

318		Mondays to Fridays																	
North Middlesex Hospital Outpatient:	0545	0605	0625	0639	0652	0705	0719	0733	0746	0800	0814	0829	0844	0900	0916	0931	0947	1002	
White Hart Lane Great Cambridge Rd.	0550	0610	0630	0644	0657	0711	0725	0740	0754	0809	0823	0838	0853	0909	0924	0939	0954	1009	
Shelbourne Road Lansdowne Road	0557	0617	0638	0652	0706	0721	0735	0750	0805	0820	0835	0850	0905	0920	0935	0949	1004	1019	
Bruce Grove Stn. Tottenham High Rd.	0603	0623	0644	0658	0713	0728	0742	0757	0812	0827	0842	0857	0912	0927	0942	0956	1011	1026	
Tottenham The Swan (High Road)	0605	0625	0646	0701	0716	0731	0745	0801	0816	0831	0846	0901	0915	0930	0945	0959	1014	1029	
Seven Sisters Station	0606	0626	0647	0702	0717	0732	0746	0802	0817	0832	0847	0902	0916	0931	0946	1000	1015	1030	
Grovelands Road	0611	0632	0653	0709	0725	0741	0756	0812	0827	0842	0856	0910	0924	0939	0954	1008	1023	1038	
Stamford Hill Rookwood Road	0615	0636	0658	0714	0730	0746	0802	0818	0832	0847	0901	0915	0929	0944	0959	1013	1028	1043	
North Middlesex Hospital Outpatient:	1017			1347	1402	1417	1432	1446	1500			1745	1800	1815	1830	1845	1900	1915	
White Hart Lane Great Cambridge Rd.	1024			1354	1409	1424	1439	1454	1508			1753	1807	1822	1837	1852	1907	1921	
Shelbourne Road Lansdowne Road	1034	Then		1404	1419	1434	1449	1504	1519	Then		1804	1818	1833	1847	1902	1917	1931	
Bruce Grove Stn. Tottenham High Rd.	1041	every 15		1411	1427	1442	1457	1512	1527	every 15		1812	1826	1840	1854	1909	1924	1938	
Tottenham The Swan (High Road)	1044	minutes		1414	1430	1445	1500	1515	1530	minutes		1815	1829	1843	1857	1912	1927	1941	
Seven Sisters Station	1045	until		1415	1431	1446	1501	1516	1531	until		1816	1830	1844	1858	1913	1928	1942	
Grovelands Road	1053			1423	1439	1454	1509	1524	1539			1824	1838	1852	1906	1920	1935	1949	
Stamford Hill Rookwood Road	1058			1428	1444	1459	1514	1529	1544			1829	1843	1857	1911	1925	1939	1953	
North Middlesex Hospital Outpatient:	1930	1945	2000	2020	2050	2120	2150	2220	2250	2320	2350	0020							
White Hart Lane Great Cambridge Rd.	1936	1951	2005	2025	2055	2125	2155	2225	2255	2325	2355	0025							
Shelbourne Road Lansdowne Road	1945	2000	2014	2034	2103	2133	2203	2233	2302	2332	0002	0032							
Bruce Grove Stn. Tottenham High Rd.	1952	2006	2020	2040	2109	2139	2208	2238	2307	2337	0007	0037							
Tottenham The Swan (High Road)	1955	2009	2023	2042	2111	2141	2210	2240	2309	2339	0009	0039							
Seven Sisters Station	1956	2010	2024	2043	2112	2142	2211	2241	2310	2340	0010	0040							
Grovelands Road	2003	2017	2031	2050	2119	2148	2217	2247	2316	2345	0015	0045							
Stamford Hill Rookwood Road	2007	2021	2035	2054	2123	2152	2221	2251	2320	2349	0019	0049							
318		Saturdays (also Good Friday)																	
North Middlesex Hospital Outpatient:	0545	0615	0645	0715	0744	0814	0834	0854	0908	0922	0937	0952	1006	1020			1220	1235	
