

387		Mondays to Fridays																	
Little Heath Haw Bush	0510	0540	0559	0619		0953		1341		1917	1930	1950	2010	2030	2049				
Goodmayes Station	0519	0549	0609	0629	Then	1005	Then	1353	Then	1929	1942	2002	2022	2041	2059				
Goodmayes Lord Napier	0520	0550	0611	0631	about	1007	every 12	1355	about	1931	1944	2004	2024	2043	2101				
Faircross Longbridge Road	0527	0557	0619	0640	every 12	1017	minutes	1405	every 12	1939	1952	2011	2031	2049	2107				
Barking Station	0530	0600	0622	0644	minutes	1021	until	1409	minutes	1944	1957	2015	2034	2052	2110				
River Road Barking By-Pass	0538	0609	0631	0653	until	1032		1420	until	1954	2007	2024	2042	2100	2118				
Barking Reach Mallards Road	0546	0618	0640	0702		1041		1429		2002	2015	2032	2050	2108	2126				
Little Heath Haw Bush	2108	2128	2148	2208	2228	2248	2308	2328	2348	0008									
Goodmayes Station	2117	2137	2157	2217	2236	2257	2316	2336	2356	0016									
Goodmayes Lord Napier	2119	2139	2159	2219	2238	2259	2318	2338	2357	0017									
Faircross Longbridge Road	2125	2145	2205	2225	2244	2305	2324	2344	0003	0023									
Barking Station	2128	2148	2208	2228	2247	2308	2327	2347	0006	0026									
River Road Barking By-Pass	2136	2156	2216	2236	2255	2315	2334	2354	0013	0033									
Barking Reach Mallards Road	2144	2204	2224	2244	2303	2322	2341	0001	0020	0040									
387		Saturdays (also Good Friday)																	
Little Heath Haw Bush	0510	0540	0610	0640	0710	0738	0755	0812	0832		0956	1007	1018	1030	1042	1054	1106		
Goodmayes Station	0519	0549	0619	0649	0719	0748	0805	0823	0843	Then	1007	1018	1029	1041	1053	1105	1118		
Goodmayes Lord Napier	0520	0550	0620	0651	0721	0750	0807	0825	0845	every 12	1009	1020	1031	1043	1055	1107	1120		
Faircross Longbridge Road	0527	0557	0627	0658	0728	0757	0815	0834	0854	minutes	1018	1029	1040	1052	1104	1117	1130		
Barking Station	0530	0600	0630	0701	0731	0800	0819	0838	0858	until	1022	1033	1045	1057	1110	1123	1136		
River Road Barking By-Pass	0538	0608	0638	0709	0739	0809	0828	0847	0907		1031	1043	1055	1108	1121	1134	1147		
Barking Reach Mallards Road	0546	0616	0647	0718	0748	0818	0837	0856	0916		1040	1052	1104	1117	1130	1143	1156		
Little Heath Haw Bush	1118			1318	1330	1342	1354			Then	1730	1742	1754	1806	1818	1830	1842	1854	1910
Goodmayes Station	1130	Then		1330	1342	1354	1406	Then		1742	1754	1806	1817	1829	1841	1853	1905	1921	
Goodmayes Lord Napier	1132	every 12		1332	1344	1356	1408	every 12		1744	1756	1808	1819	1831	1843	1855	1907	1923	
Faircross Longbridge Road	1142	minutes		1342	1354	1406	1417	minutes		1753	1805	1816	1827	1839	1851	1903	1915	1931	
Barking Station	1148	until		1348	1400	1411	1422	until		1758	1810	1821	1832	1844	1856	1907	1919	1935	
River Road Barking By-Pass	1159			1359	1411	1422	1433			1809	1820	1831	1842	1854	1905	1916	1928	1944	
Barking Reach Mallards Road	1208			1408	1419	1430	1441			1817	1828	1839	1850	1902	1913	1924	1936	1952	
Little Heath Haw Bush	1930	1950	2010	2030	2049	2108	2128	2148	2208	2228	2248	2308	2328	2348	0008				
Goodmayes Station	1941	2001	2020	2039	2058	2117	2137	2157	2216	2236	2256	2316	2336	2356	0016				
