

# EL1

## Barking Riverside – Barking – Ilford

EL1		Mondays to Fridays																												
Barking Riverside Northgate Road	0005	0015	0025	0055	0125	0155	0225	0255	0325	0355	0425	0455	0525	0535	0545	0553	0601	0609												
Barking Riverside Riverside Campus	0007	0017	0027	0057	0127	0157	0227	0257	0327	0357	0427	0457	0527	0537	0547	0555	0603	0611												
Barking Reach Minter Road	0010	0020	0030	0100	0130	0200	0230	0300	0330	0400	0430	0500	0530	0540	0550	0558	0606	0614												
Thames View Estate Abridge Way	0013	0023	0033	0103	0133	0204	0234	0304	0334	0404	0434	0504	0534	0544	0554	0602	0610	0618												
River Road Barking By-Pass	0016	0026	0036	0107	0137	0208	0238	0308	0338	0408	0439	0509	0539	0549	0559	0607	0615	0623												
Barking Station	0022	0032	0042	0113	0143	0214	0244	0314	0344	0414	0445	0515	0546	0556	0606	0614	0622	0630												
Ilford Lane Loxford Lane	0025	0035	0045	0116	0146	0217	0247	0317	0347	0417	0448	0518	0549	0559	0609	0617	0625	0633												
Ilford Ilford Hill	0030	0040	0050	0120	0150	0221	0251	0321	0351	0421	0452	0522	0554	0604	0614	0622	0630	0638												
Barking Riverside Northgate Road	0617	0625	0633	0639	0644	0650	0655	0701	0706	0712	0717	0723	0728	0733	0738	0743	0749	0754												
Barking Riverside Riverside Campus	0619	0627	0635	0641	0646	0652	0657	0703	0708	0714	0719	0725	0730	0735	0740	0745	0751	0756												
Barking Reach Minter Road	0622	0630	0638	0644	0649	0655	0700	0706	0711	0717	0722	0728	0733	0738	0743	0748	0754	0759												
Thames View Estate Abridge Way	0626	0634	0642	0648	0653	0659	0704	0710	0715	0721	0726	0732	0738	0743	0748	0753	0759	0804												
River Road Barking By-Pass	0631	0639	0647	0653	0658	0704	0709	0715	0720	0726	0731	0737	0743	0748	0754	0759	0805	0811												
Barking Station	0638	0646	0654	0700	0706	0712	0717	0723	0728	0734	0740	0746	0752	0758	0804	0809	0815	0821												
Ilford Lane Loxford Lane	0641	0649	0657	0703	0709	0715	0721	0727	0732	0738	0744	0750	0756	0802	0808	0813	0819	0825												
Ilford Ilford Hill	0646	0654	0702	0709	0716	0723	0729	0736	0742	0748	0755	0801	0807	0814	0820	0825	0831	0837												
Barking Riverside Northgate Road	0800	0805	0811	0816	0822	0828	0833	0838	0843	0849	0854	0900	0906	0912	0917	0922	0928	0934												
Barking Riverside Riverside Campus	0802	0807	0813	0818	0824	0830	0835	0840	0845	0851	0856	0902	0908	0914	0919	0924	0930	0936												
Barking Reach Minter Road	0805	0811	0817	0822	0828	0834	0839	0844	0849	0855	0900	0906	0911	0917	0922	0927	0933	0939												
Thames View Estate Abridge Way	0810	0816	0822	0827	0833	0839	0844	0849	0854	0900	0905	0911	0916	0922	0927	0932	0937	0943												
River Road Barking By-Pass	0817	0823	0829	0834	0840	0846	0851	0856	0901	0906	0911	0917	0922	0927	0932	0937	0942	0948												
Barking Station	0827	0833	0839	0844	0850	0856	0901	0906	0911	0916	0921	0926	0931	0936	0941	0946	0951	0957												
Ilford Lane Loxford Lane	0831	0837	0843	0848	0854	0900	0905	0910	0915	0920	0925	0930	0935	0940	0945	0950	0955	1001												
Ilford Ilford Hill	0843	0849	0854	0858	0903	0908	0913	0918	0923	0928	0933	0937	0942	0947	0952	0957	1002	1008												
Barking Riverside Northgate Road	0939	Then										44	50	55	01	06	12	17	23	28	34	39	1339	1344	1350	1355	1401	1406	1412	
Barking Riverside Riverside Campus	0941	every 5-6										46	52	57	03	08	14	19	25	30	36	41	1341	1346	1352	1357	1403	1408	1414	
Barking Reach Minter Road	0944	minutes										49	55	00	06	11	17	22	28	33	39	44	1344	1349	1355	1400	1406	1411	1417	
Thames View Estate Abridge Way	0948	at these										53	59	04	10	15	21	26	32	37	43	48	until	1348	1353	1359	1404	1410	1415	1421
River Road Barking By-Pass	0953	minutes										58	04	09	15	20	26	31	37	42	48	53	1353	1358	1404	1409	1415	1420	1426	
Barking Station	1002	past										07	13	18	24	29	35	40	46	51	57	02	1402	1407	1413	1418	1424	1429	1435	
Ilford Lane Loxford Lane	1006	the hour										11	17	22	28	33	39	44	50	55	01	06	1406	1411	1417	1422	1428	1433	1439	
Ilford Ilford Hill	1013											18	24	29	35	40	46	51	57	02	08	13	1413	1419	1425	1430	1436	1441	1447	
SD																														
Barking Riverside Northgate Road	1417	1423	1428	1433	1438	1443	1448	1453	1459	1504	1507	1510	1516	1522	1527	1533	1538	1543												
Barking Riverside Riverside Campus	1419	1425	1430	1435	1440	1445	1450	1455	1501	1506	1509	1512	1518	1524	1529	1535	1540	1545												
Barking Reach Minter Road	1422	1428	1433	1438	1443	1448	1453	1458	1504	1509	1513	1516	1522	1528	1533	1539	1544	1549												
Thames View Estate Abridge Way	1426	1432	1437	1442	1447	1452	1458	1503	1509	1514	1518	1521	1527	1533	1538	1544	1549	1554												
