

308	Mondays to Fridays																	
Wanstead Woodbine Place	0450	0502	0514	0526	0538	0550	0602	0614	0626	0636	0648	0659	0709	0718	0728	0738	0750	0802
Dames Road Wanstead Flats	0456	0508	0520	0532	0544	0556	0608	0620	0632	0643	0655	0706	0717	0727	0737	0748	0800	0812
Wanstead Park Station	0500	0512	0524	0536	0548	0600	0612	0624	0636	0647	0659	0710	0721	0731	0742	0753	0805	0817
Romford Road Water Lane	0506	0518	0530	0542	0554	0606	0618	0630	0642	0653	0705	0717	0728	0739	0750	0802	0814	0826
Stratford Bus Station	0511	0523	0535	0547	0559	0611	0623	0636	0648	0659	0711	0723	0734	0746	0757	0809	0821	0833
Stratford City Bus Station	0516	0528	0540	0552	0604	0616	0628	0641	0653	0704	0716	0728	0740	0752	0803	0815	0827	0839
Ruckholt Road Temple Mills Lane	0522	0534	0546	0558	0610	0622	0634	0647	0659	0711	0723	0735	0747	0759	0811	0823	0835	0847
Olympic Park North Homerton Road	0524	0536	0548	0600	0612	0624	0636	0649	0702	0714	0726	0738	0750	0802	0814	0826	0838	0850
Homerton High Street Digby Road	0528	0540	0552	0605	0618	0630	0643	0657	0711	0723	0735	0747	0800	0813	0825	0837	0849	0901
Clapton Park Millfields Road	0531	0543	0555	0608	0621	0633	0646	0700	0714	0727	0739	0751	0804	0817	0829	0841	0853	0905
Clapton Lea Bridge Road	0534	0546	0558	0611	0624	0636	0649	0703	0717	0730	0742	0754	0807	0820	0832	0844	0856	0908
Wanstead Woodbine Place	0814	0826	0839	0851	0904	0916	0928	0940	0952	Then every 12 minutes until	1316	1328	1340	1351	1403	1415	1426	
Dames Road Wanstead Flats	0824	0836	0849	0901	0913	0925	0937	0949	1001		1325	1337	1349	1400	1412	1424	1435	
Wanstead Park Station	0829	0841	0854	0906	0918	0930	0942	0954	1005		1329	1341	1353	1405	1417	1429	1440	
Romford Road Water Lane	0838	0850	0903	0914	0926	0938	0950	1001	1012		1336	1348	1400	1412	1424	1436	1447	
Stratford Bus Station	0845	0857	0909	0920	0932	0944	0956	1007	1018		1342	1354	1406	1418	1430	1442	1453	
Stratford City Bus Station	0851	0903	0915	0926	0938	0950	1002	1013	1024		1348	1400	1412	1424	1436	1448	1459	
Ruckholt Road Temple Mills Lane	0859	0911	0923	0934	0946	0958	1010	1021	1032		1356	1409	1421	1433	1445	1457	1509	
Olympic Park North Homerton Road	0902	0913	0925	0937	0949	1001	1013	1024	1035		1359	1412	1424	1436	1448	1500	1512	
Homerton High Street Digby Road	0913	0924	0935	0945	0956	1007	1019	1030	1041		1405	1418	1430	1442	1454	1506	1518	
Clapton Park Millfields Road	0917	0928	0939	0949	1000	1011	1023	1034	1045		1409	1422	1434	1446	1458	1510	1522	
Clapton Lea Bridge Road	0920	0931	0942	0952	1003	1014	1026	1037	1048	1412	1425	1437	1449	1501	1513	1525		
Wanstead Woodbine Place	1438	1448	1459	1511	Then every 12 minutes until	1735	1747	1759	1812	1825	1838	1851	1904	1917	1932	1949	2009	
Dames Road Wanstead Flats	1447	1458	1510	1522		1746	1758	1810	1823	1836	1848	1901	1913	1926	1941	1957	2016	
Wanstead Park Station	1452	1503	1515	1527		1751	1803	1815	1828	1841	1853	1905	1917	1930	1945	2001	2020	
Romford Road Water Lane	1459	1511	1523	1535		1759	1811	1823	1836	1849	1901	1913	1925	1937	1952	2007	2026	
