

W13		Saturdays (also Good Friday)																	
Woodford Wells <i>St Thomas Church</i>	0525	0555	0625	0655	0725	0745	0805	0825	0845	0903	0923	0938	0950	1004	1019	1034	1046	1101	
Woodford Green <i>The Castle</i>	0527	0557	0627	0657	0726	0746	0807	0827	0847	0905	0925	0940	0952	1007	1022	1037	1049	1104	
South Woodford Station <i>Cowslip Rd.</i>	0534	0604	0634	0704	0733	0753	0815	0835	0856	0915	0935	0950	1002	1017	1032	1047	1059	1115	
Wanstead Station <i>Cambridge Park</i>	0540	0611	0641	0711	0740	0800	0823	0843	0904	0924	0944	0959	1012	1027	1042	1057	1111	1127	
Leytonstone Station <i>Bus Station</i>	0546	0617	0647	0717	0746	0806	0829	0849	0910	0930	0950	1005	1020	1035	1050	1105	1120	1136	
Leyton <i>Town Hall</i>	0552	0624	0654	0724	0753	0814	0837	0858	0919	0939	0959	1015	1030	1045	1100	1115	1130	1148	
Leyton <i>Asda</i>	0555	0627	0657	0728	0757	0817	0840	0902	0923	0944	1004	1019	1034	1049	1105	1120	1135	1153	
Woodford Wells <i>St Thomas Church</i>	1114	1129	1144	1159	1214	1229	1244	1259	1314	1329	1344	1400	1415	1430	1444	1458	1512	1527	
Woodford Green <i>The Castle</i>	1117	1132	1147	1202	1218	1233	1248	1303	1318	1333	1348	1403	1418	1433	1447	1501	1515	1530	
South Woodford Station <i>Cowslip Rd.</i>	1128	1143	1158	1214	1230	1245	1300	1316	1331	1346	1400	1415	1429	1444	1458	1512	1526	1541	
Wanstead Station <i>Cambridge Park</i>	1141	1156	1211	1227	1243	1258	1313	1329	1344	1359	1413	1428	1442	1457	1511	1525	1539	1554	
Leytonstone Station <i>Bus Station</i>	1151	1206	1222	1238	1254	1309	1324	1340	1355	1410	1425	1440	1454	1509	1523	1537	1551	1606	
Leyton <i>Town Hall</i>	1205	1220	1235	1250	1306	1321	1336	1352	1407	1422	1437	1452	1506	1520	1534	1548	1602	1617	
Leyton <i>Asda</i>	1210	1225	1240	1255	1311	1326	1341	1357	1412	1427	1442	1457	1511	1525	1539	1553	1607	1621	
Woodford Wells <i>St Thomas Church</i>	1542	1558	1613	1628	1643	1659	1715	1731	1747	1803	1819	1835	1851	1907	1923	1939	1954	2015	
Woodford Green <i>The Castle</i>	1545	1601	1615	1630	1645	1701	1717	1733	1749	1805	1821	1837	1853	1909	1925	1941	1956	2017	
South Woodford Station <i>Cowslip Rd.</i>	1556	1612	1626	1641	1656	1711	1727	1743	1759	1814	1829	1845	1901	1917	1933	1949	2004	2025	
Wanstead Station <i>Cambridge Park</i>	1609	1625	1639	1654	1709	1723	1738	1754	1810	1824	1838	1854	1909	1925	1941	1957	2011	2032	
Leytonstone Station <i>Bus Station</i>	1620	1635	1649	1704	1719	1733	1748	1804	1819	1833	1847	1903	1918	1933	1949	2004	2018	2038	
Leyton <i>Town Hall</i>	1631	1646	1700	1715	1730	1744	1759	1815	1830	1844	1858	1913	1928	1943	1959	2013	2027	2047	
Leyton <i>Asda</i>	1635	1650	1706	1721	1736	1750	1805	1820	1835	1849	1903	1917	1932	1947	2002	2016	2030	2050	
Woodford Wells <i>St Thomas Church</i>	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335									
Woodford Green <i>The Castle</i>	2037	2057	2117	2137	2157	2217	2237	2257	2316	2336									
