

488		Mondays to Fridays															
Bromley-by-Bow Tesco	0449 0504 0519 0534 0549 0604 0618 0632 0645 0658 0711 0725 0739		0909 0924 0939 0954		1409												
Bromley-by-Bow Station	0451 0506 0521 0536 0551 0606 0620 0634 0647 0700 0714 0728 0742		0912 0927 0942 0957		1412												
Bow Church	0454 0509 0524 0539 0554 0609 0623 0637 0650 0704 0718 0732 0746	Then every 15 mins. until	0916 0931 0946 1001	Then every 15 mins. until	1416												
Old Ford Parnell Road	0457 0513 0528 0543 0558 0613 0627 0642 0655 0710 0724 0738 0752		0922 0937 0952 1007		1422												
Hackney Wick Chapman Road	0501 0517 0532 0548 0603 0618 0632 0648 0701 0716 0730 0745 0759		0929 0944 0959 1014		1429												
Homerton Hospital Homerton Grove	0506 0522 0537 0553 0609 0624 0640 0657 0710 0725 0739 0754 0808		0938 0953 1008 1022		1437												
Clapton Pond	0510 0527 0543 0559 0615 0630 0647 0704 0719 0734 0749 0804 0819		0949 1004 1019 1033		1448												
Shacklewell Lane Kingsland High St.	0516 0533 0549 0605 0621 0638 0655 0712 0727 0742 0757 0813 0828		0958 1012 1027 1041		1456												
Dalston Junction Kingsland Road	0519 0536 0553 0609 0626 0643 0700 0717 0732 0747 0802 0819 0834		1004 1018 1033 1047		1502												
Bromley-by-Bow Tesco	1424 1438 1452 1506		1706 1721 1736 1751 1806 1821 1836 1851 1907 1923 1940 1957 2018 2039														
Bromley-by-Bow Station	1427 1441 1455 1509		1709 1724 1739 1754 1809 1824 1839 1854 1910 1926 1942 1959 2020 2041														
Bow Church	1431 1445 1459 1513	Then every 15 minutes until	1713 1728 1743 1758 1813 1828 1843 1858 1914 1930 1945 2002 2023 2044														
Old Ford Parnell Road	1437 1451 1505 1520		1720 1735 1750 1805 1819 1834 1849 1904 1920 1936 1951 2007 2028 2049														
Hackney Wick Chapman Road	1444 1458 1512 1527		1727 1742 1756 1811 1825 1840 1855 1910 1926 1941 1956 2012 2033 2054														
Homerton Hospital Homerton Grove	1452 1506 1521 1536		1736 1751 1805 1819 1833 1848 1903 1918 1934 1948 2003 2018 2039 2100														
Clapton Pond	1503 1518 1533 1548		1748 1803 1817 1831 1845 1859 1913 1928 1943 1957 2012 2027 2047 2107														
Shacklewell Lane Kingsland High St.	1512 1527 1542 1557		1757 1811 1825 1839 1853 1907 1921 1936 1951 2005 2019 2034 2054 2114														
Dalston Junction Kingsland Road	1518 1533 1548 1603		1803 1817 1831 1845 1859 1913 1927 1942 1957 2011 2025 2040 2100 2120														
Bromley-by-Bow Tesco	2100 2120 2140 2200 2220 2240 2300 2320 2340 0000 0020 0040																
Bromley-by-Bow Station	2102 2122 2142 2202 2222 2242 2302 2322 2342 0002 0022 0042																
Bow Church	2105 2125 2145 2205 2225 2245 2305 2325 2345 0005 0025 0045																
Old Ford Parnell Road	2110 2130 2150 2209 2229 2249 2309 2329 2349 0009 0029 0049																
Hackney Wick Chapman Road	2115 2135 2155 2214 2234 2254 2313 2333 2353 0013 0033 0053																
Homerton Hospital Homerton Grove	2121 2141 2201 2220 2240 2300 2319 2338 2358 0017 0037 0057																
Clapton Pond	2128 2148 2207 2226 2246 2306 2325 2344 0004 0023 0043 0103																
Shacklewell Lane Kingsland High St.	2135 2155 2214 2233 2253 2312 2331 2350 0010 0029 0049 0109																
Dalston Junction Kingsland Road	2140 2159 2218 2237 2257 2316 2335 2354 0014 0033 0053 0113																
488		Saturdays (also Good Friday)															
Bromley-by-Bow Tesco	0449 0508 0528 0548 0608 0628 0643 0657 0711 0725 0739 0753 0807 0821 0835 0849 0904				1034												
