

370

Lakeside – Upminster – Romford

370		Mondays to Fridays																	
		Not Summer school holidays															Summer sch hols		
Lakeside Bus Station	0524 0542 0559	0616 0630 0643 0655 0707 0719 0731 0747 0803 0819 0835 0851 0907	0616 0630 0643 0656																
South Ockendon Royal Oak	0536 0554 0611	0628 0643 0656 0708 0720 0732 0745 0801 0817 0832 0848 0904 0920	0628 0643 0656 0709																
Corbets Tey Huntsman & Hounds	0544 0602 0620	0637 0652 0705 0718 0730 0742 0755 0811 0827 0842 0857 0913 0929	0637 0652 0705 0718																
Upminster Station Station Road	0551 0610 0628	0646 0702 0715 0729 0742 0756 0809 0825 0841 0855 0910 0925 0941	0645 0700 0714 0728																
Hornchurch Town Centre	0556 0615 0634	0652 0708 0722 0736 0750 0804 0819 0835 0850 0904 0919 0934 0949	0651 0706 0721 0735																
Gidea Park The Drill	0601 0620 0640	0658 0715 0730 0745 0759 0815 0830 0845 0900 0913 0927 0942 0957	0657 0713 0728 0742																
Romford MarketMercury Gardens	0607 0627 0647	0705 0723 0738 0754 0809 0825 0840 0855 0910 0923 0936 0950 1005	0704 0721 0736 0751																
		Summer sch hols (cont.)						Not Summer school holidays											
Lakeside Bus Station	0709	0839 0854 0908	0923 0938 0953 1009	1324	1339 1352 1405 1419 1433 1444 1455	SD 1509													
South Ockendon Royal Oak	0722	0852 0907 0921	0936 0951 1006 1021	1336	1351 1405 1419 1434 1448 1459 1510	-- 1524													
Corbets Tey Huntsman & Hounds	0731	0901 0916 0930	0945 1000 1015 1030	1345	1400 1414 1428 1443 1457 1509 1520 1525 1534														
Upminster Station Station Road	0741	0911 0927 0941	0956 1011 1026 1041	1356	1411 1425 1439 1454 1508 1521 1534 1539 1548														
Hornchurch Town Centre	0748	0918 0934 0949	1004 1019 1034 1049	1404	1419 1434 1448 1503 1517 1531 1546 1551 1600														
Gidea Park The Drill	0756	0926 0942 0957	1012 1027 1042 1057	1412	1427 1442 1457 1512 1527 1541 1556 1601 1610														
Romford MarketMercury Gardens	0805	0935 0950 1005	1020 1035 1050 1105	1420	1435 1450 1505 1520 1535 1550 1605 1610 1619														
		Not Summer sch hols (cont.)				Summer school holidays													
Lakeside Bus Station	1527 1542 1559	1714 1729	1338 1351 1404 1418 1432 1445 1459	1714 1729	1744 1759 1814														
South Ockendon Royal Oak	1542 1557 1614	1729 1744	1350 1404 1418 1433 1447 1500 1514	1729 1744	1759 1813 1828														
Corbets Tey Huntsman & Hounds	1552 1607 1624	1739 1754	1359 1413 1427 1442 1456 1510 1524	1739 1754	1808 1822 1837														
Upminster Station Station Road	1606 1621 1637	1752 1807	1410 1424 1438 1453 1507 1522 1537	1752 1807	1820 1833 1847														
Hornchurch Town Centre	1616 1631 1646	1801 1816	1418 1432 1446 1501 1515 1530 1545	1800 1815	1828 1841 1855														
Gidea Park The Drill	1625 1640 1655	1810 1825	1426 1440 1455 1510 1524 1539 1554	1809 1824	1836 1849 1903														
Romford MarketMercury Gardens	1634 1649 1704	1819 1833	1434 1448 1503 1518 1533 1548 1603	1818 1832	1844 1856 1910														
Lakeside Bus Station	1829 1845 1905 1925 1945 2015 2045 2115 2145 2215 2245 2315 2345																		
South Ockendon Royal Oak	1843 1858 1917 1937 1957 2026 2056 2126 2156 2226 2255 2325 2355																		
Corbets Tey Huntsman & Hounds	1852 1907 1926 1946 2006 2035 2104 2134 2204 2234 2303 2333 0003																		
Upminster Station Station Road	1902 1916 1935 1954 2013 2042 2111 2141 2211 2241 2310 2339 0009																		
