

488		Mondays to Fridays															
Bromley-by-Bow Tesco	0449	0504	0519	0534	0549	0604	0618	0632	0645	0658	0711	0725	0739	Then every 15 minutes until	0909	0924	0939
Bromley-by-Bow Station	0451	0506	0521	0536	0551	0606	0620	0634	0647	0700	0714	0728	0742		0912	0927	0942
Bow Church	0454	0509	0524	0539	0554	0609	0623	0637	0650	0704	0718	0732	0746		0916	0931	0946
Old Ford Parnell Road	0457	0513	0528	0543	0558	0613	0627	0642	0655	0710	0724	0738	0752		0922	0937	0952
Hackney Wick Chapman Road	0501	0517	0532	0548	0603	0618	0632	0647	0701	0716	0730	0745	0759		0929	0944	0959
Homerton Hospital Homerton Grove	0506	0522	0537	0553	0609	0624	0640	0654	0710	0725	0739	0754	0808		0938	0953	1008
Clapton Pond	0510	0527	0543	0559	0615	0630	0647	0701	0719	0734	0749	0804	0819		0949	1004	1019
Shacklewell Lane Kingsland High St.	0516	0533	0549	0605	0621	0638	0655	0709	0727	0742	0757	0813	0828	0958	1012	1027	
Dalston Junction Kingsland Road	0519	0536	0553	0609	0626	0643	0700	0714	0732	0747	0802	0819	0834	1004	1018	1033	

Bromley-by-Bow Tesco	0954		1146		1338	1354	1410	1426	1442	1458	1513	1528	1543	1558	1613	1628	1643	1658
Bromley-by-Bow Station	0957		1149		1341	1357	1413	1429	1445	1501	1516	1531	1546	1601	1616	1631	1646	1701
Bow Church	1001	Then	1153	Then	1345	1401	1417	1433	1449	1505	1520	1535	1550	1605	1620	1635	1650	1705
Old Ford Parnell Road	1007	every	1159	every	1351	1407	1423	1439	1455	1512	1527	1542	1557	1612	1627	1642	1657	1712
Hackney Wick Chapman Road	1014	16	1206	16	1358	1414	1430	1446	1502	1519	1534	1549	1604	1619	1634	1649	1704	1719
Homerton Hospital Homerton Grove	1022	mins.	1214	mins.	1406	1422	1438	1454	1510	1528	1542	1557	1612	1627	1643	1658	1713	1728
Clapton Pond	1033	until	1225	until	1417	1432	1447	1502	1517	1540	1547	1602	1617	1632	1649	1705	1722	1740
Shacklewell Lane Kingsland High St.	1041		1233		1425	1441	1457	1514	1529	1549	1559	1614	1629	1644	1659	1714	1731	1749
Dalston Junction Kingsland Road	1047		1239		1431	1447	1503	1520	1535	1555	1605	1620	1635	1650	1705	1720	1737	1755

Bromley-by-Bow Tesco	1713	1728	1743	1758	1813	1828	1843	1858	1913	1933	1953	2013	2033	2053	2113	2133	2153	2213
Bromley-by-Bow Station	1716	1731	1746	1801	1816	1831	1846	1901	1916	1935	1955	2015	2035	2055	2115	2135	2155	2215
Bow Church	1720	1735	1750	1805	1820	1835	1850	1905	1920	1938	1958	2018	2038	2058	2118	2138	2158	2218
Old Ford Parnell Road	1727	1742	1757	1811	1826	1841	1856	1911	1926	1944	2004	2023	2043	2103	2123	2143	2203	2222
Hackney Wick Chapman Road	1734	1748	1803	1817	1832	1847	1902	1917	1932	1949	2009	2028	2048	2108	2128	2148	2208	2227
Homerton Hospital Homerton Grove	1743	1757	1811	1825	1840	1855	1910	1925	1939	1956	2015	2034	2054	2114	2134	2154	2214	2233
Clapton Pond	1755	1809	1821	1835	1850	1905	1919	1934	1948	2005	2023	2042	2102	2121	2141	2201	2220	2239
Shacklewell Lane Kingsland High St.	1803	1817	1829	1843	1858	1913	1927	1942	1956	2012	2030	2049	2109	2128	2148	2208	2227	2246
Dalston Junction Kingsland Road	1809	1823	1835	1849	1904	1919	1933	1948	2002	2018	2036	2055	2114	2133	2153	2212	2231	2250

