

308		Mondays to Fridays																
Wanstead Woodbine Place	0450		0613	0625	0636		0850	0901		1907	1920	1935	1950	2010	2030			
Dames Road Wanstead Flats	0456		0619	0632	0643		0900	0911		1915	1928	1943	1958	2017	2037			
Forest Gate Station	0500	Then	0624	0637	0648	Then	0906	0917	Then	1920	1933	1948	2003	2022	2041			
Romford Road Water Lane	0505	about	0629	0642	0653	about	0913	0924	about	1926	1939	1953	2008	2027	2046			
Stratford Bus Station	0510	every 12	0634	0647	0658	every 10	0919	0930	every 12	1931	1944	1958	2012	2031	2050			
Stratford City Bus Station	0515	minutes	0639	0652	0703	minutes	0924	0935	minutes	1936	1949	2003	2017	2036	2055			
Olympic Park North Homerton Road	0523	until	0647	0702	0713	until	0933	0944	until	1944	1957	2012	2026	2045	2103			
Homerton Hospital Brooksby's Walk	0527		0653	0708	0719		0941	0951		1950	2003	2017	2031	2050	2108			
Clapton Lea Bridge Road	0533		0659	0714	0725		0947	0957		1956	2009	2023	2037	2056	2114			
Wanstead Woodbine Place	2050	2110		2250	2310	2330												
Dames Road Wanstead Flats	2057	2117		2257	2316	2336												
Forest Gate Station	2101	2121		2301	2320	2340												
Romford Road Water Lane	2106	2126	Then	2306	2325	2345												
Stratford Bus Station	2110	2130	every 20	2310	2329	2349												
Stratford City Bus Station	2115	2135	minutes	2315	2334	2354												
Olympic Park North Homerton Road	2123	2143	until	2323	2342	0002												
Homerton Hospital Brooksby's Walk	2127	2147		2327	2346	0006												
Clapton Lea Bridge Road	2133	2152		2332	2351	0011												
308		Saturdays (also Good Friday)																
Wanstead Woodbine Place	0450	0520	0550	0620	0650	0720	0750	0820	0840	0900	0915	0929		1915	1930	1950	2010	
Dames Road Wanstead Flats	0456	0526	0556	0626	0656	0726	0756	0827	0847	0907	0922	0937		1923	1938	1957	2017	
Forest Gate Station	0501	0531	0601	0631	0701	0731	0801	0832	0852	0912	0927	0942	Then	1928	1943	2002	2021	
Romford Road Water Lane	0506	0536	0606	0636	0706	0736	0807	0838	0858	0918	0933	0948	about	1933	1948	2007	2026	
Stratford Bus Station	0511	0541	0611	0641	0711	0741	0812	0843	0903	0923	0938	0953	every 12	1938	1952	2011	2030	
Stratford City Bus Station	0516	0546	0616	0646	0716	0746	0817	0848	0908	0928	0943	0958	minutes	1943	1957	2016	2035	
Olympic Park North Homerton Road	0524	0554	0624	0654	0724	0755	0826	0857	0917	0937	0953	1008	until	1953	2007	2026	2044	
Homerton Hospital Brooksby's Walk	0529	0559	0629	0659	0729	0800	0831	0902	0922	0942	0958	1013		1959	2013	2032	2050	
Clapton Lea Bridge Road	0535	0605	0635	0705	0735	0806	0837	0908	0928	0948	1004	1019		2005	2019	2038	2056	
Wanstead Woodbine Place	2030	2050	2110	2130	2150	2210	2230	2250	2310	2330								
Dames Road Wanstead Flats	2037	2057	2117	2137	2157	2217	2237	2257	2317	2337								
Forest Gate Station	2041	2101	2121	2141	2201	2221	2241	2301	2321	2341								
Romford Road Water Lane	2046	2106	2126	2146	2206	2226	2246	2306	2326	2346								
Stratford Bus Station	2050	2110	2130	2150	2210	2230	2250	2310	2330	2350								
Stratford City Bus Station	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355								
