

339		Mondays to Fridays																	
Leytonstone Station Grove Green Rd.	0457	0517	0534	0548	0602	0615	0628	0641	0655	0708	0722	0733	0744	0756	0808	0820	0836	0852	0908
Leytonstone Thatched House	0504	0524	0541	0555	0609	0622	0635	0649	0703	0717	0731	0742	0754	0806	0818	0830	0846	0902	0918
Stratford City opposite Bus Station	0510	0530	0547	0601	0615	0628	0641	0655	0710	0724	0738	0750	0802	0814	0826	0838	0854	0910	0926
Bow Fish Island (Wick Lane)	0518	0538	0555	0609	0623	0637	0650	0705	0720	0734	0748	0800	0812	0824	0836	0848	0904	0920	0936
Grove Road Roman Road	0524	0544	0601	0616	0631	0645	0700	0715	0730	0744	0759	0811	0823	0835	0847	0859	0915	0931	0946
Mile End Grove Road	0526	0546	0603	0618	0633	0648	0703	0718	0733	0748	0803	0815	0827	0839	0851	0903	0919	0934	0949
Stepney Way Stepney High Street	0533	0553	0611	0626	0642	0657	0713	0729	0744	0800	0815	0827	0839	0851	0903	0915	0931	0946	1001
Shadwell Station Martha Street	0537	0557	0615	0630	0647	0702	0718	0734	0750	0806	0821	0833	0845	0857	0909	0921	0936	0951	1006
Leytonstone Station Grove Green Rd.	0924	0940				1355	1409	1422	1435	1448	1501	1515	1529	1543	1557		1657	1712	1727
Leytonstone Thatched House	0933	0949				1404	1418	1432	1445	1459	1513	1527	1541	1555	1609		1709	1724	1739
Stratford City opposite Bus Station	0942	0958	Then			1413	1427	1440	1453	1507	1521	1535	1549	1603	1618	Then	1718	1733	1748
Bow Fish Island (Wick Lane)	0951	1007	every 15			1422	1436	1449	1502	1516	1530	1544	1558	1613	1628	every 15	1728	1743	1758
Grove Road Roman Road	1001	1016	minutes			1431	1445	1458	1511	1525	1539	1553	1608	1623	1638	minutes	1738	1753	1808
Mile End Grove Road	1004	1019	until			1434	1448	1501	1514	1528	1542	1557	1612	1627	1642	until	1742	1757	1812
Stepney Way Stepney High Street	1016	1031				1446	1500	1514	1527	1541	1555	1610	1625	1640	1655		1755	1809	1824
Shadwell Station Martha Street	1021	1036				1451	1505	1519	1533	1547	1601	1616	1631	1646	1701		1801	1815	1829
Leytonstone Station Grove Green Rd.	1742	1757	1813	1829	1845	1901	1921	1941	2002	2022	2043	2103	2124	2144	2205	2225	2245	2305	2325
Leytonstone Thatched House	1754	1808	1824	1839	1855	1911	1930	1950	2010	2030	2051	2111	2131	2151	2212	2232	2252	2312	2332
Stratford City opposite Bus Station	1803	1817	1833	1848	1904	1920	1938	1958	2018	2038	2058	2118	2138	2158	2218	2238	2258	2318	2338
Bow Fish Island (Wick Lane)	1813	1827	1843	1858	1913	1929	1947	2006	2026	2046	2106	2126	2146	2206	2226	2246	2306	2326	2346
Grove Road Roman Road	1822	1836	1852	1907	1922	1937	1954	2013	2033	2053	2113	2133	2153	2213	2233	2252	2312	2332	2352
Mile End Grove Road	1826	1840	1855	1910	1925	1940	1957	2016	2036	2056	2116	2136	2156	2215	2235	2254	2314	2334	2354
Stepney Way Stepney High Street	1838	1852	1907	1922	1936	1951	2008	2027	2046	2105	2124	2144	2203	2222	2242	2301	2321	2341	0001
Shadwell Station Martha Street	1843	1857	1912	1927	1941	1956	2013	2032	2051	2110	2129	2148	2207	2226	2246	2305	2325	2345	0005
339		Saturdays (also Good Friday)																	
