

462		Mondays to Fridays																	
Limes Farm Limes Ave./Copperfield	0625	0639	0653	0707	0720	0734	0748	0803	0818	0833	0848	0903	0917	0931	0945	0959	1013	1028	
Grange Hill Station	0630	0644	0658	0712	0725	0740	0754	0809	0824	0839	0854	0909	0923	0936	0950	1004	1018	1033	
Hainault Manford Way/The Lowe	0633	0647	0701	0716	0729	0745	0759	0814	0829	0844	0859	0914	0928	0940	0954	1008	1022	1037	
Barkingside Fullwell Cross	0640	0654	0709	0725	0739	0756	0810	0825	0840	0855	0910	0925	0939	0950	1003	1016	1030	1045	
Longwood Gardens Doctor Johnson	0643	0657	0713	0729	0744	0801	0815	0830	0845	0900	0915	0930	0944	0955	1008	1021	1035	1050	
Gants Hill Station Woodford Avenue	0648	0703	0719	0735	0750	0806	0821	0836	0851	0906	0921	0935	0949	1000	1013	1026	1040	1055	
Beehive Lane Synagogue	0652	0708	0724	0741	0756	0812	0827	0842	0857	0912	0926	0940	0954	1005	1018	1031	1045	1100	
Ilford Station	0657	0713	0730	0748	0803	0819	0834	0849	0904	0919	0933	0947	1001	1012	1025	1038	1052	1107	
Ilford High Road Hainault Street	0700	0717	0734	0752	0808	0824	0839	0854	0908	0923	0937	0951	1005	1016	1029	1042	1056	1111	
Limes Farm Limes Ave./Copperfield	1043			1343	1358	1413	1428	1443	1458	1513	1528	1543	1558	1613			1728	1743	
Grange Hill Station	1048			1348	1403	1418	1433	1448	1503	1518	1533	1548	1603	1618			1733	1748	
Hainault Manford Way/The Lowe	1052	Then		1352	1407	1422	1437	1452	1507	1522	1537	1552	1607	1622	Then		1737	1752	
Barkingside Fullwell Cross	1100	every 15		1400	1415	1430	1445	1500	1515	1530	1545	1600	1615	1630	every 15		1745	1800	
Longwood Gardens Doctor Johnson	1105	minutes		1405	1420	1436	1452	1507	1522	1537	1552	1607	1622	1636	minutes		1751	1806	
Gants Hill Station Woodford Avenue	1110	until		1410	1426	1442	1458	1514	1529	1544	1559	1614	1629	1643	until		1758	1813	
Beehive Lane Synagogue	1115			1415	1431	1448	1504	1521	1536	1551	1606	1621	1636	1649			1804	1819	
Ilford Station	1122			1422	1439	1456	1512	1529	1545	1600	1615	1630	1644	1657			1812	1826	
Ilford High Road Hainault Street	1126			1426	1443	1500	1517	1534	1550	1605	1620	1635	1649	1702			1817	1831	
Limes Farm Limes Ave./Copperfield	1758	1813	1828	1843	1859	1915	1947	2017	2047	2117	2145	2215	2245	2315					
Grange Hill Station	1803	1818	1833	1848	1904	1920	1951	2021	2051	2121	2149	2219	2249	2319					
Hainault Manford Way/The Lowe	1807	1822	1837	1852	1908	1924	1954	2024	2054	2124	2152	2222	2252	2322					
Barkingside Fullwell Cross	1815	1830	1845	1900	1916	1932	2002	2032	2101	2131	2159	2229	2259	2329					
Longwood Gardens Doctor Johnson	1821	1836	1851	1906	1921	1936	2006	2036	2104	2134	2202	2232	2302	2332					
Gants Hill Station Woodford Avenue	1827	1842	1857	1912	1926	1940	2010	2040	2108	2138	2206	2235	2305	2335					
Beehive Lane Synagogue	1833	1848	1903	1917	1931	1945	2014	2044	2112	2142	2210	2238	2308	2338					
Ilford Station	1840	1854	1909	1923	1937	1951	2019	2048	2116	2146	2214	2242	2312	2342					
Ilford High Road Hainault Street	1845	1859	1913	1927	1941	1955	2023	2051	2119	2149	2217	2245	2315	2345					
462		Saturdays (also Good Friday)																	
Limes Farm Limes Ave./Copperfield	0625	0645	0705	0725	0745	0805	0825	0845	0905	0920	0935	0950	1005	1020	1035	1050	1105	1120	