Olympic Park North Homerton Road	2104	2124	2144	2204	2223	2243	2303	2323	2343	0003								
Homerton Hospital Brooksby's Walk	2109	2129	2149	2208	2227	2247	2307	2327	2347	0007								
Clapton Lea Bridge Road	2115	2135	2155	2214	2233	2252	2312	2332	2352	0012								
308		Sundays and other Public Holidays (except Christmas Day)																
Wanstead Woodbine Place	0615	0645	0715	0745	0814	0843	0912	0936	0956	1015	1035	1055	1114	1133	1152	1211	1230	1250
Dames Road Wanstead Flats	0621	0651	0721	0751	0820	0850	0919	0943	1003	1023	1043	1103	1122	1142	1201	1220	1240	1300
Forest Gate Station	0625	0655	0725	0755	0824	0854	0924	0948	1008	1028	1048	1108	1127	1147	1206	1225	1245	1306
Romford Road Water Lane	0630	0700	0730	0800	0830	0900	0930	0954	1014	1034	1054	1114	1133	1153	1212	1231	1251	1312
Stratford Bus Station	0635	0705	0735	0805	0835	0905	0935	1000	1020	1040	1100	1120	1139	1159	1218	1237	1257	1318
Stratford City Bus Station	0640	0710	0740	0810	0840	0910	0940	1005	1025	1045	1105	1125	1144	1204	1223	1243	1303	1324
Olympic Park North Homerton Road	0648	0718	0748	0819	0849	0919	0949	1014	1034	1054	1114	1134	1154	1214	1233	1253	1313	1333
Homerton Hospital Brooksby's Walk	0653	0723	0753	0824	0854	0924	0954	1019	1039	1059	1119	1139	1159	1219	1239	1259	1319	1339
Clapton Lea Bridge Road	0659	0729	0759	0830	0900	0930	1000	1025	1045	1105	1125	1145	1205	1226	1246	1306	1326	1346
Wanstead Woodbine Place	1310			1610	1630	1650	1710	1730	1750	1810	1830	1850	1910	1930	1950	2010	2030	2050
Dames Road Wanstead Flats	1320			1620	1639	1659	1718	1738	1757	1817	1837	1857	1917	1937	1957	2017	2037	2057
Forest Gate Station	1326			1626	1645	1704	1723	1743	1802	1822	1842	1902	1922	1941	2001	2021	2041	2101
Romford Road Water Lane	1332	Then		1632	1651	1710	1729	1749	1808	1828	1847	1907	1927	1946	2006	2026	2046	2106
Stratford Bus Station	1338	every 20		1638	1657	1716	1735	1755	1813	1833	1852	1912	1931	1950	2010	2030	2050	2110
Stratford City Bus Station	1344	minutes		1644	1703	1722	1741	1801	1819	1839	1858	1917	1936	1955	2015	2035	2055	2115
Olympic Park North Homerton Road	1353	until		1653	1712	1731	1750	1809	1827	1847	1906	1925	1944	2003	2023	2043	2103	2123
Homerton Hospital Brooksby's Walk	1359			1659	1719	1738	1757	1816	1834	1853	1912	1931	1950	2009	2028	2047	2107	2127
Clapton Lea Bridge Road	1406			1706	1725	1744	1803	1822	1840	1859	1918	1937	1956	2015	2034	2053	2113	2133
Wanstead Woodbine Place	2110	2130	2150	2210	2230	2250	2310	2330										
Dames Road Wanstead Flats	2117	2137	2157	2217	2237	2257	2316	2336										
Forest Gate Station	2121	2141	2201	2221	2241	2300	2319	2339										
Romford Road Water Lane	2126	2146	2206	2226	2246	2305	2324	2344										
Stratford Bus Station	2130	2150	2210	2230	2250	2309	2328	2348										
Stratford City Bus Station	2135	2155	2215	2235	2255	2314	2333	2353										
Olympic Park North Homerton Road	2143	2203	2223	2243	2303	2322	2341	0001										
Homerton Hospital Brooksby's Walk	2147	2207	2227	2247	2307	2326	2345	0005										
Clapton Lea Bridge Road	2152	2212	2232	2252	2312	2331	2350	0010										

308		Mondays to Fridays																
