

397 Mondays to Fridays																
										SD		SD				
Debden Torrington Drive	0610	0636	0702	0734	0810	0840	0855	0910	0940	1009	Then	39 09	1409	1439	1509	1529
Borders Lane Epping Forest College	0611	0637	0703	0735	0811	0841	0856	0911	0941	1010	every 30	40 10	1410	1440	1510	1530
Loughton Traps Hill Library	0615	0641	0707	0739	0815	0845	0900	0915	0945	1014	minutes	44 14	1414	1444	1514	1534
Loughton Station	0619	0646	0713	0744	0820	0850	0905	0920	0950	1019	at these	49 19 until	1419	1450	1520	1540
Buckhurst Hill Bald Faced Stag	0624	0653	0720	0751	0828	0858	0913	0927	0957	1026	minutes	56 26	1426	1458	1528	1548
Chingford Station	0631	0702	0730	0801	0837	0906	0921	0935	1005	1034	past	04 34	1434	1507	1537	1557
Chingford Mount Chingford Mount Rd	0644	0717	0746	0817	0853	0922	0937	0950	1020	1049	the hour	19 49	1449	1522	1553	1614
Crooked Billet Sainsbury's	0654	0728	0759	0828	0903	0930	0945	0957	1027	1056		26 56	1456	1532	1605	1627
Debden Torrington Drive	1545	1618	1650	1720	1750	1820	1850	1920								
Borders Lane Epping Forest College	1546	1619	1651	1721	1751	1821	1851	1921								
Loughton Traps Hill Library	1550	1623	1655	1725	1755	1824	1854	1924								
Loughton Station	1556	1629	1701	1731	1801	1829	1859	1929								
Buckhurst Hill Bald Faced Stag	1604	1637	1709	1739	1809	1836	1905	1935								
Chingford Station	1613	1646	1718	1748	1818	1844	1913	1942								
Chingford Mount Chingford Mount Rd	1631	1703	1735	1805	1835	1859	1927	1956								
Crooked Billet Sainsbury's	1645	1717	1748	1818	1846	1909	1934	2002								
397 Saturdays (also Good Friday)																
Debden Torrington Drive	0610	0640	0710	0740	0810	0840	0910	0940	1009	Then	39 09	1609	1642	1715	1747	1820
Borders Lane Epping Forest College	0611	0641	0711	0741	0811	0841	0911	0941	1010	every 30	40 10	1610	1643	1716	1748	1821
Loughton Traps Hill Library	0614	0644	0714	0744	0814	0844	0914	0944	1014	minutes	44 14	1614	1646	1719	1751	1824
Loughton Station	0617	0647	0717	0748	0818	0848	0919	0949	1019	at these	49 19 until	1619	1652	1725	1756	1828
Buckhurst Hill Bald Faced Stag	0622	0652	0722	0754	0824	0854	0925	0955	1027	minutes	57 27	1627	1659	1732	1803	1835
Chingford Station	0630	0700	0730	0802	0832	0902	0933	1003	1036	past	06 36	1636	1707	1740	1811	1843
Chingford Mount Chingford Mount Rd	0640	0710	0743	0815	0845	0916	0947	1019	1052	the hour	22 52	1652	1722	1754	1825	1856
Crooked Billet Sainsbury's	0646	0716	0750	0822	0852	0925	0956	1029	1102		32 02	1702	1732	1802	1832	1902
Debden Torrington Drive	1850	1920														
Borders Lane Epping Forest College	1851	1921														
Loughton Traps Hill Library	1854	1924														
Loughton Station	1858	1928														
Buckhurst Hill Bald Faced Stag	1905	1935														
Chingford Station	1913	1943														
Chingford Mount Chingford Mount Rd	1926	1956														
Crooked Billet Sainsbury's	1932	2002														
397 Sundays and other Public Holidays (except Christmas Day)																
Debden Torrington Drive	0715	0745	0815	0846	0917	0948	1019	1049	1119	1149	Then	19 49	1419	1449	1519	1549
Borders Lane Epping Forest College	0716	0746	0816	0847	0918	0949	1020	1050	1120	1150	every 30	20 50	1420	1450	1520	1550
