

488		Mondays to Fridays																
Bromley-by-Bow Tesco	0449	0509	0529	0549	0609	0622	0635	0648	0659	0713	0727	0742	0755	0810	0825	0840	0855	0910
Bromley-by-Bow Station	0451	0511	0531	0551	0611	0624	0637	0650	0702	0716	0730	0745	0758	0813	0828	0843	0858	0913
Bow Church	0454	0514	0534	0554	0614	0627	0640	0653	0706	0720	0734	0749	0802	0817	0832	0847	0902	0917
Old Ford Parnell Road	0457	0517	0537	0557	0618	0631	0644	0657	0711	0725	0739	0754	0808	0823	0838	0853	0908	0923
Hackney Wick Chapman Road	0501	0521	0541	0601	0623	0636	0649	0702	0717	0731	0745	0800	0815	0830	0845	0900	0914	0929
Homerton Hospital Homerton Grove	0506	0526	0546	0608	0630	0645	0700	0713	0726	0741	0756	0810	0825	0840	0855	0910	0924	0939
Clapton Pond	0511	0531	0551	0614	0636	0651	0706	0721	0736	0751	0806	0820	0835	0850	0905	0920	0934	0949
Shacklewell Lane Kingsland High St.	0517	0537	0557	0621	0643	0658	0713	0730	0745	0800	0815	0830	0845	0900	0914	0929	0943	0958
Dalston Junction Kingsland Road	0520	0540	0600	0625	0647	0702	0718	0735	0750	0805	0820	0836	0851	0905	0919	0934	0948	1003
Bromley-by-Bow Tesco	0925	0940	0955	Then every 15 minutes until	1325	1339	1354	1409	1424	1438	1452	1505	Then every 15 minutes until	1705	1720	1735		
Bromley-by-Bow Station	0928	0943	0958		1328	1342	1357	1412	1427	1441	1455	1509		1709	1724	1739		
Bow Church	0932	0947	1002		1332	1346	1401	1416	1431	1445	1459	1513		1713	1728	1743		
Old Ford Parnell Road	0938	0953	1008		1338	1352	1407	1422	1437	1451	1506	1520		1720	1735	1750		
Hackney Wick Chapman Road	0944	0959	1014		1344	1358	1413	1428	1443	1458	1513	1527		1727	1742	1757		
Homerton Hospital Homerton Grove	0954	1009	1023		1353	1407	1422	1437	1452	1507	1522	1537		1737	1752	1807		
Clapton Pond	1004	1019	1033		1403	1418	1433	1448	1503	1518	1533	1548		1748	1803	1818		
Shacklewell Lane Kingsland High St.	1013	1028	1042		1412	1427	1442	1457	1512	1528	1543	1558		1758	1812	1827		
Dalston Junction Kingsland Road	1018	1033	1047	1417	1432	1447	1502	1517	1533	1548	1603	1803	1817	1832				
Bromley-by-Bow Tesco	1751	1807	1823	1838	1853	1908	1923	1938	1954	2016	2038	2059	2119	2139	2200	2220	2240	2300
Bromley-by-Bow Station	1755	1810	1826	1841	1856	1911	1926	1941	1957	2018	2040	2101	2121	2141	2202	2222	2242	2302
Bow Church	1758	1814	1830	1845	1900	1914	1929	1944	2000	2021	2043	2104	2124	2144	2205	2225	2245	2305
Old Ford Parnell Road	1805	1820	1836	1851	1906	1920	1935	1950	2005	2026	2048	2109	2129	2149	2209	2229	2249	2309
Hackney Wick Chapman Road	1812	1827	1843	1858	1912	1926	1941	1956	2010	2031	2053	2114	2134	2154	2213	2233	2253	2313
Homerton Hospital Homerton Grove	1822	1837	1853	1908	1922	1935	1950	2005	2019	2039	2100	2120	2140	2200	2219	2239	2259	2318
Clapton Pond	1833	1848	1904	1917	1931	1944	1959	2013	2027	2047	2107	2127	2147	2207	2226	2246	2306	2324
Shacklewell Lane Kingsland High St.	1842	1857	1912	1925	1939	1952	2007	2021	2035	2055	2115	2134	2154	2214	2233	2253	2312	2330
Dalston Junction Kingsland Road	1847	1902	1917	1930	1944	1957	2011	2025	2039	2059	2119	2138	2158	2217	2236	2256	2315	2333