Leytonstone Station Grove Green Rd.	0457		0627	0656	0715	0734	0753	0807	0821	0835	0849	0903	0917	0931	0945	0959	1013	1028	1043
Leytonstone Thatched House	0504	Then	0634	0703	0723	0742	0801	0815	0829	0843	0857	0912	0926	0940	0954	1008	1023	1038	1053
Stratford City opposite Bus Station	0510	every	0640	0709	0729	0749	0808	0822	0837	0851	0905	0920	0934	0948	1002	1017	1032	1047	1102
Bow Fish Island (Wick Lane)	0518	30	0648	0717	0737	0757	0816	0831	0846	0900	0914	0929	0943	0957	1012	1027	1042	1057	1112
Grove Road Roman Road	0524	mins.	0654	0724	0744	0804	0824	0839	0854	0908	0923	0938	0952	1006	1021	1036	1051	1106	1121
Mile End Grove Road	0526	until	0656	0726	0746	0806	0826	0841	0856	0910	0925	0940	0955	1009	1024	1039	1054	1109	1124
Stepney Way Stepney High Street	0533		0703	0733	0753	0813	0833	0849	0904	0919	0934	0950	1005	1020	1035	1050	1105	1120	1135
Shadwell Station Martha Street	0537		0707	0737	0757	0817	0837	0853	0908	0924	0939	0955	1010	1025	1040	1055	1110	1125	1140
Leytonstone Station Grove Green Rd.	1058	1113	1128	1143	1158	1213	1228		1343	1358		1628	1643		1728	1743	1803	1823	1843
Leytonstone Thatched House	1109	1124	1139	1154	1209	1224	1240	Then	1355	1410	Then	1640	1655	Then	1740	1755	1814	1834	1853
Stratford City opposite Bus Station	1118	1133	1148	1203	1218	1233	1249	every	1404	1419	every	1649	1704	every	1749	1804	1823	1842	1901
Bow Fish Island (Wick Lane)	1128	1143	1158	1213	1228	1243	1259	15	1414	1429	15	1659	1714	15	1759	1814	1833	1851	1910
Grove Road Roman Road	1137	1152	1207	1222	1237	1252	1308	mins.	1423	1438	mins.	1708	1722	mins.	1807	1821	1840	1858	1917
Mile End Grove Road	1140	1155	1210	1225	1240	1255	1311	until	1426	1441	until	1711	1725	until	1810	1824	1843	1901	1920
Stepney Way Stepney High Street	1151	1206	1221	1237	1252	1307	1323		1438	1452		1722	1736		1821	1835	1854	1912	1931
Shadwell Station Martha Street	1156	1211	1226	1242	1257	1312	1328		1443	1457		1727	1741		1826	1840	1859	1917	1936
339		Saturdays (also Good Friday) (cont.)																	
Leytonstone Station Grove Green Rd.	1903	1924	1945	2005	2025	2045	2105	2125	2145	2205	2225	2245	2305	2325	0620	0650	0720	0750	0820
Leytonstone Thatched House	1913	1934	1955	2014	2033	2053	2113	2133	2153	2212	2232	2252	2312	2332	0628	0658	0728	0758	0828
Stratford City opposite Bus Station	1921	1941	2002	2021	2040	2100	2119	2139	2159	2218	2238	2258	2318	2338	0634	0704	0734	0804	0835
Bow Fish Island (Wick Lane)	1930	1950	2010	2029	2048	2108	2127	2147	2207	2226	2246	2306	2326	2346	0642	0712	0742	0812	0843
Grove Road Roman Road	1937	1957	2017	2036	2055	2115	2134	2154	2214	2233	2253	2312	2332	2352	0648	0718	0748	0819	0850
Mile End Grove Road	1939	1959	2019	2038	2057	2117	2136	2156	2216	2235	2255	2314	2334	2354	0650	0720	0750	0821	0852
Stepney Way Stepney High Street	1950	2010	2029	2048	2107	2126	2145	2204	2223	2242	2302	2321	2341	0001	0657	0727	0758	0829	0900
Shadwell Station Martha Street	1955	2015	2034	2053	2112	2130	2149	2208	2227	2246	2306	2325	2345	0005	0701	0731	0802	0833	0904
