1900	1914	1927	1939	1952	2007	2021		
Homerton Hospital Homerton Grove	0714	0729	0744	0800	0817	0834	0850	0906			1856	1909	1923	1936	1947	2000	2015	2029		
Hackney Central Station Amhurst Rd.	0719	0734	0750	0806	0824	0841	0857	0913			1905	1917	1931	1943	1954	2007	2022	2036		
Stoke Newington Common	0728	0743	0759	0817	0835	0852	0908	0924			1919	1931	1944	1956	2007	2019	2034	2048		
276 Saturdays (also Good Friday) (cont.)											Sundays and other Public Hols									
Newham Hospital Gateway Centre	1955	2010	2030	2050	2110	2129	2148	2207	2225	2245		0105	0555			0655	0715	0735	0755	
Plaistow Greengate	2001	2016	2036	2056	2115	2134	2153	2212	2230	2249		0109	0559			0659	0719	0739	0759	
Canning Town Barking Rd./Hermit Rd.	2005	2020	2040	2100	2119	2138	2157	2216	2233	2252		0112	0602			0702	0722	0742	0804	
West Ham Station	2013	2028	2048	2108	2126	2145	2204	2223	2239	2258		0118	0608			0708	0728	0748	0810	
Stratford Broadway West Ham Lane	2019	2034	2054	2113	2131	2150	2209	2228	2244	2303		0123	0613			0713	0733	0754	0816	
Bow Church	2026	2041	2101	2119	2137	2156	2215	2234	2250	2309		0129	0619			0719	0739	0800	0822	
Hackney Wick Station	2034	2049	2109	2126	2144	2203	2222	2240	2256	2315		0135	0625			0725	0745	0806	0828	
Homerton Hospital Homerton Grove	2042	2057	2116	2133	2151	2210	2229	2246	2302	2321		0141	0631			0731	0752	0814	0836	
Hackney Central Station Amhurst Rd.	2049	2104	2122	2139	2157	2216	2235	2251	2307	2326		0146	0636			0736	0757	0820	0842	
Stoke Newington Common	2101	2114	2132	2149	2207	2226	2244	2300	2316	2335		0155	0645			0745	0807	0830	0852	
276 Sundays and other Public Holidays (except Christmas Day) (cont.)											Sundays and other Public Hols									
Newham Hospital Gateway Centre	0815	0835	0850	0902	0917	0931	0945	0959	1011	1023	1035	1050			1635	1650	1705		1750	
Plaistow Greengate	0819	0839	0854	0906	0921	0935	0949	1003	1016	1029	1042	1057			1642	1657	1712		1757	
Canning Town Barking Rd./Hermit Rd.	0824	0844	0859	0911	0926	0940	0954	1008	1021	1034	1049	1104			1649	1703	1717		1802	
West Ham Station	0830	0850	0905	0917	0932	0946	1000	1015	1028	1042	1057	1112			1657	1710	1724		1809	
Stratford Broadway West Ham Lane	0836	0856	0911	0923	0938	0952	1006	1021	1034	1049	1104	1119			15	1704	1717	1731	15	1816
Bow Church	0842	0902	0917	0929	0944	0958	1012	1027	1041	1056	1111	1126			mins.	1711	1724	1738	mins.	1823
Hackney Wick Station	0848	0908	0923	0936	0951	1005	1020	1035	1050	1105	1120	1135			until	1720	1733	1747	until	1832
Homerton Hospital Homerton Grove	0856	0916	0931	0944	0959	1014	1029	1044	1059	1114	1129	1144				1729	1742	1756		1841
Hackney Central Station Amhurst Rd.	0902	0922	0937	0951	1006	1021	1037	1053	1108	1123	1138	1153				1738	1751	1805		1850
Stoke Newington Common	0912	0932	0947	1002	1018	1035	1052	1108	1123	1138	1153	1208				1753	1806	1820		1905
Newham Hospital Gateway Centre	1805	1820	1835	1850	1910	1930	1950	2010	2030	2050	2110	2129	2148	2207	2225	2245			0105	
Plaistow Greengate	1812	1827	1842	1857	1916	1936	1955	2015	2035	2055	2115	2134	2153	2212	2230	2249			0109	
Canning Town Barking Rd./Hermit Rd.	1817	1832	1847	1902	1920	1940	1959	2019	2039	2059	2119	2138	2157	2216	2233	2252			0112	
West Ham Station	1824	1839	1854	1909	1927	1947	2006	2026	2046	2106	2126	2145	2204	2223	2239	2258			0118	
Stratford Broadway West Ham Lane	1831	1846	1901	1915	1933	1953	2012	2032	2052	2111	2131	2150	2209	2228	2244	2303			20	0123
Bow Church	1838	1853	1907	1921	1939	1959	2018	2038	2058	2117	2137	2156	2215	2234	2250	2309			mins.	0129
Hackney Wick Station	1847	1902	1914	1928	1946	2006	2025	2045	2105	2124	2144	2203	2222	2240	2256	2315			until	0135
Homerton Hospital Homerton Grove	1856	1910	1922	1936	1954	2014	2033	2053	2112	2131	2151	2210	2229	2246	2302	2321				0141
Hackney Central Station Amhurst Rd.	1905	1918	1930	1943	2001	2021	2040	2100	2118	2137	2157	2216	2235	2251	2307	2326				0146
Stoke Newington Common	1918	1931	1942	1955	2013	2033	2052	2111	2128	2147	2207	2226	2244	2300	2316	2335				0155