Bromley-by-Bow Tesco	2320	2340	0000	0020	0040													
Bromley-by-Bow Station	2322	2342	0002	0022	0042													
Bow Church	2325	2345	0005	0025	0045													
Old Ford Parnell Road	2329	2349	0009	0029	0049													
Hackney Wick Chapman Road	2333	2353	0013	0033	0053													
Homerton Hospital Homerton Grove	2338	2358	0018	0038	0058													
Clapton Pond	2343	0003	0023	0043	0103													
Shacklewell Lane Kingsland High St.	2349	0009	0029	0049	0109													
Dalston Junction Kingsland Road	2352	0012	0032	0052	0112													

488		Saturdays (also Good Friday)																
Bromley-by-Bow Tesco	0449	0509	0529	0549	0609	0629	0649	0709	0729	0744	0759	0814	0829	0843	0856	0911	0926	0940
Bromley-by-Bow Station	0451	0511	0531	0551	0611	0631	0651	0711	0731	0746	0801	0816	0831	0845	0858	0913	0928	0942
Bow Church	0454	0514	0534	0554	0614	0634	0654	0714	0734	0749	0804	0819	0834	0848	0901	0916	0931	0945
Old Ford Parnell Road	0457	0517	0537	0557	0618	0638	0658	0718	0738	0753	0809	0824	0839	0853	0906	0921	0936	0950
Hackney Wick Chapman Road	0501	0521	0541	0601	0622	0642	0702	0723	0743	0758	0814	0829	0844	0858	0912	0927	0942	0956
Homerton Hospital Homerton Grove	0506	0526	0546	0606	0627	0647	0708	0729	0749	0804	0820	0835	0850	0904	0919	0934	0949	1003
Clapton Pond	0511	0531	0551	0611	0632	0652	0713	0734	0754	0811	0827	0842	0857	0912	0927	0942	0957	1012
Shacklewell Lane Kingsland High St.	0517	0537	0557	0617	0638	0658	0720	0741	0801	0818	0834	0849	0904	0920	0935	0950	1005	1020
Dalston Junction Kingsland Road	0519	0539	0559	0620	0641	0701	0723	0744	0805	0822	0838	0853	0908	0924	0939	0954	1010	1025
Bromley-by-Bow Tesco	0954	1007	1022	1036	1050	Then every 15 minutes until	1205	1219	1234	1247	1301	1315	Then every 15 minutes until	1500	1515	1530		
Bromley-by-Bow Station	0956	1009	1024	1038	1052		1207	1221	1236	1250	1304	1318		1503	1518	1533		
Bow Church	0959	1013	1028	1042	1056		1211	1225	1240	1254	1309	1323		1508	1523	1538		
Old Ford Parnell Road	1004	1019	1034	1048	1102		1217	1231	1246	1300	1315	1330		1515	1530	1545		
Hackney Wick Chapman Road	1010	1025	1040	1054	1108		1223	1237	1252	1307	1322	1337		1522	1537	1552		
Homerton Hospital Homerton Grove	1018	1033	1048	1102	1117		1232	1246	1301	1316	1331	1346		1531	1546	1601		
Clapton Pond	1027	1042	1057	1111	1126		1241	1255	1310	1325	1340	1355		1540	1555	1610		
Shacklewell Lane Kingsland High St.	1035	1050	1105	1120	1135		1250	1304	1319	1334	1349	1404		1549	1604	1619		
Dalston Junction Kingsland Road	1040	1055	1110	1125	1140		1255	1310	1325	1340	1355	1410		1555	1609	1624		
Bromley-by-Bow Tesco	1545	1600	Then every 15 minutes until	1730	1745	1800	1815	1830	1845	1900	1915	1935	1956	2017	2038	2059	2120	
Bromley-by-Bow Station	1548	1603		1733	1748	1803	1818	1833	1848	1903	1918	1938	1959	2020	2041	2101	2122	
Bow Church	1553	1607		1737	1752	1807	1822	1837	1852	1907	1922	1942	2002	2023	2044	2104	2125	
