

W19

Ilford – Leytonstone – Walthamstow

W19		Mondays to Fridays																	
Ilford High Road <i>Hainault Street</i>	0555	0625	0645	0657	0708	0719	0729	0739		0842		0942		1406		1526		1826	
Manor Park Station	0605	0635	0655	0707	0719	0730	0740	0751	<i>Then</i>	0859	<i>Then</i>	0956		1420	<i>Then</i>	1544		1844	
Aldersbrook <i>Park Road</i>	0609	0639	0659	0711	0723	0734	0745	0756	<i>about</i>	0904	<i>about</i>	1001	<i>Then</i>	1425	<i>about</i>	1550	<i>Then</i>	1850	
Leytonstone Station <i>Plaza</i>	0617	0647	0707	0720	0732	0744	0755	0807	<i>every</i>	0916	<i>every</i>	1011	<i>every</i>	1435	<i>every</i>	1605	<i>every</i>	1905	
Whipps Cross Hospital <i>Outpatients</i>	0622	0652	0713	0726	0738	0750	0801	0813	10	0923	12	1018	12	1442	12	1613	12	1913	
Leyton Baker's Arms <i>(High Rd. Leyton)</i>	0629	0659	0721	0735	0747	0759	0811	0823	<i>mins.</i>	0933	<i>mins.</i>	1028	<i>mins.</i>	1452	<i>mins.</i>	1625	<i>mins.</i>	1925	
Walthamstow Central Station	0635	0705	0728	0743	0755	0807	0819	0831	<i>until</i>	0940	<i>until</i>	1035	<i>until</i>	1459	<i>until</i>	1633	<i>until</i>	1933	
Walthamstow <i>South Grove</i>	0638	0709	0732	0747	0759	0811	0823	0835		0944		1039		1503		1637		1937	
Argall Avenue Industrial Estate	0642	0714	0737	0752	0804	0816	0828	0840		0949		1044		1508		1642		1942	
Ilford High Road <i>Hainault Street</i>	1838	1850	1905	1921	1936	1958	2019	2039	2100	2120	2140	2200	2220	2240	2300	2320	2340		
Manor Park Station	1856	1908	1923	1939	1952	2012	2032	2052	2112	2132	2152	2212	2232	2252	2310	2330	2350		
Aldersbrook <i>Park Road</i>	1902	1914	1929	1944	1957	2016	2036	2056	2116	2136	2156	2216	2236	2256	2314	2334	2354		
Leytonstone Station <i>Plaza</i>	1917	1929	1944	1956	2008	2026	2045	2105	2124	2144	2204	2224	2244	2304	2322	2342	0002		
Whipps Cross Hospital <i>Outpatients</i>	1925	1937	1950	2002	2014	2032	2051	2111	2130	2150	2210	2230	2250	2309	2327	2347	0007		
Leyton Baker's Arms <i>(High Rd. Leyton)</i>	1937	1947	1959	2011	2023	2041	2100	2120	2139	2159	2218	2238	2258	2316	2334	2354	0014		
Walthamstow Central Station	1943	1953	2005	2017	2029	2047	2106	2126	2145	2205	2223	2243	2303	2321	2339	2359	0019		
Walthamstow <i>South Grove</i>	1947	1957	2009	2021	2033	2051	2110	2130	2149	2209	2227	2247	2307	2325	2343	0003	0023		
Argall Avenue Industrial Estate	1951	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--		
W19		Saturdays (also Good Friday)																	
Ilford High Road <i>Hainault Street</i>	0555	0625	0655	0724	0742	0753	0805	0817	0829	0841	0852	0903	0914	0926	0936	0947	0957	1008	
Manor Park Station	0605	0635	0705	0734	0752	0803	0815	0827	0839	0851	0902	0913	0925	0937	0947	0958	1009	1020	
Aldersbrook <i>Park Road</i>	0608	0638	0708	0737	0756	0807	0819	0831	0843	0855	0906	0917	0929	0941	0951	1002	1013	1024	
Leytonstone Station <i>Plaza</i>	0616	0646	0716	0745	0804	0815	0827	0839	0851	0903	0914	0926	0938	0950	1000	1012	1024	1036	
Whipps Cross Hospital <i>Outpatients</i>	0621	0651	0721	0750	0809	0820	0832	0844	0856	0908	0919	0931	0943	0955	1006	1018	1030	1042	
Leyton Baker's Arms <i>(High Rd. Leyton)</i>	0628	0658	0728	0757	0816	0828	0840	0852	0904	0916	0928	0940	0952	1004	1016	1028	1040	1052	