River Road Barking By-Pass	1431	1437	1443	1448	1453	1458	1504	1509	1515	1520	1524	1527	1533	1539	1544	1550	1555	1600												
Barking Station	1440	1446	1452	1457	1502	1508	1514	1520	1526	1531	1535	1538	1544	1550	1555	1600	1605	1610												
Ilford Lane Loxford Lane	1444	1450	1456	1501	1506	1512	1518	1524	1530	1535	1539	1542	1548	1554	1559	1604	1609	1614												
Ilford Ilford Hill	1452	1458	1504	1509	1514	1520	1526	1532	1538	1543	1547	1550	1556	1602	1607	1612	1617	1622												
Barking Riverside Northgate Road	1549	1554	1600	1605	1611	1616	1622	1628	1634	1639	1644	1650	1655	1701	1706	1712	1717	1723												
Barking Riverside Riverside Campus	1551	1556	1602	1607	1613	1618	1624	1630	1636	1641	1646	1652	1657	1703	1708	1714	1719	1725												
Barking Reach Minter Road	1555	1600	1606	1611	1617	1622	1628	1634	1640	1645	1650	1656	1701	1707	1712	1718	1723	1729												
Thames View Estate Abridge Way	1600	1605	1611	1616	1622	1627	1633	1638	1644	1649	1654	1700	1705	1711	1717	1722	1727	1733												
River Road Barking By-Pass	1606	1611	1617	1622	1628	1633	1639	1644	1650	1655	1700	1706	1711	1717	1722	1728	1733	1739												
Barking Station	1616	1621	1627	1632	1638	1643	1649	1654	1700	1705	1710	1716	1721	1727	1732	1738	1743	1749												
Ilford Lane Loxford Lane	1620	1625	1631	1636	1642	1647	1653	1658	1704	1709	1714	1720	1725	1731	1736	1742	1747	1753												
Ilford Ilford Hill	1628	1633	1639	1644	1650	1655	1701	1706	1712	1717	1722	1728	1733	1739	1744	1750	1755	1801												
Barking Riverside Northgate Road	1728	1734	1739	1744	1750	1755	1801	1807	1813	1818	1824	1829	1835	1841	1847	1855	1903	1911												
Barking Riverside Riverside Campus	1730	1736	1741	1746	1752	1757	1803	1809	1815	1820	1826	1831	1837	1843	1849	1857	1905	1913												
Barking Reach Minter Road	1734	1740	1745	1750	1756	1801	1807	1812	1818	1823	1829	1834	1840	1846	1852	1900	1908	1916												
Thames View Estate Abridge Way	1738	1744	1749	1754	1800	1805	1811	1816	1822	1827	1833	1838	1844	1850	1856	1904	1912	1920												
River Road Barking By-Pass	1744	1749	1754	1759	1805	1810	1816	1821	1827	1832	1838	1843	1849	1855	1901	1909	1917	1925												
Barking Station	1754	1759	1804	1809	1815	1820	1826	1831	1836	1841	1847	1852	1858	1904	1910	1918	1926	1933												
Ilford Lane Loxford Lane	1758	1803	1808	1813	1819	1824	1830	1835	1840	1845	1851	1856	1902	1908	1914	1922	1930	1937												
Ilford Ilford Hill	1806	1811	1816	1821	1827	1832	1838	1843	1848	1853	1859	1904	1910	1916	1922	1930	1938	1945												
Barking Riverside Northgate Road	1919	1927	1935	1943	Then			2033	2044	2054	Then			2144	2154	2204	2214	2244	2255	2355										
Barking Riverside Riverside Campus	1921	1929	1937	1945	every			2035	2046	2056	every			2146	2156	2206	2216	2246	2257	2357										
Barking Reach Minter Road	1924	1932	1940	1948	every			2038	2049	2059	every			2149	2159	2209	2219	2249	2300	0000										
Thames View Estate Abridge Way	1928	1936	1944	1952	10			2042	2053	2103	10			2153	2203	2213	2223	2253	2303	10	0003									
River Road Barking By-Pass	1933	1941	1949	1957	mins.			2047	2057	2107	mins.			2157	2207	2217	2227	2257	2306	mins.	0006									
Barking Station	1941	1949	1957	2005	until			2055	2105	2114	until			2204	2213	2223	2233	2303	2312	until	0012									
Ilford Lane Loxford Lane	1945	1953	2001	2009	until			2059	2108	2117	until			2207	2216	2226	2236	2306	2315	until	0015									
Ilford Ilford Hill	1952	2000	2008	2016	until			2106	2115	2123	until			2213	2222	2232	2241	2311	2320	until	0020									
Note:		SD – School days only																												

EL 1		Saturdays															
Barking Riverside Northgate Road	0005	0015	0025	0055	Then every 30 minutes until	0455	0525	0537	0549	0601	0613	0625	0637	0649	0657	0705	0713
Barking Riverside Riverside Campus	0007	0017	0027	0057		0457	0527	0539	0551	0603	0615	0627	0639	0651	0659	0707	0715
Barking Reach Minter Road	0010	0020	0030	0100		0500	0530	0542	0554	0606	0618	0630	0642	0654	0702	0710	0718
Thames View Estate Abridge Way	0013	0023	0033	0103		0503	0534	0546	0558	0610	0622	0634	0646	0658	0706	0714	0722
River Road Barking By-Pass	0016	0026	0036	0107		0507	0538	0550	0602	0614	0626	0638	0650	0702	0710	0718	0726
Barking Station	0022	0032	0042	0113		0513	0544	0556	0608	0620	0632	0644	0656	0708	0716	0724	0733
Ilford Lane Loxford Lane	0025	0035	0045	0116		0516	0547	0559	0611	0623	0635	0647	0659	0711	0719	0727	0736
Ilford Ilford Hill	0030	0040	0050	0120	0520	0551	0603	0615	0628	0640	0652	0704	0716	0724	0732	0741	
Barking Riverside Northgate Road	0721	0729	0736	0744	0752	0800	Then every 6 minutes until	0830	0835	0841	0847	Then every 6 minutes until	0941	0946	0952	0958	