Old Ford Parnell Road	1600	1613		1743	1758	1813	1828	1843	1858	1913	1928	1948	2007	2028	2049	2109	2130	
Hackney Wick Chapman Road	1607	1620		1750	1805	1819	1834	1849	1904	1919	1934	1954	2013	2033	2054	2114	2135	
Homerton Hospital Homerton Grove	1616	1629		1759	1814	1828	1843	1858	1913	1928	1943	2003	2022	2041	2102	2121	2141	
Clapton Pond	1625	1638		1808	1824	1838	1853	1908	1922	1937	1952	2012	2031	2050	2110	2129	2149	
Shacklewell Lane Kingsland High St.	1634	1647		1817	1833	1847	1902	1916	1930	1945	2000	2020	2039	2058	2117	2136	2156	
Dalston Junction Kingsland Road	1639	1652		1822	1838	1852	1907	1921	1935	1950	2004	2024	2043	2102	2121	2140	2200	
Bromley-by-Bow Tesco	2140	2200	2220	2240	2300	2320	2340	0000	0020	0040								
Bromley-by-Bow Station	2142	2202	2222	2242	2302	2322	2342	0002	0022	0042								
Bow Church	2145	2205	2225	2245	2305	2325	2345	0005	0025	0045								
Old Ford Parnell Road	2150	2209	2229	2249	2309	2329	2349	0009	0029	0049								
Hackney Wick Chapman Road	2155	2213	2233	2253	2313	2333	2353	0013	0033	0053								
Homerton Hospital Homerton Grove	2201	2219	2239	2259	2318	2338	2358	0018	0038	0058								
Clapton Pond	2208	2226	2246	2306	2324	2343	0003	0023	0043	0103								
Shacklewell Lane Kingsland High St.	2215	2233	2253	2312	2330	2349	0009	0029	0049	0109								
Dalston Junction Kingsland Road	2218	2236	2256	2315	2333	2352	0012	0032	0052	0112								
488		Sundays and other Public Holidays (except Christmas Day)																
Bromley-by-Bow Tesco	0550	0620	0650	0710	0730	0750	0810	0830	0850	0910	0930	0949	1008	1028	1047	1107	1127	1146
Bromley-by-Bow Station	0552	0622	0652	0712	0732	0752	0812	0832	0852	0912	0932	0951	1010	1030	1049	1109	1129	1148
Bow Church	0555	0625	0655	0715	0735	0755	0815	0835	0855	0915	0935	0954	1013	1033	1052	1112	1132	1151
Old Ford Parnell Road	0558	0628	0658	0719	0739	0759	0819	0839	0859	0919	0939	0958	1018	1038	1057	1117	1137	1156
Hackney Wick Chapman Road	0602	0632	0702	0724	0744	0804	0825	0845	0905	0925	0945	1004	1024	1044	1103	1123	1143	1202
Homerton Hospital Homerton Grove	0607	0637	0708	0730	0750	0810	0831	0851	0912	0932	0952	1011	1031	1051	1110	1130	1150	1210
Clapton Pond	0612	0642	0714	0736	0756	0816	0837	0857	0919	0939	0959	1019	1039	1059	1119	1139	1159	1220
Shacklewell Lane Kingsland High St.	0618	0648	0720	0742	0802	0823	0844	0904	0926	0947	1007	1027	1047	1107	1127	1147	1207	1228
Dalston Junction Kingsland Road	0620	0650	0722	0744	0805	0826	0847	0908	0930	0951	1011	1031	1051	1111	1131	1151	1211	1232
Bromley-by-Bow Tesco	1204	1222	1241	1300	Then every 20 minutes until	1540	1600	1620	1640	1700	1720	1740	1800	1820	1840	1900	1920	
Bromley-by-Bow Station	1206	1224	1243	1302		1542	1602	1622	1642	1702	1722	1742	1802	1822	1842	1902	1922	
Bow Church	1210	1228	1247	1306		1546	1606	1626	1646	1706	1726	1746	1805	1825	1845	1905	1925	
Old Ford Parnell Road	1216	1234	1253	1312		1552	1612	1632	1652	1712	1732	1752	1811	1831	1851	1910	1930	
Hackney Wick Chapman Road	1222	1240	1259	1318		1558	1618	1638	1658	1718	1738	1758	1817	1837	1857	1916	1936	
