



496	Saturdays (also Good Friday)																	
Harold Wood Station	0530	0550	0610	0630	0650	0710	0730	0750	0810	0830	0850	0910	0925	0940	0954	1008	1023	1037
Harold Hill <i>Dagnam Park Square</i>	0536	0556	0616	0636	0656	0716	0736	0756	0816	0836	0856	0916	0931	0946	1000	1015	1030	1044
Petersfield Avenue <i>Gooshays Drive</i>	0540	0600	0620	0640	0700	0721	0741	0801	0821	0841	0901	0922	0937	0952	1006	1021	1036	1050
Gallows Corner <i>Straight Road</i>	0545	0605	0625	0645	0705	0726	0746	0806	0826	0846	0907	0928	0943	0958	1012	1027	1042	1056
Gidea Park Station	0549	0609	0629	0649	0709	0730	0750	0811	0831	0851	0912	0933	0948	1003	1018	1033	1048	1102
Romford Station	0554	0614	0634	0654	0715	0736	0756	0817	0837	0858	0919	0940	0955	1011	1026	1041	1056	1110
Romford Market <i>St Edward's Way</i>	0556	0616	0636	0656	0717	0738	0759	0820	0840	0901	0922	0943	0958	1014	1029	1044	1059	1114
Romford Brewery	0558	0618	0638	0658	0719	0740	0801	0822	0843	0904	0925	0946	1001	1017	1032	1047	1102	1117
Queen's Hospital	0600	0620	0640	0700	0721	0742	0803	0824	0845	0906	0927	0948	1003	1019	1034	1049	1104	1119
Harold Wood Station	1051	1106	1120	1134	1149	1204	1219	1235	1250	1305	1320	1336	1352	1408	1423	1438	1453	1508
Harold Hill <i>Dagnam Park Square</i>	1058	1113	1127	1141	1156	1211	1226	1242	1257	1312	1327	1343	1359	1414	1429	1444	1459	1514
Petersfield Avenue <i>Gooshays Drive</i>	1104	1119	1133	1147	1202	1217	1232	1248	1303	1318	1333	1349	1405	1420	1435	1450	1505	1519
Gallows Corner <i>Straight Road</i>	1110	1125	1139	1153	1208	1223	1238	1254	1309	1324	1339	1355	1411	1426	1441	1456	1510	1524
Gidea Park Station	1117	1132	1146	1200	1215	1230	1245	1301	1316	1331	1346	1402	1417	1432	1447	1502	1516	1530
Romford Station	1125	1140	1154	1209	1224	1239	1254	1309	1324	1339	1354	1410	1425	1440	1455	1510	1524	1538
Romford Market <i>St Edward's Way</i>	1129	1144	1158	1213	1228	1243	1258	1313	1328	1343	1358	1413	1428	1443	1458	1513	1527	1541
Romford Brewery	1132	1147	1202	1217	1232	1247	1302	1317	1332	1347	1402	1417	1432	1447	1502	1516	1530	1544
Queen's Hospital	1134	1149	1204	1219	1234	1249	1304	1319	1334	1349	1404	1419	1434	1449	1504	1518	1532	1546
Harold Wood Station	1523	1538	1553	1608	<i>Then every 15 minutes until</i>	1723	1738	1754	1809	1824	1839	1855	1915	1935	1955	2015	2035	
Harold Hill <i>Dagnam Park Square</i>	1529	1544	1559	1614		1729	1744	1800	1815	1830	1845	1901	1921	1941	2001	2021	2041	
Petersfield Avenue <i>Gooshays Drive</i>	1534	1549	1604	1620		1735	1750	1805	1820	1835	1850	1906	1926	1946	2006	2026	2046	
Gallows Corner <i>Straight Road</i>	1539	1554	1609	1625		1740	1755	1810	1825	1840	1855	1911	1931	1951	2011	2031	2051	
Gidea Park Station	1545	1600	1615	1631		1746	1801	1816	1831	1846	1901	1916	1936	1956	2015	2035	2055	
Romford Station	1553	1607	1622	1638		1753	1808	1823	1838	1853	1908	1923	1943	2003	2022	2042	2102	
Romford Market <i>St Edward's Way</i>	1556	1610	1625	1641		1756	1811	1826	1841	1856	1911	1926	1946	2005	2024	2044	2104	