White Hart Lane Great Cambridge Rd.	0550	0620	0650	0720	0749	0819	0839	0900	0914	0928	0943	0958	1012	1026			1226	1241	
Shelbourne Road Lansdowne Road	0557	0627	0657	0728	0757	0827	0847	0908	0923	0937	0952	1007	1021	1036	Then		1236	1251	
Bruce Grove Stn. Tottenham High Rd.	0602	0632	0702	0733	0803	0833	0853	0914	0929	0944	0959	1014	1028	1043	every 15		1243	1259	
Tottenham The Swan (High Road)	0604	0634	0704	0735	0805	0835	0856	0917	0932	0947	1002	1017	1031	1046	minutes		1246	1302	
Seven Sisters Station	0605	0635	0705	0736	0806	0836	0857	0918	0933	0948	1003	1018	1032	1047	until		1247	1303	
Grovelands Road	0610	0640	0710	0741	0811	0842	0903	0924	0939	0954	1009	1024	1038	1054			1254	1310	
Stamford Hill Rookwood Road	0614	0644	0714	0745	0815	0846	0907	0928	0943	0958	1013	1028	1042	1058			1258	1314	
North Middlesex Hospital Outpatient:	1250			1505	1520			1750	1805	1820	1840	1900	1920	1940	2000	2020	2050	2120	
White Hart Lane Great Cambridge Rd.	1257			1512	1526			1756	1811	1826	1846	1906	1926	1946	2005	2025	2055	2125	
Shelbourne Road Lansdowne Road	1307	Then		1522	1536	Then		1806	1821	1836	1856	1915	1935	1955	2014	2034	2104	2133	
Bruce Grove Stn. Tottenham High Rd.	1315	every 15		1530	1544	every 15		1814	1828	1843	1903	1922	1942	2002	2021	2040	2110	2139	
Tottenham The Swan (High Road)	1318	minutes		1533	1547	minutes		1817	1831	1846	1906	1925	1945	2005	2024	2043	2113	2142	
Seven Sisters Station	1319	until		1534	1548	until		1818	1832	1847	1907	1926	1946	2006	2025	2044	2114	2143	
Grovelands Road	1326			1541	1555			1825	1839	1854	1914	1933	1953	2013	2032	2051	2120	2149	
Stamford Hill Rookwood Road	1330			1545	1559			1829	1843	1858	1918	1937	1957	2017	2036	2055	2124	2153	
North Middlesex Hospital Outpatient:	2150	2220	2250	2320	2350	0020													
White Hart Lane Great Cambridge Rd.	2155	2225	2255	2325	2355	0025													
Shelbourne Road Lansdowne Road	2203	2233	2303	2333	0003	0032													
Bruce Grove Stn. Tottenham High Rd.	2209	2238	2308	2338	0008	0037													
Tottenham The Swan (High Road)	2211	2240	2310	2340	0010	0039													
Seven Sisters Station	2212	2241	2311	2341	0011	0040													
Grovelands Road	2218	2247	2317	2347	0016	0045													
Stamford Hill Rookwood Road	2222	2251	2321	2351	0020	0049													
318		Sundays and other Public Holidays (except Christmas Day)																	
North Middlesex Hospital Outpatient:	0645	0715	0745	0814	0843	0913	0933	0953	1012	1032	1052	1112	1132	1152	1212	1232	1252	1312	
White Hart Lane Great Cambridge Rd.	0650	0720	0750	0819	0848	0918	0939	0959	1018	1038	1058	1118	1138	1158	1218	1238	1258	1318	
Shelbourne Road Lansdowne Road	0657	0727	0757	0827	0857	0927	0948	1008	1027	1047	1107	1127	1147	1207	1227	1247	1308	1328	
Bruce Grove Stn. Tottenham High Rd.	0702	0732	0802	0832	0903	0933	0954	1014	1033	1053	1113	1133	1153	1213	1234	1254	1315	1335	
