

496	Mondays to Fridays																		
Harold Wood Station	0530	0550	0610	0626	0642	0658	0714	0730	0746	0802	0818	0834	0850	0906	0922	0938	0954	1010	
Harold Hill <i>Dagnam Park Square</i>	0536	0556	0616	0632	0648	0704	0722	0738	0754	0810	0826	0842	0858	0914	0930	0945	1001	1017	
Petersfield Avenue <i>Gooshays Drive</i>	0541	0601	0621	0637	0653	0709	0728	0744	0800	0817	0833	0849	0905	0921	0937	0951	1007	1023	
Gallows Corner <i>Straight Road</i>	0546	0606	0627	0643	0659	0718	0737	0753	0809	0828	0844	0900	0915	0930	0946	1000	1016	1031	
Gidea Park Station	0550	0611	0632	0648	0707	0727	0746	0802	0818	0838	0854	0910	0924	0938	0954	1008	1024	1039	
Romford Station	0556	0617	0639	0657	0716	0737	0757	0814	0831	0851	0907	0922	0935	0949	1005	1019	1034	1049	
Romford Market <i>St Edward's Way</i>	0558	0620	0643	0701	0720	0741	0801	0819	0836	0856	0912	0926	0939	0953	1009	1023	1038	1053	
Romford Brewery	0600	0622	0645	0703	0723	0744	0804	0822	0839	0859	0915	0929	0942	0956	1012	1026	1041	1056	
Queen's Hospital	0602	0624	0647	0705	0725	0746	0806	0824	0841	0901	0917	0931	0944	0958	1014	1028	1043	1058	
Harold Wood Station	1026	1042	1058	1114	1130	1146	1202	1218	1234	1250	1306	1322	1338	1354	1410	1426	1442	1458	
Harold Hill <i>Dagnam Park Square</i>	1033	1049	1105	1121	1137	1153	1209	1225	1241	1257	1313	1329	1345	1401	1417	1433	1449	1505	
Petersfield Avenue <i>Gooshays Drive</i>	1039	1055	1111	1127	1143	1159	1215	1231	1247	1303	1319	1335	1351	1407	1423	1439	1455	1512	
Gallows Corner <i>Straight Road</i>	1047	1103	1119	1135	1151	1207	1223	1239	1255	1311	1327	1343	1359	1415	1431	1447	1504	1521	
Gidea Park Station	1055	1111	1127	1143	1159	1215	1231	1247	1303	1319	1335	1351	1407	1423	1439	1456	1513	1530	
Romford Station	1105	1121	1137	1153	1209	1225	1241	1257	1313	1329	1345	1401	1417	1433	1450	1507	1524	1541	
Romford Market <i>St Edward's Way</i>	1109	1125	1141	1157	1213	1229	1245	1301	1317	1333	1349	1405	1421	1437	1454	1511	1528	1545	
Romford Brewery	1112	1128	1144	1200	1216	1232	1248	1304	1320	1336	1352	1408	1424	1440	1457	1514	1531	1548	
Queen's Hospital	1114	1130	1146	1202	1218	1234	1250	1306	1322	1338	1354	1410	1426	1442	1459	1516	1533	1550	
Harold Wood Station	1514	1530	1546	1602	1618	1634	1650	1706	1722	1738	1754	1810	1826	1842	1903	1924	1945	2006	
Harold Hill <i>Dagnam Park Square</i>	1521	1538	1554	1610	1625	1641	1657	1714	1730	1746	1802	1818	1834	1850	1910	1931	1952	2013	
Petersfield Avenue <i>Gooshays Drive</i>	1528	1545	1601	1617	1632	1648	1704	1721	1737	1753	1809	1824	1840	1856	1915	1936	1957	2018	
Gallows Corner <i>Straight Road</i>	1537	1554	1610	1626	1641	1657	1713	1730	1746	1802	1817	1832	1848	1903	1920	1941	2002	2023	
