

368	Mondays to Fridays																	
Chadwell Heath <i>Wangey Road</i>	0510	0530	0550	0610	0630	0650	0705	0714	0723	0732	0741	0750	0800	0811	0822	0833	0844	0855
Green Lane <i>Bennetts Castle Lane</i>	0513	0533	0553	0613	0634	0654	0709	0719	0728	0738	0747	0756	0807	0818	0829	0840	0851	0902
Becontree Avenue <i>Longbridge Road</i>	0517	0537	0558	0618	0639	0659	0714	0724	0733	0743	0752	0802	0813	0824	0835	0846	0857	0908
Mayesbrook Park <i>The Roundhouse</i>	0520	0540	0602	0622	0643	0703	0719	0729	0738	0748	0758	0808	0819	0830	0841	0852	0903	0914
Lodge Ave. <i>Flyover Junc. (West Side)</i>	0524	0544	0606	0627	0650	0710	0726	0737	0746	0756	0806	0816	0827	0838	0849	0900	0911	0922
Barking <i>London Road</i>	0531	0551	0613	0634	0658	0719	0736	0747	0757	0807	0818	0829	0840	0851	0902	0913	0924	0933
Barking Station	0533	0553	0615	0636	0700	0722	0739	0750	0800	0810	0821	0832	0843	0854	0905	0916	0927	0936
Barking <i>Harts Lane Estate</i>	0536	0556	0618	0640	0704	0727	0745	0756	0806	0816	0827	0838	0849	0900	0911	0921	0931	0940
Chadwell Heath <i>Wangey Road</i>	0906	0917	0928	0939	0950	1000	1011	1021	1032	1042	1053	1103	1114	1124	1135	1145	1156	1206
Green Lane <i>Bennetts Castle Lane</i>	0913	0923	0933	0944	0955	1005	1016	1026	1037	1047	1058	1108	1119	1129	1140	1150	1201	1211
Becontree Avenue <i>Longbridge Road</i>	0919	0928	0938	0949	1000	1010	1021	1031	1042	1052	1103	1113	1124	1134	1145	1155	1206	1216
Mayesbrook Park <i>The Roundhouse</i>	0924	0933	0943	0954	1005	1015	1026	1036	1047	1057	1108	1118	1129	1139	1150	1200	1211	1221
Lodge Ave. <i>Flyover Junc. (West Side)</i>	0931	0940	0949	1000	1011	1021	1032	1042	1053	1103	1114	1124	1135	1145	1156	1206	1217	1227
Barking <i>London Road</i>	0941	0950	0959	1010	1021	1031	1042	1052	1103	1113	1124	1134	1145	1155	1206	1216	1227	1237
Barking Station	0944	0953	1002	1013	1024	1034	1045	1055	1106	1116	1127	1137	1148	1158	1209	1219	1230	1240
Barking <i>Harts Lane Estate</i>	0948	0957	1006	1017	1028	1038	1049	1059	1110	1120	1131	1141	1152	1202	1213	1223	1234	1244
Chadwell Heath <i>Wangey Road</i>	1217	1227	1238	1248	1259	1309	1320	1330	1341	1351	1402	1412	1423	1433	1442	1452	1502	1513
Green Lane <i>Bennetts Castle Lane</i>	1222	1232	1243	1253	1304	1314	1325	1335	1346	1356	1407	1417	1428	1438	1447	1458	1509	1520
Becontree Avenue <i>Longbridge Road</i>	1227	1237	1248	1258	1309	1319	1330	1340	1351	1401	1412	1422	1433	1443	1453	1504	1515	1526
Mayesbrook Park <i>The Roundhouse</i>	1232	1242	1253	1303	1314	1324	1335	1345	1356	1406	1417	1427	1438	1448	1458	1509	1520	1531
Lodge Ave. <i>Flyover Junc. (West Side)</i>	1238	1248	1259	1309	1320	1330	1341	1351	1402	1412	1423	1433	1444	1454	1505	1516	1527	1538
Barking <i>London Road</i>	1248	1258	1309	1319	1330	1340	1351	1401	1412	1422	1433	1443	1454	1505	1516	1527	1538	1549
Barking Station	1251	1301	1312	1322	1333	1343	1354	1404	1415	1425	1436	1446	1457	1508	1519	1530	1541	1552
Barking <i>Harts Lane Estate</i>	1255	1305	1316	1326	1337	1347	1358	1408	1419	1429	1440	1451	1502	1513	1524	1535	1546	1557
Chadwell Heath <i>Wangey Road</i>	1524	Then every 11 minutes until	1758	1809	1820	1832	1843	1853	1904	1915	1930	1945	2000	2020	2040	2100	2120	
