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Redbridge – Ilford – Beckton

366 Mondays to Fridays																		
Roding Lane South Falmouth Gardens	0515	0535	0555	0610	0625	0640	0652	0704	0716	Then about every 10 minutes until	1925	1940	1955	2010	2025	2040	2055	
Redbridge Station Eastern Avenue	0519	0539	0559	0614	0629	0644	0656	0709	0722		1932	1947	2002	2017	2032	2046	2100	
Ilford Station	0527	0547	0607	0622	0637	0652	0706	0721	0734		1942	1957	2012	2027	2041	2055	2109	
Ilford High Road Hainault Street	0530	0550	0610	0625	0640	0655	0710	0725	0738		1947	2002	2017	2031	2045	2059	2113	
Loxford Lane South Park Drive	0539	0559	0619	0634	0650	0705	0720	0735	0748		1957	2012	2027	2041	2055	2109	2123	
Barking Station	0547	0607	0627	0642	0659	0716	0731	0746	0759		2007	2020	2034	2048	2102	2116	2130	
East Beckton Showcase Cinema	0555	0615	0635	0652	0709	0726	0741	0756	0811		2016	2028	2042	2056	2110	2124	2138	
Gallions Reach Shopping Park	0605	0625	0645	0702	0719	0736	0751	0806	0821		2026	2038	2052	2106	2120	2134	2148	
Beckton Bus Station	0613	0633	0653	0710	0727	0744	0800	0815	0830		2034	2046	2100	2114	2128	2142	2156	
Roding Lane South Falmouth Gardens	2110	2125	2140	2155	2210	2225	2240	Then every 15 minutes until			0025							
Redbridge Station Eastern Avenue	2115	2130	2145	2200	2215	2229	2243				0028							
Ilford Station	2124	2139	2154	2208	2222	2236	2250				0035							
Ilford High Road Hainault Street	2128	2143	2158	2212	2226	2240	2254				0039							
Loxford Lane South Park Drive	2138	2153	2206	2220	2234	2248	2302				0047							
Barking Station	2145	2159	2212	2226	2240	2254	2308				0053							
East Beckton Showcase Cinema	2153	2207	2220	2234	2248	2302	2316				0101							
Gallions Reach Shopping Park	2201	2215	2228	2242	2256	2310	2324				0109							
Beckton Bus Station	2209	2223	2236	2250	2304	2318	2332				0117							
366 Saturdays (also Good Friday)																		
Roding Lane South Falmouth Gardens	0515	Then every 20 minutes until	0815	0830	0844	0858	Then about every 10 minutes until	1910	1925	1940	1955	2010	2025	2040	2055	2110		
Redbridge Station Eastern Avenue	0518		0818	0833	0847	0901		1916	1931	1946	2001	2015	2030	2045	2100	2115		
Ilford Station	0526		0826	0841	0855	0910		1927	1942	1957	2011	2025	2040	2055	2109	2124		
Ilford High Road Hainault Street	0530		0830	0845	0859	0914		1932	1947	2002	2016	2030	2045	2100	2113	2128		
Loxford Lane South Park Drive	0539		0839	0854	0908	0923		1942	1957	2012	2026	2040	2055	2109	2122	2137		
Barking Station	0546		0846	0901	0916	0931		1951	2006	2020	2034	2048	2102	2116	2129	2144		
East Beckton Showcase Cinema	0555		0855	0910	0925	0940		2000	2014	2028	2042	2056	2110	2124	2137	2152		
Gallions Reach Shopping Park	0605		0905	0920	0935	0950		2010	2024	2038	2052	2106	2120	2134	2147	2202		
Beckton Bus Station	0613		0913	0928	0943	0958		2018	2032	2046	2100	2114	2128	2142	2155	2210		
Roding Lane South Falmouth Gardens	2125		2140	2155	2210	2225		2240	2255	2310	Then every 15 minutes until	0025						
Redbridge Station Eastern Avenue	2129	2144	2158	2213	2228	2243	2258	2313	0028									
Ilford Station	2138	2152	2206	2221	2236	2251	2306	2321	0036									
Ilford High Road Hainault Street	2142	2156	2210	2225	2240	2255	2310	2325	0040									
Loxford Lane South Park Drive	2151	2205	2219	2234	2249	2304	2319	2333	0048									
Barking Station	2158	2212	2226	2241	2256	2311	2325	2339	0054									
