



474		Saturdays (also Good Friday)											
Manor Park Station	0006 0021 0040		10 40	0410		0550 0610 0625 0640 0655 0710 0725 0740							
East Ham Station	0011 0026 0044	Then	14 44	0414		0554 0614 0629 0645 0700 0715 0730 0745							
East Ham Newham Town Hall	0016 0031 0048	every 30	18 48	0418		0558 0618 0633 0650 0705 0720 0735 0750							
Beckton Bus Station	0022 0037 0054	minutes	24 54	0424	Then	0604 0624 0639 0656 0711 0727 0742 0757							
Cyprus Station Cyprus Place	0024 0039 0056	at these	26 56 until	0426	every 20	0606 0626 0641 0658 0713 0730 0745 0800							
North Woolwich Free Ferry	0030 0045 0102	minutes	32 02	0432	minutes	0612 0632 0647 0704 0719 0736 0751 0806							
London City Airport	0035 0050 0107	past	37 07	0437	until	0617 0637 0652 0709 0725 0742 0757 0812							
West Silvertown Station	0039 0054 0111	the hour	41 11	0441		0621 0642 0657 0714 0730 0747 0802 0817							
Canning Town Bus Station	0042 0057 0114		44 14	0444		0624 0645 0700 0717 0733 0750 0805 0820							
Canning Town Hermit Road	0044 0059 0116		46 16	0446		0626 0647 0702 0719 0735 0752 0807 0822							
Manor Park Station	0755 0810 0822 0834 0846 0857 0908 0919 0931 0941 0951 1003 1014 1026 1038 1050 1102 1114												
East Ham Station	0801 0816 0828 0840 0852 0903 0915 0926 0938 0948 0959 1011 1022 1034 1047 1059 1112 1124												
East Ham Newham Town Hall	0806 0822 0834 0846 0858 0909 0921 0933 0945 0956 1007 1019 1030 1042 1055 1108 1121 1133												
Beckton Bus Station	0813 0829 0841 0853 0905 0917 0929 0941 0953 1004 1015 1027 1039 1051 1104 1117 1130 1142												
Cyprus Station Cyprus Place	0816 0832 0844 0856 0908 0920 0932 0944 0956 1007 1018 1030 1042 1054 1107 1120 1133 1145												
North Woolwich Free Ferry	0822 0839 0851 0903 0915 0927 0939 0951 1003 1015 1026 1038 1050 1102 1115 1128 1141 1153												
London City Airport	0829 0846 0858 0910 0922 0934 0946 0958 1010 1022 1033 1045 1057 1109 1122 1135 1148 1200												
West Silvertown Station	0834 0851 0903 0915 0927 0939 0951 1003 1016 1028 1039 1051 1103 1115 1128 1141 1154 1206												
Canning Town Bus Station	0837 0854 0907 0919 0931 0943 0955 1007 1020 1032 1043 1055 1107 1119 1132 1145 1158 1210												
Canning Town Hermit Road	0839 0856 0909 0921 0933 0945 0957 1009 1022 1034 1045 1057 1109 1121 1134 1147 1200 1212												
Manor Park Station	1126 1138 1150 1202			1614 1626 1638 1650 1702 1714 1726 1738 1750 1802 1814 1825									
East Ham Station	1136 1149 1201 1214			1626 1638 1650 1702 1713 1725 1737 1749 1801 1812 1824 1835									
East Ham Newham Town Hall	1145 1158 1210 1223			1635 1647 1659 1711 1722 1734 1746 1758 1809 1820 1832 1842									
Beckton Bus Station	1154 1207 1219 1232	Then		1644 1656 1708 1720 1731 1743 1755 1807 1818 1829 1840 1850									
Cyprus Station Cyprus Place	1157 1210 1222 1235	every 12		1647 1659 1711 1723 1734 1746 1758 1810 1821 1832 1843 1853									
North Woolwich Free Ferry	1206 1219 1231 1244	minutes		1656 1707 1719 1731 1742 1754 1806 1818 1829 1840 1851 1901									
London City Airport	1213 1226 1238 1251	until		1703 1714 1726 1738 1749 1801 1813 1825 1835 1846 1857 1907									
West Silvertown Station	1219 1232 1244 1257			1709 1720 1732 1744 1755 1806 1818 1830 1840 1851 1902 1912									
Canning Town Bus Station	1223 1236 1248 1301			1713 1724 1736 1748 1759 1810 1822 1834 1844 1855 1905 1915									
