

# EL2

## Dagenham Dock – Barking – Becontree Heath

EL2	Mondays to Fridays																		
Dagenham Dock Station	0510	0530	0545	0600	0615	0623	0631	0639	0647	0654	0701	0709	0716	0724	0731	0738	0746	0753	
Dagenham Thames Gateway Park	0512	0532	0547	0602	0617	0625	0633	0641	0649	0656	0703	0711	0718	0726	0733	0740	0748	0755	
Thames View Estate Stern Close	0515	0535	0550	0606	0621	0629	0637	0645	0653	0700	0707	0715	0722	0730	0737	0744	0752	0759	
Thames View Estate Abridge Way	0516	0536	0551	0607	0622	0630	0638	0646	0654	0702	0709	0717	0724	0732	0739	0746	0754	0801	
River Road Barking By-Pass	0521	0542	0557	0613	0628	0636	0644	0652	0700	0708	0715	0723	0730	0738	0745	0752	0800	0808	
Barking Station	0527	0548	0603	0620	0635	0644	0652	0700	0709	0717	0724	0732	0740	0748	0756	0803	0811	0819	
Faircross Longbridge Road	0531	0552	0607	0624	0639	0648	0657	0705	0714	0722	0729	0737	0745	0753	0801	0809	0817	0825	
Becontree Martins Corner	0537	0558	0613	0630	0645	0655	0704	0713	0722	0730	0737	0745	0753	0801	0809	0817	0825	0833	
Becontree Heath Ship & Anchor	0543	0604	0619	0637	0653	0703	0712	0721	0730	0738	0746	0754	0802	0810	0818	0826	0834	0842	
Dagenham Dock Station	0801	0809	0816	0824	0832	0839	0847	0855	0903	0911	0919	0927	Then every 8 minutes until	1351	1358	1406	1414		
Dagenham Thames Gateway Park	0803	0811	0818	0826	0834	0841	0849	0857	0905	0913	0921	0929		1353	1400	1408	1416		
Thames View Estate Stern Close	0807	0815	0822	0830	0838	0845	0853	0901	0908	0916	0924	0932		1356	1403	1411	1419		
Thames View Estate Abridge Way	0809	0817	0824	0832	0840	0847	0855	0903	0910	0918	0926	0933		1357	1404	1412	1420		
River Road Barking By-Pass	0816	0824	0831	0839	0847	0854	0902	0910	0917	0924	0932	0939		1403	1410	1418	1426		
Barking Station	0827	0835	0842	0850	0858	0904	0912	0920	0927	0934	0941	0948		1412	1419	1427	1435		
Faircross Longbridge Road	0833	0841	0848	0856	0904	0911	0919	0927	0934	0941	0948	0955		1419	1426	1434	1442		
Becontree Martins Corner	0841	0849	0856	0904	0912	0919	0927	0935	0942	0949	0956	1003		1427	1434	1442	1450		
Becontree Heath Ship & Anchor	0850	0858	0906	0914	0922	0929	0937	0945	0952	0959	1006	1013		1437	1445	1453	1501		
Dagenham Dock Station	1422	1430	1438	1446	1454	1501	1508	1516	1524	1532	1540	1548	1556	1604	1612	Then every 8 minutes until	1748		
Dagenham Thames Gateway Park	1424	1432	1440	1448	1456	1503	1510	1518	1526	1534	1542	1550	1558	1606	1614		1750		
Thames View Estate Stern Close	1427	1435	1443	1451	1459	1506	1513	1521	1529	1537	1545	1553	1601	1610	1618		1754		
Thames View Estate Abridge Way	1428	1436	1444	1452	1500	1507	1514	1522	1530	1538	1546	1554	1602	1611	1619		1755		
River Road Barking By-Pass	1434	1442	1450	1458	1506	1513	1521	1529	1537	1545	1553	1601	1609	1617	1625		1801		
Barking Station	1443	1451	1459	1507	1515	1523	1531	1539	1547	1555	1603	1611	1619	1627	1635		1811		
Faircross Longbridge Road	1450	1458	1506	1515	1523	1531	1539	1547	1555	1603	1611	1619	1627	1635	1642		1818		
Becontree Martins Corner	1458	1506	1514	1523	1531	1539	1547	1555	1603	1611	1619	1627	1635	1643	1650		1826		
Becontree Heath Ship & Anchor	1509	1518	1526	1535	1543	1551	1559	1607	1614	1621	1629	1637	1644	1652	1659		1835		