Stratford Bus Station	1505	1517	1529	1541		1805	1817	1829	1842	1855	1907	1919	1931	1943	1958	2013	2031	
Stratford City Bus Station	1511	1523	1535	1547		1811	1823	1835	1848	1901	1913	1925	1936	1948	2003	2018	2036	
Ruckholt Road Temple Mills Lane	1521	1533	1545	1557		1821	1833	1845	1857	1909	1920	1932	1943	1955	2010	2025	2043	
Olympic Park North Homerton Road	1524	1536	1548	1600		1824	1835	1847	1859	1911	1922	1934	1945	1957	2012	2027	2045	
Homerton High Street Digby Road	1530	1542	1554	1607		1831	1842	1854	1906	1917	1928	1940	1951	2003	2018	2033	2051	
Clapton Park Millfields Road	1534	1546	1558	1611		1835	1846	1858	1909	1920	1931	1943	1954	2006	2021	2036	2054	
Clapton Lea Bridge Road	1537	1549	1602	1615	1839	1850	1902	1912	1923	1934	1946	1957	2009	2024	2039	2057		
Wanstead Woodbine Place	2029	2050	2110	2130	2150	2210	2230	2250	2310	2330								
Dames Road Wanstead Flats	2036	2057	2117	2137	2157	2217	2237	2257	2317	2337								
Wanstead Park Station	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340								
Romford Road Water Lane	2046	2106	2126	2146	2206	2226	2246	2306	2326	2346								
Stratford Bus Station	2051	2111	2131	2150	2210	2230	2250	2310	2330	2350								
Stratford City Bus Station	2056	2116	2136	2155	2215	2235	2255	2315	2335	2355								
Ruckholt Road Temple Mills Lane	2103	2122	2142	2201	2221	2241	2301	2321	2341	0001								
Olympic Park North Homerton Road	2105	2124	2144	2203	2223	2243	2303	2323	2343	0003								
Homerton High Street Digby Road	2111	2130	2149	2208	2228	2248	2307	2327	2347	0007								
Clapton Park Millfields Road	2114	2133	2152	2211	2231	2251	2310	2330	2350	0010								
Clapton Lea Bridge Road	2117	2136	2155	2213	2233	2253	2312	2332	2352	0012								

308		Saturdays (also Good Friday)																
Wanstead Woodbine Place	0450	0520	0550	0619	0649	0719	0749	0819	0839	0859	0914	0928	0939	0951	1002	1014	1025	1037
Dames Road Wanstead Flats	0456	0526	0556	0626	0656	0726	0756	0826	0846	0906	0921	0935	0946	0958	1010	1022	1033	1045
Wanstead Park Station	0500	0530	0600	0630	0700	0730	0800	0830	0850	0910	0925	0939	0950	1002	1014	1026	1037	1049
Romford Road Water Lane	0506	0536	0606	0636	0706	0736	0807	0837	0857	0917	0932	0946	0957	1009	1021	1033	1044	1056
Stratford Bus Station	0511	0541	0611	0641	0711	0741	0812	0842	0902	0922	0937	0951	1002	1014	1026	1038	1049	1101
Stratford City Bus Station	0516	0546	0616	0646	0716	0746	0817	0847	0907	0927	0942	0956	1008	1020	1032	1044	1055	1107
Ruckholt Road Temple Mills Lane	0522	0552	0622	0652	0723	0753	0824	0854	0914	0934	0949	1004	1016	1028	1040	1052	1103	1115
Olympic Park North Homerton Road	0524	0554	0624	0654	0725	0755	0826	0856	0916	0936	0951	1006	1018	1030	1042	1054	1106	1118
Homerton High Street Digby Road	0529	0559	0629	0659	0730	0800	0831	0901	0921	0941	0956	1011	1023	1035	1048	1100	1112	1124
Clapton Park Millfields Road	0532	0602	0632	0702	0733	0803	0834	0904	0924	0944	0959	1014	1026	1038	1051	1104	1116	1128
Clapton Lea Bridge Road	0535	0605	0635	0705	0736	0806	0837	0907	0927	0947	1002	1017	1029	1041	1054	1107	1119	1131
