

308		Mondays to Fridays																
Wanstead Woodbine Place	0450		1759	1812	1825	1838	1851	1904	1917	1932	1949	2009	2029	2050	2110	2130	2150	
Dames Road Wanstead Flats	0456		1810	1823	1836	1848	1901	1913	1926	1941	1957	2016	2036	2057	2117	2137	2157	
Wanstead Park Station	0500	Then about every 12 minutes until	1815	1828	1841	1853	1905	1917	1930	1945	2001	2020	2040	2100	2120	2140	2200	
Romford Road Water Lane	0506		1823	1836	1849	1901	1913	1925	1937	1952	2007	2026	2046	2106	2126	2146	2206	
Stratford Bus Station	0511		1829	1842	1855	1907	1919	1931	1943	1958	2013	2031	2051	2111	2131	2150	2210	
Stratford City Bus Station	0516		1835	1848	1901	1913	1925	1936	1948	2003	2018	2036	2056	2116	2136	2155	2215	
Olympic Park North Homerton Road	0524		1847	1859	1911	1922	1934	1945	1957	2012	2027	2045	2105	2124	2144	2203	2223	
Homerton Hospital Brooksby's Walk	0528		1854	1906	1917	1928	1940	1951	2003	2018	2033	2051	2111	2130	2149	2208	2228	
Clapton Lea Bridge Road	0534		1902	1912	1923	1934	1946	1957	2009	2024	2039	2057	2117	2136	2155	2213	2233	
Wanstead Woodbine Place	2210	2230	2250	2310	2330													
Dames Road Wanstead Flats	2217	2237	2257	2317	2337													
Wanstead Park Station	2220	2240	2300	2320	2340													
Romford Road Water Lane	2226	2246	2306	2326	2346													
Stratford Bus Station	2230	2250	2310	2330	2350													
Stratford City Bus Station	2235	2255	2315	2335	2355													
Olympic Park North Homerton Road	2243	2303	2323	2343	0003													
Homerton Hospital Brooksby's Walk	2248	2307	2327	2347	0007													
Clapton Lea Bridge Road	2253	2312	2332	2352	0012													
308		Saturdays (also Good Friday)																
Wanstead Woodbine Place	0450	0520	0550	0619	0649	0719	0749	0819	0839	0859	0914	0928	Then about every 12 minutes until	1742	1755	1808	1820	
Dames Road Wanstead Flats	0456	0526	0556	0626	0656	0726	0756	0826	0846	0906	0921	0935		1752	1805	1817	1829	
Wanstead Park Station	0500	0530	0600	0630	0700	0730	0800	0830	0850	0910	0925	0939		1758	1811	1823	1835	
Romford Road Water Lane	0506	0536	0606	0636	0706	0736	0807	0837	0857	0917	0932	0946		1806	1818	1830	1842	
Stratford Bus Station	0511	0541	0611	0641	0711	0741	0812	0842	0902	0922	0937	0951		1812	1824	1836	1848	
Stratford City Bus Station	0516	0546	0616	0646	0716	0746	0817	0847	0907	0927	0942	0956		1818	1830	1842	1854	
Olympic Park North Homerton Road	0524	0554	0624	0654	0725	0755	0826	0856	0916	0936	0951	1006		1828	1840	1852	1904	
Homerton Hospital Brooksby's Walk	0529	0559	0629	0659	0730	0800	0831	0901	0921	0941	0956	1011	1835	1847	1859	1911		
Clapton Lea Bridge Road	0535	0605	0635	0705	0736	0806	0837	0907	0927	0947	1002	1017	1842	1854	1906	1917		
Wanstead Woodbine Place	1833	1846	1858	1911	1930	1950	2010	2030	2050	2110	2130	2150	2210	2230	2250	2310	2330	
Dames Road Wanstead Flats	1842	1855	1907	1919	1938	1958	2017	2037	2057	2117	2137	2157	2217	2237	2257	2317	2337	
Wanstead Park Station	1848	1901	1912	1924	1943	2003	2021	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	
Romford Road Water Lane	1855	1907	1918	1930	1949	2009	2027	2046	2106	2126	2146	2206	2226	2246	2306	2326	2346	
