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Manor Park – East Ham – Custom House

304		Mondays to Fridays																
Manor Park Gladding Road	0455	0510	0525	0540	0555	0610	0625	0640	0654	0710	0726	0739	0752		0902	0916		1040
East Ham Station	0500	0515	0530	0545	0600	0616	0631	0647	0702	0719	0736	0750	0804	Then	0914	0928	Then	1052
East Ham Newham Town Hall	0505	0520	0535	0550	0605	0621	0636	0653	0709	0727	0746	0802	0817	every	0927	0941	every	1105
East Ham Fire Station	0509	0524	0539	0554	0609	0626	0641	0658	0714	0733	0752	0808	0823	14	0933	0947	14	1111
Lonsdale Avenue Hatherley Gardens	0512	0527	0542	0557	0613	0629	0644	0701	0718	0737	0756	0813	0828	mins.	0938	0951	mins.	1115
Newham Hospital Emergency Dept.	0515	0530	0545	0600	0616	0632	0647	0704	0721	0740	0759	0816	0831	until	0941	0954	until	1118
Prince Regent Stn. Prince Regent Lane	0520	0535	0550	0605	0622	0638	0653	0711	0729	0748	0808	0825	0840		0950	1002		1126
Custom House Station	0522	0537	0552	0607	0624	0640	0655	0713	0731	0751	0811	0828	0843		0953	1005		1129
Manor Park Gladding Road	1054			1150	1203			1313	1327	1341	1354	1408	1422	1436	1448	1502	1516	1530
East Ham Station	1105			1201	1215			1325	1339	1353	1406	1420	1434	1448	1501	1515	1529	1543
East Ham Newham Town Hall	1119	Then		1215	1229	Then		1339	1353	1407	1421	1435	1449	1503	1516	1530	1544	1558
East Ham Fire Station	1125	every 14		1221	1235	every 14		1345	1359	1413	1427	1441	1455	1509	1523	1537	1551	1605
Lonsdale Avenue Hatherley Gardens	1129	minutes		1225	1239	minutes		1349	1403	1417	1431	1445	1459	1513	1527	1541	1555	1609
Newham Hospital Emergency Dept.	1132	until		1228	1242	until		1352	1406	1421	1435	1449	1503	1517	1531	1545	1559	1613
Prince Regent Stn. Prince Regent Lane	1140			1236	1250			1400	1415	1430	1444	1458	1513	1527	1541	1555	1609	1623
Custom House Station	1143			1239	1253			1403	1418	1433	1447	1501	1516	1530	1544	1558	1612	1626
Manor Park Gladding Road	1544	1557		1653	1707	1721	1735	1749	1803	1817	1831	1845	1859	1913	1927	1940	1952	
East Ham Station	1558	1611		1707	1721	1735	1749	1803	1817	1831	1844	1857	1910	1923	1936	1948	2000	
East Ham Newham Town Hall	1613	1627	Then	1723	1737	1751	1805	1819	1832	1845	1857	1908	1920	1932	1944	1955	2007	
East Ham Fire Station	1619	1632	every 14	1728	1742	1756	1810	1824	1837	1850	1902	1913	1925	1936	1948	1959	2011	
Lonsdale Avenue Hatherley Gardens	1624	1639	minutes	1735	1749	1803	1817	1830	1843	1856	1908	1918	1930	1941	1953	2004	2015	
Newham Hospital Emergency Dept.	1627	1642	until	1738	1752	1806	1820	1833	1846	1859	1911	1921	1933	1944	1956	2006	2017	
Prince Regent Stn. Prince Regent Lane	1637	1652		1748	1801	1815	1828	1841	1854	1907	1919	1929	1941	1952	2004	2013	2024	
Custom House Station	1640	1655		1751	1804	1818	1831	1844	1857	1910	1922	1932	1944	1955	2006	2015	2026	
Manor Park Gladding Road	2004	2016	2028	2040	2055	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340		0100
