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Chadwell Heath – Mayesbrook Park – Barking

368		Mondays to Fridays																
Chadwell Heath <i>Wangey Road</i>	0510	0530	0550	0610	0630	0650	0705	0714	0723	0732	0741	0749	0758	0807	0817	0827	0837	0847
Green Lane <i>Bennetts Castle Lane</i>	0513	0533	0553	0613	0634	0654	0709	0719	0728	0738	0747	0755	0804	0814	0824	0834	0844	0854
Becontree Avenue <i>Longbridge Road</i>	0517	0537	0557	0617	0638	0658	0713	0723	0733	0743	0752	0800	0810	0820	0830	0840	0850	0900
Mayesbrook Park <i>The Roundhouse</i>	0521	0541	0601	0621	0642	0702	0718	0728	0738	0748	0757	0807	0817	0827	0837	0847	0857	0907
Lodge Ave. <i>Flyover Junc. (West Side)</i>	0525	0545	0605	0626	0648	0708	0724	0734	0744	0754	0804	0814	0824	0834	0844	0854	0904	0914
Barking <i>London Road</i>	0531	0551	0612	0634	0657	0717	0734	0745	0755	0805	0816	0826	0836	0846	0856	0906	0916	0926
Barking Station	0533	0553	0614	0636	0659	0719	0737	0748	0758	0808	0819	0829	0839	0849	0859	0909	0919	0929
Barking <i>Harts Lane Estate</i>	0536	0556	0618	0640	0703	0724	0742	0753	0803	0813	0824	0834	0844	0854	0904	0914	0924	0934
Chadwell Heath <i>Wangey Road</i>	0857	0907	0918	0929	0940	Then every 10 minutes until	1410	1418	1427	1436	1445	1454	1503	Then every 10 minutes until	1743	1753		
Green Lane <i>Bennetts Castle Lane</i>	0904	0914	0924	0934	0945		1415	1423	1432	1441	1450	1500	1510		1750	1800		
Becontree Avenue <i>Longbridge Road</i>	0910	0921	0929	0939	0950		1420	1428	1437	1446	1455	1505	1515		1755	1805		
Mayesbrook Park <i>The Roundhouse</i>	0917	0927	0935	0945	0955		1425	1433	1442	1451	1500	1510	1520		1800	1810		
Lodge Ave. <i>Flyover Junc. (West Side)</i>	0923	0933	0940	0950	1000		1430	1438	1447	1456	1506	1516	1526		1806	1816		
Barking <i>London Road</i>	0934	0943	0950	1000	1010		1440	1448	1457	1507	1517	1527	1537		1817	1827		
Barking Station	0937	0946	0953	1003	1013		1443	1451	1500	1510	1520	1530	1540		1820	1830		
Barking <i>Harts Lane Estate</i>	0942	0950	0957	1007	1017		1447	1455	1505	1515	1525	1535	1545		1825	1834		
Chadwell Heath <i>Wangey Road</i>	1803	1813	1823	1833	1843	1853	1903	1915	1930	1945	2000	2020	2040	2100	2120	2140	2200	2220
Green Lane <i>Bennetts Castle Lane</i>	1810	1820	1830	1839	1849	1859	1909	1921	1935	1950	2005	2025	2045	2104	2124	2144	2204	2224
Becontree Avenue <i>Longbridge Road</i>	1815	1825	1834	1843	1853	1903	1913	1925	1939	1954	2009	2029	2049	2108	2127	2147	2207	2227
Mayesbrook Park <i>The Roundhouse</i>	1820	1830	1839	1848	1858	1908	1918	1930	1944	1959	2014	2034	2054	2112	2131	2151	2211	2231
Lodge Ave. <i>Flyover Junc. (West Side)</i>	1826	1835	1844	1853	1903	1913	1923	1935	1949	2004	2019	2039	2059	2116	2135	2155	2215	2235
Barking <i>London Road</i>	1837	1845	1854	1903	1912	1922	1932	1943	1957	2012	2027	2047	2107	2124	2142	2202	2222	2242
Barking Station	1840	1848	1857	1906	1915	1925	1934	1945	1959	2014	2029	2049	2108	2125	2143	2203	2223	2243
Barking <i>Harts Lane Estate</i>	1844	1852	1901	1910	1919	1929	1938	1949	2003	2018	2033	2053	2112	2129	2147	2207	2227	2247
Chadwell Heath <i>Wangey Road</i>	2240	2255	2315	2335	2355	0015												
Green Lane <i>Bennetts Castle Lane</i>	2244	2259	2319	2339	2359	0019												