South Woodford Station <i>Cowslip Rd.</i>	2045	2105	2124	2144	2204	2224	2244	2304	2323	2343									
Wanstead Station <i>Cambridge Park</i>	2052	2112	2131	2151	2210	2230	2250	2310	2329	2349									
Leytonstone Station <i>Bus Station</i>	2058	2118	2137	2157	2216	2236	2256	2315	2334	2354									
Leyton <i>Town Hall</i>	2107	2126	2145	2205	2224	2244	2303	2322	2341	0001									
Leyton <i>Asda</i>	2111	2130	2149	2208	2227	2247	2306	2325	2344	0004									
W13		Sundays and other Public Holidays (except Christmas Day)																	
Woodford Wells <i>St Thomas Church</i>	0705	0735	0805	0835	0905	0935	0953	1013	1033	1052	1111	1131	1151	1210	1229	1249	1309	1329	
Woodford Green <i>The Castle</i>	0707	0737	0807	0837	0907	0937	0955	1015	1035	1054	1113	1133	1154	1213	1232	1252	1312	1332	
South Woodford Station <i>Cowslip Rd.</i>	0714	0744	0814	0844	0915	0945	1003	1023	1043	1102	1122	1142	1203	1223	1242	1302	1322	1342	
Wanstead Station <i>Cambridge Park</i>	0720	0750	0820	0851	0923	0953	1012	1032	1052	1112	1132	1152	1213	1233	1252	1312	1332	1352	
Leytonstone Station <i>Bus Station</i>	0725	0755	0825	0856	0928	0959	1019	1039	1059	1119	1139	1200	1221	1242	1301	1321	1341	1401	
Leyton <i>Town Hall</i>	0732	0802	0832	0903	0936	1007	1027	1048	1108	1129	1150	1211	1231	1252	1312	1332	1352	1412	
Leyton <i>Asda</i>	0735	0805	0835	0905	0939	1011	1031	1052	1113	1134	1155	1216	1236	1257	1317	1337	1357	1417	
Woodford Wells <i>St Thomas Church</i>	1349	1410	1430	1450	1510	1530	1551	1612	1632	1653	1713	1733	1753	1814	1834	1855	1915	1935	
Woodford Green <i>The Castle</i>	1351	1412	1432	1452	1512	1532	1553	1614	1634	1655	1715	1735	1755	1816	1836	1856	1916	1936	
South Woodford Station <i>Cowslip Rd.</i>	1401	1421	1441	1501	1521	1541	1602	1622	1642	1703	1723	1743	1803	1824	1844	1904	1923	1943	
Wanstead Station <i>Cambridge Park</i>	1411	1431	1451	1511	1531	1551	1611	1631	1651	1711	1731	1751	1811	1832	1851	1911	1930	1950	
Leytonstone Station <i>Bus Station</i>	1421	1441	1501	1521	1541	1601	1620	1639	1659	1718	1738	1757	1817	1838	1857	1917	1936	1956	
Leyton <i>Town Hall</i>	1432	1452	1512	1532	1552	1612	1631	1650	1710	1729	1748	1807	1827	1847	1906	1926	1945	2005	
Leyton <i>Asda</i>	1437	1457	1517	1537	1557	1617	1637	1655	1714	1733	1752	1810	1830	1850	1909	1929	1948	2008	
Woodford Wells <i>St Thomas Church</i>	1955	2015	2035	2055	2115	2135	2155	2216	2235	2255	2315	2335							
Woodford Green <i>The Castle</i>	1956	2016	2036	2056	2116	2136	2156	2217	2236	2256	2316	2336							
South Woodford Station <i>Cowslip Rd.</i>	2003	2023	2043	2103	2123	2143	2203	2224	2243	2303	2322	2342							
Wanstead Station <i>Cambridge Park</i>	2010	2030	2050	2109	2129	2149	2209	2230	2249	2309	2328	2348							
Leytonstone Station <i>Bus Station</i>	2016	2036	2056	2115	2134	2154	2214	2235	2254	2314	2333	2353							
Leyton <i>Town Hall</i>	2024	2044	2104	2123	2142	2202	2222	2242	2301	2321	2340	0000							