Barking Riverside Riverside Campus	0723	0731	0738	0746	0754	0802		0832	0837	0843	0849		0943	0948	0954	1000	
Barking Reach Minter Road	0726	0734	0741	0749	0757	0805		0835	0840	0846	0852		0946	0951	0957	1003	
Thames View Estate Abridge Way	0730	0738	0745	0753	0801	0809		0839	0844	0850	0856		0950	0955	1001	1007	
River Road Barking By-Pass	0734	0742	0750	0758	0806	0814		0844	0849	0855	0901		0955	1000	1006	1012	
Barking Station	0741	0749	0757	0805	0813	0821		0851	0857	0903	0909		1003	1009	1015	1021	
Ilford Lane Loxford Lane	0744	0752	0800	0808	0816	0824		0854	0900	0906	0913		1007	1013	1019	1025	
Ilford Ilford Hill	0749	0757	0805	0813	0821	0829	0859	0905	0912	0919	1013	1019	1025	1032			
Barking Riverside Northgate Road	1004	Then every 6 minutes until	1046	1051	Then every 6 minutes until	1121	1127	1133	1139	1145	1151	1157	1203	1209	1215	1221	
Barking Riverside Riverside Campus	1006		1048	1053		1123	1129	1135	1141	1147	1153	1159	1205	1211	1217	1223	
Barking Reach Minter Road	1009		1051	1056		1126	1132	1138	1144	1150	1156	1202	1208	1214	1220	1226	
Thames View Estate Abridge Way	1013		1055	1100		1130	1136	1142	1148	1154	1200	1206	1212	1218	1224	1230	
River Road Barking By-Pass	1018		1100	1106		1136	1142	1148	1154	1200	1206	1212	1218	1224	1230	1236	
Barking Station	1027		1109	1115		1145	1151	1157	1203	1209	1215	1221	1228	1234	1240	1246	
Ilford Lane Loxford Lane	1031		1113	1119		1149	1155	1201	1207	1213	1219	1225	1232	1238	1244	1250	
Ilford Ilford Hill	1038	1120	1126	1156	1203	1209	1215	1221	1228	1234	1241	1248	1255	1301			
Barking Riverside Northgate Road	1227	Then every 6 minutes until	1257	1303	Then every 6 minutes until	1339	1345	1351	1357	1403	1409	Then every 6 minutes until	1633	1640	1646		
Barking Riverside Riverside Campus	1229		1259	1305		1341	1347	1353	1359	1405	1411		1635	1642	1648		
Barking Reach Minter Road	1232		1302	1308		1344	1350	1356	1402	1408	1414		1638	1645	1651		
Thames View Estate Abridge Way	1236		1306	1312		1348	1354	1400	1406	1412	1418		1642	1649	1655		
River Road Barking By-Pass	1242		1312	1318		1354	1359	1405	1411	1417	1423		1647	1654	1700		
Barking Station	1252		1322	1328		1404	1409	1415	1421	1427	1433		1657	1703	1709		
Ilford Lane Loxford Lane	1256		1326	1332		1408	1413	1419	1425	1431	1437		1701	1707	1713		
Ilford Ilford Hill	1307	1337	1344	1420	1425	1431	1437	1443	1448	1712	1718	1724					
Barking Riverside Northgate Road	1652	Then every 6 minutes until	1810	1816	1822	1828	1836	1844	1854	1904	1914	1924	1934	1944	1955	2005	2015
Barking Riverside Riverside Campus	1654		1812	1818	1824	1830	1838	1846	1856	1906	1916	1926	1936	1946	1957	2007	2017
Barking Reach Minter Road	1657		1815	1821	1827	1833	1841	1849	1859	1909	1919	1929	1939	1949	2000	2010	2020
Thames View Estate Abridge Way	1701		1819	1825	1831	1837	1845	1853	1903	1913	1923	1933	1943	1953	2004	2014	2024
River Road Barking By-Pass	1706		1824	1830	1836	1842	1850	1858	1908	1918	1928	1938	1948	1958	2008	2018	2028
Barking Station	1715		1833	1839	1845	1851	1859	1907	1917	1927	1937	1947	1957	2006	2016	2026	2036
Ilford Lane Loxford Lane	1719		1837	1843	1849	1855	1903	1911	1921	1931	1941	1951	2001	2010	2020	2030	2040
Ilford Ilford Hill	1730	1848	1853	1859	1905	1913	1921	1931	1940	1950	2000	2010	2019	2029	2039	2048	
Barking Riverside Northgate Road	2025	2035	2045	Then every 10 minutes until	2145	2155	2205	2215	2225	2235	2245	2255	Then every 10 minutes until	2345	2355		
Barking Riverside Riverside Campus	2027	2037	2047		2147	2157	2207	2217	2227	2237	2247	2257		2347	2357		
Barking Reach Minter Road	2030	2040	2050		2150	2200	2210	2220	2230	2240	2250	2300		2350	0000		
Thames View Estate Abridge Way	2034	2044	2054		2154	2204	2214	2224	2234	2244	2253	2303		2353	0003		
River Road Barking By-Pass	2038	2048	2058		2158	2208	2218	2228	2238	2248	2257	2307		2357	0006		
Barking Station	2046	2055	2105		2205	2215	2224	2234	2244	2254	2303	2313		0003	0012		
Ilford Lane Loxford Lane	2050	2059	2109		2209	2218	2227	2237	2247	2257	2306	2316		0006	0015		
Ilford Ilford Hill	2058	2107	2116	2216	2225	2234	2244	2253	2303	2312	2321	0011	0020				

EL 1		Sundays																
Barking Riverside Northgate Road	0005	0015	0025	0055	0125	0155	0225	0255	0325	0355	0425	0455	0525	0545	0605	0625	0640	0655
Barking Riverside Riverside Campus	0007	0017	0027	0057	0127	0157	0227	0257	0327	0357	0427	0457	0527	0547	0607	0627	0642	0657
Barking Reach Minter Road	0010	0020	0030	0100	0130	0200	0230	0300	0330	0400	0430	0500	0530	0550	0610	0630	0645	0700
Thames View Estate Abridge Way	0013	0023	0033	0104	0134	0204	0234	0304	0334	0404	0434	0504	0534	0554	0614	0634	0649	0704
River Road Barking By-Pass	0016	0026	0036	0108	0138	0208	0238	0308	0338	0408	0438	0508	0538	0558	0618	0638	0654	0709
Barking Station	0022	0032	0042	0114	0144	0214	0244	0314	0344	0414	0443	0513	0544	0604	0624	0644	0700	0715
