

308 Mondays to Fridays																		
Wanstead Woodbine Place	0450	0502	0514	0526	0538	0550	0602	0614	0625	Then about every 12 minutes until	1902	1917	1932	1952	2012	2032	2052	
Dames Road Wanstead Flats	0456	0508	0520	0532	0544	0556	0609	0621	0632		1911	1926	1941	2001	2020	2040	2100	
Wanstead Park Station	0459	0511	0523	0535	0547	0559	0613	0625	0636		1915	1930	1945	2004	2023	2043	2103	
Romford Road Water Lane	0504	0516	0528	0540	0552	0604	0619	0631	0642		1922	1937	1952	2009	2028	2048	2108	
Stratford Bus Station	0508	0520	0532	0544	0556	0609	0624	0636	0647		1928	1943	1958	2015	2034	2054	2113	
Stratford City Bus Station	0512	0524	0536	0548	0600	0614	0629	0641	0652		1934	1949	2004	2020	2039	2059	2118	
Olympic Park North Homerton Road	0522	0534	0546	0558	0610	0624	0639	0651	0703		1945	2000	2015	2031	2050	2110	2128	
Homerton Hospital Brooksby's Walk	0526	0538	0550	0602	0615	0629	0644	0656	0713		1952	2005	2020	2036	2055	2115	2133	
Clapton Lea Bridge Road	0531	0543	0555	0608	0621	0635	0650	0704	0719		2000	2012	2027	2043	2102	2121	2139	
Wanstead Woodbine Place	2112	2132	2152	2212	2232	2252	2312	2332										
Dames Road Wanstead Flats	2119	2139	2159	2218	2238	2258	2318	2338										
Wanstead Park Station	2122	2142	2202	2221	2241	2301	2321	2341										
Romford Road Water Lane	2127	2147	2207	2226	2246	2305	2325	2345										
Stratford Bus Station	2132	2152	2212	2231	2251	2309	2329	2349										
Stratford City Bus Station	2137	2157	2217	2236	2256	2313	2333	2353										
Olympic Park North Homerton Road	2147	2207	2226	2245	2305	2322	2342	0002										
Homerton Hospital Brooksby's Walk	2152	2211	2230	2249	2309	2326	2346	0006										
Clapton Lea Bridge Road	2158	2217	2236	2255	2313	2331	2351	0011										
308 Saturdays (also Good Friday)																		
Wanstead Woodbine Place	0450	0520	0550	0620	0650	0720	0750	0820	0840	0859	0914	0929	Then about every 12 minutes until	1840	1855	1910	1931	
Dames Road Wanstead Flats	0456	0526	0556	0627	0657	0727	0757	0827	0847	0907	0922	0937		1850	1905	1920	1941	
Wanstead Park Station	0459	0529	0559	0631	0701	0731	0801	0831	0851	0911	0926	0941		1854	1909	1924	1945	
Romford Road Water Lane	0503	0533	0603	0637	0706	0736	0807	0837	0857	0917	0932	0947		1901	1916	1931	1952	
Stratford Bus Station	0507	0537	0607	0641	0711	0741	0812	0842	0902	0922	0937	0952		1908	1923	1938	1959	
Stratford City Bus Station	0511	0541	0611	0645	0716	0746	0817	0847	0907	0927	0942	0957		1913	1928	1943	2004	
Olympic Park North Homerton Road	0521	0551	0621	0655	0726	0756	0829	0859	0919	0938	0953	1007		1923	1938	1953	2014	
Homerton Hospital Brooksby's Walk	0525	0555	0625	0659	0731	0801	0834	0904	0924	0943	0958	1013		1930	1945	2000	2020	
Clapton Lea Bridge Road	0530	0600	0631	0704	0737	0808	0841	0911	0931	0950	1005	1020		1937	1952	2007	2027	
Wanstead Woodbine Place	1951	2012	2032	2052	2112	2132	2152	2212	2232	2252	2312	2332						
Dames Road Wanstead Flats	2001	2020	2040	2100	2119	2139	2159	2219	2239	2259	2318	2338						
Wanstead Park Station	2005	2024	2044	2103	2122	2142	2202	2222	2242	2302	2321	2341						
Romford Road Water Lane	2011	2030	2050	2108	2127	2147	2207	2227	2247	2307	2326	2346						
Stratford Bus Station	2017	2036	2056	2114	2133	2153	2212	2232	2252	2311	2330	2350						
Stratford City Bus Station	2022	2041	2101	2119	2138	2158	2216	2236	2256	2315	2334	2354						