Grange Hill Station	0630	0650	0710	0730	0750	0810	0830	0850	0910	0925	0940	0955	1011	1026	1041	1056	1111	1126	
Hainault Manford Way/The Lowe	0633	0653	0713	0733	0753	0813	0833	0853	0913	0928	0943	0959	1015	1030	1045	1100	1115	1130	
Barkingside Fullwell Cross	0640	0700	0720	0740	0800	0820	0840	0901	0921	0936	0951	1007	1023	1038	1053	1108	1123	1138	
Longwood Gardens Doctor Johnson	0643	0703	0723	0743	0803	0824	0844	0905	0925	0940	0956	1012	1028	1043	1058	1113	1128	1143	
Gants Hill Station Woodford Avenue	0647	0707	0727	0747	0807	0828	0848	0909	0929	0944	1000	1016	1032	1048	1103	1118	1133	1148	
Beehive Lane Synagogue	0650	0710	0730	0750	0811	0832	0852	0913	0933	0948	1004	1020	1036	1052	1108	1123	1138	1153	
Ilford Station	0654	0714	0734	0754	0815	0836	0857	0918	0938	0954	1011	1028	1044	1101	1117	1133	1148	1203	
Ilford High Road Hainault Street	0657	0717	0737	0757	0818	0839	0900	0921	0942	0958	1015	1032	1049	1106	1122	1138	1153	1208	
Limes Farm Limes Ave./Copperfield	1135	1150		1420	1436	1452				1637	1652	1707	1723	1739	1801	1819	1851	1921	
Grange Hill Station	1141	1156		1426	1442	1458				1643	1657	1712	1728	1744	1806	1824	1855	1925	
Hainault Manford Way/The Lowe	1145	1200	Then	1430	1446	1502	Then			1647	1701	1716	1731	1747	1809	1827	1858	1928	
Barkingside Fullwell Cross	1153	1208	every 15	1438	1454	1510	every 15			1655	1709	1724	1739	1755	1817	1835	1906	1936	
Longwood Gardens Doctor Johnson	1158	1214	minutes	1444	1500	1515	minutes			1700	1714	1729	1744	1759	1821	1839	1910	1940	
Gants Hill Station Woodford Avenue	1203	1219	until	1449	1505	1520	until			1705	1719	1734	1749	1804	1825	1843	1914	1944	
Beehive Lane Synagogue	1208	1224		1454	1510	1525				1710	1724	1739	1754	1809	1830	1848	1918	1948	
Ilford Station	1218	1234		1504	1519	1534				1719	1733	1747	1802	1817	1837	1855	1924	1953	
Ilford High Road Hainault Street	1223	1239		1509	1524	1539				1724	1738	1752	1807	1822	1842	1900	1928	1956	
462		Saturdays (also Good Friday) (cont.)												Sundays and other Public Hols (except Christmas Day)					
Limes Farm Limes Ave./Copperfield	1951	2019	2047	2115	2145	2215	2245	2315	0715	0745	0815	0844	0913	0943	1011	1039	1108	1137	
Grange Hill Station	1955	2023	2051	2119	2149	2219	2249	2319	0719	0749	0819	0848	0917	0947	1015	1043	1113	1142	
Hainault Manford Way/The Lowe	1958	2026	2054	2122	2152	2222	2252	2322	0722	0752	0822	0851	0921	0951	1019	1047	1117	1146	
Barkingside Fullwell Cross	2006	2033	2101	2129	2159	2229	2259	2329	0729	0759	0829	0858	0928	0958	1026	1055	1125	1154	
Longwood Gardens Doctor Johnson	2009	2036	2104	2132	2202	2232	2302	2332	0732	0802	0832	0901	0931	1001	1029	1059	1129	1158	
Gants Hill Station Woodford Avenue	2013	2040	2108	2136	2205	2235	2305	2335	0736	0806	0836	0905	0935	1005	1033	1103	1133	1202	
Beehive Lane Synagogue	2017	2044	2112	2140	2208	2238	2308	2338	0739	0809	0839	0909	0939	1009	1037	1107	1137	1206	
Ilford Station	2021	2048	2116	2144	2212	2242	2312	2342	0743	0813	0843	0913	0943	1013	1042	1112	1142	1212	
Ilford High Road Hainault Street	2024	2051	2119	2147	2215	2245	2315	2345	0746	0816	0846	0916	0946	1016	1046	1116	1146	1216	