Green Lane <i>Bennetts Castle Lane</i>	1531		1805	1816	1827	1838	1849	1859	1910	1921	1935	1950	2004	2024	2044	2104	2124	
Becontree Avenue <i>Longbridge Road</i>	1537		1811	1822	1833	1843	1854	1904	1915	1926	1940	1955	2009	2029	2049	2109	2128	
Mayesbrook Park <i>The Roundhouse</i>	1542		1816	1827	1837	1847	1858	1908	1919	1930	1944	1959	2013	2033	2053	2113	2132	
Lodge Ave. <i>Flyover Junc. (West Side)</i>	1549		1823	1834	1843	1853	1904	1914	1925	1936	1950	2004	2018	2038	2058	2117	2136	
Barking <i>London Road</i>	1600		1834	1844	1853	1902	1913	1923	1934	1944	1958	2012	2026	2046	2106	2124	2143	
Barking Station	1603		1837	1847	1856	1905	1916	1926	1936	1946	2000	2014	2028	2048	2108	2126	2145	
Barking <i>Harts Lane Estate</i>	1608	1842	1852	1901	1910	1921	1931	1941	1951	2005	2019	2033	2053	2112	2130	2149		
Chadwell Heath <i>Wangey Road</i>	2140	2200	2220	2240	2255	2315	2335	2355	0015									
Green Lane <i>Bennetts Castle Lane</i>	2144	2204	2224	2244	2258	2318	2338	2358	0018									
Becontree Avenue <i>Longbridge Road</i>	2148	2208	2228	2248	2302	2322	2342	0002	0022									
Mayesbrook Park <i>The Roundhouse</i>	2152	2212	2232	2252	2305	2325	2345	0005	0025									
Lodge Ave. <i>Flyover Junc. (West Side)</i>	2156	2216	2236	2256	2308	2328	2348	0008	0028									
Barking <i>London Road</i>	2203	2223	2243	2302	2314	2334	2354	0014	0034									
Barking Station	2205	2225	2245	2303	2315	2335	2355	0015	0035									
Barking <i>Harts Lane Estate</i>	2209	2229	2249	2307	2319	2339	2359	0019	0039									

368		Saturdays (also Good Friday)																		
Chadwell Heath Wangey Road	0510	0530	0550	0610	0630	0650	0710	0730	0750	0805	0815	0825	0835	0845	0855	0905	0914	0924		
Green Lane Bennetts Castle Lane	0513	0533	0553	0613	0633	0653	0713	0734	0754	0809	0819	0829	0839	0849	0859	0909	0918	0928		
Becontree Avenue Longbridge Road	0517	0537	0557	0617	0637	0657	0717	0738	0758	0813	0823	0833	0844	0854	0904	0914	0923	0933		
Mayesbrook Park The Roundhouse	0520	0540	0600	0621	0641	0701	0721	0742	0802	0817	0827	0837	0848	0858	0908	0918	0927	0937		
Lodge Ave. Flyover Junc. (West Side)	0524	0544	0604	0625	0645	0705	0725	0746	0806	0821	0831	0842	0853	0903	0913	0923	0932	0942		
Barking London Road	0531	0551	0611	0632	0652	0712	0733	0754	0814	0829	0840	0851	0902	0912	0922	0932	0942	0952		
Barking Station	0533	0553	0613	0634	0654	0714	0735	0756	0816	0831	0842	0853	0904	0914	0924	0934	0944	0954		
Barking Harts Lane Estate	0536	0556	0616	0637	0657	0717	0738	0759	0820	0835	0846	0857	0908	0918	0928	0938	0948	0958		
Chadwell Heath Wangey Road	0933	0942	0952	1001	Then every 10 minutes until			1141	1150	1159	1208	1218	1228	1237	Then every 10 minutes until			1337	1348	1358
Green Lane Bennetts Castle Lane	0937	0946	0956	1006				1146	1155	1204	1213	1223	1233	1243				1343	1354	1404
Becontree Avenue Longbridge Road	0942	0951	1001	1011				1151	1200	1209	1218	1228	1238	1248				1348	1359	1409
Mayesbrook Park The Roundhouse	0946	0955	1006	1016				1156	1205	1214	1223	1233	1243	1253				1353	1404	1414