Becontree Avenue <i>Longbridge Road</i>	2247	2302	2322	2342	0002	0022												
Mayesbrook Park <i>The Roundhouse</i>	2251	2305	2325	2345	0005	0025												
Lodge Ave. <i>Flyover Junc. (West Side)</i>	2255	2308	2328	2348	0008	0028												
Barking <i>London Road</i>	2301	2314	2334	2354	0014	0034												
Barking Station	2302	2315	2335	2355	0015	0035												
Barking <i>Harts Lane Estate</i>	2306	2319	2339	2359	0019	0039												

368		Saturdays (also Good Friday)																	
Chadwell Heath Wangey Road	0510	0530	0550	0610	0630	0650	0710	0730	0750	0805	0815	0825	0835	0845	0855	0904	0914	0924	
Green Lane Bennetts Castle Lane	0513	0533	0553	0613	0633	0653	0713	0733	0753	0809	0819	0829	0839	0849	0859	0909	0919	0929	
Becontree Avenue Longbridge Road	0517	0537	0557	0617	0637	0657	0717	0737	0757	0813	0823	0833	0843	0853	0903	0913	0923	0933	
Mayesbrook Park The Roundhouse	0521	0541	0601	0621	0641	0701	0721	0741	0801	0817	0827	0838	0848	0858	0908	0918	0928	0938	
Lodge Ave. Flyover Junc. (West Side)	0525	0545	0605	0625	0645	0705	0725	0745	0806	0822	0832	0843	0853	0903	0913	0923	0933	0943	
Barking London Road	0531	0551	0611	0631	0652	0712	0732	0753	0814	0830	0840	0852	0902	0912	0922	0932	0942	0952	
Barking Station	0533	0553	0613	0633	0654	0714	0734	0755	0816	0832	0842	0854	0904	0914	0924	0934	0944	0954	
Barking Harts Lane Estate	0536	0556	0616	0637	0658	0718	0738	0759	0820	0836	0846	0858	0908	0918	0928	0938	0948	0958	
Chadwell Heath Wangey Road	0933	0942	0952	1002	1012	1021				1151	1200	1210	1220	1229			1609	1620	1630
Green Lane Bennetts Castle Lane	0938	0947	0957	1007	1017	1026				1156	1205	1215	1225	1234			1614	1625	1635
Becontree Avenue Longbridge Road	0942	0951	1001	1011	1021	1030				1200	1209	1219	1229	1239			1619	1630	1640
Mayesbrook Park The Roundhouse	0947	0956	1006	1016	1026	1035				1205	1214	1224	1234	1244			1624	1635	1645
Lodge Ave. Flyover Junc. (West Side)	0952	1001	1011	1021	1031	1041				1211	1220	1230	1240	1250			1630	1640	1650
Barking London Road	1001	1010	1020	1030	1041	1051				1221	1230	1240	1250	1300			1640	1650	1700
Barking Station	1003	1012	1022	1033	1044	1054				1224	1233	1243	1253	1303			1643	1653	1703
Barking Harts Lane Estate	1007	1016	1026	1037	1048	1058				1228	1238	1248	1258	1308			1648	1658	1708
Chadwell Heath Wangey Road	1640	1650	1700	1710	1720	1730	1740	1750	1800	1810	1820	1835	1850	1905	1920	1940	2000	2020	
Green Lane Bennetts Castle Lane	1645	1655	1705	1715	1725	1735	1745	1755	1805	1815	1825	1840	1855	1910	1925	1945	2005	2025	
Becontree Avenue Longbridge Road	1650	1700	1710	1720	1730	1740	1750	1800	1809	1819	1829	1844	1859	1914	1929	1949	2008	2028	
Mayesbrook Park The Roundhouse	1655	1705	1715	1725	1735	1745	1755	1804	1813	1823	1833	1848	1903	1918	1933	1953	2012	2032	
Lodge Ave. Flyover Junc. (West Side)	1700	1710	1720	1730	1740	1750	1800	1809	1818	1828	1838	1853	1908	1923	1938	1957	2016	2036	
Barking London Road	1710	1720	1730	1740	1750	1800	1809	1818	1827	1837	1847	1902	1917	1932	1946	2005	2024	2044	
Barking Station	1713	1723	1733	1743	1753	1802	1811	1820	1829	1839	1849	1904	1919	1934	1948	2007	2026	2046	