Clapton Lea Bridge Road	0519		1509	1520	1525	1533			1907	1921	1941	2001	2021	2041	2101	2121	2141	
Homerton Hospital Homerton Grove	0523		1517	1528	1533	1541			1914	1928	1948	2008	2027	2047	2107	2127	2146	
Olympic Park North Homerton Road	0527	Then	1524	1535	1540	1548	Then		1921	1934	1954	2013	2032	2052	2112	2132	2151	
Stratford City Bus Station	0536	about	1534	1545	1550	1558	about		1931	1944	2003	2022	2041	2101	2121	2141	2200	
Stratford The Grove	0541	every 12	1540	1551	1556	1604	every 12		1937	1950	2008	2027	2046	2106	2126	2146	2205	
Romford Road Water Lane	0544	minutes	1543	1554	1600	1608	minutes		1940	1953	2011	2030	2049	2109	2129	2149	2208	
Forest Gate Station	0549	until	1551	1602	1608	1616	until		1947	2000	2018	2036	2055	2115	2135	2155	2214	
Dames Road Wanstead Flats	0552		1556	1607	1613	1621			1951	2004	2022	2040	2059	2119	2139	2159	2218	
Wanstead Woodbine Place	0558		1607	1618	1624	1632			1958	2011	2029	2047	2105	2125	2145	2205	2224	
Clapton Lea Bridge Road	2201	2221	2241	2301	2321													
Homerton Hospital Homerton Grove	2206	2226	2246	2306	2326													
Olympic Park North Homerton Road	2211	2231	2251	2311	2331													
Stratford City Bus Station	2220	2240	2300	2320	2340													
Stratford The Grove	2225	2245	2305	2325	2345													
Romford Road Water Lane	2227	2247	2307	2327	2347													
Forest Gate Station	2233	2252	2312	2332	2352													
Dames Road Wanstead Flats	2237	2256	2316	2336	2356													
Wanstead Woodbine Place	2243	2302	2322	2342	0002													
308		Saturdays (also Good Friday)																
Clapton Lea Bridge Road	0519	0548	0618	0647	0717	0746	0808	0827	0846	0905	0919			1748	1801	1813	1826	1841
Homerton Hospital Homerton Grove	0524	0553	0623	0653	0723	0752	0814	0833	0852	0911	0925			1755	1808	1820	1833	1848
Olympic Park North Homerton Road	0528	0557	0627	0657	0727	0757	0819	0839	0858	0917	0931	Then		1802	1815	1827	1840	1855
Stratford City Bus Station	0537	0606	0636	0706	0736	0806	0828	0848	0907	0926	0940	about		1812	1825	1837	1849	1904
Stratford The Grove	0542	0611	0641	0711	0741	0811	0833	0853	0912	0931	0945	every 12		1818	1831	1843	1855	1910
Romford Road Water Lane	0544	0613	0643	0713	0743	0813	0836	0856	0915	0934	0948	minutes		1821	1834	1846	1858	1913
Forest Gate Station	0549	0618	0648	0718	0748	0818	0841	0902	0921	0940	0954	until		1828	1840	1852	1904	1919
Dames Road Wanstead Flats	0552	0621	0651	0721	0752	0822	0845	0906	0925	0944	0958			1833	1845	1857	1909	1924
Wanstead Woodbine Place	0558	0627	0657	0727	0758	0828	0852	0913	0933	0952	1006			1841	1853	1904	1916	1931
Clapton Lea Bridge Road	1901	1921	1941	2001	2021	2041	2101	2121	2141			Then		2321				
Homerton Hospital Homerton Grove	1908	1928	1948	2008	2027	2047	2107	2127	2146			every 20		2326				
Olympic Park North Homerton Road	1915	1934	1954	2014	2033	2053	2112	2132	2151			minutes		2331				
Stratford City Bus Station	1924	1943	2002	2022	2041	2101	2120	2140	2159			until		2339				
Stratford The Grove	1930	1949	2007	2027	2046	2106	2125	2145	2204					2344				
Romford Road Water Lane	1933	1952	2010	2030	2049	2109	2128	2147	2206					2346				