Lodge Ave. Flyover Junc. (West Side)	0951	1001	1012	1022				1202	1212	1221	1231	1241	1251	1301				1401	1411	1421
Barking London Road	1001	1011	1022	1032				1212	1222	1231	1241	1251	1301	1311				1411	1421	1431
Barking Station	1004	1014	1025	1035				1215	1225	1234	1244	1254	1304	1314				1414	1424	1434
Barking Harts Lane Estate	1008	1018	1029	1039				1219	1229	1239	1249	1259	1309	1319				1419	1429	1439
Chadwell Heath Wangey Road	1409	Then every 10 minutes until		1609	1620	Then every 10 minutes until		1720	1730	1740	1750	1800	1810	1820	1835	1850	1905	1920		
Green Lane Bennetts Castle Lane	1414			1614	1625			1725	1735	1745	1755	1805	1815	1825	1840	1855	1910	1925		
Becontree Avenue Longbridge Road	1419			1619	1630			1730	1740	1750	1800	1810	1820	1830	1845	1900	1915	1929		
Mayesbrook Park The Roundhouse	1424			1624	1635			1735	1745	1755	1805	1815	1825	1835	1850	1905	1919	1933		
Lodge Ave. Flyover Junc. (West Side)	1431			1631	1641			1741	1751	1801	1811	1821	1831	1841	1856	1911	1924	1938		
Barking London Road	1441			1641	1651			1751	1801	1810	1820	1830	1840	1850	1905	1920	1932	1946		
Barking Station	1444			1644	1654			1754	1803	1812	1822	1832	1842	1852	1907	1922	1934	1948		
Barking Harts Lane Estate	1449			1649	1659			1759	1808	1817	1827	1837	1847	1857	1912	1927	1939	1953		
Chadwell Heath Wangey Road	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2255	2315	2335	2355	0015					
Green Lane Bennetts Castle Lane	1945	2005	2025	2045	2105	2124	2144	2204	2224	2244	2258	2318	2338	2358	0018					
Becontree Avenue Longbridge Road	1949	2009	2029	2049	2109	2128	2148	2208	2228	2248	2302	2322	2342	0002	0022					
Mayesbrook Park The Roundhouse	1953	2013	2033	2053	2113	2132	2152	2212	2232	2252	2305	2325	2345	0005	0025					
Lodge Ave. Flyover Junc. (West Side)	1958	2018	2037	2057	2117	2136	2156	2216	2236	2256	2308	2328	2348	0008	0028					
Barking London Road	2006	2026	2045	2105	2125	2144	2203	2223	2243	2302	2314	2334	2354	0014	0034					
Barking Station	2008	2028	2047	2107	2127	2146	2205	2225	2244	2303	2315	2335	2355	0015	0035					
Barking Harts Lane Estate	2013	2032	2051	2111	2131	2150	2209	2229	2248	2307	2319	2339	2359	0019	0039					
368		Sundays and other Public Holidays (except Christmas Day)																		
Chadwell Heath Wangey Road	0600	0630	0700	0730	0758	0823	0843	0903	0923	0941	0959	1018	1038	1058	1118	1137	1156	1214		
Green Lane Bennetts Castle Lane	0603	0633	0703	0733	0801	0827	0847	0907	0927	0945	1003	1022	1042	1102	1122	1141	1200	1219		
Becontree Avenue Longbridge Road	0607	0637	0707	0737	0805	0831	0851	0911	0931	0950	1008	1027	1047	1107	1127	1146	1205	1224		
Mayesbrook Park The Roundhouse	0610	0640	0710	0740	0809	0835	0855	0915	0935	0954	1012	1031	1051	1111	1131	1150	1210	1229		
Lodge Ave. Flyover Junc. (West Side)	0614	0644	0714	0744	0813	0839	0859	0919	0939	0958	1018	1037	1057	1117	1137	1156	1216	1236		
Barking London Road	0621	0651	0721	0751	0820	0847	0907	0927	0947	1007	1027	1047	1107	1127	1147	1206	1226	1246		
Barking Station	0623	0653	0723	0753	0822	0849	0909	0929	0949	1009	1029	1049	1109	1129	1149	1208	1228	1248		
