

496		Mondays to Fridays (school summer holidays)																	
Harold Wood Station	0532	0552	0612	0626	0640	0654	0708	0722	0736	0750	0805	0820	0835	0850	0905	0921	0937	0952	
Harold Hill Dagnam Park Square	0537	0557	0618	0632	0646	0700	0714	0728	0742	0756	0812	0827	0842	0857	0912	0928	0944	0959	
Gallows Corner Straight Road	0546	0606	0627	0641	0655	0711	0725	0739	0753	0807	0823	0838	0853	0908	0923	0939	0955	1010	
Gidea Park Station	0550	0611	0632	0646	0702	0718	0732	0746	0801	0815	0831	0846	0901	0915	0930	0946	1002	1016	
Romford Station	0555	0617	0638	0652	0710	0726	0740	0754	0810	0824	0840	0855	0910	0924	0939	0955	1010	1024	
Romford Market St. Edward's Way	0558	0620	0641	0655	0713	0729	0743	0757	0813	0827	0843	0858	0913	0927	0942	0958	1013	1027	
Romford Brewery	0600	0622	0643	0657	0716	0732	0746	0800	0816	0830	0846	0901	0916	0930	0945	1001	1016	1030	
Queen's Hospital	0602	0624	0645	0659	0718	0734	0748	0802	0818	0832	0848	0903	0918	0932	0947	1003	1018	1032	
Harold Wood Station	1007	Then every 15 minutes until	1407	1421	1435	1448	1501	1516	1531	1547	Then every 15 minutes until	1717	1732	1747	1802	1818			
Harold Hill Dagnam Park Square	1013		1413	1427	1441	1454	1508	1523	1538	1554		1724	1739	1754	1809	1825			
Gallows Corner Straight Road	1024		1424	1438	1452	1506	1520	1535	1550	1606		1736	1751	1806	1821	1837			
Gidea Park Station	1030		1430	1444	1458	1513	1527	1542	1557	1613		1743	1758	1812	1827	1843			
Romford Station	1038		1438	1452	1507	1522	1536	1551	1606	1621		1751	1806	1820	1835	1851			
Romford Market St. Edward's Way	1041		1441	1455	1510	1525	1539	1554	1610	1625		1755	1809	1823	1838	1854			
Romford Brewery	1044		1444	1458	1513	1528	1542	1557	1613	1628		1758	1812	1826	1841	1857			
Queen's Hospital	1046	1446	1501	1516	1531	1545	1600	1616	1631	1801	1814	1828	1843	1859					
496		Mondays to Fridays (school summer holidays) (cont.)														Saturdays (also Good Fri)			
Harold Wood Station	1835	1853	1912	1932	1952	2012	2032	2051	2111	2131	2151	Then every 20 mins. until	2351	0532	Then every 20 minutes until	0712	0731		
Harold Hill Dagnam Park Square	1842	1900	1917	1937	1957	2017	2037	2056	2116	2136	2156		2356	0537		0717	0736		
Gallows Corner Straight Road	1854	1910	1927	1947	2007	2027	2047	2106	2126	2146	2205		0005	0546		0726	0745		
Gidea Park Station	1900	1915	1932	1952	2012	2032	2052	2111	2131	2151	2209		0009	0550		0730	0749		
Romford Station	1906	1921	1938	1958	2018	2038	2058	2117	2137	2157	2214		0014	0555		0735	0754		
Romford Market St. Edward's Way	1909	1924	1941	2001	2021	2041	2101	2120	2140	2200	2217		0017	0558		0738	0758		
Romford Brewery	1911	1926	1943	2003	2023	2043	2103	2122	2142	2202	2219		0019	0600		0740	0800		
Queen's Hospital	1913	1928	1945	2005	2025	2045	2105	2124	2144	2204	2221	0021	0602	0742	0802				