Olympic Park North Homerton Road	2032	2051	2110	2128	2147	2207	2225	2245	2305	2324	2343	0003						
Homerton Hospital Brooksby's Walk	2038	2057	2115	2133	2152	2211	2229	2249	2309	2328	2347	0007						
Clapton Lea Bridge Road	2045	2104	2121	2139	2158	2216	2234	2254	2314	2333	2352	0012						
308 Sundays and other Public Holidays (except Christmas Day)																		
Wanstead Woodbine Place	0620	0650	0720	0750	0820	0850	0920	0950	1008	1028	1047	1107	1127	1147	Then every 20 minutes until	1327	1347	
Dames Road Wanstead Flats	0626	0656	0727	0757	0827	0857	0928	0958	1016	1036	1055	1117	1137	1157		1337	1357	
Wanstead Park Station	0629	0659	0730	0800	0830	0900	0932	1002	1020	1040	1059	1121	1141	1201		1341	1402	
Romford Road Water Lane	0634	0704	0735	0805	0835	0905	0937	1007	1026	1046	1105	1127	1148	1208		1348	1409	
Stratford Bus Station	0637	0708	0739	0810	0840	0910	0942	1013	1032	1052	1111	1133	1154	1215		1355	1416	
Stratford City Bus Station	0641	0713	0744	0815	0845	0915	0947	1018	1037	1057	1116	1138	1159	1220		1400	1422	
Olympic Park North Homerton Road	0650	0722	0753	0824	0854	0924	0956	1027	1047	1108	1128	1150	1211	1233		1413	1434	
Homerton Hospital Brooksby's Walk	0654	0727	0758	0829	0859	0929	1001	1032	1052	1114	1134	1156	1218	1241		1421	1441	
Clapton Lea Bridge Road	0659	0732	0804	0835	0905	0935	1008	1040	1100	1121	1141	1203	1226	1249		1429	1449	
Wanstead Woodbine Place	1407	1427	1447	1507	1527	1547	1607	1627	1647	1707	1727	1747	1807	1827		1848	1908	1928
Dames Road Wanstead Flats	1418	1438	1458	1518	1537	1557	1617	1637	1657	1716	1736	1756	1815	1835	1856	1916	1936	1956
Wanstead Park Station	1422	1442	1502	1522	1541	1601	1621	1641	1701	1720	1740	1800	1819	1839	1900	1920	1940	2000
Romford Road Water Lane	1429	1449	1509	1529	1548	1608	1628	1648	1708	1726	1746	1806	1825	1845	1906	1926	1946	2006
Stratford Bus Station	1436	1456	1516	1536	1555	1615	1635	1655	1715	1732	1752	1812	1831	1851	1911	1931	1951	2011
Stratford City Bus Station	1442	1502	1522	1542	1601	1621	1641	1701	1721	1738	1758	1817	1836	1856	1916	1936	1956	2016
Olympic Park North Homerton Road	1454	1514	1534	1554	1614	1634	1654	1714	1734	1753	1813	1831	1850	1909	1928	1948	2008	2027
Homerton Hospital Brooksby's Walk	1501	1521	1541	1601	1621	1641	1701	1721	1741	1800	1819	1837	1856	1915	1934	1954	2013	2032
Clapton Lea Bridge Road	1509	1529	1549	1609	1629	1649	1709	1729	1749	1807	1826	1844	1903	1922	1941	2001	2020	2039
Wanstead Woodbine Place	2008	2028	2049	2109	2130	2151	2212	2232	2252	2312	2332							
Dames Road Wanstead Flats	2015	2035	2056	2116	2137	2158	2218	2238	2258	2318	2338							
Wanstead Park Station	2018	2038	2059	2119	2140	2201	2221	2241	2301	2321	2341							
Romford Road Water Lane	2024	2044	2105	2123	2144	2206	2226	2246	2305	2325	2345							
Stratford Bus Station	2029	2049	2110	2127	2148	2210	2230	2250	2309	2329	2349							
Stratford City Bus Station	2034	2054	2114	2131	2152	2214	2234	2254	2313	2333	2353							
Olympic Park North Homerton Road	2045	2105	2122	2139	2159	2220	2240	2300	2320	2340	0002							
Homerton Hospital Brooksby's Walk	2050	2110	2127	2144	2203	2224	2244	2305	2325	2345	0005							
Clapton Lea Bridge Road	2057	2115	2132	2149	2208	2229	2249	2309	2329	2349	0009							

308		Mondays to Fridays																
Clapton Lea Bridge Road	0520		1830	1845	1900	1920	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320