Dagenham Dock Station	1756	1804	1812	1820	1828	1836	1844	1852	1902	1914	1926	1938	1950	2005	2020	2035	2050	2105	
Dagenham Thames Gateway Park	1758	1806	1814	1822	1830	1838	1846	1854	1904	1916	1928	1940	1952	2007	2022	2037	2052	2107	
Thames View Estate Stern Close	1802	1809	1817	1825	1833	1841	1849	1857	1907	1919	1931	1943	1955	2010	2025	2040	2055	2110	
Thames View Estate Abridge Way	1803	1810	1818	1826	1834	1842	1850	1858	1908	1920	1932	1944	1956	2011	2026	2041	2056	2111	
River Road Barking By-Pass	1808	1815	1823	1831	1839	1847	1855	1903	1913	1925	1937	1949	2001	2016	2031	2046	2101	2116	
Barking Station	1818	1825	1833	1841	1849	1857	1905	1913	1923	1934	1945	1957	2009	2024	2039	2054	2108	2123	
Faircross Longbridge Road	1825	1832	1839	1847	1855	1903	1911	1919	1929	1940	1951	2003	2014	2029	2044	2059	2113	2128	
Becontree Martins Corner	1833	1839	1846	1854	1902	1910	1918	1926	1936	1947	1958	2010	2021	2036	2051	2106	2120	2135	
Becontree Heath Ship & Anchor	1841	1847	1854	1902	1910	1918	1925	1933	1943	1954	2005	2017	2028	2043	2058	2113	2127	2142	
Dagenham Dock Station	2120	2135	2150	2205	2220	2235	2250	2305	2320	2335	2350	0005	0020	0035					
Dagenham Thames Gateway Park	2122	2137	2152	2207	2222	2237	2252	2307	2322	2337	2352	0007	0022	0037					
Thames View Estate Stern Close	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355	0010	0025	0040					
Thames View Estate Abridge Way	2126	2141	2156	2211	2226	2241	2256	2311	2326	2341	2356	0011	0026	0041					
River Road Barking By-Pass	2131	2146	2201	2216	2231	2245	2300	2315	2330	2345	0000	0015	0030	0045					
Barking Station	2138	2153	2207	2222	2237	2251	2306	2321	2335	2350	0005	0020	0035	0050					
Faircross Longbridge Road	2143	2158	2212	2227	2242	2256	2310	2325	2339	2354	0009	0024	0039	0054					
Becontree Martins Corner	2150	2205	2219	2234	2249	2303	2316	2331	2345	0000	0015	0030	0045	0100					
Becontree Heath Ship & Anchor	2157	2212	2226	2240	2255	2309	2322	2337	2351	0005	0020	0035	0050	0105					
EL2	Saturdays (also Good Friday)																		
Dagenham Dock Station	0510	0530	0550	0610	0630	0650	0704	0719	0734	0749	Then every 10 minutes until	0829	0839	0849	0859	0909	0919		
Dagenham Thames Gateway Park	0512	0532	0552	0612	0632	0652	0706	0721	0736	0751		0831	0841	0851	0901	0911	0921		
Thames View Estate Stern Close	0515	0535	0555	0615	0635	0655	0709	0724	0739	0754		0834	0844	0854	0904	0914	0924		
Thames View Estate Abridge Way	0516	0536	0556	0616	0636	0656	0710	0725	0740	0755		0835	0845	0855	0905	0915	0925		
River Road Barking By-Pass	0521	0541	0601	0621	0641	0701	0715	0730	0745	0800		0840	0850	0900	0910	0920	0930		
Barking Station	0527	0547	0608	0628	0648	0708	0722	0737	0752	0807		0847	0858	0908	0918	0928	0938		
Faircross Longbridge Road	0531	0551	0612	0632	0652	0712	0726	0741	0756	0811		0851	0902	0913	0923	0933	0943		
Becontree Martins Corner	0537	0557	0618	0638	0658	0718	0732	0747	0802	0817		0857	0909	0920	0930	0940	0950		
Becontree Heath Ship & Anchor	0543	0603	0624	0644	0704	0724	0739	0754	0809	0824		0904	0917	0928	0938	0948	0958		

EL2		Saturdays (also Good Friday) (cont.)																	