East Beckton Showcase Cinema	2206	2220	2234	2249	2304	2318	2332	2346	0101									
Gallions Reach Shopping Park	2216	2230	2244	2258	2312	2326	2340	2354	0109									
Beckton Bus Station	2224	2238	2252	2306	2320	2334	2348	0002	0117									
366 Sundays and other Public Holidays (except Christmas Day)																		
Roding Lane South Falmouth Gardens	0553	0623	0653	0723	0753	0823	0853	0923	0945	1005	1025	1040	1055	1110	1125	1140	1155	1210
Redbridge Station Eastern Avenue	0556	0626	0656	0726	0756	0826	0856	0926	0948	1008	1028	1043	1058	1113	1128	1143	1158	1213
Ilford Station	0603	0633	0703	0734	0804	0834	0905	0935	0957	1017	1037	1052	1107	1122	1137	1152	1207	1223
Ilford High Road Hainault Street	0607	0637	0707	0738	0808	0838	0909	0939	1001	1021	1041	1056	1111	1126	1141	1156	1212	1228
Loxford Lane South Park Drive	0614	0644	0714	0746	0817	0847	0918	0948	1010	1030	1050	1105	1120	1135	1150	1206	1222	1238
Barking Station	0620	0650	0720	0752	0824	0854	0925	0956	1018	1038	1058	1113	1128	1143	1158	1214	1230	1246
East Beckton Showcase Cinema	0627	0657	0727	0759	0831	0902	0933	1005	1027	1047	1107	1122	1137	1152	1207	1223	1239	1255
Gallions Reach Shopping Park	0636	0706	0736	0808	0840	0912	0944	1016	1038	1058	1118	1134	1149	1204	1219	1235	1251	1307
Beckton Bus Station	0645	0715	0745	0817	0849	0921	0953	1025	1047	1108	1128	1144	1159	1214	1229	1245	1301	1317
Roding Lane South Falmouth Gardens	1225	1240	1255	1310	Then every 15 mins. until	1455	1510	1525	1540	1555	1610	1625	1640	1655	1710	1725	1740	1755
Redbridge Station Eastern Avenue	1229	1244	1259	1315		1500	1515	1530	1545	1600	1615	1630	1645	1700	1715	1730	1744	1759
Ilford Station	1239	1255	1311	1327		1512	1527	1542	1557	1611	1626	1641	1656	1711	1726	1741	1755	1810
Ilford High Road Hainault Street	1244	1300	1316	1332		1517	1532	1547	1602	1616	1631	1646	1701	1716	1731	1746	1800	1814
Loxford Lane South Park Drive	1254	1310	1326	1342		1527	1542	1557	1612	1626	1641	1656	1711	1726	1741	1756	1810	1824
Barking Station	1302	1318	1334	1350		1535	1550	1605	1620	1634	1649	1704	1719	1734	1749	1804	1818	1832
East Beckton Showcase Cinema	1310	1326	1342	1358		1543	1558	1613	1628	1642	1657	1712	1727	1742	1757	1811	1825	1839
Gallions Reach Shopping Park	1323	1339	1355	1411		1556	1610	1624	1639	1653	1707	1722	1737	1752	1807	1821	1835	1849
Beckton Bus Station	1333	1349	1405	1421		1606	1620	1634	1649	1703	1717	1732	1747	1802	1816	1830	1844	1858
Roding Lane South Falmouth Gardens	1810	Then every 15 mins. until	1910	1925		1940	1955	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225	Then
Redbridge Station Eastern Avenue	1814		1914	1929	1944	1959	2014	2028	2043	2058	2113	2128	2143	2158	2213	2228	0028	
Ilford Station	1824		1924	1939	1954	2009	2023	2037	2052	2107	2122	2137	2152	2207	2221	2235	0035	
Ilford High Road Hainault Street	1828		1928	1943	1958	2013	2027	2041	2056	2111	2126	2141	2156	2211	2225	2239	0039	
Loxford Lane South Park Drive	1838		1938	1953	2008	2022	2036	2050	2105	2120	2135	2150	2204	2219	2233	2247	0047	
Barking Station	1846		1946	2001	2015	2029	2043	2057	2112	2127	2142	2157	2210	2225	2239	2253	0053	
East Beckton Showcase Cinema	1853		1953	2008	2022	2036	2050	2104	2119	2134	2149	2204	2217	2232	2246	2300	0100	
Gallions Reach Shopping Park	1903		2003	2017	2031	2045	2059	2113	2128	2143	2158	2212	2225	2240	2254	2308	0108	
Beckton Bus Station	1912		2012	2026	2040	2054	2108	2122	2137	2152	2207	2221	2234	2249	2303	2317	0117	