Hornchurch Town Centre	1910 1924 1942 2000 2019 2048 2117 2147 2217 2247 2316 2345 0015																		
Gidea Park The Drill	1918 1931 1949 2006 2025 2054 2123 2153 2223 2253 2321 2350 0020																		
Romford MarketMercury Gardens	1925 1938 1956 2013 2032 2101 2130 2200 2230 2300 2328 2356 0026																		
370		Saturdays (also Good Friday)																	
Lakeside Bus Station	0525 0545 0605 0625 0645 0705 0725 0745 0805 0820 0834 0849 0904 0918 0932 0946 1000 1013 1026 1039																		
South Ockendon Royal Oak	0535 0555 0616 0636 0656 0716 0736 0756 0816 0831 0845 0900 0915 0929 0944 0958 1012 1025 1038 1051																		
Corbets Tey Huntsman & Hounds	0543 0603 0624 0644 0704 0724 0744 0804 0824 0839 0853 0908 0923 0938 0953 1007 1021 1034 1047 1100																		
Upminster Station Station Road	0549 0609 0630 0650 0710 0731 0751 0811 0832 0847 0902 0918 0933 0948 1003 1017 1032 1046 1100 1114																		
Hornchurch Town Centre	0554 0614 0635 0655 0715 0736 0757 0817 0838 0853 0908 0925 0940 0956 1011 1025 1040 1055 1109 1123																		
Gidea Park The Drill	0559 0619 0640 0700 0721 0742 0803 0823 0844 0859 0914 0932 0948 1004 1019 1033 1048 1103 1118 1132																		
Romford MarketMercury Gardens	0605 0625 0646 0706 0727 0748 0809 0830 0851 0907 0922 0940 0956 1012 1028 1042 1057 1112 1127 1142																		
Lakeside Bus Station	1052 1106 1121 1136 1151 1206 1222 1238 1255 1311 1327 1343 1359 1414 1430	1745 1805 1825																	
South Ockendon Royal Oak	1104 1119 1134 1149 1204 1219 1235 1251 1308 1324 1340 1356 1412 1427 1443	1758 1818 1838																	
Corbets Tey Huntsman & Hounds	1113 1128 1143 1158 1213 1228 1244 1300 1317 1333 1349 1405 1421 1436 1452	1807 1827 1847																	
Upminster Station Station Road	1128 1143 1158 1213 1228 1243 1259 1314 1331 1346 1401 1416 1432 1447 1503	1818 1837 1856																	
Hornchurch Town Centre	1138 1153 1208 1223 1238 1253 1308 1323 1340 1355 1410 1425 1441 1455 1511	1826 1844 1903																	
Gidea Park The Drill	1147 1202 1217 1232 1247 1302 1317 1332 1348 1403 1418 1433 1449 1503 1519	1834 1852 1910																	
Romford MarketMercury Gardens	1157 1212 1227 1242 1257 1312 1327 1342 1357 1412 1427 1442 1457 1511 1526	1841 1859 1917																	
Lakeside Bus Station	1845 1905 1925 1945 2015 2045 2115 2145 2215 2245 2315 2345																		
South Ockendon Royal Oak	1857 1917 1937 1957 2027 2056 2126 2156 2226 2255 2325 2355																		
Corbets Tey Huntsman & Hounds	1906 1926 1946 2006 2035 2104 2134 2204 2234 2303 2333 0003																		
Upminster Station Station Road	1914 1934 1954 2013 2042 2111 2141 2211 2241 2310 2340 0010																		
Hornchurch Town Centre	1921 1941 2001 2019 2048 2117 2147 2217 2247 2316 2346 0016																		
Gidea Park The Drill	1928 1948 2007 2025 2054 2123 2153 2223 2253 2321 2351 0021																		
Romford MarketMercury Gardens	1935 1955 2014 2032 2101 2130 2200 2230 2300 2328 2357 0027																		
370		Sundays and other Public Holidays (except Christmas Day)																	
Lakeside Bus Station	0614 0644 0714 0746 0816 0846 0910 0934 1003 1032 1100 1130 1200 1230 1300 1330 1400 1430 1500 1530																		
South Ockendon Royal Oak	0624 0654 0724 0756 0826 0856 0920 0945 1014 1044 1112 1142 1212 1242 1312 1342 1412 1442 1512 1542																		
Corbets Tey Huntsman & Hounds	0632 0702 0732 0804 0834 0904 0928 0954 1023 1053 1121 1151 1221 1251 1321 1351 1421 1451 1521 1551																		