Forest Gate Station	1939	1958	2016	2036	2055	2115	2134	2153	2212					2352				
Dames Road Wanstead Flats	1943	2002	2020	2040	2059	2119	2138	2157	2216					2356				
Wanstead Woodbine Place	1950	2009	2027	2047	2105	2125	2144	2203	2222					0002				
308		Sundays and other Public Holidays (except Christmas Day)																
Clapton Lea Bridge Road	0611	0641	0711	0741	0811	0841	0908	0927	0946	1005	1024	1044	1104	1123	1142	1202	1222	1241
Homerton Hospital Homerton Grove	0617	0647	0717	0747	0817	0847	0914	0933	0952	1011	1031	1051	1111	1130	1149	1209	1229	1248
Olympic Park North Homerton Road	0622	0652	0722	0752	0822	0852	0919	0939	0958	1017	1037	1057	1117	1136	1156	1216	1236	1255
Stratford City Bus Station	0629	0659	0729	0800	0830	0900	0927	0947	1006	1026	1046	1106	1126	1145	1205	1225	1245	1305
Stratford The Grove	0634	0704	0734	0805	0835	0905	0932	0952	1011	1031	1051	1111	1131	1151	1211	1231	1251	1311
Romford Road Water Lane	0636	0706	0736	0807	0837	0907	0935	0955	1014	1034	1054	1114	1134	1154	1214	1234	1254	1314
Forest Gate Station	0641	0711	0741	0812	0842	0912	0940	1000	1020	1040	1100	1120	1140	1201	1221	1241	1301	1321
Dames Road Wanstead Flats	0645	0715	0745	0816	0846	0916	0944	1004	1024	1044	1104	1124	1145	1206	1226	1246	1306	1326
Wanstead Woodbine Place	0651	0721	0751	0822	0853	0923	0952	1012	1032	1052	1112	1133	1154	1215	1235	1256	1316	1336
Clapton Lea Bridge Road	1301	1321	1341	1401	1421	1441			1641	1701	1721	1741	1801	1821	1841	1901	1921	1941
Homerton Hospital Homerton Grove	1308	1328	1348	1408	1428	1448			1648	1708	1727	1747	1807	1827	1847	1907	1928	1948
Olympic Park North Homerton Road	1315	1335	1355	1415	1435	1455	Then		1655	1715	1734	1753	1813	1833	1853	1913	1934	1954
Stratford City Bus Station	1325	1345	1405	1425	1445	1506	every 20		1706	1726	1745	1804	1824	1843	1903	1923	1943	2002
Stratford The Grove	1331	1351	1411	1431	1451	1512	minutes		1712	1732	1751	1810	1830	1849	1909	1929	1949	2007
Romford Road Water Lane	1334	1354	1414	1434	1454	1515	until		1715	1735	1754	1813	1833	1852	1912	1932	1952	2010
Forest Gate Station	1341	1401	1421	1441	1501	1522			1722	1742	1801	1820	1839	1858	1918	1938	1958	2016
Dames Road Wanstead Flats	1346	1406	1426	1446	1506	1527			1727	1747	1806	1825	1844	1903	1923	1943	2002	2020
Wanstead Woodbine Place	1356	1416	1436	1455	1515	1535			1735	1754	1813	1832	1851	1910	1930	1950	2009	2027
Clapton Lea Bridge Road	2001	2021	2041	2101	2121	2141	2201	2221	2241	2301	2321							
Homerton Hospital Homerton Grove	2008	2027	2047	2107	2127	2146	2206	2226	2246	2306	2326							
Olympic Park North Homerton Road	2013	2032	2052	2112	2132	2151	2211	2231	2251	2311	2331							
Stratford City Bus Station	2021	2040	2100	2120	2140	2159	2218	2238	2258	2318	2338							
Stratford The Grove	2026	2045	2105	2125	2145	2204	2223	2243	2303	2323	2343							
Romford Road Water Lane	2029	2048	2108	2128	2147	2206	2225	2245	2305	2325	2345							
Forest Gate Station	2035	2054	2113	2133	2152	2211	2230	2250	2310	2330	2350							
Dames Road Wanstead Flats	2039	2058	2117	2137	2156	2215	2234	2254	2314	2334	2354							
Wanstead Woodbine Place	2046	2104	2123	2143	2202	2221	2240	2300	2320	2340	0000							