339		Sundays and other Public Holidays (except Christmas Day) (cont.)																	
Leytonstone Station Grove Green Rd.	0840	0900	0919	0939	0959	1019	1039	1059	1119	1139	1159	1219	1239	1259		1619	1639	1659	
Leytonstone Thatched House	0848	0908	0927	0947	1007	1028	1048	1108	1128	1148	1208	1228	1248	1309		1629	1649	1709	
Stratford City opposite Bus Station	0855	0915	0935	0955	1016	1037	1057	1117	1137	1157	1218	1238	1258	1319	Then	1639	1658	1718	
Bow Fish Island (Wick Lane)	0903	0923	0943	1004	1025	1046	1106	1126	1146	1206	1227	1247	1307	1328	every 20	1648	1707	1727	
Grove Road Roman Road	0910	0930	0951	1012	1033	1054	1114	1135	1155	1215	1236	1256	1316	1337	minutes	1657	1716	1736	
Mile End Grove Road	0913	0933	0954	1015	1036	1057	1117	1138	1158	1218	1239	1259	1319	1340	until	1700	1719	1739	
Stepney Way Stepney High Street	0921	0942	1003	1024	1046	1107	1127	1148	1209	1229	1250	1310	1330	1351		1711	1730	1749	
Shadwell Station Martha Street	0925	0946	1007	1028	1050	1111	1132	1153	1214	1234	1255	1315	1335	1356		1716	1735	1754	
Leytonstone Station Grove Green Rd.	1719	1739	1759	1820	1841	1901	1922	1943	2003	2024	2044	2105	2125	2145	2205	2225	2245	2305	2325
Leytonstone Thatched House	1729	1748	1808	1829	1849	1909	1930	1951	2011	2032	2052	2113	2133	2153	2213	2233	2252	2312	2332
Stratford City opposite Bus Station	1738	1757	1817	1837	1857	1917	1938	1958	2018	2039	2059	2119	2139	2159	2219	2239	2258	2318	2338
Bow Fish Island (Wick Lane)	1747	1806	1826	1846	1906	1926	1946												

339		Mondays to Fridays																	
Shadwell Station Martha Street	0530	0600	0626	0643	0655	0708	0721	0735	0749	0803	0818	0833	0848	0903	0917	Then every 15 minutes until	1417	1432	
Stepney Way Stepney High Street	0534	0604	0630	0647	0700	0713	0727	0741	0755	0810	0825	0840	0855	0909	0923		1423	1438	
Mile End Grove Road	0541	0611	0638	0656	0710	0724	0738	0752	0807	0822	0837	0852	0906	0920	0934		1434	1449	
Roman Road Grove Road	0543	0613	0640	0658	0713	0727	0741	0755	0810	0825	0840	0855	0909	0923	0937		1437	1452	
Bow Fish Island (Wick Lane)	0549	0619	0646	0705	0720	0735	0749	0804	0819	0834	0849	0904	0918	0932	0946		1446	1501	
Stratford City Bus Station	0555	0625	0653	0713	0728	0743	0758	0813	0828	0843	0858	0912	0926	0940	0954		1454	1509	
Leytonstone Thatched House	0600	0630	0659	0720	0735	0751	0806	0821	0836	0851	0906	0921	0935	0949	1003	1503	1518		
Leytonstone Station Plaza	0607	0637	0707	0729	0745	0802	0818	0833	0848	0902	0917	0932	0946	1000	1014	1514	1530		
Shadwell Station Martha Street	1446	1500	1514	1528	1542	Then every 15 minutes until	1727	1742	1757	1812	1828	1844	1859	1915	1935	1955	2015	2035	
Stepney Way Stepney High Street	1452	1506	1520	1534	1549		1734	1749	1804	1819	1834	1850	1905	1921	1941	2001	2021	2041	
Mile End Grove Road	1503	1518	1532	1547	1602		1747	1802	1817	1831	1846	1902	1917	1933	1952	2012	2032	2052	
Roman Road Grove Road	1506	1521	1535	1550	1605		1750	1805	1820	1834	1849	1904	1919	1935	1954	2014	2034	2054	
