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Beckton – Newham Hospital – East Ham

376		Mondays to Fridays																
Beckton Bus Station	0605	0625	0645	0704		1854	1909	1925	1945	2005	2025	2045	2105	2125	2145	2205	2225	
Winsor Park Estate Warwall	0608	0628	0648	0707		1858	1913	1928	1948	2008	2028	2048	2108	2128	2148	2208	2228	
Cyprus Station Cyprus Place	0610	0631	0651	0710	Then	1901	1916	1931	1951	2011	2031	2051	2111	2131	2151	2211	2231	
Stansfeld Road Fulmer Road	0614	0635	0656	0715	about	1906	1921	1936	1956	2016	2036	2055	2115	2135	2155	2215	2235	
Newham Hospital Emergency Dept.	0619	0640	0702	0722	every 12	1913	1927	1942	2002	2022	2042	2100	2120	2140	2200	2220	2239	
Upton Park The Boleyn (Green Street)	0625	0646	0708	0729	minutes	1920	1934	1949	2008	2028	2048	2105	2125	2145	2205	2225	2244	
Upton Park Station	0626	0647	0709	0730	until	1922	1936	1951	2010	2030	2049	2106	2126	2146	2206	2226	2245	
East Ham Station	0632	0653	0715	0737		1931	1945	2000	2018	2038	2057	2113	2133	2152	2212	2232	2251	
East Ham Newham Town Hall	0636	0657	0720	0743		1937	1951	2006	2024	2043	2102	2118	2137	2156	2216	2236	2255	
Beckton Bus Station	2245	2305	2325															
Winsor Park Estate Warwall	2248	2308	2328															
Cyprus Station Cyprus Place	2251	2310	2330															
Stansfeld Road Fulmer Road	2255	2314	2334															
Newham Hospital Emergency Dept.	2259	2318	2338															
Upton Park The Boleyn (Green Street)	2304	2322	2342															
Upton Park Station	2305	2323	2343															
East Ham Station	2311	2329	2348															
East Ham Newham Town Hall	2315	2333	2352															
376		Saturdays (also Good Friday)																
Beckton Bus Station	0605	0625	0645	0705	0725	0745	0805	0825	0840	0855			1854	1909	1924	1945	2005	2025
Winsor Park Estate Warwall	0608	0628	0648	0708	0728	0748	0808	0828	0843	0858			1857	1912	1927	1948	2008	2028
Cyprus Station Cyprus Place	0610	0630	0650	0710	0730	0751	0811	0831	0846	0901	Then		1900	1915	1930	1951	2011	2031
Stansfeld Road Fulmer Road	0614	0634	0654	0714	0734	0755	0815	0835	0850	0905	about		1905	1920	1935	1955	2015	2035
Newham Hospital Emergency Dept.	0619	0639	0659	0719	0739	0800	0820	0840	0855	0910	every 12		1911	1926	1941	2001	2021	2041
Upton Park The Boleyn (Green Street)	0624	0645	0705	0725	0745	0806	0826	0846	0901	0916	minutes		1918	1933	1948	2007	2027	2047
Upton Park Station	0625	0646	0706	0726	0746	0807	0827	0847	0902	0917	until		1920	1935	1950	2009	2029	2049
East Ham Station	0631	0652	0712	0732	0752	0813	0833	0853	0909	0924			1929	1944	1959	2017	2037	2056
East Ham Newham Town Hall	0635	0656	0716	0736	0756	0817	0837	0858	0914	0929			1936	1951	2005	2023	2043	2102
Beckton Bus Station	2045	2105	2125	2145	2205	2225	2245	2305	2325									
Winsor Park Estate Warwall	2048	2108	2128	2148	2208	2228	2248	2308	2328									
Cyprus Station Cyprus Place	2051	2111	2131	2151	2211	2230	2250	2310	2330									
Stansfeld Road Fulmer Road	2055	2115	2135	2155	2215	2234	2254	2314	2334									
Newham Hospital Emergency Dept.	2100	2120	2140	2200	2220	2239	2259	2318	2338									
Upton Park The Boleyn (Green Street)	2106	2125	2145	2205	2225	2244	2304	2323	2343									
Upton Park Station	2108	2126	2146	2206	2226	2245	2305	2324	2344									
East Ham Station	2115	2133	2153	2212	2232	2251	2311	2329	2349									
East Ham Newham Town Hall	2120	2138	2158	2217	2236	2255	2315	2333	2353									
376		Sundays and other Public Holidays (except Christmas Day)																
Beckton Bus Station	0625	0655	0725	0755	0825	0855	0925	0955	1024	1053	1121	1146	1211	1241	1311	1341	1411	1441
Winsor Park Estate Warwall	0628	0658	0728	0758	0828	0858	0928	0958	1027	1056	1124	1150	1215	1245	1315	1345	1415	1445
