

496	Mondays to Fridays																		
Harold Wood Station	0530	0550	0605	0620	0634	0648	0703	0718	0734	0750	0806	0822	0838	0854	0910	0926	0942	0958	
Harold Hill <i>Dagnam Park Square</i>	0536	0556	0612	0627	0641	0655	0711	0726	0742	0758	0814	0830	0846	0902	0918	0934	0950	1006	
Petersfield Avenue <i>Gooshays Drive</i>	0541	0601	0617	0632	0647	0701	0717	0732	0748	0805	0821	0837	0853	0909	0925	0941	0957	1012	
Gallows Corner <i>Straight Road</i>	0546	0606	0623	0638	0653	0708	0725	0741	0757	0814	0830	0846	0902	0918	0933	0949	1004	1019	
Gidea Park Station	0551	0611	0628	0643	0659	0715	0732	0749	0806	0823	0839	0855	0911	0926	0941	0957	1012	1026	
Romford Station	0557	0617	0634	0650	0707	0724	0742	0800	0817	0834	0851	0907	0922	0936	0951	1006	1021	1035	
Romford Market <i>St Edward's Way</i>	0559	0620	0637	0653	0710	0727	0745	0803	0821	0838	0855	0911	0926	0940	0955	1010	1025	1039	
Romford Brewery	0601	0622	0639	0655	0713	0730	0748	0806	0824	0841	0858	0914	0929	0943	0958	1013	1028	1042	
Queen's Hospital	0603	0624	0641	0658	0716	0733	0751	0809	0827	0844	0901	0917	0931	0945	1000	1015	1030	1044	
Harold Wood Station	1014	1030	1046	1102	1118	Then every 15 minutes until	1303	1318	1333	1347	1401	1415	1428	1442	1457	1512	1527		
Harold Hill <i>Dagnam Park Square</i>	1022	1038	1054	1110	1126		1311	1326	1341	1355	1409	1423	1436	1451	1506	1521	1536		
Petersfield Avenue <i>Gooshays Drive</i>	1028	1044	1100	1116	1132		1317	1332	1347	1401	1416	1430	1444	1459	1514	1529	1544		
Gallows Corner <i>Straight Road</i>	1034	1050	1106	1122	1138		1323	1338	1353	1408	1423	1438	1452	1507	1522	1537	1552		
Gidea Park Station	1041	1056	1112	1128	1144		1329	1344	1359	1414	1429	1445	1459	1514	1530	1545	1600		
Romford Station	1050	1105	1120	1136	1152		1337	1352	1408	1423	1439	1455	1510	1525	1541	1556	1611		
Romford Market <i>St Edward's Way</i>	1054	1109	1124	1140	1156		1341	1356	1412	1427	1443	1459	1514	1529	1545	1600	1615		
Romford Brewery	1057	1112	1127	1143	1159		1344	1359	1415	1430	1446	1502	1517	1532	1548	1603	1618		
Queen's Hospital	1059	1114	1129	1145	1201		1346	1402	1418	1433	1449	1505	1520	1535	1551	1606	1621		
Harold Wood Station	1543	1559	1615	1631	1647	1703	1719	1735	1752	1809	1826	1842	1859	1916	1935	1955	2015	2035	
Harold Hill <i>Dagnam Park Square</i>	1552	1608	1624	1640	1656	1712	1728	1744	1801	1818	1834	1850	1907	1924	1943	2002	2022	2042	
Petersfield Avenue <i>Gooshays Drive</i>	1600	1616	1632	1648	1704	1719	1735	1751	1808	1824	1840	1856	1913	1930	1948	2007	2027	2047	
Gallows Corner <i>Straight Road</i>	1608	1623	1639	1655	1711	1726	1742	1758	1814	1830	1846	1902	1918	1935	1953	2012	2032	2052	
Gidea Park Station	1616	1631	1647	1703	1719	1734	1750	1806	1821	1837	1852	1908	1923	1940	1958	2017	2037	2057	
Romford Station	1627	1642	1658	1714	1729	1744	1759	1815	1830	1845	1900	1915	1930	1947	2005	2024	2044	2103	
Romford Market <i>St Edward's Way</i>	1631	1646	1702	1718	1733	1748	1803	1818	1833	1848	1903	1918	1933	1950	2008	2027	2047	2106	
Romford Brewery	1634	1649	1705	1721	1736	1751	1806	1821	1836	1851	1906	1921	1936	1952	2010	2029	2049	2108	
