

EL 1 Saturdays (also Good Friday) (cont.)																			
Barking Reach Mallards Road	1811	1817	1823	1829	1837	1845	1855	1905	1915			2015	2025	2035	2045		2205		
Thames View Estate Abridge Way	1815	1821	1827	1833	1841	1849	1859	1909	1919	Then		2019	2029	2039	2049	Then	2209		
River Road Barking By-Pass	1820	1826	1832	1838	1846	1854	1904	1914	1924	every 10		2024	2034	2044	2054	every 10	2214		
Barking Station	1828	1834	1840	1846	1854	1902	1912	1922	1932	minutes		2032	2041	2051	2101	minutes	2221		
Ilford Lane Loxford Lane	1832	1838	1844	1850	1858	1906	1916	1926	1936	until		2036	2045	2055	2104	until	2224		
Ilford Ilford Hill	1842	1848	1854	1859	1907	1914	1924	1934	1943			2043	2052	2102	2110		2230		
Barking Reach Mallards Road	2215	2225	2235	2245	2255	2305	2315	2325	2335	2345	2355								
Thames View Estate Abridge Way	2219	2229	2239	2249	2259	2309	2319	2329	2338	2348	2358								
River Road Barking By-Pass	2224	2234	2244	2254	2304	2313	2323	2333	2342	2352	0002								
Barking Station	2231	2240	2250	2300	2310	2319	2329	2339	2348	2358	0008								
Ilford Lane Loxford Lane	2234	2243	2253	2303	2313	2322	2332	2342	2351	0001	0011								
Ilford Ilford Hill	2239	2248	2258	2308	2318	2327	2337	2347	2356	0005	0015								
EL 1 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																			
Barking Reach Mallards Road	0005	0015	0025	0055			0455	0525	0545	0605	0625	0645	0705	0725	0740	0755	0810	0825	
Thames View Estate Abridge Way	0008	0018	0028	0058	Then		0458	0529	0549	0609	0629	0649	0709	0729	0744	0759	0814	0829	
River Road Barking By-Pass	0012	0022	0032	0102	every 30		0502	0535	0554	0614	0634	0654	0714	0734	0749	0804	0819	0834	
Barking Station	0018	0028	0038	0108	minutes		0508	0541	0600	0620	0640	0700	0721	0741	0756	0811	0826	0841	
Ilford Lane Loxford Lane	0021	0031	0041	0111	until		0511	0544	0603	0623	0643	0703	0724	0744	0759	0814	0829	0844	
Ilford Ilford Hill	0025	0035	0045	0115			0515	0548	0607	0627	0647	0707	0728	0748	0803	0819	0834	0849	
Barking Reach Mallards Road	0840	0855	0905	0915	0925	0935	0945	0954	1003	1013			1113	1123	1133	1143	1153	1203	
Thames View Estate Abridge Way	0844	0859	0909	0919	0929	0939	0949	0958	1007	1017	Then		1117	1127	1137	1147	1157	1207	
River Road Barking By-Pass	0849	0904	0914	0924	0934	0944	0954	1003	1013	1023	every 10		1123	1133	1143	1153	1203	1213	
Barking Station	0856	0911	0921	0931	0941	0951	1001	1011	1021	1031	minutes		1131	1142	1152	1202	1212	1222	
Ilford Lane Loxford Lane	0859	0914	0924	0934	0944	0954	1005	1015	1025	1035	until		1135	1146	1156	1206	1216	1226	
Ilford Ilford Hill	0904	0919	0929	0939	0949	0959	1011	1021	1031	1042			1142	1153	1203	1213	1223	1233	
Barking Reach Mallards Road	1213	1223	1233	1243	1253	1303	1313	1323			Then	1453	1503			1603	1613	1623	1633
Thames View Estate Abridge Way	1217	1227	1238	1248	1258	1308	1318	1328			every 10	1458	1507	Then		1607	1617	1627	1637
River Road Barking By-Pass	1223	1233	1244	1254	1304	1314	1324	1334			minutes	1504	1513	every 10		1613	1623	1633	1643
Barking Station	1232	1242	1253	1303	1313	1323	1333	1343			minutes	1513	1522	minutes		1622	1632	1642	1652
Ilford Lane Loxford Lane	1236	1246	1257	1307	1317	1327	1337	1347			until	1517	1526	until		1626	1636	1646	1656
Ilford Ilford Hill	1244	1254	1305	1316	1326	1336	1346	1357				1527	1536			1636	1645	1655	1705