Cyprus Station Cyprus Place	0630	0700	0730	0800	0830	0901	0931	1001	1030	1059	1127	1153	1218	1248	1318	1348	1418	1448
Stansfeld Road Fulmer Road	0634	0704	0734	0804	0834	0905	0935	1005	1034	1104	1132	1158	1223	1253	1323	1353	1423	1453
Newham Hospital Emergency Dept.	0639	0709	0739	0809	0839	0910	0940	1010	1040	1110	1139	1205	1230	1300	1331	1401	1431	1500
Upton Park The Boleyn (Green Street)	0644	0714	0744	0814	0844	0916	0946	1016	1046	1116	1146	1212	1237	1307	1338	1408	1438	1507
Upton Park Station	0645	0715	0745	0815	0845	0917	0947	1017	1047	1118	1148	1214	1239	1309	1340	1410	1440	1509
East Ham Station	0651	0721	0751	0821	0851	0923	0953	1024	1055	1126	1157	1224	1249	1319	1350	1420	1450	1519
East Ham Newham Town Hall	0654	0724	0754	0825	0855	0927	0958	1029	1100	1132	1203	1231	1256	1326	1357	1428	1458	1527
Beckton Bus Station	1511	1541	1611	1640	1710	1740	1810	1840	1910	1940	2010	2040	2110	2140	2210	2235	2300	2325
Winsor Park Estate Warwall	1514	1544	1614	1643	1713	1743	1813	1843	1913	1943	2013	2043	2113	2143	2213	2238	2303	2328
Cyprus Station Cyprus Place	1517	1547	1617	1646	1716	1746	1816	1846	1916	1946	2016	2046	2116	2146	2215	2240	2305	2330
Stansfeld Road Fulmer Road	1522	1552	1622	1651	1721	1751	1821	1851	1920	1950	2020	2050	2120	2150	2219	2244	2309	2334
Newham Hospital Emergency Dept.	1529	1559	1629	1658	1727	1757	1827	1857	1926	1956	2026	2055	2125	2155	2224	2249	2314	2339
Upton Park The Boleyn (Green Street)	1536	1606	1636	1705	1734	1803	1833	1903	1932	2002	2032	2101	2130	2200	2229	2253	2318	2343
Upton Park Station	1538	1608	1638	1707	1736	1805	1835	1905	1933	2003	2033	2102	2131	2201	2230	2254	2319	2344
East Ham Station	1548	1618	1648	1717	1746	1815	1844	1914	1942	2011	2040	2109	2137	2207	2236	2300	2324	2349
East Ham Newham Town Hall	1556	1626	1656	1725	1754	1823	1850	1920	1948	2016	2045	2114	2142	2211	2240	2304	2328	2353

376		Mondays to Fridays																
East Ham Newham Town Hall	0605	0625	0645	0657		1831	1846	1901	1921	1942	2003	2024	2045	2105	2125	2145	2205	
East Ham Station	0609	0629	0649	0701		1840	1855	1910	1929	1949	2009	2029	2050	2110	2130	2149	2209	
Upton Park Station	0613	0634	0654	0707	Then about every 12 minutes until	1849	1904	1919	1938	1958	2017	2037	2057	2117	2136	2155	2215	
Upton Park The Boleyn (Green Street)	0615	0636	0656	0709		1852	1907	1921	1940	2000	2019	2039	2059	2119	2138	2157	2217	
Newham Hospital Emergency Dept.	0620	0641	0701	0715		1859	1913	1927	1946	2006	2025	2045	2104	2124	2143	2202	2222	
Stansfeld Road Fulmer Road	0625	0646	0707	0721		1906	1920	1934	1953	2012	2031	2051	2110	2129	2148	2207	2227	
Cyprus Station Cyprus Place	0629	0650	0711	0725		1910	1924	1938	1957	2016	2035	2055	2114	2133	2152	2211	2230	
Winsor Park Estate Warwall	0632	0653	0714	0728		1913	1927	1941	2000	2019	2038	2058	2117	2136	2155	2214	2233	
Beckton Bus Station	0634	0655	0716	0730	1916	1930	1944	2003	2022	2041	2100	2119	2138	2157	2216	2235		
East Ham Newham Town Hall	2225	2245	2305	2325														
East Ham Station	2229	2248	2308	2328														
Upton Park Station	2234	2253	2313	2333														
Upton Park The Boleyn (Green Street)	2236	2255	2315	2335														
Newham Hospital Emergency Dept.	2240	2259	2319	2339														
Stansfeld Road Fulmer Road	2245	2304	2324	2344														
Cyprus Station Cyprus Place	2248	2307	2327	2347														
Winsor Park Estate Warwall	2251	2310	2330	2350														
Beckton Bus Station	2253	2312	2332	2352														
376		Saturdays (also Good Friday)																
East Ham Newham Town Hall	0605	0625	0645	0705	0725	0745	0805	0820	0835	Then about every 12 minutes until	1833	1848	1903	1923	1944	2005	2025	