Queen's Hospital	1637	1652	1708	1724	1739	1754	1809	1824	1839	1853	1908	1923	1938	1954	2012	2031	2051	2110	
Harold Wood Station	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355									
Harold Hill <i>Dagnam Park Square</i>	2102	2122	2142	2202	2222	2242	2302	2322	2342	0002									
Petersfield Avenue <i>Gooshays Drive</i>	2107	2127	2147	2207	2227	2247	2306	2326	2346	0006									
Gallows Corner <i>Straight Road</i>	2111	2131	2151	2211	2231	2251	2310	2330	2350	0010									
Gidea Park Station	2116	2135	2155	2215	2235	2255	2314	2334	2354	0014									
Romford Station	2122	2141	2201	2221	2241	2301	2320	2339	2359	0019									
Romford Market <i>St Edward's Way</i>	2125	2144	2204	2224	2244	2303	2322	2341	0001	0021									
Romford Brewery	2127	2146	2206	2226	2246	2305	2324	2343	0003	0023									
Queen's Hospital	2129	2148	2208	2228	2248	2307	2326	2345	0005	0025									

496		Saturdays (also Good Friday)																	
Harold Wood Station	0530	0550	0610	0630	0650	0710	0730	0750	0810	0830	0850	0905	0919	0933	0947	1002	1017	1032	
Harold Hill <i>Dagnam Park Square</i>	0537	0557	0617	0637	0657	0717	0737	0757	0817	0837	0857	0912	0926	0940	0954	1009	1024	1039	
Petersfield Avenue <i>Gooshays Drive</i>	0541	0601	0622	0642	0702	0722	0742	0802	0822	0842	0902	0917	0932	0946	1000	1015	1030	1045	
Gallows Corner <i>Straight Road</i>	0546	0606	0627	0647	0707	0727	0747	0807	0827	0847	0907	0922	0937	0952	1006	1021	1036	1051	
Gidea Park Station	0550	0610	0631	0651	0711	0732	0752	0812	0833	0853	0913	0928	0943	0958	1013	1028	1043	1058	
Romford Station	0555	0616	0637	0657	0717	0738	0758	0818	0839	0900	0920	0935	0950	1005	1020	1036	1051	1106	
Romford Market <i>St Edward's Way</i>	0557	0618	0639	0700	0720	0741	0801	0821	0842	0903	0924	0939	0954	1009	1024	1040	1055	1110	
Romford Brewery	0559	0620	0641	0702	0722	0743	0803	0823	0844	0905	0926	0941	0956	1012	1027	1043	1058	1113	
Queen's Hospital	0601	0622	0643	0704	0724	0745	0805	0825	0846	0907	0928	0943	0958	1014	1029	1045	1100	1115	
Harold Wood Station	1047	1102	1117	1132	1147	Then every 15 minutes until	1302	1318	1333	1348	1403	1418	1434	1450	1505	1520	1535		
Harold Hill <i>Dagnam Park Square</i>	1054	1109	1124	1139	1154		1309	1325	1340	1355	1410	1425	1441	1457	1512	1527	1542		
Petersfield Avenue <i>Gooshays Drive</i>	1100	1115	1130	1145	1200		1315	1331	1346	1401	1416	1431	1447	1503	1518	1533	1548		
Gallows Corner <i>Straight Road</i>	1106	1121	1136	1151	1207		1322	1337	1352	1407	1422	1437	1453	1509	1523	1538	1553		
Gidea Park Station	1113	1128	1143	1158	1214		1329	1344	1359	1414	1429	1444	1500	1515	1529	1544	1559		
Romford Station	1121	1137	1152	1207	1223		1338	1353	1408	1423	1438	1453	1508	1523	1537	1552	1607		
Romford Market <i>St Edward's Way</i>	1125	1141	1156	1211	1227		1342	1357	1412	1427	1442	1457	1512	1527	1541	1556	1610		
Romford Brewery	1128	1144	1200	1215	1231		1346	1401	1416	1431	1446	1501	1516	1531	1545	1559	1613		
Queen's Hospital	1130	1146	1202	1217	1233		1348	1403	1418	1433	1448	1503	1518	1533	1547	1601	1615		