Canning Town Hermit Road	1225 1238 1250 1303			1715 1726 1738 1750 1801 1812 1824 1836 1846 1857 1907 1917									
Manor Park Station	1836 1846 1857 1909 1921 1936 1950 2004 2019 2034 2049 2104 2119 2135 2150 2205 2220 2235												
East Ham Station	1845 1855 1906 1918 1930 1945 1958 2012 2027 2041 2056 2110 2125 2140 2155 2210 2225 2240												
East Ham Newham Town Hall	1852 1902 1912 1924 1936 1951 2004 2018 2033 2047 2102 2116 2130 2145 2200 2215 2230 2245												
Beckton Bus Station	1900 1909 1919 1931 1943 1958 2011 2025 2040 2054 2109 2123 2137 2152 2207 2222 2237 2252												
Cyprus Station Cyprus Place	1903 1912 1922 1934 1946 2001 2014 2028 2043 2057 2111 2125 2139 2154 2209 2224 2239 2254												
North Woolwich Free Ferry	1910 1919 1929 1941 1952 2007 2020 2034 2049 2103 2117 2131 2145 2200 2215 2230 2245 2300												
London City Airport	1916 1925 1935 1947 1958 2013 2026 2040 2055 2109 2123 2137 2151 2206 2221 2235 2250 2305												
West Silvertown Station	1921 1930 1940 1952 2002 2017 2030 2044 2059 2113 2127 2141 2155 2210 2225 2239 2254 2309												
Canning Town Bus Station	1924 1933 1943 1955 2005 2020 2033 2047 2102 2116 2130 2144 2158 2213 2228 2242 2257 2312												
Canning Town Hermit Road	1926 1935 1945 1957 2007 2022 2035 2049 2104 2118 2132 2146 2200 2215 2230 2244 2259 2314												
Manor Park Station	2251		2351										
East Ham Station	2256		2356										
East Ham Newham Town Hall	2301		0001										
Beckton Bus Station	2307	Then	0007										
Cyprus Station Cyprus Place	2309	every 15	0009										
North Woolwich Free Ferry	2315	minutes	0015										
London City Airport	2320	until	0020										
West Silvertown Station	2324		0024										
Canning Town Bus Station	2327		0027										
Canning Town Hermit Road	2329		0029										

474	Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Manor Park Station	0006	0021	0040		10	40	0510	0530	0550	0610	0630	0650	0710	0730	0750	0810	0830	
East Ham Station	0011	0026	0044	Then	14	44	0514	0534	0554	0614	0634	0654	0714	0734	0754	0814	0834	
East Ham Newham Town Hall	0016	0031	0048	every 30	18	48	0518	0538	0558	0618	0638	0658	0718	0738	0758	0819	0839	
Beckton Bus Station	0022	0037	0054	minutes	24	54	0524	0544	0604	0624	0644	0704	0724	0744	0804	0825	0845	
Cyprus Station Cyprus Place	0024	0039	0056	at these	26	56	0526	0546	0606	0626	0646	0706	0726	0746	0806	0827	0848	
North Woolwich Free Ferry	0030	0045	0102	minutes	32	02	0532	0552	0612	0632	0652	0712	0732	0752	0812	0833	0854	
London City Airport	0035	0050	0107	past	37	07	0537	0557	0617	0637	0657	0717	0737	0757	0818	0839	0900	
West Silvertown Station	0039	0054	0111	the hour	41	11	0541	0601	0621	0641	0702	0722	0742	0802	0823	0844	0905	
Canning Town Bus Station	0042	0057	0114		44	14	0544	0604	0624	0644	0705	0725	0745	0805	0826	0848	0909	
Canning Town Hermit Road	0044	0059	0116		46	16	0546	0606	0626	0646	0707	0727	0747	0807	0828	0850	0911	
Manor Park Station	0850	0905	0920	0935	0950	1004	1019	1034	1048	1100	1114	1128	1142	1158		1628	1644	
East Ham Station	0854	0910	0926	0941	0956	1010	1025	1040	1054	1107	1122	1137	1152	1208		1638	1653	
East Ham Newham Town Hall	0859	0915	0931	0946	1001	1016	1031	1046	1100	1114	1129	1145	1200	1216		1646	1701	
Beckton Bus Station	0906	0922	0938	0953	1009	1024	1039	1054	1108	1122	1137	1153	1208	1224	Then	1654	1709	
Cyprus Station Cyprus Place	0909	0925	0941	0956	1012	1027	1042	1057	1111	1125	1140	1156	1211	1227	every 15	1657	1712	