Wanstead Woodbine Place	1048	1059	1110	1121	1132	1143	1154	1205	Then every 12 minutes until	1705	1718	1730	1742	1755	1808	1820	1833	
Dames Road Wanstead Flats	1056	1108	1120	1131	1142	1153	1205	1217		1717	1729	1740	1752	1805	1817	1829	1842	
Wanstead Park Station	1101	1113	1125	1136	1148	1159	1211	1223		1723	1735	1746	1758	1811	1823	1835	1848	
Romford Road Water Lane	1108	1120	1132	1143	1156	1207	1219	1231		1731	1743	1754	1806	1818	1830	1842	1855	
Stratford Bus Station	1113	1125	1137	1148	1201	1213	1225	1237		1737	1749	1800	1812	1824	1836	1848	1901	
Stratford City Bus Station	1119	1131	1143	1154	1207	1219	1231	1243		1743	1755	1806	1818	1830	1842	1854	1906	
Ruckholt Road Temple Mills Lane	1127	1139	1151	1202	1215	1227	1239	1251		1751	1803	1814	1826	1838	1850	1902	1914	
Olympic Park North Homerton Road	1130	1142	1154	1205	1218	1230	1242	1254		1754	1805	1816	1828	1840	1852	1904	1916	
Homerton High Street Digby Road	1136	1148	1200	1212	1225	1237	1249	1301		1801	1812	1823	1835	1847	1859	1911	1923	
Clapton Park Millfields Road	1140	1152	1204	1216	1229	1241	1253	1305		1805	1816	1827	1839	1851	1903	1914	1926	
Clapton Lea Bridge Road	1143	1155	1207	1219	1232	1244	1256	1308	1808	1819	1830	1842	1854	1906	1917	1929		
Wanstead Woodbine Place	1846	1858	1911	1930	1950	2010	2030	2050	2110	2130	2150	2210	2230	2250	2310	2330		
Dames Road Wanstead Flats	1855	1907	1919	1938	1958	2017	2037	2057	2117	2137	2157	2217	2237	2257	2317	2337		
Wanstead Park Station	1901	1912	1924	1943	2003	2021	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340		
Romford Road Water Lane	1907	1918	1930	1949	2009	2027	2046	2106	2126	2146	2206	2226	2246	2306	2326	2346		
Stratford Bus Station	1912	1923	1935	1954	2014	2032	2051	2111	2131	2150	2210	2230	2250	2310	2330	2350		
Stratford City Bus Station	1917	1928	1940	1959	2019	2037	2056	2116	2136	2155	2215	2235	2255	2315	2335	2355		
Ruckholt Road Temple Mills Lane	1925	1936	1948	2007	2026	2044	2103	2122	2142	2201	2221	2241	2301	2321	2341	0001		
Olympic Park North Homerton Road	1927	1938	1950	2009	2028	2046	2105	2124	2144	2203	2223	2243	2303	2323	2343	0003		
Homerton High Street Digby Road	1934	1945	1957	2016	2035	2053	2111	2130	2149	2208	2228	2248	2307	2327	2347	0007		
Clapton Park Millfields Road	1937	1948	2000	2019	2038	2056	2114	2133	2152	2211	2231	2251	2310	2330	2350	0010		
Clapton Lea Bridge Road	1940	1951	2003	2022	2041	2059	2117	2136	2155	2213	2233	2253	2312	2332	2352	0012		
308		Sundays and other Public Holidays (except Christmas Day)																
Wanstead Woodbine Place	0615	0645	0714	0743	0812	0842	0911	0941	0959	1017	1036	1056	1115	1133	1152	1211	1230	1250
Dames Road Wanstead Flats	0621	0651	0720	0750	0819	0849	0919	0949	1007	1026	1045	1105	1125	1143	1202	1222	1241	1301
Wanstead Park Station	0624	0654	0723	0753	0822	0852	0922	0952	1011	1030	1049	1109	1129	1147	1206	1226	1245	1306
Romford Road Water Lane	0630	0700	0729	0759	0829	0859	0929	0959	1018	1037	1056	1116	1136	1154	1214	1234	1253	1313
