

Bexleyheath – Abbey Wood – Woolwich

301		Mondays to Fridays																
Bexleyheath Shopping Centre	0530	0545	0600	0615	0630	0642	0653	0703	0712	Then every 12 minutes until	0812	0824	0836	0848	0900	0912	0924	
Long Lane Kipling Road	0536	0551	0606	0621	0636	0648	0659	0710	0720		0820	0832	0844	0856	0908	0920	0932	
Abbey Wood Station	0546	0601	0616	0631	0646	0658	0709	0721	0732		0832	0844	0856	0908	0919	0930	0942	
Bentham Road Titmuss Avenue	0552	0607	0622	0637	0652	0704	0717	0729	0740		0840	0852	0904	0915	0926	0937	0949	
Thamesmead Town Cen. Central Way	0556	0611	0626	0641	0656	0708	0721	0733	0745		0845	0857	0908	0919	0930	0941	0953	
Nathan Way Eastern Way	0601	0618	0631	0646	0701	0712	0725	0737	0751		0851	0902	0912	0922	0933	0944	0956	
Plumstead Station	0607	0624	0637	0652	0707	0718	0734	0746	0758		0858	0909	0918	0928	0939	0950	1002	
Woolwich Beresford Street	0610	0627	0640	0655	0710	0721	0737	0749	0801	0901	0912	0921	0931	0942	0953	1005		
Bexleyheath Shopping Centre	0936	0948	Then every 12 minutes until	1424	1436	1448	1500	1511	1523	1534	1546	1558	1610	1622	1634	1646	1658	
Long Lane Kipling Road	0943	0955		1431	1443	1455	1507	1519	1531	1542	1554	1606	1618	1630	1642	1654	1706	
Abbey Wood Station	0953	1004		1440	1452	1505	1518	1530	1542	1554	1606	1618	1630	1642	1654	1706	1718	
Bentham Road Titmuss Avenue	1000	1011		1447	1500	1513	1526	1538	1550	1602	1614	1626	1638	1650	1702	1714	1726	
Thamesmead Town Cen. Central Way	1004	1015		1451	1504	1517	1530	1542	1554	1606	1618	1630	1642	1654	1706	1718	1730	
Nathan Way Eastern Way	1007	1018		1454	1508	1521	1534	1546	1558	1610	1622	1634	1646	1659	1712	1724	1736	
Plumstead Station	1013	1024		1500	1515	1528	1541	1553	1605	1617	1629	1641	1653	1706	1719	1731	1743	
Woolwich Beresford Street	1016	1027	1503	1518	1531	1544	1556	1608	1620	1632	1644	1656	1709	1722	1734	1746		
Bexleyheath Shopping Centre	1710	1722	1734	1746	1758	1810	1821	1833	1845	1856	1909	1921	1932	1945	2000	2014	2029	2045
Long Lane Kipling Road	1718	1730	1742	1754	1806	1817	1828	1840	1852	1903	1915	1927	1938	1951	2006	2020	2035	2050
Abbey Wood Station	1730	1742	1754	1806	1817	1828	1839	1850	1901	1912	1924	1936	1947	1959	2014	2028	2043	2058
Bentham Road Titmuss Avenue	1738	1750	1802	1814	1825	1836	1847	1858	1908	1919	1931	1943	1954	2006	2021	2035	2049	2104
Thamesmead Town Cen. Central Way	1742	1754	1806	1818	1829	1840	1851	1902	1912	1923	1935	1947	1958	2010	2025	2039	2052	2107
Nathan Way Eastern Way	1748	1801	1813	1824	1835	1846	1857	1908	1918	1928	1939	1950	2001	2013	2028	2042	2055	2110
Plumstead Station	1755	1808	1820	1832	1844	1856	1906	1916	1925	1935	1944	1955	2006	2018	2033	2046	2059	2114
Woolwich Beresford Street	1758	1811	1823	1835	1847	1859	1909	1919	1928	1938	1947	1957	2008	2020	2035	2048	2101	2116
Bexleyheath Shopping Centre	2100	Then every 15 minutes until	2300	2315	2330	2345	0000	0015	0030									
Long Lane Kipling Road	2105		2305	2320	2335	2349	0004	0019	0034									
Abbey Wood Station	2112		2312	2327	2341	2355	0010	0025	0040									
Bentham Road Titmuss Avenue	2118		2318	2333	2347	0001	0015	0030	0045									
Thamesmead Town Cen. Central Way	2121		2321	2336	2350	0004	0018	0033	0048									
Nathan Way Eastern Way	2124		2324	2338	2352	0006	0020	0035	0050									
Plumstead Station	2128		2328	2342	2356	0010	0024	0039	0054									