488		Mondays to Fridays (cont.)							Saturdays (also Good Friday)									
Bromley-by-Bow Tesco	2233	2254	2314	2334	2355	0015	0035	0449	0508	0528	0548	0608	0628	0643	0657	0711	0725	0739
Bromley-by-Bow Station	2235	2256	2316	2336	2357	0017	0037	0451	0510	0530	0550	0610	0630	0645	0659	0713	0727	0741
Bow Church	2238	2259	2319	2339	0000	0020	0040	0454	0513	0533	0553	0613	0633	0648	0702	0716	0730	0744
Old Ford Parnell Road	2242	2303	2323	2343	0004	0024	0044	0457	0517	0537	0557	0617	0637	0652	0707	0721	0735	0749
Hackney Wick Chapman Road	2247	2307	2327	2347	0008	0028	0048	0501	0521	0541	0601	0621	0641	0656	0711	0726	0740	0754
Homerton Hospital Homerton Grove	2253	2312	2332	2352	0012	0032	0052	0506	0526	0546	0606	0626	0646	0701	0716	0731	0745	0800
Clapton Pond	2259	2318	2338	2358	0018	0038	0058	0510	0530	0550	0611	0631	0651	0706	0721	0736	0751	0806
Shacklewell Lane Kingsland High St.	2306	2324	2344	0004	0024	0044	0104	0516	0536	0556	0617	0637	0657	0713	0728	0743	0758	0813
Dalston Junction Kingsland Road	2310	2328	2348	0008	0028	0048	0108	0519	0539	0600	0621	0641	0702	0718	0733	0748	0803	0818

488		Saturdays (also Good Friday)																
Bromley-by-Bow Tesco	0753	0807	0821	0835	0849	0905	0921	0937	0953	1009	1025	1041	1057	1113	1129	1145	1201	1217
Bromley-by-Bow Station	0755	0809	0823	0837	0851	0907	0923	0939	0955	1011	1027	1042	1059	1115	1131	1147	1203	1220
Bow Church	0758	0812	0826	0840	0854	0910	0926	0942	0957	1013	1029	1045	1102	1118	1134	1150	1207	1224
Old Ford Parnell Road	0803	0817	0831	0845	0859	0915	0931	0947	1002	1018	1034	1050	1107	1124	1140	1156	1213	1230
Hackney Wick Chapman Road	0809	0823	0837	0851	0905	0921	0936	0952	1008	1024	1040	1057	1113	1130	1146	1202	1219	1236
Homerton Hospital Homerton Grove	0815	0829	0843	0857	0912	0928	0943	0959	1015	1031	1047	1103	1120	1137	1153	1210	1227	1244
Clapton Pond	0821	0835	0850	0905	0920	0935	0950	1005	1020	1035	1050	1105	1122	1140	1158	1216	1234	1252
Shacklewell Lane Kingsland High St.	0828	0843	0858	0913	0928	0944	1000	1016	1032	1048	1104	1121	1137	1154	1211	1228	1245	1302
Dalston Junction Kingsland Road	0833	0848	0903	0918	0933	0950	1006	1022	1038	1054	1110	1126	1143	1200	1217	1234	1251	1308

Bromley-by-Bow Tesco	1233	1249	1304		1424		1600		1745	1800	1815	1830	1845	1900	1915	1935	1955	2015
Bromley-by-Bow Station	1236	1252	1307		1427		1603		1748	1803	1818	1833	1848	1902	1917	1937	1957	2017
Bow Church	1240	1256	1311	Then	1431	Then	1607	Then	1752	1806	1821	1836	1851	1905	1920	1940	2000	2020
Old Ford Parnell Road	1246	1302	1317	every	1437	every	1613	every	1758	1812	1827	1842	1857	1911	1925	1945	2005	2025
Hackney Wick Chapman Road	1252	1308	1323	16	1443	16	1619	15	1804	1818	1833	1848	1902	1916	1930	1950	2010	2030
Homerton Hospital Homerton Grove	1300	1316	1331	mins.	1451	mins.	1627	mins.	1812	1826	1841	1855	1909	1923	1937	1957	2016	2036
Clapton Pond	1309	1326	1341	until	1501	until	1637	until	1822	1836	1850	1904	1918	1932	1946	2005	2024	2044
Shacklewell Lane Kingsland High St.	1318	1334	1349		1509		1645		1830	1844	1858	1912	1926	1940	1954	2012	2031	2051
Dalston Junction Kingsland Road	1324	1340	1355		1515		1651		1836	1850	1904	1918	1932	1946	2000	2018	2037	2056