East Ham Station	2012	2024	2036	2048	2103	2118	2133	2147	2202	2216	2231	2246	2301	2316	2331	2346	Then	0106
East Ham Newham Town Hall	2019	2031	2043	2055	2109	2124	2139	2153	2207	2221	2236	2251	2306	2321	2336	2351	every	0111
East Ham Fire Station	2023	2035	2047	2059	2113	2128	2143	2158	2211	2225	2240	2255	2310	2326	2342	2357	20	0117
Lonsdale Avenue Hatherley Gardens	2027	2039	2051	2103	2117	2132	2147	2201	2214	2228	2243	2258	2313	2328	2343	2358	mins.	0118
Newham Hospital Emergency Dept.	2029	2041	2053	2105	2119	2134	2149	2203	2216	2230	2245	2300	2315	2330	2345	0000	until	0120
Prince Regent Stn. Prince Regent Lane	2036	2048	2100	2111	2125	2140	2155	2208	2221	2235	2250	2305	2320	2335	2350	0005		0125
Custom House Station	2038	2050	2102	2113	2127	2142	2157	2210	2223	2237	2252	2307	2322	2337	2352	0007		0127

304		Saturdays (also Good Friday)																	
Manor Park Gladding Road	0455	0510	0525	0540	0555	0610			0725	0740	0755	0810	0825	0840	0855	0906	0918	0930	
East Ham Station	0500	0515	0530	0545	0600	0616			0731	0746	0801	0816	0831	0846	0901	0913	0925	0937	
East Ham Newham Town Hall	0505	0520	0535	0550	0605	0621	Then every 15 minutes until		0736	0751	0806	0821	0836	0851	0907	0919	0931	0943	
East Ham Fire Station	0508	0523	0538	0553	0609	0625		0740	0755	0810	0826	0841	0856	0913	0925	0937	0949		
Lonsdale Avenue Hatherley Gardens	0511	0526	0541	0556	0612	0628		0743	0758	0813	0829	0844	0859	0916	0928	0940	0952		
Newham Hospital Emergency Dept.	0513	0528	0543	0558	0614	0630		0745	0800	0815	0831	0846	0902	0919	0931	0943	0955		
Prince Regent Stn. Prince Regent Lane	0517	0532	0547	0603	0619	0635		0750	0806	0821	0837	0852	0909	0926	0938	0950	1002		
Custom House Station	0519	0534	0549	0605	0621	0637		0752	0808	0823	0839	0854	0911	0928	0940	0952	1005		
Manor Park Gladding Road	0941	0953	1004	1016	1029	1040		1054	1108	1122	1136	1150	1204			1534	1548	1602	1616
East Ham Station	0948	1001	1013	1026	1040	1052	1106	1120	1134	1148	1202	1217	Then every 14 minutes until		1547	1601	1615	1629	
East Ham Newham Town Hall	0955	1009	1023	1037	1052	1105	1119	1133	1148	1202	1217	1232		1602	1616	1630	1644		
East Ham Fire Station	1001	1015	1029	1044	1059	1112	1126	1140	1155	1209	1224	1239		1609	1623	1637	1651		
Lonsdale Avenue Hatherley Gardens	1004	1018	1032	1047	1102	1115	1129	1143	1158	1212	1227	1242		1612	1627	1641	1655		
Newham Hospital Emergency Dept.	1007	1021	1035	1050	1105	1118	1132	1146	1201	1215	1230	1245		1615	1630	1644	1658		
Prince Regent Stn. Prince Regent Lane	1014	1029	1043	1058	1113	1126	1140	1154	1209	1224	1239	1254		1624	1639	1653	1707		
Custom House Station	1017	1032	1046	1101	1116	1129	1143	1157	1212	1227	1242	1257		1627	1642	1656	1710		
Manor Park Gladding Road	1630	1644	1659	1713	1727	1741	1755	1810	1824	1838	1850	1902	1914	1926	1938	1951	2003	2015	
East Ham Station	1643	1657	1712	1726	1740	1754	1808	1822	1836	1850	1901	1912	1923	1935	1947	1959	2011	2023	
East Ham Newham Town Hall	1658	1712	1726	1740	1754	1808	1822	1835	1848	1901	1911	1921	1931	1943	1955	2007	2018	2030	
