

488 Mondays to Fridays																			
Bromley-by-Bow Tesco	0450		0550	0604	0616			1038		1426	1437	1448	1459	1510	1521		1721		
Bromley-by-Bow Station	0452		0552	0606	0618			1041		1429	1440	1451	1502	1513	1524		1724		
Bow Church	0455	<i>Then</i>	0555	0609	0621	<i>Then</i>		1045	<i>Then</i>	1433	1444	1455	1506	1517	1528	<i>Then</i>	1728		
Old Ford Parnell Road	0458	<i>every 15</i>	0558	0613	0625	<i>about</i>		1051	<i>every</i>	1439	1450	1501	1512	1523	1534	<i>every</i>	1734		
Hackney Wick Chapman Road	0502	<i>minutes</i>	0602	0617	0629	<i>every 12</i>		1056	<i>12</i>	1444	1455	1506	1517	1528	1539	<i>12</i>	1739		
Homerton Hospital Homerton Grove	0506	<i>until</i>	0606	0621	0634	<i>minutes</i>		1102	<i>mins.</i>	1450	1501	1513	1525	1536	1547	<i>mins.</i>	1747		
Clapton Pond	0511		0611	0626	0641	<i>until</i>		1111	<i>until</i>	1459	1511	1523	1535	1547	1558	<i>until</i>	1758		
Shacklewell Lane Kingsland High St.	0517		0617	0632	0647			1119		1507	1519	1531	1543	1555	1607		1807		
Dalston Junction Kingsland Road	0519		0619	0634	0649			1123		1511	1523	1535	1547	1559	1611		1811		
Bromley-by-Bow Tesco	1733	1745	1757	1809	1821	1833	1845	1857	1912	1927	1942	1957	2016	2035	2055		0035		
Bromley-by-Bow Station	1736	1748	1800	1812	1824	1836	1848	1900	1915	1930	1944	1959	2018	2037	2057		0037		
Bow Church	1740	1752	1804	1816	1828	1840	1852	1904	1919	1933	1947	2002	2021	2040	2100	<i>Then</i>	0040		
Old Ford Parnell Road	1746	1758	1810	1822	1834	1845	1857	1909	1924	1938	1952	2007	2026	2044	2104	<i>every 20</i>	0044		
Hackney Wick Chapman Road	1751	1803	1815	1827	1839	1850	1902	1914	1929	1943	1957	2011	2030	2048	2108	<i>minutes</i>	0048		
Homerton Hospital Homerton Grove	1759	1810	1822	1834	1845	1856	1908	1920	1935	1949	2003	2017	2034	2052	2112	<i>until</i>	0052		
Clapton Pond	1810	1821	1832	1843	1854	1905	1917	1929	1943	1957	2011	2025	2040	2058	2118		0058		
Shacklewell Lane Kingsland High St.	1818	1829	1840	1851	1902	1913	1925	1937	1951	2005	2019	2033	2047	2105	2124		0104		
Dalston Junction Kingsland Road	1822	1833	1844	1855	1906	1917	1929	1941	1955	2009	2023	2037	2051	2109	2127		0107		
488 Saturdays (also Good Friday)																			
Bromley-by-Bow Tesco	0450		0630	0645	0700	0715	0730	0745	0800	0815		0903		1027	1039	1050	1102	1113	
Bromley-by-Bow Station	0452		0632	0647	0702	0717	0732	0747	0802	0817	<i>Then</i>	0905		1029	1041	1052	1104	1115	
Bow Church	0455	<i>Then</i>	0635	0650	0705	0720	0735	0750	0805	0820	<i>about</i>	0908	<i>Then</i>	1032	1044	1055	1107	1118	
Old Ford Parnell Road	0458	<i>every</i>	0638	0653	0709	0724	0739	0754	0810	0825	<i>every</i>	0913	<i>every</i>	1037	1049	1100	1112	1123	
Hackney Wick Chapman Road	0502	<i>20</i>	0642	0657	0713	0728	0743	0758	0814	0829	<i>12</i>	0917	<i>12</i>	1041	1053	1105	1117	1128	
Homerton Hospital Homerton Grove	0506	<i>mins.</i>	0646	0701	0717	0733	0748	0803	0819	0834	<i>mins.</i>	0923	<i>mins.</i>	1047	1059	1111	1123	1134	
Clapton Pond	0511	<i>until</i>	0651	0706	0722	0738	0753	0809	0825	0840	<i>until</i>	0931	<i>until</i>	1055	1107	1119	1131	1143	
Shacklewell Lane Kingsland High St.	0517		0657	0713	0729	0745	0800	0816	0832	0847		0938		1102	1115	1127	1139	1151	
Dalston Junction Kingsland Road	0519		0659	0717	0733	0749	0804	0820	0836	0851		0942		1106	1119	1131	1143	1155	
Bromley-by-Bow Tesco	1124	1135	1147		1623	1636	1649		1815		1915	1935	1955	2015	2035	2055		0035	
Bromley-by-Bow Station	1126	1138	1150		1626	1639	1652	<i>Then</i>	1817		1917	1937	1957	2017	2037	2057		0037	
Bow Church	1129	1141	1154	<i>Then</i>	1630	1643	1656	<i>about</i>	1820	<i>Then</i>	1920	1940	2000	2020	2040	2100	<i>Then</i>	0040	
