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Grange Hill – Marks Gate – King George Hospital

362		Mondays to Fridays																		
Grange Hill Station	0625	0655	0725	0754	0824	0855	0926	0957	1028			Then	58	28	1328	1358	1428	1458	1528	
Hainault <i>The Lowe/Manford Way</i>	0629	0700	0730	0800	0830	0901	0931	1002	1033			every 30	03	33	1333	1403	1433	1503	1533	
Hainault Forest <i>New North Road</i>	0631	0702	0732	0802	0832	0903	0933	1004	1035			minutes	05	35	1335	1405	1435	1505	1535	
Marks Gate <i>The City Pavilion</i>	0635	0706	0736	0806	0836	0907	0937	1008	1039			at these	09	39	until	1339	1409	1439	1509	1540
Rose Lane shops	0638	0710	0740	0810	0840	0911	0941	1012	1043			minutes	13	43	1343	1413	1443	1514	1545	
Chadwell Heath <i>Sainsbury's</i>	0644	0718	0751	0824	0854	0922	0951	1021	1052			past	22	52	1352	1423	1453	1526	1557	
Little Heath <i>King George Hospital</i>	0652	0727	0801	0836	0905	0932	1001	1031	1102			the hour	32	02	1402	1433	1503	1537	1608	
Grange Hill Station	1558	1629	1700	1730	1800	1829	1859	1929	1959	2029	2100	2130	2200	2230	2300	2330				
Hainault <i>The Lowe/Manford Way</i>	1603	1634	1705	1735	1805	1834	1904	1934	2003	2033	2104	2134	2204	2234	2304	2334				
Hainault Forest <i>New North Road</i>	1605	1636	1707	1737	1807	1836	1906	1936	2005	2035	2105	2135	2205	2235	2305	2335				
Marks Gate <i>The City Pavilion</i>	1610	1641	1712	1742	1812	1840	1910	1940	2009	2039	2109	2139	2209	2239	2309	2338				
Rose Lane shops	1615	1646	1717	1747	1816	1844	1914	1944	2012	2042	2112	2142	2212	2242	2312	2341				
Chadwell Heath <i>Sainsbury's</i>	1627	1659	1730	1800	1827	1854	1922	1951	2018	2048	2118	2148	2217	2247	2317	2346				
Little Heath <i>King George Hospital</i>	1638	1710	1741	1811	1837	1903	1931	2000	2026	2056	2126	2156	2224	2254	2324	2353				
362		Saturdays (also Good Friday)																		
Grange Hill Station	0625	0655	0725	0755	0824	0852	0922	0952	1022	1052	1122	1151	Then	21	51	1421	1452			
Hainault <i>The Lowe/Manford Way</i>	0629	0659	0729	0759	0828	0857	0927	0957	1027	1057	1127	1156	every 30	26	56	1426	1457			
Hainault Forest <i>New North Road</i>	0630	0700	0730	0800	0830	0859	0929	0959	1029	1059	1129	1158	minutes	28	58	1428	1459			
Marks Gate <i>The City Pavilion</i>	0634	0704	0734	0804	0834	0903	0933	1003	1033	1103	1133	1202	at these	32	02	until	1432	1503		
Rose Lane shops	0637	0707	0737	0807	0837	0907	0937	1007	1037	1107	1137	1206	minutes	36	06	1436	1507			
Chadwell Heath <i>Sainsbury's</i>	0643	0713	0743	0813	0844	0914	0945	1015	1047	1117	1147	1218	past	48	18	1448	1518			
Little Heath <i>King George Hospital</i>	0651	0721	0751	0821	0852	0922	0953	1024	1056	1126	1157	1228	the hour	58	28	1458	1528			
Grange Hill Station	1523	1553	1623	1654	1724	1755	1825	1855	1926	1958	2028	2058	2128	2159	2230	2300	2330			
Hainault <i>The Lowe/Manford Way</i>	1528	1558	1628	1659	1729	1800	1830	1900	1931	2002	2032	2102	2132	2203	2234	2304	2334			
Hainault Forest <i>New North Road</i>	1530	1600	1630	1701	1731	1802	1832	1902	1933	2004	2034	2104	2134	2205	2235	2305	2335			
Marks Gate <i>The City Pavilion</i>	1534	1604	1634	1705	1735	1806	1836	1906	1937	2008	2038	2108	2138	2209	2239	2309	2338			
Rose Lane shops	1538	1608	1638	1709	1739	1810	1840	1910	1941	2011	2041	2111	2141	2212	2242	2312	2341			
Chadwell Heath <i>Sainsbury's</i>	1548	1618	1648	1718	1748	1818	1848	1918	1948	2017	2047	2117	2147	2217	2247	2317	2346			