Stratford Bus Station	1901	1912	1923	1935	1954	2014	2032	2051	2111	2131	2150	2210	2230	2250	2310	2330	2350	
Stratford City Bus Station	1906	1917	1928	1940	1959	2019	2037	2056	2116	2136	2155	2215	2235	2255	2315	2335	2355	
Olympic Park North Homerton Road	1916	1927	1938	1950	2009	2028	2046	2105	2124	2144	2203	2223	2243	2303	2323	2343	0003	
Homerton Hospital Brooksby's Walk	1923	1934	1945	1957	2016	2035	2053	2111	2130	2149	2208	2228	2248	2307	2327	2347	0007	
Clapton Lea Bridge Road	1929	1940	1951	2003	2022	2041	2059	2117	2136	2155	2213	2233	2253	2312	2332	2352	0012	
308		Sundays and other Public Holidays (except Christmas Day)																
Wanstead Woodbine Place	0615	0645	0714	0743	0812	0842	0911	0941	0959	1017	1036	1056	1115	1133	1152	1211	1230	1250
Dames Road Wanstead Flats	0621	0651	0720	0750	0819	0849	0919	0949	1007	1026	1045	1105	1125	1143	1202	1222	1241	1301
Wanstead Park Station	0624	0654	0723	0753	0822	0852	0922	0952	1011	1030	1049	1109	1129	1147	1206	1226	1245	1306
Romford Road Water Lane	0630	0700	0729	0759	0829	0859	0929	0959	1018	1037	1056	1116	1136	1154	1214	1234	1253	1313
Stratford Bus Station	0635	0705	0734	0804	0834	0904	0934	1004	1024	1043	1102	1122	1142	1200	1220	1240	1259	1319
Stratford City Bus Station	0640	0710	0739	0809	0839	0909	0939	1009	1029	1048	1107	1127	1147	1205	1225	1245	1305	1325
Olympic Park North Homerton Road	0648	0718	0748	0818	0848	0918	0948	1018	1038	1057	1117	1137	1157	1215	1235	1255	1315	1335
Homerton Hospital Brooksby's Walk	0653	0723	0753	0823	0853	0923	0953	1023	1043	1102	1122	1142	1202	1222	1242	1302	1322	1342
Clapton Lea Bridge Road	0659	0729	0759	0829	0859	0929	0959	1029	1049	1109	1129	1149	1209	1229	1249	1309	1329	1349
Wanstead Woodbine Place	1310	Then every 20 minutes until	1550	1610	1630	1650	1710	1730	1750	1810	1830	1850	1910	1930	1950	2010	2030	
Dames Road Wanstead Flats	1321		1601	1620	1640	1700	1719	1739	1758	1818	1838	1858	1918	1938	1958	2017	2037	
Wanstead Park Station	1326		1606	1625	1645	1704	1723	1743	1802	1823	1843	1903	1922	1942	2002	2021	2040	
Romford Road Water Lane	1333		1613	1632	1652	1711	1730	1750	1809	1829	1849	1909	1928	1948	2008	2027	2046	
Stratford Bus Station	1339		1619	1638	1658	1717	1736	1756	1814	1834	1854	1914	1933	1953	2013	2032	2051	
Stratford City Bus Station	1345		1625	1644	1704	1723	1742	1802	1820	1840	1900	1919	1938	1958	2018	2037	2056	
Olympic Park North Homerton Road	1355		1635	1654	1714	1733	1752	1812	1830	1850	1909	1928	1947	2007	2026	2045	2104	
Homerton Hospital Brooksby's Walk	1402	1642	1701	1721	1740	1759	1818	1836	1856	1915	1934	1953	2013	2032	2051	2110		
Clapton Lea Bridge Road	1409	1649	1708	1728	1747	1806	1825	1843	1903	1922	1941	2000	2019	2038	2057	2116		
Wanstead Woodbine Place	2050	2110	2130	2150	2210	2230	2250	2310	2330									
Dames Road Wanstead Flats	2057	2117	2137	2157	2217	2237	2257	2317	2337									
Wanstead Park Station	2100	2120	2140	2200	2220	2240	2300	2320	2340									
Romford Road Water Lane	2106	2126	2146	2206	2226	2246	2306	2326	2346									
Stratford Bus Station	2111	2131	2150	2210	2230	2250	2310	2330	2350									
Stratford City Bus Station	2116	2136	2155	2215	2235	2255	2315	2335	2355									
Olympic Park North Homerton Road	2124	2144	2203	2223	2243	2303	2323	2343	0003									