East Ham Fire Station	1705	1719	1733	1747	1801	1815	1829	1841	1854	1907	1917	1926	1936	1948	2000	2012	2023	2035	
Lonsdale Avenue Hatherley Gardens	1709	1723	1737	1751	1805	1819	1833	1845	1858	1911	1921	1930	1940	1952	2003	2015	2026	2038	
Newham Hospital Emergency Dept.	1712	1726	1740	1754	1808	1822	1836	1848	1901	1914	1924	1933	1943	1954	2005	2017	2028	2040	
Prince Regent Stn. Prince Regent Lane	1721	1735	1749	1803	1817	1831	1844	1856	1909	1922	1932	1941	1951	2001	2012	2024	2035	2047	
Custom House Station	1724	1738	1752	1806	1820	1834	1847	1858	1911	1924	1934	1943	1953	2003	2014	2026	2037	2049	
Manor Park Gladding Road	2027	2040	2055	2110	2125	2140	2155	2210	Then every 15 minutes until		2340	0000	0020	0040	0100				
East Ham Station	2035	2048	2103	2117	2132	2147	2202	2216		2346	0006	0026	0046	0106					
East Ham Newham Town Hall	2042	2055	2109	2123	2138	2153	2207	2221		2351	0011	0031	0051	0111					
East Ham Fire Station	2047	2100	2114	2128	2143	2158	2212	2226		2356	0016	0036	0056	0116					
Lonsdale Avenue Hatherley Gardens	2050	2103	2117	2131	2146	2201	2214	2228		2358	0018	0038	0058	0118					
Newham Hospital Emergency Dept.	2052	2105	2119	2133	2148	2203	2216	2230		0000	0020	0040	0100	0120					
Prince Regent Stn. Prince Regent Lane	2059	2111	2125	2139	2154	2208	2221	2235		0005	0025	0045	0105	0125					
Custom House Station	2101	2113	2127	2141	2156	2210	2223	2237	0007	0027	0047	0107	0127						
304		Sundays and other Public Holidays (except Christmas Day)																	
Manor Park Gladding Road	0545	0600	Then every 15 minutes until	0730	0744	0759	0814	0829	0844	0859	0914	0929	0943	0958	1012	1029	1043		
East Ham Station	0550	0605		0735	0749	0804	0819	0834	0849	0904	0920	0935	0950	1006	1021	1039	1053		
East Ham Newham Town Hall	0555	0610		0740	0754	0809	0824	0839	0854	0909	0925	0940	0956	1013	1029	1048	1103		
East Ham Fire Station	0559	0615		0745	0759	0814	0829	0844	0859	0914	0930	0946	1002	1019	1036	1055	1110		
Lonsdale Avenue Hatherley Gardens	0601	0617		0747	0801	0816	0831	0846	0901	0916	0932	0948	1004	1021	1038	1057	1113		
Newham Hospital Emergency Dept.	0603	0619		0749	0803	0818	0833	0848	0903	0918	0934	0950	1006	1023	1040	1059	1116		
Prince Regent Stn. Prince Regent Lane	0607	0623		0753	0808	0823	0838	0853	0909	0924	0940	0956	1012	1029	1046	1106	1123		
Custom House Station	0609	0625	0755	0810	0825	0840	0855	0911	0926	0942	0958	1014	1031	1048	1108	1125			
Manor Park Gladding Road	1100	1116	1133	1150	1206	1223	1240	1257	1314	1331	1348	1405	1422	1440	1457	1515	1532	1549	
East Ham Station	1110	1126	1143	1200	1216	1234	1251	1309	1326	1343	1400	1417	1434	1452	1509	1526	1543	1600	
East Ham Newham Town Hall	1121	1138	1155	1212	1229	1247	1305	1323	1340	1357	1414	1431	1448	1506	1523	1540	1557	1614	
East Ham Fire Station	1128	1145	1202	1219	1236	1254	1312	1330	1347	1404	1421	1438	1455	1513	1530	1547	1604	1621	
Lonsdale Avenue Hatherley Gardens	1131	1148	1205	1222	1239	1257	1315	1333	1350	1407	1424	1441	1458	1516	1533	1550	1607	1624	