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366		Mondays to Fridays															
Beckton Bus Station	0420	0440	0500	0520	0535	0548	Then about every 10 minutes until	1901	1915	1930	1945	2000	2015	2030	2045	2100	2115
Gallions Reach Shopping Park	0428	0448	0508	0528	0543	0556		1910	1924	1938	1953	2008	2023	2038	2053	2108	2123
East Beckton Showcase Cinema	0437	0457	0517	0537	0552	0605		1920	1934	1947	2002	2017	2032	2047	2102	2117	2132
Barking Station	0444	0504	0524	0544	0559	0612		1931	1945	1958	2011	2026	2041	2056	2111	2126	2141
South Park Drive Loxford Lane	0450	0510	0530	0550	0605	0618		1939	1953	2005	2018	2033	2048	2103	2118	2133	2148
Ilford High Road Hainault Street	0458	0518	0538	0558	0613	0626		1949	2003	2013	2026	2041	2056	2111	2126	2141	2156
Ilford Station	0502	0522	0542	0602	0617	0631		1954	2007	2017	2030	2045	2100	2115	2130	2145	2200
Redbridge Station Forecourt	0511	0531	0551	0611	0626	0641		2007	2017	2027	2040	2055	2110	2125	2140	2155	2209
Roding Lane South Falmouth Gardens	0515	0535	0555	0615	0630	0645	2012	2022	2032	2045	2100	2115	2130	2145	2159	2213	

Beckton Bus Station	2130	2145	Then every 15 minutes until	2345
Gallions Reach Shopping Park	2138	2153		2353
East Beckton Showcase Cinema	2147	2202		0002
Barking Station	2156	2210		0010
South Park Drive Loxford Lane	2203	2216		0016
Ilford High Road Hainault Street	2210	2223		0023
Ilford Station	2214	2227		0027
Redbridge Station Forecourt	2223	2236		0036
Roding Lane South Falmouth Gardens	2227	2240	0040	

366		Saturdays (also Good Friday)														
Beckton Bus Station	0420	Then every 20 minutes until	0640	0700	0720	0740	0759	0812	0824	Then about every 10 minutes until	1814	1829	1844	1859	1914	1929
Gallions Reach Shopping Park	0428		0648	0708	0728	0748	0807	0820	0832		1823	1838	1853	1908	1923	1938
East Beckton Showcase Cinema	0437		0657	0717	0737	0757	0816	0829	0841		1834	1849	1904	1919	1934	1949
Barking Station	0445		0705	0725	0745	0805	0824	0837	0849		1844	1859	1914	1929	1944	1958
South Park Drive Loxford Lane	0450		0710	0730	0751	0811	0830	0843	0855		1851	1906	1921	1936	1951	2005
Ilford High Road Hainault Street	0458		0718	0738	0759	0819	0838	0851	0903		1901	1916	1931	1946	2001	2015
Ilford Station	0502		0722	0742	0803	0823	0842	0856	0908		1906	1921	1936	1951	2005	2019
Redbridge Station Forecourt	0511		0731	0752	0813	0833	0852	0906	0920		1919	1934	1949	2003	2016	2030
Roding Lane South Falmouth Gardens	0515	0735	0756	0817	0837	0857	0911	0925	1925	1940	1955	2008	2021	2035		

Beckton Bus Station	1945	2000	2015	2030	2045	2100	Then every 15 minutes until	2215	2230	2245	2300	2315	2330	2345
Gallions Reach Shopping Park	1953	2008	2023	2038	2053	2108		2223	2238	2253	2308	2323	2338	2353
East Beckton Showcase Cinema	2003	2017	2032	2047	2102	2117		2232	2247	2302	2317	2332	2347	0002
Barking Station	2012	2026	2041	2056	2111	2125		2240	2255	2309	2324	2339	2354	0009
South Park Drive Loxford Lane	2019	2033	2048	2103	2117	2131		2246	2301	2315	2330	2345	0000	0015
Ilford High Road Hainault Street	2029	2043	2058	2111	2125	2139		2254	2308	2322	2337	2352	0007	0022
Ilford Station	2033	2047	2102	2115	2129	2143		2258	2312	2326	2341	2356	0011	0026
Redbridge Station Forecourt	2044	2058	2112	2125	2139	2153		2308	2322	2336	2351	0006	0021	0036
Roding Lane South Falmouth Gardens	2049	2103	2116	2129	2143	2157	2312	2326	2340	2355	0010	0025	0040	