Harold Wood Station	1550	1604	1618	1632	Then every 15 minutes until	1802	1818	1833	1849	1909	1930	1951	2011	2031	2052	2113	2134		
Harold Hill <i>Dagnam Park Square</i>	1557	1611	1625	1639		1809	1825	1840	1856	1916	1937	1958	2018	2038	2059	2120	2141		
Petersfield Avenue <i>Gooshays Drive</i>	1603	1617	1631	1645		1815	1831	1846	1902	1922	1942	2003	2023	2043	2104	2125	2146		
Gallows Corner <i>Straight Road</i>	1608	1622	1636	1650		1820	1836	1851	1907	1927	1947	2008	2028	2048	2109	2129	2150		
Gidea Park Station	1614	1628	1642	1656		1826	1842	1857	1912	1932	1952	2013	2033	2053	2114	2134	2154		
Romford Station	1622	1636	1650	1704		1834	1850	1905	1920	1940	2000	2020	2040	2100	2120	2140	2200		
Romford Market <i>St Edward's Way</i>	1625	1639	1653	1707		1837	1853	1908	1923	1943	2003	2023	2043	2103	2123	2143	2203		
Romford Brewery	1628	1642	1656	1710		1840	1855	1910	1925	1945	2005	2025	2045	2105	2125	2145	2205		
Queen's Hospital	1630	1644	1658	1712		1842	1857	1912	1927	1947	2007	2027	2047	2107	2127	2147	2207		
Harold Wood Station	2154	2214	2234	2254	2315	2335	2355												
Harold Hill <i>Dagnam Park Square</i>	2201	2221	2241	2301	2322	2342	0002												
Petersfield Avenue <i>Gooshays Drive</i>	2206	2226	2246	2306	2326	2346	0006												
Gallows Corner <i>Straight Road</i>	2210	2230	2250	2310	2330	2350	0010												
Gidea Park Station	2214	2234	2254	2314	2334	2354	0014												
Romford Station	2220	2240	2300	2319	2339	2359	0019												
Romford Market <i>St Edward's Way</i>	2223	2243	2302	2321	2341	0001	0021												
Romford Brewery	2225	2245	2304	2323	2343	0003	0023												
Queen's Hospital	2227	2247	2306	2325	2345	0005	0025												
496		Sundays and other Public Holidays (except Christmas Day)																	
Harold Wood Station	0630	0700	0730	0750	0810	0830	0849	0909	0929	0949	1009	1029	1049	1108	1128	1148	1208	1228	
Harold Hill <i>Dagnam Park Square</i>	0637	0707	0737	0757	0817	0837	0856	0916	0936	0956	1016	1036	1056	1115	1135	1155	1215	1235	
Petersfield Avenue <i>Gooshays Drive</i>	0642	0712	0742	0802	0822	0842	0901	0922	0942	1002	1022	1042	1102	1121	1141	1201	1221	1241	
Gallows Corner <i>Straight Road</i>	0647	0717	0747	0807	0827	0847	0906	0927	0947	1008	1028	1048	1108	1127	1147	1207	1227	1247	
Gidea Park Station	0651	0721	0751	0811	0831	0852	0911	0932	0952	1013	1033	1053	1113	1133	1153	1214	1234	1254	
Romford Station	0657	0727	0757	0817	0837	0858	0918	0939	0959	1020	1040	1100	1121	1141	1201	1222	1242	1302	
Romford Market <i>St Edward's Way</i>	0659	0730	0800	0820	0840	0901	0921	0942	1002	1023	1043	1103	1124	1144	1204	1225	1245	1305	
Romford Brewery	0701	0732	0802	0822	0842	0903	0923	0944	1005	1026	1046	1107	1128	1149	1209	1230	1250	1310	
Queen's Hospital	0703	0734	0804	0824	0844	0905	0925	0946	1007	1028	1048	1109	1130	1151	1211	1232	1252	1312	
Harold Wood Station	1248	1308	1328	1349	1410	1431	1451	1511	1531	1551	1611	Then every 20 minutes until	1951	2012	2032	2052	2113		
Harold Hill <i>Dagnam Park Square</i>	1255	1315	1335	1356	1417	1438	1458	1518	1538	1558	1618		1958	2019	2039	2059	2120		