Homerton Hospital Brooksby's Walk	2130	2149	2208	2228	2248	2307	2327	2347	0007									
Clapton Lea Bridge Road	2136	2155	2213	2233	2253	2312	2332	2352	0012									

308		Mondays to Fridays																
Clapton Lea Bridge Road	0520		1824	1837	1850	1903	1918	1938	1959	2020	2040	2100	2120	2140	2200	2220	2240	
Homerton Hospital Homerton Grove	0525		1832	1844	1857	1910	1925	1945	2006	2027	2046	2106	2126	2146	2205	2225	2245	
Olympic Park North Homerton Road	0530	Then about every 12 minutes until	1840	1852	1905	1918	1933	1953	2013	2033	2052	2111	2131	2151	2210	2230	2250	
Stratford City Bus Station	0539		1852	1904	1916	1928	1943	2003	2023	2043	2102	2120	2140	2200	2219	2239	2259	
Stratford The Grove	0544		1859	1910	1922	1934	1949	2009	2029	2049	2107	2125	2145	2205	2224	2244	2304	
Romford Road Water Lane	0546		1902	1913	1925	1937	1952	2012	2032	2052	2110	2128	2147	2207	2226	2246	2306	
Wanstead Park Station	0552		1911	1921	1933	1945	2000	2019	2039	2059	2117	2135	2154	2214	2233	2253	2312	
Dames Road Wanstead Flats	0555		1914	1924	1936	1948	2003	2022	2042	2102	2120	2138	2157	2217	2236	2256	2315	
Wanstead Woodbine Place	0600		1922	1932	1944	1956	2010	2029	2049	2108	2126	2144	2204	2223	2242	2302	2321	
Clapton Lea Bridge Road	2300	2320																
Homerton Hospital Homerton Grove	2305	2325																
Olympic Park North Homerton Road	2310	2330																
Stratford City Bus Station	2319	2339																
Stratford The Grove	2324	2344																
Romford Road Water Lane	2326	2346																
Wanstead Park Station	2332	2352																
Dames Road Wanstead Flats	2335	2355																
Wanstead Woodbine Place	2341	0001																
308		Saturdays (also Good Friday)																
Clapton Lea Bridge Road	0520	0550	0620	0650	0719	0749	0819	0839	0857	0912	0927	Then about every 12 minutes until	1845	1900	1920	1940	2000	
Homerton Hospital Homerton Grove	0525	0555	0625	0655	0725	0755	0825	0845	0903	0918	0933		1853	1908	1928	1948	2007	
Olympic Park North Homerton Road	0530	0600	0630	0700	0730	0800	0830	0850	0909	0924	0939		1900	1915	1935	1955	2014	
Stratford City Bus Station	0538	0608	0638	0709	0739	0809	0839	0859	0919	0934	0949		1910	1925	1945	2005	2023	
Stratford The Grove	0543	0613	0643	0714	0744	0814	0844	0904	0924	0939	0954		1917	1932	1952	2011	2029	
Romford Road Water Lane	0545	0615	0645	0716	0746	0817	0847	0907	0927	0942	0957		1920	1935	1955	2014	2032	
Wanstead Park Station	0551	0621	0651	0722	0752	0823	0854	0914	0934	0949	1004		1927	1942	2002	2021	2039	
Dames Road Wanstead Flats	0554	0624	0654	0725	0755	0826	0857	0917	0937	0952	1007	1930	1945	2005	2024	2042		
Wanstead Woodbine Place	0600	0630	0700	0731	0802	0833	0904	0925	0945	1000	1016	1938	1953	2012	2031	2049		
Clapton Lea Bridge Road	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320								
Homerton Hospital Homerton Grove	2027	2047	2106	2126	2146	2205	2225	2245	2305	2325								
Olympic Park North Homerton Road	2033	2053	2111	2131	2151	2210	2230	2250	2310	2330								
Stratford City Bus Station	2042	2102	2120	2140	2200	2219	2239	2259	2319	2339								