Romford Brewery	1559	1613	1628	1644		1759	1813	1828	1843	1858	1913	1928	1948	2007	2026	2046	2106	
Queen's Hospital	1601	1615	1630	1646		1801	1815	1830	1845	1900	1915	1930	1950	2009	2028	2048	2108	
Harold Wood Station	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355								
Harold Hill <i>Dagnam Park Square</i>	2101	2121	2141	2201	2221	2241	2301	2321	2341	0001								
Petersfield Avenue <i>Gooshays Drive</i>	2106	2126	2146	2205	2225	2245	2305	2325	2345	0005								
Gallows Corner <i>Straight Road</i>	2110	2130	2150	2209	2229	2249	2309	2329	2349	0008								
Gidea Park Station	2114	2134	2154	2213	2233	2253	2313	2333	2353	0012								
Romford Station	2120	2140	2200	2219	2239	2259	2318	2338	2358	0017								
Romford Market <i>St Edward's Way</i>	2122	2142	2202	2221	2241	2301	2320	2340	0000	0019								
Romford Brewery	2124	2144	2204	2223	2243	2303	2322	2342	0002	0021								
Queen's Hospital	2126	2146	2206	2225	2245	2305	2324	2344	0004	0023								
496	Sundays and other Public Holidays (except Christmas Day)																	
Harold Wood Station	0730	0750	0810	0830	0849	0909	0929	0949	1009	1029	1048	1108	1128	1148	1208	1228	1248	1308
Harold Hill <i>Dagnam Park Square</i>	0736	0756	0816	0836	0855	0915	0935	0955	1015	1035	1054	1114	1134	1154	1214	1234	1254	1314
Petersfield Avenue <i>Gooshays Drive</i>	0740	0800	0820	0840	0859	0920	0941	1001	1021	1041	1100	1120	1140	1200	1220	1240	1300	1319
Gallows Corner <i>Straight Road</i>	0745	0805	0825	0845	0904	0925	0946	1006	1026	1046	1105	1125	1145	1206	1226	1246	1306	1325
Gidea Park Station	0749	0809	0829	0849	0908	0929	0951	1011	1031	1051	1111	1131	1151	1212	1232	1252	1312	1331
Romford Station	0754	0814	0834	0854	0914	0935	0957	1018	1038	1058	1118	1138	1158	1219	1239	1259	1319	1338
Romford Market <i>St Edward's Way</i>	0756	0816	0836	0856	0917	0938	1000	1021	1041	1101	1121	1141	1201	1222	1242	1302	1322	1341
Romford Brewery	0758	0818	0838	0858	0919	0940	1002	1023	1043	1103	1123	1143	1203	1224	1244	1304	1324	1344
Queen's Hospital	0800	0820	0840	0900	0921	0942	1004	1025	1045	1105	1125	1145	1205	1226	1246	1306	1326	1346
Harold Wood Station	1328	1349	1409	1430	1451	<i>Then every 20 minutes until</i>	1731	1752	1813	1833	1854	1914	1934	1955	2015	2035	2055	
Harold Hill <i>Dagnam Park Square</i>	1334	1355	1415	1436	1457		1737	1758	1819	1839	1900	1920	1940	2001	2021	2041	2101	
Petersfield Avenue <i>Gooshays Drive</i>	1339	1400	1420	1441	1502		1742	1803	1824	1844	1905	1925	1945	2006	2026	2046	2106	
Gallows Corner <i>Straight Road</i>	1345	1405	1425	1446	1507		1747	1808	1829	1849	1910	1930	1950	2010	2030	2050	2110	
Gidea Park Station	1351	1411	1431	1452	1512		1752	1813	1834	1854	1914	1934	1954	2014	2034	2054	2114	
Romford Station	1358	1418	1438	1459	1519		1759	1819	1840	1900	1920	1940	2000	2020	2040	2100	2120	
Romford Market <i>St Edward's Way</i>	1401	1421	1441	1502	1522		1802	1822	1842	1902	1922	1942	2002	2022	2042	2102	2122	