Ilford Lane Loxford Lane	0025	0035	0045	0117	0147	0217	0247	0317	0346	0416	0445	0516	0547	0607	0627	0647	0703	0718
Ilford Ilford Hill	0030	0040	0050	0122	0152	0221	0251	0321	0350	0420	0450	0521	0551	0611	0631	0651	0707	0723
Barking Riverside Northgate Road	0715			0845	0857	0907	0917	0927	0937	0947	0956			1056	1106	1115	1125	1135
Barking Riverside Riverside Campus	0717			0847	0859	0909	0919	0929	0939	0949	0958			1058	1108	1117	1127	1137
Barking Reach Minter Road	0720	Then		0850	0902	0912	0922	0932	0942	0952	1001	Then		1101	1111	1120	1130	1140
Thames View Estate Abridge Way	0724	every 15		0854	0906	0916	0926	0936	0946	0956	1005	every 10		1105	1115	1124	1134	1144
River Road Barking By-Pass	0729	minutes		0859	0911	0921	0931	0941	0951	1001	1010	minutes		1110	1120	1129	1139	1149
Barking Station	0736	until		0906	0918	0928	0938	0948	0958	1008	1018	until		1118	1128	1138	1148	1158
Ilford Lane Loxford Lane	0739			0909	0921	0931	0941	0951	1001	1012	1022			1122	1132	1142	1152	1202
Ilford Ilford Hill	0744			0914	0926	0936	0946	0956	1007	1018	1028			1128	1139	1149	1159	1209
Barking Riverside Northgate Road	1145	1155		1245	1255				1645	1655	1705	1715	1725	1735	1745	1755	1805	1815
Barking Riverside Riverside Campus	1147	1157		1247	1257				1647	1657	1707	1717	1727	1737	1747	1757	1807	1817
Barking Reach Minter Road	1150	1200	Then	1250	1300	Then			1650	1700	1710	1720	1730	1740	1750	1800	1810	1820
Thames View Estate Abridge Way	1154	1204	every 10	1254	1304	every 10			1654	1704	1714	1724	1734	1744	1754	1804	1814	1824
River Road Barking By-Pass	1200	1210	minutes	1300	1310	minutes			1700	1709	1719	1729	1739	1749	1759	1809	1819	1829
Barking Station	1209	1219	until	1309	1319	until			1709	1718	1728	1738	1748	1757	1807	1817	1827	1837
Ilford Lane Loxford Lane	1213	1223		1313	1323				1713	1722	1732	1742	1752	1801	1811	1821	1831	1841
Ilford Ilford Hill	1220	1231		1321	1332				1722	1731	1741	1751	1801	1810	1820	1830	1840	1850
Barking Riverside Northgate Road	1825	1835	1845	1855	1905	1915	1925	1935	1945	1955	2005	2015	2025	2035	2045	2055	2105	2115
Barking Riverside Riverside Campus	1827	1837	1847	1857	1907	1917	1927	1937	1947	1957	2007	2017	2027	2037	2047	2057	2107	2117
Barking Reach Minter Road	1830	1840	1850	1900	1910	1920	1930	1940	1950	2000	2010	2020	2030	2040	2050	2100	2110	2120
Thames View Estate Abridge Way	1834	1844	1854	1904	1914	1924	1934	1944	1954	2004	2014	2024	2034	2044	2054	2104	2114	2124
River Road Barking By-Pass	1839	1849	1859	1909	1918	1928	1938	1948	1958	2008	2018	2028	2038	2048	2058	2108	2118	2128
Barking Station	1847	1857	1907	1917	1926	1936	1945	1955	2005	2015	2025	2035	2045	2055	2105	2114	2124	2134
Ilford Lane Loxford Lane	1851	1901	1911	1921	1930	1940	1949	1959	2009	2019	2029	2039	2049	2059	2109	2118	2128	2137
Ilford Ilford Hill	1859	1909	1919	1929	1938	1948	1957	2007	2017	2027	2037	2046	2056	2106	2116	2125	2134	2143
Barking Riverside Northgate Road	2125	2135	2145	2155	2205	2215	2225	2235	2245	2255				2355				
Barking Riverside Riverside Campus	2127	2137	2147	2157	2207	2217	2227	2237	2247	2257				2357				
Barking Reach Minter Road	2130	2140	2150	2200	2210	2220	2230	2240	2250	2300			Then	0000				
Thames View Estate Abridge Way	2134	2144	2154	2204	2214	2224	2233	2243	2253	2303			every 10	0003				
River Road Barking By-Pass	2138	2148	2158	2208	2218	2228	2237	2247	2257	2306			minutes	0006				
Barking Station	2144	2154	2204	2214	2224	2234	2243	2253	2303	2312			until	0012				
Ilford Lane Loxford Lane	2147	2157	2207	2217	2227	2237	2246	2256	2306	2315				0015				
Ilford Ilford Hill	2153	2203	2213	2223	2233	2242	2251	2301	2311	2320				0020				

# EL1

## Ilford – Barking – Barking Riverside

EL1	Mondays to Fridays																				
Ilford Ilford Hill	0020	0050	0120	0150	0220	0250	0320	0350	0420	0450	0520	0530	0540	0550	0600	0610	0620	0628			
Ilford Lane Loxford Lane	0025	0055	0124	0154	0224	0254	0324	0354	0424	0454	0525	0536	0546	0556	0606	0616	0626	0634			
Barking Station	0029	0059	0128	0158	0227	0257	0327	0357	0428	0458	0529	0540	0550	0600	0610	0620	0630	0638			
River Road Barking By-Pass	0034	0104	0133	0203	0232	0302	0332	0402	0433	0503	0534	0545	0555	0606	0616	0626	0636	0644			
Thames View Estate Abridge Way	0038	0108	0137	0207	0236	0306	0336	0406	0437	0507	0538	0549	0559	0610	0620	0630	0640	0648			
Barking Reach Rivergate Centre	0041	0111	0140	0210	0239	0309	0339	0409	0440	0510	0541	0552	0602	0613	0623	0633	0643	0651			
Barking Riverside Riverside Campus	0044	0114	0143	0213	0242	0312	0342	0412	0443	0513	0545	0556	0606	0617	0627	0637	0647	0655			
Barking Riverside Northgate Road	0047	0117	0146	0216	0245	0315	0345	0415	0446	0516	0548	0559	0609	0620	0630	0640	0650	0658			