North Woolwich Free Ferry	0915	0932	0948	1003	1019	1034	1049	1104	1119	1133	1148	1204	1219	1235	minutes	1705	1720	
London City Airport	0921	0938	0954	1009	1025	1040	1055	1110	1125	1140	1155	1211	1226	1242	until	1712	1727	
West Silvertown Station	0926	0943	0959	1014	1030	1045	1100	1115	1130	1145	1200	1216	1231	1247		1717	1732	
Canning Town Bus Station	0930	0947	1003	1018	1034	1049	1104	1119	1134	1149	1204	1220	1235	1251		1721	1736	
Canning Town Hermit Road	0932	0949	1005	1020	1036	1051	1106	1121	1136	1151	1206	1222	1237	1253		1723	1738	
Manor Park Station	1700	1715	1730	1746	1801	1817	1832	1847	1903	1918	1933	1948	2004	2019	2034	2049	2104	2119
East Ham Station	1708	1723	1738	1754	1809	1825	1840	1855	1910	1925	1940	1955	2010	2025	2040	2055	2110	2125
East Ham Newham Town Hall	1716	1731	1746	1802	1817	1832	1847	1902	1916	1931	1946	2001	2016	2031	2046	2101	2116	2131
Beckton Bus Station	1724	1739	1754	1809	1824	1839	1854	1909	1923	1938	1953	2008	2023	2038	2053	2108	2123	2137
Cyprus Station Cyprus Place	1727	1742	1757	1812	1827	1842	1857	1912	1926	1941	1956	2011	2026	2040	2055	2110	2125	2139
North Woolwich Free Ferry	1735	1750	1805	1819	1834	1849	1904	1918	1932	1947	2002	2017	2032	2046	2101	2116	2131	2145
London City Airport	1742	1757	1812	1826	1841	1856	1910	1924	1938	1953	2008	2023	2038	2052	2107	2122	2137	2151
West Silvertown Station	1747	1802	1817	1831	1846	1901	1915	1929	1943	1958	2012	2027	2042	2056	2111	2126	2141	2155
Canning Town Bus Station	1751	1806	1821	1835	1850	1904	1918	1932	1946	2001	2015	2030	2045	2059	2114	2129	2144	2158
Canning Town Hermit Road	1753	1808	1823	1837	1852	1906	1920	1934	1948	2003	2017	2032	2047	2101	2116	2131	2146	2200
Manor Park Station	2135			2235	2251			2351										
East Ham Station	2140			2240	2256			2356										
East Ham Newham Town Hall	2145			2245	2301			0001										
Beckton Bus Station	2151	Then		2251	2307	Then		0007										
Cyprus Station Cyprus Place	2153	every 15		2253	2309	every 15		0009										
North Woolwich Free Ferry	2159	minutes		2259	2315	minutes		0015										
London City Airport	2204	until		2304	2320	until		0020										
West Silvertown Station	2208			2308	2324			0024										
Canning Town Bus Station	2211			2311	2327			0027										
Canning Town Hermit Road	2213			2313	2329			0029										



474		Saturdays (also Good Friday)																
Canning Town Hermit Road	0005		0105	0125		55	25		0455	0515	0535	0550	0605	0620	0635	0650	0705	
Canning Town Bus Station	0008		0108	0127	Then	57	27		0457	0517	0537	0553	0608	0623	0638	0653	0708	
West Silvertown Station	0012		0112	0131	every 30	01	31		0501	0521	0541	0557	0612	0627	0642	0657	0712	
London City Airport	0017	Then	0117	0136	minutes	06	36		0506	0526	0546	0602	0617	0632	0647	0702	0717	
North Woolwich Free Ferry	0023	every 15	0123	0142	at these	12	42	until	0512	0532	0552	0608	0623	0638	0653	0708	0723	
Cyprus Station Cyprus Place	0029	minutes	0129	0147	minutes	17	47		0517	0537	0557	0613	0628	0643	0659	0714	0729	
Beckton Bus Station	0031	until	0131	0149	past	19	49		0519	0539	0559	0615	0630	0645	0701	0716	0731	
East Ham Newham Town Hall	0036		0136	0154	the hour	24	54		0524	0544	0605	0621	0636	0651	0707	0722	0737	
East Ham Station	0040		0140	0158		28	58		0528	0548	0609	0625	0640	0655	0711	0727	0742	
Manor Park Station	0044		0144	0201		31	01		0531	0552	0613	0629	0644	0659	0715	0731	0746	
