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Grange Hill – Marks Gate – King George Hospital

362		Mondays to Fridays																				
Grange Hill Station	0625	0655	0729	0804	0839	0915	0945					Then	15	45	1315	1345	1415	1445	1515	1548	1620	
Hainault <i>The Lowe/Manford Way</i>	0629	0700	0735	0810	0845	0920	0950					every 30	20	50	1320	1350	1420	1450	1520	1553	1626	
Hainault Forest <i>New North Road</i>	0631	0702	0737	0812	0847	0922	0952					minutes	22	52	1322	1352	1422	1452	1522	1555	1628	
Marks Gate <i>The City Pavilion</i>	0636	0708	0743	0818	0853	0928	0957					at these	27	57	until	1327	1357	1427	1457	1527	1600	1633
Rose Lane shops	0640	0713	0748	0823	0858	0932	1001					minutes	31	01	1331	1401	1431	1501	1531	1604	1638	
Chadwell Heath <i>Sainsbury's</i>	0647	0723	0759	0836	0911	0943	1010					past	40	10	1340	1411	1441	1512	1543	1617	1651	
Little Heath <i>King George Hospital</i>	0656	0734	0811	0848	0922	0953	1021					the hour	51	21	1351	1422	1452	1523	1554	1628	1703	
Grange Hill Station	1652	1727	1802	1835	1905	1935	2005	2035	2105	2135	2205	2235	2306	2336								
Hainault <i>The Lowe/Manford Way</i>	1658	1733	1808	1841	1910	1940	2009	2039	2109	2139	2209	2239	2310	2340								
Hainault Forest <i>New North Road</i>	1700	1735	1810	1843	1912	1942	2011	2040	2110	2140	2210	2240	2311	2341								
Marks Gate <i>The City Pavilion</i>	1706	1741	1815	1848	1917	1947	2016	2044	2114	2144	2214	2244	2315	2345								
Rose Lane shops	1711	1746	1819	1852	1921	1951	2020	2048	2118	2148	2218	2247	2318	2348								
Chadwell Heath <i>Sainsbury's</i>	1724	1757	1829	1902	1929	1958	2026	2054	2124	2154	2224	2253	2323	2353								
Little Heath <i>King George Hospital</i>	1736	1809	1841	1913	1939	2008	2035	2103	2132	2202	2231	2300	2330	0000								
362		Saturdays (also Good Friday)																				
Grange Hill Station	0625	0655	0725	0755	0825	0855	0925	0955	1030	1105	1140	1215	1250	1325	1400	1435	1510	1545				
Hainault <i>The Lowe/Manford Way</i>	0630	0700	0730	0800	0830	0900	0930	1000	1035	1110	1145	1220	1255	1330	1405	1440	1515	1550				
Hainault Forest <i>New North Road</i>	0632	0702	0732	0802	0832	0902	0932	1002	1037	1112	1147	1222	1257	1332	1407	1442	1517	1552				
Marks Gate <i>The City Pavilion</i>	0636	0706	0736	0806	0836	0907	0937	1007	1042	1117	1152	1227	1302	1337	1412	1447	1522	1557				
Rose Lane shops	0639	0709	0739	0809	0840	0911	0941	1011	1046	1121	1156	1231	1306	1341	1416	1451	1526	1601				
Chadwell Heath <i>Sainsbury's</i>	0645	0715	0745	0815	0847	0919	0949	1021	1057	1132	1207	1243	1318	1353	1428	1503	1538	1612				
Little Heath <i>King George Hospital</i>	0653	0723	0753	0823	0856	0928	0959	1031	1108	1143	1218	1254	1329	1404	1439	1514	1549	1623				
Grange Hill Station	1620	1655	1730	1805	1835	1905	1936	2007	2037	2106	2136	2206	2236	2306	2336							
Hainault <i>The Lowe/Manford Way</i>	1625	1700	1735	1810	1840	1910	1941	2012	2041	2110	2140	2210	2240	2310	2340							
Hainault Forest <i>New North Road</i>	1627	1702	1737	1812	1842	1912	1943	2014	2043	2112	2142	2211	2241	2311	2341							
Marks Gate <i>The City Pavilion</i>	1632	1707	1742	1817	1847	1917	1947	2018	2047	2116	2146	2215	2245	2315	2345							
Rose Lane shops	1636	1711	1746	1821	1851	1921	1951	2022	2051	2120	2150	2218	2248	2318	2348							
Chadwell Heath <i>Sainsbury's</i>	1647	1722	1757	1831	1900	1929	1959	2029	2058	2126	2156	2224	2253	2323	2353							