Leyton <i>Asda</i>	2028	2048	2107	2126	2145	2205	2225	2245	2305	2325	2344	0004							

W13

Leyton – Wanstead – Woodford Wells

W13		Mondays to Fridays (school days)																
Leyton Asda	0515	0535	0555	0615	0629	0643	0655	0709	0724	0736	--	0751	0803	0816	0832	0847	0903	0919
Leyton Town Hall	0520	0540	0600	0620	0634	0648	0700	0714	0729	0741	--	0756	0809	0822	0838	0853	0909	0925
Leytonstone Church	0527	0547	0607	0627	0641	0655	0708	0723	0738	0750	0752	0805	0819	0832	0848	0903	0918	0934
Wanstead Station Cambridge Park	0533	0553	0613	0633	0647	0701	0716	0731	0746	0758	0800	0813	0828	0842	0858	0913	0928	0943
South Woodford Station George Lane	0538	0558	0619	0639	0654	0709	0724	0739	0754	0806	0809	0821	0836	0851	0907	0922	0937	0952
Woodford Green The Castle	0544	0605	0626	0647	0702	0717	0733	0748	0803	0817	0820	0833	0847	0902	0917	0932	0947	1002
Woodford Wells St Thomas Church	0545	0606	0627	0649	0704	0719	0735	0750	0805	0820	0823	0836	0850	0904	0919	0934	0949	1004
Leyton Asda	0935	0951	1007	1022	1037	1052	1105	Then every 15 minutes until	1250	1304	1318	1333	1347	1402	1416	1430	1443	
Leyton Town Hall	0941	0957	1013	1028	1043	1058	1112		1257	1311	1325	1340	1354	1409	1423	1437	1450	
Leytonstone Church	0950	1006	1022	1037	1052	1107	1122		1307	1321	1335	1350	1404	1419	1433	1447	1500	
Wanstead Station Cambridge Park	0959	1014	1030	1045	1100	1116	1131		1316	1330	1344	1359	1414	1429	1443	1457	1511	
South Woodford Station George Lane	1008	1023	1038	1054	1109	1125	1140		1325	1339	1353	1408	1423	1438	1452	1507	1522	
Woodford Green The Castle	1017	1032	1047	1103	1119	1135	1150		1335	1349	1403	1418	1433	1448	1503	1518	1533	
Woodford Wells St Thomas Church	1019	1034	1049	1105	1121	1137	1152		1337	1351	1405	1420	1435	1450	1505	1520	1535	
Leyton Asda	1457	1512	1527	1542	1556	1611	1626	1641	1657	1713	1729	1745	1801	1817	1833	1849	1905	1921
Leyton Town Hall	1504	1519	1534	1549	1603	1619	1634	1649	1705	1721	1737	1753	1808	1824	1840	1856	1912	1928
Leytonstone Church	1515	1530	1545	1600	1615	1631	1646	1701	1717	1733	1749	1805	1820	1835	1851	1907	1921	1937
Wanstead Station Cambridge Park	1526	1541	1557	1612	1627	1643	1659	1714	1729	1745	1801	1816	1831	1846	1902	1917	1930	1946
South Woodford Station George Lane	1537	1552	1607	1622	1637	1653	1709	1724	1739	1755	1810	1825	1840	1855	1910	1925	1938	1953
Woodford Green The Castle	1548	1603	1618	1634	1649	1704	1720	1735	1750	1805	1820	1835	1850	1905	1920	1935	1948	2002
Woodford Wells St Thomas Church	1550	1605	1620	1636	1651	1706	1722	1737	1752	1807	1822	1837	1852	1907	1922	1937	1950	2004
Leyton Asda	1937	1953	2014	2035	2056	2117	2137	2157	2218	2239	2300	2320	2340	0000	0020			
Leyton Town Hall	1944	2000	2021	2042	2103	2123	2143	2203	2224	2244	2305	2325	2344	0004	0024			
Leytonstone Church	1953	2008	2029	2050	2110	2130	2150	2210	2231	2251	2311	2331	2350	0010	0030			
Wanstead Station Cambridge Park	2002	2015	2036	2057	2117	2137	2157	2217	2238	2258	2318	2338	2357	0017	0037			