Woolwich Beresford Street	2130	2330	2344	2358	0012	0026	0041	0056										
301		Saturdays (also Good Friday)																
Bexleyheath Shopping Centre	0530	Then every 15 minutes until	0715	0730	0745	0800	0815	0830	0842	0853	0904	0916	0928	0939	0949	1001	1012	
Long Lane Kipling Road	0535		0720	0735	0751	0806	0821	0836	0848	0900	0911	0923	0935	0946	0956	1008	1019	
Abbey Wood Station	0543		0728	0744	0800	0815	0830	0845	0857	0909	0920	0932	0944	0955	1006	1018	1030	
Bentham Road Titmuss Avenue	0549		0734	0750	0806	0821	0836	0851	0903	0915	0927	0939	0951	1002	1013	1025	1037	
Thamesmead Town Cen. Central Way	0553		0738	0754	0810	0825	0840	0855	0907	0919	0931	0943	0955	1006	1017	1029	1041	
Nathan Way Eastern Way	0556		0741	0757	0813	0828	0843	0858	0910	0922	0934	0946	0958	1009	1020	1032	1044	
Plumstead Station	0601		0746	0802	0818	0833	0848	0903	0915	0927	0939	0951	1004	1015	1026	1038	1050	
Woolwich Beresford Street	0604	0749	0805	0821	0836	0851	0906	0918	0930	0942	0954	1007	1019	1030	1042	1054		
Bexleyheath Shopping Centre	1024	1036	1048	1100	1111	Then every 12 minutes until	1711	1724	1737	1749	1801	1814	1827	1843	1859	1915	1930	
Long Lane Kipling Road	1031	1043	1055	1107	1118		1718	1731	1744	1756	1808	1821	1834	1850	1906	1921	1936	
Abbey Wood Station	1042	1054	1106	1118	1129		1729	1742	1755	1807	1819	1832	1844	1900	1915	1930	1944	
Bentham Road Titmuss Avenue	1049	1101	1113	1125	1136		1736	1749	1802	1814	1826	1839	1851	1907	1922	1936	1950	
Thamesmead Town Cen. Central Way	1053	1105	1117	1129	1140		1740	1753	1806	1818	1830	1842	1854	1909	1924	1940	1954	
Nathan Way Eastern Way	1056	1108	1120	1132	1143		1743	1756	1809	1821	1833	1845	1857	1912	1927	1943	1957	
Plumstead Station	1102	1114	1126	1138	1149		1749	1801	1814	1826	1838	1850	1902	1917	1932	1948	2002	
Woolwich Beresford Street	1106	1118	1130	1142	1153	1753	1805	1817	1829	1841	1853	1905	1920	1935	1951	2005		
Bexleyheath Shopping Centre	1945	Then every 15 minutes until	2245	2300	2315	2330	2345	0000	0015	0030								
Long Lane Kipling Road	1951		2251	2306	2321	2335	2350	0005	0020	0035								
Abbey Wood Station	1959		2259	2314	2329	2342	2357	0012	0027	0042								
Bentham Road Titmuss Avenue	2005		2305	2320	2335	2347	0002	0017	0032	0047								
Thamesmead Town Cen. Central Way	2009		2309	2324	2338	2350	0005	0020	0035	0050								
Nathan Way Eastern Way	2012		2312	2327	2340	2352	0007	0022	0037	0052								
Plumstead Station	2017		2317	2332	2344	2356	0011	0026	0041	0056								
Woolwich Beresford Street	2020	2320	2334	2346	2358	0013	0028	0043	0058									

301	Sundays and other Public Holidays (except Christmas Day)																	
Bexleyheath Shopping Centre	0630	0650	0710	0730	0750	0810	0830	0845	0900	0915	0930	0942	0954	1006	1018	1029	1040	1051
Long Lane Kipling Road	0635	0655	0715	0735	0755	0816	0836	0851	0906	0921	0936	0948	1000	1012	1024	1036	1047	1058
Abbey Wood Station	0643	0703	0723	0743	0803	0824	0844	0859	0915	0930	0945	0957	1009	1021	1033	1045	1056	1108
Bentham Road Titmuss Avenue	0649	0709	0729	0749	0809	0830	0850	0905	0921	0936	0951	1003	1015	1027	1039	1051	1103	1115
Thamesmead Town Cen. Central Way	0653	0713	0733	0753	0813	0834	0854	0909	0925	0940	0955	1007	1019	1031	1043	1055	1107	1119
Nathan Way Eastern Way	0656	0716	0736	0756	0816	0837	0857	0912	0928	0943	0958	1010	1022	1034	1046	1058	1110	1122
