

473		Mondays to Fridays																			
North Woolwich Free Ferry	0425	0440	0455	0510	0522	0534	0544	0554													
London City Airport	0431	0446	0501	0516	0528	0540	0551	0601	Then about every 11 minutes until	1934	1946	1958	2013	2028	2043	2058	2113				
Prince Regent Station Bus Station	0435	0450	0505	0520	0532	0544	0556	0606		1941	1953	2005	2019	2034	2049	2104	2119				
Prince Regent Lane Bennett Road	0438	0453	0508	0523	0535	0547	0559	0609		1946	1958	2010	2024	2038	2053	2108	2123				
Plaistow Greengate	0443	0458	0513	0528	0540	0552	0604	0615		1949	2001	2013	2027	2041	2056	2111	2126				
Plaistow Station	0446	0501	0516	0531	0543	0555	0607	0618		1957	2009	2020	2034	2048	2102	2116	2131				
Stratford Bus Station	0453	0508	0523	0538	0550	0602	0614	0626	2001	2012	2023	2037	2051	2105	2119	2134					
North Woolwich Free Ferry	2128	2143	2159	2215	2230	2245	2300	2315	2330	2345	0000	0015									
London City Airport	2134	2149	2205	2220	2235	2250	2305	2320	2335	2350	0005	0020									
Prince Regent Station Bus Station	2138	2153	2209	2224	2239	2254	2309	2324	2339	2354	0009	0024									
Prince Regent Lane Bennett Road	2141	2156	2211	2226	2241	2256	2311	2326	2341	2356	0011	0026									
Plaistow Greengate	2146	2201	2216	2231	2246	2301	2315	2330	2345	0000	0015	0030									
Plaistow Station	2149	2204	2219	2234	2249	2304	2318	2333	2348	0003	0018	0033									
Stratford Bus Station	2156	2211	2226	2241	2256	2311	2325	2339	2354	0009	0024	0039									
473		Saturdays (also Good Friday)																			
North Woolwich Free Ferry	0425	Then every 15 minutes until	0710	0722	0734	0746	Then about every 11 minutes until	1851	1903	1915	1928	1943	1958	2013	2028	2043					
London City Airport	0431		0716	0728	0740	0752		1858	1909	1921	1934	1949	2004	2019	2034	2049					
Prince Regent Station Bus Station	0435		0720	0732	0744	0756		1902	1913	1925	1938	1953	2008	2023	2038	2053					
Prince Regent Lane Bennett Road	0438		0723	0735	0747	0759		1905	1916	1928	1941	1956	2011	2026	2041	2056					
Plaistow Greengate	0443		0728	0740	0752	0804		1914	1925	1936	1949	2004	2018	2033	2048	2103					
Plaistow Station	0446	0731	0743	0755	0807	1918	1929	1940	1953	2007	2021	2036	2051	2106							
Stratford Bus Station	0453	0738	0750	0802	0814	1928	1939	1950	2001	2015	2029	2044	2059	2113							
North Woolwich Free Ferry	2058	2113	2128	2143	2159	2215	2230	2245	2300	Then every 15 minutes until	0015										
London City Airport	2104	2119	2134	2149	2205	2220	2235	2250	2305		0020										
Prince Regent Station Bus Station	2108	2123	2138	2153	2209	2224	2239	2254	2309		0024										
Prince Regent Lane Bennett Road	2111	2126	2141	2156	2211	2226	2241	2256	2311		0026										
Plaistow Greengate	2117	2131	2146	2201	2216	2231	2246	2301	2315		0030										
Plaistow Station	2120	2134	2149	2204	2219	2234	2249	2304	2318		0033										
Stratford Bus Station	2127	2141	2156	2211	2226	2241	2256	2310	2324	0039											
473		Sundays and other Public Holidays (except Christmas Day)																			
North Woolwich Free Ferry	0530	Then every 20 minutes until	0810	0825	0840	0855	0910	0925	0940	0954	1008	Then every 15 minutes until	1138	1153	1208	1223					