462		Sundays and other Public Holidays (except Christmas Day) (cont.)																	
Limes Farm Limes Ave./Copperfield	1206			1536	1606	1635	1704	1729	1755	1821	1850	1919	1948	2017	2046	2115		2315	
Grange Hill Station	1211			1541	1611	1640	1708	1733	1759	1825	1854	1923	1952	2021	2050	2119		2319	
Hainault Manford Way/The Lowe	1215	Then		1545	1614	1643	1711	1736	1802	1828	1857	1926	1955	2024	2053	2122	Then	2322	
Barkingside Fullwell Cross	1223	every 30		1553	1622	1651	1719	1744	1810	1836	1905	1934	2003	2031	2100	2129	every	2329	
Longwood Gardens Doctor Johnson	1227	minutes		1557	1626	1655	1723	1748	1814	1839	1908	1937	2006	2034	2103	2132	30	2332	
Gants Hill Station Woodford Avenue	1232	until		1602	1630	1659	1727	1752	1818	1843	1912	1941	2009	2037	2106	2135	mins.	2335	
Beehive Lane Synagogue	1236			1606	1634	1703	1731	1756	1822	1847	1915	1944	2012	2040	2109	2138	until	2338	
Ilford Station	1242			1612	1640	1708	1736	1801	1827	1852	1920	1949	2017	2045	2113	2142		2342	
Ilford High Road Hainault Street	1246			1616	1644	1712	1740	1805	1831	1856	1924	1952	2020	2048	2116	2145		2345	

462		Mondays to Fridays																
Ilford High Road Hainault Street	0616	0628	0640	0651	0703	0715	0727	0740	0754	0809	0824	0839	0854	0909	0924		1339	1353
Ilford Station	0619	0631	0643	0654	0707	0719	0732	0745	0759	0814	0829	0844	0859	0914	0928		1343	1357
Beehive Lane Synagogue	0623	0635	0647	0658	0712	0724	0738	0752	0805	0820	0835	0849	0904	0919	0933	Then	1348	1402
Gants Hill Station Woodford Avenue	0626	0638	0650	0702	0716	0728	0743	0758	0811	0826	0841	0855	0909	0924	0938	every	1353	1407
Longwood Gardens Doctor Johnson	0629	0641	0653	0706	0720	0733	0748	0803	0817	0832	0847	0901	0915	0930	0944	15	1359	1413
Barkingside Fullwell Cross	0632	0644	0656	0710	0724	0738	0753	0808	0823	0838	0853	0907	0921	0936	0950	mins.	1405	1419
Hainault Manford Way/The Lowe	0639	0651	0704	0718	0732	0746	0801	0816	0831	0846	0901	0915	0929	0944	0958	until	1413	1427
Grange Hill Station	0643	0655	0708	0722	0737	0751	0806	0821	0836	0851	0906	0920	0934	0948	1002		1417	1432
Limes Farm Limes Ave./Copperfield	0647	0700	0713	0727	0742	0757	0812	0827	0842	0857	0911	0925	0939	0953	1007		1422	1437
Ilford High Road Hainault Street	1407	1420	1433	1446	1459	1514		1759	1815	1834	1854	1912	1930	1948	2007	2037	2107	2138
Ilford Station	1411	1424	1438	1452	1505	1521		1806	1822	1840	1900	1918	1936	1953	2011	2041	2111	2142
Beehive Lane Synagogue	1416	1429	1444	1459	1514	1530	Then	1815	1831	1848	1908	1925	1942	1959	2016	2046	2116	2147
Gants Hill Station Woodford Avenue	1421	1435	1450	1506	1521	1537	every	1822	1838	1855	1914	1931	1947	2004	2020	2050	2119	2150
Longwood Gardens Doctor Johnson	1427	1441	1456	1512	1527	1543	15	1828	1844	1901	1919	1935	1951	2008	2024	2054	2123	2154
Barkingside Fullwell Cross	1434	1448	1503	1518	1533	1549	mins.	1834	1849	1906	1924	1939	1955	2012	2028	2058	2127	2157