Walthamstow Central Station	0631	0701	0731	0801	0821	0833	0845	0857	0909	0922	0934	0946	0958	1010	1022	1034	1046	1058	
Walthamstow <i>South Grove</i>	0636	0706	0736	0806	0827	0839	0851	0903	0915	0928	0940	0952	1004	1016	1028	1041	1053	1105	
Argall Avenue Industrial Estate	0639	0709	0739	0810	0831	0843	0855	0907	0920	0933	0945	0957	1009	1021	1033	1046	1058	1110	
Ilford High Road <i>Hainault Street</i>	1019	1029	1039	1051	1103	1114	1126	1138	1148	1158	1209		1721	1733	1745	1757	1810	1822	
Manor Park Station	1031	1042	1053	1105	1117	1128	1140	1152	1203	1215	1226		1738	1750	1802	1814	1827	1839	
Aldersbrook <i>Park Road</i>	1035	1046	1057	1109	1121	1132	1144	1156	1207	1219	1230	<i>Then</i>	1742	1754	1806	1818	1831	1843	
Leytonstone Station <i>Plaza</i>	1048	1059	1110	1122	1134	1146	1158	1210	1221	1233	1244	<i>every</i>	1756	1808	1820	1832	1844	1856	
Whipps Cross Hospital <i>Outpatients</i>	1054	1105	1116	1128	1140	1152	1204	1216	1227	1239	1250	12	1802	1814	1826	1838	1850	1902	
Leyton Baker's Arms <i>(High Rd. Leyton)</i>	1104	1115	1126	1138	1150	1202	1214	1226	1237	1249	1300	<i>mins.</i>	1812	1824	1836	1847	1859	1911	
Walthamstow Central Station	1110	1121	1132	1144	1156	1208	1220	1232	1243	1255	1306	<i>until</i>	1818	1830	1841	1852	1904	1916	
Walthamstow <i>South Grove</i>	1117	1128	1139	1151	1203	1215	1227	1239	1250	1302	1313		1825	1836	1847	1858	1910	1921	
Argall Avenue Industrial Estate	1122	1133	1144	1156	1208	1220	1232	1244	1255	1307	1318		1830	1840	1851	1902	1914	1925	
Ilford High Road <i>Hainault Street</i>	1835	1847	1859	1911	1925	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	
Manor Park Station	1851	1903	1915	1927	1941	1956	2015	2035	2055	2113	2132	2152	2212	2232	2252	2310	2330	2350	
Aldersbrook <i>Park Road</i>	1855	1907	1919	1931	1945	2000	2019	2039	2059	2117	2136	2156	2216	2236	2256	2314	2334	2354	
Leytonstone Station <i>Plaza</i>	1908	1920	1932	1944	1956	2010	2029	2049	2109	2125	2144	2204	2224	2244	2304	2322	2342	0002	
Whipps Cross Hospital <i>Outpatients</i>	1914	1926	1938	1950	2002	2016	2035	2055	2115	2131	2150	2210	2230	2250	2309	2327	2347	0007	
Leyton Baker's Arms <i>(High Rd. Leyton)</i>	1923	1935	1947	1959	2011	2025	2044	2104	2124	2140	2159	2218	2238	2258	2316	2334	2354	0014	
Walthamstow Central Station	1928	1940	1952	2004	2015	2029	2048	2108	2128	2144	2203	2222	2242	2302	2320	2338	2358	0018	
Walthamstow <i>South Grove</i>	1933	1945	1957	2009	2020	2034	2053	2113	2133	2149	2208	2227	2247	2307	2325	2343	0003	0023	
Argall Avenue Industrial Estate	1937	1949	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	
W19		Sundays and other Public Holidays (except Christmas Day)																	
Ilford High Road <i>Hainault Street</i>	0705	0735	0805	0830	0857	0916	0935	0953	1010	1027	1046	1103	1120	1137		1557	1617	1637	
Manor Park Station	0715	0745	0815	0840	0907	0926	0946	1004	1021	1038	1058	1117	1134	1154		1614	1634	1654	
Aldersbrook <i>Park Road</i>	0718	0748	0818	0844	0911	0930	0950	1008	1025	1042	1102	1121	1138	1158	<i>Then</i>	1618	1638	1658	