488		Sundays and other Public Holidays (except Christmas Day)													Suns and other Pub Hols			
Bromley-by-Bow Tesco	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	0015	0035	0549		0709	0728	0747
Bromley-by-Bow Station	2037	2057	2117	2137	2157	2217	2237	2257	2317	2337	2357	0017	0037	0551	Then	0711	0730	0749
Bow Church	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	2359	0019	0039	0554	every	0714	0733	0752
Old Ford Parnell Road	2045	2105	2125	2145	2204	2224	2244	2304	2324	2344	0003	0023	0043	0558	20	0718	0737	0756
Hackney Wick Chapman Road	2050	2110	2130	2150	2209	2229	2249	2308	2328	2348	0007	0027	0047	0602	mins.	0722	0741	0800
Homerton Hospital Homerton Grove	2056	2116	2136	2156	2215	2235	2255	2314	2333	2353	0012	0032	0052	0607	until	0727	0746	0806
Clapton Pond	2103	2123	2143	2202	2221	2241	2301	2320	2339	2359	0018	0038	0058	0612		0732	0751	0812
Shacklewell Lane Kingsland High St.	2110	2130	2150	2209	2228	2248	2307	2326	2345	0005	0024	0044	0104	--		--	--	--
Dalston Junction Kingsland Road	2115	2135	2154	2213	2232	2252	2311	2330	2349	0009	0028	0048	0108	--		--	--	--

488		Sundays and other Public Holidays (except Christmas Day)																
Bromley-by-Bow Tesco	0806	0825	0844		1024	1043	1102	1121	1140	1200	1220	1240		1720	1740	1800	1820	1840
Bromley-by-Bow Station	0808	0827	0846	Then	1026	1045	1104	1123	1143	1203	1223	1243	Then	1723	1742	1802	1822	1842
Bow Church	0811	0830	0849	every	1029	1048	1107	1126	1146	1207	1227	1247	every	1727	1746	1805	1825	1845
Old Ford Parnell Road	0816	0835	0854	20	1034	1053	1113	1132	1152	1213	1233	1253	20	1733	1752	1811	183	