Barking Harts Lane Estate	0626	0656	0726	0756	0826	0853	0913	0933	0953	1013	1033	1053	1113	1133	1153	1213	1233	1253		
Chadwell Heath Wangey Road	1233	Then every 20 minutes until		1453	1514	1535	Then every 20 minutes until		1735	1756	1817	1837	1858	1919	1940	2000	2020	2040		
Green Lane Bennetts Castle Lane	1238			1458	1519	1540			1740	1801	1821	1841	1902	1923	1944	2004	2024	2044		
Becontree Avenue Longbridge Road	1244			1504	1525	1545			1745	1806	1826	1846	1907	1928	1949	2009	2028	2048		
Mayesbrook Park The Roundhouse	1249			1509	1530	1550			1750	1810	1830	1850	1911	1932	1953	2013	2032	2052		
Lodge Ave. Flyover Junc. (West Side)	1256			1516	1536	1555			1755	1815	1835	1855	1916	1937	1957	2017	2036	2056		
Barking London Road	1306			1526	1546	1605			1805	1824	1844	1904	1925	1945	2005	2025	2044	2103		
Barking Station	1308			1528	1548	1607			1807	1826	1846	1906	1927	1947	2007	2027	2046	2105		
Barking Harts Lane Estate	1313			1533	1553	1612			1812	1831	1851	1911	1931	1951	2011	2031	2050	2109		
Chadwell Heath Wangey Road	2100	2120	2140	2200	2220	2240	2255	2315	2335	2355	0015									
Green Lane Bennetts Castle Lane	2104	2124	2144	2204	2224	2244	2258	2318	2338	2358	0018									
Becontree Avenue Longbridge Road	2108	2128	2148	2208	2228	2248	2302	2322	2342	0002	0022									
Mayesbrook Park The Roundhouse	2112	2132	2152	2212	2232	2252	2305	2325	2345	0005	0025									
Lodge Ave. Flyover Junc. (West Side)	2116	2136	2156	2216	2236	2256	2308	2328	2348	0008	0028									
Barking London Road	2123	2143	2203	2223	2243	2302	2314	2334	2354	0014	0034									
Barking Station	2125	2145	2205	2225	2245	2303	2315	2335	2355	0015	0035									
Barking Harts Lane Estate	2129	2149	2209	2229	2249	2307	2319	2339	2359	0019	0039									

368

Barking – Mayesbrook Park – Chadwell Heath

368	Mondays to Fridays																		
Barking Harts Lane Estate	0500	0520	0540	0600	0615	0630	0645	0658	0708	0717	0727	0737	0746	0755	0804	0815	0826	0837	
Barking Station	0504	0524	0544	0604	0619	0634	0649	0702	0712	0722	0732	0742	0751	0800	0810	0821	0832	0843	
Barking London Road	0505	0525	0545	0605	0620	0636	0651	0704	0714	0724	0734	0744	0753	0802	0813	0824	0835	0846	
Lodge Ave. Flyover Junc. (West Side)	0511	0531	0551	0611	0627	0643	0658	0711	0722	0732	0742	0752	0801	0812	0823	0834	0845	0856	
Mayesbrook Park The Roundhouse	0514	0534	0554	0614	0631	0647	0702	0715	0726	0736	0746	0756	0806	0817	0828	0839	0850	0901	
Becontree Avenue Longbridge Road	0517	0537	0557	0617	0635	0651	0706	0719	0730	0740	0750	0800	0811	0822	0833	0844	0855	0906	
Green Lane Bennetts Castle Lane	0520	0540	0600	0621	0639	0655	0710	0724	0735	0745	0755	0806	0817	0828	0839	0850	0901	0912	
Chadwell Heath Wangey Road	0523	0543	0603	0625	0643	0659	0714	0728	0739	0750	0801	0812	0823	0834	0845	0856	0907	0918	
Barking Harts Lane Estate	0848	0859	0910	0921	0932	0943	0953	1004	1014	1025	1035	1046	1056	1107	1117	1128	1138	1149	
Barking Station	0854	0905	0916	0927	0937	0948	0958	1009	1019	1030	1040	1051	1101	1112	1122	1133	1143	1154	
Barking London Road	0857	0908	0919	0930	0940	0951	1001	1012	1022	1033	1043	1054	1104	1115	1125	1136	1146	1157	