Little Heath <i>King George Hospital</i>	1658	1733	1808	1841	1910	1939	2009	2039	2107	2134	2204	2232	2300	2330	0000							
362		Sundays and other Public Holidays (except Christmas Day)																				
Grange Hill Station	0725	0755	0825	0854	0923	0952	1020	1050	1120	1149	1219	1249	1320	1350	1420	1450	1520	1550				
Hainault <i>The Lowe/Manford Way</i>	0730	0800	0830	0859	0928	0957	1025	1055	1125	1154	1224	1254	1325	1355	1425	1455	1525	1555				
Hainault Forest <i>New North Road</i>	0732	0802	0832	0901	0930	0959	1027	1057	1127	1156	1226	1256	1327	1357	1427	1457	1527	1557				
Marks Gate <i>The City Pavilion</i>	0737	0807	0837	0906	0935	1004	1033	1103	1133	1202	1232	1302	1332	1402	1432	1502	1532	1602				
Rose Lane shops	0741	0811	0841	0910	0939	1008	1037	1108	1138	1207	1237	1307	1337	1407	1437	1506	1536	1606				
Chadwell Heath <i>Sainsbury's</i>	0747	0817	0847	0917	0946	1016	1045	1117	1147	1217	1247	1317	1347	1417	1447	1516	1545	1615				
Little Heath <i>King George Hospital</i>	0755	0825	0855	0925	0954	1025	1055	1128	1158	1228	1258	1328	1358	1428	1458	1527	1555	1625				
Grange Hill Station	1620	1650	1720	1750	1819	1847	1915	1943	2011	2039	2107	2135	2205	2235	2305	2336						
Hainault <i>The Lowe/Manford Way</i>	1625	1655	1725	1755	1824	1852	1920	1948	2016	2043	2111	2139	2209	2239	2309	2340						
Hainault Forest <i>New North Road</i>	1627	1657	1727	1757	1826	1854	1922	1950	2018	2045	2113	2140	2210	2240	2310	2341						
Marks Gate <i>The City Pavilion</i>	1632	1702	1732	1802	1831	1859	1927	1955	2023	2050	2117	2144	2214	2244	2314	2345						
Rose Lane shops	1636	1706	1736	1806	1835	1903	1931	1959	2026	2053	2120	2147	2217	2247	2317	2348						
Chadwell Heath <i>Sainsbury's</i>	1645	1715	1744	1814	1842	1910	1938	2006	2032	2059	2126	2152	2222	2252	2322	2353						
Little Heath <i>King George Hospital</i>	1655	1724	1753	1823	1851	1919	1947	2015	2041	2107	2134	2159	2229	2259	2329	2359						

362		Mondays to Fridays																
Little Heath King George Hospital	0645	0715	0745	0820	0855	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1529
Chadwell Heath Sainsbury's	0654	0726	0757	0833	0908	0941	1011	1041	1111	1142	1212	1242	1312	1342	1412	1443	1514	1545
Rose Lane shops	0700	0733	0807	0843	0916	0949	1019	1049	1119	1150	1220	1250	1320	1350	1420	1452	1524	1556
Marks Gate The City Pavilion	0705	0739	0813	0848	0921	0954	1023	1053	1123	1154	1224	1254	1324	1354	1424	1456	1529	1601
Hainault Forest New North Road	0712	0747	0821	0855	0927	1000	1029	1059	1129	1200	1230	1300	1330	1400	1430	1502	1535	1607
Hainault The Lowe/Manford Way	0714	0750	0824	0858	0930	1002	1031	1101	1132	1203	1233	1303	1333	1403	1433	1505	1538	1610
Grange Hill Station	0719	0755	0829	0903	0935	1007	1035	1105	1136	1207	1237	1307	1337	1408	1438	1510	1543	1615
Little Heath King George Hospital	1559	1633	1708	1743	1818	1852	1926	1959	2031	2102	2132	2203	2233	2305	2335	0005		
Chadwell Heath Sainsbury's	1616	1650	1725	1759	1831	1903	1936	2009	2040	2111	2141	2211	2241	2312	2342	0012		
Rose Lane shops	1627	1700	1735	1808	1840	1911	1943	2016	2047	2117	2147	2217	2247	2317	2347	0017		
Marks Gate The City Pavilion	1632	1705	1740	1812	1844	1915	1947	2019	2050	2120	2150	2220	2250	2320	2350	0020		
Hainault Forest New North Road	1638	1711	1746	1817	1849	1920	1951	2023	2054	2124	2154	2224	2254	2324	2354	0024		
Hainault The Lowe/Manford Way	1641	1714	1749	1820	1851	1922	1953	2025	2056	2126	2156	2226	2256	2326	2356	0026		
