

276		Mondays to Fridays																					
Newham Hospital Gateway Centre	0445	0505	0525	0540	0555	0606							1830	1845	1900	1915	1930	1945	2000	2015	2030	2045	
Canning Town Barking Rd./Hermit Rd.	0453	0513	0533	0548	0604	0615							1845	1900	1915	1929	1944	1958	2013	2027	2042	2057	
West Ham Station	0458	0518	0538	0553	0609	0620							1851	1906	1921	1935	1950	2004	2018	2032	2047	2102	
Stratford Bus Station	0504	0524	0544	0559	0615	0626							1900	1915	1930	1944	1958	2012	2026	2040	2055	2110	
Bow Church	0508	0528	0548	0603	0619	0630							1906	1921	1936	1950	2004	2017	2031	2045	2100	2115	
Hackney Wick Station	0514	0534	0555	0611	0627	0639							1917	1931	1946	2000	2014	2026	2040	2054	2109	2124	
Homerton Hospital Homerton Grove	0521	0542	0603	0619	0636	0649							1928	1942	1956	2010	2023	2035	2049	2103	2118	2133	
Hackney Central Station Amhurst Rd.	0527	0548	0610	0626	0644	0658							1937	1951	2005	2019	2031	2043	2057	2111	2126	2141	
Stoke Newington Common	0537	0558	0620	0636	0654	0709							1950	2004	2018	2032	2044	2056	2110	2123	2138	2153	
Newham Hospital Gateway Centre	2105	2125	2145	2205	2225	2245	2305	2325	2345	0005	0025	0045	0105										
Canning Town Barking Rd./Hermit Rd.	2116	2135	2155	2214	2234	2254	2313	2333	2353	0012	0032	0052	0112										
West Ham Station	2121	2140	2200	2219	2239	2259	2318	2338	2358	0017	0037	0057	0117										
Stratford Bus Station	2128	2147	2207	2226	2246	2306	2324	2344	0004	0023	0043	0103	0123										
Bow Church	2133	2152	2211	2230	2250	2310	2328	2348	0008	0027	0047	0107	0127										
Hackney Wick Station	2142	2201	2219	2238	2258	2317	2335	2355	0014	0033	0053	0113	0133										
Homerton Hospital Homerton Grove	2151	2210	2227	2246	2306	2324	2342	0002	0021	0040	0100	0120	0140										
Hackney Central Station Amhurst Rd.	2159	2218	2235	2254	2313	2331	2349	0008	0027	0046	0106	0126	0146										
Stoke Newington Common	2211	2229	2246	2305	2323	2341	2359	0017	0036	0055	0115	0135	0155										
276		Saturdays (also Good Friday)																					
Newham Hospital Gateway Centre	0445		0605		0650	0705	0720	0734	0748	0802	0817		1756	1810	1825	1840	1855	1910					
Canning Town Barking Rd./Hermit Rd.	0453	Then	0613	Then	0658	0713	0728	0742	0756	0812	0827	Then	1811	1825	1840	1855	1909	1924					
West Ham Station	0458	about	0618	about	0703	0719	0734	0748	0802	0818	0833	about	1817	1831	1846	1901	1915	1930					
Stratford Bus Station	0504	every	0624	every	0709	0725	0740	0754	0809	0825	0840	every	1826	1840	1855	1910	1924	1939					
Bow Church	0508	20	0628	15	0713	0729	0744	0758	0814	0830	0845	12	1833	1847	1902	1917	1931	1946					
Hackney Wick Station	0515	mins.	0635	mins.	0720	0736	0751	0806	0823	0839	0854	mins.	1843	1857	1912	1927	1941	1956					
Homerton Hospital Homerton Grove	0521	until	0643	until	0728	0744	0759	0815	0832	0848	0903	until	1854	1908	1923	1938	1952	2007					
Hackney Central Station Amhurst Rd.	0528		0649		0735	0751	0806	0823	0840	0856	0911		1904	1918	1933	1948	2002	2017					
Stoke Newington Common	0538		0659		0745	0801	0817	0834	0851	0907	0922		1917	1931	1946	2001	2014	2029					
Newham Hospital Gateway Centre	1925	1940	1955	2010	2025	2045	2105	2125	2145	2205	2225	2245	2305	2325	2345	0005							0105
Canning Town Barking Rd./Hermit Rd.	1939	1954	2008	2022	2037	2057	2116	2136	2156	2214	2234	2254	2313	2333	2353	0013							0113
West Ham Station	1945	2000	2014	2028	2043	2103	2122	2142	2202	2220	2240	2300	2318	2338	2358	0017							Then
Stratford Bus Station	1954	2008	2022	2036	2051	2110	2129	2149	2209	2227	2247	2307	2325	2344	0004	0023							every
Bow Church	2001	2014	2028	2042	2057	2116	2135	2155	2214	2232	2252	2311	2329	2348	0008	0027							20
Hackney Wick Station	2010	2023	2037	2051	2106	2125	2144	2204	2223	2241	2301	2319	2337	2356	0016	0035							mins.