Barking Reach Mallards Road	1643	1653	1703	1713	1723	1733	1743	1753	1803	1813	1823	1833	1843	1853	1903	1913	1923	1933	
Thames View Estate Abridge Way	1647	1657	1707	1717	1727	1737	1747	1757	1807	1817	1827	1837	1847	1857	1907	1917	1927	1937	
River Road Barking By-Pass	1653	1703	1712	1722	1732	1742	1752	1802	1812	1822	1832	1842	1852	1902	1912	1922	1932	1942	
Barking Station	1702	1712	1721	1731	1741	1751	1801	1810	1820	1830	1840	1850	1900	1909	1919	1929	1939	1949	
Ilford Lane Loxford Lane	1706	1716	1725	1735	1745	1755	1805	1814	1824	1834	1844	1854	1904	1913	1923	1933	1943	1953	
Ilford Ilford Hill	1715	1725	1734	1744	1754	1804	1813	1822	1832	1842	1852	1902	1911	1920	1930	1940	1950	2000	
Barking Reach Mallards Road	1943	1953	2003	2013	2023	2033	2043	2053	2104			2154	2205			2255	2305	2315	
Thames View Estate Abridge Way	1947	1957	2007	2017	2027	2037	2047	2057	2108	Then		2158	2208	Then		2258	2308	2318	
River Road Barking By-Pass	1952	2002	2012	2022	2032	2042	2052	2102	2112	every 10		2202	2212	every 10		2302	2311	2321	
Barking Station	1959	2009	2019	2029	2039	2049	2059	2108	2118	minutes		2208	2218	minutes		2308	2317	2327	
Ilford Lane Loxford Lane	2003	2013	2023	2032	2042	2052	2102	2111	2121	until		2211	2221	until		2311	2320	2330	
Ilford Ilford Hill	2009	2019	2029	2038	2048	2058	2107	2116	2126			2216	2226			2316	2325	2335	
Barking Reach Mallards Road	2325	2335	2345	2355															
Thames View Estate Abridge Way	2328	2338	2348	2358															
River Road Barking By-Pass	2331	2341	2351	0001															
Barking Station	2337	2347	2357	0006															
Ilford Lane Loxford Lane	2340	2350	0000	0009															
Ilford Ilford Hill	2345	2355	0005	0013															

EL1

Ilford – Barking – Barking Reach

EL1		Mondays to Fridays									
Ilford Ilford Hill	0030 0100 0130		0500 0530 0540 0550 0600 0610 0620 0630 0638 0646 0654 0700 0706								
Ilford Lane Loxford Lane	0035 0105 0134	Then	0504 0535 0545 0555 0606 0616 0626 0636 0644 0652 0700 0706 0712								
Barking Station	0038 0108 0137	every 30	0507 0538 0548 0558 0610 0620 0630 0640 0648 0656 0704 0710 0716								
River Road Barking By-Pass	0043 0113 0141	minutes	0511 0543 0553 0603 0615 0625 0635 0645 0653 0701 0710 0716 0722								
Thames View Estate Abridge Way	0048 0118 0145	until	0515 0547 0557 0607 0619 0629 0639 0649 0657 0705 0714 0720 0726								
Barking Reach Mallards Road	0051 0121 0148		0518 0550 0600 0610 0622 0632 0642 0652 0700 0708 0717 0723 0729								
Ilford Ilford Hill	0712 0717 0722 0727 0732		0738 0744 0750 0755 0800 0806 0812 0817 0823 0829 0835 0841 0848								
Ilford Lane Loxford Lane	0718 0723 0728 0734 0739		0745 0751 0757 0802 0808 0814 0820 0825 0831 0837 0843 0849 0856								
Barking Station	0722 0727 0732 0738 0743		0749 0755 0801 0807 0813 0819 0825 0830 0836 0842 0848 0854 0901								
River Road Barking By-Pass	0728 0733 0738 0744 0750		0756 0802 0808 0814 0820 0826 0832 0838 0844 0850 0856 0902 0909								
Thames View Estate Abridge Way	0732 0738 0743 0749 0755		0801 0808 0814 0820 0826 0832 0838 0844 0850 0856 0902 0907 0914								
Barking Reach Mallards Road	0735 0741 0747 0753 0759		0805 0812 0818 0824 0830 0836 0842 0848 0854 0900 0905 0910 0917								