Upminster Station Station Road	0638 0708 0738 0810 0840 0911 0936 1002 1031 1102 1131 1202 1232 1302 1332 1401 1431 1500 1530 1600																		
Hornchurch Town Centre	0643 0713 0743 0815 0845 0917 0942 1008 1038 1109 1139 1210 1240 1310 1340 1409 1438 1507 1537 1607																		
Gidea Park The Drill	0648 0718 0748 0820 0850 0923 0948 1014 1045 1116 1146 1217 1247 1317 1347 1416 1445 1514 1544 1614																		
Romford MarketMercury Gardens	0654 0724 0754 0826 0856 0929 0955 1022 1053 1124 1154 1226 1256 1326 1356 1424 1453 1522 1551 1621																		
Lakeside Bus Station	1600 1630 1655 1720 1745 1815	1945 2015 2045 2115 2145 2215 2245 2315 2345																	
South Ockendon Royal Oak	1612 1642 1707 1732 1757 1826	1956 2025 2055 2125 2155 2225 2255 2324 2354																	
Corbets Tey Huntsman & Hounds	1621 1651 1716 1741 1805 1834	2004 2033 2103 2133 2203 2233 2303 2332 0002																	
Upminster Station Station Road	1629 1659 1724 1749 1813 1841	2011 2040 2110 2139 2209 2239 2309 2338 0008																	
Hornchurch Town Centre	1636 1706 1731 1755 1819 1847	2017 2046 2116 2145 2215 2245 2315 2344 0014																	
Gidea Park The Drill	1643 1713 1737 1801 1825 1853	2023 2052 2121 2150 2220 2250 2320 2349 0019																	
Romford MarketMercury Gardens	1650 1720 1744 1808 1832 1900	2030 2059 2128 2157 2227 2257 2326 2355 0025																	
Notes:	SD - Operates on school days only																		

370

Romford – Upminster – Lakeside

370		Mondays to Fridays																			
		Not Summer school holidays																			
		SD																			
Romford Market	Mercury Gardens	0554	0614	0633	0646	0659	0712	0723	0736	0740	0751	0807	0822	0837	0852	0907	0922	0936	0950	1005	1020
Gidea Park	The Drill	0601	0621	0641	0654	0707	0721	0732	0745	0749	0801	0817	0832	0847	0902	0916	0931	0945	0959	1014	1029
Hornchurch Town Centre		0607	0627	0647	0700	0713	0728	0740	0754	0758	0810	0826	0841	0856	0910	0924	0939	0953	1007	1022	1037
Upminster Station	Station Road	0615	0635	0656	0710	0724	0740	0754	0809	0813	0827	0843	0856	0910	0923	0936	0950	1004	1018	1033	1048
Corbets Tey	Huntsman & Hounds	0619	0639	0700	0715	0730	0746	0801	0816	0820	0834	0849	0902	0916	0929	0942	0956	1010	1024	1039	1054
South Ockendon	Royal Oak	0628	0648	0709	0724	0739	0755	0810	0825	0829	0843	0858	0911	0925	0938	0951	1005	1019	1033	1048	1103
Lakeside Bus Station		0638	0658	0719	0734	0750	0806	0821	0836	0840	0854	0909	0922	0936	0949	1002	1016	1030	1044	1059	1115
		Summer school holidays																			
Romford Market	Mercury Gardens	0659	0712	0724	0737	0751	0806	0821	0836	0851	0906	0920	1005	1019	1034	1319	1334	1349	1403		
Gidea Park	The Drill	0707	0720	0732	0745	0800	0815	0830	0845	0900	0915	0929	Then every 15 mins. until	1014	1028	1043	Then every 15 mins. until	1328	1343	1358	1412
Hornchurch Town Centre		0713	0726	0738	0751	0806	0821	0836	0851	0907	0923	0937	1022	1036	1051	1336	1351	1406	1420		
Upminster Station	Station Road	0723	0736	0748	0801	0816	0831	0846	0901	0917	0934	0948	1033	1047	1102	1347	1402	1417	1431		
Corbets Tey	Huntsman & Hounds	0728	0741	0753	0806	0821	0836	0851	0906	0922	0939	0954	1039	1053	1108	1353	1408	1423	1438		
South Ockendon	Royal Oak	0737	0750	0802	0815	0830	0845	0900	0915	0931	0948	1003	1048	1102	1117	1402	1417	1432	1447		
Lakeside Bus Station		0748	0801	0813	0826	0841	0856	0911	0926	0942	0959	1014	1059	1114	1129	1414	1430	1445	1500		
		Not Summer school holidays (cont.)																			