Dagenham Dock Station	0929	0939	0949	0957	1007	1016	1026		1106	1115		1205	1215		1445				
Dagenham Thames Gateway Park	0931	0941	0951	0959	1009	1018	1028		1108	1117		1207	1217		1447				
Thames View Estate Stern Close	0934	0944	0954	1002	1012	1021	1031	Then	1111	1120	Then	1210	1220	Then	1450				
Thames View Estate Abridge Way	0935	0945	0955	1004	1014	1023	1033	every 10	1113	1122	every 10	1212	1222	every 10	1452				
River Road Barking By-Pass	0940	0950	1000	1010	1020	1029	1039	minutes	1119	1128	minutes	1218	1228	minutes	1458				
Barking Station	0948	0958	1008	1018	1028	1038	1048	until	1128	1138	until	1228	1238	until	1508				
Faircross Longbridge Road	0953	1003	1014	1024	1034	1044	1054		1134	1144		1234	1244		1514				
Becontree Martins Corner	1000	1011	1022	1032	1042	1052	1102		1142	1152		1242	1253		1523				
Becontree Heath Ship & Anchor	1009	1020	1031	1041	1051	1101	1112		1152	1202		1252	1303		1533				
Dagenham Dock Station	1455			1615	1626				1726	1736	1746	1756	1806	1816	1826	1836	1848	1903	1918
Dagenham Thames Gateway Park	1457			1617	1628				1728	1738	1748	1758	1808	1818	1828	1838	1850	1905	1920
Thames View Estate Stern Close	1500	Then		1620	1631	Then			1731	1741	1751	1801	1811	1821	1831	1841	1853	1908	1923
Thames View Estate Abridge Way	1501	every 10		1621	1632	every 10			1732	1742	1752	1802	1812	1822	1832	1842	1854	1909	1924
River Road Barking By-Pass	1507	minutes		1627	1638	minutes			1738	1748	1758	1807	1817	1827	1837	1847	1859	1914	1929
Barking Station	1517	until		1637	1647	until			1747	1757	1807	1816	1826	1836	1846	1855	1907	1922	1937
Faircross Longbridge Road	1523			1643	1653				1753	1803	1813	1822	1832	1842	1852	1901	1912	1927	1942
Becontree Martins Corner	1532			1652	1702				1802	1811	1821	1830	1840	1850	1900	1909	1920	1935	1949
Becontree Heath Ship & Anchor	1542			1702	1712				1812	1821	1831	1840	1850	1900	1910	1918	1929	1944	1957
Dagenham Dock Station	1933	1948	2003	2018	2033			Then	2218	2234	2250			0035					
Dagenham Thames Gateway Park	1935	1950	2005	2020	2035			every 15	2220	2236	2252			0037					
Thames View Estate Stern Close	1938	1953	2008	2023	2038			minutes	2223	2239	2255	Then		0040					
Thames View Estate Abridge Way	1939	1954	2009	2024	2039			until	2224	2240	2256	every 15		0041					
River Road Barking By-Pass	1944	1959	2014	2029	2044				2229	2244	2300	minutes		0045					
Barking Station	1952	2007	2022	2037	2051				2236	2250	2306	until		0051					
Faircross Longbridge Road	1957	2012	2027	2042	2056				2241	2255	2310			0055					
Becontree Martins Corner	2004	2018	2033	2048	2102				2247	2301	2316			0101					
Becontree Heath Ship & Anchor	2011	2025	2040	2055	2109				2254	2307	2322			0107					
EL2		Sundays and other Public Holidays (except Christmas Day)																	
Dagenham Dock Station	0510	0545	0615	0645	0715	0745	0815	0845	0905	0920	0933	0948	1003	1017	1032	1047	1102	1117	
Dagenham Thames Gateway Park	0512	0547	0617	0647	0717	0747	0817	0847	0907	0922	0935	0950	1005	1019	1034	1049	1104	1119	