Homerton Hospital Homerton Grove	0525	Then	1839	1854	1908	1928	1948	2007	2027	2047	2106	2126	2146	2205	2225	2245	2305	2325
Olympic Park North Homerton Road	0530	about	1847	1902	1915	1935	1955	2013	2033	2053	2111	2131	2151	2210	2230	2250	2309	2329
Stratford City Bus Station	0538	every	1859	1913	1925	1945	2005	2023	2043	2103	2121	2140	2200	2219	2239	2259	2316	2336
Stratford The Grove	0542	12	1905	1919	1931	1951	2010	2028	2048	2108	2126	2145	2205	2224	2244	2304	2320	2340
Romford Road Water Lane	0544	mins.	1908	1922	1934	1954	2013	2031	2051	2111	2129	2148	2207	2226	2246	2306	2322	2342
Wanstead Park Station	0549	until	1917	1930	1942	2002	2020	2038	2058	2116	2134	2153	2212	2231	2251	2311	2327	2347
Dames Road Wanstead Flats	0552		1921	1934	1946	2006	2024	2042	2101	2119	2137	2156	2215	2234	2254	2313	2329	2349
Wanstead Woodbine Place	0558		1931	1943	1955	2013	2031	2049	2107	2125	2143	2202	2221	2240	2300	2319	2335	2355
308		Saturdays (also Good Friday)																
Clapton Lea Bridge Road	0520	0550	0620	0650	0720	0750	0810	0830	0850	0903	0918	0930	0941	0953	1005	1017	1029	1041
Homerton Hospital Homerton Grove	0525	0555	0625	0655	0725	0754	0816	0836	0856	0910	0925	0937	0948	1000	1012	1024	1036	1048
Olympic Park North Homerton Road	0530	0600	0630	0700	0730	0759	0821	0841	0901	0916	0931	0943	0954	1007	1019	1031	1043	1055
Stratford City Bus Station	0538	0609	0639	0709	0739	0810	0832	0852	0912	0927	0942	0954	1005	1017	1029	1041	1053	1105
Stratford The Grove	0542	0614	0644	0714	0744	0815	0837	0857	0917	0932	0947	0959	1011	1023	1035	1047	1059	1111
Romford Road Water Lane	0544	0616	0646	0716	0746	0818	0840	0900	0920	0935	0950	1002	1014	1026	1038	1050	1102	1114
Wanstead Park Station	0549	0621	0651	0722	0752	0823	0845	0906	0926	0941	0956	1008	1020	1032	1044	1056	1110	1122
Dames Road Wanstead Flats	0551	0624	0654	0725	0755	0826	0848	0909	0929	0944	0959	1011	1023	1035	1047	1059	1114	1126
Wanstead Woodbine Place	0557	0630	0700	0732	0802	0833	0855	0917	0937	0952	1007	1020	1032	1044	1056	1108	1124	1136
Clapton Lea Bridge Road	1053	1105	1117	1129	1141	1153	Then about every 12 minutes until	1814	1829	1844	1900	1920	1940	2000	2020	2040	2100	
Homerton Hospital Homerton Grove	1100	1114	1126	1138	1150	1202		1822	1837	1852	1907	1927	1947	2007	2027	2047	2107	
Olympic Park North Homerton Road	1107	1121	1133	1145	1157	1210		1829	1844	1859	1914	1934	1954	2013	2033	2053	2113	
Stratford City Bus Station	1117	1131	1143	1155	1208	1222		1839	1854	1909	1924	1944	2004	2024	2044	2104	2124	
Stratford The Grove	1123	1137	1149	1201	1214	1228		1845	1900	1915	1930	1950	2010	2030	2050	2109	2129	
Romford Road Water Lane	1126	1140	1152	1205	1218	1232		1848	1903	1919	1934	1954	2013	2033	2053	2112	2132	
Wanstead Park Station	1134	1148	1200	1213	1227	1242		1857	1911	1927	1942	2002	2019	2039	2059	2118	2138	
Dames Road Wanstead Flats	1138	1152	1204	1217	1229	1245		1901	1915	1930	1945	2005	2022	2042	2102	2121	2141	
Wanstead Woodbine Place	1148	1202	1214	1227	1240	1255	1910	1923	1938	1953	2012	2029	2049	2108	2127	2147		
Clapton Lea Bridge Road	2120	2140	2200	2220	2240	2300	2320											
Homerton Hospital Homerton Grove	2127	2147	2205	2225	2245	2305	2325											
Olympic Park North Homerton Road	2133	2153	2210	2230	2250	2310	2330											
Stratford City Bus Station	2144	2204	2219	2239	2259	2318	2338											