488		Mondays to Fridays																
Dalston Junction Bus Station	0430	Then every 15 minutes until	0545	0559	0613	0626	0640	0653	0706	0720	0734	0748	0802	0816	0831	0846	0901	
Shacklewell Lane Kingsland High St.	0433		0548	0602	0616	0629	0643	0656	0710	0724	0738	0752	0807	0821	0836	0851	0906	
Clapton Pond	0439		0554	0609	0623	0637	0651	0704	0719	0733	0748	0802	0817	0831	0846	0901	0916	
Homerton Hospital Homerton Grove	0443		0558	0614	0628	0642	0656	0710	0725	0740	0755	0810	0825	0839	0854	0909	0924	
Hackney Wick Chapman Road	0447		0602	0618	0632	0647	0701	0716	0731	0746	0801	0816	0831	0846	0901	0916	0931	
Old Ford Parnell Road	0451		0606	0622	0637	0652	0707	0722	0737	0752	0807	0822	0837	0852	0907	0922	0937	
Bow Church	0455	0610	0626	0642	0657	0712	0727	0742	0757	0812	0827	0842	0857	0912	0927	0942		
Bromley-by-Bow Tesco	0457	0612	0628	0644	0659	0714	0729	0744	0759	0814	0829	0844	0859	0914	0929	0944		
Dalston Junction Bus Station	0916	0931	0946	1002	1018	1034	1050	1106	1122	1138	1154	1210	1226	1242	1258	1314	1330	1346
Shacklewell Lane Kingsland High St.	0921	0936	0951	1007	1023	1039	1055	1111	1127	1143	1159	1215	1231	1247	1303	1319	1335	1351
Clapton Pond	0931	0946	1001	1017	1033	1049	1105	1121	1137	1153	1209	1225	1241	1257	1313	1329	1345	1401
Homerton Hospital Homerton Grove	0939	0954	1009	1025	1041	1057	1113	1129	1145	1201	1217	1233	1249	1305	1321	1337	1353	1409
Hackney Wick Chapman Road	0946	1001	1016	1032	1048	1104	1121	1137	1153	1209	1225	1241	1257	1313	1329	1345	1401	1417
Old Ford Parnell Road	0952	1006	1021	1037	1053	1109	1126	1142	1158	1214	1230	1246	1302	1318	1334	1350	1406	1422
Bow Church	0957	1011	1026	1042	1058	1114	1131	1147	1203	1219	1235	1251	1307	1323	1339	1355	1412	1428
Bromley-by-Bow Tesco	0959	1013	1028	1044	1100	1116	1133	1149	1205	1221	1237	1253	1309	1325	1341	1357	1414	1430
Dalston Junction Bus Station	1402	1418	1434	1450	1506	1521	1536	1551	1606	1621	1636	1651	1706	1721	1736	1751	1807	1822
Shacklewell Lane Kingsland High St.	1407	1423	1439	1455	1511	1526	1541	1556	1611	1626	1641	1656	1711	1726	1741	1756	1812	1827
Clapton Pond	1417	1433	1449	1505	1521	1536	1552	1607	1622	1637	1652	1707	1722	1737	1752	1807	1822	1837
Homerton Hospital Homerton Grove	1425	1442	1458	1514	1530	1546	1602	1617	1632	1647	1702	1716	1731	1746	1801	1815	1830	1845
Hackney Wick Chapman Road	1433	1450	1505	1520	1536	1551	1606	1621	1636	1651	1708	1724	1740	1755	1809	1823	1838	1853
Old Ford Parnell Road	1438	1455	1510	1525	1540	1555	1610	1625	1640	1655	1714	1729	1746	1801	1814	1828	1843	1858
Bow Church	1444	1501	1517	1533	1549	1606	1624	1641	1657	1711	1725	1738	1752	1806	1819	1833	1848	1903
Bromley-by-Bow Tesco	1447	1504	1521	1538	1554	1611	1627	1644	1700	1714	1728	1741	1755	1809	1822	1836	1851	1906
Dalston Junction Bus Station	1838	1854	1910	1931	1952	2012	2032	2053	2114	Then every 20 minutes until	2254	2315	2335	2355	0015	0035		
Shacklewell Lane Kingsland High St.	1843	1859	1915	1936	1957	2017	2037	2058	2118		2258	2319	2339	2359	0019	0039		
Clapton Pond	1853	1909	1924	1944	2005	2025	2045	2106	2126		2306	2326	2346	0006	0026	0046		
Homerton Hospital Homerton Grove	1901	1916	1931	1951	2011	2031	2051	2111	2131		2311	2331	2351	0011	0031	0051		
Hackney Wick Chapman Road	1908	1923	1938	1958	2017	2037	2057	2116	2136		2316	2336	2356	0016	0036	0056		
Old Ford Parnell Road	1913	1928	1943	2003	2022	2042	2102	2120	2140		2320	2340	0000	0020	0040	0100		
Bow Church	1917	1932	1947	2007	2026	2046	2106	2124	2144	2324	2344	0004	0024	0044	0104			
Bromley-by-Bow Tesco	1920	1934	1949	2009	2028	2048	2108	2126	2146	2326	2346	0006	0026	0046	0106			
488		Saturdays (also Good Friday)																
Dalston Junction Bus Station	0430	Then every 20 minutes until	0610	0625	0640	0654	0708	0722	0737	0751	0805	0819	0834	0849	0905	0921	0937	
Shacklewell Lane Kingsland High St.	0433		0613	0628	0643	0657	0711	0725	0740	0754	0809	0823	0838	0853	0909	0925	0941	
Clapton Pond	0439		0619	0634	0649	0703	0718	0732	0747	0801	0816	0830	0845	0900	0917	0933	0949	