Grange Hill Station	1646	1719	1754	1825	1856	1927	1957	2029	2100	2130	2200	2230	2300	2330	0000	0030		
362		Saturdays (also Good Friday)																
Little Heath King George Hospital	0645	0715	0745	0815	0845	0913	0943	1012	1045	1118	1153	1228	1303	1339	1415	1451	1526	1602
Chadwell Heath Sainsbury's	0653	0723	0753	0823	0854	0923	0953	1023	1057	1131	1207	1242	1317	1353	1428	1504	1539	1614
Rose Lane shops	0659	0729	0759	0829	0900	0930	1000	1030	1105	1139	1215	1251	1326	1401	1436	1512	1547	1622
Marks Gate The City Pavilion	0703	0733	0803	0833	0904	0934	1004	1034	1109	1144	1220	1256	1331	1406	1441	1516	1551	1626
Hainault Forest New North Road	0708	0738	0808	0838	0909	0939	1010	1040	1115	1150	1226	1302	1337	1412	1447	1522	1557	1631
Hainault The Lowe/Manford Way	0710	0740	0810	0840	0911	0941	1012	1043	1118	1153	1229	1305	1340	1415	1450	1525	1600	1634
Grange Hill Station	0714	0744	0814	0844	0915	0945	1016	1047	1122	1157	1234	1310	1345	1420	1455	1530	1605	1639
Little Heath King George Hospital	1637	1712	1748	1823	1857	1930	2002	2032	2102	2132	2204	2234	2305	2335	0005			
Chadwell Heath Sainsbury's	1649	1724	1800	1835	1909	1941	2012	2041	2111	2141	2212	2242	2313	2343	0013			
Rose Lane shops	1657	1732	1808	1843	1916	1947	2018	2047	2117	2147	2218	2248	2318	2348	0018			
Marks Gate The City Pavilion	1701	1736	1812	1847	1920	1951	2022	2051	2121	2151	2221	2251	2321	2351	0021			
Hainault Forest New North Road	1706	1741	1817	1852	1924	1955	2026	2055	2125	2155	2225	2255	2325	2355	0025			
Hainault The Lowe/Manford Way	1709	1744	1819	1854	1926	1957	2028	2057	2127	2157	2227	2257	2327	2357	0027			
Grange Hill Station	1714	1749	1824	1859	1931	2002	2032	2101	2131	2201	2231	2301	2331	0001	0031			
362		Sundays and other Public Holidays (except Christmas Day)																
Little Heath King George Hospital	0740	0810	0839	0908	0938	1006	1036	1106	1135	1204	1233	1303	1333	1403	1433	1503	1533	1603
Chadwell Heath Sainsbury's	0748	0818	0847	0917	0947	1016	1046	1116	1146	1216	1246	1316	1346	1416	1446	1515	1544	1614
Rose Lane shops	0754	0824	0853	0923	0953	1023	1053	1123	1153	1224	1254	1324	1354	1424	1454	1522	1551	1621
Marks Gate The City Pavilion	0758	0828	0857	0927	0957	1027	1057	1127	1157	1228	1258	1328	1358	1428	1458	1526	1555	1625
Hainault Forest New North Road	0803	0833	0903	0933	1003	1033	1104	1134	1204	1235	1304	1334	1404	1434	1504	1532	1601	1631
Hainault The Lowe/Manford Way	0805	0835	0905	0936	1006	1036	1107	1137	1207	1238	1307	1337	1407	1437	1507	1535	1604	1634
Grange Hill Station	0808	0838	0909	0940	1010	1040	1111	1141	1211	1242	1312	1342	1412	1441	1511	1539	1608	1638
Little Heath King George Hospital	1633	1703	1733	1803	1833	1903	1933	2003	2033	2103	2133	2204	2234	2305	2335	0005		
Chadwell Heath Sainsbury's	1644	1714	1743	1813	1843	1913	1943	2013	2042	2111	2141	2212	2242	2312	2342	0012		
Rose Lane shops	1651	1721	1750	1819	1849	1919	1949	2019	2048	2117	2147	2217	2247	2317	2347	0017		
Marks Gate The City Pavilion	1655	1725	1754	1823	1853	1923	1953	2023	2052	2120	2150	2220	2250	2320	2350	0020		
Hainault Forest New North Road	1700	1730	1759	1828	1857	1927	1957	2027	2056	2124	2154	2224	2254	2324	2354	0024		
Hainault The Lowe/Manford Way	1703	1733	1802	1831	1900	1930	1959	2029	2058	2126	2156	2226	2256	2326	2356	0026		
Grange Hill Station	1707	1737	1806	1835	1904	1934	2003	2033	2102	2130	2200	2230	2300	2330	0000	0030		