Barking Harts Lane Estate	1718	1728	1738	1748	1758	1806	1815	1824	1833	1843	1853	1908	1923	1938	1952	2011	2030	2050	
Chadwell Heath Wangey Road	2040	2100	2120	2140	2200	2220	2240	2255	2315	2335	2355	0015							
Green Lane Bennetts Castle Lane	2045	2105	2124	2144	2204	2224	2244	2259	2319	2339	2359	0019							
Becontree Avenue Longbridge Road	2048	2108	2127	2147	2207	2227	2247	2302	2322	2342	0002	0022							
Mayesbrook Park The Roundhouse	2052	2112	2131	2151	2211	2231	2251	2305	2325	2345	0005	0025							
Lodge Ave. Flyover Junc. (West Side)	2056	2116	2135	2155	2215	2235	2255	2308	2328	2348	0008	0028							
Barking London Road	2104	2123	2142	2202	2222	2242	2301	2314	2334	2354	0014	0034							
Barking Station	2105	2124	2143	2203	2223	2243	2302	2315	2335	2355	0015	0035							
Barking Harts Lane Estate	2109	2128	2147	2207	2227	2247	2306	2319	2339	2359	0019	0039							
368		Sundays and other Public Holidays (except Christmas Day)																	
Chadwell Heath Wangey Road	0600	0630	0700	0730	0758	0823	0843	0903	0923	0942	0959	1019	1039	1059	1118	1137	1156	1215	
Green Lane Bennetts Castle Lane	0603	0633	0703	0733	0801	0827	0847	0907	0927	0946	1003	1023	1043	1103	1122	1141	1200	1220	
Becontree Avenue Longbridge Road	0607	0637	0707	0737	0805	0831	0851	0911	0931	0950	1008	1028	1048	1108	1127	1146	1205	1225	
Mayesbrook Park The Roundhouse	0611	0641	0711	0741	0809	0835	0855	0915	0935	0954	1012	1032	1052	1112	1131	1150	1209	1229	
Lodge Ave. Flyover Junc. (West Side)	0615	0645	0715	0745	0813	0839	0859	0919	0939	0958	1017	1037	1057	1117	1136	1155	1215	1235	
Barking London Road	0621	0651	0721	0751	0820	0846	0907	0927	0947	1007	1027	1047	1107	1127	1146	1205	1225	1245	
Barking Station	0623	0653	0723	0753	0822	0848	0909	0929	0949	1009	1029	1049	1109	1129	1148	1208	1228	1248	
Barking Harts Lane Estate	0626	0656	0726	0756	0826	0852	0913	0933	0953	1013	1033	1053	1113	1133	1153	1213	1233	1253	
Chadwell Heath Wangey Road	1235			1615	1635	1656	1716	1736	1756	1816	1837	1858	1919	1940	2000	2020	2040	2100	
Green Lane Bennetts Castle Lane	1240			1620	1640	1701	1721	1741	1801	1821	1842	1903	1924	1945	2005	2025	2045	2105	
Becontree Avenue Longbridge Road	1245			1625	1645	1705	1725	1745	1805	1825	1846	1907	1928	1948	2008	2028	2048	2108	
Mayesbrook Park The Roundhouse	1249			1629	1649	1709	1729	1749	1809	1829	1850	1911	1932	1952	2012	2032	2052	2112	
Lodge Ave. Flyover Junc. (West Side)	1255			1635	1655	1715	1734	1754	1814	1834	1855	1915	1936	1956	2016	2036	2056	2116	
Barking London Road	1305			1645	1705	1724	1743	1803	1823	1843	1904	1924	1944	2004	2024	2044	2104	2123	
Barking Station	1308			1648	1708	1727	1746	1806	1826	1846	1906	1926	1946	2006	2026	2046	2105	2124	
Barking Harts Lane Estate	1313			1653	1712	1731	1750	1810	1830	1850	1910	1930	1950	2010	2030	2050	2109	2128	
Chadwell Heath Wangey Road	2120	2140	2200	2220	2240	2255	2315	2335	2355	0015									
Green Lane Bennetts Castle Lane	2124	2144	2204	2224	2244	2259	2319	2339	2359	0019									
Becontree Avenue Longbridge Road	2127	2147	2207	2227	2247	2302	2322	2342	0002	0022									
Mayesbrook Park The Roundhouse	2131	2151	2211	2231	2251	2305	2325	2345	0005	0025									
Lodge Ave. Flyover Junc. (West Side)	2135	2155	2215	2235	2255	2308	2328	2348	0008	0028									