Gidea Park Station	1546	1603	1619	1635	1650	1706	1722	1739	1755	1811	1826	1840	1856	1910	1925	1946	2007	2028	
Romford Station	1558	1615	1630	1646	1701	1717	1733	1750	1806	1822	1837	1851	1907	1921	1932	1953	2014	2034	
Romford Market <i>St Edward's Way</i>	1602	1619	1634	1650	1705	1721	1737	1754	1810	1826	1841	1855	1912	1925	1936	1957	2016	2036	
Romford Brewery	1605	1622	1637	1653	1708	1724	1740	1757	1813	1828	1843	1857	1914	1927	1938	1959	2018	2038	
Queen's Hospital	1607	1624	1639	1655	1710	1726	1742	1759	1815	1830	1845	1859	1916	1929	1940	2001	2020	2040	
Harold Wood Station	2027	2048	2109	2130	2150	2210	2230	2250	2310	2330	2350								
Harold Hill <i>Dagnam Park Square</i>	2033	2054	2115	2136	2156	2216	2236	2256	2316	2336	2356								
Petersfield Avenue <i>Gooshays Drive</i>	2038	2059	2120	2141	2201	2220	2240	2300	2320	2340	0000								
Gallows Corner <i>Straight Road</i>	2043	2104	2124	2145	2205	2224	2244	2304	2324	2344	0004								
Gidea Park Station	2048	2109	2129	2150	2210	2228	2248	2308	2328	2348	0008								
Romford Station	2054	2115	2135	2156	2216	2234	2254	2314	2333	2353	0013								
Romford Market <i>St Edward's Way</i>	2056	2117	2137	2158	2218	2236	2256	2316	2335	2355	0015								
Romford Brewery	2058	2119	2139	2200	2220	2238	2258	2318	2337	2357	0017								
Queen's Hospital	2100	2121	2141	2202	2222	2240	2300	2320	2339	2359	0019								

496	Mondays to Fridays																	
Queen's Hospital	0530	0550	0610	0630	0650	0706	0722	0738	0754	0810	0826	0842	0858	0914	0930	0946	1002	1018
Romford Brewery	0532	0552	0612	0632	0652	0708	0725	0741	0757	0813	0829	0845	0901	0917	0933	0949	1005	1021
Romford Market <i>St Edward's Way</i>	0534	0554	0614	0634	0654	0710	0728	0744	0800	0816	0832	0848	0904	0919	0935	0951	1007	1023
Romford Station <i>Victoria Road</i>	0537	0557	0618	0638	0658	0716	0734	0750	0806	0823	0839	0855	0911	0926	0942	0958	1014	1030
Gidea Park Station	0542	0602	0623	0643	0705	0724	0742	0758	0815	0832	0848	0904	0919	0934	0950	1006	1022	1038
Gallows Corner <i>Straight Road</i>	0546	0606	0628	0650	0713	0733	0752	0809	0827	0844	0900	0915	0929	0943	0959	1015	1030	1046
Petersfield Avenue <i>Gooshays Drive</i>	0550	0611	0635	0657	0721	0741	0800	0818	0836	0853	0909	0923	0937	0951	1007	1023	1038	1054
Harold Hill <i>Dagnam Park Square</i>	0555	0616	0640	0702	0727	0748	0807	0824	0842	0859	0915	0929	0943	0957	1013	1029	1044	1100
Harold Wood Station	0601	0623	0647	0709	0735	0756	0815	0832	0850	0907	0922	0936	0950	1004	1020	1036	1051	1107
Queen's Hospital	1034	1050	1106	1122	1138	1154	1210	1226	1242	1258	1314	1330	1346	1402	1418	1434	1450	1506
Romford Brewery	1037	1053	1109	1125	1141	1157	1213	1229	1245	1301	1317	1333	1349	1405	1421	1437	1453	1509
Romford Market <i>St Edward's Way</i>	1039	1055	1111	1128	1144	1200	1216	1232	1248	1304	1320	1336	1352	1408	1424	1440	1456	1512