Petersfield Avenue <i>Gooshays Drive</i>	1301	1321	1341	1401	1422	1443	1503	1523	1543	1603	1623		2003	2024	2044	2104	2125		
Gallows Corner <i>Straight Road</i>	1307	1327	1347	1407	1428	1449	1509	1529	1549	1608	1628		2008	2029	2049	2109	2129		
Gidea Park Station	1314	1334	1354	1414	1435	1455	1515	1535	1554	1613	1633		2013	2034	2054	2113	2133		
Romford Station	1322	1342	1402	1422	1442	1502	1522	1542	1601	1620	1640		2020	2040	2100	2119	2139		
Romford Market <i>St Edward's Way</i>	1325	1345	1405	1425	1445	1505	1525	1545	1604	1623	1643		2023	2043	2103	2122	2142		
Romford Brewery	1330	1350	1410	1429	1449	1509	1529	1549	1608	1626	1645		2025	2045	2105	2124	2144		
Queen's Hospital	1332	1352	1412	1431	1451	1511	1531	1551	1610	1628	1647		2027	2047	2107	2126	2146		
Harold Wood Station	2134	2155	2215	2235	2255	2315	2335	2355											
Harold Hill <i>Dagnam Park Square</i>	2141	2201	2221	2241	2301	2321	2341	0001											
Petersfield Avenue <i>Gooshays Drive</i>	2146	2205	2225	2245	2305	2325	2345	0005											
Gallows Corner <i>Straight Road</i>	2150	2209	2229	2249	2309	2329	2349	0009											
Gidea Park Station	2154	2213	2233	2253	2313	2333	2353	0013											
Romford Station	2200	2219	2239	2259	2318	2338	2358	0018											
Romford Market <i>St Edward's Way</i>	2202	2221	2241	2301	2320	2340	0000	0020											
Romford Brewery	2204	2223	2243	2303	2322	2342	0002	0022											
Queen's Hospital	2206	2225	2245	2305	2324	2344	0004	0024											

496	Mondays to Fridays																		
Queen's Hospital	0530	0550	0610	0625	0640	0654	0709	0723	0737	0751	0807	0823	0840	0857	0914	0931	0948	1005	
Romford Brewery	0533	0553	0613	0628	0643	0657	0712	0726	0740	0754	0810	0826	0843	0900	0917	0934	0951	1008	
Romford Market <i>St Edward's Way</i>	0535	0555	0615	0630	0645	0700	0715	0729	0743	0757	0813	0829	0846	0903	0920	0937	0954	1011	
Romford Station <i>Victoria Road</i>	0538	0558	0618	0634	0650	0705	0720	0735	0749	0803	0819	0835	0852	0909	0926	0943	1000	1017	
Gidea Park Station	0544	0604	0624	0641	0657	0712	0727	0742	0756	0812	0828	0844	0901	0918	0935	0951	1008	1024	
Gallows Corner <i>Straight Road</i>	0548	0608	0629	0646	0703	0718	0734	0750	0805	0821	0837	0853	0910	0926	0943	0959	1015	1030	
Petersfield Avenue <i>Gooshays Drive</i>	0552	0613	0634	0651	0708	0725	0741	0757	0813	0829	0845	0901	0917	0933	0949	1005	1021	1036	
Harold Hill <i>Dagnam Park Square</i>	0558	0619	0640	0657	0714	0731	0748	0804	0820	0836	0852	0908	0924	0939	0955	1011	1027	1042	
Harold Wood Station	0605	0626	0647	0704	0721	0739	0756	0812	0828	0844	0900	0916	0932	0947	1003	1019	1035	1050	
Queen's Hospital	1022	1038	1054	1110	1125	1140	1155	Then every 15 minutes until	1310	1325	1341	1356	1411	1426	1441	1457	1513		
Romford Brewery	1025	1041	1057	1113	1128	1143	1158		1313	1328	1344	1359	1414	1429	1444	1500	1516		
Romford Market <i>St Edward's Way</i>	1028	1044	1100	1116	1131	1146	1201		1316	1331	1347	1402	1417	1432	1447	1503	1519		
Romford Station <i>Victoria Road</i>	1034	1050	1106	1122	1137	1152	1208		1323	1338	1354	1409	1424	1439	1454	1510	1526		