Leytonstone Station <i>Plaza</i>	0726	0756	0826	0852	0919	0938	0958	1016	1033	1053	1113	1132	1152	1212	<i>every</i>	1632	1652	1712	
Whipps Cross Hospital <i>Outpatients</i>	0731	0801	0831	0857	0924	0943	1003	1021	1039	1059	1119	1138	1158	1218	20	1638	1658	1718	
Leyton Baker's Arms <i>(High Rd. Leyton)</i>	0738	0808	0838	0904	0931	0951	1011	1029	1048	1108	1128	1148	1208	1228	<i>mins.</i>	1648	1708	1727	
Walthamstow Central Station	0741	0811	0842	0908	0936	0956	1016	1034	1054	1114	1134	1154	1214	1234	<i>until</i>	1654	1714	1732	
Walthamstow <i>South Grove</i>	0746	0816	0847	0913	0942	1002	1022	1041	1101	1121	1141	1201	1221	1241		1701	1720	1738	
Argall Avenue Industrial Estate	0749	0819	0851	0917	0946	1006	1026	1046	1106	1126	1146	1206	1226	1246		1706	1724	1742	
Ilford High Road <i>Hainault Street</i>	1657	1717	1737	1757	1817	1837	1900		2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	
Manor Park Station	1714	1733	1753	1813	1833	1853	1915		2055	2112	2132	2152	2212	2232	2252	2310	2330	2350	
Aldersbrook <i>Park Road</i>	1718	1737	1757	1817	1837	1857	1919	<i>Then</i>	2059	2116	2136	2156	2216	2236	2256	2314	2334	2354	
Leytonstone Station <i>Plaza</i>	1731	1750	1810	1830	1850	1908	1929	<i>every</i>	2109	2124	2144	2204	2224	2244	2304	2322	2342	0002	
Whipps Cross Hospital <i>Outpatients</i>	1737	1756	1816	1836	1856	1914	1935	20	2115	2130	2150	2210	2230	2250	2309	2327	2347	0007	
Leyton Baker's Arms <i>(High Rd. Leyton)</i>	1746	1805	1825	1845	1905	1923	1944	<i>mins.</i>	2124	2139	2159	2218	2238	2258	2316	2334	2354	0014	
Walthamstow Central Station	1751	1810	1830	1850	1910	1928	1948	<i>until</i>	2128	2143	2203	2222	2242	2302	2320	2338	2358	0018	
Walthamstow <i>South Grove</i>	1757	1816	1835	18															

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Walthamstow – Leytonstone – Ilford

W19		Mondays to Fridays																		
Argall Avenue Industrial Estate	0555	0625	0650	0705	0720	0735		1030		1254	1306	1317	1329	1341	1353	1405	1417	1428		
Walthamstow South Grove	0600	0630	0655	0710	0726	0741	Then	1036		1300	1312	1323	1335	1347	1359	1411	1423	1434		
Walthamstow Central Station	0603	0633	0658	0714	0730	0745	about	1041	Then	1305	1317	1328	1340	1352	1404	1416	1428	1439		
Leyton Baker's Arms (Lea Bridge Road)	0608	0638	0703	0719	0737	0753	every	1049	every	1313	1325	1336	1348	1400	1412	1424	1436	1447		
Whipps Cross Hospital Outpatients	0614	0644	0709	0726	0745	0801	12	1056	12	1320	1332	1343	1355	1407	1419	1431	1443	1455		
Leytonstone Station Plaza	0620	0650	0716	0734	0753	0810	mins.	1104	mins.	1328	1340	1351	1403	1415	1428	1440	1452	1504		
Aldersbrook Park Road	0626	0656	0724	0743	0803	0820	until	1113	until	1337	1349	1401	1413	1426	1439	1451	1503	1515		
Manor Park Station	0629	0659	0729	0749	0809	0826		1118		1342	1353	1405	1417	1430	1443	1455	1507	1519		
Ilford High Road Hainault Street	0638	0709	0740	0802	0822	0839		1130		1354	1406	1418	1431	1445	1459	1511	1523	1535		
Argall Avenue Industrial Estate	1439		1751		1928	1941	1957	--	--	--	--	--	--	--	--	--	--	--		
Walthamstow South Grove	1445		1757	Then	1934	1947	2003	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340		