Homerton Hospital Homerton Grove	1230	1249	1308	1328		1608	1627	1647	1707	1727	1747	1807	1826	1846	1906	1924	1944	
Clapton Pond	1240	1259	1319	1339		1619	1638	1658	1717	1737	1757	1816	1835	1855	1914	1932	1952	
Shacklewell Lane Kingsland High St.	1248	1307	1327	1347		1627	1646	1706	1725	1745	1805	1824	1843	1903	1922	1940	2000	
Dalston Junction Kingsland Road	1252	1312	1332	1352		1632	1651	1711	1730	1750	1810	1829	1848	1908	1927	1945	2004	
Bromley-by-Bow Tesco	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	Then every 20 minutes until	0040					
Bromley-by-Bow Station	1942	2002	2022	2042	2102	2122	2142	2202	2222	2242	2302		0042					
Bow Church	1945	2005	2025	2045	2105	2125	2145	2205	2225	2245	2305		0045					
Old Ford Parnell Road	1950	2010	2030	2050	2109	2129	2149	2209	2229	2249	2309		0049					
Hackney Wick Chapman Road	1956	2015	2035	2055	2113	2133	2153	2213	2233	2253	2313		0053					
Homerton Hospital Homerton Grove	2004	2022	2042	2102	2120	2139	2159	2219	2239	2259	2318		0058					
Clapton Pond	2012	2030	2050	2109	2127	2146	2206	2225	2245	2305	2323		0103					
Shacklewell Lane Kingsland High St.	2020	2038	2058	2116	2134	2153	2213	2232	2252	2311	2329		0109					
Dalston Junction Kingsland Road	2024	2042	2102	2120	2138	2156	2216	2235	2255	2314	2332		0112					

488		Mondays to Fridays																		
Dalston Junction Bus Station	0430	0450	0510	0530	0550	0605	0620	0635	0650	0702	0717	0732	0745	0759	0814	0829	0845	0900		
Shacklewell Lane Kingsland High St.	0433	0453	0513	0533	0553	0608	0623	0638	0653	0706	0721	0736	0749	0804	0819	0834	0850	0905		
Clapton Pond	0440	0500	0520	0540	0600	0616	0631	0646	0701	0716	0731	0746	0759	0814	0829	0844	0900	0915		
Homerton Hospital Homerton Grove	0444	0504	0524	0544	0605	0621	0636	0651	0707	0722	0737	0752	0807	0822	0837	0852	0907	0922		
Hackney Wick Chapman Road	0449	0509	0529	0549	0611	0627	0642	0657	0714	0730	0745	0800	0816	0831	0846	0901	0915	0930		
Old Ford Parnell Road	0453	0513	0533	0553	0615	0631	0646	0701	0718	0735	0751	0807	0823	0838	0853	0907	0921	0936		
Bromley-by-Bow Tesco	0458	0518	0538	0558	0620	0636	0651	0707	0724	0741	0757	0814	0830	0845	0900	0913	0927	0942		
Dalston Junction Bus Station	0915					1030	1045	1100	1115	1130	1145	1159	1214	1229	1244	1259	1314	1329	1344	1359
Shacklewell Lane Kingsland High St.	0920					1035	1050	1105	1120	1135	1150	1204	1219	1234	1249	1304	1320	1335	1350	1405
Clapton Pond	0930					1045	1100	1115	1130	1145	1200	1215	1230	1245	1300	1315	1331	1346	1401	1416
Homerton Hospital Homerton Grove	0937					1052	1107	1122	1137	1152	1207	1222	1237	1252	1308	1323	1339	1354	1409	1424
Hackney Wick Chapman Road	0945					1100	1117	1132	1147	1202	1217	1232	1247	1302	1318	1333	1349	1404	1419	1434
Old Ford Parnell Road	0951					1106	1123	1138	1153	1208	1223	1238	1253	1308	1324	1339	1355	1410	1425	1440
Bromley-by-Bow Tesco	0957					1112	1129	1144	1159	1215	1230	1245	1300	1315	1331	1346	1402	1418	1433	1448