Lodge Ave. Flyover Junc. (West Side)	0907	0918	0929	0940	0950	1001	1011	1022	1032	1043	1053	1104	1114	1125	1135	1146	1156	1207	
Mayesbrook Park The Roundhouse	0912	0923	0933	0944	0954	1005	1015	1026	1036	1047	1057	1108	1118	1129	1139	1150	1200	1211	
Becontree Avenue Longbridge Road	0917	0928	0938	0949	0959	1010	1020	1031	1041	1052	1102	1113	1123	1134	1144	1155	1205	1216	
Green Lane Bennetts Castle Lane	0923	0933	0943	0954	1004	1015	1025	1036	1046	1057	1107	1118	1128	1139	1149	1200	1210	1221	
Chadwell Heath Wangey Road	0927	0937	0947	0958	1008	1019	1029	1040	1050	1101	1111	1122	1132	1143	1153	1204	1214	1225	
Barking Harts Lane Estate	1159	1210	1220	1231	1241	1252	1302	1313	1323	1334	1344	1355	1405	1416	1426	1437	1448	1459	
Barking Station	1204	1215	1225	1236	1246	1257	1307	1318	1328	1339	1349	1400	1410	1421	1431	1442	1453	1504	
Barking London Road	1207	1218	1228	1239	1249	1300	1310	1321	1331	1342	1352	1403	1413	1424	1434	1445	1456	1507	
Lodge Ave. Flyover Junc. (West Side)	1217	1228	1238	1249	1259	1310	1320	1331	1341	1352	1402	1413	1424	1435	1445	1457	1508	1520	
Mayesbrook Park The Roundhouse	1221	1232	1242	1253	1303	1314	1324	1335	1345	1356	1406	1418	1429	1440	1450	1502	1514	1526	
Becontree Avenue Longbridge Road	1226	1237	1247	1258	1308	1319	1329	1340	1350	1401	1411	1423	1434	1445	1455	1507	1520	1533	
Green Lane Bennetts Castle Lane	1231	1242	1252	1303	1313	1324	1334	1345	1355	1406	1416	1428	1439	1451	1501	1513	1526	1539	
Chadwell Heath Wangey Road	1235	1246	1256	1307	1317	1328	1338	1349	1359	1410	1420	1432	1443	1455	1506	1518	1531	1544	
Barking Harts Lane Estate	1510	1521	1532	1543	Then every 11 minutes until	1755	1806	1817	1828	1839	1850	1901	1912	1923	1940	2000	2020		
Barking Station	1516	1527	1538	1549		1801	1812	1823	1834	1845	1855	1906	1917	1928	1945	2005	2025		
Barking London Road	1519	1530	1541	1552		1804	1815	1826	1837	1848	1858	1909	1920	1931	1947	2007	2027		
Lodge Ave. Flyover Junc. (West Side)	1532	1543	1554	1605		1817	1828	1839	1849	1859	1909	1919	1930	1940	1956	2016	2036		
Mayesbrook Park The Roundhouse	1538	1549	1600	1611		1823	1834	1844	1854	1904	1914	1924	1934	1944	2000	2020	2040		
Becontree Avenue Longbridge Road	1545	1556	1606	1616		1828	1839	1849	1859	1909	1919	1929	1939	1949	2005	2025	2044		
Green Lane Bennetts Castle Lane	1551	1602	1612	1622		1834	1844	1854	1904	1914	1924	1934	1944	1954	2010	2030	2049		
Chadwell Heath Wangey Road	1556	1607	1617	1627	1839	1849	1859	1909	1919	1929	1938	1948	1958	2014	2034	2053			
Barking Harts Lane Estate	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000	0020							
Barking Station	2045	2105	2125	2145	2204	2224	2244	2304	2324	2344	0004	0024							
Barking London Road	2047	2107	2127	2147	2206	2226	2246	2305	2325	2345	0005	0025							
Lodge Ave. Flyover Junc. (West Side)	2056	2116	2136	2155	2214	2234	2254	2312	2332	2351	0011	0031							
Mayesbrook Park The Roundhouse	2100	2119	2139	2158	2217	2237	2257	2315	2335	2354	0014	0034							
Becontree Avenue Longbridge Road	2104	2123	2143	2202	2221	2241	2301	2319	2338	2357	0017	0037							