Bromley-by-Bow Station	0451 0510 0530 0550 0610 0630 0645 0659 0713 0727 0741 0755 0809 0823 0837 0851 0906				1036												
Bow Church	0454 0513 0533 0553 0613 0633 0648 0702 0716 0730 0744 0758 0812 0826 0840 0854 0909	Then every 15 minutes until			1039												
Old Ford Parnell Road	0457 0517 0537 0557 0617 0637 0652 0707 0721 0735 0749 0803 0817 0831 0845 0859 0914				1044												
Hackney Wick Chapman Road	0501 0521 0541 0601 0621 0641 0656 0711 0726 0740 0754 0809 0823 0837 0851 0905 0920				1050												
Homerton Hospital Homerton Grove	0506 0526 0546 0606 0626 0646 0701 0716 0731 0745 0800 0815 0829 0843 0857 0912 0927				1057												
Clapton Pond	0510 0530 0550 0611 0631 0651 0706 0721 0736 0751 0806 0821 0835 0850 0905 0920 0935				1105												
Shacklewell Lane Kingsland High St.	0516 0536 0556 0617 0637 0657 0713 0728 0743 0758 0813 0828 0843 0858 0913 0928 0943				1113												
Dalston Junction Kingsland Road	0519 0539 0600 0621 0641 0702 0718 0733 0748 0803 0818 0833 0848 0903 0918 0933 0949				1119												
Bromley-by-Bow Tesco	1049 1104 1119 1134 1149 1204		1749 1804 1819 1834 1849 1904 1920 1940 2000 2020 2040 2100														
Bromley-by-Bow Station	1051 1106 1121 1136 1151 1207		1752 1807 1822 1837 1852 1906 1922 1942 2002 2022 2042 2102														
Bow Church	1054 1109 1124 1139 1155 1211	Then every 15 minutes until	1756 1810 1825 1840 1855 1909 1925 1945 2005 2025 2045 2105														
Old Ford Parnell Road	1059 1115 1130 1145 1201 1217		1802 1816 1831 1846 1901 1915 1930 1950 2010 2030 2050 2110														
Hackney Wick Chapman Road	1105 1121 1136 1151 1207 1223		1808 1822 1837 1852 1906 1920 1935 1955 2015 2035 2055 2115														
Homerton Hospital Homerton Grove	1112 1128 1143 1159 1215 1231		1816 1830 1845 1859 1913 1927 1942 2002 2021 2041 2101 2121														
Clapton Pond	1121 1137 1153 1209 1225 1241		1826 1840 1854 1908 1922 1936 1951 2010 2029 2049 2108 2128														
Shacklewell Lane Kingsland High St.	1129 1145 1201 1217 1233 1249		1834 1848 1902 1916 1930 1944 1958 2017 2036 2056 2115 2135														
Dalston Junction Kingsland Road	1135 1151 1207 1223 1239 1255		1840 1854 1908 1922 1936 1950 2004 2023 2042 2101 2120 2140														
488		Sundays and other Public Holidays (except Christmas Day) (cont.)															
Bromley-by-Bow Tesco	2120 2140 2200 2220 2240 2300 2320 2340 0000 0020 0040		0549 0609 0629 0649 0709 0728 0747 0806 0825														
Bromley-by-Bow Station	2122 2142 2202 2222 2242 2302 2322 2342 0002 0022 0042		0551 0611 0631 0651 0711 0730 0749 0808 0827														
Bow Church	2125 2145 2205 2225 2245 2305 2325 2345 0004 0024 0044		0554 0614 0634 0654 0714 0733 0752 0811 0830														
Old Ford Parnell Road	2130 2150 2209 2229 2249 2309 2329 2349 0008 0028 0048		0558 0618 0638 0658 0718 0737 0756 0816 0835														
Hackney Wick Chapman Road	2135 2155 2214 2234 2254 2313 2333 2353 0012 0032 0052		0602 0622 0642 0702 0722 0741 0800 0821 0841														
Homerton Hospital Homerton Grove	2141 2201 2220 2240 2300 2319 2338 2358 0017 0037 0057		0607 0627 0647 0707 0727 0746 0806 0827 0847														
Clapton Pond	2148 2207 2226 2246 2306 2325 2344 0004 0023 0043 0103		0612 0632 0652 0712 0732 0751 0812 0833 0853														
Shacklewell Lane Kingsland High St.	2155 2214 2233 2253 2312 2331 2350 0010 0029 0049 0109		0617 0637 0657 0717 0737 0757 0818 0839 0900														
Dalston Junction Kingsland Road	2159 2218 2237 2257 2316 2335 2354 0014 0033 0053 0113		0621 0641 0701 0721 0741 0802 0823 0844 0905														