Thames View Estate Stern Close	0515	0550	0620	0650	0720	0750	0820	0850	0910	0925	0938	0953	1008	1022	1037	1052	1107	1122	
Thames View Estate Abridge Way	0516	0551	0621	0651	0721	0751	0821	0851	0911	0926	0940	0955	1010	1024	1039	1054	1109	1124	
River Road Barking By-Pass	0520	0555	0625	0656	0726	0756	0826	0856	0916	0931	0945	1000	1016	1030	1045	1100	1115	1130	
Barking Station	0526	0601	0631	0702	0732	0802	0832	0902	0923	0939	0953	1008	1024	1039	1054	1109	1124	1139	
Faircross Longbridge Road	0529	0604	0634	0705	0735	0805	0835	0906	0927	0943	0958	1014	1030	1045	1100	1115	1130	1145	
Becontree Martins Corner	0535	0610	0640	0711	0741	0812	0842	0913	0934	0950	1006	1022	1038	1053	1108	1123	1138	1153	
Becontree Heath Ship & Anchor	0540	0615	0645	0716	0746	0818	0848	0919	0940	0956	1013	1029	1045	1100	1116	1131	1146	1202	
Dagenham Dock Station	1131	1146	1201	1216	1230			Then	1415	1430	1445	1500	1515	1531	1546	1601	1616	1631	1646
Dagenham Thames Gateway Park	1133	1148	1203	1218	1232			every 15	1417	1432	1447	1502	1517	1533	1548	1603	1618	1633	1648
Thames View Estate Stern Close	1136	1151	1206	1221	1235			minutes	1420	1435	1450	1505	1520	1536	1551	1606	1621	1636	1651
Thames View Estate Abridge Way	1138	1153	1208	1223	1237			until	1422	1437	1452	1507	1522	1537	1552	1607	1622	1637	1652
River Road Barking By-Pass	1144	1159	1214	1229	1243				1428	1443	1458	1513	1528	1543	1558	1613	1628	1642	1657
Barking Station	1153	1208	1223	1238	1253				1438	1453	1508	1523	1538	1553	1607	1622	1637	1651	1706
Faircross Longbridge Road	1159	1214	1229	1244	1259				1444	1459	1514	1529	1544	1559	1613	1628	1643	1657	1712
Becontree Martins Corner	1207	1222	1237	1252	1307				1452	1507	1522	1537	1551	1606	1620	1635	1650	1704	1719
Becontree Heath Ship & Anchor	1217	1232	1247	1302	1317				1502	1516	1531	1545	1559	1614	1628	1643	1658	1712	1727
Dagenham Dock Station	1701	1716	1731	1746	1802	1817	1832	1847	1902	1917	1932			Then	2047	2103	2118	2133	2148
Dagenham Thames Gateway Park	1703	1718	1733	1748	1804	1819	1834	1849	1904	1919	1934			every 15	2049	2105	2120	2135	2150
Thames View Estate Stern Close	1706	1721	1736	1751	1807	1822	1837	1852	1907	1922	1937			minutes	2052	2108	2123	2138	2153
Thames View Estate Abridge Way	1707	1722	1737	1752	1808	1823	1838	1853	1908	1923	1938			until	2053	2109	2124	2139	2154
River Road Barking By-Pass	1712	1727	1742	1757	1813	1828	1843	1858	1913	1928	1943				2058	2113	2128	2143	2158
Barking Station	1721	1736	1751	1806	1821	1836	1851	1906	1921	1936	1950				2105	2120	2135	2149	2204
Faircross Longbridge Road	1727	1742	1757	1812	1827	1841	1855	1910	1925	1940	1954				2109	2124	2139	2153	2207
Becontree Martins Corner	1734	1749	1804	1819	1834	1848	1902	1917	1932	1947	2001				2116	2131	2146	2200	2214
Becontree Heath Ship & Anchor	1742	1757	1812	1827	1842	1856	1910	1925	1940	1955	2008				2123	2138	2153	2207	2221
Dagenham Dock Station	2203	2218	2234	2249	2305	2320	2335	2350	0005	0020	0035								
Dagenham Thames Gateway Park	2205	2220	2236	2251	2307	2322	2337	2352	0007	0022	0037								
Thames View Estate Stern Close	2208	2223	2239	2254	2310	2325	2340	2355	0010	0025	0040								