Stratford Bus Station	0635	0705	0734	0804	0834	0904	0934	1004	1024	1043	1102	1122	1142	1200	1220	1240	1259	1319
Stratford City Bus Station	0640	0710	0739	0809	0839	0909	0939	1009	1029	1048	1107	1127	1147	1205	1225	1245	1305	1325
Ruckholt Road Temple Mills Lane	0646	0716	0746	0816	0846	0916	0946	1016	1036	1055	1115	1135	1155	1213	1233	1253	1313	1333
Olympic Park North Homerton Road	0648	0718	0748	0818	0848	0918	0948	1018	1038	1057	1117	1137	1157	1215	1235	1255	1315	1335
Homerton High Street Digby Road	0653	0723	0753	0823	0853	0923	0953	1023	1043	1102	1122	1142	1202	1222	1242	1302	1322	1342
Clapton Park Millfields Road	0656	0726	0756	0826	0856	0926	0956	1026	1046	1106	1126	1146	1206	1226	1246	1306	1326	1346
Clapton Lea Bridge Road	0659	0729	0759	0829	0859	0929	0959	1029	1049	1109	1129	1149	1209	1229	1249	1309	1329	1349
Wanstead Woodbine Place	1310	Then every 20 minutes until	1550	1610	1630	1650	1710	1730	1750	1810	1830	1850	1910	1930	1950	2010	2030	
Dames Road Wanstead Flats	1321		1601	1620	1640	1700	1719	1739	1758	1818	1838	1858	1918	1938	1958	2017	2037	
Wanstead Park Station	1326		1606	1625	1645	1704	1723	1743	1802	1823	1843	1903	1922	1942	2002	2021	2040	
Romford Road Water Lane	1333		1613	1632	1652	1711	1730	1750	1809	1829	1849	1909	1928	1948	2008	2027	2046	
Stratford Bus Station	1339		1619	1638	1658	1717	1736	1756	1814	1834	1854	1914	1933	1953	2013	2032	2051	
Stratford City Bus Station	1345		1625	1644	1704	1723	1742	1802	1820	1840	1900	1919	1938	1958	2018	2037	2056	
Ruckholt Road Temple Mills Lane	1353		1633	1652	1712	1731	1750	1810	1828	1848	1907	1926	1945	2005	2024	2043	2102	
Olympic Park North Homerton Road	1355		1635	1654	1714	1733	1752	1812	1830	1850	1909	1928	1947	2007	2026	2045	2104	
Homerton High Street Digby Road	1402		1642	1701	1721	1740	1759	1818	1836	1856	1915	1934	1953	2013	2032	2051	2110	
Clapton Park Millfields Road	1406		1646	1705	1725	1744	1803	1822	1840	1900	1919	1938	1957	2016	2035	2054	2113	
Clapton Lea Bridge Road	1409	1649	1708	1728	1747	1806	1825	1843	1903	1922	1941	2000	2019	2038	2057	2116		
Wanstead Woodbine Place	2050	2110	2130	2150	2210	2230	2250	2310	2330									
Dames Road Wanstead Flats	2057	2117	2137	2157	2217	2237	2257	2317	2337									
Wanstead Park Station	2100	2120	2140	2200	2220	2240	2300	2320	2340									
Romford Road Water Lane	2106	2126	2146	2206	2226	2246	2306	2326	2346									
Stratford Bus Station	2111	2131	2150	2210	2230	2250	2310	2330	2350									
Stratford City Bus Station	2116	2136	2155	2215	2235	2255	2315	2335	2355									
Ruckholt Road Temple Mills Lane	2122	2142	2201	2221	2241	2301	2321	2341	0001									
Olympic Park North Homerton Road	2124	2144	2203	2223	2243	2303	2323	2343	0003									
Homerton High Street Digby Road	2130	2149	2208	2228	2248	2307	2327	2347	0007									
Clapton Park Millfields Road	2133	2152	2211	2231	2251	2310	2330	2350	0010									
Clapton Lea Bridge Road	2136	2155	2213	2233	2253	2312	2332	2352	0012									

308	Mondays to Fridays																	
Clapton <i>Lea Bridge Road</i>	0520	0532	0544	0555	0607	0619	0630	0640	0650	0700	0710	0720	0730	0741	0752	0804	0816	0828