496		Saturdays (also Good Friday) (cont.)																	
Harold Wood Station	0750	0810	0830	0850	0908	0923	0937	0951	1005	Then every 15 mins. until	1105	1120	Then every 15 mins. until	1235	1250	Then every 15 minutes until	1720		
Harold Hill Dagnam Park Square	0755	0815	0835	0855	0914	0929	0943	0957	1011		1111	1126		1241	1256		1726		
Gallows Corner Straight Road	0805	0825	0845	0905	0924	0939	0953	1007	1022		1122	1138		1253	1307		1737		
Gidea Park Station	0809	0829	0849	0909	0929	0944	0958	1013	1028		1128	1144		1259	1313		1743		
Romford Station	0814	0834	0854	0915	0935	0950	1005	1020	1035		1135	1151		1306	1320		1750		
Romford Market St. Edward's Way	0818	0838	0858	0919	0939	0954	1009	1024	1039		1139	1155		1310	1324		1754		
Romford Brewery	0821	0841	0901	0923	0943	0958	1013	1028	1043		1143	1159		1314	1328		1758		
Queen's Hospital	0823	0843	0903	0925	0945	1000	1016	1031	1046	1146	1202	1317	1331	1801					
Harold Wood Station	1735	1751	1807	1822	1837	1853	1911	Then every 20 minutes until	2051	2111	2131	Then every 20 minutes until	2251	2311	2331	2351			
Harold Hill Dagnam Park Square	1741	1757	1813	1828	1843	1859	1916		2056	2116	2136		2256	2316	2336	2356			
Gallows Corner Straight Road	1752	1808	1823	1838	1853	1909	1925		2105	2125	2145		2305	2324	2344	0004			
Gidea Park Station	1758	1813	1828	1843	1858	1914	1930		2110	2130	2149		2309	2328	2348	0008			
Romford Station	1805	1820	1835	1850	1905	1920	1936		2116	2135	2154		2314	2333	2353	0013			
Romford Market St. Edward's Way	1809	1824	1838	1853	1908	1923	1939		2119	2138	2157		2317	2336	2356	0016			
Romford Brewery	1813	1827	1841	1856	1911	1926	1942		2122	2140	2159		2319	2338	2358	0018			
Queen's Hospital	1815	1829	1843	1858	1913	1928	1944	2124	2142	2201	2321	2340	0000	0020					
496		Sundays and other Public Holidays (except Christmas Day)																	
Harold Wood Station	0731	Then every 20 minutes until	0851	0911	0931	0951	1011	1031	1051	1111	Then every 20 minutes until	1311	1331	Then every 20 minutes until	1651				
Harold Hill Dagnam Park Square	0736		0856	0916	0937	0957	1017	1037	1057	1117		1317	1337		1657				
Gallows Corner Straight Road	0745		0905	0925	0946	1007	1027	1047	1107	1127		1327	1347		1707				
Gidea Park Station	0749		0909	0929	0951	1012	1032	1052	1112	1132		1332	1352		1712				
Romford Station	0754		0914	0934	0957	1018	1038	1058	1118	1139		1339	1358		1718				
Romford Market St. Edward's Way	0757		0917	0937	1000	1021	1041	1101	1121	1142		1342	1401		1721				
Romford Brewery	0759		0919	0940	1003	1025	1045	1105	1125	1146		1346	1405		1725				
Queen's Hospital	0801	0921	0942	1005	1027	1048	1108	1128	1149	1349	1408	1728							
Harold Wood Station	1711	1731	1751	1811	Then every 20 minutes until	2111	2131	Then every 20 minutes until	2351										
Harold Hill Dagnam Park Square	1717	1737	1757	1816		2116	2136		2356										
Gallows Corner Straight Road	1727	1747	1807	1825		2125	2144		0004										
Gidea Park Station	1732	1752	1811	1829		2129	2148		0008										
Romford Station	1738	1758	1816	1834		2134	2153		0013										
Romford Market St. Edward's Way	1741	1801	1819	1837		2137	2156		0016										
Romford Brewery	1745	1803	1821	1839		2139	2158		0018										