London City Airport	0536		0816	0831	0846	0901	0916	0931	0946	1000	1015		1145	1200	1215	1230					
Prince Regent Station Bus Station	0540		0820	0835	0850	0905	0920	0935	0950	1004	1019		1149	1204	1219	1234					
Prince Regent Lane Bennett Road	0543		0823	0838	0853	0908	0923	0938	0953	1007	1022		1152	1207	1222	1237					
Plaistow Greengate	0548		0828	0843	0858	0913	0928	0943	0958	1013	1028		1158	1214	1229	1244					
Plaistow Station	0551	0831	0846	0901	0916	0931	0946	1001	1017	1032	1202	1218	1233	1248							
Stratford Bus Station	0558	0838	0853	0909	0924	0939	0954	1010	1026	1041	1211	1227	1242	1257							
North Woolwich Free Ferry	1238	1253	Then every 15 minutes until	1838	1855	1910	1925	1941	1956	2012	2027	2042	2058	2113	2128	2143	2159				
London City Airport	1245	1300		1845	1902	1917	1932	1948	2003	2018	2033	2048	2104	2119	2134	2149	2205				
Prince Regent Station Bus Station	1249	1304		1849	1906	1921	1936	1952	2007	2022	2037	2052	2108	2123	2138	2153	2209				
Prince Regent Lane Bennett Road	1252	1307		1852	1909	1924	1939	1955	2010	2025	2040	2055	2111	2126	2141	2156	2211				
Plaistow Greengate	1259	1315		1900	1915	1930	1945	2001	2016	2031	2046	2101	2116	2131	2146	2201	2216				
Plaistow Station	1303	1319		1904	1919	1934	1949	2004	2019	2034	2049	2104	2119	2134	2149	2204	2219				
Stratford Bus Station	1312	1328	1913	1928	1943	1957	2011	2026	2041	2056	2111	2126	2141	2156	2211	2226					
North Woolwich Free Ferry	2215	2230	2245	2300	2315	2330	2345	0000	0015												
London City Airport	2220	2235	2250	2305	2320	2335	2350	0005	0020												
Prince Regent Station Bus Station	2224	2239	2254	2309	2324	2339	2354	0009	0024												
Prince Regent Lane Bennett Road	2226	2241	2256	2311	2326	2341	2356	0011	0026												
Plaistow Greengate	2231	2246	2301	2315	2330	2345	0000	0015	0030												
Plaistow Station	2234	2249	2304	2318	2333	2348	0003	0018	0033												
Stratford Bus Station	2241	2256	2310	2324	2339	2354	0009	0024	0039												

473		Mondays to Fridays																		
Stratford Bus Station	0505	0520	0535	0550	0605	0617	0629													
Plaistow Station	0511	0526	0541	0556	0611	0624	0636													
Plaistow Greengate	0514	0529	0544	0559	0614	0628	0640													
Prince Regent Lane Bennett Road	0518	0533	0548	0603	0618	0632	0644													
Prince Regent Station Bus Station	0521	0536	0551	0606	0621	0635	0647													
London City Airport	0526	0541	0556	0611	0626	0640	0652													
North Woolwich Free Ferry	0531	0546	0601	0616	0631	0646	0658													
Stratford Bus Station	2142	2158	2214	2229	2244	2259	2315	2330	2346											
Plaistow Station	2150	2206	2222	2237	2252	2307	2322	2337	2353											
Plaistow Greengate	2155	2211	2226	2241	2256	2311	2326	2341	2357											
Prince Regent Lane Bennett Road	2201	2217	2231	2246	2301	2316	2331	2346	0002											
Prince Regent Station Bus Station	2204	2220	2234	2249	2304	2319	2334	2349	0005											
London City Airport	2209	2224	2238	2253	2308	2323	2338	2353	0009											
North Woolwich Free Ferry	2215	2229	2243	2258	2313	2328	2343	2358	0014											
473		Saturdays (also Good Friday)																		
Stratford Bus Station	0505			0635	0650	0705	0720	0735	0747	0759	0811									