Bow Fish Island (Wick Lane)	1515	1530	1545	1600	1615		1800	1815	1829	1843	1858	1912	1927	1943	2002	2022	2041	2101	
Stratford City Bus Station	1524	1539	1554	1609	1624		1809	1824	1838	1851	1906	1920	1935	1951	2010	2029	2048	2108	
Leytonstone Thatched House	1533	1548	1603	1618	1633	1818	1833	1847	1900	1915	1929	1943	1959	2018	2037	2056	2116		
Leytonstone Station Plaza	1545	1600	1615	1630	1645	1830	1844	1858	1911	1925	1939	1953	2008	2027	2046	2105	2124		
Shadwell Station Martha Street	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355									
Stepney Way Stepney High Street	2101	2120	2140	2200	2220	2240	2300	2320	2340	0000									
Mile End Grove Road	2112	2131	2150	2210	2229	2249	2309	2328	2347	0007									
Roman Road Grove Road	2114	2133	2152	2212	2231	2251	2311	2330	2349	0009									
Bow Fish Island (Wick Lane)	2121	2140	2159	2219	2238	2258	2317	2336	2355	0015									
Stratford City Bus Station	2128	2147	2206	2226	2245	2305	2324	2343	0002	0022									
Leytonstone Thatched House	2135	2154	2213	2233	2252	2312	2331	2350	0009	0029									
Leytonstone Station Plaza	2143	2202	2221	2241	2300	2319	2338	2357	0016	0036									
339		Saturdays (also Good Friday)																	
Shadwell Station Martha Street	0530	0600	0630	0700	0730	0750	0810	0830	0849	0904	0916	0930	0944	0957	1011	1025	1039	1053	1107
Stepney Way Stepney High Street	0534	0604	0634	0704	0735	0755	0815	0835	0854	0909	0921	0936	0950	1003	1017	1031	1045	1059	1113
Mile End Grove Road	0541	0611	0641	0711	0742	0802	0822	0843	0903	0918	0931	0946	1000	1014	1028	1043	1057	1111	1125
Roman Road Grove Road	0543	0613	0643	0713	0744	0804	0824	0845	0905	0920	0933	0948	1002	1016	1030	1045	1059	1114	1128
Bow Fish Island (Wick Lane)	0549	0619	0649	0719	0750	0810	0830	0851	0911	0926	0940	0955	1009	1024	1038	1053	1107	1122	1136
Stratford City Bus Station	0555	0625	0655	0726	0757	0817	0837	0858	0918	0933	0947	1002	1016	1031	1045	1100	1115	1130	1144
Leytonstone Thatched House	0601	0631	0701	0732	0803	0823	0844	0905	0925	0940	0955	1010	1024	1039	1054	1109	1124	1139	1154
Leytonstone Station Plaza	0607	0637	0708	0739	0810	0831	0852	0913	0933	0949	1004	1019	1034	1049	1104	1119	1134	1149	1204
Shadwell Station Martha Street	1121	Then every 15 minutes until	1536	1551	Then every 15 minutes until	1706	1721	1737	1752	1812	1832	1853	1914	1935	1955	2015	2035		
Stepney Way Stepney High Street	1127		1542	1557		1712	1727	1743	1758	1818	1838	1859	1919	1940	2000	2020	2040		
Mile End Grove Road	1139		1554	1609		1724	1739	1754	1809	1829	1849	1909	1929	1949	2009	2029	2049		
Roman Road Grove Road	1142		1557	1612		1727	1742	1757	1812	1832	1852	1912	1932	1952	2012	2032	2052		
Bow Fish Island (Wick Lane)	1150		1605	1620		1735	1750	1805	1820	1840	1900	1920	1940	2000	2020	2040	2059		
Stratford City Bus Station	1159		1614	1628		1743	1758	1813	1827	1847	1907	1927	1947	2007	2027	2047	2106		
Leytonstone Thatched House	1209	1624	1638	1753	1807	1822	1836	1856	1915	1935	1955	2015	2035	2055	2114				