Ilford Ilford Hill	0854 0900 0907		1143 1149		1225 1231		1349 1355 1401 1407 1413				
Ilford Lane Loxford Lane	0902 0908 0915	Then	1151 1157	Then	1233 1240	Then	1358 1404 1411 1417 1423				
Barking Station	0906 0912 0919	every 6	1155 1201	every 6	1237 1244	every 6	1402 1409 1416 1422 1428				
River Road Barking By-Pass	0914 0920 0926	minutes	1202 1209	minutes	1245 1252	minutes	1410 1417 1424 1430 1436				
Thames View Estate Abridge Way	0919 0925 0931	until	1207 1214	until	1250 1257	until	1415 1422 1429 1435 1441				
Barking Reach Mallards Road	0922 0928 0934		1210 1217		1253 1300		1418 1425 1433 1439 1445				
Ilford Ilford Hill	1419 1425 1431 1437 1443 1448 1454 1459				1529 1535 1541 1548		1654 1701				
Ilford Lane Loxford Lane	1429 1435 1441 1447 1453 1458 1504 1509			Then	1539 1545 1551 1558	Then	1704 1711				
Barking Station	1434 1440 1446 1452 1458 1503 1509 1514			every 6	1544 1550 1556 1603	every 6	1709 1716				
River Road Barking By-Pass	1442 1448 1454 1500 1506 1512 1518 1524			minutes	1554 1600 1606 1612	minutes	1718 1725				
Thames View Estate Abridge Way	1447 1453 1459 1506 1512 1518 1525 1531			until	1601 1606 1612 1618	until	1724 1731				
Barking Reach Mallards Road	1451 1457 1503 1510 1516 1522 1529 1535				1605 1610 1616 1622		1728 1735				
Ilford Ilford Hill	1706		1736 1743		1813 1819		1855 1903 1911 1919 1928 1936 1944				
Ilford Lane Loxford Lane	1716	Then	1746 1753	Then	1823 1829	Then	1905 1913 1921 1929 1937 1945 1953				
Barking Station	1721	every 6	1751 1758	every 6	1828 1834	every 6	1910 1918 1926 1934 1942 1950 1958				
River Road Barking By-Pass	1730	minutes	1800 1807	minutes	1837 1842	minutes	1918 1926 1933 1941 1949 1957 2005				
Thames View Estate Abridge Way	1736	until	1806 1813	until	1843 1848	until	1924 1932 1939 1947 1955 2003 2011				
Barking Reach Mallards Road	1740		1810 1817		1847 1852		1928 1936 1943 1951 1959 2006 2014				
Ilford Ilford Hill	1952 2000 2011 2022 2032 2042 2052 2103 2113 2123 2133						2243 2254 2305 2315 2325				
Ilford Lane Loxford Lane	2001 2009 2019 2029 2039 2049 2059 2109 2119 2129 2139					Then	2249 2300 2310 2320 2330				
Barking Station	2006 2014 2024 2034 2044 2054 2104 2114 2124 2134 2143					every 10	2253 2304 2314 2324 2334				
River Road Barking By-Pass	2013 2021 2031 2041 2051 2101 2110 2120 2130 2140 2149					minutes	2259 2309 2319 2329 2339				
Thames View Estate Abridge Way	2019 2027 2037 2047 2057 2107 2116 2126 2136 2145 2154					until	2304 2314 2324 2334 2344				
Barking Reach Mallards Road	2022 2030 2040 2050 2100 2110 2119 2129 2139 2148 2157						2307 2317 2327 2337 2347				
Ilford Ilford Hill	2335 2345 2355										
Ilford Lane Loxford Lane	2340 2350 0000										
Barking Station	2344 2354 0004										
River Road Barking By-Pass	2349 2359 0009										
Thames View Estate Abridge Way	2354 0004 0014										
Barking Reach Mallards Road	2357 0007 0017										

EL 1		Saturdays (also Good Friday)																
Ilford Ilford Hill	0030	0100	0130	0200	0230	0300	0330	0400	0430	0500	0530	Then every 12 minutes until	0730	0738	0746	0754	0802	
Ilford Lane Loxford Lane	0035	0105	0135	0204	0234	0304	0334	0404	0434	0504	0535		0735	0743	0751	0759	0808	
Barking Station	0039	0109	0139	0208	0238	0308	0338	0408	0438	0508	0538		0738	0746	0754	0802	0812	