Romford Brewery	1404	1424	1444	1504	1524		1804	1824	1844	1904	1924	1944	2004	2024	2044	2104	2124	
Queen's Hospital	1406	1426	1446	1506	1526		1806	1826	1846	1906	1926	1946	2006	2026	2046	2106	2126	
Harold Wood Station	2115	2135	2155	2215	2235	2255	2315	2335	2355									
Harold Hill <i>Dagnam Park Square</i>	2120	2140	2200	2220	2240	2300	2320	2340	0000									
Petersfield Avenue <i>Gooshays Drive</i>	2125	2145	2204	2224	2244	2304	2324	2344	0004									
Gallows Corner <i>Straight Road</i>	2129	2149	2208	2228	2248	2308	2328	2348	0008									
Gidea Park Station	2133	2153	2212	2232	2252	2312	2332	2352	0012									
Romford Station	2139	2159	2218	2238	2258	2317	2337	2357	0017									
Romford Market <i>St Edward's Way</i>	2141	2201	2220	2240	2300	2319	2339	2359	0019									
Romford Brewery	2143	2203	2222	2242	2302	2321	2341	0001	0021									
Queen's Hospital	2145	2205	2224	2244	2304	2323	2343	0003	0023									

496	Mondays to Fridays																	
Queen's Hospital	0530	0550	0610	0630	0645	0657	0710	0724	0737	0750	0804	0819	0836	0853	0910	0925	0940	0956
Romford Brewery	0532	0552	0612	0632	0647	0659	0713	0727	0740	0753	0807	0822	0839	0856	0913	0928	0943	0959
Romford Market <i>St Edward's Way</i>	0534	0554	0614	0634	0649	0701	0716	0730	0743	0756	0810	0825	0842	0859	0915	0930	0945	1001
Romford Station <i>Victoria Road</i>	0537	0557	0618	0638	0653	0706	0721	0735	0748	0801	0816	0831	0848	0905	0921	0936	0951	1007
Gidea Park Station	0542	0602	0623	0643	0658	0712	0727	0741	0754	0808	0823	0838	0855	0911	0927	0942	0957	1013
Gallows Corner <i>Straight Road</i>	0546	0606	0627	0648	0704	0719	0734	0749	0803	0818	0833	0848	0904	0919	0934	0949	1004	1019
Petersfield Avenue <i>Gooshays Drive</i>	0550	0611	0632	0653	0710	0725	0740	0755	0810	0825	0840	0855	0910	0925	0940	0955	1010	1025
Harold Hill <i>Dagnam Park Square</i>	0555	0616	0637	0658	0716	0732	0747	0802	0816	0831	0846	0901	0916	0931	0946	1001	1016	1031
Harold Wood Station	0601	0623	0644	0705	0724	0740	0755	0810	0824	0839	0854	0908	0923	0938	0953	1008	1023	1038
Queen's Hospital	1011	1026	1041	1056	1110	Then every 15 minutes until	1340	1355	1410	1422	1437	1450	1504	1519	1534	1548	1602	
Romford Brewery	1014	1029	1044	1059	1113		1343	1358	1413	1425	1440	1453	1507	1522	1537	1551	1606	
Romford Market <i>St Edward's Way</i>	1016	1031	1046	1101	1116		1346	1401	1416	1428	1443	1456	1510	1525	1540	1554	1609	
Romford Station <i>Victoria Road</i>	1022	1037	1052	1107	1122		1352	1407	1422	1434	1449	1502	1517	1532	1547	1601	1616	
Gidea Park Station	1028	1043	1058	1113	1128		1358	1413	1428	1440	1455	1509	1524	1539	1554	1608	1623	
Gallows Corner <i>Straight Road</i>	1034	1049	1104	1119	1134		1404	1419	1435	1447	1503	1518	1533	1548	1603	1618	1633	
Petersfield Avenue <i>Gooshays Drive</i>	1040	1055	1110	1125	1140		1410	1426	1442	1454	1510	1525	1540	1555	1610	1625	1640	
Harold Hill <i>Dagnam Park Square</i>	1046	1101	1116	1131	1146	1416	1432	1448	1500	1516	1531	1546	1601	1616	1631	1646		