488		Sundays and other Public Holidays (except Christmas Day) (cont.)															
Bromley-by-Bow Tesco	0844 0904 0924 0944 1004 1024 1043 1102 1121 1140 1200 1220 1240				1720 1740 1800 1820 1840												
Bromley-by-Bow Station	0846 0906 0926 0946 1006 1026 1045 1104 1123 1143 1203 1223 1243				1723 1742 1802 1822 1842												
Bow Church	0849 0909 0929 0949 1009 1029 1048 1107 1126 1146 1207 1227 1247	Then every 20 minutes until			1727 1746 1805 1825 1845												
Old Ford Parnell Road	0854 0914 0934 0954 1014 1034 1053 1113 1132 1152 1213 1233 1253				1733 1752 1811 1831 1850												
Hackney Wick Chapman Road	0900 0920 0940 1000 1020 1040 1059 1119 1138 1158 1219 1239 1259				1739 1758 1817 1837 1856												
Homerton Hospital Homerton Grove	0907 0927 0947 1007 1027 1047 1106 1126 1145 1206 1227 1247 1307				1747 1806 1825 1845 1904												
Clapton Pond	0914 0934 0954 1014 1034 1054 1114 1134 1154 1215 1236 1256 1317				1757 1816 1835 1855 1914												
Shacklewell Lane Kingsland High St.	0921 0941 1001 1022 1042 1102 1122 1142 1202 1223 1244 1304 1325				1805 1824 1843 1903 1922												
Dalston Junction Kingsland Road	0926 0946 1007 1028 1048 1108 1128 1148 1208 1229 1250 1310 1331				1811 1830 1849 1908 1927												
Bromley-by-Bow Tesco	1900 1920 1940 2000 2020 2040 2100 2120 2140 2200 2220 2240 2300 2320 2340 0000 0020 0040																
Bromley-by-Bow Station	1902 1922 1942 2002 2022 2042 2102 2122 2142 2202 2222 2242 2302 2322 2342 0002 0022 0042																
Bow Church	1905 1925 1945 2005 2025 2045 2105 2125 2145 2205 2225 2245 2305 2325 2345 0005 0025 0045																
Old Ford Parnell Road	1910 1930 1950 2010 2030 2050 2110 2130 2150 2209 2229 2249 2309 2329 2349 0009 0029 0049																
Hackney Wick Chapman Road	1915 1935 1955 2015 2035 2055 2115 2135 2155 2214 2234 2254 2313 2333 2353 0013 0033 0053																
Homerton Hospital Homerton Grove	1923 1942 2002 2021 2041 2101 2121 2141 2201 2220 2240 2300 2319 2338 2358 0017 0037 0057																
Clapton Pond	1933 1952 2011 2030 2049 2109 2128 2148 2207 2226 2246 2306 2325 2344 0004 0023 0043 0103																
Shacklewell Lane Kingsland High St.	1941 2000 2019 2038 2057 2116 2135 2155 2214 2233 2253 2312 2331 2350 0010 0029 0049 0109																
Dalston Junction Kingsland Road	1946 2005 2024 2043 2102 2121 2140 2159 2218 2237 2257 2316 2335 2354 0014 0033 0053 0113																

488		Mondays to Fridays												
Dalston Junction Bus Station	0430		0545 0559 0613 0626 0640 0653 0706 0720 0734 0748 0802 0816		0916 0931		1031							
Shacklewell Lane Kingsland High St.	0433	Then	0548 0602 0616 0629 0643 0656 0710 0724 0738 0752 0807 0821	Then	0921 0936	Then	1036							
Clapton Pond	0439	every 15	0554 0609 0623 0637 0651 0704 0719 0733 0748 0802 0817 0831	every	0931 0946	every	1046							
Homerton Hospital Homerton Grove	0443	minutes	0558 0614 0628 0642 0656 0710 0725 0740 0755 0810 0825 0839	15	0939 0954	15	1054							
Hackney Wick Chapman Road	0447	until	0602 0618 0632 0647 0701 0716 0731 0746 0801 0816 0831 0846	mins.	0946 1001	mins.	1101							
Old Ford Parnell Road	0451		0606 0622 0637 0652 0707 0722 0737 0752 0807 0822 0837 0852	until	0952 1006	until	1106							