Queen's Hospital	1747	1805	1823	1841	2141	2200	0020												

496		Mondays to Fridays (school summer holidays)																			
Queen's Hospital	0530	0550	0610	0628	0646	0701	0715	0729	0743		0843	0859	0915	0931	0947		1317				
Romford Brewery	0532	0552	0612	0630	0648	0704	0718	0732	0746	Then	0846	0902	0918	0934	0950		1320				
Romford Market St. Edward's Way	0534	0554	0614	0632	0650	0706	0720	0734	0748	every	0848	0905	0921	0937	0953	Then	1323				
Romford Station Victoria Road	0537	0557	0618	0636	0654	0711	0725	0739	0753	15	0853	0910	0926	0942	0958	every 15	1328				
Gidea Park Station	0542	0602	0624	0642	0701	0718	0732	0746	0800	mins.	0900	0916	0932	0948	1004	minutes	1334				
Gallows Corner Straight Road	0546	0606	0628	0646	0707	0724	0738	0752	0806	until	0906	0922	0938	0954	1009	until	1339				
Harold Hill Dagnam Park Square	0554	0615	0638	0656	0720	0737	0751	0805	0819		0919	0935	0951	1006	1021		1351				
Harold Wood Station	0559	0621	0645	0703	0727	0744	0758	0812	0826		0926	0942	0958	1012	1027		1357				
Queen's Hospital	1332	1347	1402	1417	1432	1447	1501	1515	1530	1545	1600					1715	1730	1745	1800	1815	
Romford Brewery	1335	1350	1405	1420	1435	1450	1504	1518	1533	1548	1603					1718	1733	1748	1802	1817	
Romford Market St. Edward's Way	1338	1353	1408	1423	1438	1453	1507	1521	1536	1551	1606					1721	1736	1751	1805	1820	
Romford Station Victoria Road	1343	1358	1413	1428	1443	1458	1513	1527	1542	1557	1611					1726	1741	1756	1810	1825	
Gidea Park Station	1349	1405	1420	1435	1450	1506	1521	1535	1550	1605	1619					1734	1749	1804	1817	1832	
Gallows Corner Straight Road	1354	1411	1426	1441	1456	1513	1528	1542	1557	1613	1627					1742	1757	1810	1823	1838	
Harold Hill Dagnam Park Square	1407	1424	1439	1454	1509	1526	1541	1555	1610	1626	1640					1755	1810	1823	1836	1851	
Harold Wood Station	1414	1431	1446	1502	1517	1534	1549	1603	1618	1634	1648					1803	1817	1830	1843	1858	
Queen's Hospital	1830	1845	1900	1915	1933	1953			2113	2134	2154	2234	2255	2315	2335	2355					
Romford Brewery	1832	1847	1902	1917	1935	1955			2115	2136	2156	2236	2257	2317	2337	2357					
Romford Market St. Edward's Way	1834	1849	1904	1919	1937	1957		Then	2117	2138	2158	2238	2259	2319	2339	2359					
Romford Station Victoria Road	1838	1853	1908	1923	1941	2001		every 20	2121	2142	2202	2242	2303	2323	2343	0003					
Gidea Park Station	1845	1900	1914	1929	1947	2007		minutes	2127	2147	2207	2247	2308	2328	2348	0008					
Gallows Corner Straight Road	1850	1905	1919	1934	1952	2012		until	2132	2152	2211	2251	2312	2332	2352	0012					
Harold Hill Dagnam Park Square	1901	1916	1930	1945	2003	2021			2141	2201	2220	2300	2320	2340	0000	0020					
Harold Wood Station	1907	1922	1936	1951	2008	2026			2146	2206	2225	2305	2325	2345	0005	0025					
496		Saturdays (also Good Friday)																			
Queen's Hospital	0530		0710	0730	0750	0810	0829	0847	0904	0920	0935	0949	1003	1017			1747	1803	1819		
Romford Brewery	0532	Then	0712	0732	0752	0812	0831	0849	0906	0922	0937	0951	1005	1020	Then		1750	1805	1821		
Romford Market St. Edward's Way	0534	every	0714	0734	0754	0814	0833	0851	0908	0924	0939	0953	1008	1023	every		1753	1808	1823		