Dalston Junction Bus Station	1414	1429	1442	1456	1511	1526	1542	1557	1612	1627	1642	1657	1712	1727	1742	1757	1812	1827		
Shacklewell Lane Kingsland High St.	1420	1435	1448	1502	1517	1532	1548	1603	1618	1633	1648	1703	1718	1733	1748	1803	1818	1833		
Clapton Pond	1431	1446	1459	1514	1529	1544	1600	1615	1630	1645	1700	1715	1730	1745	1800	1814	1829	1844		
Homerton Hospital Homerton Grove	1439	1454	1509	1524	1539	1554	1609	1624	1639	1654	1709	1724	1739	1754	1808	1822	1837	1852		
Hackney Wick Chapman Road	1449	1504	1520	1536	1551	1606	1621	1636	1651	1706	1719	1733	1748	1803	1817	1831	1846	1901		
Old Ford Parnell Road	1455	1511	1527	1543	1558	1612	1627	1642	1657	1712	1725	1739	1754	1809	1823	1837	1852	1907		
Bromley-by-Bow Tesco	1503	1519	1535	1551	1606	1620	1635	1650	1705	1720	1733	1747	1802	1816	1830	1844	1859	1914		
Dalston Junction Bus Station	1843	1859	1915	1930	1952	2013	2034	2054	2115	2135	2155	2215	2235	2255	2315				0035	
Shacklewell Lane Kingsland High St.	1849	1905	1920	1935	1957	2018	2039	2059	2119	2139	2159	2219	2239	2259	2318				0038	
Clapton Pond	1900	1915	1930	1945	2007	2027	2048	2108	2128	2148	2208	2227	2247	2307	2325				0045	
Homerton Hospital Homerton Grove	1907	1922	1937	1952	2013	2033	2054	2114	2134	2154	2213	2232	2252	2312	2330				0050	
Hackney Wick Chapman Road	1915	1930	1945	2000	2020	2040	2101	2120	2140	2200	2219	2238	2258	2317	2335				0055	
Old Ford Parnell Road	1921	1936	1951	2005	2025	2045	2106	2125	2145	2205	2224	2243	2303	2321	2339				0059	
Bromley-by-Bow Tesco	1928	1943	1958	2011	2031	2051	2111	2130	2150	2210	2229	2248	2308	2326	2344				0104	
488		Saturdays (also Good Friday)																		
Dalston Junction Bus Station	0430					0650	0710	0725	0740	0755	0810	0825	0840	0854	0908	0923	0938	0952	1005	1020
Shacklewell Lane Kingsland High St.	0432					0652	0713	0728	0743	0758	0814	0829	0844	0858	0912	0927	0942	0956	1010	1025
Clapton Pond	0439					0659	0721	0736	0751	0806	0822	0837	0852	0906	0921	0936	0951	1005	1020	1035
Homerton Hospital Homerton Grove	0443					0703	0725	0741	0756	0811	0827	0842	0857	0912	0927	0942	0957	1012	1027	1042
Hackney Wick Chapman Road	0449					0709	0731	0747	0802	0818	0834	0849	0904	0919	0934	0949	1004	1020	1035	1050
Old Ford Parnell Road	0453					0713	0735	0751	0807	0823	0839	0854	0909	0924	0939	0954	1010	1026	1041	1056
Bromley-by-Bow Tesco	0458					0718	0740	0756	0812	0828	0844	0859	0915	0930	0945	1000	1016	1032	1047	1102
Dalston Junction Bus Station	1035	1050	1105	1120	1135	1150	1204	1219												
Shacklewell Lane Kingsland High St.	1040	1055	1110	1125	1140	1155	1210	1225												
Clapton Pond	1050	1105	1120	1135	1150	1205	1220	1236												
Homerton Hospital Homerton Grove	1057	1112	1128	1144	1159	1214	1229	1245												
Hackney Wick Chapman Road	1105	1121	1137	1153	1208	1223	1238	1254												
Old Ford Parnell Road	1111	1127	1143	1159	1214	1229	1244	1300												
Bromley-by-Bow Tesco	1118	1134	1150	1206	1221	1236	1252	1307												
Dalston Junction Bus Station	2013	2033	2054	2115	2135	2155	2215	2235	2255	2315	2335	2355	0015	0035						