Plaistow Station	0511		Then	0641	0656	0711	0726	0741	0754	0806	0818			Then						
Plaistow Greengate	0514		every 15	0644	0659	0714	0729	0744	0758	0810	0822			about						
Prince Regent Lane Bennett Road	0518		minutes	0648	0703	0718	0733	0748	0803	0815	0827			every 11						
Prince Regent Station Bus Station	0521		until	0651	0706	0721	0736	0751	0806	0818	0830			minutes						
London City Airport	0526			0656	0711	0726	0741	0756	0811	0823	0835			until						
North Woolwich Free Ferry	0531			0701	0717	0732	0747	0802	0817	0829	0841									
Stratford Bus Station	2012	2027	2042	2057	2112	2127	2142	2158	2214	2229	2244	2259	2315	2330	2346					
Plaistow Station	2022	2037	2051	2106	2120	2135	2150	2206	2222	2237	2252	2307	2322	2337	2353					
Plaistow Greengate	2027	2042	2056	2111	2125	2140	2155	2210	2226	2241	2256	2311	2326	2341	2357					
Prince Regent Lane Bennett Road	2034	2049	2103	2117	2131	2146	2201	2216	2231	2246	2301	2316	2331	2346	0002					
Prince Regent Station Bus Station	2037	2052	2106	2120	2134	2149	2204	2219	2234	2249	2304	2319	2334	2349	0005					
London City Airport	2041	2056	2110	2124	2138	2153	2208	2223	2238	2253	2308	2323	2338	2353	0009					
North Woolwich Free Ferry	2046	2101	2115	2129	2143	2158	2213	2228	2243	2258	2313	2328	2343	2358	0014					
473		Sundays and other Public Holidays (except Christmas Day)																		
Stratford Bus Station	0610			0750	0810	0830	0850	0910	0925	0940	0955									
Plaistow Station	0616		Then	0756	0817	0837	0857	0918	0933	0948	1003			Then						
Plaistow Greengate	0619		every 20	0759	0820	0841	0901	0922	0937	0952	1007			every 15						
Prince Regent Lane Bennett Road	0623		minutes	0803	0824	0845	0906	0927	0942	0957	1013			minutes						
Prince Regent Station Bus Station	0626		until	0806	0827	0848	0909	0930	0945	1000	1016			until						
London City Airport	0631			0811	0832	0853	0914	0935	0950	1005	1021									
North Woolwich Free Ferry	0636			0816	0837	0858	0919	0940	0955	1011	1027									
Stratford Bus Station	1252	1307		1837	1853	1909	1924	1939	1954	2010	2025	2041	2057	2112	2127	2142	2158			
Plaistow Station	1301	1317		1847	1903	1918	1933	1948	2003	2018	2033	2049	2105	2120	2135	2150	2206			
Plaistow Greengate	1306	1322		1852	1908	1923	1938	1953	2008	2023	2038	2054	2110	2125	2140	2155	2210			
Prince Regent Lane Bennett Road	1313	1329		1859	1915	1930	1945	2000	2015	2030	2045	2101	2116	2131	2146	2201	2216			
Prince Regent Station Bus Station	1317	1333		1903	1918	1933	1948	2003	2018	2033	2048	2104	2119	2134	2149	2204	2219			
London City Airport	1322	1338		1908	1923	1938	1953	2008	2023	2038	2053	2108	2123	2138	2153	2208	2223			
North Woolwich Free Ferry	1328	1344		1914	1929	1944	1959	2013	2028	2043	2058	2113	2128	2143	2158	2213	2228			
Stratford Bus Station	2214	2229	2244	2259	2315	2330	2346													
Plaistow Station	2222	2237	2252	2307	2322	2337	2353													
Plaistow Greengate	2226	2241	2256	2311	2326	2341	2357													
Prince Regent Lane Bennett Road	2231	2246	2301	2316	2331	2346	0002													
Prince Regent Station Bus Station	2234	2249	2304	2319	2334	2349	0005													
London City Airport	2238	2253	2308	2323	2338	2353	0009													
North Woolwich Free Ferry	2243	2258	2313	2328	2343	2358	0014													