Hainault Manford Way/The Lowe	1442	1456	1511	1526	1541	1557	until	1842	1857	1914	1932	1947	2003	2020	2036	2106	2134	2204
Grange Hill Station	1447	1501	1516	1531	1546	1602		1847	1902	1919	1937	1952	2007	2024	2040	2110	2138	2208
Limes Farm Limes Ave./Copperfield	1452	1506	1521	1536	1551	1607		1852	1907	1924	1941	1956	2011	2028	2044	2114	2142	2212
462		Mons to Fris (cont.)								Saturdays (also Good Friday)								
Ilford High Road Hainault Street	2209	2239	2309	2340	0609	0629	0649	0709	0728	0746	0804	0821	0836	0850	0904	0917	0930	0944
Ilford Station	2213	2243	2313	2344	0612	0632	0652	0712	0731	0750	0808	0825	0840	0854	0908	0921	0935	0950
Beehive Lane Synagogue	2217	2247	2317	2348	0616	0636	0656	0716	0735	0754	0812	0830	0845	0859	0913	0927	0941	0956
Gants Hill Station Woodford Avenue	2220	2250	2320	2351	0619	0639	0659	0719	0738	0757	0815	0833	0848	0902	0917	0931	0945	1000
Longwood Gardens Doctor Johnson	2224	2254	2324	2355	0622	0642	0702	0722	0741	0800	0819	0837	0852	0906	0921	0936	0950	1005
Barkingside Fullwell Cross	2227	2257	2327	2358	0625	0645	0705	0725	0744	0803	0822	0841	0856	0911	0926	0941	0956	1011
Hainault Manford Way/The Lowe	2234	2304	2334	0004	0632	0652	0712	0732	0751	0811	0830	0849	0904	0919	0934	0949	1004	1019
Grange Hill Station	2238	2308	2338	0008	0636	0656	0716	0736	0755	0815	0835	0854	0909	0924	0939	0954	1009	1024
Limes Farm Limes Ave./Copperfield	2242	2312	2342	0012	0640	0700	0720	0740	0759	0819	0839	0859	0914	0929	0944	0959	1014	1029
462		Saturdays (also Good Friday) (cont.)																
Ilford High Road Hainault Street	0958	1012		1057	1111	1125	1139	1153		1253	1307	1322	1337		1537	1553	1609	1625
Ilford Station	1004	1018		1103	1117	1131	1145	1200		1300	1314	1329	1344		1544	1600	1616	1632
Beehive Lane Synagogue	1010	1025	Then	1110	1124	1139	1153	1208	Then	1308	1322	1337	1353	Then	1553	1609	1625	1641
Gants Hill Station Woodford Avenue	1015	1030	every	1115	1129	1144	1159	1214	every	1314	1328	1344	1400	every	1600	1615	1631	1647
Longwood Gardens Doctor Johnson	1020	1035	15	1120	1134	1149	1204	1219	15	1319	1334	1350	1406	15	1606	1621	1637	1653
Barkingside Fullwell Cross	1026	1041	mins.	1126	1141	1156	1211	1226	mins.	1326	1341	1357	1413	mins.	1613	1628	1644	1659
Hainault Manford Way/The Lowe	1034	1049	until	1134	1149	1204	1219	1234	until	1334	1349	1405	1421	until	1621	1636	1652	1707
Grange Hill Station	1039	1054		1139	1154	1209	1224	1239		1339	1354	1410	1426		1626	1641	1657	1712
Limes Farm Limes Ave./Copperfield	1044	1059		1144	1159	1214	1229	1244		1344	1359	1415	1431		1631	1646	1701	1716
Ilford High Road Hainault Street	1641	1654	1707	1722	1738	1756	1816	1835	1906	1937	2006	2037	2107	2138	2209	2239	2309	2340
Ilford Station	1647	1700	1713	1728	1744	1802	1822	1840	1911	1941	2010	2041	2111	2142	2213	2243	2313	2344