Loughton Traps Hill Library	0719	0749	0819	0850	0921	0952	1023	1054	1124	1154	minutes	24 54	1424	1454	1524	1554
Loughton Station	0722	0752	0822	0853	0924	0956	1028	1059	1129	1159	at these	29 59 until	1429	1459	1529	1559
Buckhurst Hill Bald Faced Stag	0726	0756	0826	0857	0929	1001	1033	1105	1135	1206	minutes	36 06	1436	1504	1534	1604
Chingford Station	0733	0803	0833	0904	0936	1008	1041	1113	1143	1214	past	44 14	1444	1512	1542	1612
Chingford Mount Chingford Mount Rd	0746	0816	0846	0918	0950	1022	1055	1127	1158	1229	the hour	59 29	1459	1527	1557	1627
Crooked Billet Sainsbury's	0752	0822	0852	0924	0956	1030	1104	1137	1209	1240		10 40	1510	1536	1606	1636
Debden Torrington Drive	1619	1650	1720	1750	1820	1850	1920									
Borders Lane Epping Forest College	1620	1651	1721	1751	1821	1851	1921									
Loughton Traps Hill Library	1624	1655	1724	1754	1824	1854	1924									
Loughton Station	1629	1659	1728	1758	1828	1858	1928									
Buckhurst Hill Bald Faced Stag	1634	1704	1734	1804	1834	1904	1934									
Chingford Station	1642	1711	1741	1811	1841	1911	1941									
Chingford Mount Chingford Mount Rd	1657	1724	1754	1824	1854	1924	1954									
Crooked Billet Sainsbury's	1706	1731	1800	1830	1900	1930	2000									
Note:	SD - Operates on school days only															

397		Mondays to Fridays																	
				SD	SD	SD	NSD												
Crooked Billet Sainsbury's	0600	0630	0659	0729	0740	0748	0804	0836	0836	0909	0936	1005	1034	1103	1133	1203	1233	1303	
Chingford Mount Old Church Road	0607	0637	0707	0737	0748	0756	0812	0845	0845	0917	0944	1013	1042	1111	1142	1212	1242	1312	
Chingford Station	0622	0652	0725	0755	0805	0813	0828	0900	0902	0932	0959	1028	1057	1128	1159	1229	1259	1329	
Buckhurst Hill Bald Faced Stag	0630	0700	0734	0804	0815	0823	0838	0910	0911	0940	1007	1036	1105	1136	1207	1237	1307	1337	
Loughton Station	0637	0708	0742	0813	0823	0831	0846	0918	0918	0947	1014	1043	1112	1143	1214	1244	1314	1344	
Loughton Traps Hill Library	0642	0713	0747	0819	0829	0837	0852	0923	0923	0953	1020	1049	1118	1149	1220	1250	1320	1350	
Borders Lane Epping Forest College	0645	0716	0750	0822	0832	0840	0855	0925	0925	0955	1022	1051	1121	1151	1223	1253	1323	1353	
Debden Torrington Drive	0655	0728	0802	0835	0845	0853	0905	0934	0934	1000	1027	1056	1126	1156	1228	1258	1328	1358	
		SD																	
Crooked Billet Sainsbury's	1333	1403	1419	1435	1506	1538	1611	1642	1715	1747	1817	1847	1917						
Chingford Mount Old Church Road	1342	1412	1428	1444	1515	1547	1621	1652	1726	1758	1827	1857	1927						
Chingford Station	1359	1429	1446	1502	1533	1605	1637	1708	1741	1813	1841	1911	1941						
Buckhurst Hill Bald Faced Stag	1407	1437	1454	1511	1542	1614	1646	1716	1749	1821	1849	1919	1949						
Loughton Station	1414	1444	1502	1520	1551	1623	1655	1725	1757	1827	1855	1925	1955						
Loughton Traps Hill Library	1420	1450	1509	1528	1559	1631	1702	1732	1804	1832	1900	1930	2000						
Borders Lane Epping Forest College	1423	1453	1512	1531	1602	1634	1705	1735	1807	1835	1903	1933	2003						
Debden Torrington Drive	1428	1458	1517	1536	1607	1639	1709	1739	1810	1838	1906	1936	2006						
397		Saturdays (also Good Friday)																	
Crooked Billet Sainsbury's	0600	0627	0653	0721	0750	0816	0846	0916	0946	1015	1045	1113	1143	1213	1244	1314	1344	1414	