Goodmayes Lord Napier	1943	2003	2022	2041	2100	2119	2139	2159	2218	2238	2258	2318	2337	2357	0017				
Faircross Longbridge Road	1951	2010	2029	2048	2107	2126	2146	2206	2224	2244	2304	2324	2343	0003	0023				
Barking Station	1955	2014	2033	2052	2111	2130	2150	2209	2227	2247	2307	2327	2346	0006	0026				
River Road Barking By-Pass	2004	2023	2042	2101	2120	2139	2158	2217	2235	2255	2315	2334	2353	0013	0033				
Barking Reach Mallards Road	2012	2031	2050	2109	2128	2147	2206	2225	2243	2303	2322	2341	0000	0020	0040				
387		Sundays and other Public Holidays (except Christmas Day)																	
Little Heath Haw Bush	0628	0658	0728	0758	0828	0854	0924	0954	1012	1030	1050	1110	1130	1150	1210		1350		
Goodmayes Station	0637	0707	0737	0807	0837	0903	0934	1004	1022	1041	1101	1121	1141	1201	1222	Then	1402		
Goodmayes Lord Napier	0638	0708	0738	0808	0838	0905	0936	1006	1024	1043	1103	1123	1143	1203	1224	every 20	1404		
Faircross Longbridge Road	0645	0715	0745	0815	0845	0912	0943	1013	1031	1052	1112	1132	1152	1213	1234	minutes	1414		
Barking Station	0648	0718	0748	0818	0848	0916	0947	1018	1036	1057	1117	1137	1157	1218	1239	until	1419		
River Road Barking By-Pass	0656	0726	0756	0826	0856	0925	0956	1027	1046	1107	1127	1147	1207	1228	1249		1429		
Barking Reach Mallards Road	0704	0734	0804	0834	0904	0934	1005	1036	1055	1116	1136	1156	1216	1237	1258		1438		
Little Heath Haw Bush	1410	1430	1450			1630	1650	1710	1730		Then	1930	1950	2010	2029	2049	2108	2128	
Goodmayes Station	1422	1442	1501	Then		1641	1701	1719	1739	Then	1939	1959	2019	2038	2058	2117	2137		
Goodmayes Lord Napier	1424	1444	1503	every 20		1643	1703	1721	1741	every 20	1941	2001	2021	2040	2100	2119	2139		
Faircross Longbridge Road	1434	1453	1512	minutes		1652	1711	1729	1749	minutes	1949	2009	2028	2047	2107	2126	2146		
Barking Station	1439	1458	1517	until		1657	1716	1734	1753	until	1953	2013	2032	2051	2110	2129	2149		
River Road Barking By-Pass	1449	1508	1527			1707	1726	1744	1802		2002	2021	2040	2059	2118	2137	2157		
Barking Reach Mallards Road	1457	1516	1535			1715	1734	1752	1810		2010	2029	2048	2107	2126	2145	2205		
Little Heath Haw Bush	2148	2208	2228	2248	2308	2328	2348	0008											
Goodmayes Station	2157	2216	2236	2256	2316	2336	2356	0016											
Goodmayes Lord Napier	2159	2218	2238	2258	2318	2337	2357	0017											
Faircross Longbridge Road	2206	2224	2244	2304	2324	2343	0003	0023											
Barking Station	2209	2227	2247	2307	2327	2346	0006	0026											
River Road Barking By-Pass	2217	2235	2255	2315	2334	2353	0013	0033											
Barking Reach Mallards Road	2225	2243	2303	2322	2341	0000	0020	0040											

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Barking Reach – Barking – Little Heath

387		Mondays to Fridays																							
		TO	TX	TO	TX					TO	TX	TO	TX	TO	TX	TO	TX								
Barking Reach Mallards Road	0456	0526	0544	0559	0602	0619	0622					0924	0928	0937	0940	0950	0952	1003	1004	1016					
River Road Barking By-Pass	0504	0534	0552	0612	0612	0632	0632	Then				0937	0938	0949	0950	1002	1002	1014	1014	1026					
Barking Station	0513	0543	0602	0622	0622	0642	0642	about				0949	0950	1001	1002	1014	1014	1026	1026	1038					
