

283 Mondays to Fridays (school days)																			
East Acton Brunel Road	0522	0537	0552	0606	0618	0627	0636	0646	0655	0704	0713	0723	0732	0740	0748	0757	0806	0816	
Hammersmith Hospital	0526	0541	0556	0610	0622	0631	0641	0651	0700	0709	0718	0728	0737	0745	0753	0802	0812	0822	
Bloemfontein Road Leisure Pool	0530	0545	0600	0614	0626	0637	0647	0657	0706	0716	0726	0736	0745	0753	0801	0811	0821	0831	
Shepherd's Bush Green Uxbridge Road	0535	0550	0605	0619	0631	0643	0653	0703	0713	0723	0733	0743	0752	0802	0812	0822	0832	0842	
Hammersmith Lower Bus Station	0541	0556	0611	0626	0640	0652	0702	0712	0722	0732	0742	0753	0803	0813	0823	0833	0843	0853	
East Acton Brunel Road	0826	0836	0846	0856	0906	Then		1416	1426	1436	1446	1455	1504	Then		1804	1814	1824	
Hammersmith Hospital	0832	0842	0852	0902	0911	every 10		1421	1431	1441	1451	1500	1510	every 10		1810	1820	1830	
Bloemfontein Road Leisure Pool	0841	0851	0901	0911	0920	minutes		1430	1440	1451	1503	1513	1523	minutes		1823	1833	1841	
Shepherd's Bush Green Uxbridge Road	0852	0902	0910	0918	0927	until		1437	1448	1500	1512	1522	1532	until		1832	1840	1848	
Hammersmith Lower Bus Station	0903	0911	0919	0927	0936			1446	1457	1509	1521	1531	1541			1841	1849	1857	
East Acton Brunel Road	1834	1844	1854	1904	1914	1924	1935	Then		2035	2047	2059	2111	Then		2247	2259	Then	2359
Hammersmith Hospital	1840	1850	1859	1909	1919	1929	1940	every 12		2040	2052	2104	2115	every		2251	2303	every	0003
Bloemfontein Road Leisure Pool	1849	1857	1906	1916	1926	1936	1946	minutes		2046	2058	2110	2121	12		2257	2307	12	0007
Shepherd's Bush Green Uxbridge Road	1856	1904	1913	1923	1933	1943	1953	until		2053	2105	2116	2127	mins.		2303	2312	mins.	0012
Hammersmith Lower Bus Station	1905	1913	1922	1932	1941	1951	2001			2101	2111	2122	2133	until		2309	2318	until	0018
283 Saturdays (also Good Friday)																			
East Acton Brunel Road	0522	0542	0602	0622	0642	0702	0722	0742	0757	0812	0827	0839	0849	0859	Then		0959	1008	
Hammersmith Hospital	0526	0546	0606	0626	0646	0706	0726	0746	0801	0816	0831	0843	0853	0903	every 10		1003	1012	
Bloemfontein Road Leisure Pool	0530	0550	0610	0630	0650	0710	0730	0752	0807	0822	0837	0849	0859	0910	minutes		1010	1019	
Shepherd's Bush Green Uxbridge Road	0535	0555	0615	0635	0655	0715	0736	0758	0813	0828	0843	0855	0905	0916	until		1016	1026	
Hammersmith Lower Bus Station	0541	0601	0621	0641	0701	0721	0743	0805	0820	0835	0850	0902	0913	0924			1024	1034	
East Acton Brunel Road	1018	1027	1036	Then		1126	1135	1144	1152	1201	Then		1751	1801	Then		1901	1911	
Hammersmith Hospital	1022	1031	1041	every 10		1131	1140	1149	1157	1206	every 10		1756	1806	every 10		1906	1916	
Bloemfontein Road Leisure Pool	1029	1038	1048	minutes		1138	1147	1156	1204	1214	minutes		1804	1813	minutes		1913	1923	
Shepherd's Bush Green Uxbridge Road	1036	1046	1056	until		1146	1155	1204	1214	1224	until		1814	1823	until		1923	1933	
Hammersmith Lower Bus Station	1044	1054	1104			1154	1204	1214	1224	1234			1824	1833			1933	1942	
East Acton Brunel Road	1923	Then		2035	2047	2059	2111	Then		2247	2259	2311	2323	2335	2347	2359			
Hammersmith Hospital	1928	every 12		2040	2052	2104	2115	every 12		2251	2303	2315	2327	2339	2351	0003			
Bloemfontein Road Leisure Pool	1935	minutes		2047	2059	2110	2121	minutes		2257	2309	2319	2331	2343	2355	0007			
Shepherd's Bush Green Uxbridge Road	1943	until		2055	2107	2117	2128	until		2304	2314	2324	2336	2348	0000	0012			
Hammersmith Lower Bus Station	1951			2103	2113	2123	2134			2310	2320	2330	2342	2354	0006	0018			
283 Sundays and other Public Holidays (except Christmas Day)																			