Old Ford Parnell Road	1134	1146	1159	<i>every</i>	1635	1648	1701	<i>every</i>	1825	<i>every</i>	1925	1945	2004	2024	2044	2104	<i>every</i>	0044	
Hackney Wick Chapman Road	1139	1151	1204	<i>12</i>	1640	1653	1705	<i>12</i>	1829	<i>15</i>	1929	1949	2008	2028	2048	2108	<i>20</i>	0048	
Homerton Hospital Homerton Grove	1146	1158	1211	<i>mins.</i>	1647	1700	1712	<i>mins.</i>	1835	<i>mins.</i>	1935	1955	2013	2032	2052	2112	<i>mins.</i>	0052	
Clapton Pond	1156	1208	1221	<i>until</i>	1657	1709	1721	<i>until</i>	1843	<i>until</i>	1943	2003	2021	2039	2059	2118	<i>until</i>	0058	
Shacklewell Lane Kingsland High St.	1204	1216	1229		1705	1717	1729		1850		1950	2010	2028	2046	2106	2124		0104	
Dalston Junction Kingsland Road	1208	1220	1233		1709	1721	1733		1854		1954	2013	2031	2049	2109	2127		0107	
488 Sundays and other Public Holidays (except Christmas Day)																			
Bromley-by-Bow Tesco	0550	0610	0630	0650	0710			0830	0850	0905	0920	0935	0949	1003	1017		1132		
Bromley-by-Bow Station	0552	0612	0632	0652	0712			0832	0852	0907	0922	0937	0951	1005	1019		1134		
Bow Church	0555	0615	0635	0655	0715	<i>Then</i>		0835	0855	0910	0925	0940	0954	1008	1022	<i>Then</i>	1137		
Old Ford Parnell Road	0558	0618	0638	0658	0719	<i>every 20</i>		0839	0859	0914	0929	0944	0958	1013	1027	<i>every 15</i>	1142		
Hackney Wick Chapman Road	0602	0622	0642	0702	0723	<i>minutes</i>		0843	0903	0918	0933	0948	1002	1017	1032	<i>minutes</i>	1147		
Homerton Hospital Homerton Grove	0606	0626	0646	0706	0727	<i>until</i>		0847	0908	0923	0938	0953	1008	1023	1038	<i>until</i>	1153		
Clapton Pond	0611	0631	0651	0711	0732			0852	0913	0929	0945	1000	1015	1030	1045		1200		
Shacklewell Lane Kingsland High St.	0617	0637	0657	0717	0738			0858	0919	0935	0951	1007	1022	1037	1052		1207		
Dalston Junction Kingsland Road	0619	0639	0659	0720	0741			0901	0922	0938	0954	1010	1026	1041	1056		1211		
Bromley-by-Bow Tesco	1147	1202	1217	1232				1617	1632	1647	1703	1719	1735	1750	1805	1820	1835	1855	1915
Bromley-by-Bow Station	1149	1204	1219	1234				1619	1634	1649	1705	1721	1737	1752	1807	1822	1837	1857	1917
Bow Church	1152	1208	1223	1238	<i>Then</i>			1623	1638	1653	1709	1725	1740	1755	1810	1825	1840	1900	1920
Old Ford Parnell Road	1157	1213	1228	1243	<i>every 15</i>			1628	1643	1658	1714	1730	1745	1759	1814	1829	1844	1904	1924
Hackney Wick Chapman Road	1202	1218	1233	1248	<i>minutes</i>			1633	1648	1703	1718	1734	1749	1803	1818	1833	1848	1908	1928
Homerton Hospital Homerton Grove	1209	1225	1240	1255	<i>until</i>			1640	1655	1710	1725	1740	1755	1809	1823	1837	1852	1912	1932
Clapton Pond	1216	1232	1248	1304				1649	1704	1719	1734	1749	1804	1818	1832	1846	1900	1919	1939
Shacklewell Lane Kingsland High St.	1223	1239	1255	1311				1656	1711	1726	1741	1756	1811	1825	1839	1853	1907	1926	1946
Dalston Junction Kingsland Road	1227	1243	1259	1315				1700	1714	1729	1744	1759	1814	1828	1842	1856	1910	1929	1949
Bromley-by-Bow Tesco	1935	1955	2015	2035	2055			0035											
Bromley-by-Bow Station	1937	1957	2017	2037	2057			0037											
Bow Church	1940	2000	2020	2040	2100	<i>Then</i>		0040											
Old Ford Parnell Road	1944	2004	2024	2044	2104	<i>every 20</i>		0044											
Hackney Wick Chapman Road	1948	2008	2028	2048	2108	<i>minutes</i>		0048											
Homerton Hospital Homerton Grove	1952	2012	2032	2052	2112	<i>until</i>		0052											
Clapton Pond	1959	2019	2039	2059	2118			0058											
Shacklewell Lane Kingsland High St.	2006	2026	2046	2106	2124			0104											
Dalston Junction Kingsland Road	2009	2029	2049	2109	2127			0107											