Newham Hospital Emergency Dept.	1134	1151	1208	1225	1242	1300	1318	1336	1353	1410	1427	1444	1501	1519	1536	1553	1610	1627	
Prince Regent Stn. Prince Regent Lane	1141	1158	1215	1233	1250	1308	1326	1344	1401	1418	1435	1452	1509	1526	1543	1600	1617	1634	
Custom House Station	1143	1200	1217	1235	1252	1311	1329	1347	1404	1421	1438	1455	1512	1529	1546	1603	1620	1637	
Manor Park Gladding Road	1606	1624	1641	1658	1715	1732	1749	1806	1823	1840	1855	1910	1925	1940	1955	2010	2025	2040	
East Ham Station	1617	1634	1651	1708	1725	1742	1759	1816	1833	1849	1903	1918	1933	1948	2003	2017	2032	2047	
East Ham Newham Town Hall	1630	1647	1704	1721	1738	1755	1811	1827	1843	1858	1911	1925	1940	1955	2009	2023	2038	2053	
East Ham Fire Station	1637	1654	1711	1728	1745	1802	1818	1834	1850	1905	1917	1931	1946	2001	2015	2029	2044	2059	
Lonsdale Avenue Hatherley Gardens	1640	1657	1714	1731	1748	1805	1821	1836	1852	1907	1919	1933	1948	2003	2017	2031	2046	2101	
Newham Hospital Emergency Dept.	1643	1700	1717	1734	1751	1808	1824	1839	1855	1910	1922	1936	1951	2005	2019	2033	2048	2103	
Prince Regent Stn. Prince Regent Lane	1650	1707	1724	1741	1758	1815	1831	1846	1902	1917	1929	1943	1958	2012	2026	2040	2055	2109	
Custom House Station	1653	1710	1727	1744	1800	1817	1833	1848	1904	1919	1931	1945	2000	2014	2028	2042	2057	2111	
Manor Park Gladding Road	2055	2110	2125	2140	Then every 15 minutes until		2340	0000	0020	0040	0100								
East Ham Station	2102	2116	2131	2146		2346	0006	0026	0046	0106									
East Ham Newham Town Hall	2107	2121	2136	2151		2351	0011	0031	0051	0111									
East Ham Fire Station	2112	2126	2141	2156		2356	0016	0036	0056	0116									
Lonsdale Avenue Hatherley Gardens	2114	2128	2143	2158		2358	0018	0038	0058	0118									
Newham Hospital Emergency Dept.	2116	2130	2145	2200		0000	0020	0040	0100	0120									
Prince Regent Stn. Prince Regent Lane	2122	2136	2151	2205		0005	0025	0045	0105	0125									
Custom House Station	2124	2138	2153	2207	0007	0027	0047	0107	0127										

304		Saturdays (also Good Friday)																
Custom House Station	0430		0745	0800	0815	0829	0841	0851	0903	0915	0927	0938	0950	1001	1013	1027	1040	
Prince Regent Stn. Prince Regent Lane	0432		0747	0802	0817	0831	0843	0853	0905	0917	0929	0940	0952	1003	1015	1029	1042	
Newham Hospital Emergency Dept.	0436	Then	0751	0806	0821	0836	0848	0858	0910	0922	0934	0945	0957	1009	1021	1035	1049	
Lonsdale Avenue Hatherley Gardens	0439	every 15	0754	0809	0824	0840	0852	0902	0914	0926	0938	0949	1001	1013	1025	1039	1053	
East Ham Fire Station	0440	minutes	0755	0810	0825	0841	0853	0903	0915	0927	0939	0950	1003	1015	1027	1041	1055	
East Ham Newham Town Hall	0445	until	0800	0815	0831	0847	0859	0910	0922	0934	0946	0957	1011	1024	1038	1054	1109	
East Ham Station	0449		0804	0820	0836	0852	0904	0916	0928	0940	0952	1003	1017	1031	1046	1103	1118	
Manor Park Gladding Road	0455		0810	0826	0843	0859	0911	0923	0935	0947	0959	1011	1025	1039	1054	1111	1126	