Green Lane Bennetts Castle Lane	2109	2128	2147	2206	2225	2245	2304	2322	2341	0000	0020	0040							
Chadwell Heath Wangey Road	2112	2131	2150	2209	2228	2248	2307	2325	2344	0003	0023	0043							

368		Saturdays (also Good Friday)																		
Barking Harts Lane Estate	0500	0520	0540	0600	0620	0640	0700	0720	0740	0755	0810	0820	0830	0839	0849	0859	0908	0918		
Barking Station	0504	0524	0544	0604	0624	0644	0704	0724	0744	0759	0814	0824	0834	0843	0853	0903	0912	0922		
Barking London Road	0505	0525	0545	0605	0626	0646	0706	0726	0746	0801	0816	0826	0836	0845	0855	0905	0914	0924		
Lodge Ave. Flyover Junc. (West Side)	0511	0531	0551	0611	0632	0653	0713	0733	0753	0808	0823	0833	0843	0853	0903	0913	0922	0932		
Mayesbrook Park The Roundhouse	0514	0534	0554	0614	0635	0656	0716	0736	0756	0811	0826	0836	0846	0856	0906	0916	0926	0936		
Becontree Avenue Longbridge Road	0517	0537	0557	0617	0638	0659	0719	0739	0800	0815	0830	0840	0850	0900	0910	0920	0930	0940		
Green Lane Bennetts Castle Lane	0520	0540	0600	0621	0642	0703	0723	0743	0804	0819	0834	0844	0854	0904	0914	0925	0935	0945		
Chadwell Heath Wangey Road	0523	0543	0603	0624	0645	0706	0726	0747	0808	0823	0838	0848	0858	0908	0918	0929	0939	0949		
Barking Harts Lane Estate	0927	0936	0946			1046	1055	1105	1115	1125	1135	1145	1155	1205	1215			1715		
Barking Station	0931	0941	0951			1051	1100	1111	1121	1131	1141	1151	1201	1211	1221			1721		
Barking London Road	0933	0943	0953	Then		1053	1102	1113	1123	1133	1143	1153	1203	1213	1224	Then		1724		
Lodge Ave. Flyover Junc. (West Side)	0942	0952	1002	every 10		1102	1112	1123	1133	1143	1153	1203	1213	1224	1235	every 10		1735		
Mayesbrook Park The Roundhouse	0946	0956	1006	minutes		1106	1116	1127	1137	1147	1157	1207	1218	1229	1240	minutes		1740		
Becontree Avenue Longbridge Road	0950	1000	1011	until		1111	1121	1132	1142	1152	1202	1212	1223	1234	1245	until		1745		
Green Lane Bennetts Castle Lane	0955	1005	1016			1116	1126	1137	1147	1157	1207	1217	1228	1239	1250			1750		
Chadwell Heath Wangey Road	0959	1009	1020			1120	1130	1141	1151	1201	1211	1221	1232	1243	1254			1754		
Barking Harts Lane Estate	1725	1735	1745	1800	1820	1840	1900				2100	2120	2140	2200	2220	2240	2300	2320	2340	
Barking Station	1731	1741	1751	1806	1826	1846	1906				2106	2126	2145	2205	2225	2245	2304	2324	2344	
Barking London Road	1734	1744	1754	1809	1829	1849	1908			Then	2108	2128	2147	2207	2227	2247	2305	2325	2345	
Lodge Ave. Flyover Junc. (West Side)	1744	1754	1804	1819	1839	1858	1917			every 20	2117	2137	2155	2215	2235	2255	2312	2332	2351	
Mayesbrook Park The Roundhouse	1749	1759	1809	1824	1844	1903	1922			minutes	2122	2141	2159	2219	2239	2259	2316	2335	2354	
Becontree Avenue Longbridge Road	1754	1804	1814	1829	1849	1907	1926			until	2126	2145	2203	2223	2243	2303	2320	2338	2357	
Green Lane Bennetts Castle Lane	1759	1809	1819	1834	1854	1912	1931				2131	2149	2207	2227	2247	2306	2323	2341	0000	
Chadwell Heath Wangey Road	1803	1813	1823	1838	1857	1915	1934				2134	2152	2210	2230	2250	2309	2326	2344	0003	
Barking Harts Lane Estate	0000	0020																		
Barking Station	0004	0024																		
Barking London Road	0005	0025																		