Beehive Lane Synagogue	1655	1708	1721	1736	1752	1810	1829	1846	1917	1946	2015	2046	2116	2147	2217	2247	2317	2348
Gants Hill Station Woodford Avenue	1701	1714	1727	1742	1758	1816	1835	1851	1921	1950	2019	2049	2119	2150	2220	2250	2320	2351
Longwood Gardens Doctor Johnson	1707	1720	1733	1748	1804	1821	1839	1855	1925	1954	2023	2053	2123	2154	2224	2254	2324	2355
Barkingside Fullwell Cross	1714	1726	1739	1754	1809	1826	1843	1859	1929	1958	2027	2057	2127	2157	2227	2257	2327	2358
Hainault Manford Way/The Lowe	1722	1734	1747	1802	1817	1834	1851	1907	1937	2006	2035	2104	2134	2204	2234	2304	2334	0004
Grange Hill Station	1727	1739	1752	1807	1822	1839	1856	1912	1941	2010	2039	2108	2138	2208	2238	2308	2338	0008
Limes Farm Limes Ave./Copperfield	1731	1743	1756	1811	1826	1843	1900	1916	1945	2014	2043	2112	2142	2212	2242	2312	2342	0012
462		Sundays and other Public Holidays (except Christmas Day)																
Ilford High Road Hainault Street	0738	0807	0836	0906	0931	0957	1025	1053	1121	1151	1220	1249	1318	1347	1417	1447	1517	1547
Ilford Station	0741	0810	0839	0909	0934	1001	1029	1057	1125	1155	1224	1253	1322	1351	1421	1451	1521	1551
Beehive Lane Synagogue	0745	0814	0843	0913	0938	1005	1033	1101	1130	1200	1230	1259	1329	1358	1428	1458	1528	1558
Gants Hill Station Woodford Avenue	0748	0817	0846	0916	0941	1009	1037	1105	1134	1204	1234	1303	1333	1403	1433	1503	1533	1603
Longwood Gardens Doctor Johnson	0752	0821	0850	0920	0945	1013	1041	1109	1138	1208	1238	1308	1338	1408	1438	1508	1537	1607
Barkingside Fullwell Cross	0755	0824	0853	0923	0948	1016	1044	1113	1142	1212	1242	1312	1342	1412	1442	1512	1541	1611
Hainault Manford Way/The Lowe	0802	0831	0900	0930	0956	1024	1052	1121	1150	1220	1250	1320	1350	1420	1450	1520	1549	1619
Grange Hill Station	0806	0835	0904	0934	1001	1029	1057	1126	1155	1225	1255	1325	1355	1425	1455	1525	1554	1624
Limes Farm Limes Ave./Copperfield	0810	0839	0908	0938	1005	1033	1102	1131	1200	1230	1300	1330	1400	1430	1500	1530	1559	1628
Ilford High Road Hainault Street	1617	1643	1709	1735	1805	1835	1905	1936	2007	2038	2108	2139	2209	2239	2309	2340		
Ilford Station	1621	1647	1713	1739	1809	1839	1909	1940	2011	2042	2112	2143	2213	2243	2313	2344		
Beehive Lane Synagogue	1628	1653	1719	1745	1815	1845	1914	1945	2016	2047	2117	2147	2217	2247	2317	2348		
Gants Hill Station Woodford Avenue	1632	1657	1723	1749	1819	1849	1918	1948	2019	2050	2120	2150	2220	2250	2320	2351		
Longwood Gardens Doctor Johnson	1636	1701	1727	1753	1823	1853	1922	1952	2023	2054	2124	2154	2224	2254	2324	2355		
Barkingside Fullwell Cross	1640	1705	1731	1757	1827	1857	1926	1956	2027	2057	2127	2157	2227	2257	2327	2358		
Hainault Manford Way/The Lowe	1648	1713	1739	1805	1835	1905	1934	2004	2034	2104	2134	2204	2234	2304	2334	0004		
Grange Hill Station	1653	1718	1744	1810	1840	1909	1938	2008	2038	2108	2138	2208	2238	2308	2338	0008		
Limes Farm																		