Homerton Hospital Homerton Grove	0443		0623	0638	0653	0708	0723	0737	0752	0806	0821	0835	0850	0905	0922	0939	0955	
Hackney Wick Chapman Road	0447		0627	0642	0657	0712	0727	0742	0757	0811	0826	0841	0856	0911	0928	0945	1001	
Old Ford Parnell Road	0451		0631	0646	0701	0716	0731	0746	0801	0816	0831	0846	0901	0916	0933	0950	1006	
Bow Church	0455	0635	0650	0705	0720	0735	0750	0805	0820	0835	0850	0905	0920	0937	0954	1011		
Bromley-by-Bow Tesco	0457	0637	0652	0707	0722	0737	0752	0807	0822	0837	0852	0907	0922	0939	0956	1013		
Dalston Junction Bus Station	0953	1009	1025	1041	1057	1113	1129	1145	1201	1217	1233	1249	1305	1321	1337	1353	1409	1425
Shacklewell Lane Kingsland High St.	0957	1013	1029	1045	1101	1118	1134	1150	1206	1222	1238	1254	1310	1326	1342	1358	1414	1430
Clapton Pond	1005	1022	1038	1054	1110	1127	1143	1159	1216	1232	1248	1304	1320	1336	1352	1408	1424	1440
Homerton Hospital Homerton Grove	1012	1029	1045	1101	1117	1134	1150	1206	1223	1240	1256	1312	1328	1344	1400	1416	1432	1448
Hackney Wick Chapman Road	1018	1035	1051	1107	1124	1141	1157	1214	1231	1248	1304	1320	1336	1352	1408	1424	1440	1456
Old Ford Parnell Road	1023	1040	1056	1112	1129	1146	1202	1219	1236	1253	1309	1325	1341	1357	1413	1429	1445	1501
Bow Church	1028	1045	1101	1117	1134	1151	1208	1225	1242	1259	1315	1331	1347	1403	1419	1435	1451	1507
Bromley-by-Bow Tesco	1030	1047	1103	1119	1136	1153	1210	1227	1244	1301	1317	1333	1349	1405	1421	1437	1453	1509
Dalston Junction Bus Station	1441	1457	1513	1529	1545	1601	1616	1631	1646	1701	1716	1731	1746	1801	1816	1831	1846	1901
Shacklewell Lane Kingsland High St.	1446	1502	1518	1534	1550	1606	1621	1636	1651	1706	1721	1736	1751	1806	1821	1836	1851	1906
Clapton Pond	1456	1512	1528	1544	1600	1616	1631	1646	1701	1716	1731	1746	1801	1816	1831	1846	1901	1915
Homerton Hospital Homerton Grove	1504	1520	1536	1552	1608	1624	1639	1654	1709	1723	1738	1753	1808	1823	1838	1853	1908	1922
Hackney Wick Chapman Road	1512	1528	1544	1600	1616	1632	1647	1702	1717	1731	1746	1801	1815	1830	1845	1900	1915	1929
Old Ford Parnell Road	1517	1533	1549	1605	1621	1637	1652	1707	1722	1736	1751	1806	1820	1835	1850	1905	1920	1934
Bow Church	1523	1539	1555	1611	1627	1643	1658	1713	1728	1742	1757	1812	1826	1841	1856	1911	1925	1939
Bromley-by-Bow Tesco	1525	1541	1557	1613	1629	1645	1700	1715	1730	1744	1759	1814	1828	1843	1858	1913	1927	1941
Dalston Junction Bus Station	1916	1935	1955	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	0015	0035	
Shacklewell Lane Kingsland High St.	1921	1940	2000	2020	2040	2100	2119	2139	2159	2219	2239	2259	2319	2339	2359	0019	0039	
Clapton Pond	1930	1949	2009	2028	2048	2108	2127	2147	2207	2227	2247	2307	2326	2346	0006	0026	0046	
Homerton Hospital Homerton Grove	1936	1955	2015	2034	2054	2113	2132	2152	2212	2232	2252	2312	2331	2351	0011	0031	0051	
Hackney Wick Chapman Road	1943	2002	2021	2040	2100	2119	2138	2157	2217	2237	2257	2317	2336	2356	0016	0036	0056	
Old Ford Parnell Road	1948	2007	2026	2045	2104	2123	2142	2201	2221	2241	2301	2321	2340	0000	0020	0040	0100	
Bow Church	1953	2011	2030	2049	2108	2127	2146	2205	2225	2245	2305	2325	2344	0004	0024	0044	0104	
Bromley-by-Bow Tesco	1955	2013	2032	2051	2110	2129	2148	2207	2227	2247	2307	2327	2346	0006	0026	0046	0106	
488		Sundays and other Public Holidays (except Christmas Day)																
Clapton Pond	0544	Then every 20 minutes until	0724	0744	0803	0823	0842	0901	0921	0940	0959	Then every 20 minutes until	1139	1159	1220	1240		
Homerton Hospital Homerton Grove	0548		0728	0748	0808	0828	0847	0906	0926	0945	1005		1145	1205	1226	1247		
Hackney Wick Chapman Road	0552		0732	0753	0813	0833	0852	0912	0932	0952	1012		1152	1212	1233	1254		
Old Ford Parnell Road	0556		0736	0757	0817	0837	0857	0917	0937	0957	1017		1157	1217	1238	1259		
Bow Church	0559		0739	0800	0821	0841	0901	0921	0941	1001	1021		1201	1222	1243	1304		
Bromley-by-Bow Tesco	0601		0741	0802	0823	0843	0903	0923	0943	1003	1023		1203	1224	1245	1306		