Canning Town Hermit Road	0720	0735	0750	0802	0813	0824	0835	0847	0859	0911	0922	0933	0944	0955	1005	1017	1028	1040
Canning Town Bus Station	0723	0738	0753	0805	0816	0827	0838	0850	0902	0914	0925	0936	0947	0958	1008	1020	1031	1043
West Silvertown Station	0727	0742	0757	0809	0820	0831	0842	0854	0906	0918	0929	0940	0951	1002	1013	1025	1036	1048
London City Airport	0732	0747	0802	0814	0825	0836	0847	0859	0911	0923	0934	0945	0956	1008	1019	1031	1042	1054
North Woolwich Free Ferry	0738	0753	0808	0820	0831	0843	0854	0906	0918	0930	0941	0952	1004	1016	1027	1039	1050	1102
Cyprus Station Cyprus Place	0744	0759	0814	0826	0838	0850	0901	0913	0925	0937	0948	0959	1011	1023	1034	1046	1057	1109
Beckton Bus Station	0746	0801	0817	0829	0841	0853	0904	0916	0928	0940	0951	1002	1014	1026	1038	1050	1101	1113
East Ham Newham Town Hall	0752	0808	0824	0836	0848	0900	0912	0924	0936	0948	0959	1011	1023	1035	1047	1059	1111	1123
East Ham Station	0757	0814	0830	0843	0855	0907	0919	0931	0943	0955	1007	1019	1031	1044	1056	1108	1120	1132
Manor Park Station	0801	0818	0835	0848	0900	0912	0924	0937	0949	1001	1013	1025	1038	1051	1103	1115	1127	1139
Canning Town Hermit Road	1052	1104	1115	1126	1138	1150	1201			1701	1713	1725	1736	1748	1800	1812	1824	1836
Canning Town Bus Station	1055	1107	1118	1129	1141	1153	1205			1705	1717	1729	1740	1752	1803	1815	1827	1839
West Silvertown Station	1100	1112	1123	1134	1146	1158	1210			1710	1722	1734	1745	1757	1808	1820	1832	1844
London City Airport	1106	1118	1129	1140	1152	1204	1216	Then		1716	1728	1740	1751	1803	1814	1826	1838	1850
North Woolwich Free Ferry	1114	1126	1137	1148	1200	1212	1224	every 12		1724	1736	1748	1759	1810	1821	1833	1845	1857
Cyprus Station Cyprus Place	1121	1133	1144	1155	1207	1219	1231	minutes		1731	1743	1755	1806	1817	1828	1840	1852	1904
Beckton Bus Station	1125	1137	1148	1159	1211	1223	1235	until		1735	1747	1759	1810	1821	1832	1844	1856	1907
East Ham Newham Town Hall	1135	1147	1158	1209	1221	1233	1245			1745	1757	1809	1819	1830	1840	1852	1904	1915
East Ham Station	1144	1156	1207	1219	1231	1243	1255			1755	1807	1818	1828	1838	1848	1900	1911	1922
Manor Park Station	1151	1203	1215	1227	1239	1251	1303			1803	1814	1825	1835	1845	1855	1907	1918	1929
Canning Town Hermit Road	1850	1905	1920	1935	1950	2006	2021	2036	2051			2151	2205	2220				2350
Canning Town Bus Station	1853	1908	1923	1938	1953	2009	2024	2039	2054			2154	2208	2223				2353
West Silvertown Station	1858	1912	1927	1942	1957	2013	2028	2043	2058			2158	2212	2227				2357
London City Airport	1904	1918	1933	1948	2003	2018	2033	2048	2103	Then		2203	2217	2232	Then			0002
North Woolwich Free Ferry	1910	1924	1939	1954	2009	2024	2039	2054	2109	every 15		2209	2223	2238	every 15			0008
Cyprus Station Cyprus Place	1916	1930	1945	2000	2015	2030	2045	2100	2115	minutes		2215	2229	2244	minutes			0014
Beckton Bus Station	1919	1933	1948	2003	2018	2033	2048	2103	2117	until		2217	2231	2246	until			0016
East Ham Newham Town Hall	1927	1941	1956	2010	2025	2040	2055	2109	2123			2223	2237	2251				0021
East Ham Station	1934	1948	2003	2016	2031	2045	2100	2114	2128			2228	2242	2255				0025
Manor Park Station	1941	1955	2009	2022	2037	2051	2105	2119	2133			2233	2247	2259				0029

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Canning Town Hermit Road	0005		0105	0125		55	25		0455	0521	0541	0601	0621	0641	0701	0721	0741	
Canning Town Bus Station	0008		0108	0127	Then	57	27		0457	0523	0544	0604	0624	0644	0704	0724	0744	