Clapton Park <i>Millfields Road</i>	0522	0534	0546	0557	0609	0621	0632	0642	0652	0703	0713	0723	0734	0745	0756	0808	0820	0832
Hackney Hospital	0525	0537	0549	0600	0612	0624	0635	0645	0655	0707	0717	0727	0738	0749	0800	0812	0824	0836
Olympic Park North <i>Homerton Road</i>	0530	0542	0554	0606	0618	0630	0641	0651	0702	0714	0724	0734	0745	0756	0808	0820	0832	0844
Ruckholt Road <i>Temple Mills Lane</i>	0533	0545	0557	0609	0621	0633	0644	0654	0705	0717	0727	0738	0749	0800	0812	0824	0836	0848
Stratford City <i>Bus Station</i>	0539	0551	0603	0615	0627	0639	0650	0700	0712	0724	0734	0745	0756	0808	0820	0832	0844	0856
Stratford <i>The Grove</i>	0544	0556	0608	0620	0632	0644	0655	0705	0717	0729	0740	0751	0802	0814	0826	0838	0850	0902
Romford Road <i>Water Lane</i>	0546	0558	0610	0622	0634	0646	0657	0708	0720	0732	0743	0754	0806	0818	0830	0842	0854	0905
Wanstead Park <i>Station</i>	0552	0604	0616	0628	0640	0652	0704	0716	0728	0740	0751	0802	0814	0826	0838	0850	0902	0913
Dames Road <i>Wanstead Flats</i>	0555	0607	0619	0631	0643	0655	0707	0719	0731	0743	0754	0806	0818	0830	0842	0854	0906	0917
Wanstead <i>Woodbine Place</i>	0600	0613	0625	0637	0649	0703	0716	0728	0740	0752	0804	0816	0828	0840	0852	0904	0916	0927
Clapton <i>Lea Bridge Road</i>	0840	0852	0904	0916	0928	0940	Then every 12 minutes until	1304	1316	1328	1340	1352	1404	1416	1428	1439	1451	
Clapton Park <i>Millfields Road</i>	0844	0856	0908	0920	0932	0943		1307	1319	1331	1343	1355	1407	1419	1431	1442	1454	
Hackney Hospital	0848	0900	0912	0924	0936	0947		1311	1323	1335	1347	1359	1411	1423	1435	1446	1458	
Olympic Park North <i>Homerton Road</i>	0856	0907	0919	0931	0943	0954		1318	1330	1342	1354	1406	1419	1431	1443	1454	1506	
Ruckholt Road <i>Temple Mills Lane</i>	0900	0911	0923	0935	0947	0958		1322	1334	1346	1358	1410	1423	1435	1447	1458	1510	
Stratford City <i>Bus Station</i>	0908	0919	0931	0943	0955	1006		1330	1342	1354	1406	1418	1431	1443	1455	1506	1518	
Stratford <i>The Grove</i>	0914	0925	0937	0949	1001	1012		1336	1348	1400	1412	1424	1437	1449	1501	1513	1525	
Romford Road <i>Water Lane</i>	0917	0928	0940	0952	1004	1015		1339	1351	1404	1416	1428	1441	1453	1504	1516	1528	
Wanstead Park <i>Station</i>	0925	0936	0947	0959	1011	1022		1346	1358	1411	1424	1436	1449	1501	1513	1525	1537	
Dames Road <i>Wanstead Flats</i>	0928	0939	0950	1002	1014	1025		1349	1401	1414	1427	1440	1453	1505	1517	1529	1541	
Wanstead <i>Woodbine Place</i>	0938	0948	0959	1010	1022	1033	1357	1410	1423	1436	1449	1502	1515	1528	1540	1552		
Clapton <i>Lea Bridge Road</i>	1502	1514	1525	1537	1548	Then every 12 minutes until	1736	1748	1800	1812	1824	1837	1850	1903	1918	1938	1959	
Clapton Park <i>Millfields Road</i>	1505	1517	1528	1540	1551		1739	1751	1803	1815	1827	1840	1853	1906	1921	1941	2002	
Hackney Hospital	1510	1522	1533	1545	1556		1744	1756	1808	1820	1832	1844	1857	1910	1925	1945	2006	
Olympic Park North <i>Homerton Road</i>	1518	1530	1541	1553	1604		1752	1804	1816	1828	1840	1852	1905	1918	1933	1953	2013	