Chingford Mount Old Church Road	0605	0632	0658	0727	0756	0822	0853	0924	0954	1025	1055	1124	1154	1224	1255	1325	1355	1425	
Chingford Station	0615	0642	0708	0738	0807	0833	0906	0939	1009	1041	1111	1142	1212	1242	1313	1341	1411	1441	
Buckhurst Hill Bald Faced Stag	0621	0648	0714	0744	0813	0840	0913	0947	1016	1048	1118	1149	1219	1249	1319	1347	1417	1447	
Loughton Station	0626	0653	0720	0750	0819	0847	0920	0955	1023	1055	1125	1156	1226	1256	1327	1355	1425	1455	
Loughton Traps Hill Library	0629	0656	0723	0753	0822	0851	0926	1001	1031	1103	1134	1205	1235	1305	1335	1403	1433	1503	
Borders Lane Epping Forest College	0631	0658	0726	0756	0825	0854	0929	1004	1034	1105	1136	1207	1237	1307	1337	1405	1435	1505	
Debden Torrington Drive	0636	0703	0733	0803	0832	0902	0938	1013	1043	1114	1145	1216	1246	1315	1345	1413	1443	1513	
Crooked Billet Sainsbury's	1444	1514	1544	1614	1644	1715	1747	1817	1847	1917									
Chingford Mount Old Church Road	1455	1525	1555	1625	1653	1724	1756	1826	1856	1926									
Chingford Station	1511	1541	1611	1641	1709	1740	1812	1841	1911	1941									
Buckhurst Hill Bald Faced Stag	1517	1547	1617	1647	1715	1746	1818	1847	1917	1947									
Loughton Station	1525	1555	1625	1654	1722	1753	1823	1852	1922	1952									
Loughton Traps Hill Library	1533	1603	1633	1700	1728	1758	1827	1856	1926	1956									
Borders Lane Epping Forest College	1535	1605	1636	1703	1731	1801	1829	1858	1928	1958									
Debden Torrington Drive	1543	1613	1644	1711	1738	1808	1836	1905	1935	2005									
397		Sundays and other Public Holidays (except Christmas Day)																	
Crooked Billet Sainsbury's	0655	0725	0755	0825	0855	0923	0950	1017	1045	1115	1145	1215	1245	1315	1345	1415	1445	1515	
Chingford Mount Old Church Road	0701	0731	0801	0831	0902	0930	0957	1025	1053	1124	1155	1225	1255	1325	1355	1424	1454	1524	
Chingford Station	0710	0740	0812	0842	0913	0942	1009	1039	1107	1137	1208	1238	1308	1338	1408	1438	1508	1538	
Buckhurst Hill Bald Faced Stag	0717	0747	0819	0849	0920	0949	1016	1046	1114	1145	1216	1246	1316	1346	1415	1445	1515	1545	
Loughton Station	0722	0752	0825	0855	0926	0955	1022	1052	1121	1152	1223	1253	1323	1353	1421	1451	1521	1551	
Loughton Traps Hill Library	0728	0758	0831	0901	0932	1001	1028	1058	1129	1200	1231	1301	1331	1401	1429	1457	1527	1557	
Borders Lane Epping Forest College	0731	0801	0834	0904	0935	1004	1031	1101	1132	1203	1234	1304	1334	1404	1432	1500	1530	1600	
Debden Torrington Drive	0735	0807	0840	0910	0941	1012	1039	1110	1141	1212	1243	1313	1343	1413	1440	1508	1538	1608	
Crooked Billet Sainsbury's	1545	1615	1645	1717	1747	1817	1847	1917											
Chingford Mount Old Church Road	1554	1624	1654	1725	1755	1825	1854	1924											
Chingford Station	1608	1638	1708	1738	1808	1838	1906	1935											
Buckhurst Hill Bald Faced Stag	1615	1645	1715	1745	1815	1845	1913	1942											
Loughton Station	1621	1651	1721	1751	1821	1851	1918	1947											
Loughton Traps Hill Library	1627	1657	1725	1755	1825	1854	1921	1950											
Borders Lane Epping Forest College	1630	1700	1728	1758	1828	1856	1923	1952											
Debden Torrington Drive	1638	1708	1736	1806	1836	1902	1927	1956											
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