West Silvertown Station	0012		0112	0131	every 30	01	31		0501	0527	0548	0608	0628	0648	0708	0728	0748	
London City Airport	0017	Then	0117	0136	minutes	06	36		0506	0532	0553	0613	0633	0653	0713	0733	0753	
North Woolwich Free Ferry	0023	every 15	0123	0142	at these	12	42	until	0512	0538	0559	0619	0639	0659	0719	0739	0759	
Cyprus Station Cyprus Place	0029	minutes	0129	0147	minutes	17	47		0517	0543	0604	0624	0644	0704	0725	0745	0805	
Beckton Bus Station	0031	until	0131	0149	past	19	49		0519	0545	0606	0626	0646	0706	0727	0747	0807	
East Ham Newham Town Hall	0036		0136	0154	the hour	24	54		0524	0551	0612	0632	0652	0712	0733	0753	0813	
East Ham Station	0040		0140	0158		28	58		0528	0555	0616	0636	0656	0716	0737	0757	0817	
Manor Park Station	0044		0144	0201		31	01		0531	0559	0620	0640	0700	0720	0741	0801	0821	
Canning Town Hermit Road	0801	0821	0836	0851	0906	0921	0936	0951	1005	1020	1035	1050	1104	1119	1134		1704	
Canning Town Bus Station	0804	0824	0839	0854	0909	0924	0939	0954	1008	1023	1038	1053	1107	1122	1137		1707	
West Silvertown Station	0808	0828	0843	0858	0913	0928	0943	0958	1012	1027	1042	1057	1111	1126	1142		1712	
London City Airport	0813	0833	0848	0903	0918	0933	0948	1003	1017	1032	1047	1102	1116	1131	1147	Then	1717	
North Woolwich Free Ferry	0819	0839	0854	0909	0924	0940	0955	1010	1024	1039	1054	1109	1123	1139	1155	every 15	1725	
Cyprus Station Cyprus Place	0825	0845	0900	0915	0930	0946	1001	1016	1031	1046	1101	1116	1130	1146	1202	minutes	1732	
Beckton Bus Station	0827	0847	0902	0918	0933	0949	1004	1019	1034	1049	1104	1119	1134	1150	1206	until	1736	
East Ham Newham Town Hall	0833	0853	0909	0925	0940	0956	1011	1026	1041	1056	1111	1126	1142	1158	1214		1744	
East Ham Station	0838	0858	0914	0930	0946	1002	1017	1032	1047	1102	1117	1133	1150	1206	1222		1752	
Manor Park Station	0842	0902	0918	0934	0951	1007	1022	1037	1052	1107	1123	1140	1157	1213	1229		1759	
Canning Town Hermit Road	1719	1734	1749	1805	1820	1835	1850	1905	1921	1936	1951	2006	2021	2036			2151	2205
Canning Town Bus Station	1722	1737	1752	1808	1823	1838	1853	1908	1924	1939	1954	2009	2024	2039			2154	2208
West Silvertown Station	1727	1742	1757	1812	1827	1842	1857	1912	1928	1943	1958	2013	2028	2043			2158	2212
London City Airport	1732	1747	1802	1817	1832	1847	1902	1917	1933	1948	2003	2018	2033	2048	Then		2203	2217
North Woolwich Free Ferry	1739	1754	1809	1824	1839	1854	1909	1924	1939	1954	2009	2024	2039	2054	every 15		2209	2223
Cyprus Station Cyprus Place	1746	1801	1816	1831	1846	1901	1915	1930	1945	2000	2015	2030	2045	2100	minutes		2215	2229
Beckton Bus Station	1749	1804	1819	1834	1849	1904	1918	1933	1948	2003	2018	2033	2048	2102	until		2217	2231
East Ham Newham Town Hall	1757	1811	1826	1841	1856	1911	1925	1939	1954	2009	2024	2039	2054	2108			2223	2237
East Ham Station	1804	1817	1832	1847	1902	1917	1931	1945	2000	2014	2029	2044	2059	2113			2228	2242
Manor Park Station	1811	1824	1839	1854	1908	1923	1937	1951	2005	2019	2034	2049	2104	2118			2233	2247
Canning Town Hermit Road	2220			2350														
Canning Town Bus Station	2223			2353														
West Silvertown Station	2227			2357														
London City Airport	2232	Then		0002														
North Woolwich Free Ferry	2238	every 15		0008														
Cyprus Station Cyprus Place	2244	minutes		0014														
Beckton Bus Station	2246	until		0016														
East Ham Newham Town Hall	2251			0021														
East Ham Station	2255			0025														
Manor Park Station	2259			0029														