Ilford Ilford Hill	0636	0644	0650	0655	0701	0706	0711	0716	0721	0726	0731	0736	0742	0748	0753	0754	0759	0805			
Ilford Lane Loxford Lane	0642	0650	0656	0701	0707	0712	0717	0723	0728	0733	0738	0743	0749	0755	0800	0801	0807	0813			
Barking Station	0646	0654	0700	0705	0711	0716	0721	0727	0733	0739	0744	0749	0755	0801	0806	0807	0813	0819			
River Road Barking By-Pass	0652	0700	0706	0712	0718	0723	0729	0735	0741	0747	0752	0758	0804	0810	0815	0816	0822	0828			
Thames View Estate Abridge Way	0656	0704	0710	0716	0723	0728	0734	0740	0746	0753	0758	0804	0810	0816	0821	0822	0828	0834			
Barking Reach Rivergate Centre	0659	0707	0714	0720	0727	0732	0738	0744	0750	0757	0802	0808	0814	0820	0825	0826	0832	0838			
Barking Riverside Riverside Campus	0703	0711	0718	0725	0732	0737	0743	0749	0755	0802	0807	0813	0819	0825	0830	0831	0837	0843			
Barking Riverside Northgate Road	0706	0714	0721	0728	0735	0740	0746	0752	0758	0805	0810	0816	0822	0828	0833	0834	0840	0846			
Ilford Ilford Hill	0810	0816	0822	0827	0833	0838	0844	0849	0855	0900	0906	0911	0917	0922	0927	0933	0938	0944			
Ilford Lane Loxford Lane	0818	0824	0830	0835	0841	0846	0852	0857	0903	0908	0913	0918	0924	0929	0934	0940	0945	0951			
Barking Station	0824	0830	0835	0840	0846	0851	0857	0902	0908	0913	0918	0923	0928	0933	0938	0944	0949	0955			
River Road Barking By-Pass	0833	0839	0844	0849	0855	0900	0906	0911	0917	0922	0927	0932	0937	0942	0947	0953	0958	1004			
Thames View Estate Abridge Way	0839	0845	0850	0855	0901	0906	0911	0916	0922	0927	0932	0937	0942	0947	0952	0958	1003	1009			
Barking Reach Rivergate Centre	0843	0849	0854	0859	0905	0910	0915	0920	0925	0930	0935	0940	0945	0950	0955	1001	1006	1012			
Barking Riverside Riverside Campus	0848	0854	0859	0904	0909	0914	0919	0924	0929	0934	0939	0944	0949	0954	0959	1005	1010	1016			
Barking Riverside Northgate Road	0851	0857	0902	0907	0912	0917	0922	0927	0932	0937	0942	0947	0952	0957	1002	1008	1013	1019			
Ilford Ilford Hill	0949	0955	1000	1006	1011	1017	1022	1027	1033	1038	1044	1049	1055	1100	1106	1111	1117	1122			
Ilford Lane Loxford Lane	0956	1002	1007	1013	1018	1024	1029	1034	1040	1045	1051	1056	1102	1107	1113	1118	1124	1130			
Barking Station	1000	1006	1011	1017	1022	1028	1033	1038	1044	1049	1055	1100	1106	1111	1117	1122	1128	1134			
River Road Barking By-Pass	1009	1015	1020	1026	1031	1037	1042	1047	1053	1058	1104	1109	1115	1120	1126	1131	1137	1143			
Thames View Estate Abridge Way	1014	1020	1025	1031	1036	1042	1047	1052	1058	1103	1109	1114	1120	1125	1131	1136	1142	1148			
Barking Reach Rivergate Centre	1017	1023	1028	1034	1039	1045	1050	1055	1101	1106	1112	1117	1123	1128	1134	1139	1145	1151			
Barking Riverside Riverside Campus	1021	1027	1032	1038	1043	1049	1054	1059	1105	1110	1116	1121	1127	1132	1138	1143	1149	1155			
Barking Riverside Northgate Road	1024	1030	1035	1041	1046	1052	1057	1102	1108	1113	1119	1124	1130	1135	1141	1146	1152	1158			
Ilford Ilford Hill	1127	Then	33	38	44	49	55	00	06	11	17	22	27	1322	1327	1333	1338	1344	1349	1355	
Ilford Lane Loxford Lane	1135	every 5-6	41	46	52	57	03	08	14	19	25	30	35	1330	1335	1341	1346	1352	1357	1403	
Barking Station	1139	minutes	45	50	56	01	07	12	18	23	29	34	39	1334	1339	1345	1350	1356	1401	1407	
River Road Barking By-Pass	1148	at these	54	59	05	10	16	21	27	32	38	43	48	until	1343	1348	1354	1359	1405	1410	1416
Thames View Estate Abridge Way	1153	minutes	59	04	10	15	21	26	32	37	43	48	53	1348	1353	1359	1404	1410	1415	1421	
Barking Reach Rivergate Centre	1156	past	02	07	13	18	24	29	35	40	46	51	56	1351	1357	1403	1408	1414	1419	1425	
Barking Riverside Riverside Campus	1200	the hour	06	11	17	22	28	33	39	44	50	55	00	1355	1401	1407	1412	1418	1423	1429	
Barking Riverside Northgate Road	1203		09	14	20	25	31	36	42	47	53	58	03	1358	1404	1410	1415	1421	1426	1432	
Ilford Ilford Hill	1400	1406	1411	1417	1422	1427	1433	1438	1444	1449	1455	1500	1506	1511	1517	1522	1527	1533			
Ilford Lane Loxford Lane	1408	1414	1419	1425	1430	1435	1441	1447	1453	1458	1504	1509	1515	1520	1526	1531	1537	1543			
Barking Station	1412	1418	1423	1429	1434	1439	1445	1451	1457	1502	1508	1514	1520	1525	1531	1536	1542	1548			
River Road Barking By-Pass	1421	1427	1432	1438	1444	1449	1455	1501	1507	1513	1519	1525	1531	1536	1542	1547	1552	1558			
Thames View Estate Abridge Way	1426	1432	1438	1444	1450	1455	1501	1507	1513	1519	1525	1531	1537	1542	1548	1553	1558	1604			
Barking Reach Rivergate Centre	1430	1436	1442	1448	1454	1459	1505	1511	1517	1523	1529	1535	1541	1546	1552	1557	1602	1608			
Barking Riverside Riverside Campus	1434	1440	1446	1452	1458	1504	1510	1516	1522	1528	1534	1540	1545	1550	1556	1601	1606	1612			
Barking Riverside Northgate Road	1437	1443	1449	1455	1501	1507	1513	1519	1525	1531	1537	1543	1548	1553	1559	1604	1609	1615			