Tottenham The Swan (High Road)	0704	0734	0804	0834	0905	0935	0956	1016	1036	1056	1116	1136	1156	1216	1237	1257	1318	1338	
Seven Sisters Station	0705	0735	0805	0835	0906	0936	0957	1017	1037	1057	1117	1137	1157	1217	1238	1258	1319	1339	
Grovelands Road	0710	0740	0810	0840	0911	0942	1003	1023	1043	1103	1123	1144	1204	1224	1245	1306	1327	1347	
Stamford Hill Rookwood Road	0714	0744	0814	0844	0915	0947	1008	1028	1048	1108	1128	1149	1209	1229	1250	1311	1332	1352	
North Middlesex Hospital Outpatient:	1332			1652	1712	1732	1752	1820	1850	1920	1950	2020	2050	2120	2150	2220		0020	
White Hart Lane Great Cambridge Rd.	1338			1658	1718	1738	1758	1826	1856	1926	1955	2025	2055	2125	2155	2225	Then	0025	
Shelbourne Road Lansdowne Road	1348	Then		1708	1728	1747	1807	1835	1905	1935	2004	2034	2104	2133	2202	2232	every	0032	
Bruce Grove Stn. Tottenham High Rd.	1355	every 20		1715	1734	1753	1813	1841	1911	1941	2010	2040	2109	2138	2207	2237	30	0037	
Tottenham The Swan (High Road)	1358	minutes		1718	1737	1756	1816	1844	1914	1944	2013	2042	2111	2140	2209	2239	mins.	0039	
Seven Sisters Station	1359	until		1719	1738	1757	1817	1845	1915	1945	2014	2043	2112	2141	2210	2240	until	0040	
Grovelands Road	1407			1727	1746	1805	1824	1852	1922	1952	2021	2050	2118	2147	2216	2245		0045	
Stamford Hill Rookwood Road	1412			1732	1751	1810	1829	1857	1927	1956	2025	2054	2122	2151	2220	2249		0049	

318		Mondays to Fridays																
Stamford Hill Rookwood Road	0620	0640	0655	0710	0724	0738	0753	0808	0823	0837	0852	0907	0922	0937	Then every 15 minutes until	1207	1222	
Grovelands Road	0626	0646	0701	0716	0730	0745	0800	0816	0831	0845	0900	0915	0930	0944		1214	1230	
Seven Sisters Station	0632	0653	0708	0723	0738	0753	0808	0824	0839	0853	0908	0923	0937	0951		1221	1237	
Tottenham The Swan (High Road)	0634	0655	0710	0725	0740	0755	0810	0826	0841	0855	0910	0925	0939	0954		1224	1240	
Bruce Grove Stn. Tottenham High Rd.	0636	0657	0712	0728	0743	0758	0813	0829	0844	0858	0913	0928	0942	0957		1227	1243	
Shelbourne Road Lansdowne Road	0641	0702	0718	0734	0749	0804	0819	0835	0851	0905	0920	0935	0949	1004	1234	1250		
Great Cambridge Rd. White Hart Lane	0651	0713	0730	0747	0803	0818	0833	0849	0905	0919	0933	0947	1001	1016	1246	1302		
North Middlesex Hospital Outpatient:	0656	0718	0736	0753	0809	0824	0839	0855	0911	0925	0939	0953	1007	1022	1252	1308		
Stamford Hill Rookwood Road	1237	Then every 15 minutes until	1352	1407	1422	1437	1451	1506	1521	1535	Then every 15 minutes until	1720	1735	1750	1805	1820		
Grovelands Road	1245		1400	1415	1430	1445	1459	1514	1529	1544		1729	1744	1758	1813	1828		
Seven Sisters Station	1252		1407	1423	1438	1453	1507	1522	1537	1552		1737	1752	1806	1821	1836		
Tottenham The Swan (High Road)	1255		1410	1426	1441	1456	1510	1525	1540	1555		1740	1755	1809	1824	1839		