Walthamstow Central Station	1450	Then	1802	about	1938	1951	2006	2023	2043	2103	2123	2143	2203	2223	2243	2303	2323	2343		
Leyton Baker's Arms (Lea Bridge Road)	1459	every	1811	every	1946	1958	2013	2030	2050	2110	2130	2150	2210	2230	2250	2309	2329	2349		
Whipps Cross Hospital Outpatients	1507	12	1819	12	1953	2005	2019	2036	2056	2116	2136	2156	2216	2236	2256	2315	2335	2355		
Leytonstone Station Plaza	1516	mins.	1828	mins.	2000	2011	2025	2042	2102	2122	2142	2202	2222	2242	2302	2321	2341	0001		
Aldersbrook Park Road	1527	until	1839	until	2008	2019	2033	2050	2110	2130	2150	2210	2230	2250	2309	2328	2348	0008		
Manor Park Station	1531		1843		2012	2023	2037	2054	2114	2134	2154	2214	2233	2253	2312	2331	2351	0011		
Ilford High Road Hainault Street	1547		1859		2023	2034	2048	2105	2125	2144	2204	2224	2242	2302	2321	2340	0000	0020		
W19		Saturdays (also Good Friday)																		
Argall Avenue Industrial Estate	0555	0625	0655	0715	0735	0755	0805	0815	0825	0836	0848	0859	0910	0922	0934	0945	0957	1007		
Walthamstow South Grove	0600	0630	0700	0720	0740	0800	0810	0820	0830	0841	0853	0904	0915	0927	0939	0950	1002	1012		
Walthamstow Central Station	0603	0633	0703	0723	0743	0803	0813	0824	0834	0847	0857	0908	0920	0932	0944	0955	1007	1017		
Leyton Baker's Arms (Lea Bridge Road)	0608	0638	0708	0728	0748	0808	0818	0829	0839	0851	0903	0914	0926	0938	0950	1001	1013	1024		
Whipps Cross Hospital Outpatients	0613	0643	0713	0733	0753	0813	0824	0835	0845	0857	0909	0920	0932	0944	0956	1007	1019	1031		
Leytonstone Station Plaza	0619	0649	0719	0739	0759	0819	0831	0842	0852	0904	0916	0928	0940	0952	1004	1015	1027	1039		
Aldersbrook Park Road	0625	0655	0726	0746	0806	0826	0838	0849	0901	0913	0925	0937	0949	1001	1013	1025	1037	1049		
Manor Park Station	0628	0658	0730	0750	0810	0830	0842	0854	0906	0918	0930	0942	0954	1006	1018	1030	1042	1054		
Ilford High Road Hainault Street	0636	0706	0739	0759	0819	0840	0852	0905	0917	0929	0942	0954	1006	1018	1030	1042	1054	1106		
Argall Avenue Industrial Estate	1018		1106	1117	1128	1139	1150			1626	1638	1650	1702	1714	1726			1802	1814	1826
Walthamstow South Grove	1024	Then	1112	1123	1134	1145	1156			1632	1644	1656	1708	1720	1732			1808	1820	1832
Walthamstow Central Station	1029	about	1117	1128	1142	1154	1203	Then		1639	1653	1705	1717	1729	1738	Then		1814	1826	1838
Leyton Baker's Arms (Lea Bridge Road)	1036	every	1124	1135	1147	1159	1211	every		1647	1659	1711	1723	1735	1746	every		1822	1834	1846
Whipps Cross Hospital Outpatients	1043	12	1131	1142	1154	1206	1218	12		1654	1706	1718	1730	1742	1753	12		1829	1841	1853
Leytonstone Station Plaza	1051	mins.	1139	1150	1202	1214	1226	mins.		1702	1714	1725	1737	1749	1800	mins.		1836	1848	1900
Aldersbrook Park Road	1101	until	1149	1201	1213	1225	1237	until		1713	1725	1736	1748	1800	1811	until		1847	1858	1910
Manor Park Station	1106		1154	1206	1218	1230	1242			1718	1730	1741	1753	1805	1815			1851	1902	1914
Ilford High Road Hainault Street	1118		1208	1220	1232	1244	1256			1732	1744	1755	1807	1819	1829			1905	1916	1928
Argall Avenue Industrial Estate	1838	1850	1902	1915	1930	1945	--	--	--	--	--	--	--	--	--	--	--	--		