River Road Barking By-Pass	0044	0114	0143	0212	0242	0312	0342	0412	0442	0512	0543		0743	0752	0800	0808	0818	
Thames View Estate Abridge Way	0049	0119	0147	0216	0246	0316	0346	0416	0446	0516	0547	0747	0756	0804	0812	0822		
Barking Reach Mallards Road	0052	0122	0150	0219	0249	0319	0349	0419	0449	0519	0550	0750	0759	0807	0815	0825		
Ilford Ilford Hill	0810	0818	0827	0834	0840	Then every 6 minutes until	0904	0909	Then every 6 minutes until	0957	1002	Then every 6 minutes until	1056	1101	1107			
Ilford Lane Loxford Lane	0816	0824	0833	0840	0846		0910	0915		1003	1009		1103	1109	1115			
Barking Station	0820	0828	0837	0844	0850		0914	0919		1007	1013		1107	1113	1119			
River Road Barking By-Pass	0826	0834	0843	0850	0856		0920	0926		1014	1020		1114	1120	1126			
Thames View Estate Abridge Way	0830	0838	0847	0854	0901	0925	0931	1019	1025	1119	1125	1131						
Barking Reach Mallards Road	0833	0841	0850	0857	0904	0928	0934	1022	1028	1122	1128	1134						
Ilford Ilford Hill	1112	1118	1124	1130	1136	1142	1148	1154	1200	1206	1212	Then every 6 minutes until	1418	1424	Then every 6 minutes until	1742		
Ilford Lane Loxford Lane	1120	1126	1132	1138	1144	1150	1156	1202	1209	1215	1222		1428	1435		1753		
Barking Station	1124	1130	1137	1143	1149	1155	1201	1207	1214	1220	1227		1433	1440		1758		
River Road Barking By-Pass	1131	1137	1144	1150	1156	1202	1209	1215	1222	1228	1235		1441	1448		1806		
Thames View Estate Abridge Way	1136	1142	1149	1155	1201	1207	1214	1220	1227	1233	1241	1447	1454	1812				
Barking Reach Mallards Road	1139	1145	1152	1158	1204	1210	1217	1223	1230	1236	1244	1450	1457	1815				
Ilford Ilford Hill	1748	Then every 6 minutes until	1836	1844	1852	1900	1908	1916	1924	1932	1940	1950	2001	2011	2021	2032	2042	
Ilford Lane Loxford Lane	1759		1847	1855	1903	1911	1919	1926	1934	1942	1950	1959	2009	2019	2029	2039	2049	
Barking Station	1804		1852	1900	1908	1916	1924	1931	1939	1947	1955	2004	2014	2024	2034	2044	2054	
River Road Barking By-Pass	1811		1859	1907	1915	1923	1931	1938	1946	1954	2002	2011	2021	2031	2040	2050	2100	
Thames View Estate Abridge Way	1817	1905	1913	1921	1929	1937	1944	1952	2000	2007	2016	2026	2036	2045	2055	2105		
Barking Reach Mallards Road	1820	1908	1916	1924	1932	1940	1947	1955	2003	2010	2019	2029	2039	2048	2058	2108		
Ilford Ilford Hill	2052	Then every 10 minutes until	2152	2203	Then every 10 minutes until	2313	2324	2335	2345	2355								
Ilford Lane Loxford Lane	2059		2159	2210		2320	2330	2340	2350	0000								
Barking Station	2104		2204	2214		2324	2334	2344	2354	0004								
River Road Barking By-Pass	2110		2210	2220		2330	2340	2350	0000	0010								
Thames View Estate Abridge Way	2115	2215	2225	2335	2345	2355	0005	0015										
Barking Reach Mallards Road	2118	2218	2228	2338	2348	2358	0008	0018										
EL 1		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Ilford Ilford Hill	0030	0100	0130	0200	0230	0300	0330	0400	0430	0500	0530	0550	0610	0630	0650	0710	0725	0740
Ilford Lane Loxford Lane	0035	0105	0135	0205	0235	0305	0334	0404	0434	0504	0534	0554	0615	0635	0655	0715	0730	0745
Barking Station	0039	0109	0138	0208	0238	0308	0337	0407	0437	0507	0537	0557	0618	0638	0658	0718	0733	0748
River Road Barking By-Pass	0045	0114	0143	0213	0243	0313	0342	0412	0442	0512	0542	0602	0623	0643	0703	0723	0738	0753