Ilford Ilford Hill	1538	1544	1549	1555	1600	1606	1611	1616	1621	1626	1632	1637	1643	1648	1654	1659	1705	1710			
Ilford Lane Loxford Lane	1548	1554	1559	1605	1610	1616	1621	1626	1631	1636	1642	1647	1653	1658	1704	1709	1715	1720			
Barking Station	1553	1559	1604	1610	1615	1621	1626	1631	1636	1641	1647	1652	1658	1704	1710	1715	1721	1726			
River Road Barking By-Pass	1603	1609	1614	1620	1625	1630	1635	1640	1645	1650	1656	1701	1707	1713	1719	1724	1730	1735			
Thames View Estate Abridge Way	1609	1615	1620	1626	1631	1636	1641	1646	1651	1656	1702	1707	1713	1719	1725	1730	1736	1741			
Barking Reach Rivergate Centre	1613	1619	1624	1630	1635	1640	1645	1650	1655	1700	1706	1711	1717	1723	1729	1734	1740	1745			
Barking Riverside Riverside Campus	1617	1623	1628	1634	1639	1644	1649	1654	1659	1704	1710	1715	1721	1727	1733	1738	1744	1749			
Barking Riverside Northgate Road	1620	1626	1631	1637	1642	1647	1652	1657	1702	1707	1713	1718	1724	1730	1736	1741	1747	1752			
Ilford Ilford Hill	1716	1721	1726	1732	1737	1743	1749	1755	1801	1807	1812	1818	1823	1828	1834	1839	1845	1853			
Ilford Lane Loxford Lane	1726	1731	1736	1742	1747	1753	1759	1805	1810	1816	1821	1827	1832	1837	1843	1848	1854	1902			
Barking Station	1732	1737	1742	1748	1753	1759	1804	1810	1815	1821	1826	1832	1837	1842	1848	1853	1859	1907			
River Road Barking By-Pass	1741	1746	1751	1757	1802	1807	1812	1818	1823	1829	1834	1840	1845	1850	1856	1901	1907	1915			
Thames View Estate Abridge Way	1747	1752	1757	1803	1808	1813	1818	1824	1829	1835	1840	1845	1850	1855	1901	1906	1912	1920			
Barking Reach Rivergate Centre	1751	1756	1801	1807	1812	1817	1822	1828	1833	1839	1844	1849	1854	1859	1905	1910	1916	1924			
Barking Riverside Riverside Campus	1755	1800	1805	1811	1816	1821	1826	1832	1837	1843	1848	1853	1858	1903	1909	1914	1920	1928			
Barking Riverside Northgate Road	1758	1803	1808	1814	1819	1824	1829	1835	1840	1846	1851	1856	1901	1906	1912	1917	1923	1931			

EL 1		Mondays to Fridays (cont.)																	
Ilford Ilford Hill	1901	1909	1918	1926	1934	1942	1952	2002	2012	2022	2032	2043	2053	2103	2114	2124	2134	2144	
Ilford Lane Loxford Lane	1910	1918	1927	1935	1943	1951	2000	2010	2020	2030	2040	2051	2101	2111	2121	2131	2141	2151	
Barking Station	1915	1923	1932	1940	1948	1956	2005	2015	2025	2035	2045	2055	2105	2115	2125	2135	2145	2155	
River Road Barking By-Pass	1923	1931	1939	1947	1955	2003	2012	2022	2031	2041	2051	2101	2111	2121	2131	2141	2151	2201	
Thames View Estate Abridge Way	1928	1936	1944	1952	2000	2008	2017	2027	2036	2046	2056	2106	2116	2126	2136	2146	2156	2206	
Barking Reach Rivergate Centre	1932	1940	1948	1956	2004	2012	2021	2031	2040	2050	2100	2110	2120	2130	2140	2150	2200	2210	
Barking Riverside Riverside Campus	1936	1944	1952	2000	2008	2016	2025	2035	2044	2054	2104	2114	2124	2134	2144	2154	2204	2214	
Barking Riverside Northgate Road	1939	1947	1955	2003	2011	2019	2028	2038	2047	2057	2107	2117	2127	2137	2147	2157	2207	2217	
Ilford Ilford Hill	2154	2205	2215	2225	2235	2245	2255	2305	2315	2325	2335	2350							
Ilford Lane Loxford Lane	2201	2211	2221	2231	2241	2251	2301	2311	2321	2331	2341	2356							
Barking Station	2205	2215	2225	2235	2245	2255	2305	2315	2325	2335	2345	0000							
River Road Barking By-Pass	2211	2221	2231	2241	2251	2301	2310	2320	2330	2340	2350	0005							
Thames View Estate Abridge Way	2216	2226	2236	2246	2256	2305	2314	2324	2334	2344	2354	0009							
Barking Reach Rivergate Centre	2219	2229	2239	2249	2259	2308	2317	2327	2337	2347	2357	0012							
Barking Riverside Riverside Campus	2223	2233	2242	2252	2302	2311	2320	2330	2340	2350	0000	0015							
Barking Riverside Northgate Road	2226	2236	2245	2255	2305	2314	2323	2333	2343	2353	0003	0018							
EL 1		Saturdays																	
Ilford Ilford Hill	0020	0050	0120	0150	0220	0250	0320	0350	0420	0450	0520	0532	0544	0556	0608	0619	0631	0643	
Ilford Lane Loxford Lane	0026	0055	0125	0155	0225	0255	0325	0354	0424	0455	0525	0537	0549	0601	0613	0625	0637	0649	
Barking Station	0030	0059	0129	0158	0228	0258	0328	0357	0427	0458	0528	0540	0552	0604	0616	0628	0640	0652	
River Road Barking By-Pass	0035	0104	0134	0203	0233	0303	0333	0402	0432	0503	0533	0545	0557	0609	0621	0633	0645	0657	
Thames View Estate Abridge Way	0040	0108	0138	0207	0237	0307	0337	0406	0436	0507	0537	0549	0601	0613	0625	0637	0649	0701	
Barking Reach Rivergate Centre	0043	0111	0141	0210	0240	0310	0340	0409	0439	0510	0540	0552	0604	0616	0628	0640	0652	0704	
Barking Riverside Riverside Campus	0046	0114	0144	0213	0243	0313	0343	0412	0442	0513	0543	0555	0607	0619	0631	0643	0655	0707	
Barking Riverside Northgate Road	0049	0117	0147	0216	0246	0316	0346	0415	0445	0516	0546	0558	0610	0622	0634	0646	0658	0710	