Harold Wood Station	1053	1108	1123	1138	1153	1423	1439	1455	1508	1524	1539	1554	1608	1623	1638	1653		
Queen's Hospital	1617	1632	1646	1700	1715	1731	1747	1803	1819	1835	1850	1905	1920	1935	1955	2015	2035	2055
Romford Brewery	1621	1636	1650	1704	1719	1735	1751	1806	1822	1838	1853	1907	1922	1937	1957	2017	2037	2057
Romford Market <i>St Edward's Way</i>	1624	1639	1653	1708	1723	1739	1755	1809	1825	1841	1856	1910	1925	1940	2000	2019	2039	2059
Romford Station <i>Victoria Road</i>	1631	1646	1700	1714	1729	1745	1801	1815	1830	1846	1901	1915	1930	1945	2005	2024	2044	2104
Gidea Park Station	1638	1653	1707	1722	1737	1753	1809	1823	1837	1853	1907	1921	1936	1951	2010	2029	2049	2109
Gallows Corner <i>Straight Road</i>	1648	1703	1718	1733	1748	1804	1818	1832	1845	1901	1914	1927	1942	1957	2015	2034	2054	2113
Petersfield Avenue <i>Gooshays Drive</i>	1655	1710	1725	1740	1755	1810	1824	1838	1851	1906	1919	1932	1947	2002	2020	2039	2059	2118
Harold Hill <i>Dagnam Park Square</i>	1701	1716	1731	1746	1801	1815	1829	1843	1856	1911	1924	1937	1952	2007	2025	2044	2104	2123
Harold Wood Station	1708	1723	1738	1753	1808	1822	1836	1850	1903	1917	1930	1943	1958	2013	2031	2050	2110	2129
Queen's Hospital	2115	2135	2156	2215	2235	2255	2315	2335	2355									
Romford Brewery	2117	2137	2158	2217	2237	2257	2317	2337	2357									
Romford Market <i>St Edward's Way</i>	2119	2139	2200	2219	2239	2259	2319	2339	2359									
Romford Station <i>Victoria Road</i>	2124	2144	2204	2223	2243	2303	2322	2342	0002									
Gidea Park Station	2129	2149	2209	2228	2248	2308	2327	2347	0007									
Gallows Corner <i>Straight Road</i>	2133	2153	2213	2232	2252	2312	2331	2351	0011									
Petersfield Avenue <i>Gooshays Drive</i>	2138	2158	2217	2236	2256	2316	2335	2355	0014									
Harold Hill <i>Dagnam Park Square</i>	2143	2203	2221	2240	2300	2320	2339	2359	0018									
Harold Wood Station	2149	2209	2227	2246	2306	2326	2345	0004	0023									

496		Saturdays (also Good Friday)																	
Queen's Hospital	0530	0550	0610	0630	0650	0710	0730	0750	0810	0830	0850	0910	0925	0940	0954	1007	1022	1036	
Romford Brewery	0532	0552	0612	0632	0652	0712	0732	0752	0812	0832	0852	0912	0927	0942	0956	1010	1025	1039	
Romford Market St Edward's Way	0534	0554	0614	0634	0654	0714	0734	0754	0814	0834	0854	0914	0929	0944	0958	1012	1027	1041	
Romford Station Victoria Road	0537	0557	0617	0637	0657	0718	0738	0758	0818	0838	0858	0919	0934	0949	1003	1018	1033	1047	
Gidea Park Station	0541	0601	0622	0642	0702	0723	0743	0803	0823	0843	0903	0925	0940	0955	1009	1024	1039	1053	
Gallows Corner Straight Road	0545	0605	0626	0646	0706	0727	0747	0807	0827	0847	0908	0930	0945	1000	1015	1030	1045	1059	
Petersfield Avenue Gooshays Drive	0549	0609	0630	0650	0710	0731	0751	0812	0832	0852	0913	0935	0950	1005	1020	1035	1050	1105	
Harold Hill Dagnam Park Square	0553	0613	0634	0654	0714	0735	0755	0817	0837	0857	0918	0940	0955	1011	1026	1041	1056	1111	