Bromley-by-Bow Tesco	0457		0612 0628 0644 0659 0714 0729 0744 0759 0814 0829 0844 0859		0959 1013		1113							
Dalston Junction Bus Station	1046		1331 1346 1401 1416 1430 1444 1458 1512		1627 1642 1657 1712 1727 1742 1757									
Shacklewell Lane Kingsland High St.	1051	Then	1336 1351 1406 1421 1435 1449 1503 1517	Then	1632 1647 1702 1717 1732 1747 1802									
Clapton Pond	1101	every 15	1346 1401 1416 1431 1445 1459 1514 1528	every 15	1643 1658 1713 1728 1743 1758 1812									
Homerton Hospital Homerton Grove	1109	minutes	1354 1409 1424 1440 1454 1508 1523 1538	minutes	1653 1708 1723 1737 1752 1807 1821									
Hackney Wick Chapman Road	1117	until	1402 1417 1432 1448 1503 1518 1533 1548	until	1703 1718 1732 1746 1801 1815 1829									
Old Ford Parnell Road	1122		1407 1422 1437 1453 1509 1524 1539 1554		1709 1724 1738 1752 1806 1820 1834									
Bromley-by-Bow Tesco	1129		1414 1430 1446 1502 1518 1533 1548 1603		1718 1732 1746 1800 1814 1828 1842									
Dalston Junction Bus Station	1812 1827 1843 1859 1915 1935 1955 2015 2035 2055 2115 2135				2255 2315 2335 2355 0015 0035									
Shacklewell Lane Kingsland High St.	1817 1832 1848 1904 1920 1940 2000 2020 2040 2100 2119 2139	Then			2259 2319 2339 2359 0019 0039									
Clapton Pond	1827 1842 1858 1913 1929 1948 2008 2028 2048 2108 2127 2147	every 20			2307 2326 2346 0006 0026 0046									
Homerton Hospital Homerton Grove	1835 1850 1906 1921 1936 1955 2014 2034 2054 2113 2132 2152	minutes			2312 2331 2351 0011 0031 0051									
Hackney Wick Chapman Road	1843 1858 1913 1928 1943 2002 2021 2040 2100 2119 2138 2157	until			2317 2336 2356 0016 0036 0056									
Old Ford Parnell Road	1848 1903 1918 1933 1948 2007 2026 2045 2104 2123 2142 2201				2321 2340 0000 0020 0040 0100									
Bromley-by-Bow Tesco	1856 1910 1925 1940 1954 2013 2032 2051 2110 2129 2148 2207				2327 2346 0006 0026 0046 0106									
488		Saturdays (also Good Friday)												
Dalston Junction Bus Station	0430		0610 0625 0640 0654 0708 0722 0737 0751 0805 0819 0834 0849 0903 0917 0932 0946 1000											
Shacklewell Lane Kingsland High St.	0433	Then	0613 0628 0643 0657 0711 0725 0740 0754 0809 0823 0838 0853 0907 0921 0936 0950 1004											
Clapton Pond	0439	every 20	0619 0634 0649 0703 0718 0732 0747 0801 0816 0830 0845 0900 0915 0929 0944 0958 1013											
Homerton Hospital Homerton Grove	0443	minutes	0623 0638 0653 0708 0723 0737 0752 0806 0821 0835 0850 0905 0920 0935 0950 1005 1020											
Hackney Wick Chapman Road	0447	until	0627 0642 0657 0712 0727 0742 0757 0811 0826 0841 0856 0911 0926 0941 0956 1011 1026											
Old Ford Parnell Road	0451		0631 0646 0701 0716 0731 0746 0801 0816 0831 0846 0901 0916 0931 0946 1001 1016 1031											
Bromley-by-Bow Tesco	0457		0637 0652 0707 0722 0737 0752 0807 0822 0837 0852 0907 0922 0937 0952 1008 1023 1038											
Dalston Junction Bus Station	1015 1030 1044 1058 1113 1127 1141 1155 1209				1639 1654 1709 1724 1739 1754 1809 1824 1840									
Shacklewell Lane Kingsland High St.	1019 1034 1048 1103 1118 1132 1146 1200 1214	Then			1644 1659 1714 1729 1744 1759 1814 1829 1845									
Clapton Pond	1028 1043 1057 1112 1127 1141 1155 1210 1224	every 15			1654 1709 1724 1739 1754 1809 1824 1839 1855									