Bruce Grove Stn. Tottenham High Rd.	1258		1413	1429	1444	1459	1513	1528	1543	1558		1743	1758	1812	1827	1842		
Shelbourne Road Lansdowne Road	1305	1420	1436	1451	1506	1521	1536	1551	1606	1751	1806	1820	1834	1849				
Great Cambridge Rd. White Hart Lane	1317	1432	1448	1504	1519	1534	1549	1604	1619	1804	1818	1832	1846	1901				
North Middlesex Hospital Outpatient:	1323	1438	1454	1510	1525	1540	1555	1610	1625	1810	1824	1838	1852	1906				
Stamford Hill Rookwood Road	1835	1850	1905	1920	1935	1955	2015	2035	2100	2130	2200	2230	2300	2330	0000			
Grovelands Road	1843	1858	1913	1928	1942	2002	2022	2042	2107	2137	2206	2236	2306	2336	0005			
Seven Sisters Station	1851	1905	1920	1935	1949	2009	2029	2049	2114	2143	2212	2242	2312	2342	0011			
Tottenham The Swan (High Road)	1854	1908	1923	1937	1951	2011	2031	2051	2116	2145	2214	2244	2314	2344	0013			
Bruce Grove Stn. Tottenham High Rd.	1857	1911	1926	1940	1954	2014	2034	2054	2118	2147	2216	2246	2316	2346	0015			
Shelbourne Road Lansdowne Road	1904	1918	1933	1947	2001	2020	2040	2100	2124	2153	2222	2251	2321	2351	0020			
Great Cambridge Rd. White Hart Lane	1915	1929	1943	1957	2011	2030	2049	2109	2133	2202	2231	2300	2329	2359	0028			
North Middlesex Hospital Outpatient:	1920	1934	1948	2002	2016	2035	2054	2114	2138	2207	2236	2305	2334	0003	0032			
318		Saturdays (also Good Friday)																
Stamford Hill Rookwood Road	0620	0650	0720	0750	0820	0850	0909	0926	0941	0956	1011	1026	1040	1055	1110	1125	1140	1155
Grovelands Road	0625	0655	0725	0755	0825	0856	0915	0932	0947	1002	1017	1032	1046	1101	1116	1131	1146	1201
Seven Sisters Station	0631	0701	0731	0801	0831	0902	0921	0939	0954	1009	1024	1039	1053	1108	1123	1139	1154	1209
Tottenham The Swan (High Road)	0633	0703	0733	0803	0833	0904	0923	0941	0956	1011	1026	1041	1055	1110	1125	1141	1157	1212
Bruce Grove Stn. Tottenham High Rd.	0635	0705	0735	0805	0835	0906	0925	0943	0958	1013	1028	1044	1058	1113	1128	1144	1200	1215
Shelbourne Road Lansdowne Road	0640	0710	0740	0810	0840	0911	0931	0949	1004	1019	1034	1050	1104	1119	1135	1151	1207	1222
Great Cambridge Rd. White Hart Lane	0649	0719	0749	0819	0850	0921	0941	0959	1015	1030	1045	1101	1115	1131	1147	1203	1219	1234
North Middlesex Hospital Outpatient:	0654	0724	0754	0824	0855	0926	0946	1004	1020	1035	1050	1106	1121	1137	1153	1209	1225	1240
Stamford Hill Rookwood Road	1210	Then every 15 minutes until	1710	1725	1740	1755	1810	1825	1845	1905	1925	1945	2005	2030	2100	2130	2200	
Grovelands Road	1216		1716	1732	1747	1802	1817	1832	1852	1912	1932	1952	2012	2037	2107	2137	2207	
Seven Sisters Station	1224		1724	1739	1754	1809	1824	1839	1859	1919	1939	1959	2019	2044	2114	2144	2213	
Tottenham The Swan (High Road)	1227		1727	1742	1757	1812	1826	1841	1901	1921	1941	2001	2021	2046	2116	2146	2215	
Bruce Grove Stn. Tottenham High Rd.	1230		1730	1745	1800	1815	1829	1844	1904	1924	1944	2004	2024	2049	2119	2148	2217	