South Woodford Station George Lane	2008	2022	2042	2104	2124	2144	2204	2224	2245	2305	2325	2344	0003	0023	0043			
Woodford Green The Castle	2017	2031	2051	2112	2132	2152	2212	2232	2252	2312	2332	2350	0009	0029	0049			
Woodford Wells St Thomas Church	2019	2033	2053	2113	2133	2153	2213	2233	2253	2313	2333	2351	0010	0030	0050			
W13		Mondays to Fridays (school holidays)																
Leyton Asda	0515	0535	0555	0615	0629	0643	0655	0709	0724	0739	0754	0806	0820	0835	0850	0906	0921	0936
Leyton Town Hall	0520	0540	0600	0620	0634	0648	0700	0714	0729	0744	0759	0812	0826	0841	0856	0912	0927	0942
Leytonstone Church	0527	0547	0607	0627	0641	0655	0708	0723	0738	0753	0807	0822	0836	0851	0906	0921	0936	0951
Wanstead Station Cambridge Park	0533	0553	0613	0633	0647	0701	0716	0731	0746	0801	0815	0831	0845	0900	0915	0930	0945	1000
South Woodford Station George Lane	0538	0558	0619	0639	0654	0709	0724	0739	0754	0809	0824	0839	0854	0909	0924	0939	0954	1009
Woodford Green The Castle	0544	0605	0626	0647	0702	0717	0733	0748	0803	0818	0834	0850	0905	0919	0933	0948	1003	1018
Woodford Wells St Thomas Church	0545	0606	0627	0649	0704	0719	0735	0750	0806	0821	0837	0853	0907	0921	0935	0950	1005	1020
Leyton Asda	0951	1007	1022	1036	1051	1105	Then every 15 minutes until	1305	1319	1334	1348	1402	1416	1430	1443	1457	1512	
Leyton Town Hall	0957	1013	1028	1042	1057	1112		1312	1326	1341	1355	1409	1423	1437	1450	1504	1519	
Leytonstone Church	1006	1022	1037	1051	1106	1122		1322	1336	1351	1405	1419	1433	1447	1500	1515	1530	
Wanstead Station Cambridge Park	1014	1029	1045	1059	1115	1131		1331	1345	1400	1415	1429	1443	1457	1511	1526	1541	
South Woodford Station George Lane	1023	1038	1054	1108	1124	1140		1340	1354	1409	1424	1438	1452	1507	1522	1537	1552	
Woodford Green The Castle	1032	1047	1103	1118	1134	1150		1350	1404	1419	1434	1448	1502	1517	1533	1548	1604	
Woodford Wells St Thomas Church	1034	1049	1105	1120	1136	1152		1352	1406	1421	1436	1450	1504	1519	1535	1550	1606	
Leyton Asda	1527	1542	1556	1611	1626	1641	1657	1713	1729	1745	1801	1817	1833	1849	1905	1921	1937	1953
Leyton Town Hall	1534	1549	1603	1619	1634	1649	1705	1721	1737	1753	1808	1824	1840	1856	1912	1928	1944	2000
Leytonstone Church	1545	1600	1615	1631	1646	1701	1717	1733	1749	1805	1820	1835	1851	1907	1922	1937	1953	2008
Wanstead Station Cambridge Park	1557	1612	1627	1643	1659	1714	1729	1745	1801	1816	1831	1846	1902	1917	1932	1946	2002	2015
South Woodford Station George Lane	1607	1622	1637	1653	1709	1724	1739	1755	1810	1825	1840	1855	1910	1925	1940	1954	2008	2022
Woodford Green The Castle	1619	1634	1649	1704	1720	1736	1751	1806	1821	1836	1851	1905	1920	1935	1950	2004	2017	2031
Woodford Wells St Thomas Church	1621	1636	1651	1706	1722	1738	1753	1808	1823	1838	1853	1907	1922	1937	1952	2006	2019	2033
Leyton Asda	2014	2035	2056	2117	2137	2157	2218	2239	2300	2320	2340	0000	0020					