366		Sundays and other Public Holidays (except Christmas Day)															
Beckton Bus Station	0550	Then every 30 minutes until	0820	0840	0900	0920	0935	0949	1003	1017	1031	1045	1100	1115	1130	1145	1200
Gallions Reach Shopping Park	0558		0828	0848	0909	0929	0944	0958	1012	1026	1040	1054	1109	1124	1139	1154	1209
East Beckton Showcase Cinema	0607		0837	0857	0918	0938	0953	1007	1022	1036	1050	1104	1120	1136	1151	1206	1221
Barking Station	0614		0844	0904	0926	0946	1001	1016	1031	1045	1059	1114	1130	1146	1201	1216	1231
South Park Drive Loxford Lane	0618		0848	0909	0931	0951	1006	1021	1036	1050	1105	1120	1136	1152	1207	1222	1237
Ilford High Road Hainault Street	0626		0856	0918	0940	1000	1015	1030	1045	1100	1115	1130	1146	1202	1217	1232	1247
Ilford Station	0630		0900	0922	0945	1005	1020	1035	1050	1105	1120	1135	1151	1207	1222	1237	1252
Redbridge Station Forecourt	0639		0909	0932	0955	1016	1031	1046	1102	1118	1133	1148	1204	1220	1235	1250	1305
Roding Lane South Falmouth Gardens	0643	0913	0936	0959	1020	1035	1050	1107	1123	1138	1153	1209	1225	1240	1255	1311	

Beckton Bus Station	1215	1230	1245	1300	Then every 15 minutes until	1445	1500	1515	1530	1545	1600	1615	1630	1645	1700	1715	1730
Gallions Reach Shopping Park	1224	1239	1254	1310		1455	1510	1525	1540	1555	1610	1625	1640	1655	1710	1725	1740
East Beckton Showcase Cinema	1236	1251	1306	1322		1507	1522	1537	1552	1607	1622	1637	1652	1707	1721	1736	1751
Barking Station	1246	1301	1317	1333		1518	1533	1548	1603	1617	1632	1647	1702	1717	1731	1746	1801
South Park Drive Loxford Lane	1252	1307	1323	1339		1524	1539	1554	1609	1623	1638	1653	1708	1723	1737	1752	1807
Ilford High Road Hainault Street	1302	1317	1333	1349		1534	1549	1604	1619	1633	1648	1703	1718	1733	1747	1802	1817
Ilford Station	1308	1323	1339	1355		1540	1555	1610	1625	1639	1654	1708	1723	1738	1752	1807	1822
Redbridge Station Forecourt	1321	1337	1353	1409		1554	1609	1624	1639	1653	1708	1722	1736	1751	1805	1820	1835
Roding Lane South Falmouth Gardens	1327	1343	1359	1415	1600	1614	1629	1644	1658	1713	1727	1741	1756	1810	1825	1840	

Beckton Bus Station	1745	1800	1815	1830	1845	1900	1915	1930	1945	Then every 15 minutes until	2100	2115	2130	2145	2200	Then every 15 mins. until	2345
Gallions Reach Shopping Park	1755	1810	1825	1840	1855	1909	1924	1939	1954		2109	2124	2139	2154	2209		2354
East Beckton Showcase Cinema	1806	1821	1836	1850	1904	1918	1933	1948	2003		2118	2133	2148	2203	2218		0003
Barking Station	1816	1831	1845	1859	1913	1927	1942	1957	2011		2126	2141	2156	2211	2226		0011
South Park Drive Loxford Lane	1822	1836	1850	1904	1918	1932	1947	2002	2016		2131	2146	2201	2216	2230		0015
Ilford High Road Hainault Street	1832	1846	1900	1914	1928	1942	1957	2011	2025		2140	2155	2210	2224	2238		0023
Ilford Station	1837	1851	1904	1918	1932	1946	2001	2015	2029		2144	2159	2214	2228	2242		0027
Redbridge Station Forecourt	1850	1903	1916	1929	1943	1957	2011	2025	2039		2154	2209	2223	2237	2251		0036
Roding Lane South Falmouth Gardens	1855	1908	1921	1934	1948	2002	2016	2030	2044	2159	2213	2227	2241	2255	0040		