Gidea Park Station	1041	1057	1113	1129	1144	1159	1215		1330	1345	1401	1416	1432	1447	1502	1518	1535		
Gallows Corner <i>Straight Road</i>	1047	1103	1119	1135	1150	1205	1221		1336	1351	1407	1423	1439	1455	1510	1527	1544		
Petersfield Avenue <i>Gooshays Drive</i>	1053	1109	1125	1141	1156	1211	1227		1342	1357	1414	1430	1446	1502	1517	1534	1551		
Harold Hill <i>Dagnam Park Square</i>	1059	1115	1131	1147	1202	1217	1233		1348	1403	1420	1436	1453	1509	1524	1541	1558		
Harold Wood Station	1106	1122	1138	1154	1209	1224	1240		1355	1411	1428	1444	1501	1517	1532	1549	1606		
Queen's Hospital	1529	1545	1600	1616	1631	1647	1702	1718	1734	1750	1805	1820	1835	1851	1906	1921	1937	1957	
Romford Brewery	1532	1548	1603	1619	1634	1650	1705	1721	1737	1753	1808	1823	1838	1854	1909	1924	1940	2000	
Romford Market <i>St Edward's Way</i>	1535	1551	1606	1622	1637	1653	1708	1724	1740	1756	1811	1826	1841	1857	1912	1927	1943	2003	
Romford Station <i>Victoria Road</i>	1542	1558	1613	1629	1644	1700	1715	1731	1747	1803	1818	1833	1848	1903	1918	1933	1948	2008	
Gidea Park Station	1551	1607	1622	1638	1653	1709	1724	1740	1756	1811	1826	1841	1855	1910	1925	1940	1955	2015	
Gallows Corner <i>Straight Road</i>	1600	1617	1632	1648	1704	1720	1735	1751	1807	1822	1836	1850	1903	1917	1931	1946	2001	2020	
Petersfield Avenue <i>Gooshays Drive</i>	1607	1624	1639	1655	1711	1727	1742	1758	1814	1829	1842	1856	1909	1923	1936	1951	2006	2025	
Harold Hill <i>Dagnam Park Square</i>	1614	1631	1646	1702	1717	1733	1748	1804	1820	1835	1848	1902	1914	1928	1941	1956	2011	2030	
Harold Wood Station	1622	1639	1654	1710	1725	1741	1756	1811	1827	1842	1855	1909	1920	1934	1947	2002	2017	2036	
Queen's Hospital	2017	2037	2057	2117	2137	2156	2215	2235	2255	2315	2335	2355							
Romford Brewery	2020	2040	2100	2120	2140	2159	2218	2238	2258	2317	2337	2357							
Romford Market <i>St Edward's Way</i>	2023	2043	2103	2123	2143	2201	2220	2240	2300	2319	2339	2359							
Romford Station <i>Victoria Road</i>	2028	2048	2108	2128	2148	2206	2224	2244	2304	2323	2343	0003							
Gidea Park Station	2035	2054	2114	2134	2154	2212	2230	2250	2310	2328	2348	0008							
Gallows Corner <i>Straight Road</i>	2040	2059	2119	2139	2159	2217	2234	2254	2314	2332	2352	0012							
Petersfield Avenue <i>Gooshays Drive</i>	2045	2104	2124	2144	2204	2222	2239	2258	2318	2336	2356	0016							
Harold Hill <i>Dagnam Park Square</i>	2050	2109	2129	2149	2209	2226	2243	2302	2322	2340	0000	0020							
Harold Wood Station	2056	2115	2135	2155	2215	2232	2249	2308	2328	2346	0006	0026							

496		Saturdays (also Good Friday)																	
Queen's Hospital	0530	0550	0610	0630	0650	0710	0730	0750	0810	0830	0850	0910	0925	0940	0954	1008	1022	1036	
Romford Brewery	0532	0552	0612	0632	0652	0713	0733	0753	0813	0833	0853	0913	0928	0943	0957	1011	1025	1039	
Romford Market St Edward's Way	0534	0554	0614	0634	0654	0715	0735	0755	0815	0835	0855	0915	0931	0946	1000	1014	1028	1042	
Romford Station Victoria Road	0538	0558	0618	0638	0658	0719	0739	0759	0819	0840	0900	0920	0936	0951	1005	1019	1033	1048	