Faircross Longbridge Road	0516	0546	0606	0626	0626	0646	0646	every 12				0953	0954	1005	1006	1018	1018	1030	1030	1042					
Goodmayes Lord Napier	0522	0552	0612	0632	0632	0652	0652	minutes				1001	1002	1013	1014	1026	1026	1038	1038	1050					
Goodmayes Station	0524	0554	0614	0634	0634	0654	0654	until				1006	1006	1018	1018	1030	1030	1042	1042	1054					
Little Heath Haw Bush	0531	0601	0621	0641	0641	0701	0701					1016	1016	1028	1028	1040	1040	1052	1052	1104					
Barking Reach Mallards Road	1028		1404	Then	1919	1939	1959	2019	2039	2059	2119	2139	2159	2219	2239	2300		0000							
River Road Barking By-Pass	1038	Then	1414	about	1928	1948	2008	2028	2048	2108	2128	2148	2207	2226	2246	2307	Then	0007							
Barking Station	1050	every	1426	every	1939	1959	2019	2039	2058	2118	2138	2157	2216	2235	2255	2315	every	0015							
Faircross Longbridge Road	1054	12	1430	12	1944	2004	2024	2044	2103	2123	2142	2201	2220	2239	2259	2318	20	0018							
Goodmayes Lord Napier	1102	mins.	1438	mins.	1952	2012	2032	2051	2110	2129	2148	2207	2226	2245	2305	2324	mins.	0024							
Goodmayes Station	1106	until	1442	until	1956	2015	2034	2053	2112	2131	2150	2209	2228	2247	2307	2326	until	0026							
Little Heath Haw Bush	1116		1452		2005	2023	2041	2100	2119	2138	2157	2216	2235	2254	2313	2332		0032							
387		Saturdays (also Good Friday)																							
Barking Reach Mallards Road	0456	0526	0556	0626	0656	0727	0747	0807	0827	Then				0927	0939	0950	1000	1010	1020	1030					
River Road Barking By-Pass	0506	0536	0606	0636	0706	0736	0756	0815	0835	every 12				0935	0947	0958	1008	1018	1028	1039					
Barking Station	0515	0545	0615	0645	0715	0745	0805	0826	0846	minutes				0946	0958	1009	1019	1029	1039	1051					
Faircross Longbridge Road	0518	0548	0618	0648	0718	0748	0809	0830	0850	until				0950	1002	1013	1023	1033	1044	1056					
Goodmayes Lord Napier	0524	0554	0624	0654	0724	0754	0816	0837	0857					0957	1009	1020	1030	1041	1052	1104					
Goodmayes Station	0526	0556	0626	0656	0726	0756	0818	0839	0859					0959	1011	1023	1034	1046	1058	1110					
Little Heath Haw Bush	0533	0603	0633	0703	0733	0803	0825	0846	0906					1006	1019	1031	1043	1055	1107	1119					
Barking Reach Mallards Road	1042			1706	1718	1730	1742	1754	1807	1820	1839	1859	1919	1939	1959	2019	2039	2059							
River Road Barking By-Pass	1051	Then		1715	1727	1739	1751	1803	1815	1828	1847	1906	1926	1946	2006	2026	2046	2106							
Barking Station	1103	every 12		1727	1739	1751	1803	1815	1827	1840	1859	1916	1936	1956	2016	2036	2056	2116							
Faircross Longbridge Road	1108	minutes		1732	1744	1756	1808	1820	1832	1845	1904	1921	1941	2001	2021	2041	2101	2121							
Goodmayes Lord Napier	1116	until		1740	1752	1804	1816	1828	1840	1853	1912	1929	1949	2009	2029	2049	2109	2129							
Goodmayes Station	1122			1746	1758	1809	1821	1833	1845	1858	1916	1933	1953	2013	2033	2052	2112	2131							
Little Heath Haw Bush	1131			1755	1807	1819	1831	1843	1855	1908	1925	1942	2002	2022	2041	2100	2119	2138							
Barking Reach Mallards Road	2119	2139	2159	2219	2239	2300	2320	2340	0000																