Harold Wood Station	0559	0619	0640	0700	0720	0741	0801	0823	0843	0903	0925	0947	1002	1018	1033	1048	1103	1118	
Queen's Hospital	1050	1104	1119	1134	1147	1202	1217	1232	1247	1302	1317	1332	1347	1402	1417	1432	1447	1502	
Romford Brewery	1053	1107	1122	1137	1150	1205	1220	1235	1250	1305	1320	1335	1350	1405	1420	1435	1450	1505	
Romford Market St Edward's Way	1055	1110	1125	1140	1153	1208	1223	1238	1253	1308	1323	1338	1353	1408	1423	1438	1453	1508	
Romford Station Victoria Road	1101	1116	1131	1146	1159	1214	1229	1244	1259	1314	1329	1344	1359	1414	1429	1444	1459	1514	
Gidea Park Station	1107	1122	1137	1152	1205	1220	1235	1250	1305	1320	1335	1350	1405	1420	1435	1450	1505	1520	
Gallows Corner Straight Road	1114	1129	1144	1200	1216	1231	1246	1301	1315	1330	1345	1400	1414	1429	1444	1458	1512	1527	
Petersfield Avenue Gooshays Drive	1120	1135	1150	1206	1222	1237	1252	1307	1321	1336	1351	1405	1419	1434	1449	1503	1517	1532	
Harold Hill Dagnam Park Square	1126	1141	1156	1212	1228	1243	1258	1312	1326	1341	1356	1410	1424	1439	1454	1508	1522	1537	
Harold Wood Station	1133	1148	1203	1219	1235	1250	1305	1319	1333	1348	1403	1417	1431	1446	1501	1515	1529	1544	
Queen's Hospital	1517	1532	1547	Then every 15 minutes until	1732	1747	1802	1817	1832	1848	1904	1919	1935	1955	2015	2035	2055		
Romford Brewery	1520	1535	1550		1735	1750	1805	1819	1834	1850	1906	1921	1937	1957	2017	2037	2057		
Romford Market St Edward's Way	1523	1538	1553		1738	1753	1808	1822	1837	1853	1909	1924	1940	2000	2020	2040	2100		
Romford Station Victoria Road	1529	1544	1559		1744	1759	1813	1827	1842	1858	1914	1929	1945	2005	2025	2045	2105		
Gidea Park Station	1535	1550	1605		1750	1805	1819	1833	1848	1904	1919	1934	1950	2010	2030	2050	2110		
Gallows Corner Straight Road	1542	1557	1612		1757	1811	1825	1839	1854	1909	1924	1939	1955	2014	2034	2054	2114		
Petersfield Avenue Gooshays Drive	1547	1602	1618		1803	1817	1831	1845	1900	1914	1929	1944	2000	2019	2039	2059	2118		
Harold Hill Dagnam Park Square	1552	1607	1623		1808	1822	1836	1850	1905	1919	1934	1949	2005	2024	2044	2104	2123		
Harold Wood Station	1559	1614	1630		1815	1829	1843	1857	1911	1925	1940	1955	2011	2030	2050	2109	2128		
Queen's Hospital	2115	2135	2155	2215	2235	2255	2315	2335	2355										
Romford Brewery	2117	2137	2157	2217	2237	2257	2317	2337	2357										
Romford Market St Edward's Way	2119	2139	2159	2219	2239	2259	2319	2339	2359										
Romford Station Victoria Road	2124	2144	2204	2224	2244	2304	2322	2342	0002										
Gidea Park Station	2129	2149	2209	2229	2249	2309	2327	2347	0007										
Gallows Corner Straight Road	2133	2153	2213	2233	2253	2313	2331	2351	0011										
Petersfield Avenue Gooshays Drive	2137	2157	2217	2237	2257	2316	2334	2354	0014										
Harold Hill Dagnam Park Square	2142	2202	2222	2242	2302	2320	2338	2358	0018										
Harold Wood Station	2147	2207	2227	2247	2307	2325	2343	0003	0023										