Ruckholt Road <i>Temple Mills Lane</i>	1522	1534	1545	1557	1609		1757	1809	1821	1833	1844	1856	1908	1921	1936	1956	2016	
Stratford City <i>Bus Station</i>	1530	1542	1553	1605	1617		1805	1817	1829	1841	1852	1904	1916	1928	1943	2003	2023	
Stratford <i>The Grove</i>	1537	1549	1600	1612	1624		1812	1824	1836	1848	1859	1910	1922	1934	1949	2009	2029	
Romford Road <i>Water Lane</i>	1540	1552	1604	1616	1628		1816	1828	1839	1851	1902	1913	1925	1937	1952	2012	2032	
Wanstead Park <i>Station</i>	1549	1601	1613	1625	1637		1825	1837	1848	1900	1911	1921	1933	1945	2000	2019	2039	
Dames Road <i>Wanstead Flats</i>	1553	1605	1617	1629	1641		1829	1841	1852	1903	1914	1924	1936	1948	2003	2022	2042	
Wanstead <i>Woodbine Place</i>	1604	1617	1629	1641	1653	1841	1852	1902	1912	1922	1932	1944	1956	2010	2029	2049		
Clapton <i>Lea Bridge Road</i>	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320								
Clapton Park <i>Millfields Road</i>	2023	2043	2103	2123	2143	2202	2222	2242	2302	2322								
Hackney Hospital	2027	2046	2106	2126	2146	2205	2225	2245	2305	2325								
Olympic Park North <i>Homerton Road</i>	2033	2052	2111	2131	2151	2210	2230	2250	2310	2330								
Ruckholt Road <i>Temple Mills Lane</i>	2036	2055	2114	2134	2154	2213	2233	2253	2313	2333								
Stratford City <i>Bus Station</i>	2043	2102	2120	2140	2200	2219	2239	2259	2319	2339								
Stratford <i>The Grove</i>	2049	2107	2125	2145	2205	2224	2244	2304	2324	2344								
Romford Road <i>Water Lane</i>	2052	2110	2128	2147	2207	2226	2246	2306	2326	2346								
Wanstead Park <i>Station</i>	2059	2117	2135	2154	2214	2233	2253	2312	2332	2352								
Dames Road <i>Wanstead Flats</i>	2102	2120	2138	2157	2217	2236	2256	2315	2335	2355								
Wanstead <i>Woodbine Place</i>	2108	2126	2144	2204	2223	2242	2302	2321	2341	0001								

308		Saturdays (also Good Friday)																	
Clapton <i>Lea Bridge Road</i>	0520	0550	0620	0650	0719	0749	0819	0839	0857	0912	0927	0939	0950	1001	1013	1025	1036	1047	
Clapton Park <i>Millfields Road</i>	0522	0552	0622	0652	0722	0752	0822	0842	0900	0915	0930	0942	0953	1004	1016	1028	1039	1050	
Hackney Hospital	0525	0555	0625	0655	0725	0755	0825	0845	0903	0918	0933	0945	0956	1007	1019	1031	1042	1053	
Olympic Park North <i>Homerton Road</i>	0530	0600	0630	0700	0730	0800	0830	0850	0909	0924	0939	0951	1002	1014	1026	1038	1049	1100	
Ruckholt Road <i>Temple Mills Lane</i>	0533	0603	0633	0703	0733	0803	0833	0853	0913	0928	0943	0955	1006	1018	1030	1042	1053	1104	
Stratford City <i>Bus Station</i>	0538	0608	0638	0709	0739	0809	0839	0859	0919	0934	0949	1001	1013	1025	1037	1049	1100	1111	
Stratford <i>The Grove</i>	0543	0613	0643	0714	0744	0814	0844	0904	0924	0939	0954	1006	1018	1030	1042	1054	1105	1117	
Romford Road <i>Water Lane</i>	0545	0615	0645	0716	0746	0817	0847	0907	0927	0942	0957	1009	1021	1033	1045	1057	1108	1120	
Wanstead Park <i>Station</i>	0551	0621	0651	0722	0752	0823	0854	0914	0934	0949	1004	1016	1028	1040	1052	1104	1116	1128	
Dames Road <i>Wanstead Flats</i>	0554	0624	0654	0725	0755	0826	0857	0917	0937	0952	1007	1019	1031	1043	1056	1108	1120	1132	