Leyton Town Hall	2021	2042	2103	2123	2143	2203	2224	2244	2305	2325	2344	0004	0024					
Leytonstone Church	2029	2050	2110	2130	2150	2210	2231	2251	2311	2331	2350	0010	0030					
Wanstead Station Cambridge Park	2036	2057	2117	2137	2157	2217	2238	2258	2318	2338	2357	0017	0037					
South Woodford Station George Lane	2042	2104	2124	2144	2204	2224	2245	2305	2325	2344	0003	0023	0043					
Woodford Green The Castle	2051	2112	2132	2152	2212	2232	2252	2312	2332	2350	0009	0029	0049					
Woodford Wells St Thomas Church	2053	2113	2133	2153	2213	2233	2253	2313	2333	2351	0010	0030	0050					

W13		Saturdays (also Good Friday)																
Leyton Asda	0515	0545	0615	0645	0715	0735	0755	0815	0835	0855	0915	0930	0944	0957	1011	1026	1040	1055
Leyton Town Hall	0519	0549	0619	0649	0719	0739	0759	0820	0840	0900	0920	0935	0949	1002	1017	1032	1046	1101
Leytonstone Church	0525	0555	0626	0656	0726	0746	0806	0827	0847	0908	0928	0943	0957	1011	1026	1041	1055	1111
Wanstead Station Cambridge Park	0530	0600	0632	0702	0732	0752	0813	0834	0854	0916	0936	0951	1005	1020	1035	1050	1104	1122
South Woodford Station George Lane	0535	0605	0637	0708	0738	0758	0820	0841	0901	0924	0944	0959	1014	1029	1044	1059	1114	1132
Woodford Green The Castle	0541	0611	0643	0715	0745	0805	0828	0849	0910	0933	0953	1008	1023	1037	1052	1109	1125	1143
Woodford Wells St Thomas Church	0542	0612	0644	0716	0746	0806	0829	0850	0912	0935	0955	1010	1025	1039	1054	1111	1127	1145
Leyton Asda	1110	1125	1140	1155	1210	1225	1240	1255	1310	1325	1340	1355	1410	1425	1440	1455	1510	1525
Leyton Town Hall	1117	1132	1147	1202	1217	1232	1247	1302	1318	1333	1348	1403	1417	1432	1447	1502	1518	1533
Leytonstone Church	1127	1142	1157	1213	1228	1243	1259	1314	1330	1345	1400	1414	1428	1443	1458	1514	1530	1545
Wanstead Station Cambridge Park	1138	1153	1208	1224	1239	1254	1310	1326	1342	1357	1412	1426	1440	1455	1510	1525	1541	1556
South Woodford Station George Lane	1148	1203	1218	1234	1249	1304	1320	1336	1352	1407	1423	1437	1451	1506	1520	1535	1551	1606
Woodford Green The Castle	1159	1215	1230	1246	1301	1315	1331	1347	1403	1418	1434	1448	1502	1517	1531	1546	1602	1616
Woodford Wells St Thomas Church	1201	1217	1232	1248	1303	1317	1333	1349	1405	1420	1436	1450	1504	1519	1533	1548	1604	1618
Leyton Asda	1540	1555	1610	1625	1641	1656	1712	1728	1744	1759	1815	1830	1845	1900	1915	1930	1945	2000
Leyton Town Hall	1548	1603	1619	1634	1650	1705	1720	1736	1752	1807	1821	1836	1851	1906	1921	1936	1951	2006
Leytonstone Church	1600	1614	1630	1645	1701	1717	1732	1748	1804	1819	1831	1846	1901	1915	1930	1945	2000	2014
Wanstead Station Cambridge Park	1612	1626	1642	1657	1713	1729	1744	1759	1814	1830	1841	1856	1910	1924	1939	1954	2008	2022
South Woodford Station George Lane	1622	1636	1652	1707	1722	1738	1753	1807	1822	1838	1849	1904	1917	1931	1946	2001	2015	2029
Woodford Green The Castle	1632	1646	1702	1717	1732	1748	1802	1816	1831	1847	1858	1913	1926	1940	1955	2009	2023	2037