Thames View Estate Abridge Way	2209	2224	2240	2255	2311	2326	2341	2356	0011	0026	0041								
River Road Barking By-Pass	2213	2228	2244	2259	2315	2330	2344	2359	0014	0029	0044								
Barking Station	2219	2234	2250	2305	2320	2335	2349	0004	0019	0034	0049								
Faircross Longbridge Road	2222	2237	2253	2308	2323	2338	2352	0007	0022	0037	0052								
Becontree Martins Corner	2229	2244	2259	2314	2329	2344	2358	0013	0028	0043	0058								
Becontree Heath Ship & Anchor	2236	2250	2304	2319	2334	2349	0003	0018	0033	0048	0103								

# EL2

## Becontree Heath – Barking – Dagenham Dock

EL2	Mondays to Fridays																		
	NSD SD																		
Becontree Heath Ship & Anchor	0510	0530	0550	0559	0608	0618	0628	0628	0637	0645	0652	0700	0707	0714	0722	0729	0735	0743	
Becontree Martins Corner	0516	0536	0556	0605	0615	0625	0635	0635	0645	0653	0700	0708	0715	0722	0730	0737	0744	0752	
Faircross Longbridge Road	0523	0543	0604	0614	0624	0635	0645	0646	0656	0704	0712	0720	0727	0734	0742	0749	0756	0804	
Barking Station	0526	0546	0607	0618	0628	0639	0650	0651	0701	0709	0717	0725	0732	0740	0748	0755	0802	0810	
River Road Barking By-Pass	0530	0551	0612	0623	0633	0644	0655	0656	0707	0715	0723	0731	0739	0747	0755	0802	0810	0818	
Thames View Estate Abridge Way	0535	0556	0617	0628	0638	0649	0700	0701	0712	0720	0728	0736	0744	0752	0800	0807	0815	0823	
Thames View Estate Stern Close	0536	0557	0618	0629	0639	0650	0701	0702	0713	0721	0729	0737	0745	0753	0801	0809	0817	0825	
Dagenham Thames Gateway Park	0539	0600	0621	0632	0642	0653	0704	0705	0716	0724	0732	0740	0748	0756	0804	0812	0820	0828	
Dagenham Dock Station	0540	0601	0622	0633	0643	0654	0705	0706	0717	0725	0733	0741	0749	0757	0805	0813	0821	0829	
Becontree Heath Ship & Anchor	0751	0759	0807	0815	0823	0831	0839	0847	0855	0904	Then every 8 minutes until	1320	1328	Then every 8 minutes until	1432	1439			
Becontree Martins Corner	0800	0808	0816	0824	0832	0840	0848	0856	0904	0912		1328	1336		1440	1447			
Faircross Longbridge Road	0812	0820	0828	0836	0844	0852	0900	0908	0915	0923		1339	1347		1451	1458			
Barking Station	0818	0826	0834	0842	0850	0858	0905	0913	0920	0928		1344	1352		1456	1503			
River Road Barking By-Pass	0826	0834	0842	0850	0858	0906	0913	0921	0928	0936		1352	1400		1504	1512			
Thames View Estate Abridge Way	0831	0839	0847	0855	0903	0911	0918	0926	0933	0941		1357	1406		1510	1518			
Thames View Estate Stern Close	0833	0841	0849	0857	0905	0912	0919	0927	0934	0942		1358	1407		1511	1519			
Dagenham Thames Gateway Park	0836	0844	0852	0900	0908	0915	0922	0930	0937	0945		1401	1410		1514	1522			
Dagenham Dock Station	0837	0845	0853	0901	0909	0916	0923	0931	0938	0946	1402	1411	1515	1523					
Becontree Heath Ship & Anchor	1446	1453	1501	1509	1516	1524	1532	1540	Then every 8 minutes until	1724	1732	1740	1748	1756	1804	1812	1820		
Becontree Martins Corner	1454	1501	1509	1517	1525	1533	1541	1549		1733	1740	1748	1756	1804	1812	1820	1828		
Faircross Longbridge Road	1505	1512	1520	1528	1536	1544	1552	1600		1744	1751	1759	1807	1815	1823	1831	1839		