Ilford Ilford Hill	0655	0706	0718	Then every 8 minutes until	0822	0828	0833	0839	0845	0851	0857	0902	0908	0914	0920	0926	0932	0938	
Ilford Lane Loxford Lane	0701	0712	0724		0828	0834	0839	0845	0851	0857	0903	0908	0914	0920	0926	0932	0938	0938	
Barking Station	0704	0715	0727		0831	0837	0843	0849	0855	0901	0907	0912	0918	0924	0930	0936	0942	0942	
River Road Barking By-Pass	0709	0721	0733		0837	0843	0849	0855	0901	0907	0913	0919	0925	0931	0937	0943	0949	0949	
Thames View Estate Abridge Way	0713	0725	0737		0841	0847	0853	0859	0905	0911	0917	0923	0929	0935	0941	0947	0954	0954	
Barking Reach Rivergate Centre	0716	0728	0740		0844	0850	0856	0902	0908	0914	0920	0926	0932	0938	0944	0950	0957	0957	
Barking Riverside Riverside Campus	0719	0731	0743		0847	0853	0859	0905	0911	0917	0923	0929	0935	0941	0947	0954	1001	1001	
Barking Riverside Northgate Road	0722	0734	0746		0850	0856	0902	0908	0914	0920	0926	0932	0938	0944	0950	0957	1004	1004	
Ilford Ilford Hill	0938	0944	0949		Then every 6 minutes until	1049	1054	Then every 6 minutes until	1130	1135	1141	1146	Then every 6 minutes until	1210	1215	1221			
Ilford Lane Loxford Lane	0944	0950	0956	1056		1102	1138		1143	1149	1154	1218		1224	1230				
Barking Station	0948	0954	1000	1100		1106	1142		1147	1153	1158	1222		1228	1234				
River Road Barking By-Pass	0955	1001	1007	1107		1113	1149		1154	1200	1206	1230		1236	1242				
Thames View Estate Abridge Way	1000	1006	1012	1112		1118	1154		1159	1205	1211	1235		1241	1247				
Barking Reach Rivergate Centre	1003	1009	1015	1115		1121	1157		1203	1209	1215	1239		1245	1251				
Barking Riverside Riverside Campus	1007	1013	1019	1119		1125	1201		1207	1213	1219	1243		1249	1255				
Barking Riverside Northgate Road	1010	1016	1022	1122		1128	1204		1210	1216	1222	1246		1252	1258				
Ilford Ilford Hill	1227	1233	1239	1244		1250	1256		1301	Then every 6 minutes until	1337	1342		Then every 6 minutes until	1654	1659	Then every 6 minutes until	1741	
Ilford Lane Loxford Lane	1236	1242	1248	1254	1300	1306	1311	1347	1353		1705	1711	1753						
Barking Station	1240	1246	1252	1258	1304	1310	1316	1352	1358		1710	1716	1758						
River Road Barking By-Pass	1248	1254	1300	1306	1312	1318	1324	1400	1406		1718	1724	1806						
Thames View Estate Abridge Way	1253	1259	1305	1311	1317	1323	1329	1405	1411		1723	1729	1811						
Barking Reach Rivergate Centre	1257	1303	1309	1315	1321	1327	1333	1409	1415		1727	1733	1815						
Barking Riverside Riverside Campus	1301	1307	1313	1319	1325	1331	1337	1413	1419		1731	1737	1819						
Barking Riverside Northgate Road	1304	1310	1316	1322	1328	1334	1340	1416	1422		1734	1740	1822						
Ilford Ilford Hill	1748	Then every 6 minutes until	1824	Then every 8 minutes until	1856	1905	1913	1921	1931		1941	1951	2002		2012	2022		2032	2042
Ilford Lane Loxford Lane	1800		1836		1908	1916	1924	1932	1942	1952	2002	2012	2022	2032	2042	2052			
Barking Station	1805		1841		1913	1921	1929	1937	1947	1957	2007	2017	2027	2037	2047	2057			
River Road Barking By-Pass	1812		1848		1920	1928	1936	1944	1954	2004	2014	2024	2034	2044	2054	2103			
Thames View Estate Abridge Way	1817		1853		1925	1933	1941	1949	1959	2009	2019	2029	2039	2049	2059	2108			
Barking Reach Rivergate Centre	1821		1857		1929	1937	1945	1953	2003	2013	2023	2033	2043	2053	2103	2112			
Barking Riverside Riverside Campus	1825		1901		1933	1941	1949	1957	2007	2017	2027	2037	2047	2057	2106	2115			
Barking Riverside Northgate Road	1828		1904		1936	1944	1952	2000	2010	2020	2030	2040	2050	2100	2109	2118			
Ilford Ilford Hill	2052		2103		2113	2123	2133	2143	2153	2203	2213	2223	2234	2245	2255	2305	2315	2325	2335
Ilford Lane Loxford Lane	2102	2112	2122	2132	2142	2152	2202	2211	2221	2231	2241	2252	2302	2312	2322	2331	2341	2356	
Barking Station	2106	2116	2126	2136	2146	2156	2206	2215	2225	2235	2245	2256	2306	2316	2326	2335	2345	0000	
River Road Barking By-Pass	2112	2122	2132	2142	2152	2202	2212	2221	2231	2241	2251	2301	2311	2321	2331	2340	2350	0005	
Thames View Estate Abridge Way	2117	2127	2137	2147	2157	2207	2217	2226	2236	2246	2255	2305	2315	2325	2335	2344	2354	0009	
Barking Reach Rivergate Centre	2121	2131	2141	2151	2201	2210	2220	2229	2239	2249	2258	2308	2318	2328	2338	2347	2357	0012	
Barking Riverside Riverside Campus	2124	2134	2144	2154	2204	2213	2223	2232	2242	2252	2301	2311	2321	2331	2341	2350	0000	0015	
Barking Riverside Northgate Road	2127	2137	2147	2157	2207	2216	2226	2235	2245	2255	2304	2314	2324	2334	2344	2353	0003	0018	

EL 1	Sundays																	
Ilford Ilford Hill	0020	0050	0120	0150	0220	0250	0320	0350	0420	0450	0520	0540	0559	0619	0639	0659	0714	0729
Ilford Lane Loxford Lane	0026	0056	0125	0155	0225	0255	0325	0354	0424	0454	0524	0544	0604	0624	0644	0704	0719	0734
Barking Station	0030	0100	0129	0158	0228	0258	0328	0357	0427	0457	0527	0547	0607	0627	0647	0707	0722	0737