Gidea Park Station	0542	0603	0623	0643	0703	0724	0744	0805	0825	0846	0906	0926	0942	0957	1012	1026	1040	1055	
Gallows Corner Straight Road	0546	0607	0627	0647	0708	0729	0749	0810	0830	0851	0911	0931	0947	1002	1017	1032	1047	1102	
Petersfield Avenue Gooshays Drive	0550	0611	0631	0651	0712	0733	0753	0814	0835	0856	0916	0936	0952	1007	1022	1037	1052	1107	
Harold Hill Dagnam Park Square	0554	0615	0635	0655	0716	0737	0758	0819	0840	0901	0921	0941	0957	1012	1028	1043	1058	1113	
Harold Wood Station	0600	0621	0641	0701	0722	0743	0804	0825	0846	0907	0928	0948	1004	1019	1035	1050	1105	1120	
Queen's Hospital	1050	1104	1119	1134	1149	1204	1218	1232	Then every 15 minutes until	1347	1402	1417	1432	1447	1502	1518	1533		
Romford Brewery	1053	1107	1122	1137	1152	1207	1221	1235		1350	1405	1420	1435	1450	1505	1521	1536		
Romford Market St Edward's Way	1056	1110	1125	1140	1155	1210	1224	1238		1353	1408	1423	1438	1453	1508	1524	1539		
Romford Station Victoria Road	1102	1116	1131	1146	1201	1216	1231	1245		1400	1415	1430	1445	1500	1515	1531	1546		
Gidea Park Station	1109	1123	1138	1153	1208	1223	1238	1252		1407	1422	1437	1452	1507	1522	1538	1553		
Gallows Corner Straight Road	1117	1131	1146	1202	1217	1232	1247	1302		1417	1431	1446	1501	1516	1531	1546	1600		
Petersfield Avenue Gooshays Drive	1122	1137	1152	1208	1223	1238	1253	1308		1423	1437	1452	1507	1522	1537	1552	1606		
Harold Hill Dagnam Park Square	1128	1143	1158	1214	1229	1244	1259	1314		1429	1443	1458	1513	1528	1543	1558	1612		
Harold Wood Station	1135	1150	1205	1221	1236	1251	1306	1321		1436	1450	1505	1520	1535	1550	1605	1619		
Queen's Hospital	1548	Then every 15 minutes until	1748	1803	1818	1834	1849	1904	1919	1936	1956	2016	2036	2056	2116	2137	2157		
Romford Brewery	1551		1751	1806	1821	1837	1852	1907	1922	1939	1959	2019	2039	2059	2119	2140	2200		
Romford Market St Edward's Way	1554		1754	1809	1824	1840	1855	1910	1925	1942	2002	2022	2042	2102	2122	2142	2202		
Romford Station Victoria Road	1601		1801	1815	1830	1846	1901	1916	1931	1947	2007	2027	2047	2107	2127	2147	2207		
Gidea Park Station	1608		1808	1822	1837	1852	1907	1922	1937	1953	2013	2033	2053	2113	2133	2153	2213		
Gallows Corner Straight Road	1615		1815	1829	1843	1858	1913	1928	1943	1959	2018	2038	2058	2118	2138	2158	2218		
Petersfield Avenue Gooshays Drive	1621		1821	1835	1849	1904	1919	1933	1948	2004	2023	2043	2103	2123	2143	2203	2223		
Harold Hill Dagnam Park Square	1627		1827	1841	1855	1909	1924	1938	1953	2009	2028	2048	2108	2128	2148	2208	2228		
Harold Wood Station	1634		1834	1848	1902	1916	1930	1944	1959	2015	2034	2054	2114	2134	2154	2214	2234		
Queen's Hospital	2216	2235	2255	2315	2335	2355													
Romford Brewery	2218	2237	2257	2317	2337	2357													
Romford Market St Edward's Way	2220	2239	2259	2319	2339	2359													
Romford Station Victoria Road	2225	2244	2304	2324	2343	0003													
Gidea Park Station	2231	2250	2310	2329	2348	0008													
Gallows Corner Straight Road	2236	2255	2314	2333	2352	0012													
Petersfield Avenue Gooshays Drive	2241	2259	2318	2337	2356	0016													