Barking Station	1510	1517	1525	1533	1541	1549	1557	1605		1749	1756	1804	1812	1820	1828	1836	1844		
River Road Barking By-Pass	1519	1527	1535	1543	1551	1559	1607	1614		1758	1805	1813	1821	1829	1837	1844	1852		
Thames View Estate Abridge Way	1525	1533	1541	1549	1557	1605	1613	1620		1804	1811	1819	1827	1835	1843	1850	1858		
Thames View Estate Stern Close	1526	1534	1542	1550	1558	1606	1614	1621		1805	1812	1820	1828	1836	1844	1851	1859		
Dagenham Thames Gateway Park	1529	1537	1545	1553	1601	1609	1617	1624		1808	1815	1823	1831	1839	1847	1854	1902		
Dagenham Dock Station	1530	1538	1546	1554	1602	1610	1618	1625	1809	1816	1824	1832	1840	1848	1855	1903			
Becontree Heath Ship & Anchor	1828	1836	1848	1900	1912	1924	1936	1951	2006	2022	2038	2053	2108	2123	2138	2153	2208	2223	
Becontree Martins Corner	1836	1843	1855	1907	1919	1931	1943	1958	2013	2029	2044	2059	2114	2129	2144	2159	2214	2229	
Faircross Longbridge Road	1846	1853	1905	1917	1929	1941	1953	2008	2023	2039	2053	2107	2122	2137	2152	2207	2222	2237	
Barking Station	1851	1858	1910	1922	1934	1945	1957	2012	2027	2042	2056	2110	2125	2140	2155	2210	2225	2240	
River Road Barking By-Pass	1859	1906	1918	1930	1941	1952	2004	2019	2034	2049	2103	2117	2132	2147	2202	2216	2231	2246	
Thames View Estate Abridge Way	1905	1912	1924	1936	1947	1958	2010	2025	2040	2055	2109	2123	2138	2153	2208	2222	2236	2251	
Thames View Estate Stern Close	1906	1913	1925	1937	1948	1959	2011	2026	2041	2056	2110	2124	2139	2154	2209	2223	2237	2252	
Dagenham Thames Gateway Park	1909	1916	1928	1940	1951	2002	2014	2029	2044	2059	2113	2127	2142	2157	2212	2226	2240	2255	
Dagenham Dock Station	1910	1917	1929	1941	1952	2003	2015	2030	2045	2100	2114	2128	2143	2158	2213	2227	2241	2256	
Becontree Heath Ship & Anchor	2238	2254	2310	2325	2340	2355													
Becontree Martins Corner	2244	2300	2315	2330	2345	0000													
Faircross Longbridge Road	2252	2307	2322	2337	2352	0006													
Barking Station	2255	2310	2325	2340	2355	0009													
River Road Barking By-Pass	2301	2315	2330	2345	0000	0014													
Thames View Estate Abridge Way	2306	2320	2335	2350	0005	0019													
Thames View Estate Stern Close	2307	2321	2336	2351	0006	0020													
Dagenham Thames Gateway Park	2310	2324	2339	2354	0009	0023													
Dagenham Dock Station	2311	2325	2340	2355	0010	0024													
Notes:	SD - Operates on school days only								NSD - Operates during school holidays only										

EL2		Saturdays (also Good Friday)																	
Becontree Heath Ship & Anchor	0510	0530	0550	0610	0630	0650	0710	0730	0745	0800	0815	0830	0840	0849	0858	0907	0917	0926	
Becontree Martins Corner	0515	0535	0555	0615	0635	0655	0716	0736	0751	0806	0821	0836	0846	0855	0904	0914	0924	0933	
Faircross Longbridge Road	0522	0542	0602	0622	0642	0702	0723	0744	0759	0814	0829	0844	0854	0904	0914	0924	0934	0943	
Barking Station	0525	0545	0605	0625	0645	0705	0726	0747	0802	0817	0832	0847	0857	0908	0918	0928	0938	0947	