Homerton Hospital Homerton Grove	2020	2033	2047	2101	2115	2134	2153	2213	2232	2250	2310	2328	2346	0004	0024	0043							until
Hackney Central Station Amhurst Rd.	2030	2043	2057	2110	2124	2143	2202	2222	2241	2259	2318	2336	2354	0011	0031	0050							0150
Stoke Newington Common	2042	2055	2109	2122	2136	2155	2213	2233	2252	2310	2329	2347	0005	0020	0040	0059							0159
276		Sundays and other Public Holidays (except Christmas Day)																					
Newham Hospital Gateway Centre	0553	0613	0633	0652	0711	0731	0751	0811	0831	0846	0900	0915	0929	0944	0958	1012	1024	1039					
Canning Town Barking Rd./Hermit Rd.	0601	0621	0641	0700	0719	0739	0759	0819	0839	0854	0909	0924	0938	0953	1008	1022	1035	1050					
West Ham Station	0606	0626	0646	0705	0724	0744	0804	0825	0845	0900	0915	0930	0944	0959	1014	1028	1042	1057					
Stratford Bus Station	0612	0632	0652	0711	0730	0750	0811	0832	0852	0907	0922	0937	0951	1006	1021	1035	1050	1105					
Bow Church	0616	0636	0656	0715	0734	0754	0815	0836	0856	0912	0927	0942	0956	1011	1026	1040	1055	1110					
Hackney Wick Station	0622	0642	0702	0722	0741	0801	0823	0844	0905	0921	0936	0951	1005	1020	1035	1050	1105	1120					
Homerton Hospital Homerton Grove	0629	0649	0709	0729	0748	0809	0831	0852	0913	0929	0944	0959	1014	1029	1044	1059	1115	1130					
Hackney Central Station Amhurst Rd.	0635	0655	0715	0735	0754	0816	0838	0859	0920	0936	0951	1006	1021	1036	1052	1107	1124	1139					
Stoke Newington Common	0645	0705	0725	0745	0804	0827	0849	0910	0931	0947	1002	1017	1032	1049	1105	1120	1137	1152					
Newham Hospital Gateway Centre	1053	1107	1122	1136	1151	1206	1221	1236	1251	1306	1321	1336	1351	1406	1421	1436	1451	1506					
Canning Town Barking Rd./Hermit Rd.	1104	1119	1134	1148	1203	1218	1233	1248	1303	1319	1334	1349	1404	1419	1434	1449	1504	1519					
West Ham Station	1111	1126	1141	1155	1210	1225	1240	1255	1310	1326	1341	1356	1411	1426	1441	1456	1511	1526					
Stratford Bus Station	1120	1135	1150	1204	1219	1234	1249	1304	1319	1335	1350	1405	1420	1435	1450	1505	1520	1535					
Bow Church	1125	1140	1155	1210	1225	1240	1255	1310	1325	1341	1356	1411	1426	1441	1456	1512	1527	1542					
Hackney Wick Station	1135	1150	1205	1220	1235	1250	1305	1320	1335	1351	1406	1421	1436	1451	1506	1522	1537	1552					
Homerton Hospital Homerton Grove	1145	1200	1215	1230	1245	1300	1316	1331	1346	1402	1417	1432	1447	1502	1517	1533	1548	1603					
Hackney Central Station Amhurst Rd.	1154	1210	1225	1240	1255	1310	1326	1341	1356	1412	1427	1442	1457	1512	1527	1543	1558	1613					
Stoke Newington Common	1207	1224	1239	1254	1309	1324	1340	1355	1410	1426	1441	1456	1511	1525	1540	1556	1611	1626					
Newham Hospital Gateway Centre	1521	1536	1551	1606	1621	1636	1651	1706	1721	1736	1751	1806	1821	1836	1850	1910	1930	1950					
Canning Town B																							