River Road Barking By-Pass	2126	2146	2206	2226	2246	2307	2327	2347	0007																
Barking Station	2136	2156	2216	2236	2256	2315	2335	2355	0015																
Faircross Longbridge Road	2140	2200	2220	2239	2259	2318	2338	2358	0018																
Goodmayes Lord Napier	2148	2207	2226	2245	2305	2324	2344	0004	0024																
Goodmayes Station	2150	2209	2228	2247	2307	2326	2346	0006	0026																
Little Heath Haw Bush	2157	2216	2235	2254	2313	2332	2352	0012	0032																
387		Sundays and other Public Holidays (except Christmas Day)																							
Barking Reach Mallards Road	0610	0640	0710	0740	0810	0840	0910	0940	0958	1016	1034	1054	1114	1132	1150	1208	1228	1248							
River Road Barking By-Pass	0618	0648	0718	0748	0818	0848	0918	0948	1006	1024	1043	1103	1123	1141	1159	1218	1238	1258							
Barking Station	0627	0657	0727	0757	0827	0857	0927	0958	1016	1034	1054	1114	1134	1152	1210	1230	1250	1310							
Faircross Longbridge Road	0630	0700	0730	0800	0830	0900	0931	1002	1020	1038	1058	1118	1138	1156	1214	1234	1254	1314							
Goodmayes Lord Napier	0636	0706	0736	0806	0836	0907	0938	1009	1027	1045	1105	1125	1145	1203	1222	1242	1302	1322							
Goodmayes Station	0638	0708	0738	0808	0838	0909	0940	1011	1030	1050	1110	1130	1150	1209	1229	1249	1309	1329							
Little Heath Haw Bush	0645	0715	0745	0815	0845	0916	0947	1018	1038	1058	1118	1138	1158	1218	1239	1259	1319	1339							
Barking Reach Mallards Road	1308	1328	1348	1408	1428	1448	1508	1528	1548	1609	1630	1651	1712	1733	1754	1815	1836	1857							
River Road Barking By-Pass	1318	1338	1358	1418	1438	1458	1518	1538	1558	1619	1640	1701	1721	1742	1802	1822	1843	1904							
Barking Station	1330	1350	1410	1430	1450	1510	1530	1550	1610	1631	1651	1711	1731	1752	1812	1832	1853	1914							
Faircross Longbridge Road	1334	1354	1414	1435	1455	1515	1535	1555	1615	1636	1656	1715	1735	1756	1816	1836	1857	1918							
Goodmayes Lord Napier	1342	1402	1422	1443	1503	1523	1543	1603	1623	1644	1704	1723	1743	1804	1824	1844	1905	1926							
Goodmayes Station	1349	1409	1429	1449	1509	1529	1549	1609	1629	1648	1707	1726	1746	1807	1827	1847	1908	1929							
Little Heath Haw Bush	1359	1419	1438	1457	1517	1537	1557	1617	1637	1656	1715	1734	1754	1814	1834	1854	1915	1936							
Barking Reach Mallards Road	1917	1938	1959	2019	2039	2059	2119	2139	2159	2219	2239	2300	2320	2340	0000										
River Road Barking By-Pass	1924	1945	2006	2026	2046	2106	2126	2146	2206	2226	2246	2307	2327	2347	0007										
Barking Station	1934	1955	2016	2036	2056	2116	2136	2156	2216	2236	2256	2315	2335	2355	0015										
Faircross Longbridge Road	1938	1959	2020	2040	2100	2120	2140	2200	2220	2239	2259	2318	2338	2358	0018										
Goodmayes Lord Napier	1946	2007	2028	2048	2108	2128	2147	2206	2226	2245	2305	2324	2344	0004	0024										
Goodmayes Station	1949	2009	2030	2050	2110	2130	2149	2208	2228	2247	2307	2326	2346	0006	0026										
Little Heath Haw Bush	1956	2016	2037	2057	2117	2137	2156	2215	2235	2254	2313	2332	2352	0012	0032										
Notes:	TX - Operates on Mondays, Wednesdays, Thursdays and Fridays only										TO - Operates on Tuesdays only														