Romford Station Victoria Road	0537	20	0717	0737	0757	0817	0836	0855	0912	0928	0943	0958	1013	1028	15		1758	1813	1827		
Gidea Park Station	0542	mins.	0722	0742	0802	0822	0841	0900	0917	0934	0949	1004	1019	1034	mins.		1804	1819	1833		
Gallows Corner Straight Road	0546	until	0726	0746	0806	0826	0845	0904	0922	0939	0954	1010	1025	1040	until		1810	1825	1839		
Harold Hill Dagnam Park Square	0554		0734	0755	0815	0835	0854	0914	0932	0949	1005	1021	1036	1051			1821	1835	1849		
Harold Wood Station	0559		0739	0800	0820	0840	0900	0920	0938	0955	1011	1027	1042	1057			1827	1841	1855		
Queen's Hospital	1835	1850	1905	1920	1935	1952	2012	2032	2052	2113	2134	2154	2214	2234	2255	2315	2335	2355			
Romford Brewery	1837	1852	1907	1922	1937	1954	2014	2034	2054	2115	2136	2156	2216	2236	2257	2317	2337	2357			
Romford Market St. Edward's Way	1839	1854	1909	1924	1939	1956	2016	2036	2056	2117	2138	2158	2218	2238	2259	2319	2339	2359			
Romford Station Victoria Road	1843	1858	1913	1928	1943	2000	2020	2040	2100	2121	2142	2202	2222	2242	2303	2323	2343	0003			
Gidea Park Station	1849	1904	1919	1934	1949	2006	2026	2046	2106	2127	2147	2207	2227	2247	2308	2328	2348	0008			
Gallows Corner Straight Road	1854	1909	1924	1939	1954	2011	2031	2051	2111	2132	2151	2211	2231	2251	2312	2332	2352	0012			
Harold Hill Dagnam Park Square	1904	1918	1933	1948	2003	2020	2040	2100	2120	2141	2200	2220	2240	2300	2320	2340	0000	0020			
Harold Wood Station	1909	1923	1938	1953	2008	2025	2045	2105	2125	2146	2205	2225	2245	2305	2325	2345	0005	0025			
496		Sundays and other Public Holidays (except Christmas Day)																			
Queen's Hospital	0755	0815	0835	0855	0913	0931	0950	1009	1027	1045			1625	1645	1704	1722	1740	1758			
Romford Brewery	0757	0817	0837	0857	0915	0933	0952	1011	1029	1048			1628	1648	1707	1725	1743	1801			
Romford Market St. Edward's Way	0759	0819	0839	0859	0917	0935	0954	1013	1031	1051			1631	1651	1710	1728	1746	1803			
Romford Station Victoria Road	0802	0822	0842	0902	0920	0938	0958	1017	1035	1055			1635	1655	1714	1732	1750	1807			
Gidea Park Station	0807	0827	0847	0907	0925	0943	1003	1022	1041	1101			1641	1701	1720	1738	1756	1813			
Gallows Corner Straight Road	0811	0831	0851	0911	0929	0947	1007	1026	1046	1106			1646	1706	1725	1743	1801	1817			
Harold Hill Dagnam Park Square	0819	0839	0859	0919	0937	0957	1017	1037	1057	1117			1657	1716	1735	1753	1811	1827			
Harold Wood Station	0824	0844	0904	0924	0943	1003	1023	1043	1103	1123			1703	1722	1741	1759	1816	1832			
Queen's Hospital	1816	1834					2114	2135	2155	2215	2235	2255	2315	2335	2355						
Romford Brewery	1818	1836					2116	2137	2157	2217	2237	2257	2317	2337	2357						
Romford Market St. Edward's Way	1820	1838				Then	2118	2139	2159	2219	2239	2259	2319	2339	2359						
Romford Station Victoria Road	1824	1842				every 20	2122	2142	2202	2222	2242	2302	2322	2342	0002						
Gidea Park Station	1830	1847				minutes	2127	2147	2207	2227	2247	2307	2327	2347	0007						
Gallows Corner Straight Road	1834	1851				until	2131	2151	2211	2231	2251	2311	2331	2351	0011						
Harold Hill Dagnam Park Square	1843	1900					2140	2200	2220	2240	2300	2319	2339	2359	0019						
Harold Wood Station	1848	1905					2145	2205	2225	2245	2305	2324	2344	0004	0024						