Wanstead <i>Woodbine Place</i>	0600	0630	0700	0731	0802	0833	0904	0925	0945	1000	1016	1028	1040	1052	1105	1118	1130	1142	
Clapton <i>Lea Bridge Road</i>	1058	1109			1233	1244			1708	1720	1732	1745	1757	1809	1821	1833	1845	1900	
Clapton Park <i>Millfields Road</i>	1101	1113			1237	1248			1712	1724	1736	1749	1801	1813	1825	1837	1849	1904	
Hackney Hospital	1105	1117			1241	1252			1716	1728	1740	1753	1805	1817	1829	1841	1853	1908	
Olympic Park North <i>Homerton Road</i>	1112	1124			1248	1259			1723	1735	1747	1800	1812	1824	1836	1848	1900	1915	
Ruckholt Road <i>Temple Mills Lane</i>	1116	1128			1252	1303			1727	1739	1751	1803	1815	1827	1839	1851	1903	1918	
Stratford City <i>Bus Station</i>	1123	1135			1259	1311			1735	1747	1759	1810	1822	1834	1846	1858	1910	1925	
Stratford <i>The Grove</i>	1130	1142			1306	1318			1742	1754	1806	1817	1829	1841	1853	1905	1917	1932	
Romford Road <i>Water Lane</i>	1133	1145			1309	1321			1745	1757	1809	1820	1832	1844	1856	1908	1920	1935	
Wanstead Park <i>Station</i>	1141	1153			1317	1329			1753	1805	1817	1828	1840	1852	1904	1916	1927	1942	
Dames Road <i>Wanstead Flats</i>	1145	1157			1321	1333			1757	1809	1821	1832	1844	1856	1908	1919	1930	1945	
Wanstead <i>Woodbine Place</i>	1155	1207			1331	1343			1807	1818	1830	1841	1853	1905	1916	1927	1938	1953	
Clapton <i>Lea Bridge Road</i>	1920	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320						
Clapton Park <i>Millfields Road</i>	1924	1944	2003	2023	2043	2103	2123	2143	2202	2222	2242	2302	2322						
Hackney Hospital	1928	1948	2007	2027	2047	2106	2126	2146	2205	2225	2245	2305	2325						
Olympic Park North <i>Homerton Road</i>	1935	1955	2014	2033	2053	2111	2131	2151	2210	2230	2250	2310	2330						
Ruckholt Road <i>Temple Mills Lane</i>	1938	1958	2017	2036	2056	2114	2134	2154	2213	2233	2253	2313	2333						
Stratford City <i>Bus Station</i>	1945	2005	2023	2042	2102	2120	2140	2200	2219	2239	2259	2319	2339						
Stratford <i>The Grove</i>	1952	2011	2029	2048	2107	2125	2145	2205	2224	2244	2304	2324	2344						
Romford Road <i>Water Lane</i>	1955	2014	2032	2051	2110	2128	2147	2207	2226	2246	2306	2326	2346						
Wanstead Park <i>Station</i>	2002	2021	2039	2058	2117	2135	2154	2214	2233	2253	2312	2332	2352						
Dames Road <i>Wanstead Flats</i>	2005	2024	2042	2101	2120	2138	2157	2217	2236	2256	2315	2335	2355						
Wanstead <i>Woodbine Place</i>	2012	2031	2049	2107	2126	2144	2204	2223	2242	2302	2321	2341	0001						
308		Sundays and other Public Holidays (except Christmas Day)																	
Clapton <i>Lea Bridge Road</i>	0610	0640	0710	0740	0810	0840	0909	0929	0949	1009	1027	1047	1106	1125	1143	1202	1222	1241	
Clapton Park <i>Millfields Road</i>	0612	0642	0712	0742	0812	0842	0912	0932	0952	1012	1030	1050	1109	1128	1146	1205	1225	1244	
Hackney Hospital	0615	0645	0715	0745	0815	0845	0916	0936	0956	1016	1034	1054	1113	1132	1150	1209	1229	1248	
Olympic Park North <i>Homerton Road</i>	0620	0650	0720	0750	0820	0851	0922	0942	1002	1022	1040	1100	1119	1138	1156	1216	1236	1255	