Plumstead Station	0701	0722	0742	0802	0821	0842	0902	0918	0934	0949	1004	1016	1028	1040	1052	1104	1116	1128
Woolwich Beresford Street	0703	0724	0744	0804	0824	0845	0905	0923	0938	0953	1008	1020	1032	1044	1056	1108	1120	1132
Bexleyheath Shopping Centre	1103	Then every 12 minutes until		1239	1252	1305	1317	1329	1342	Then every 12 minutes until		1642	1654	1706	1718	1730	1742	1759
Long Lane Kipling Road	1110			1246	1259	1311	1323	1335	1348			1648	1700	1712	1724	1736	1748	1805
Abbey Wood Station	1120			1256	1309	1321	1333	1345	1358			1658	1709	1721	1733	1745	1757	1814
Bentham Road Titmuss Avenue	1127			1303	1315	1327	1339	1351	1404			1704	1715	1727	1739	1751	1803	1820
Thamesmead Town Cen. Central Way	1131			1307	1319	1331	1343	1355	1408			1708	1719	1731	1743	1757	1809	1827
Nathan Way Eastern Way	1134			1310	1322	1334	1346	1358	1411			1711	1722	1734	1746	1800	1812	1830
Plumstead Station	1140			1316	1328	1340	1352	1404	1416			1716	1727	1739	1751	1805	1817	1835
Woolwich Beresford Street	1144			1320	1332	1344	1356	1408	1420			1720	1732	1745	1757	1809	1821	1837
Bexleyheath Shopping Centre	1815	1829	1845	1900	1915	1930	1945	2000	2015	2030	2045	2100	2115	Then every 15 minutes until		2315	2330	2345
Long Lane Kipling Road	1821	1835	1851	1906	1921	1936	1951	2006	2021	2036	2051	2106	2120			2320	2335	2349
Abbey Wood Station	1830	1844	1900	1914	1929	1944	1959	2014	2029	2044	2059	2113	2127			2327	2341	2355
Bentham Road Titmuss Avenue	1836	1850	1906	1920	1934	1949	2004	2019	2034	2049	2104	2118	2132			2332	2346	0000
Thamesmead Town Cen. Central Way	1843	1857	1912	1924	1938	1953	2008	2023	2038	2053	2107	2121	2135			2335	2349	0003
Nathan Way Eastern Way	1846	1900	1915	1927	1941	1956	2011	2026	2041	2055	2109	2123	2137			2337	2351	0005
Plumstead Station	1851	1905	1919	1931	1945	2000	2015	2030	2045	2059	2113	2127	2141			2341	2355	0009
Woolwich Beresford Street	1853	1907	1922	1934	1948	2003	2018	2033	2048	2102	2116	2130	2144			2344	2358	0012
Bexleyheath Shopping Centre	0000	0015	0030															
Long Lane Kipling Road	0004	0019	0034															
Abbey Wood Station	0010	0025	0040															
Bentham Road Titmuss Avenue	0015	0030	0045															
Thamesmead Town Cen. Central Way	0018	0033	0048															
Nathan Way Eastern Way	0020	0035	0050															
Plumstead Station	0024	0039	0054															
Woolwich Beresford Street	0027	0042	0057															

Woolwich – Abbey Wood – Bexleyheath

301		Mondays to Fridays																	
Woolwich Plumstead Road	0530	0545	0600	0615	0630	0642	0654	0706	0718	Then every 12 minutes until		0842	0854	0906	0917	0930		1354	
Plumstead Bus Garage	0532	0547	0602	0617	0632	0644	0656	0708	0720			0844	0856	0908	0920	0932	Then every 12 mins. until	1356	
Nathan Way Eastern Way	0538	0553	0608	0623	0638	0650	0703	0715	0727			0851	0903	0915	0926	0938		1402	
Thamesmead Town Cen. Central Way	0540	0555	0610	0625	0640	0653	0706	0718	0730			0854	0906	0918	0929	0941		1405	
Bentham Road Titmuss Avenue	0544	0559	0614	0629	0644	0657	0710	0722	0734			0858	0910	0922	0933	0945		1409	
Abbey Wood Station	0550	0605	0620	0635	0650	0705	0718	0730	0742			0906	0918	0930	0941	0953		1417	
Long Lane Kipling Road	0557	0612	0627	0643	0658	0714	0727	0740	0752			0916	0927	0939	0950	1002		1426	
Bexleyheath Arnsberg Way	0603	0618	0633	0649	0705	0721	0734	0747	0800		0924	0935	0947	0958	1009		1433		