Custom House Station	1054	1108	1122	1136	1149	1202	1216	1229	1243	1256			1434	1449	1503	1517	1531	1545
Prince Regent Stn. Prince Regent Lane	1056	1110	1124	1138	1151	1204	1218	1231	1245	1258			1436	1451	1505	1519	1533	1547
Newham Hospital Emergency Dept.	1103	1117	1131	1145	1158	1212	1226	1239	1253	1307	Then		1445	1500	1514	1528	1542	1556
Lonsdale Avenue Hatherley Gardens	1107	1121	1135	1149	1202	1216	1230	1243	1257	1311	every 14		1449	1504	1518	1532	1546	1600
East Ham Fire Station	1109	1123	1137	1151	1204	1218	1232	1245	1259	1313	minutes		1451	1506	1520	1534	1548	1602
East Ham Newham Town Hall	1123	1137	1151	1205	1218	1232	1246	1259	1313	1327	until		1505	1520	1534	1548	1602	1616
East Ham Station	1133	1147	1201	1215	1229	1243	1257	1311	1325	1339			1517	1531	1545	1559	1613	1627
Manor Park Gladding Road	1141	1155	1209	1224	1238	1252	1306	1321	1335	1349			1527	1541	1555	1609	1623	1637
Custom House Station	1559	1613	1627	1641	1655	1709	1723	1737	1751	1806	1821	1835	1847	1859	1911	1923	1936	1948
Prince Regent Stn. Prince Regent Lane	1601	1615	1629	1643	1657	1711	1725	1739	1753	1808	1823	1837	1849	1901	1913	1925	1938	1950
Newham Hospital Emergency Dept.	1609	1623	1637	1651	1705	1719	1733	1747	1801	1816	1830	1844	1856	1908	1920	1932	1945	1957
Lonsdale Avenue Hatherley Gardens	1613	1627	1641	1655	1709	1723	1737	1751	1805	1820	1834	1848	1900	1912	1924	1936	1949	2001
East Ham Fire Station	1615	1629	1643	1657	1711	1725	1739	1753	1807	1822	1836	1850	1902	1914	1926	1938	1951	2003
East Ham Newham Town Hall	1629	1643	1657	1711	1725	1739	1753	1806	1819	1833	1846	1859	1910	1921	1932	1944	1957	2009
East Ham Station	1641	1655	1709	1723	1737	1751	1805	1818	1831	1845	1858	1910	1920	1931	1941	1952	2005	2017
Manor Park Gladding Road	1651	1705	1719	1733	1747	1801	1815	1828	1841	1855	1908	1920	1930	1941	1951	2002	2015	2027
Custom House Station	2000	2015	2030	2045	2100			2230	2245	2300			0100					
Prince Regent Stn. Prince Regent Lane	2002	2017	2032	2047	2102			2232	2247	2302			0102					
Newham Hospital Emergency Dept.	2008	2023	2038	2053	2107	Then		2237	2252	2306	Then		0106					
Lonsdale Avenue Hatherley Gardens	2011	2026	2041	2056	2110	every 15		2240	2255	2309	every 20		0109					
East Ham Fire Station	2013	2028	2043	2058	2111	minutes		2241	2256	2310	minutes		0110					
East Ham Newham Town Hall	2019	2034	2049	2104	2117	until		2247	2302	2315	until		0115					
East Ham Station	2026	2040	2055	2109	2122			2252	2306	2319			0119					
Manor Park Gladding Road	2035	2049	2104	2117	2130			2300	2313	2326			0126					
304		Sundays and other Public Holidays (except Christmas Day)																
Custom House Station	0525		0740	0754	0809	0824	0838	0853	0907	0921	0935	0950	1005	1022	1039	1056	1111	
Prince Regent Stn. Prince Regent Lane	0527		0742	0756	0811	0826	0840	0855	0909	0923	0937	0952	1007	1024	1041	1058	1113	
Newham Hospital Emergency Dept.	0531	Then	0746	0800	0815	0830	0844	0859	0914	0928	0942	0957	1012	1029	1046	1103	1119	