East Acton Brunel Road	0627	Then		0827	0847	0902	0917	0931	0943	0955	1007	1019	Then		1131	1143	1155	1207	
Hammersmith Hospital	0631	every 20		0831	0851	0906	0921	0935	0947	0959	1011	1024	every 12		1136	1148	1200	1212	
Bloemfontein Road Leisure Pool	0635	minutes		0835	0855	0912	0927	0941	0953	1005	1017	1030	minutes		1142	1154	1207	1219	
Shepherd's Bush Green Uxbridge Road	0640	until		0840	0901	0918	0933	0947	0959	1011	1024	1037	until		1149	1202	1215	1227	
Hammersmith Lower Bus Station	0646			0846	0908	0925	0940	0954	1006	1019	1032	1045			1157	1210	1223	1235	
East Acton Brunel Road	1219	Then		1443	1455	Then		1743	1755	Then		1855	1907	1919	1931	1943	1955	2007	
Hammersmith Hospital	1224	every 12		1448	1500	every 12		1748	1800	every 12		1900	1912	1924	1936	1948	2000	2012	
Bloemfontein Road Leisure Pool	1231	minutes		1455	1507	minutes		1755	1807	minutes		1907	1919	1931	1943	1954	2006	2018	
Shepherd's Bush Green Uxbridge Road	1239	until		1503	1516	until		1804	1815	until		1915	1927	1938	1949	2000	2012	2024	
Hammersmith Lower Bus Station	1247			1511	1524			1812	1823			1923	1934	1945	1956	2007	2019	2031	
East Acton Brunel Road	2019	2031	2043	2055	2107	Then		2355											
Hammersmith Hospital	2024	2036	2048	2100	2111	every 12		2359											
Bloemfontein Road Leisure Pool	2030	2042	2054	2104	2115	minutes		0003											
Shepherd's Bush Green Uxbridge Road	2036	2048	2059	2109	2120	until		0008											
Hammersmith Lower Bus Station	2043	2055	2106	2115	2126			0014											

283		Mondays to Fridays (school days)																	
Hammersmith Upper Bus Station	0550	0605	0620	0635	0647	0659	0709	0719	0729	0739	0749	0759	0809	0819	0829	0839	0849	0859	
Shepherd's Bush Green West Side	0555	0610	0625	0641	0653	0706	0718	0728	0738	0748	0758	0808	0818	0828	0838	0848	0858	0908	
Bloemfontein Road Leisure Pool	0603	0618	0633	0649	0701	0714	0726	0736	0746	0756	0807	0818	0828	0838	0848	0858	0908	0919	
Hammersmith Hospital	0609	0624	0639	0655	0708	0722	0734	0744	0755	0806	0818	0829	0839	0849	0859	0908	0917	0926	
East Acton Brunel Road	0612	0628	0644	0700	0713	0727	0739	0749	0800	0811	0823	0834	0844	0854	0904	0913	0922	0931	
Hammersmith Upper Bus Station	0910	Then	1420	1430	1440	1449	1457	1506	Then	1756	1807	1818	1828	1838	1848	1858			
Shepherd's Bush Green West Side	0918	every 10	1428	1438	1448	1457	1506	1516	every 10	1806	1817	1828	1838	1847	1856	1906			
Bloemfontein Road Leisure Pool	0929	minutes	1439	1449	1459	1508	1518	1528	minutes	1818	1829	1840	1849	1858	1907	1917			
Hammersmith Hospital	0936	until	1446	1456	1507	1518	1528	1538	until	1828	1839	1848	1857	1906	1915	1925			
East Acton Brunel Road	0941		1451	1502	1514	1525	1535	1545		1835	1845	1854	1903	1912	1921	1931			
Hammersmith Upper Bus Station	1908	1918	1928	1938	1948	Then	2048	2100	2112	2124	Then	2236	2248	2300	Then	0000			
Shepherd's Bush Green West Side	1916	1926	1936	1945	1955	every 12	2055	2107	2119	2130	every 12	2242	2254	2305	every	0005			
Bloemfontein Road Leisure Pool	1927	1937	1946	1955	2005	minutes	2105	2116	2127	2138	minutes	2250	2302	2313	12	0013			
Hammersmith Hospital	1935	1944	1953	2002	2012	until	2112	2123	2134	2145	until	2257	2308	2319	mins.	0019			
East Acton Brunel Road	1940	1949	1958	2007	2017		2117	2128	2139	2150		2302	2311	2322	until	0022			
283		Saturdays (also Good Friday)																	
Hammersmith Upper Bus Station	0550	0610	0630	0650	0710	0730	0750	0805	0820	0835	0847	0859	Then	0959	1009	1019	1029		
Shepherd's Bush Green West Side	0555	0615	0635	0655	0715	0736	0756	0811	0826	0841	0854	0907	every 10	1007	1017	1027	1037		