Shacklewell Lane Kingsland High St.	2018	2038	2059	2119	2139	2159	2219	2239	2259	2318	2338	2358	0018	0038						
Clapton Pond	2028	2048	2109	2129	2149	2209	2228	2247	2307	2326	2345	0005	0025	0045						
Homerton Hospital Homerton Grove	2035	2055	2115	2135	2155	2215	2234	2253	2312	2331	2350	0010	0030	0050						
Hackney Wick Chapman Road	2043	2103	2122	2142	2202	2221	2240	2259	2318	2337	2356	0016	0036	0056						
Old Ford Parnell Road	2048	2108	2127	2147	2207	2226	2245	2304	2323	2342	0001	0020	0040	0100						
Bromley-by-Bow Tesco	2054	2114	2133	2153	2212	2231	2250	2309	2328	2347	0006	0025	0045	0105						

488 Sundays and other Public Holidays (except Christmas Day)																					
Dalston Junction Bus Station	0531	0601	0631	0651	0711	0731	0751	0811	0831	0851	0911	0931	0951	1009	1029	1048	1107	1127			
Shacklewell Lane Kingsland High St.	0533	0603	0633	0653	0714	0734	0754	0814	0834	0854	0914	0934	0954	1013	1033	1052	1111	1131			
Clapton Pond	0540	0610	0640	0700	0721	0741	0801	0822	0842	0902	0922	0942	1002	1022	1042	1101	1121	1141			
Homerton Hospital Homerton Grove	0544	0614	0644	0705	0726	0746	0806	0827	0847	0908	0928	0948	1008	1028	1048	1108	1128	1148			
Hackney Wick Chapman Road	0548	0618	0648	0710	0731	0751	0811	0832	0852	0914	0934	0954	1015	1035	1055	1116	1136	1156			
Old Ford Parnell Road	0552	0622	0652	0714	0735	0755	0816	0837	0857	0919	0939	0959	1020	1040	1100	1121	1141	1201			
Bromley-by-Bow Tesco	0557	0627	0657	0719	0740	0800	0821	0842	0902	0924	0944	1004	1026	1046	1106	1127	1147	1208			
Dalston Junction Bus Station	1147	1207	1227	1247						1727	1748	1808	1828	1848	1909	1930	1951	2012	2033	2054	2114
Shacklewell Lane Kingsland High St.	1151	1212	1232	1252						1732	1753	1812	1832	1852	1913	1934	1955	2016	2037	2058	2118
Clapton Pond	1201	1222	1242	1302						1742	1803	1822	1842	1902	1923	1944	2004	2024	2045	2106	2126
Homerton Hospital Homerton Grove	1208	1229	1249	1310						1750	1810	1829	1849	1909	1929	1950	2010	2030	2051	2111	2131
Hackney Wick Chapman Road	1217	1238	1258	1319						1759	1818	1837	1857	1917	1937	1957	2017	2037	2058	2117	2137
Old Ford Parnell Road	1222	1243	1303	1325						1805	1824	1843	1903	1922	1942	2002	2022	2042	2103	2122	2141
Bromley-by-Bow Tesco	1229	1250	1310	1332						1812	1831	1850	1909	1928	1948	2008	2028	2048	2108	2127	2146
Dalston Junction Bus Station	2134	2154	2215	2235	2255	2315	2335	2355	0015	0035											
Shacklewell Lane Kingsland High St.	2138	2158	2218	2238	2258	2318	2338	2358	0018	0038											
Clapton Pond	2146	2206	2226	2246	2306	2325	2345	0005	0025	0045											
Homerton Hospital Homerton Grove	2151	2211	2231	2251	2311	2330	2350	0010	0030	0050											
Hackney Wick Chapman Road	2157	2217	2237	2257	2317	2336	2356	0016	0036	0056											
Old Ford Parnell Road	2201	2221	2241	2301	2321	2340	0000	0020	0040	0100											
Bromley-by-Bow Tesco	2206	2226	2246	2306	2326	2345	0005	0025	0045	0105											

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