Romford Market	Mercury Gardens	1418	1433	1447	1501	1516	Then every 15 mins. until	1601	1616	1630	Then every 15 mins. until	1730	1745	1800	1815	1333	1348	1402	1416	1431	1445
Gidea Park	The Drill	1427	1442	1456	1511	1526	1611	1626	1640	1740	1755	1810	1825	1342	1357	1411	1425	1440	1454		
Hornchurch Town Centre		1435	1450	1504	1519	1535	1620	1634	1648	1748	1803	1817	1832	1350	1405	1419	1433	1448	1502		
Upminster Station	Station Road	1447	1502	1516	1533	1549	1634	1648	1702	1802	1816	1830	1844	1401	1416	1430	1444	1459	1513		
Corbets Tey	Huntsman & Hounds	1454	1509	1524	1541	1556	1641	1655	1709	1809	1823	1836	1850	1407	1422	1437	1451	1506	1520		
South Ockendon	Royal Oak	1503	1518	1533	1550	1605	1650	1704	1718	1818	1832	1845	1859	1416	1431	1446	1500	1515	1529		
Lakeside Bus Station		1516	1531	1547	1604	1619	1704	1718	1732	1832	1845	1858	1912	1429	1444	1459	1513	1528	1543		
		Summer school hols (cont.)																			
Romford Market	Mercury Gardens	1459	Then every 15 mins. until	1729	1745	1800	1815	1830	1845	1900	1920	1940	2010	2140	2210	2240	2310	2340	0010	0040	
Gidea Park	The Drill	1509	1739	1755	1810	1825	1840	1854	1909	1929	1949	2018	Then every 30 mins. until	2148	2218	2247	2317	2347	0017	0047	
Hornchurch Town Centre		1517	1747	1803	1817	1832	1847	1901	1916	1936	1955	2023	2153	2223	2252	2322	2352	0022	0052		
Upminster Station	Station Road	1528	1758	1814	1828	1843	1858	1911	1926	1945	2004	2031	2201	2231	2300	2329	2359	0029	0059		
Corbets Tey	Huntsman & Hounds	1535	1805	1821	1835	1849	1904	1917	1932	1951	2010	2036	2206	2236	2305	2334	0003	0033	0103		
South Ockendon	Royal Oak	1544	1814	1830	1844	1858	1913	1926	1941	1959	2018	2044	2214	2244	2313	2342	0011	0041	0111		
Lakeside Bus Station		1558	1828	1843	1857	1911	1926	1937	1952	2009	2028	2054	2224	2253	2322	2351	0020	0050	0120		
370		Saturdays (also Good Friday)																			
Romford Market	Mercury Gardens	0555	0615	0635	0655	0714	0733	0748	0803	0818	0833	0848	0902	0916	0930	0944	0958	1012	1027	1041	1055
Gidea Park	The Drill	0602	0622	0642	0702	0721	0741	0756	0811	0826	0841	0856	0910	0924	0938	0953	1007	1021	1036	1050	1105
Hornchurch Town Centre		0607	0627	0647	0707	0726	0746	0801	0817	0832	0847	0902	0916	0931	0945	1000	1015	1029	1044	1058	1113
Upminster Station	Station Road	0614	0634	0654	0714	0734	0754	0810	0826	0841	0857	0912	0926	0941	0955	1011	1026	1040	1055	1110	1126
Corbets Tey	Huntsman & Hounds	0618	0638	0658	0718	0738	0758	0814	0830	0846	0902	0917	0931	0946	1001	1017	1032	1047	1102	1117	1133
South Ockendon	Royal Oak	0626	0647	0707	0727	0747	0807	0823	0839	0855	0911	0926	0940	0955	1010	1026	1041	1056	1111	1126	1142
Lakeside Bus Station		0635	0656	0716	0736	0757	0817	0833	0849	0905	0921	0936	0951	1006	1022	1038	1053	1109	1124	1139	1155
Romford Market	Mercury Gardens	1110	1125	1140	1155	1210	1225	1240	1255	1310	1325	1340	1355	1410	Then every 15 minutes until	1640	1655	1710	1725	1740	
Gidea Park	The Drill	1120	1135	1150	1205	1220	1235	1250	1305	1320	1335	1350	1405	1420	1650	1705	1720	1735	1749		