Stratford The Grove	2149	2209	2224	2244	2304	2323	2343											
Romford Road Water Lane	2152	2211	2226	2246	2306	2325	2345											
Wanstead Park Station	2158	2216	2231	2251	2311	2330	2350											
Dames Road Wanstead Flats	2201	2219	2234	2254	2313	2332	2352											
Wanstead Woodbine Place	2207	2225	2240	2300	2319	2338	2358											
308		Sundays and other Public Holidays (except Christmas Day)																
Clapton Lea Bridge Road	0610	0640	0710	0740	0810	0840	0910	0940	1000	1020	1038	1058	1118	1138	1158	1218	1238	1258
Homerton Hospital Homerton Grove	0615	0645	0715	0745	0816	0846	0916	0946	1007	1027	1045	1105	1125	1145	1206	1226	1246	1306
Olympic Park North Homerton Road	0620	0650	0720	0750	0821	0851	0922	0952	1013	1033	1051	1111	1131	1152	1214	1234	1254	1314
Stratford City Bus Station	0628	0658	0728	0758	0829	0859	0932	1003	1023	1043	1101	1121	1142	1203	1225	1245	1305	1325
Stratford The Grove	0632	0702	0733	0803	0834	0904	0937	1008	1028	1048	1107	1127	1148	1209	1231	1251	1311	1331
Romford Road Water Lane	0634	0704	0735	0805	0836	0906	0939	1010	1030	1050	1110	1130	1151	1212	1234	1254	1315	1335
Wanstead Park Station	0639	0709	0740	0810	0841	0912	0945	1016	1036	1056	1116	1136	1157	1220	1242	1302	1324	1344
Dames Road Wanstead Flats	0641	0711	0742	0813	0844	0915	0948	1019	1039	1059	1119	1139	1200	1223	1245	1306	1328	1348
Wanstead Woodbine Place	0647	0717	0748	0819	0850	0922	0955	1027	1047	1107	1128	1148	1209	1232	1254	1316	1338	1358
Clapton Lea Bridge Road	1318	1338	1358	1418	1438	1458	1518	1538	1558	1618	1638	1658	1718	1738	1758	1818	1838	1859
Homerton Hospital Homerton Grove	1326	1346	1406	1427	1447	1507	1526	1546	1606	1626	1646	1706	1726	1746	1805	1825	1845	1906
Olympic Park North Homerton Road	1334	1354	1414	1435	1455	1514	1533	1553	1613	1633	1653	1713	1733	1753	1812	1832	1852	1912
Stratford City Bus Station	1345	1405	1425	1446	1506	1527	1546	1606	1626	1646	1706	1723	1743	1803	1823	1843	1903	1921
Stratford The Grove	1351	1411	1431	1452	1512	1533	1552	1613	1633	1653	1712	1729	1749	1809	1829	1849	1909	1927
Romford Road Water Lane	1355	1415	1435	1456	1515	1536	1555	1616	1636	1656	1715	1732	1752	1812	1832	1852	1912	1930
Wanstead Park Station	1404	1424	1444	1505	1524	1544	1603	1623	1643	1703	1723	1740	1800	1820	1840	1900	1918	1936
Dames Road Wanstead Flats	1408	1428	1448	1509	1528	1548	1607	1627	1647	1707	1727	1744	1804	1824	1844	1904	1922	1940
Wanstead Woodbine Place	1418	1438	1458	1518	1537	1557	1616	1636	1656	1715	1735	1752	1812	1832	1852	1912	1930	1948
Clapton Lea Bridge Road	1919	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320					
Homerton Hospital Homerton Grove	1926	1947	2007	2027	2047	2106	2126	2146	2205	2225	2245	2305	2325					
Olympic Park North Homerton Road	1932	1953	2015	2035	2055	2111	2131	2151	2210	2230	2250	2309	2329					
Stratford City Bus Station	1941	2002	2024	2044	2104	2119	2139	2159	2218	2238	2258	2317	2337					
Stratford The Grove	1947	2007	2029	2049	2109	2124	2144	2204	2223	2243	2303	2322	2342					
Romford Road Water Lane	1950	2010	2032	2052	2112	2127	2147	2206	2225	2245	2305	2324	2344					
Wanstead Park Station	1956	2016	2038	2058	2117	2132	2152	2211	2230	2250	2310	2329	2349					
Dames Road Wanstead Flats	2000	2019	2041	2101	2120	2135	2155	2214	2233	2253	2313	2332	2352					
Wanstead Woodbine Place	2006	2025	2047	2107	2126	2141	2201	2220	2239	2259	2318	2337	2357					