Barking London Road	2142	2202	2222	2242	2301	2314	2334	2354	0014	0034									
Barking Station	2143	2203	2223	2243	2302	2315	2335	2355	0015	0035									
Barking Harts Lane Estate	2147	2207	2227	2247	2306	2319	2339	2359	0019	0039									

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Barking – Mayesbrook Park – Chadwell Heath

368		Mondays to Fridays																
Barking Harts Lane Estate	0500	0520	0540	0600	0614	0629	0644	0658	0708	0717	0726	0735	0744	0753	0803	0813	0823	0833
Barking Station	0504	0524	0544	0604	0618	0633	0648	0702	0712	0721	0730	0740	0749	0759	0809	0819	0829	0839
Barking London Road	0505	0525	0545	0605	0619	0635	0650	0704	0714	0723	0732	0742	0751	0801	0811	0821	0831	0841
Lodge Ave. Flyover Junc. (West Side)	0511	0531	0551	0611	0625	0642	0657	0711	0721	0731	0741	0751	0801	0811	0821	0831	0841	0851
Mayesbrook Park The Roundhouse	0514	0534	0554	0614	0628	0646	0701	0715	0725	0735	0745	0755	0805	0815	0825	0835	0845	0855
Becontree Avenue Longbridge Road	0517	0537	0557	0617	0632	0650	0705	0719	0730	0740	0750	0800	0810	0820	0830	0840	0850	0900
Green Lane Bennetts Castle Lane	0520	0540	0600	0620	0636	0654	0709	0724	0735	0745	0755	0806	0816	0826	0836	0846	0856	0906
Chadwell Heath Wangey Road	0523	0543	0603	0624	0641	0659	0714	0729	0740	0750	0801	0812	0822	0832	0842	0852	0902	0912
Barking Harts Lane Estate	0843	0853	0903	0913	0924	0934	0945	Then every 10 minutes until	1415	1425	1435	1444	1453	1501	Then every 10 minutes until	1751		
Barking Station	0849	0859	0909	0919	0929	0939	0950		1420	1430	1440	1449	1458	1507		1757		
Barking London Road	0851	0901	0911	0922	0932	0942	0953		1423	1433	1443	1452	1501	1510		1800		
Lodge Ave. Flyover Junc. (West Side)	0901	0911	0921	0933	0943	0953	1004		1434	1444	1454	1504	1514	1524		1814		
Mayesbrook Park The Roundhouse	0905	0915	0925	0937	0947	0957	1008		1438	1448	1459	1509	1519	1529		1819		
Becontree Avenue Longbridge Road	0910	0920	0930	0942	0952	1002	1012		1442	1452	1503	1514	1524	1534		1824		
Green Lane Bennetts Castle Lane	0916	0926	0936	0947	0957	1007	1017	1447	1457	1508	1519	1529	1539	1829				
Chadwell Heath Wangey Road	0921	0931	0941	0951	1001	1011	1021	1451	1502	1513	1524	1534	1544	1834				
Barking Harts Lane Estate	1801	1811	1821	1832	1843	1854	1905	1920	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240
Barking Station	1807	1817	1827	1838	1848	1859	1910	1925	1945	2005	2025	2045	2104	2124	2144	2204	2224	2244
Barking London Road	1810	1820	1830	1840	1850	1901	1912	1927	1947	2007	2027	2047	2106	2126	2146	2206	2226	2246
Lodge Ave. Flyover Junc. (West Side)	1824	1834	1843	1852	1902	1912	1922	1937	1956	2015	2035	2055	2114	2133	2153	2213	2233	2253
Mayesbrook Park The Roundhouse	1829	1839	1848	1857	1907	1917	1927	1941	2000	2019	2039	2059	2117	2136	2156	2216	2236	2256
Becontree Avenue Longbridge Road	1834	1843	1852	1901	1911	1921	1931	1945	2004	2023	2043	2103	2121	2139	2159	2219	2239	2259
Green Lane Bennetts Castle Lane	1839	1848	1857	1906	1916	1926	1935	1949	2008	2027	2047	2107	2125	2143	2203	2223	2243	2303
Chadwell Heath Wangey Road	1843	1852	1901	1910	1920	1930	1939	1953	2012	2031	2051	2111	2129	2147	2207	2227	2247	2306