Stratford The Grove	2048	2107	2125	2145	2205	2224	2244	2304	2324	2344								
Romford Road Water Lane	2051	2110	2128	2147	2207	2226	2246	2306	2326	2346								
Wanstead Park Station	2058	2117	2135	2154	2214	2233	2253	2312	2332	2352								
Dames Road Wanstead Flats	2101	2120	2138	2157	2217	2236	2256	2315	2335	2355								
Wanstead Woodbine Place	2107	2126	2144	2204	2223	2242	2302	2321	2341	0001								
308		Sundays and other Public Holidays (except Christmas Day)																
Clapton Lea Bridge Road	0610	0640	0710	0740	0810	0840	0909	0929	0949	1009	1027	1047	1106	1125	1143	1202	1222	1241
Homerton Hospital Homerton Grove	0615	0645	0715	0745	0815	0845	0916	0936	0956	1016	1034	1054	1113	1132	1150	1209	1229	1248
Olympic Park North Homerton Road	0620	0650	0720	0750	0820	0851	0922	0942	1002	1022	1040	1100	1119	1138	1156	1216	1236	1255
Stratford City Bus Station	0628	0658	0728	0758	0829	0900	0932	0952	1012	1032	1050	1110	1129	1148	1206	1226	1246	1305
Stratford The Grove	0633	0703	0733	0803	0834	0905	0937	0957	1017	1037	1055	1115	1134	1153	1212	1232	1252	1312
Romford Road Water Lane	0635	0705	0735	0805	0836	0907	0939	0959	1019	1039	1057	1117	1136	1155	1215	1235	1255	1315
Wanstead Park Station	0641	0711	0741	0811	0842	0913	0945	1005	1026	1046	1104	1124	1143	1203	1223	1243	1303	1323
Dames Road Wanstead Flats	0644	0714	0744	0814	0845	0916	0948	1008	1029	1049	1108	1128	1147	1207	1227	1247	1307	1327
Wanstead Woodbine Place	0650	0720	0750	0821	0852	0924	0956	1016	1037	1057	1117	1137	1157	1217	1237	1257	1317	1337
Clapton Lea Bridge Road	1300	Then every 20 minutes until	1600	1620	1640	1700	1720	1740	1800	1820	1840	1900	1920	1940	2000	2020	2040	
Homerton Hospital Homerton Grove	1307		1607	1627	1647	1707	1727	1747	1807	1827	1847	1907	1927	1947	2007	2027	2047	
Olympic Park North Homerton Road	1314		1614	1634	1654	1714	1734	1754	1814	1834	1854	1914	1934	1954	2014	2033	2053	
Stratford City Bus Station	1325		1625	1645	1705	1725	1745	1805	1825	1845	1905	1925	1945	2005	2023	2042	2102	
Stratford The Grove	1332		1632	1652	1712	1732	1752	1811	1831	1851	1911	1931	1951	2011	2029	2048	2107	
Romford Road Water Lane	1335		1635	1655	1715	1735	1755	1814	1834	1854	1914	1934	1954	2014	2032	2051	2110	
Wanstead Park Station	1343		1643	1703	1723	1743	1803	1822	1842	1901	1921	1941	2001	2021	2039	2058	2117	
Dames Road Wanstead Flats	1347	1647	1707	1727	1747	1807	1826	1846	1905	1925	1945	2004	2024	2042	2101	2120		
Wanstead Woodbine Place	1357	1657	1716	1736	1756	1815	1834	1854	1913	1933	1953	2011	2031	2049	2107	2126		
Clapton Lea Bridge Road	2100	2120	2140	2200	2220	2240	2300	2320										
Homerton Hospital Homerton Grove	2106	2126	2146	2205	2225	2245	2305	2325										
Olympic Park North Homerton Road	2111	2131	2151	2210	2230	2250	2310	2330										
Stratford City Bus Station	2120	2140	2200	2219	2239	2259	2319	2339										
Stratford The Grove	2125	2145	2205	2224	2244	2304	2324	2344										
Romford Road Water Lane	2128	2148	2207	2226	2246	2306	2326	2346										
Wanstead Park Station	2135	2155	2214	2233	2253	2312	2332	2352										
Dames Road Wanstead Flats	2138	2158	2217	2236	2256	2315	2335	2355										
Wanstead Woodbine Place	2144	2204	2223	2242	2302	2321	2341	0001										