Little Heath <i>King George Hospital</i>	1557	1627	1657	1727	1757	1827	1857	1927	1957	2025	2055	2125	2155	2225	2255	2324	2353			
362		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																		
Grange Hill Station	0725	0755	0825	0855	0925	0955	1024	1052	1121	1152	1222	1253	1324	Then	54	24	1654			
Hainault <i>The Lowe/Manford Way</i>	0729	0759	0829	0859	0929	0959	1028	1056	1126	1157	1227	1258	1329	every 30	59	29	1659			
Hainault Forest <i>New North Road</i>	0730	0800	0830	0900	0930	1000	1030	1058	1128	1159	1229	1300	1331	minutes	01	31	1701			
Marks Gate <i>The City Pavilion</i>	0734	0804	0835	0905	0935	1005	1035	1104	1134	1204	1234	1305	1335	at these	05	35	until	1705		
Rose Lane shops	0737	0807	0839	0909	0939	1009	1039	1109	1139	1209	1239	1309	1339	minutes	09	39	1709			
Chadwell Heath <i>Sainsbury's</i>	0743	0813	0845	0916	0946	1017	1047	1117	1147	1219	1249	1317	1347	past	17	47	1717			
Little Heath <i>King George Hospital</i>	0751	0821	0853	0924	0954	1025	1055	1125	1156	1228	1258	1326	1356	the hour	26	56	1726			
Grange Hill Station	1724	1754	1824	1854	1924	1955	2025	2055	2125	2200	2230	2300	2330							
Hainault <i>The Lowe/Manford Way</i>	1729	1759	1829	1859	1929	1959	2029	2059	2129	2204	2234	2304	2334							
Hainault Forest <i>New North Road</i>	1731	1801	1831	1901	1930	2000	2030	2100	2130	2205	2235	2305	2335							
Marks Gate <i>The City Pavilion</i>	1735	1805	1835	1905	1934	2004	2034	2104	2133	2208	2238	2308	2338							
Rose Lane shops	1739	1809	1839	1909	1938	2007	2037	2107	2136	2211	2241	2311	2341							
Chadwell Heath <i>Sainsbury's</i>	1747	1817	1846	1916	1944	2013	2043	2113	2142	2216	2246	2316	2346							
Little Heath <i>King George Hospital</i>	1755	1825	1854	1924	1952	2021	2051	2121	2149	2223	2253	2323	2353							

362		Mondays to Fridays																
Little Heath King George Hospital	0645	0712	0737	0808	0843	0913	0944	1014	1044	1114	1144	1214	1244	1314	1344	1414	1441	1511
Chadwell Heath Sainsbury's	0653	0722	0750	0821	0854	0924	0955	1025	1055	1125	1156	1226	1256	1326	1356	1426	1455	1527
Rose Lane shops	0659	0729	0759	0830	0902	0932	1002	1032	1102	1132	1203	1234	1304	1334	1404	1434	1505	1537
Marks Gate The City Pavilion	0703	0733	0803	0834	0906	0936	1006	1036	1106	1136	1207	1238	1308	1338	1408	1438	1509	1541
Hainault Forest New North Road	0708	0739	0809	0840	0911	0941	1011	1041	1111	1141	1212	1243	1313	1343	1413	1443	1514	1546
Hainault The Lowe/Manford Way	0710	0741	0812	0843	0913	0943	1013	1043	1113	1143	1214	1245	1315	1345	1415	1445	1517	1549
Grange Hill Station	0714	0745	0816	0847	0917	0947	1017	1047	1117	1147	1218	1249	1319	1349	1419	1449	1522	1554
Little Heath King George Hospital	1541	1611	1641	1707	1739	1811	1841	1911	1941	2011	2041	2100	2130	2200	2230	2300	2330	0000
Chadwell Heath Sainsbury's	1559	1629	1659	1725	1755	1825	1853	1921	1951	2020	2050	2108	2138	2208	2238	2307	2337	0007
Rose Lane shops	1609	1639	1709	1735	1804	1833	1901	1928	1958	2026	2056	2114	2144	2214	2244	2312	2342	0012
Marks Gate The City Pavilion	1613	1643	1713	1739	1808	1837	1905	1932	2001	2029	2059	2117	2147	2217	2247	2315	2345	0015
Hainault Forest New North Road	1618	1648	1718	1744	1813	1842	1909	1936	2005	2033	2103	2121	2151	2221	2251	2319	2349	0019
Hainault The Lowe/Manford Way	1621	1651	1721	1747	1815	1844	1911	1938	2007	2035	2105	2123	2153	2223	2253	2321	2351	0021
Grange Hill Station	1626	1656	1726	1752	1820	1849	1916	1942	2011	2039	2109	2127	2157	2227	2257	2325	2354	0024