Hornchurch Town Centre		1128	1143	1158	1213	1228	1243	1258	1313	1328	1343	1358	1413	1427	1657	1712	1727	1742	1756		
Upminster Station	Station Road	1141	1157	1212	1227	1242	1257	1311	1326	1341	1355	1410	1424	1438	1708	1723	1738	1753	1807		
Corbets Tey	Huntsman & Hounds	1148	1204	1219	1234	1249	1304	1318	1333	1348	1402	1416	1430	1444	1714	1729	1743	1758	1812		
South Ockendon	Royal Oak	1157	1213	1228	1243	1258	1313	1327	1342	1357	1411	1425	1439	1453	1723	1738	1752	1807	1821		
Lakeside Bus Station		1210	1226	1241	1256	1311	1325	1339	1354	1409	1423	1437	1451	1505	1735	1749	1803	1818	1832		
Romford Market	Mercury Gardens	1755	1810	1825	1840	1900	1920	1940	2010	2040	2110	2140	2210	2240	2310	2340	0010	0040			
Gidea Park	The Drill	1804	1819	1834	1849	1909	1929	1949	2018	2048	2118	2148	2218	2248	2318	2347	0017	0047			
Hornchurch Town Centre		1811	1826	1840	1855	1915	1935	1955	2024	2054	2124	2153	2223	2253	2323	2352	0022	0052			
Upminster Station	Station Road	1822	1836	1850	1905	1924	1944	2004	2032	2102	2132	2201	2231	2301	2330	2359	0029	0059			
Corbets Tey	Huntsman & Hounds	1827	1841	1855	1910	1929	1949	2008	2036	2106	2136	2205	2235	2305	2334	0003	0033	0103			
South Ockendon	Royal Oak	1836	1850	1904	1919	1938	1958	2017	2045	2115	2145	2214	2244	2314	2342	0011	0041	0111			
Lakeside Bus Station		1847	1901	1915	1929	1948	2008	2027	2055	2125	2155	2224	2253	2323	2351	0020	0050	0120			
370		Sundays and other Public Holidays (except Christmas Day)																			
Romford Market	Mercury Gardens	0628	0700	0730	0800	0832	0902	0926	0950	1015	1040	1110	1140	1210	1240	1310	1340	1410	1440	1510	1540
Gidea Park	The Drill	0635	0707	0737	0807	0839	0909	0933	0957	1023	1048	1118	1149	1219	1249	1319	1349	1419	1449	1519	1549
Hornchurch Town Centre		0640	0712	0742	0812	0844	0914	0939	1003	1029	1055	1125	1156	1226	1256	1326	1356	1425	1455	1525	1555
Upminster Station	Station Road	0647	0719	0749	0819	0851	0922	0948	1012	1038	1105	1136	1207	1237	1307	1337	1406	1435	1505	1534	1604
Corbets Tey	Huntsman & Hounds	0651	0723	0753	0823	0855	0926	0952	1017	1043	1111	1142	1213	1243	1313	1343	1412	1441	1510	1539	1609
South Ockendon	Royal Oak	0700	0732	0802	0832	0904	0935	1001	1026	1052	1120	1151	1222	1252	1322	1352	1421	1450	1519	1548	1618
Lakeside Bus Station		0709	0741	0811	0841	0913	0945	1011	1038	1104	1132	1203	1234	1304	1334	1403	1432	1501	1530	1559	1628
Romford Market	Mercury Gardens	1610	1640	1710	1740	1810	1840	1910	1940	2010	2040	2110	2140	2210	Then every 30 minutes until	0040					
Gidea Park	The Drill	1619	1649	1719	1748	1818	1848	1918	1948	2018	2048	2118	2148	2217	0047						
Hornchurch Town Centre		1625	1655	1725	1754	1824	1854	1923	1953	2023	2053	2123	2153	2222	0052						
Upminster Station	Station Road	1634	1704	1734	1803	1832	1902	1931	2001	2031	2101	2130	2200	2229	0059						
Corbets Tey	Huntsman & Hounds	1639	1709	1738	1807	1836	1906	1935	2005	2035	2105	2134	2204	2233	0103						
South Ockendon	Royal Oak	1648	1718	1747	1816	1845	1915	1944	2014	2044	2114	2143	2212	2241	0111						
Lakeside Bus Station		1658	1728	1757	1826	1855	1925	1954	2024												