Leytonstone Station Plaza	1219	1634	1648	1803	1817	1832	1846	1905	1924	1944	2004	2024	2043	2103	2122				
339		Saturdays (also Good Friday) (cont.)										Sundays and other Public Holidays							
Shadwell Station Martha Street	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	0635	0705	0735	0805	0834	0902	0919	0938	0957
Stepney Way Stepney High Street	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000	0639	0709	0739	0810	0839	0907	0924	0943	1002
Mile End Grove Road	2108	2128	2148	2208	2228	2248	2307	2327	2347	0007	0646	0716	0746	0817	0846	0914	0933	0952	1011
Roman Road Grove Road	2111	2130	2150	2210	2230	2250	2309	2329	2349	0009	0648	0718	0748	0819	0848	0916	0935	0954	1013
Bow Fish Island (Wick Lane)	2118	2137	2157	2217	2237	2256	2315	2335	2355	0015	0653	0723	0754	0825	0854	0923	0942	1001	1020
Stratford City Bus Station	2125	2144	2204	2224	2244	2303	2322	2342	0002	0022	0659	0729	0800	0831	0900	0929	0949	1008	1028
Leytonstone Thatched House	2133	2152	2212	2231	2251	2310	2329	2349	0009	0029	0706	0736	0807	0838	0907	0937	0957	1016	1036
Leytonstone Station Plaza	2141	2200	2220	2239	2259	2318	2337	2356	0016	0036	0713	0743	0814	0845	0915	0945	1005	1025	1045
339		Sundays and other Public Holidays (except Christmas Day) (cont.)																	
Shadwell Station Martha Street	1016	1034	1053	1111	1131	1150	Then every 20 minutes until	1550	1610	1630	1650	1710	1730	1750	1810	1830	1850	1911	
Stepney Way Stepney High Street	1021	1039	1058	1117	1137	1156		1556	1616	1636	1656	1716	1736	1756	1815	1835	1855	1916	
Mile End Grove Road	1030	1049	1108	1128	1148	1207		1607	1627	1647	1707	1727	1747	1807	1826	1846	1906	1926	
Roman Road Grove Road	1032	1051	1111	1131	1151	1210		1610	1630	1650	1710	1730	1749	1809	1828	1848	1908	1928	
Bow Fish Island (Wick Lane)	1039	1059	1119	1139	1159	1218		1618	1638	1658	1718	1737	1756	1816	1835	1855	1915	1935	
Stratford City Bus Station	1047	1107	1127	1147	1207	1226		1626	1646	1706	1725	1744	1803	1823	1842	1902	1922	1942	
Leytonstone Thatched House	1056	1116	1136	1156	1216	1235	1635	1655	1715	1734	1753	1812	1831	1850	1910	1930	1950		
Leytonstone Station Plaza	1105	1125	1145	1205	1225	1245	1645	1704	1724	1743	1802	1821	1840	1859	1918	1938	1958		
Shadwell Station Martha Street	1931	1952	2012	2032	2053	2113	2134	2154	2214	2234	2255	2315	2335	2355					
Stepney Way Stepney High Street	1936	1957	2017	2037	2058	2118	2139	2159	2219	2239	2300	2320	2340	0000					
Mile End Grove Road	1945	2005	2025	2045	2105	2125	2146	2206	2226	2246	2307	2327	2347	0007					
Roman Road Grove Road	1947	2007	2027	2047	2107	2127	2148	2208	2228	2248	2309	2329	2349	0009					
Bow Fish Island (Wick Lane)	1954	2014	2034	2054	2114	2134	2154	2214	2234	2254	2315	2335	2355	0015					
Stratford City Bus Station	2001	2021	2041	2101	2121	2141	2201	2221	2241	2301	2322	2342	0002	0022					
Leytonstone Thatched House	2009	2029	2049	2108	2128	2148	2208	2228	2248	2308	2329	2349	0009	0029					
Leytonstone Station Plaza	2017	2037	2057	2116	2136	2156	2216	2236	2256	2316	2336	2356	0016	0036					