Walthamstow South Grove	1844	1855	1907	1920	1935	1951	2005	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340		
Walthamstow Central Station	1850	1900	1914	1925	1940	1955	2008	2023	2043	2103	2123	2144	2204	2224	2244	2304	2324	2344		
Leyton Baker's Arms (Lea Bridge Road)	1857	1907	1919	1932	1947	2002	2014	2029	2049	2109	2129	2150	2210	2230	2250	2309	2329	2349		
Whipps Cross Hospital Outpatients	1904	1914	1926	1939	1954	2008	2020	2035	2055	2115	2135	2156	2216	2236	2256	2315	2335	2355		
Leytonstone Station Plaza	1911	1921	1933	1946	2001	2015	2027	2042	2102	2122	2141	2202	2222	2242	2302	2321	2341	0001		
Aldersbrook Park Road	1921	1931	1943	1954	2009	2023	2035	2050	2110	2130	2149	2210	2230	2250	2309	2328	2348	0008		
Manor Park Station	1925	1935	1947	1958	2013	2027	2039	2054	2114	2134	2153	2214	2233	2253	2312	2331	2351	0011		
Ilford High Road Hainault Street	1939	1949	1959	2009	2024	2038	2050	2105	2125	2144	2203	2224	2242	2302	2321	2340	0000	0020		
W19		Sundays and other Public Holidays (except Christmas Day)																		
Argall Avenue Industrial Estate	0735	0805	0835	0903	0928	0946	1004	1021	1040	1058	1117	1135			1635	1655	1715	1736		
Walthamstow South Grove	0740	0810	0840	0908	0933	0951	1009	1027	1046	1104	1123	1141			1641	1701	1721	1742		
Walthamstow Central Station	0743	0813	0843	0912	0939	0957	1013	1032	1053	1109	1130	1148	Then		1648	1708	1728	1748		
Leyton Baker's Arms (Lea Bridge Road)	0748	0818	0848	0917	0943	1001	1019	1039	1058	1116	1136	1156	every 20		1656	1716	1736	1756		
Whipps Cross Hospital Outpatients	0753	0823	0853	0922	0949	1007	1026	1046	1105	1123	1143	1203	minutes		1703	1723	1743	1803		
Leytonstone Station Plaza	0759	0829	0859	0928	0955	1014	1034	1054	1113	1131	1151	1211	until		1711	1731	1750	1810		
Aldersbrook Park Road	0805	0835	0906	0935	1004	1024	1044	1104	1123	1142	1202	1222			1722	1742	1801	1821		
Manor Park Station	0808	0838	0910	0940	1009	1029	1049	1109	1128	1147	1207	1227			1727	1746	1805	1825		
Ilford High Road Hainault Street	0816	0846	0920	0951	1020	1041	1101	1121	1141	1201	1221	1241			1741	1800	1819	1839		
Argall Avenue Industrial Estate	1756	1816	1837	1857	1917	1937	--	--	--	--	--	--			--	--	--	--		
Walthamstow South Grove	1801	1821	1842	1902	1922	1942	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340		
Walthamstow Central Station	1808	1828	1846	1906	1926	1946	2005	2024	2044	2104	2124	2144	2204	2224	2244	2304	2324	2344		
Leyton Baker's Arms (Lea Bridge Road)	1814	1834	1853	1913	1933	1953	2009	2029	2049	2109	2130	2150	2210	2230	2250	2309	2329	2349		
Whipps Cross Hospital Outpatients	1821	1841	1900	1920	1940	2000	2015	2035	2055	2115	2136	2156	2216	2236	2256	2315	2335	2355		
Leytonstone Station Plaza	1828	1848	1907	1927	1947	2007	2022	2042	2102	2122	2142	2202	2222	2242	2302	2321	2341	0001		
Aldersbrook Park Road	1839	1857	1916	1936	1956	2015	2030	2050	2110	2130	2150	2210	2230	2250	2309	2328	2348	0008		
Manor Park Station	1843	1901	1920	1940	2000	2019	2034	2054	2114	2134	2154	2214	2233	2253	2312	2331	2351	0011		
Ilford High Road Hainault Street	1855	1913	1932	1952	2011	2030	2045	2105	2125	2144	2204	2224								