Woolwich Plumstead Road	1405	1417	1429	1440	1451	1502	1513	1525	1536	Then every 12 minutes until		1724	1737	1750	1803	1816	1828	1840	
Plumstead Bus Garage	1407	1419	1431	1442	1453	1504	1515	1527	1538			1726	1739	1752	1805	1818	1830	1842	
Nathan Way Eastern Way	1413	1425	1437	1448	1459	1511	1522	1534	1545			1733	1746	1759	1811	1824	1836	1848	
Thamesmead Town Cen. Central Way	1416	1428	1440	1451	1503	1515	1526	1538	1549			1737	1750	1803	1815	1828	1840	1852	
Bentham Road Titmuss Avenue	1420	1432	1444	1455	1507	1519	1530	1542	1553			1741	1754	1807	1819	1832	1844	1856	
Abbey Wood Station	1428	1440	1452	1504	1516	1528	1540	1552	1603			1751	1804	1816	1828	1841	1853	1905	
Long Lane Kipling Road	1437	1449	1502	1515	1527	1539	1551	1603	1614			1802	1815	1827	1839	1852	1904	1916	
Bexleyheath Arnsberg Way	1445	1457	1510	1523	1535	1547	1559	1611	1622		1810	1822	1834	1846	1859	1911	1923		
Woolwich Plumstead Road	1852	1904	1916	1930	1945	2000	2015	2030	2045	Then every 15 minutes until		2300	2315	2330	2345	0000			
Plumstead Bus Garage	1854	1906	1918	1932	1947	2002	2017	2032	2047			2302	2317	2332	2347	0002			
Nathan Way Eastern Way	1900	1912	1924	1938	1953	2008	2022	2037	2052			2307	2322	2337	2352	0007			
Thamesmead Town Cen. Central Way	1904	1916	1927	1941	1956	2011	2025	2040	2055			2310	2325	2340	2355	0010			
Bentham Road Titmuss Avenue	1909	1921	1932	1946	2000	2015	2029	2043	2058			2313	2328	2343	2358	0013			
Abbey Wood Station	1918	1930	1942	1955	2009	2022	2036	2050	2104			2319	2334	2349	0004	0018			
Long Lane Kipling Road	1928	1940	1952	2004	2018	2031	2045	2059	2113			2328	2343	2357	0012	0025			
Bexleyheath Arnsberg Way	1935	1947	1959	2011	2026	2039	2051	2105	2119		2334	2348	0002	0017	0030				
301		Saturdays (also Good Friday)																	
Woolwich Plumstead Road	0530	0545	0600	0615	0630	0645	0700	0715	0730	0746	0801	0816	0831	0843	0855	0907	0919	0930	
Plumstead Bus Garage	0532	0547	0602	0617	0632	0647	0702	0717	0732	0748	0803	0818	0833	0845	0857	0909	0921	0932	
Nathan Way Eastern Way	0538	0553	0608	0623	0638	0653	0708	0723	0738	0754	0809	0824	0839	0851	0903	0915	0927	0938	
Thamesmead Town Cen. Central Way	0541	0556	0611	0626	0641	0656	0711	0726	0741	0757	0812	0827	0842	0854	0906	0918	0930	0941	
Bentham Road Titmuss Avenue	0544	0559	0614	0629	0644	0659	0715	0730	0745	0801	0816	0831	0846	0858	0910	0922	0934	0945	
Abbey Wood Station	0550	0605	0620	0635	0650	0705	0721	0736	0753	0810	0825	0840	0855	0905	0917	0929	0941	0953	
Long Lane Kipling Road	0558	0613	0628	0643	0658	0713	0730	0746	0805	0820	0835	0850	0906	0917	0929	0941	0953	1005	
Bexleyheath Arnsberg Way	0603	0618	0633	0648	0704	0720	0737	0753	0812	0827	0842	0857	0913	0925	0937	0949	1001	1013	
Woolwich Plumstead Road	0942	0954	1006	Then every 12 minutes until		1442	1454	1506	Then every 12 minutes until		1830	1845	1857	1914	1930	1945	2000	2015	
Plumstead Bus Garage	0944	0956	1008			1444	1456	1508			1832	1847	1859	1916	1932	1947	2002	2017	
Nathan Way Eastern Way	0950	1002	1014			1450	1502	1515			1839	1853	1906	1921	1937	1952	2007	2022	
Thamesmead Town Cen. Central Way	0953	1005	1017			1453	1506	1519			1843	1857	1910	1925	1940	1955	2010	2025	
Bentham Road Titmuss Avenue	0957	1009	1021			1457	1510	1523			1847	1901	1914	1929	1944	1959	2014	2029	
Abbey Wood Station	1005	1017	1029			1505	1518	1531			1855	1909	1922	1936	1951	2006	2021	2036	