Shelbourne Road Lansdowne Road	1237	1737	1752	1807	1822	1836	1851	1911	1931	1950	2010	2030	2055	2125	2154	2223		
Great Cambridge Rd. White Hart Lane	1249	1749	1804	1819	1834	1848	1903	1922	1942	2001	2020	2040	2105	2134	2203	2232		
North Middlesex Hospital Outpatient:	1255	1755	1810	1825	1840	1854	1909	1928	1947	2006	2025	2045	2110	2139	2208	2237		
Stamford Hill Rookwood Road	2230	2300	2330	0000														
Grovelands Road	2236	2306	2336	0005														
Seven Sisters Station	2242	2312	2342	0011														
Tottenham The Swan (High Road)	2244	2314	2344	0013														
Bruce Grove Stn. Tottenham High Rd.	2246	2316	2346	0015														
Shelbourne Road Lansdowne Road	2252	2322	2351	0020														
Great Cambridge Rd. White Hart Lane	2301	2330	2359	0028														
North Middlesex Hospital Outpatient:	2306	2335	0004	0032														
318		Sundays and other Public Holidays (except Christmas Day)																
Stamford Hill Rookwood Road	0650	0720	0750	0820	0850	0920	0940	1000	1019	1039	1058	1117	1136	1156	1216	1235	1255	1314
Grovelands Road	0655	0725	0755	0825	0856	0926	0946	1006	1025	1045	1104	1124	1143	1203	1223	1243	1303	1322
Seven Sisters Station	0701	0731	0801	0831	0902	0932	0952	1012	1032	1052	1111	1131	1150	1210	1230	1250	1310	1329
Tottenham The Swan (High Road)	0703	0733	0803	0833	0904	0934	0954	1014	1034	1054	1113	1133	1152	1212	1232	1252	1312	1331
Bruce Grove Stn. Tottenham High Rd.	0705	0735	0805	0835	0906	0936	0956	1016	1036	1056	1115	1135	1155	1215	1235	1255	1315	1334
Shelbourne Road Lansdowne Road	0710	0740	0810	0840	0911	0941	1001	1021	1041	1102	1121	1141	1201	1221	1241	1301	1321	1341
Great Cambridge Rd. White Hart Lane	0719	0749	0819	0849	0920	0951	1011	1031	1051	1112	1132	1152	1212	1232	1252	1312	1332	1352
North Middlesex Hospital Outpatient:	0723	0753	0823	0853	0924	0956	1016	1036	1056	1117	1137	1157	1217	1237	1257	1317	1337	1357
Stamford Hill Rookwood Road	1334	Then every 20 minutes until	1714	1735	1755	1826	1857	1928	1959	2030	2100	2130	2200	2230	2300	2330	0000	
Grovelands Road	1342		1722	1743	1803	1834	1904	1935	2006	2037	2107	2137	2206	2236	2306	2336	0005	
Seven Sisters Station	1349		1729	1750	1810	1841	1911	1942	2013	2043	2113	2143	2212	2242	2312	2342	0011	
Tottenham The Swan (High Road)	1351		1731	1752	1812	1843	1913	1944	2015	2045	2115	2145	2214	2244	2314	2344	0013	
Bruce Grove Stn. Tottenham High Rd.	1354		1734	1755	1815	1846	1916	1946	2017	2047	2117	2147	2216	2246	2316	2346	0015	
Shelbourne Road Lansdowne Road	1401	1741	1801	1821	1852	1922	1952	2023	2053	2123	2152	2221	2251	2321	2351	0020		
Great Cambridge Rd. White Hart Lane	1412	1752	1812	1832	1902	1932	2002	2032	2102	2132	2201	2230	2259	2329	2359	0028		
North Middlesex Hospital Outpatient:	1417	1757	1817	1837	1907	1937	2007	2037	2107	2137	2206	2234	2303	2333	0003	0032		