Ruckholt Road <i>Temple Mills Lane</i>	0623	0653	0723	0753	0823	0854	0925	0945	1005	1025	1043	1103	1122	1141	1159	1219	1239	1258	
Stratford City <i>Bus Station</i>	0628	0658	0728	0758	0829	0900	0932	0952	1012	1032	1050	1110	1129	1148	1206	1226	1246	1305	
Stratford <i>The Grove</i>	0633	0703	0733	0803	0834	0905	0937	0957	1017	1037	1055	1115	1134	1153	1212	1232	1252	1312	
Romford Road <i>Water Lane</i>	0635	0705	0735	0805	0836	0907	0939	0959	1019	1039	1057	1117	1136	1155	1215	1235	1255	1315	
Wanstead Park <i>Station</i>	0641	0711	0741	0811	0842	0913	0945	1005	1026	1046	1104	1124	1143	1203	1223	1243	1303	1323	
Dames Road <i>Wanstead Flats</i>	0644	0714	0744	0814	0845	0916	0948	1008	1029	1049	1108	1128	1147	1207	1227	1247	1307	1327	
Wanstead <i>Woodbine Place</i>	0650	0720	0750	0821	0852	0924	0956	1016	1037	1057	1117	1137	1157	1217	1237	1257	1317	1337	
Clapton <i>Lea Bridge Road</i>	1300				1600	1620	1640	1700	1720	1740	1800	1820	1840	1900	1920	1940	2000	2020	2040
Clapton Park <i>Millfields Road</i>	1303				1603	1623	1643	1703	1723	1743	1803	1823	1843	1903	1923	1943	2003	2023	2043
Hackney Hospital	1307				1607	1627	1647	1707	1727	1747	1807	1827	1847	1907	1927	1947	2007	2027	2047
Olympic Park North <i>Homerton Road</i>	1314				1614	1634	1654	1714	1734	1754	1814	1834	1854	1914	1934	1954	2014	2033	2053
Ruckholt Road <i>Temple Mills Lane</i>	1318				1618	1638	1658	1718	1738	1758	1818	1838	1858	1918	1938	1958	2017	2036	2056
Stratford City <i>Bus Station</i>	1325				1625	1645	1705	1725	1745	1805	1825	1845	1905	1925	1945	2005	2023	2042	2102
Stratford <i>The Grove</i>	1332				1632	1652	1712	1732	1752	1811	1831	1851	1911	1931	1951	2011	2029	2048	2107
Romford Road <i>Water Lane</i>	1335				1635	1655	1715	1735	1755	1814	1834	1854	1914	1934	1954	2014	2032	2051	2110
Wanstead Park <i>Station</i>	1343				1643	1703	1723	1743	1803	1822	1842	1901	1921	1941	2001	2021	2039	2058	2117
Dames Road <i>Wanstead Flats</i>	1347				1647	1707	1727	1747	1807	1826	1846	1905	1925	1945	2004	2024	2042	2101	2120
Wanstead <i>Woodbine Place</i>	1357				1657	1716	1736	1756	1815	1834	1854	1913	1933	1953	2011	2031	2049	2107	2126
Clapton <i>Lea Bridge Road</i>	2100	2120	2140	2200	2220	2240	2300	2320											
Clapton Park <i>Millfields Road</i>	2103	2123	2143	2202	2222	2242	2302	2322											
Hackney Hospital	2106	2126	2146	2205	2225	2245	2305	2325											
Olympic Park North <i>Homerton Road</i>	2111	2131	2151	2210	2230	2250	2310	2330											
Ruckholt Road <i>Temple Mills Lane</i>	2114	2134	2154	2213	2233	2253	2313	2333											
Stratford City <i>Bus Station</i>	2120	2140	2200	2219	2239	2259	2319	2339											
Stratford <i>The Grove</i>	2125	2145	2205	2224	2244	2304	2324	2344											
Romford Road <i>Water Lane</i>	2128	2148	2207	2226	2246	2306	2326	2346											
Wanstead Park <i>Station</i>	2135	2155	2214	2233	2253	2312	2332	2352											
Dames Road <i>Wanstead Flats</i>	2138	2158	2217	2236	2256	2315	2335	2355											
Wanstead <i>Woodbine Place</i>	2144	2204	2223	2242	2302	2321	2341	0001											