Thames View Estate Abridge Way	0050	0119	0147	0217	0247	0317	0346	0416	0446	0516	0546	0606	0627	0647	0707	0727	0742	0757
Barking Reach Mallards Road	0053	0122	0150	0220	0250	0320	0349	0419	0449	0519	0549	0609	0630	0650	0710	0730	0745	0800
Ilford Ilford Hill	0755	0805	0815	0825	0835	0844	0853	0903	0913	0923	0933	0943	0953	1003	1012	1022	1030	1040
Ilford Lane Loxford Lane	0800	0810	0820	0830	0840	0850	0859	0909	0919	0929	0939	0949	0959	1009	1018	1028	1037	1047
Barking Station	0804	0814	0824	0834	0844	0854	0903	0913	0923	0933	0943	0953	1003	1013	1022	1032	1041	1051
River Road Barking By-Pass	0809	0819	0829	0839	0849	0859	0909	0919	0929	0939	0949	0959	1009	1019	1028	1038	1047	1057
Thames View Estate Abridge Way	0814	0824	0834	0844	0854	0904	0914	0924	0934	0944	0954	1004	1014	1024	1033	1043	1052	1102
Barking Reach Mallards Road	0817	0827	0837	0847	0857	0907	0917	0927	0937	0947	0957	1008	1018	1028	1037	1047	1056	1106
Ilford Ilford Hill	1049	1059	1109	1119	1129	1139	1149	1159	1209	1219	1229	1239	1249	1259	Then every 10 minutes until	1419	1429	
Ilford Lane Loxford Lane	1056	1106	1116	1126	1136	1146	1157	1208	1218	1228	1238	1248	1258	1309		1429	1440	
Barking Station	1100	1110	1120	1130	1140	1150	1201	1212	1222	1232	1242	1252	1303	1314		1434	1445	
River Road Barking By-Pass	1107	1117	1127	1137	1147	1157	1209	1220	1230	1240	1250	1300	1311	1322		1442	1453	
Thames View Estate Abridge Way	1112	1122	1132	1142	1152	1203	1215	1226	1236	1246	1256	1306	1317	1328	1448	1459		
Barking Reach Mallards Road	1116	1126	1136	1146	1156	1207	1219	1230	1240	1250	1300	1310	1321	1332	1452	1503		
Ilford Ilford Hill	1439	Then every 10 minutes until	1609	1619	Then every 10 minutes until	1719	1730	1740	1751	1801	1811	1821	1831	1841	1851	1902		
Ilford Lane Loxford Lane	1450		1620	1630		1730	1740	1750	1800	1810	1820	1830	1840	1850	1900	1910		
Barking Station	1455		1625	1635		1735	1745	1755	1805	1815	1825	1835	1845	1855	1905	1915		
River Road Barking By-Pass	1503		1633	1642		1742	1752	1802	1812	1822	1832	1842	1852	1902	1912	1922		
Thames View Estate Abridge Way	1509	1639	1648	1748	1758	1807	1817	1827	1837	1847	1857	1907	1917	1927				
Barking Reach Mallards Road	1513	1643	1652	1752	1802	1811	1821	1831	1841	1851	1901	1910	1920	1930				
Ilford Ilford Hill	1912	1922	1932	1942	1953	2003	2013	2023	2034	2044	2054	2105	2115	2125	2135	2145	2155	2205
Ilford Lane Loxford Lane	1920	1930	1940	1950	2001	2011	2021	2031	2041	2051	2101	2111	2121	2131	2141	2151	2201	2211
Barking Station	1925	1935	1945	1955	2005	2015	2025	2035	2045	2055	2105	2115	2125	2135	2145	2155	2205	2215
River Road Barking By-Pass	1932	1941	1951	2001	2011	2021	2031	2041	2051	2101	2111	2121	2131	2141	2151	2201	2210	2220
Thames View Estate Abridge Way	1937	1946	1956	2006	2016	2026	2036	2046	2056	2106	2116	2126	2136	2146	2156	2206	2215	2225
Barking Reach Mallards Road	1940	1949	1959	2009	2019	2029	2039	2049	2059	2109	2119	2129	2139	2149	2159	2209	2218	2228
Ilford Ilford Hill	2215	Then every 10 minutes until	2355															
Ilford Lane Loxford Lane	2221		0001															
Barking Station	2225		0005															
River Road Barking By-Pass	2230		0010															
Thames View Estate Abridge Way	2235	0015																
Barking Reach Mallards Road	2238	0018																