Homerton Hospital Homerton Grove	1035 1050 1104 1119 1134 1148 1202 1217 1232	minutes			1702 1716 1731 1746 1801 1816 1831 1846 1902									
Hackney Wick Chapman Road	1041 1056 1111 1126 1141 1155 1210 1225 1240	until			1710 1724 1739 1754 1808 1823 1838 1853 1909									
Old Ford Parnell Road	1046 1101 1116 1131 1146 1200 1215 1230 1245				1715 1729 1744 1759 1813 1828 1843 1858 1914									
Bromley-by-Bow Tesco	1053 1108 1123 1138 1153 1208 1223 1238 1253				1723 1737 1752 1807 1821 1836 1851 1906 1921									
Dalston Junction Bus Station	1856 1912 1933 1954 2015 2035 2055 2115 2135 2155 2215 2235 2255 2315 2335 2355 0015 0035													
Shacklewell Lane Kingsland High St.	1901 1917 1938 1959 2020 2040 2100 2119 2139 2159 2219 2239 2259 2319 2339 2359 0019 0039													
Clapton Pond	1910 1926 1947 2008 2028 2048 2108 2127 2147 2207 2227 2247 2307 2326 2346 0006 0026 0046													
Homerton Hospital Homerton Grove	1917 1932 1953 2014 2034 2054 2113 2132 2152 2212 2232 2252 2312 2331 2351 0011 0031 0051													
Hackney Wick Chapman Road	1924 1939 2000 2020 2040 2100 2119 2138 2157 2217 2237 2257 2317 2336 2356 0016 0036 0056													
Old Ford Parnell Road	1929 1944 2005 2025 2045 2104 2123 2142 2201 2221 2241 2301 2321 2340 0000 0020 0040 0100													
Bromley-by-Bow Tesco	1936 1951 2011 2031 2051 2110 2129 2148 2207 2227 2247 2307 2327 2346 0006 0026 0046 0106													
488		Sundays and other Public Holidays (except Christmas Day)												
Dalston Junction Bus Station	0535		0715 0735 0754 0813 0832 0851 0910 0929 0948 1007 1027 1047 1106 1126 1146 1206 1226											
Shacklewell Lane Kingsland High St.	0538	Then	0718 0738 0757 0816 0835 0854 0913 0932 0951 1011 1031 1051 1110 1130 1150 1211 1231											
Clapton Pond	0544	every 20	0724 0744 0803 0823 0842 0901 0921 0940 0959 1019 1039 1059 1119 1139 1159 1220 1240											
Homerton Hospital Homerton Grove	0548	minutes	0728 0748 0808 0828 0847 0906 0926 0945 1005 1025 1045 1105 1125 1145 1205 1226 1247											
Hackney Wick Chapman Road	0552	until	0732 0753 0813 0833 0852 0912 0932 0952 1012 1032 1052 1112 1132 1152 1212 1233 1254											
Old Ford Parnell Road	0556		0736 0757 0817 0837 0857 0917 0937 0957 1017 1037 1057 1117 1137 1157 1217 1238 1259											
Bromley-by-Bow Tesco	0601		0741 0802 0823 0843 0903 0923 0943 1003 1023 1043 1103 1123 1143 1203 1224 1245 1306											
Dalston Junction Bus Station	1246		1746 1807 1828 1849 1910 1931 1952 2013 2034 2055 2115 2135 2155 2215				0035							
Shacklewell Lane Kingsland High St.	1251	Then	1751 1812 1833 1854 1914 1935 1956 2017 2038 2059 2119 2139 2159 2219	Then		0039								
Clapton Pond	1300	every 20	1800 1821 1842 1903 1923 1944 2005 2025 2046 2107 2127 2147 2207 2226	every 20		0046								
Homerton Hospital Homerton Grove	1307	minutes	1807 1828 1849 1909 1929 1950 2011 2031 2052 2112 2132 2152 2212 2231	minutes		0051								
Hackney Wick Chapman Road	1315	until	1815 1835 1856 1916 1936 1957 2017 2037 2057 2117 2137 2157 2217 2236	until		0056								
Old Ford Parnell Road	1320		1820 1840 1901 1921 1941 2001 2021 2041 2101 2121 2141 2201 2221 2240			0100								
Bromley-by-Bow Tesco	1327		1827 1847 1907 1927 1947 2007 2027 2047 2107 2127 2147 2207 2227 2246			0106								