Romford Station <i>Victoria Road</i>	1046	1102	1118	1135	1151	1207	1223	1239	1255	1311	1327	1343	1359	1415	1431	1447	1503	1520
Gidea Park Station	1054	1110	1126	1143	1159	1215	1231	1247	1303	1319	1335	1351	1407	1423	1439	1455	1512	1529
Gallows Corner <i>Straight Road</i>	1102	1118	1134	1151	1207	1223	1239	1255	1311	1327	1343	1359	1415	1431	1448	1505	1523	1540
Petersfield Avenue <i>Gooshays Drive</i>	1110	1126	1142	1159	1215	1231	1247	1303	1319	1335	1351	1407	1423	1440	1457	1514	1532	1549
Harold Hill <i>Dagnam Park Square</i>	1116	1132	1148	1205	1221	1237	1253	1309	1325	1341	1357	1413	1429	1446	1503	1520	1538	1555
Harold Wood Station	1123	1139	1155	1212	1228	1244	1300	1316	1332	1348	1404	1420	1436	1453	1511	1528	1546	1603
Queen's Hospital	1522	1538	1554	1610	1626	1642	1658	1714	1730	1746	1802	1818	1834	1850	1906	1922	1938	1954
Romford Brewery	1525	1541	1557	1614	1630	1646	1702	1718	1734	1750	1806	1821	1837	1853	1908	1924	1940	1956
Romford Market <i>St Edward's Way</i>	1528	1544	1600	1617	1633	1649	1705	1722	1738	1754	1809	1824	1840	1856	1911	1927	1943	1959
Romford Station <i>Victoria Road</i>	1536	1552	1608	1625	1641	1657	1713	1729	1745	1801	1816	1831	1846	1902	1916	1932	1948	2004
Gidea Park Station	1545	1601	1617	1634	1650	1706	1722	1739	1755	1811	1826	1840	1855	1910	1922	1938	1954	2010
Gallows Corner <i>Straight Road</i>	1556	1612	1629	1646	1702	1718	1735	1752	1808	1822	1837	1850	1905	1919	1928	1944	2000	2015
Petersfield Avenue <i>Gooshays Drive</i>	1605	1621	1638	1655	1711	1727	1744	1801	1816	1830	1845	1858	1912	1926	1934	1950	2006	2020
Harold Hill <i>Dagnam Park Square</i>	1611	1627	1644	1701	1717	1733	1750	1807	1821	1835	1850	1903	1917	1931	1939	1955	2011	2025
Harold Wood Station	1618	1634	1651	1708	1724	1740	1757	1814	1828	1842	1857	1910	1923	1937	1945	2001	2017	2031
Queen's Hospital	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355						
Romford Brewery	2017	2037	2057	2117	2137	2157	2217	2237	2257	2317	2337	2357						
Romford Market <i>St Edward's Way</i>	2019	2039	2059	2119	2139	2159	2219	2239	2259	2319	2339	2359						
Romford Station <i>Victoria Road</i>	2024	2044	2104	2124	2144	2204	2223	2243	2303	2322	2342	0002						
Gidea Park Station	2029	2049	2109	2129	2149	2209	2228	2248	2308	2327	2347	0007						
Gallows Corner <i>Straight Road</i>	2034	2054	2113	2133	2153	2213	2232	2252	2312	2331	2351	0011						
Petersfield Avenue <i>Gooshays Drive</i>	2039	2059	2118	2138	2158	2217	2236	2256	2316	2335	2355	0014						
Harold Hill <i>Dagnam Park Square</i>	2044	2104	2123	2143	2203	2221	2240	2300	2320	2339	2359	0018						
Harold Wood Station	2050	2110	2129	2149	2209	2227	2246	2306	2325	2345	0004	0023						