Long Lane Kipling Road	1016	1028	1039			1515	1528	1541			1905	1919	1932	1945	2000	2014	2029	2044	
Bexleyheath Arnsberg Way	1024	1036	1046		1522	1535	1548		1912	1927	1939	1952	2006	2020	2035	2050			
Woolwich Plumstead Road	2030	Then every 15 minutes until		2330	2345	0000													
Plumstead Bus Garage	2032		2332	2347	0002														
Nathan Way Eastern Way	2037		2337	2352	0007														
Thamesmead Town Cen. Central Way	2039		2339	2354	0009														
Bentham Road Titmuss Avenue	2042		2342	2357	0012														
Abbey Wood Station	2048		2348	0003	0017														
Long Lane Kipling Road	2056		2356	0011	0025														
Bexleyheath Arnsberg Way	2102			0002	0016	0030													

301		Sundays and other Public Holidays (except Christmas Day)																	
Woolwich Plumstead Road	0627	0647	0707	0727	0747	0807	0827	0842	0857	0912	0926	0939	0951	1003	1013	1024	1035	1047	
Plumstead Bus Garage	0629	0649	0709	0729	0749	0809	0829	0844	0859	0914	0928	0941	0953	1005	1015	1026	1037	1049	
Nathan Way Eastern Way	0634	0654	0714	0734	0754	0814	0834	0849	0904	0919	0933	0946	0958	1010	1020	1032	1043	1055	
Thamesmead Town Cen. Central Way	0637	0657	0717	0737	0757	0817	0837	0852	0907	0922	0936	0949	1001	1013	1023	1035	1046	1058	
Bentham Road Titmuss Avenue	0640	0700	0720	0740	0800	0821	0841	0856	0911	0926	0940	0953	1005	1017	1027	1039	1050	1102	
Abbey Wood Station	0646	0706	0726	0746	0806	0827	0847	0902	0918	0933	0947	1000	1012	1024	1035	1047	1058	1110	
Long Lane Kipling Road	0654	0714	0734	0754	0814	0835	0855	0910	0926	0941	0955	1008	1021	1033	1044	1056	1107	1119	
Bexleyheath Arnsberg Way	0700	0720	0740	0800	0820	0841	0901	0916	0933	0948	1003	1015	1028	1040	1051	1103	1114	1126	
Woolwich Plumstead Road	1059	Then every 12 minutes until	1723 1736 1749 1801 1812 1824 1840 1855 1910 1925 1941 1957 2013 2029 2045																
Plumstead Bus Garage	1101		1725 1738 1751 1803 1814 1826 1842 1857 1912 1927 1943 1959 2015 2031 2047																
Nathan Way Eastern Way	1107		1731 1744 1757 1809 1820 1832 1847 1902 1917 1932 1948 2004 2020 2036 2052																
Thamesmead Town Cen. Central Way	1110		1734 1747 1800 1812 1823 1835 1850 1905 1920 1935 1951 2007 2023 2038 2054																
Bentham Road Titmuss Avenue	1114		1738 1751 1804 1816 1827 1839 1854 1909 1924 1939 1955 2011 2027 2042 2057																
Abbey Wood Station	1122		1746 1759 1811 1823 1835 1847 1901 1916 1931 1946 2002 2017 2032 2047 2102																
Long Lane Kipling Road	1131		1755 1807 1819 1831 1843 1855 1909 1924 1939 1954 2010 2025 2040 2055 2110																
Bexleyheath Arnsberg Way	1138		1802 1814 1826 1838 1850 1902 1916 1931 1946 2001 2016 2031 2046 2101 2116																
Woolwich Plumstead Road	2100	Then every 15 minutes until	2300 2315 2330 2345 0000																
Plumstead Bus Garage	2102		2302 2317 2332 2347 0002																
Nathan Way Eastern Way	2107		2307 2322 2337 2352 0007																
Thamesmead Town Cen. Central Way	2109		2309 2324 2339 2354 0009																
Bentham Road Titmuss Avenue	2112		2312 2327 2342 2357 0012																
Abbey Wood Station	2117		2317 2332 2347 0002 0017																
Long Lane Kipling Road	2125		2325 2340 2354 0009 0024																
Bexleyheath Arnsberg Way	2131		2331 2345 2359 0014 0029																

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