River Road Barking By-Pass	0530	0550	0610	0630	0650	0710	0731	0753	0808	0823	0838	0853	0903	0914	0924	0934	0944	0954	
Thames View Estate Abridge Way	0534	0554	0614	0635	0655	0715	0736	0758	0813	0828	0843	0858	0908	0919	0929	0939	0949	0959	
Thames View Estate Stern Close	0535	0555	0615	0636	0656	0716	0737	0759	0814	0829	0844	0859	0909	0920	0930	0940	0950	1000	
Dagenham Thames Gateway Park	0538	0558	0618	0639	0659	0719	0740	0802	0817	0832	0847	0902	0912	0923	0933	0943	0953	1003	
Dagenham Dock Station	0539	0559	0619	0640	0700	0720	0741	0803	0818	0833	0848	0903	0913	0924	0934	0944	0954	1004	
Becontree Heath Ship & Anchor	0936	0945	0954	1003			1113	1123	1133			1733	1743	1753	1803	1813	1823	1833	
Becontree Martins Corner	0943	0952	1001	1011			1121	1131	1141			1741	1751	1801	1811	1821	1831	1841	
Faircross Longbridge Road	0953	1002	1012	1022			1132	1142	1152			1752	1802	1811	1821	1831	1841	1851	
Barking Station	0957	1007	1017	1027			1137	1147	1157			1757	1807	1816	1826	1836	1846	1856	
River Road Barking By-Pass	1004	1014	1024	1034			1144	1155	1205			1805	1814	1823	1833	1843	1853	1903	
Thames View Estate Abridge Way	1009	1019	1029	1039			1149	1200	1211			1811	1820	1829	1839	1849	1859	1909	
Thames View Estate Stern Close	1010	1020	1030	1040			1150	1201	1212			1812	1821	1830	1840	1850	1900	1910	
Dagenham Thames Gateway Park	1013	1023	1033	1043			1153	1204	1215			1815	1824	1833	1843	1853	1903	1913	
Dagenham Dock Station	1014	1024	1034	1044			1154	1205	1216			1816	1825	1834	1844	1854	1904	1914	
Becontree Heath Ship & Anchor	1845	1855	1905	1916	1928	1940	1955	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225	2240	
Becontree Martins Corner	1853	1903	1913	1924	1936	1948	2003	2017	2032	2047	2102	2117	2132	2147	2202	2217	2232	2247	
Faircross Longbridge Road	1903	1913	1923	1934	1946	1957	2011	2025	2040	2055	2110	2125	2140	2155	2210	2225	2240	2255	
Barking Station	1907	1917	1927	1938	1950	2001	2014	2028	2043	2058	2113	2128	2143	2158	2213	2228	2243	2258	
River Road Barking By-Pass	1914	1924	1934	1945	1957	2008	2021	2035	2050	2105	2119	2134	2149	2204	2219	2234	2249	2304	
Thames View Estate Abridge Way	1920	1930	1940	1951	2003	2014	2027	2041	2056	2111	2125	2140	2155	2210	2225	2239	2254	2309	
Thames View Estate Stern Close	1921	1931	1941	1952	2004	2015	2028	2042	2057	2112	2126	2141	2156	2211	2226	2240	2255	2310	
Dagenham Thames Gateway Park	1924	1934	1944	1955	2007	2018	2031	2045	2100	2115	2129	2144	2159	2214	2229	2243	2258	2313	
Dagenham Dock Station	1925	1935	1945	1956	2008	2019	2032	2046	2101	2116	2130	2145	2200	2215	2230	2244	2259	2314	
Becontree Heath Ship & Anchor	2255	2310	2325	2340	2355	0510													
Becontree Martins Corner	2302	2316	2331	2346	0001	0516													
Faircross Longbridge Road	2309	2323	2338	2353	0007	0523													
Barking Station	2312	2326	2341	2356	0010	0526													
River Road Barking By-Pass	2318	2332	2347	0002	0016	0530													
Thames View Estate Abridge Way	2323	2337	2352	0007	0021	0535													
Thames View Estate Stern Close	2324	2338	2353	0008	0022	0536													