362		Saturdays (also Good Friday)																
Little Heath King George Hospital	0645	0715	0745	0815	0844	0914	0942	1012	1040	1109	1138	1207	1237	1307	1338	1408	1438	1509
Chadwell Heath Sainsbury's	0653	0723	0753	0823	0853	0923	0952	1022	1051	1121	1151	1221	1251	1321	1353	1423	1453	1523
Rose Lane shops	0658	0728	0758	0828	0859	0929	0959	1029	1059	1129	1159	1229	1259	1329	1401	1431	1501	1531
Marks Gate The City Pavilion	0701	0731	0801	0831	0902	0932	1003	1033	1103	1133	1203	1233	1303	1333	1405	1435	1505	1535
Hainault Forest New North Road	0705	0735	0805	0835	0906	0936	1007	1037	1107	1137	1207	1237	1307	1337	1409	1439	1509	1539
Hainault The Lowe/Manford Way	0707	0737	0807	0837	0908	0938	1009	1039	1109	1139	1209	1239	1309	1339	1411	1441	1511	1541
Grange Hill Station	0710	0740	0810	0841	0912	0942	1013	1043	1113	1143	1213	1243	1313	1343	1415	1445	1515	1545
Little Heath King George Hospital	1539	1610	1640	1711	1742	1813	1843	1914	1944	2005	<i>Then</i> 35 05 <i>every 30</i> 43 13 <i>minutes</i> 49 19 <i>at these</i> 52 22 <i>until</i> <i>minutes</i> 56 26 <i>past</i> 58 28 <i>the hour</i> 02 32	2235	2300	2330	0000			
Chadwell Heath Sainsbury's	1553	1623	1653	1723	1753	1823	1853	1923	1953	2013		2243	2307	2337	0007			
Rose Lane shops	1601	1631	1701	1731	1800	1830	1900	1930	1959	2019		2249	2312	2342	0012			
Marks Gate The City Pavilion	1605	1635	1705	1735	1804	1833	1903	1933	2002	2022		2252	2315	2345	0015			
Hainault Forest New North Road	1609	1639	1709	1739	1808	1837	1907	1937	2006	2026		2256	2319	2349	0019			
Hainault The Lowe/Manford Way	1611	1641	1711	1741	1810	1839	1909	1939	2008	2028		2258	2321	2351	0021			
Grange Hill Station	1615	1645	1715	1745	1814	1843	1913	1943	2012	2032		2302	2324	2354	0024			
362		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Little Heath King George Hospital	0740	0810	0840	0910	0940	1009	1039	1109	1138	1206	1236	1305	1335	1405	1435	1505	1535	1605
Chadwell Heath Sainsbury's	0748	0818	0848	0918	0948	1018	1048	1118	1148	1217	1247	1317	1347	1417	1446	1515	1545	1615
Rose Lane shops	0754	0824	0854	0924	0954	1025	1055	1125	1155	1225	1255	1325	1355	1425	1454	1522	1552	1622
Marks Gate The City Pavilion	0757	0827	0857	0928	0958	1029	1059	1129	1159	1229	1259	1329	1359	1428	1457	1525	1555	1625
Hainault Forest New North Road	0802	0832	0902	0933	1003	1034	1104	1134	1204	1234	1304	1334	1404	1433	1502	1530	1600	1630
Hainault The Lowe/Manford Way	0804	0834	0904	0935	1005	1036	1106	1136	1206	1236	1306	1336	1406	1435	1504	1532	1602	1632
Grange Hill Station	0807	0837	0908	0939	1009	1040	1110	1140	1210	1240	1310	1340	1410	1439	1508	1536	1606	1636
Little Heath King George Hospital	1635	1705	1735	1805	1835	1905	1930	2000	2030	2100	2130	2200	2230	2300	2330	0000		
Chadwell Heath Sainsbury's	1644	1714	1744	1814	1844	1914	1938	2008	2038	2108	2138	2208	2237	2307	2337	0007		
Rose Lane shops	1651	1721	1751	1820	1850	1920	1944	2014	2044	2113	2143	2213	2242	2312	2342	0012		
Marks Gate The City Pavilion	1654	1724	1754	1823	1853	1923	1947	2017	2047	2116	2146	2216	2245	2315	2345	0015		
Hainault Forest New North Road	1659	1729	1759	1827	1857	1927	1951	2021	2051	2120	2150	2220	2249	2319	2349	0019		
Hainault The Lowe/Manford Way	1701	1731	1801	1829	1859	1929	1953	2023	2053	2122	2152	2222	2251	2321	2351	0021		
Grange Hill Station	1705	1735	1805	1833	1903	1933	1957	2027	2057	2126	2156	2226	2255	2324	2354	0024		