496		Sundays and other Public Holidays (except Christmas Day)																	
Queen's Hospital	0750	0810	0830	0849	0908	0928	0947	1005	1025	1045	1102	1122	1142	1200	Then every 20 minutes until	1340	1400		
Romford Brewery	0752	0812	0832	0851	0910	0930	0949	1007	1027	1047	1104	1124	1144	1202		1342	1402		
Romford Market St Edward's Way	0754	0814	0834	0853	0912	0932	0951	1009	1029	1049	1107	1127	1147	1205		1345	1405		
Romford Station Victoria Road	0758	0818	0838	0857	0916	0936	0955	1014	1034	1054	1112	1132	1152	1211		1351	1411		
Gidea Park Station	0802	0822	0842	0901	0921	0941	1000	1019	1039	1059	1118	1138	1158	1217		1357	1417		
Gallows Corner Straight Road	0806	0826	0846	0905	0925	0945	1004	1024	1044	1104	1124	1144	1204	1224		1404	1423		
Petersfield Avenue Gooshays Drive	0811	0831	0851	0910	0930	0950	1009	1029	1049	1109	1129	1149	1209	1229		1409	1428		
Harold Hill Dagnam Park Square	0815	0835	0855	0914	0934	0954	1014	1034	1054	1114	1134	1154	1214	1234		1414	1433		
Harold Wood Station	0820	0840	0900	0920	0940	1000	1020	1040	1100	1120	1140	1200	1220	1240		1420	1439		
Queen's Hospital	1420	1440	1500	1520	1540	1600	1620	1640	1700	1720	1740	1800	1820	1837	1855	1915	1935	1955	
Romford Brewery	1422	1442	1502	1522	1542	1602	1622	1642	1702	1722	1742	1802	1822	1839	1857	1917	1937	1957	
Romford Market St Edward's Way	1425	1445	1505	1525	1545	1605	1625	1645	1705	1725	1745	1804	1824	1841	1859	1919	1939	1959	
Romford Station Victoria Road	1431	1451	1511	1531	1551	1611	1631	1651	1711	1731	1751	1810	1829	1846	1904	1924	1944	2004	
Gidea Park Station	1437	1457	1516	1536	1556	1617	1637	1657	1716	1736	1756	1815	1834	1851	1909	1929	1949	2009	
Gallows Corner Straight Road	1443	1503	1522	1542	1602	1622	1642	1702	1721	1741	1801	1820	1839	1856	1913	1933	1953	2013	
Petersfield Avenue Gooshays Drive	1448	1508	1527	1547	1607	1627	1647	1707	1726	1746	1806	1825	1844	1901	1918	1938	1958	2018	
Harold Hill Dagnam Park Square	1453	1513	1532	1552	1612	1632	1652	1712	1732	1752	1811	1830	1849	1906	1923	1943	2003	2023	
Harold Wood Station	1459	1519	1538	1558	1618	1638	1658	1718	1738	1758	1817	1836	1855	1912	1929	1949	2008	2028	
Queen's Hospital	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355							
Romford Brewery	2017	2037	2057	2117	2137	2157	2217	2237	2257	2317	2337	2357							
Romford Market St Edward's Way	2019	2039	2059	2119	2139	2159	2219	2239	2259	2319	2339	2359							
Romford Station Victoria Road	2023	2043	2103	2123	2143	2203	2222	2242	2302	2322	2342	0002							
Gidea Park Station	2028	2048	2108	2128	2148	2208	2227	2247	2307	2327	2347	0007							
Gallows Corner Straight Road	2032	2052	2112	2132	2152	2212	2231	2251	2311	2331	2351	0011							
Petersfield Avenue Gooshays Drive	2037	2057	2116	2136	2156	2216	2235	2255	2315	2335	2355	0014							
Harold Hill Dagnam Park Square	2042	2102	2121	2141	2201	2221	2240	2300	2319	2339	2359	0018							
Harold Wood Station	2047	2107	2126	2146	2206	2226	2245	2305	2324	2344	0004	0023							