Woodford Wells St Thomas Church	1634	1648	1704	1719	1734	1750	1804	1818	1833	1849	1900	1915	1928	1942	1957	2011	2025	2039
Leyton Asda	2020	2040	2100					2240	2300	2320	2340	0000	0020					
Leyton Town Hall	2026	2046	2105		Then			2245	2304	2324	2344	0004	0024					
Leytonstone Church	2034	2054	2112		every 20			2252	2310	2330	2350	0010	0030					
Wanstead Station Cambridge Park	2042	2102	2119		minutes			2259	2316	2336	2356	0016	0036					
South Woodford Station George Lane	2049	2108	2125		until			2305	2321	2341	0001	0021	0041					
Woodford Green The Castle	2057	2115	2132					2312	2328	2348	0008	0028	0048					
Woodford Wells St Thomas Church	2059	2116	2133					2313	2329	2349	0009	0029	0049					
W13		Sundays and other Public Holidays (except Christmas Day)																
Leyton Asda	0710	0740	0810	0840	0910	0940	0958	1017	1036	1055	1114	1134	1154	1213	1233	1253	1313	1333
Leyton Town Hall	0714	0744	0814	0844	0914	0944	1002	1022	1041	1100	1120	1140	1200	1220	1240	1300	1320	1340
Leytonstone Church	0720	0750	0821	0851	0921	0951	1010	1030	1049	1109	1129	1149	1210	1229	1250	1310	1330	1350
Wanstead Station Cambridge Park	0726	0756	0827	0857	0928	0958	1018	1038	1057	1117	1137	1157	1219	1239	1300	1321	1342	1402
South Woodford Station George Lane	0731	0801	0833	0903	0935	1005	1025	1045	1105	1125	1145	1206	1227	1247	1308	1329	1350	1411
Woodford Green The Castle	0738	0808	0840	0911	0943	1013	1033	1053	1114	1134	1155	1216	1237	1257	1318	1339	1400	1421
Woodford Wells St Thomas Church	0739	0809	0841	0913	0945	1015	1035	1055	1116	1136	1157	1218	1239	1259	1320	1341	1402	1423
Leyton Asda	1354	1414	1434	1454	1514	1535	1555	1615	1635	1655	1715	1735	1755	1815	1835	1855	1915	1936
Leyton Town Hall	1401	1421	1441	1502	1522	1542	1602	1621	1641	1701	1721	1741	1801	1820	1840	1900	1920	1941
Leytonstone Church	1411	1431	1451	1512	1532	1552	1612	1631	1651	1710	1730	1750	1810	1829	1849	1908	1928	1949
Wanstead Station Cambridge Park	1422	1442	1502	1523	1543	1603	1623	1642	1702	1721	1741	1800	1819	1838	1858	1917	1937	1958
South Woodford Station George Lane	1431	1451	1511	1532	1552	1611	1631	1650	1709	1728	1748	1807	1826	1845	1905	1924	1944	2005
Woodford Green The Castle	1441	1501	1521	1542	1602	1620	1640	1659	1718	1737	1756	1815	1834	1853	1913	1932	1952	2012
Woodford Wells St Thomas Church	1443	1503	1523	1544	1604	1622	1642	1701	1720	1739	1758	1817	1836	1855	1914	1933	1953	2013
Leyton Asda	1957	2017	2037	2058	2119	2139	2200							0020				
Leyton Town Hall	2002	2023	2043	2103	2123	2143	2204							0024				
Leytonstone Church	2010	2031	2051	2111	2131	2150	2210							0030				
Wanstead Station Cambridge Park	2018	2038	2058	2118	2138	2156	2216							0036				
South Woodford Station George Lane	2025	2045	2105	2125	2145	2202	2221							0041				
Woodford Green The Castle	2032	2052	2112	2132	2152	2208	2227							0047				
Woodford Wells St Thomas Church	2033	2053	2113	2133	2153	2209	2228							0048				