Dagenham Thames Gateway Park	2327	2341	2356	0011	0025	0539													
Dagenham Dock Station	2328	2342	2357	0012	0026	0540													
EL2		Sundays and other Public Holidays (except Christmas Day)																	
Becontree Heath Ship & Anchor	0510	0540	0610	0640	0710	0740	0810	0835	0855	0915	0930	0945	0958	1012	1027	1041	1055	1110	
Becontree Martins Corner	0515	0545	0615	0645	0715	0745	0816	0841	0901	0921	0936	0952	1006	1020	1035	1049	1103	1118	
Faircross Longbridge Road	0522	0552	0622	0652	0722	0752	0824	0849	0909	0929	0944	1001	1016	1030	1045	1059	1114	1129	
Barking Station	0525	0555	0625	0655	0725	0755	0827	0852	0912	0932	0948	1005	1020	1034	1049	1104	1119	1134	
River Road Barking By-Pass	0530	0600	0630	0700	0730	0801	0833	0858	0918	0938	0954	1012	1027	1042	1057	1112	1127	1142	
Thames View Estate Abridge Way	0533	0603	0633	0703	0733	0805	0837	0903	0923	0943	0959	1017	1032	1047	1102	1117	1132	1147	
Thames View Estate Stern Close	0534	0604	0634	0704	0734	0806	0838	0904	0924	0944	1000	1018	1033	1048	1103	1118	1133	1148	
Dagenham Thames Gateway Park	0537	0607	0637	0707	0737	0809	0841	0907	0927	0947	1003	1021	1036	1051	1106	1121	1136	1151	
Dagenham Dock Station	0538	0608	0638	0708	0738	0810	0842	0908	0928	0948	1004	1022	1037	1052	1107	1122	1137	1152	
Becontree Heath Ship & Anchor	1125			1255	1310			1510	1525	1540			1655	1710	1725	1740	1755	1810	
Becontree Martins Corner	1133			1303	1318			1518	1533	1547			1702	1717	1732	1746	1801	1816	
Faircross Longbridge Road	1144			1314	1329			1529	1543	1557			1712	1727	1742	1756	1810	1825	
Barking Station	1149			1319	1334			1534	1548	1602			1717	1732	1746	1800	1814	1829	
River Road Barking By-Pass	1157			1327	1342			1542	1556	1610			1725	1739	1753	1807	1821	1836	
Thames View Estate Abridge Way	1202			1332	1348			1548	1602	1616			1731	1745	1759	1812	1826	1841	
Thames View Estate Stern Close	1203			1333	1349			1549	1603	1617			1732	1746	1800	1813	1827	1842	
Dagenham Thames Gateway Park	1206			1336	1352			1552	1606	1620			1735	1749	1803	1816	1830	1845	
Dagenham Dock Station	1207			1337	1353			1553	1607	1621			1736	1750	1804	1817	1831	1846	
Becontree Heath Ship & Anchor	1825	1840	1855	1910	1925	1940	1955					2225	2240	2255	2310	2325	2340	2355	
Becontree Martins Corner	1831	1846	1901	1916	1931	1946	2001					2231	2246	2301	2315	2330	2345	0000	
Faircross Longbridge Road	1840	1855	1910	1925	1939	1954	2009					2239	2254	2308	2322	2337	2352	0006	
Barking Station	1844	1859	1914	1929	1942	1957	2012					2242	2257	2311	2325	2340	2355	0009	
River Road Barking By-Pass	1851	1906	1921	1936	1949	2004	2018					2248	2302	2316	2330	2345	0000	0014	
Thames View Estate Abridge Way	1856	1911	1926	1941	1954	2008	2022					2252	2306	2320	2334	2349	0004	0018	
Thames View Estate Stern Close	1857	1912	1927	1942	1955	2009	2023					2253	2307	2321	2335	2350	0005	0019	
Dagenham Thames Gateway Park	1900	1915	1930	1945	1958	2012	2026					2256	2310	2324	2338	2353	0008	0022	
Dagenham Dock Station	1901	1916	1931	1946	1959	2013	2027					2257	2311	2325	2339	2354	0009	0023	