East Ham Station	0608	0628	0648	0708	0729	0749	0809	0824	0839		1842	1857	1912	1931	1951	2012	2032	
Upton Park Station	0612	0632	0653	0713	0734	0754	0814	0830	0845		1851	1906	1921	1940	2000	2020	2040	
Upton Park The Boleyn (Green Street)	0614	0634	0655	0715	0736	0756	0816	0832	0847		1854	1909	1924	1943	2002	2022	2042	
Newham Hospital Emergency Dept.	0618	0638	0659	0720	0741	0801	0821	0837	0852		1900	1915	1930	1949	2008	2028	2048	
Stansfeld Road Fulmer Road	0622	0642	0704	0725	0746	0806	0826	0842	0857		1907	1922	1937	1956	2015	2034	2054	
Cyprus Station Cyprus Place	0625	0645	0707	0728	0749	0809	0830	0846	0901	1911	1926	1941	2000	2019	2038	2058		
Winsor Park Estate Warwall	0628	0648	0710	0731	0752	0812	0833	0849	0904	1914	1929	1944	2003	2022	2041	2101		
Beckton Bus Station	0630	0650	0712	0733	0754	0814	0835	0851	0906	1917	1932	1947	2005	2024	2043	2103		
East Ham Newham Town Hall	2045	2105	2125	2145	2205	2225	2245	2305	2325									
East Ham Station	2051	2110	2130	2149	2209	2229	2249	2309	2329									
Upton Park Station	2059	2117	2137	2156	2216	2235	2255	2315	2335									
Upton Park The Boleyn (Green Street)	2101	2119	2139	2158	2218	2237	2257	2317	2337									
Newham Hospital Emergency Dept.	2107	2124	2144	2203	2223	2242	2302	2322	2342									
Stansfeld Road Fulmer Road	2112	2129	2149	2208	2228	2247	2307	2327	2347									
Cyprus Station Cyprus Place	2116	2133	2153	2212	2232	2251	2311	2331	2351									
Winsor Park Estate Warwall	2118	2135	2155	2214	2234	2253	2313	2333	2353									
Beckton Bus Station	2120	2137	2157	2216	2236	2255	2315	2335	2355									
376		Sundays and other Public Holidays (except Christmas Day)																
East Ham Newham Town Hall	0625	0650	0720	0750	0820	0850	0920	0950	1020	1049	1117	1145	1214	1242	1312	1341	1411	1440
East Ham Station	0628	0654	0724	0754	0824	0854	0924	0954	1025	1055	1123	1152	1221	1250	1320	1349	1419	1448
Upton Park Station	0632	0659	0729	0759	0829	0859	0930	1000	1031	1101	1130	1159	1228	1258	1328	1358	1428	1458
Upton Park The Boleyn (Green Street)	0634	0701	0731	0801	0831	0901	0932	1002	1033	1103	1132	1202	1231	1301	1331	1401	1431	1501
Newham Hospital Emergency Dept.	0638	0706	0736	0806	0836	0906	0937	1008	1039	1109	1138	1208	1237	1307	1337	1407	1437	1507
Stansfeld Road Fulmer Road	0642	0711	0741	0811	0841	0911	0942	1014	1045	1115	1145	1215	1245	1315	1345	1415	1445	1515
Cyprus Station Cyprus Place	0645	0715	0745	0815	0845	0915	0946	1018	1049	1119	1149	1219	1249	1319	1349	1419	1449	1519
Winsor Park Estate Warwall	0648	0718	0748	0818	0848	0918	0949	1021	1052	1122	1152	1222	1252	1322	1352	1422	1452	1522
Beckton Bus Station	0650	0720	0750	0820	0850	0920	0951	1023	1054	1125	1155	1225	1255	1325	1355	1425	1455	1525
East Ham Newham Town Hall	1510	1540	1610	1640	1710	1740	1810	1840	1905	1930	1955	2025	2055	2125	2155	2225	2255	2325
East Ham Station	1518	1548	1618	1648	1718	1747	1816	1846	1911	1936	2000	2030	2100	2130	2159	2229	2258	2328
Upton Park Station	1528	1558	1628	1658	1727	1756	1825	1854	1919	1944	2008	2037	2107	2137	2205	2235	2303	2333
Upton Park The Boleyn (Green Street)	1531	1601	1631	1701	1730	1758	1827	1856	1921	1946	2010	2039	2109	2139	2207	2237	2305	2335
Newham Hospital Emergency Dept.	1537	1607	1637	1707	1736	1804	1833	1902	1927	1952	2016	2044	2114	2144	2212	2241	2309	2339
Stansfeld Road Fulmer Road	1545	1615	1645	1715	1743	1811	1839	1908	1933	1958	2022	2050	2119	2149	2217	2246	2313	2343
Cyprus Station Cyprus Place	1549	1619	1649	1719	1747	1815	1843	1912	1937	2002	2026	2054	2123	2152	2220	2249	2316	2346
Winsor Park Estate Warwall	1552	1622	1652	1722	1750	1818	1846	1915	1940	2005	2029	2057	2126	2155	2223	2252	2318	2348
Beckton Bus Station	1555	1625	1655	1725	1752	1820	1848	1917	1942	2007	2031	2059	2128	2157	2225	2254	2320	2350