Lonsdale Avenue Hatherley Gardens	0534	every 15	0749	0803	0818	0833	0847	0902	0917	0931	0945	1000	1015	1032	1049	1106	1123	
East Ham Fire Station	0535	minutes	0750	0805	0820	0835	0849	0904	0919	0934	0949	1004	1019	1036	1053	1110	1127	
East Ham Newham Town Hall	0540	until	0755	0810	0825	0840	0854	0909	0924	0939	0954	1009	1026	1043	1101	1119	1136	
East Ham Station	0544		0759	0814	0829	0844	0859	0914	0929	0944	0959	1015	1033	1051	1110	1129	1146	
Manor Park Gladding Road	0550		0805	0820	0835	0850	0906	0921	0936	0951	1007	1023	1042	1100	1119	1138	1155	
Custom House Station	1128	1145	1202	1219	1236	1253	1310	1327	1344	1402	1419	1436	1453	1510	1527	1544	1602	1619
Prince Regent Stn. Prince Regent Lane	1130	1147	1204	1221	1238	1255	1312	1329	1346	1404	1421	1438	1455	1512	1529	1546	1604	1621
Newham Hospital Emergency Dept.	1136	1153	1210	1228	1245	1302	1319	1336	1353	1410	1427	1444	1501	1518	1535	1552	1610	1627
Lonsdale Avenue Hatherley Gardens	1140	1157	1214	1232	1249	1306	1323	1340	1357	1414	1431	1448	1505	1522	1539	1556	1614	1631
East Ham Fire Station	1144	1201	1218	1236	1253	1310	1327	1344	1401	1418	1435	1452	1509	1526	1543	1600	1617	1634
East Ham Newham Town Hall	1153	1210	1227	1245	1303	1320	1337	1354	1411	1428	1445	1502	1519	1536	1553	1610	1627	1644
East Ham Station	1203	1220	1238	1256	1314	1331	1348	1405	1422	1439	1456	1513	1530	1547	1604	1621	1638	1655
Manor Park Gladding Road	1212	1229	1247	1305	1323	1340	1357	1414	1431	1448	1505	1522	1539	1556	1613	1630	1647	1704
Custom House Station	1636	1654	1711	1728	1746	1803	1820	1837	1853	1908	1924	1941	1958	2013	2028	2043	2100	2115
Prince Regent Stn. Prince Regent Lane	1638	1656	1713	1730	1748	1805	1822	1839	1855	1910	1926	1943	2000	2015	2030	2045	2102	2117
Newham Hospital Emergency Dept.	1644	1702	1719	1736	1754	1811	1827	1844	1900	1915	1931	1948	2004	2019	2034	2049	2106	2121
Lonsdale Avenue Hatherley Gardens	1648	1706	1723	1740	1758	1815	1831	1848	1904	1919	1935	1952	2007	2022	2037	2052	2109	2124
East Ham Fire Station	1651	1708	1725	1742	1800	1817	1832	1849	1905	1920	1936	1953	2008	2023	2038	2053	2109	2124
East Ham Newham Town Hall	1701	1719	1736	1753	1811	1828	1842	1859	1913	1927	1943	1959	2014	2029	2044	2059	2115	2130
East Ham Station	1712	1729	1746	1803	1820	1837	1851	1907	1920	1933	1948	2004	2019	2034	2049	2104	2119	2134
Manor Park Gladding Road	1721	1738	1755	1812	1829	1846	1900	1915	1928	1941	1956	2011	2026	2041	2056	2111	2126	2141
Custom House Station	2130		2300					0100										
Prince Regent Stn. Prince Regent Lane	2132		2302					0102										
Newham Hospital Emergency Dept.	2136	Then	2306	Then				0106										
Lonsdale Avenue Hatherley Gardens	2139	every 15	2309	every 20				0109										
East Ham Fire Station	2139	minutes	2309	minutes				0109										
East Ham Newham Town Hall	2145	until	2315	until				0115										
East Ham Station	2149		2319					0119										
Manor Park Gladding Road	2156		2326					0126										