Barking Harts Lane Estate	2300	2320	2340	0000	0020													
Barking Station	2304	2324	2344	0004	0024													
Barking London Road	2306	2325	2345	0005	0025													
Lodge Ave. Flyover Junc. (West Side)	2312	2331	2351	0011	0031													
Mayesbrook Park The Roundhouse	2315	2334	2354	0014	0034													
Becontree Avenue Longbridge Road	2318	2337	2357	0017	0037													
Green Lane Bennetts Castle Lane	2321	2340	0000	0020	0040													
Chadwell Heath Wangey Road	2324	2343	0003	0023	0043													

368 Saturdays (also Good Friday)																		
Barking Harts Lane Estate	0500	0520	0540	0600	0620	0640	0700	0720	0740	0755	0810	0820	0830	0840	0849	0858	0908	0918
Barking Station	0504	0524	0544	0604	0624	0644	0704	0724	0744	0759	0814	0824	0834	0844	0853	0902	0912	0922
Barking London Road	0505	0525	0545	0605	0625	0645	0705	0725	0745	0800	0816	0826	0836	0846	0855	0904	0914	0924
Lodge Ave. Flyover Junc. (West Side)	0511	0531	0551	0611	0631	0652	0712	0732	0752	0807	0823	0833	0843	0853	0902	0912	0922	0932
Mayesbrook Park The Roundhouse	0514	0534	0554	0614	0634	0655	0715	0735	0755	0810	0826	0836	0846	0856	0906	0916	0926	0936
Becontree Avenue Longbridge Road	0517	0537	0557	0617	0637	0658	0718	0738	0758	0814	0830	0840	0850	0900	0910	0920	0930	0940
Green Lane Bennetts Castle Lane	0520	0540	0600	0620	0641	0702	0722	0742	0802	0818	0834	0844	0854	0905	0915	0925	0935	0945
Chadwell Heath Wangey Road	0523	0543	0603	0623	0644	0705	0725	0745	0805	0821	0837	0848	0858	0909	0919	0929	0939	0949
Barking Harts Lane Estate	0928			1008	1017	1026	1035			1135	1145	1155	1205	1215	1225			1605
Barking Station	0932			1012	1021	1030	1040			1140	1150	1200	1210	1220	1230			1610
Barking London Road	0934	Then		1014	1023	1032	1042	Then		1142	1152	1202	1212	1223	1233	Then		1613
Lodge Ave. Flyover Junc. (West Side)	0942	every 10		1022	1031	1041	1051	every 10		1151	1202	1212	1222	1233	1244	every 10		1624
Mayesbrook Park The Roundhouse	0946	minutes		1026	1036	1046	1056	minutes		1156	1207	1217	1227	1238	1249	minutes		1629
Becontree Avenue Longbridge Road	0950	until		1030	1040	1050	1100	until		1200	1211	1222	1232	1243	1254	until		1634
Green Lane Bennetts Castle Lane	0955			1035	1045	1055	1105			1205	1216	1227	1237	1248	1259			1639
Chadwell Heath Wangey Road	0959			1039	1049	1059	1109			1209	1220	1231	1241	1252	1303			1643
Barking Harts Lane Estate	1615			1725	1735	1745	1800	1820	1840	1900	1920	1940	2000	2020	2040	2100	2120	2140
Barking Station	1620			1730	1740	1750	1805	1825	1845	1905	1925	1945	2005	2025	2045	2104	2124	2144
Barking London Road	1623	Then		1733	1743	1753	1808	1827	1847	1907	1927	1947	2007	2027	2047	2106	2126	2146
Lodge Ave. Flyover Junc. (West Side)	1634	every 10		1744	1754	1804	1818	1837	1857	1917	1937	1956	2015	2035	2055	2114	2133	2153
Mayesbrook Park The Roundhouse	1639	minutes		1749	1759	1808	1822	1841	1901	1921	1941	2000	2019	2039	2059	2118	2137	2157
Becontree Avenue Longbridge Road	1643	until		1753	1803	1812	1826	1845	1905	1925	1945	2004	2023	2043	2103	2121	2140	2200
Green Lane Bennetts Castle Lane	1648			1758	1807	1816	1830	1849	1909	1929	1949	2008	2027	2047	2107	2125	2144	2204