Lodge Ave. Flyover Junc. (West Side)	0011	0031																		
Mayesbrook Park The Roundhouse	0014	0034																		
Becontree Avenue Longbridge Road	0017	0037																		
Green Lane Bennetts Castle Lane	0020	0040																		
Chadwell Heath Wangey Road	0023	0043																		
368		Sundays and other Public Holidays (except Christmas Day)																		
Barking Harts Lane Estate	0630	0700	0730	0800	0830	0900	0920	0940	1000	1020	1040	1100	1120	1140	1200	1220	1240	1300		
Barking Station	0634	0704	0734	0804	0834	0904	0924	0944	1005	1025	1045	1105	1125	1145	1205	1225	1246	1306		
Barking London Road	0635	0705	0735	0805	0836	0906	0926	0946	1007	1027	1047	1107	1127	1147	1207	1227	1248	1308		
Lodge Ave. Flyover Junc. (West Side)	0641	0711	0741	0812	0843	0914	0934	0954	1016	1036	1056	1116	1136	1157	1217	1237	1258	1318		
Mayesbrook Park The Roundhouse	0644	0714	0744	0815	0846	0917	0937	0958	1020	1040	1100	1120	1140	1201	1221	1242	1303	1323		
Becontree Avenue Longbridge Road	0647	0717	0747	0819	0850	0921	0941	1002	1024	1044	1104	1124	1144	1205	1226	1247	1308	1328		
Green Lane Bennetts Castle Lane	0650	0720	0750	0823	0854	0925	0946	1007	1029	1049	1109	1129	1149	1210	1231	1252	1313	1333		
Chadwell Heath Wangey Road	0653	0723	0753	0826	0857	0929	0950	1011	1033	1053	1113	1133	1153	1214	1236	1257	1318	1338		
Barking Harts Lane Estate	1320	1340	1400	1420	1440	1500	1520	1540				Then	1720	1740	1800	1820	1840	1900	1920	1940
Barking Station	1326	1346	1406	1426	1446	1506	1526	1546				every 20	1726	1746	1805	1825	1845	1905	1925	1945
Barking London Road	1328	1348	1408	1428	1448	1508	1528	1548				minutes	1728	1748	1807	1827	1847	1907	1927	1947
Lodge Ave. Flyover Junc. (West Side)	1338	1358	1418	1438	1458	1518	1538	1557				until	1737	1757	1816	1836	1856	1916	1936	1956
Mayesbrook Park The Roundhouse	1343	1403	1423	1443	1503	1523	1543	1602					1742	1802	1820	1840	1900	1920	1940	2000
Becontree Avenue Longbridge Road	1348	1408	1428	1448	1508	1528	1548	1607					1747	1806	1824	1844	1904	1924	1944	2004
Green Lane Bennetts Castle Lane	1353	1413	1433	1453	1513	1533	1553	1612					1752	1811	1829	1849	1909	1929	1949	2009
Chadwell Heath Wangey Road	1358	1418	1438	1458	1518	1537	1557	1616					1756	1815	1833	1853	1913	1933	1953	2012
Barking Harts Lane Estate	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000	0020						
Barking Station	2005	2025	2045	2104	2124	2144	2204	2224	2244	2304	2324	2344	0004	0024						
Barking London Road	2007	2027	2047	2106	2126	2146	2206	2226	2246	2305	2325	2345	0005	0025						
Lodge Ave. Flyover Junc. (West Side)	2016	2036	2055	2114	2134	2154	2214	2234	2254	2312	2332	2351	0011	0031						
Mayesbrook Park The Roundhouse	2020	2039	2058	2117	2137	2157	2217	2237	2257	2315	2335	2354	0014	0034						
Becontree Avenue Longbridge Road	2024	2043	2102	2121	2141	2201	2221	2241	2301	2319	2338	2357	0017	0037						
Green Lane Bennetts Castle Lane	2028	2047	2106	2125	2145	2205	2225	2245	2304	2322	2341	0000	0020	0040						
Chadwell Heath Wangey Road	2031	2050	2109	2128	2148	2208	2228	2248	2307	2325	2344	0003	0023	0043						