

678

Beckton – Plaistow – Stratford

678	Mondays to Fridays (school days)
Beckton <i>Bus Station</i>	0750 0755 0800
Cyprus Station <i>Cyprus Place</i>	0753 0758 0803
Prince Regent Station	0758 0803 0808
Plaistow <i>Abbey Arms</i>	0804 0809 0814
Plaistow <i>Broadway Balaam Street</i>	0808 0813 0818
Forest Gate <i>Upton Lane</i>	0818 0823 0828
Stratford <i>Bus Station</i>	0832 0837 0842
678	No service on Saturdays, Sundays or school or Public Holidays.

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Upton Lane – Plaistow – Beckton

678	Mondays to Fridays (school days)
Upton Lane <i>St George's Road</i>	1530 -- 1535 1540
Upton Lane <i>West Ham Park</i>	1535 1540 1540 1545
Plaistow <i>Broadway Balaam Street</i>	1549 1554 1554 1559
Plaistow <i>Abbey Arms</i>	1552 1557 1557 1602
Prince Regent Station	1558 1603 1603 1608
Cyprus Station <i>Cyprus Place</i>	1604 1609 1609 1614
Beckton <i>Bus Station</i>	1606 1611 1611 1616
678	No service on Saturdays, Sundays or school or Public Holidays.