Chadwell Heath Wangey Road	1652			1802	1811	1820	1834	1853	1913	1933	1953	2012	2031	2051	2110	2128	2147	2207
Barking Harts Lane Estate	2200	2220	2240	2300	2320	2340	0000	0020										
Barking Station	2204	2224	2244	2304	2324	2344	0004	0024										
Barking London Road	2206	2226	2246	2305	2325	2345	0005	0025										
Lodge Ave. Flyover Junc. (West Side)	2213	2233	2253	2311	2331	2351	0011	0031										
Mayesbrook Park The Roundhouse	2217	2237	2257	2314	2334	2354	0014	0034										
Becontree Avenue Longbridge Road	2220	2240	2300	2317	2337	2357	0017	0037										
Green Lane Bennetts Castle Lane	2224	2244	2303	2320	2340	0000	0020	0040										
Chadwell Heath Wangey Road	2227	2247	2306	2323	2343	0003	0023	0043										
368 Sundays and other Public Holidays (except Christmas Day)																		
Barking Harts Lane Estate	0630	0700	0730	0800	0830	0900	0920	0940	1000	1020	1040	1100	1120	1140	1200			1620
Barking Station	0634	0704	0734	0804	0834	0904	0924	0944	1004	1024	1044	1104	1124	1144	1205			1625
Barking London Road	0635	0705	0735	0805	0835	0906	0926	0946	1006	1026	1046	1106	1126	1146	1207	Then		1627
Lodge Ave. Flyover Junc. (West Side)	0641	0711	0741	0812	0842	0913	0933	0954	1014	1034	1054	1114	1134	1155	1216	every 20		1636
Mayesbrook Park The Roundhouse	0644	0714	0744	0815	0845	0916	0936	0958	1018	1038	1058	1118	1139	1200	1221	minutes		1641
Becontree Avenue Longbridge Road	0647	0717	0747	0818	0848	0920	0940	1002	1022	1042	1102	1122	1143	1204	1225	until		1645
Green Lane Bennetts Castle Lane	0650	0720	0750	0822	0852	0924	0944	1006	1026	1046	1106	1127	1148	1209	1230			1650
Chadwell Heath Wangey Road	0653	0723	0753	0827	0857	0930	0950	1012	1032	1052	1112	1133	1154	1215	1236			1656
Barking Harts Lane Estate	1640	1700	1720	1740	1800	1820	1840	1900	1920	1940	2000	2020	2040	2100	2120	2140	2200	2220
Barking Station	1645	1705	1725	1745	1805	1825	1845	1905	1925	1945	2005	2025	2045	2104	2124	2144	2204	2224
Barking London Road	1647	1707	1727	1747	1807	1827	1847	1907	1927	1947	2007	2027	2047	2106	2126	2146	2206	2226
Lodge Ave. Flyover Junc. (West Side)	1656	1715	1735	1755	1815	1835	1855	1915	1935	1955	2015	2035	2055	2114	2133	2153	2213	2233
Mayesbrook Park The Roundhouse	1701	1720	1739	1759	1819	1839	1859	1919	1939	1959	2019	2039	2059	2118	2137	2157	2217	2237
Becontree Avenue Longbridge Road	1705	1724	1743	1803	1823	1843	1903	1923	1943	2003	2023	2043	2103	2121	2140	2200	2220	2240
Green Lane Bennetts Castle Lane	1710	1729	1748	1808	1828	1848	1908	1927	1947	2007	2027	2047	2107	2125	2144	2204	2224	2244
Chadwell Heath Wangey Road	1715	1734	1753	1813	1833	1853	1912	1931	1951	2011	2031	2051	2110	2128	2147	2207	2227	2247
Barking Harts Lane Estate	2240	2300	2320	2340	0000	0020												
Barking Station	2244	2304	2324	2344	0004	0024												
Barking London Road	2246	2305	2325	2345	0005	0025												
Lodge Ave. Flyover Junc. (West Side)	2253	2311	2331	2351	0011	0031												
Mayesbrook Park The Roundhouse	2257	2314	2334	2354	0014	0034												
Becontree Avenue Longbridge Road	2300	2317	2337	2357	0017	0037												
Green Lane Bennetts Castle Lane	2303	2320	2340	0000	0020	0040												
Chadwell Heath Wangey Road	2306	2323	2343	0003	0023	0043												