Harold Hill Dagnam Park Square	2246	2304	2323	2342	0001	0021													
Harold Wood Station	2252	2310	2329	2348	0007	0027													
496		Sundays and other Public Holidays (except Christmas Day)																	
Queen's Hospital	0650	0720	0750	0810	0830	0849	0908	0927	0946	1004	1022	1040	1058	1116	1134	1153	1212	1232	
Romford Brewery	0652	0722	0752	0812	0832	0851	0911	0930	0949	1007	1025	1043	1101	1119	1137	1156	1215	1235	
Romford Market St Edward's Way	0654	0724	0754	0814	0834	0853	0913	0932	0951	1009	1027	1045	1103	1122	1140	1159	1218	1238	
Romford Station Victoria Road	0658	0728	0758	0818	0838	0857	0917	0936	0955	1014	1032	1050	1109	1128	1146	1205	1224	1244	
Gidea Park Station	0703	0733	0803	0823	0843	0902	0922	0941	1000	1020	1038	1056	1116	1135	1153	1212	1231	1251	
Gallows Corner Straight Road	0707	0737	0807	0827	0847	0906	0926	0945	1004	1024	1044	1103	1123	1142	1200	1219	1239	1259	
Petersfield Avenue Gooshays Drive	0712	0742	0812	0832	0852	0911	0931	0950	1009	1029	1049	1108	1128	1148	1206	1225	1245	1305	
Harold Hill Dagnam Park Square	0716	0746	0816	0837	0857	0916	0936	0955	1014	1034	1054	1113	1133	1153	1212	1231	1251	1311	
Harold Wood Station	0722	0752	0822	0843	0903	0922	0942	1001	1020	1040	1100	1119	1139	1159	1218	1237	1257	1317	
Queen's Hospital	1252	Then every 20 minutes until	1512	1532	1553	1613	1633	1654	1715	1735	1755	1815	1835	1855	1915	1935	1955		
Romford Brewery	1255		1515	1536	1557	1617	1637	1658	1719	1739	1759	1818	1838	1858	1918	1938	1958		
Romford Market St Edward's Way	1258		1518	1539	1600	1620	1640	1701	1722	1742	1802	1821	1841	1900	1920	1940	2000		
Romford Station Victoria Road	1304		1524	1545	1606	1626	1646	1707	1728	1748	1808	1827	1846	1905	1925	1945	2005		
Gidea Park Station	1311		1531	1552	1613	1633	1653	1714	1735	1754	1814	1833	1852	1911	1931	1951	2011		
Gallows Corner Straight Road	1319		1539	1559	1620	1640	1700	1720	1740	1759	1819	1838	1857	1916	1936	1956	2016		
Petersfield Avenue Gooshays Drive	1325		1545	1605	1625	1645	1705	1725	1745	1804	1824	1843	1902	1921	1941	2001	2021		
Harold Hill Dagnam Park Square	1331		1551	1611	1631	1651	1711	1730	1750	1809	1829	1848	1907	1926	1946	2006	2026		
Harold Wood Station	1337		1557	1617	1637	1657	1717	1736	1756	1815	1835	1854	1913	1932	1952	2012	2032		
Queen's Hospital	2015	2035	2054	2114	2135	2155	2215	2235	2255	2315	2335	2355							
Romford Brewery	2018	2038	2057	2117	2137	2157	2217	2237	2257	2317	2337	2357							
Romford Market St Edward's Way	2020	2040	2059	2119	2139	2159	2219	2239	2259	2319	2339	2359							
Romford Station Victoria Road	2025	2045	2104	2124	2144	2204	2224	2244	2304	2323	2343	0002							
Gidea Park Station	2031	2051	2110	2130	2150	2209	2229	2249	2309	2328	2348	0007							
Gallows Corner Straight Road	2036	2055	2114	2134	2154	2213	2233	2253	2313	2332	2352	0011							
Petersfield Avenue Gooshays Drive	2041	2100	2118	2138	2158	2217	2237	2257	2317	2336	2356	0015							
Harold Hill Dagnam Park Square	2046	2105	2123	2143	2203	2222	2241	2301	2321	2340	0000	0019							
Harold Wood Station	2052	2111	2129	2149	2209	2228	2247	2307	2327	2346	0006	0025							