River Road Barking By-Pass	0036	0105	0134	0203	0233	0303	0333	0402	0432	0502	0532	0552	0612	0632	0652	0712	0727	0742
Thames View Estate Abridge Way	0041	0110	0139	0207	0237	0307	0337	0406	0436	0506	0536	0556	0616	0636	0656	0716	0731	0746
Barking Reach Rivergate Centre	0044	0113	0142	0210	0240	0310	0340	0409	0439	0509	0539	0559	0619	0639	0659	0719	0734	0749
Barking Riverside Riverside Campus	0047	0116	0145	0213	0243	0313	0343	0412	0442	0512	0542	0602	0622	0642	0702	0722	0737	0752
Barking Riverside Northgate Road	0050	0119	0148	0216	0246	0316	0346	0415	0445	0515	0545	0605	0625	0645	0705	0725	0740	0755
Ilford Ilford Hill	0744	0754	0804	0813	0823			0913	0923	0932	0942	0952	1002	1012	1021	1031	1041	1051
Ilford Lane Loxford Lane	0749	0759	0809	0819	0829			0919	0929	0938	0948	0958	1008	1018	1028	1038	1048	1058
Barking Station	0752	0802	0812	0822	0832		Then	0922	0932	0942	0952	1002	1012	1022	1032	1042	1052	1102
River Road Barking By-Pass	0757	0808	0818	0828	0838		every 10	0928	0938	0948	0958	1008	1018	1028	1038	1048	1058	1108
Thames View Estate Abridge Way	0801	0812	0822	0832	0842		minutes	0932	0943	0953	1003	1013	1023	1033	1043	1053	1103	1113
Barking Reach Rivergate Centre	0804	0815	0825	0835	0845		until	0935	0946	0956	1006	1016	1026	1036	1046	1056	1106	1116
Barking Riverside Riverside Campus	0807	0818	0828	0838	0849			0939	0950	1000	1010	1020	1030	1040	1050	1100	1110	1120
Barking Riverside Northgate Road	0810	0821	0831	0841	0852			0942	0953	1003	1013	1023	1033	1043	1053	1103	1113	1123
Ilford Ilford Hill	1101	1110	1119	1129	1139	1149	1159	1208	1218	1228	1237	1246	1256	1306	1315			1415
Ilford Lane Loxford Lane	1108	1117	1127	1137	1147	1157	1207	1216	1226	1236	1245	1255	1305	1315	1325			1425
Barking Station	1112	1121	1131	1141	1151	1201	1211	1220	1230	1240	1250	1300	1310	1320	1330		Then	1430
River Road Barking By-Pass	1118	1128	1138	1148	1158	1208	1218	1228	1238	1248	1258	1308	1318	1328	1338		every 10	1438
Thames View Estate Abridge Way	1123	1133	1143	1153	1203	1213	1223	1233	1243	1253	1303	1313	1323	1333	1343		minutes	1443
Barking Reach Rivergate Centre	1127	1137	1147	1157	1207	1217	1227	1237	1247	1257	1307	1317	1327	1337	1347		until	1447
Barking Riverside Riverside Campus	1131	1141	1151	1201	1211	1221	1231	1241	1251	1301	1311	1321	1331	1341	1351			1451
Barking Riverside Northgate Road	1134	1144	1154	1204	1214	1224	1234	1244	1254	1304	1314	1324	1334	1344	1354			1454
Ilford Ilford Hill	1425			1515	1524	1534	1543			1723	1733	1743	1753	1803	1813			1913
Ilford Lane Loxford Lane	1436			1526	1536	1546	1555			1735	1744	1754	1804	1813	1823			1923
Barking Station	1441		Then	1531	1541	1551	1600		Then	1740	1749	1759	1809	1818	1828		Then	1928
River Road Barking By-Pass	1448		every 10	1538	1548	1558	1608		every 10	1748	1757	1807	1816	1825	1834		every 10	1934
Thames View Estate Abridge Way	1453		minutes	1543	1553	1603	1613		minutes	1753	1802	1812	1821	1830	1839		minutes	1939
Barking Reach Rivergate Centre	1457		until	1547	1557	1607	1617		until	1757	1806	1816	1825	1834	1843		until	1943
Barking Riverside Riverside Campus	1501			1551	1601	1611	1621			1801	1810	1820	1829	1838	1847			1947
Barking Riverside Northgate Road	1504			1554	1604	1614	1624			1804	1813	1823	1832	1841	1850			1950
Ilford Ilford Hill	1923	1934	1944	1954	2004	2014	2024	2035	2045	2055	2105	2115	2125	2135	2145	2155	2205	2215
Ilford Lane Loxford Lane	1933	1943	1953	2003	2013	2023	2033	2043	2053	2103	2113	2122	2132	2142	2152	2202	2212	2222
Barking Station	1937	1947	1957	2007	2017	2027	2037	2047	2057	2107	2117	2126	2136	2146	2156	2206	2216	2226
River Road Barking By-Pass	1943	1953	2003	2013	2023	2033	2043	2053	2103	2113	2123	2132	2141	2151	2201	2211	2221	2231
Thames View Estate Abridge Way	1948	1958	2008	2018	2028	2038	2048	2058	2107	2117	2127	2136	2145	2155	2205	2215	2225	2235
Barking Reach Rivergate Centre	1952	2002	2012	2022	2032	2041	2051	2101	2110	2120	2130	2139	2148	2158	2208	2218	2228	2238
Barking Riverside Riverside Campus	1956	2006	2016	2026	2036	2045	2055	2104	2113	2123	2133	2142	2151	2201	2211	2221	2231	2241
Barking Riverside Northgate Road	1959	2009	2019	2029	2039	2048	2058	2107	2116	2126	2136	2145	2154	2204	2214	2224	2234	2244
Ilford Ilford Hill	2225			2315	2325	2335	2350											
Ilford Lane Loxford Lane	2231			2321	2330	2340	2355											
Barking Station	2235		Then	2325	2334	2344	2359											
River Road Barking By-Pass	2240		every 10	2330	2339	2349	0004											
Thames View Estate Abridge Way	2244		minutes	2334	2343	2353	0008											
Barking Reach Rivergate Centre	2247		until	2337	2346	2356	0011											
Barking Riverside Riverside Campus	2250			2340	2349	2359	0014											
Barking Riverside Northgate Road	2253			2343	2352	0002	0017											