Bloemfontein Road Leisure Pool	0603	0623	0643	0703	0723	0745	0805	0820	0835	0850	0903	0916	minutes	1016	1026	1036	1047		
Hammersmith Hospital	0609	0629	0649	0709	0729	0751	0811	0826	0841	0856	0910	0923	until	1023	1033	1043	1054		
East Acton Brunel Road	0612	0632	0652	0712	0733	0755	0815	0830	0846	0901	0915	0928		1028	1039	1049	1100		
Hammersmith Upper Bus Station	1038	Then	1128	1138	1148	1158	Then	1448	1458	Then	1728	1738	Then	1908					
Shepherd's Bush Green West Side	1047	every 10	1137	1147	1157	1207	every 10	1457	1507	every 10	1737	1747	every 10	1917					
Bloemfontein Road Leisure Pool	1057	minutes	1147	1157	1208	1219	minutes	1509	1518	minutes	1748	1758	minutes	1928					
Hammersmith Hospital	1104	until	1154	1205	1216	1227	until	1517	1526	until	1756	1806	until	1936					
East Acton Brunel Road	1110		1200	1211	1222	1233		1523	1532		1802	1811		1941					
Hammersmith Upper Bus Station	1918	1928	1938	1948	2000	2012	2024	2036	2048	2100	2112	2124	Then	2236	2248	2300	2312		
Shepherd's Bush Green West Side	1927	1937	1946	1956	2008	2020	2032	2044	2056	2108	2120	2131	every 12	2243	2255	2306	2317		
Bloemfontein Road Leisure Pool	1938	1947	1956	2006	2018	2030	2042	2054	2106	2118	2129	2140	minutes	2252	2304	2314	2325		
Hammersmith Hospital	1945	1954	2003	2013	2025	2037	2049	2101	2112	2124	2135	2146	until	2258	2310	2320	2331		
East Acton Brunel Road	1950	1959	2008	2018	2030	2042	2054	2105	2116	2128	2139	2150		2302	2313	2323	2334		
Hammersmith Upper Bus Station	2324	2336	2348	0000															
Shepherd's Bush Green West Side	2329	2341	2353	0005															
Bloemfontein Road Leisure Pool	2337	2349	0001	0013															
Hammersmith Hospital	2343	2355	0007	0019															
East Acton Brunel Road	2346	2358	0010	0022															
283		Sundays and other Public Holidays (except Christmas Day)																	
Hammersmith Upper Bus Station	0655	0715	0735	0755	0815	0835	0850	0905	0920	0935	0950	1002	1013	1024	Then	1124	1136		
Shepherd's Bush Green West Side	0700	0720	0742	0802	0822	0842	0857	0913	0928	0943	0958	1010	1021	1033	every 12	1133	1145		
Bloemfontein Road Leisure Pool	0708	0728	0750	0810	0830	0850	0905	0922	0937	0952	1007	1019	1031	1043	minutes	1143	1155		
Hammersmith Hospital	0714	0734	0756	0816	0836	0856	0912	0929	0944	0959	1014	1026	1038	1050	until	1150	1202		
East Acton Brunel Road	0717	0739	0801	0821	0841	0901	0917	0934	0949	1004	1019	1032	1044	1056		1156	1209		
Hammersmith Upper Bus Station	1148	1200	Then	1424	1436	Then	1724	1736	1748	1800	1812	Then	1912	1924	1936				
Shepherd's Bush Green West Side	1157	1209	every 12	1433	1445	every 12	1733	1745	1757	1809	1821	every 12	1921	1932	1943				
Bloemfontein Road Leisure Pool	1208	1221	minutes	1445	1457	minutes	1745	1757	1809	1820	1831	minutes	1931	1942	1953				
Hammersmith Hospital	1215	1228	until	1452	1504	until	1752	1804	1816	1827	1838	until	1938	1949	2000				
East Acton Brunel Road	1222	1235		1459	1510		1758	1809	1821	1832	1843		1943	1954	2005				
Hammersmith Upper Bus Station	1948	2000	2012	2024	2036	2048	2100	Then	2236	2248	2300	2312	2324	2336	2348	0000			
Shepherd's Bush Green West Side	1955	2007	2019	2031	2043	2055	2106	every 12	2242	2254	2306	2317	2329	2341	2353	0005			
Bloemfontein Road Leisure Pool	2005	2017	2029	2041	2053	2105	2116	minutes	2252	2304	2314	2325	2337	2349	0001	0013			
Hammersmith Hospital	2012	2024	2036	2048	2100	2111	2122	until	2258	2310	2320	2331	2343	2355	0007	0019			
East Acton Brunel Road	2017	2029	2041	2053	2104	2115	2126		2302	2313	2323	2334	2346	2358	0010	0022			